

1 We believe that the points raised are
2 critical. If they are not dealt with, patients
3 needing advance therapies may suffer as important
4 advances are delayed or prevented from ever reaching
5 them.

6 We anticipate that the Division and the
7 Committee will continue to encourage constructive
8 dialogue with industry today and in the future.
9 Additionally, it will be important to keep
10 communications open with the CPMP and with public
11 health agencies such as the NIH to address these
12 critical questions and to provide recommendations for
13 workable new guidelines for developing osteoporosis
14 therapies. Thank you very much.

15 CHAIRMAN BRAUNSTEIN: Thank you, Dr. Dere.
16 The next speaker is Dr. Thomas Marriott, Vice-
17 President, Development Research, NPS Pharmaceuticals.

18 DR. MARRIOTT: Good morning, Mr. Chairman.
19 Thank you very much for giving us the opportunity to
20 make some comments. We certainly appreciate the work
21 the Committee is doing in tackling this difficult
22 area.

1 This morning's speakers have done a good
2 job of outlining many of the points and much of the
3 data that need to be considered in the design of
4 clinical trials and the clinical evidence necessary
5 for the approval of new osteoporotic agents.

6 The summaries of the Guidance documents
7 also make it clear that there's an urgent need for an
8 ICH-like harmonization of the meaning of the terms
9 "prevention" and "treatment" as they relate to
10 osteoporosis and of the regulatory requirements for
11 the approval of new agents.

12 At this point NPS still believes that the
13 randomized double-blind calcium and vitamin D
14 controlled trials are the best way to evaluate the
15 safety and efficacy of new osteoporotic agents.
16 However, our recent experience suggests that it is
17 becoming increasingly difficult to conduct calcium and
18 vitamin D controlled trials.

19 We are currently in the middle of a 2600
20 patient randomized calcium and vitamin D controlled
21 trial in nine countries. In 2000, when we were
22 initiating the study in the U.S. and Canada, several

1 IRBs refused to approve the study because we included
2 women with severe osteoporosis; that is, women with a
3 BMD of less than minus 2.5 and a prevalent fracture.

4 In 2001, as we expanded the study
5 worldwide, two of the multiple research ethics
6 committees, the MREX in the UK and the Central Ethics
7 Committee in Denmark would not approve the study
8 because they considered it placebo controlled and
9 requested that we add an approved agent to the calcium
10 and vitamin D control group.

11 Thus, if we're to continue to employ
12 calcium and vitamin D controlled studies, the
13 scientific and regulatory communities must clearly
14 describe why this study design is appropriate and
15 better than alternative study designs.

16 We must also demonstrate that we have
17 reduced the risk to our patients as much as possible.
18 We suggest that there are at least three ways to
19 minimize the risk to our patients. First, it's
20 possible, we believe, to reduce the number of clinical
21 studies.

22 Harmonization of the definitions of

1 treatment and prevention may allow both indications to
2 be investigated in a single trial. An obvious example
3 would be the study of a true anabolic agent where a
4 reduction in fracture incidents is demonstrated and
5 virtually all patients show an increase in BMD,
6 beginning in the osteoporotic range and increasing
7 through the osteopenic range.

8 A second study to specifically investigate
9 prevention divined by an increase in BMD should not be
10 necessary in this case. Secondly, we would believe
11 that it should be possible to reduce the
12 recommendation -- the recommended duration of clinical
13 trials.

14 It is clear that it is possible to
15 demonstrate statistically significant increases in BMD
16 in short periods of time with many agents, and
17 statistically significant decreases in the vertebral
18 fracture, incidence, for example, in less than three
19 years.

20 The recommended duration of efficacy
21 studies required for approval, we believe, should
22 therefore be considered and in fact should be less in

1 fact than two years. We believe it's also possible to
2 reduce the number of patients in clinical studies.

3 There are two ways, at least, to reduce
4 the number of patients participating in clinical
5 trials from the osteoporotic agents. The first is to
6 use the one-sided test to determine efficacy when the
7 control group is calcium and vitamin D.

8 For example, it is obvious that a
9 treatment would need to demonstrate better efficacy
10 than that of calcium and D. Therefore, the null
11 hypothesis is whether the incidence of fractures in
12 patients receiving the experimental treatment is lower
13 than the incidence of fractures for patients receiving
14 calcium and vitamin D, not whether there is a
15 difference in the incidence.

