## 2009 Youth Civic Leaders Summit YOUTH TEAM MEMBER Registration Forms (Contact local Extension office for due date)

Registration fee: \$100.00

(Includes 2 nights lodging, Saturday breakfast through Sunday breakfast, materials, and snacks. Dinner at the Windermere Lakeside Grill will be available Friday evening, 5-6:30pm, at your own expense. Cost is between \$4-7. Snacks will be served for all participants after plenary session on Friday.)

# <u>If choosing EDGE Challenge Course for recreation, add: \$14</u> <u>If choosing Cave Tour for recreation, add: \$5</u>

(Please see page 3 for more details)

County	Chaperone/Adult	eam Leader		Birth Date		
School Grade	1					
Name						
Home Address		City	State	Zip		
Home Phone		E-Mail				
Gender			urrently hold:			
L Terriale L Iviale		☐ State 4-H Council ☐ Co. Youth Liaison ☐ Ext. Council Youth Rep.				
T-shirts will be available for \$10, but must be <u>pre-ordered</u> . Please DO NOT send payment for your t-shirt with your registration payment. You will be able to pick up your t-shirt at the Summit and pay for it then.						
T-Shirt Size:	□S □M			XXXL		
Race (check all that apply)  □ White □ Black □ American Indian/Alaskan □ Asian □ Asian/Pacific Islander						
Ethnicity □ Hispanic □ Not Hispanic						
Residence (check one)						
☐ Farm		☐ Suburb of more than 50,000				
☐ Rural less than 10,000		☐ City of more than 50,000				
☐ Town of 10,000 to 50,000						
List any special requirements because of a physical, mental, learning, vision, hearing or other impairment or a dietary restriction.						
Date Signature of County 4-H or Extension Staff						

# **Youth Civic Leaders Summit Waiver and Release**

and release any and all claims arising from or in any wa which may occur. This release waives any claims again guardian agrees that, if any claim is pursued on behalf	outh Civic Leaders Summit youth team member. I agree to waive ay connected with the conference and any accident or injury, lest the group and respective agents. The undersigned parent/legal of, or in the interest of the aforementioned delegate, the om any and all claims, damages, liabilities, and expenses,
Signature of Parent/Legal Guardian	Printed Name of Parent/Legal Guardian
Youth Civic Leade	ers Summit Photo Release
	mmit Planning Committee to use photographs of me (or my child, grams or promotions of said conference. I also recognize that eaders Summit.
Signature of Parent/Legal Guardian	Date
Youth Civic Leaders	Summit Team Member Pledge
I understand that this agreement is to insure conduct ar benefit of enjoyment and educational experience from t	rs Summit, I agree to the terms of my state 4-H Code of Conduct. In the behavior that will result in every 4-H delegate receiving the full his event and is not intended to place undue restriction upon any of Conduct ban on alcohol and illegal drugs may result in the
all of the workshops, tours, and/or service learning active whether or not I receive my top choice. I realize the pre	cipate, learn, ask questions and behave in a respectful manner at vities for which I am registered. This is expected, regardless of senters, businesses, and sponsors are volunteers who are about leadership and citizenship. I will show courtesy and h a written thank you note.
Signature of Youth Team Member	



# 2009 Youth Civic Leaders Summit "Linkin' to Healthy Leadership" March 6-8, 2009

# **Program Highlights**

#### Workshops

Connect with others on new skills, innovative programs, and cool ideas during workshop time! You can choose from four workshop tracks at the 2009 Summit, each involving a chain of learning from Saturday morning through early afternoon. Register for your first and second choice of track. (4-H will try to honor every person's track choices, subject to room capacity and when completed registrations are received.) Participants will attend all portions of the track they choose without switching mid-stream, so choose carefully!

# Team Talent (T2) Showcase

Link up with your teammates to share a group talent at the Team Talent Showcase on Saturday night! The showcase will feature a wide array of abilities and know-how! Your team is encouraged to bring a song, skit, dance, poem, spirit cheer, energizer activity, slide show, or other presentation to share with the crowd. Presentations should uphold the six pillars of character, be appropriate for a 4-H event, and promote healthy leadership. Each team will have 5 minutes for their presentation.

### Social Time/Games

Chill with your new friends over games and social time following the Team Talent Showcase on Saturday night. Discover the 4-H connections you have with other youth/adult leaders from all over Missouri. Board games and activities will be provided. You can also bring a favorite game or activity and start your own chain of events!

