2009 Youth Civic Leaders Summit ADULT TEAM MEMBER Registration Form (Contact local Extension office for due date)

Registration fee: \$100.00

(Includes 2 nights lodging, Saturday breakfast through Sunday breakfast, materials, and snacks. Dinner at the Windermere Lakeside Grill will be available Friday evening, 5-6:30pm, at your own expense. Cost is between \$4-7. Snacks will be served for all participants after plenary session on Friday.)

If choosing EDGE Challenge Course for recreation, add: \$14 If choosing Cave Tour for recreation, add: \$5

(Please see page 3 for more details)

County	Birth Date			
Name				
Home Address		City	State	Zip
Home Phone		E-Mail		
Gender ☐ Female ☐	Male			
T-shirts will be available for \$10, but must be <u>pre-ordered</u> . Please DO NOT send payment for your t-shirt with your registration payment. You will be able to pick up your t-shirt at the Summit and pay for it then.				
T-Shirt Size:	□S □M		⊐XXL □X	XXL
Race (check all that apply)				
□ White □ Black □ American Indian/Alaskan □ Asian □ Asian/Pacific Islander				nder
Ethnicity ☐ Hispanic ☐ Not Hispanic				
Residence (check one)				
☐ Farm ☐ Suburb of more than 50,000				
☐ Rural less than 10,000		☐ City of more than 50,000		
☐ Town of 10,000 to 50,000				
List any special requirements because of a physical, mental, learning, vision, hearing or other impairment or a dietary restriction.				
Date Sig	nature of County 4	-H or Extension Staff		

Youth Civic Leaders Summit Waiver and Release I, the undersigned Youth Civic Leaders Summit adult team member, agree to waive and release any and all claims arising from or in any way connected with conference and any accident or injury, which may occur. This release waives any claims against the group and respective agents.				
Signature	Printed Name			
Youth Civic Leaders Summit Photo Release I hereby give permission to the Youth Civic Leaders Summit Planning Committee to use photographs of me taken by the official YCL Summit photographer(s) for programs or promotions of said YCL Summit. I also recognize that these photographs are the property of the Youth Civic Leaders Summit.				
Signature	Printed Name			



2009 Youth Civic Leaders Summit "Linkin' to Healthy Leadership" March 6-8, 2009

Program Highlights

Workshops

Connect with others on new skills, innovative programs, and cool ideas during workshop time! You can choose from four workshop tracks at the 2009 Summit, each involving a chain of learning from Saturday morning through early afternoon. Register for your first <u>and</u> second choice of track. (4-H will try to honor every person's track choices, subject to room capacity and when completed registrations are received.) Participants will attend all portions of the track they choose without switching mid-stream, so choose carefully!

Team leaders: please encourage your team members to spread out across tracks to enhance the team's overall educational experience at the Summit!

Team Talent (T²) Showcase

Link up with your teammates to share a group talent at the Team Talent Showcase on Saturday night! The showcase will feature a wide array of abilities and know-how! Your team is encouraged to bring a song, skit, dance, poem, spirit cheer, energizer activity, slide show, or other presentation to share with the crowd. Presentations should uphold the six pillars of character, be appropriate for a 4-H event, and promote healthy leadership. Each team will have 5 minutes for their presentation.

Team leaders: meet with your team members to start thinking about a talent item, and involve all your youth and adult team members in preparing and giving the presentation!

Social Time/Games

Chill with your new friends over games and social time following the Team Talent Showcase on Saturday night. Discover the 4-H connections you have with other youth/adult leaders from all over Missouri. Board games and activities will be provided. You can also bring a favorite game or activity and start your own chain of events!

Team leaders: work with your team to identify a game or activity to bring for Saturday night. Teams will have access to tables or room space to share their game or activity. This will be an informal session. Participants can take turns leading their game or activity, while others move around the room.

Team Action Planning

Link your Summit learning experiences back to your community with team action planning on Sunday! The planning session will help give feet to healthy leadership in your community, through planning a youth-adult partnership project. Work with your team members to reflect on what you've learned about healthy leadership and create a plan for acting it out and engaging others in your community!

Team leaders: brainstorm upcoming events, programs, or new ideas your team would like to accomplish as a youth-adult partnership in your community. Think of ways to get youth and adults working together as healthy leaders. Bring your ideas to the Summit and use the Sunday session to create a plan of action!

Recreation Registration

Place one "X" next to your 1st choice of recreation and one "X" next to your 2nd choice (a different option). Descriptions of each are below.

1 st Choice	2 nd Choice	Recreation Options		
		R1 EDGE Challenge Course (cost: additional \$14)		
		R2 Windermere Cave "Vertical Mud" (cost: additional \$5)		
		R3 Windermere Cave "Beyond the Gate" (cost: additional \$5)		
		R4 Open Gym (no additional cost)		
		R5 Indoor Games & Activities (no additional cost)		

R1: The EDGE Challenge Course (Additional cost of \$14)

The EDGE exists to stimulate individual growth and to build unity within a group through teambuilding and leadership development. A team's effectiveness is determined by each individual's efficiency in the areas of: trust, respect, communication, discipline, integrity, honesty, and a keen understanding of team dynamics. Each element encourages personal and interpersonal growth. Activities are designed to accommodate and unify all team members regardless of age or physical condition.