16 This question can be answered using a one-
17 sided T-test or one-sided test, and the use of the
18 one-sided test should in fact reduce the number of
19 patients in the trial by 15 to 20 percent.

20 A second way to reduce patient numbers is
21 to accept a lower level of confidence, for example, 80
22 percent, for the reduction in fracture incidence at a

1 second fracture site once reduction in the fracture
2 incidence at the first site has been demonstrated.

3 Since the significance level is the risk
4 of concluding a difference exists when in fact there
5 is no difference, the level of significance is chosen
6 based on the consequences of this decision.
7 Therefore, if a treatment has been demonstrated to
8 reduce the incidence of vertebral fractures, for
9 example, the question of whether it also reduces the
10 incidence of fractures at another site, for example,
11 the hip, should be addressed using a lower level of
12 confidence.

13 This does not substantially increase the
14 risk of concluding that an agent with a deleterious
15 effect at the second site is better than the control,
16 but will require fewer patients and fewer fractures at
17 the second site to reach the appropriate conclusion.
18 Thank you for your time, and again, I thank you for
19 your efforts in taking on this task.

20 CHAIRMAN BRAUNSTEIN: Thank you, Dr.
21 Marriott.

22 Our last speaker is Ms. Amy Alina, from

1 the National Women's health Network.

2 MS. ALINA: Hi. I'm speaking here on
3 behalf of the National Women's Health Network, which
4 is a nonprofit organization that advocates for
5 national policies that protect and promote all women's
6 health.

7 We also provide evidence based,
8 independent information to empower women to make fully
9 informed healthcare decisions, and the network does
10 not accept financial support from pharmaceutical or
11 medical device companies.

12 We're supported by a national membership
13 of about 8,000 individuals and 300 organizations.
14 We're here today representing the concerns shared not
15 just by our members, but also by millions of women
16 who, particularly in the wake of the news this summer
17 about the Women's Health Initiative results, are
18 really struggling with questions about the safety,
19 effectiveness and the need for drugs prescribed at
20 menopause.

21 And while the topic of this meeting is
22 clinical trials for new osteoporosis treatments, it

1 touches on issues that go far beyond clinical trials
2 and affect the way that women are educated about bone
3 health, screened for bone density loss, counseled on
4 prevention strategies and finally treated for
5 osteoporosis.

6 We recognize that this Committee and the
7 FDA do not control all those aspects of women's
8 healthcare, but we address them in our comments
9 because the way that clinical trials for osteoporosis
10 drugs, particularly prevention trials, are designed
11 will have consequences for women's health education
12 and care.

13 In the 1980s and earlier we were among the
14 women's health advocates who agreed that the problem
15 of bone fractures and their effect on elderly women's
16 quality of life was being overlooked by the medical
17 community and needed to be addressed.

18 And today, we think the pendulum has swung
19 to another extreme for those women who do have access
20 to healthcare and insurance coverage. Now, we believe
21 it's the case that women who are in the healthcare
22 system are commonly over-treated -- over-screened,

1 over-diagnosed and over-treated for problems relating
2 to their bones.

3 At the same time it's still true that
4 there are women who would benefit from screening and
5 treatment who don't get the care they need as a result
6 of economic and other barriers to health services.
7 But bone density screening has become a rite of
8 passage for women approaching and entering menopause,
9 and this means that women are being screened in their
10 '40s and '50s, which we believe is far too early to
11 use a test that hasn't been shown to be a reliable
12 predictor of fractures that typically occur 20 to 30
13 years later.

14 And this is a problem, though many people
15 might ask what the harm is in taking a measure of bone
16 density. The assumption that osteoporosis screening
17 must be a good thing fails to recognize its
18 limitations or how it plays into the medicalization of
19 menopause.

20 So the problem is that over-screening
21 leads to over-treatment, and many of you who see
22 patients must hear, just as we do in our office, from

1 women who tell story after story about how they've
2 been told that they have the disease of osteopenia,
3 that they need a prescription for their borderline
4 osteopenia.

5 And once women are diagnosed in this way
6 they may be much less likely to do many of the things
7 that could help them maintain their "borderline bone
8 health," like staying physically active. So we're
9 very concerned about that.