### **Team Action Planning**

Link your Summit learning experiences back to your community with team action planning on Sunday! The planning session will help give feet to healthy leadership in your community, through planning a youth-adult partnership project. Work with your team members to reflect on what you've learned about healthy leadership and create a plan for acting it out and engaging others in your community!

### **Recreation Registration**

1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice	Recreation Options
		R1 EDGE Challenge Course (cost: additional \$14)
		R2 Windermere Cave "Vertical Mud" (cost: additional \$5)
		R3 Windermere Cave "Beyond the Gate" (cost: additional \$5)
		R4 Open Gym (no additional cost)
		R5 Indoor Games & Activities (no additional cost)

### R1: The EDGE Challenge Course (Additional cost of \$14)

The EDGE exists to stimulate individual growth and to build unity within a group through teambuilding and leadership development. A team's effectiveness is determined by each individual's efficiency in the areas of: trust, respect, communication, discipline, integrity, honesty, and a keen understanding of team dynamics. Each element encourages personal and interpersonal growth. Activities are designed to accommodate and unify all team members regardless of age or physical condition.

#### R2: Windermere Cave – "Vertical Mud" (Additional cost of \$5)

Missouri, the Cave State, has more than 5,500 caves, of which Windermere has at least three. The largest and most easily accessed cave was mapped and officially recognized in 1965 as Windermere Cave. Electric lighting and concrete walkways lead guests through some of the most scenic self-guided passage. "Vertical Mud" is a cave expedition of *wild* proportions! This tour takes approximately two hours and includes climbing a ladder in the first dome room and crawling through water, mud, and two levels in the third dome room. Cave temperatures remain around 50-55 degrees year-round. Participants should wear clothing that is warm and moisture-resistant, and bring a flashlight!

### R3: Windermere Cave - "Beyond the Gate" (Additional cost of \$5)

Missouri, the Cave State, has more than 5,500 caves, of which Windermere has at least three. The largest and most easily accessed cave was mapped and officially recognized in 1965 as Windermere Cave. Electric lighting and concrete walkways lead guests through some of the most scenic self-guided passage. "Beyond the Gate" allows participants to experience Windermere Cave without climbing and wetness! If you are not into getting wet or changing elevations, this tour is for you. The expedition takes approximately two hours and allows up-close investigation of the geology. Cave temperatures remain around 50-55 degrees year-round. Participants should wear warm clothing and bring a flashlight!

#### R4: Open Gym (No additional cost)

Summit participants can choose from a full range of indoor/outdoor recreational sports, including kickball, basketball, volleyball, football, or ultimate Frisbee. Sports equipment is available on a check-out basis from Windermere, or you can bring your own! No additional cost.

#### **R5: Indoor Games and Activities (No additional cost)**

Summit participants can also join in indoor games and activities, such as board games, cards, camp games, Wii, and more. Meet new friends by bringing and leading your favorite games, or joining in with others! Please leave video game consoles and portable electronic games at home. No additional cost.

# **Workshop Track Registration**

Place one "X" next to your 1<sup>st</sup> choice of workshop track and one "X" next to your 2<sup>nd</sup> choice (a different option). Descriptions of each are below.

1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice	Workshop Tracks		
		T1 Linkin' Up & Down (Mentoring for Leaders)		
		T2 Linkin' to Your Health (Healthy Lifestyles for Leaders)		
		T3 Linkin' to the Community (Comm. Service & Engagement)		
		T4 Linkin' to the Future (Leadership & Planning for College)		

### T1: Linkin' Up & Down (Mentoring for Leaders)

As a leader, who is in your "uplink?" Who is in your "downlink?" This track will give you skills for finding and relating to adult mentors who can help you get where you are going, and skills for nurturing the next generation of leaders who are following in your footsteps (younger children).

### T2: Linkin' to Your Health (Healthy Lifestyles for Leaders)

What makes you healthy as a leader? What sets apart healthy leaders from the pack? This track will guide you in ways to maximize your leadership potential and impact through maintaining an active lifestyle, making wise choices, and effectively role modeling for others.

#### T3: Linkin' to the Community (Community Service & Engagement)

You've heard the saying, "Be the change you want to see in the world." How do you go about it? This track will explore community service, civic engagement, and decision-making roles that can assist you in becoming a change agent in your community, along with other youth and adults.

#### T4: Linkin' to the Future (Leadership & Planning for College)

Who are you and where are you planning to go in life? This track will help you assess your leadership capabilities and introduce you to tools and resources for gearing up and getting started on the course to your future. Topics will include leadership principles, skill assessment, and planning for college.