R2: Windermere Cave – "Vertical Mud" (Additional cost of \$5)

Missouri, the Cave State, has more than 5,500 caves, of which Windermere has at least three. The largest and most easily accessed cave was mapped and officially recognized in 1965 as Windermere Cave. Electric lighting and concrete walkways lead guests through some of the most scenic self-guided passage. "Vertical Mud" is a cave expedition of *wild* proportions! This tour takes approximately two hours and includes climbing a ladder in the first dome room and crawling through water, mud, and two levels in the third dome room. Cave temperatures remain around 50-55 degrees year-round. Participants should wear clothing that is warm and moisture-resistant, and bring a flashlight!

R3: Windermere Cave - "Beyond the Gate" (Additional cost of \$5)

Missouri, the Cave State, has more than 5,500 caves, of which Windermere has at least three. The largest and most easily accessed cave was mapped and officially recognized in 1965 as Windermere Cave. Electric lighting and concrete walkways lead guests through some of the most scenic self-guided passage. "Beyond the Gate" allows participants to experience Windermere Cave without climbing and wetness! If you are not into getting wet or changing elevations, this tour is for you. The expedition takes approximately two hours and allows up-close investigation of the geology. Cave temperatures remain around 50-55 degrees year-round. Participants should wear warm clothing and bring a flashlight!

R4: Open Gym (No additional cost)

Summit participants can choose from a full range of indoor/outdoor recreational sports, including kickball, basketball, volleyball, football, or ultimate Frisbee. Sports equipment is available on a check-out basis from Windermere, or you can bring your own! No additional cost.

R5: Indoor Games and Activities (No additional cost)

Summit participants can also join in indoor games and activities, such as board games, cards, camp games, Wii, and more. Meet new friends by bringing and leading your favorite games, or joining in with others! Please leave video game consoles and portable electronic games at home. No additional cost.

Workshop Track Registration

Place one "X" next to your 1st choice of workshop track and one "X" next to your 2nd choice (a different option). Descriptions of each are below.

1 st Choice	2 nd Choice	Workshop Tracks
		T1 Linkin' Up & Down (Mentoring for Leaders)
		T2 Linkin' to Your Health (Healthy Lifestyles for Leaders)
		T3 Linkin' to the Community (Comm. Service & Engagement)
		T4 Linkin' to the Future (Leadership & Planning for College)

T1: Linkin' Up & Down (Mentoring for Leaders)

As a leader, who is in your "uplink?" Who is in your "downlink?" This track will give you skills for finding and relating to adult mentors who can help you get where you are going, and skills for nurturing the next generation of leaders who are following in your footsteps (younger children).

T2: Linkin' to Your Health (Healthy Lifestyles for Leaders)

What makes you healthy as a leader? What sets apart healthy leaders from the pack? This track will guide you in ways to maximize your leadership potential and impact through maintaining an active lifestyle, making wise choices, and effectively role modeling for others.

T3: Linkin' to the Community (Community Service & Engagement)

You've heard the saying, "Be the change you want to see in the world." How do you go about it? This track will explore community service, civic engagement, and decision-making roles that can assist you in becoming a change agent in your community, along with other youth and adults.

T4: Linkin' to the Future (Leadership & Planning for College)

Who are you and where are you planning to go in life? This track will help you assess your leadership capabilities and introduce you to tools and resources for gearing up and getting started on the course to your future. Topics will include leadership principles, skill assessment, and planning for college.

VOLUNTEER ROLES AT THE SUMMIT

As an adult volunteer, you play an immeasurable role in making the Summit a highly successful event! Each year, there are a variety of jobs for adult volunteers onsite. Additional information on tasks will be provided at the chaperone meeting on Friday evening prior to the Summit. Thanks for your contributions!

Please mark an "X" next to the volunteer role(s) you are willing to cover:

Digital photos:
Take photos of YCLS activities with 4-H digital camera, or your own
camera you bring to the event.
Snack attack:
Set up and manage snacks for participants on Friday evening and at
various points throughout the weekend.
Meal patrol:
Rouse Summit participants for breakfast, and help groups get to
cafeteria for meals on time, and back for start of activities.
Meeting room setup:
Assist with moving chairs and equipment around for various activities
in the main meeting room and breakout rooms.
Recreation supervision:
Provide supervision of youth at recreation points on Saturday
afternoon. (If you'd like to help, pick the same option you are
registering for below. At least 3 adult volunteers will be needed at
each location):
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R1 EDGE Challenge Course
R2 Windermere Cave "Vertical Mud"
R3 Windermere Cave "Beyond the Gate"
R4 Open Gym
R5 Indoor Games & Activities
Social Time chaperones:
Monitor Lakeview Lodge meeting rooms, sleeping rooms, restrooms,
and exits to ensure youth remain safe during social time on Saturday
evening.
3.5g.