10 And we're also concerned about the fact
11 that many of these women are given prescriptions and
12 told that they have to take drugs to prevent their
13 osteopenia from developing into osteoporosis, and then
14 leading to bone fractures, the slippery slope.

15 Some of them may need help from a drug to
16 prevent serious bone loss and debilitating fractures,
17 but some of them don't, and the bone density test is
18 not a sufficiently reliable predictor of fractures to
19 support that use of it.

20 The experience of hormone replacement
21 therapy should serve as a warning, we think, as an
22 example of a drug that was prescribed to millions of

1 women based on false assumptions about unproven
2 benefits and inadequately tested safety.

3 So how does this relate to the discussion
4 issues that you have to address? Clinical trial
5 design, as I said, doesn't control clinical practice,
6 but it does have an affect on it.

7 And as you think about the answers to the
8 questions that the FDA staff has posed to you, we urge
9 you to put them in the context of how the clinical
10 trials of new osteoporosis treatments will affect the
11 way that the drugs tested will be put into use in
12 clinical practice and the way they will therefore,
13 affect women's lives.

14 I'm going to respond to a couple of the
15 specific questions, first on efficacy. When is bone
16 mineral density an adequate primary endpoint? Well,
17 my guess -- our answer to this question is never, and
18 we recognize that this puts us somewhat outside the
19 mainstream of discussion.

20 But we're not alone in questioning the
21 value of bone mineral density measures, and it's
22 already been pointed out this morning that the NIH

1 Consensus Conference two years ago, the report itself
2 raised questions about the accuracy of bone mineral
3 density testing and recommended that more
4 comprehensive ways of assessing risk for fracture
5 should be studied, and so we're echoing that.

6 On the question of duration of study, what
7 duration of study is appropriate for assessment of
8 effectiveness, we link this very much with the age of
9 women included in the trials.

10 If study durations are going to continue
11 to fall in the two- to three-year range, or certainly,
12 if they were to be shortened we think it's important
13 that the prevention trials not be conducted on women
14 who are younger than 65, unless those women are at
15 particularly high risk for bone fractures, because of,
16 you know, early removal of ovaries or long-term
17 steroid use.

18 It isn't possible to determine in the
19 short term of a two- to three-year trial whether a
20 drug has effectively prevented bone fracture in a
21 younger woman who hasn't yet reached the age at which
22 she's likely to experience bone fractures.

1 On the question of using a placebo or an
2 active control, the new understanding of the risks
3 posed by hormone therapy significantly changes the
4 terms for discussing this issue.

5 While the Women's Health Initiative showed
6 us that estrogen plus progestin is highly effective
7 for osteoporosis and will likely show the same for
8 estrogen alone, it also demonstrated that the combined
9 hormone regimen poses serious health risks which
10 outweigh its benefits for healthy women.

11 So we would say that we can't hold out HRT
12 to be the standard comparison for a trial of the new
13 osteoporosis. And in prevention trials we still
14 believe it's appropriate to use a placebo control by
15 which we mean vitamin D and calcium.

16 In treatment trials, however, where
17 participants have experienced a fracture prior to
18 beginning in the trial, we think an active control is
19 both ethical and appropriate, and we would also say
20 it's desirable, because it will provide more valuable
21 and useful results showing whether a new drug offers
22 a benefit over existing options in terms of either

1 efficacy or safety.

2 On the safety question specifically, the
3 instance of osteoporotic fractures being used as a
4 safety rather than an efficacy endpoint, well, I guess
5 we would say that it should be used as both a safety
6 and efficacy endpoint in prevention and treatment
7 trials, and reiterate our statement that the
8 intermediate endpoint of bone mineral density isn't an
9 adequate measure.

10 And in terms of duration of study needed
11 for assessment of safety, we recognize it's not
12 practical to require sponsors to conduct trials that
13 last ten or more years. I'm sure the speakers who
14 went before me would agree with that.

15 But women who are prescribed drugs for
16 osteoporosis are likely to be taking them for decades.
17 And so we would say it's necessary to gather data on
18 safety of such long-term use and that FDA should
19 recognize this need by making long-term follow-up
20 studies on these products a condition of approval, and
21 by putting in place active systems for monitoring
22 adverse reactions to the drugs. Thank you.

