Table 3. Technical expert panel suggestions about data collection

Collection Item	Suggestions
Outcomes of interest when	Weight = outcome for weight loss
assessing efficacy	Long-term weight loss = at least six months
	Long-term exercise = at least 12 weeks
	Change the term "exercise enhancement" to "exercise capacity"
	VO2 max, metabolism, heart rate = intermediate outcomes for exercise
	capacity
	Power, strength, endurance = primary outcomes for exercise capacity
Subpopulations of interest	Age; gender; race; body composition/BMI; history of (Hx) hypertension;
	Hx asthma; Hx diabetes
Risk factors of interest in	Existing structural heart disease
assessing possible harmful	Renal function
effects	Use of other drugs, tobacco