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CHAIRMAN BRAUNSTEIN: Thank you.

(End of this portion of proceedings; 12:40

p.m.)

A-F-T-E-R-N-O-O-N S-E-S-S-I-O-N

(1:32 p.m.)

CHAIRMAN BRAUNSTEIN: Our next speaker is Dr. Steven Cummings. He's going to discuss the size, scope, and implications of placebo versus active control trials.

DR. CUMMINGS: Thank you. I'd like to thank the committee, particularly Eric Colman for his invitation to come and talk to you about this set of issues.

I've probably got the most diffuse task of the day, and that's to cover a lot of issues and hopefully stimulate some discussion about a few important issues and principles that I'd like to propose.

To start off with, I'd like to acknowledge a lot of help from a couple of other people in putting this together. As I am not a biostatistician, I'll be showing a lot of numbers that were generated with the help of two statisticians: Dr. Charles McCulloch, who is Chief of Biostatistics at UCSF, as well as my colleague Dr. Dennis Black, who has been involved in

1 the design and implementation of a number of trials in
2 the area of osteoporosis and fracture prevention.

3 What I'm going to cover first will be just
4 a few comments about the rates of fractures and risks
5 in placebo-controlled trials as a background and a
6 sample size that we are typically using for such
7 trials.

8 And then we'll move on to the alternative
9 that I've been asked to discuss at more length, which
10 is the non-inferiority trials designs, the samples
11 sizes for trials that have bone densities as an
12 endpoint and vertebral fracture outcomes, or vertebral
13 deformity outcomes as I'll call them as an endpoint.
14 And, we'll propose a principle for how to set non-
15 inferiority margins, which are such a critical
16 assumption in that.

17 And then finally, I'd like to make a
18 couple of comments and a proposal regarding the
19 duration of trials and why consideration of the
20 duration of trials for fracture prevention may be an
21 important issue for this panel to consider in
22 reframing guidelines.

1 There have been a number of discussions
2 about whether or not placebo-controlled trials remain
3 an alternative for the testing of new drugs for the
4 prevention of fractures. It really in many ways boils
5 down to both the risk and your perception of the risk
6 of being in a placebo group instead of receiving
7 standard therapy.

8 And when we talk about osteoporosis
9 patients, it's very important to realize that we're
10 not dealing with just osteoporosis as a single group.
11 It's a very heterogeneous group of people with
12 heterogeneous risks. I would like to point out how we
13 might in designing trials begin to draw finer
14 distinctions between people that may allow us to do
15 placebo-controlled trials in a more ethical fashion.

16 For example, a woman who has a vertebral
17 fracture has about a four-fold greater risk of
18 suffering another fracture, vertebral fracture and
19 other fractures than a woman with just low bone
20 density or osteoporosis defined by her densitometry
21 measurement at the hip or the spine.

22 It's a very important principle, but we've

1 also been able now to distinguish even finer
2 gradations of risk among women who have vertebral
3 fractures. And I'll point out that it makes a
4 difference whether it's recent or whether it's an
5 indeterminate age. It makes a difference whether
6 there are multiple.

7 And although there is less data on this
8 last point, and perhaps some of my colleagues can help
9 me about some of the unpublished data, it makes a
10 difference about how severe these fractures are in
11 terms of the risk to the individual patient. So, that
12 database is just starting to develop and I think it
13 will be very important for designing trials.

14 The annual risk of having a new vertebral
15 deformity on which we base our sample size estimates
16 in trials -- and I'll return to in discussing
17 alternative designs -- are in this order for new
18 vertebral deformities. That means new radiologic
19 events rather than clinically apparent painful events.
20 Defined as Ken Faulkner described earlier, those with
21 a hip density that's in the osteoporotic range have
22 about a one to two -- in one trial up to about three

1 percent per year risk of having those events,
2 depending in part how they're defined.

3 Patients who have a vertebral fracture in
4 an undifferentiated way have between a five and ten
5 percent risk of suffering a vertebral fracture per
6 year in the existing trials that have been done to
7 date. Now because these drugs have generally reduced
8 the risk by about 35 to 50 percent, then you can go
9 through those and find out what the comparative risks
10 are for someone in the placebo group compared to
11 someone in the treatment group.

12 I'll return to the limited activity days
13 at the end. But, the risk of having a spine fracture
14 during the course of a trial on an annual basis, again
15 a radiographic vertebral fracture depends on whether
16 you have a spine fracture or you just have
17 osteoporosis according to the densitometry machine.
18 So if it's just a densitometric osteoporosis, your
19 risk per year of suffering a vertebral fracture is on
20 the order of one percent. And if you start off with
21 a spine fracture, it's on the order of two to three
22 percent per year.

1 I'll return to limited activity days
2 later. However, as I was pointing out earlier, not
3 all fractures are equal. Bob Lindsay pointed out a
4 couple of years ago in a very nice article that
5 defining fractures somewhat more liberally so you get
6 a somewhat higher incidence -- in the VERT trial,
7 there's a 15 percent reduction in risk. He pointed
8 out that a woman who'd had a fracture in the last year
9 had about a 20 percent fracture risk in the following
10 year.

11 We've gone back to two other databases
12 that we have, the FIT trial and the MORE trial, and
13 have confirmed that these women have about a four to
14 five-fold greater risk of a subsequent fracture than
15 women whose fracture is old or of an indeterminate
16 age.

17 That means to me, and roughly estimating
18 this, that the women who have a recent fracture have
19 about a ten percent per year. Just a rough estimate,
20 about a five to ten percent per year are at risk of
21 suffering another radiographic event. About a third
22 of those will be clinically evident, diagnosed as

1 clinical vertebral fractures.

2 These limited activity days on the right
3 point out the number of days that we estimate from the
4 FIT trial that an individual is disabled as a
5 consequence of having a fracture or is a result of
6 back pain.

7 And we've estimated that a woman who has
8 a spine fracture, for example -- not differentiating
9 the recently acute or multiple ones from the
10 indeterminate ones -- those who have a spine fracture
11 on average have about seven days of limited activity
12 per year. In the placebo group, it would've been
13 prevented by treatment. That's about seven days.

14 But for recent fractures, this probably
15 amounts to on the order of weeks, two, three, four
16 weeks that would be preventable by taking standard
17 treatment instead of being in the placebo group of a
18 trial.

19 One of the other issues that comes up is
20 the risk of death. I have in many epidemiologic
21 talks, as all my colleagues have, have said over and
22 over that hip fractures are associated with 12 to 20

1 percent risk of dying in the first year. And those
2 who have vertebral fractures have an increased risk of
3 mortality from trials.

4 It turns out, of course, that those are
5 epidemiologic associations. The reason, by close
6 chart review or other kinds of methods, the reason
7 that most people die after hip fractures is because
8 they have other diseases like cancer that lead to the
9 fracture and then cause the death. And when you get
10 down to actually estimating how many deaths are
11 attributable to the fracture, it's a much smaller
12 number but very hard to figure out.

13 So, I've gone back to the trial databases
14 to try to figure out whether prevention of fractures
15 prevents death. I think that's an important thing to
16 know.

17 In the fracture intervention trial, we
18 went back to all the 6,459 women who were in that
19 trial and suffered. Nine hundred and seven women
20 suffered 1149 fractures, and there were 122 deaths.
21 And, we couldn't find in the database a single death
22 due to the fracture.

1 Now these are healthy women. They don't
2 have other comorbid conditions because they'd been
3 screened out for such as you would normally do in a
4 trial. But I think that's an interesting statistic.

5 We've also then gone back to all of the
6 trials and pooled all the mortality rates in the
7 existing trials that you've seen, the major pivotal
8 trials, to see if we could find evidence that reducing
9 fractures in some way reduced overall mortality.

10 Again, this is not fracture related
11 mortality because those are not reported in the
12 papers. But in no single trial was there a reduction
13 in risk of mortality that was statistically
14 significant in the dozens of thousands included in our
15 overall poolings. Again, it fails to find a
16 statistically significant reduction of risk of
17 mortality due to participating in the placebo group of
18 a placebo-controlled fracture trial.

19 One other area is quality of life. We
20 have relatively insensitive methods of measuring that,
21 just questionnaires given once every six to twelve
22 months in a couple, not all of the trials. We're

1 fortunate that Merck has allowed us to have access to
2 the database from the FIT trial to begin to look at
3 some of these issues.

4 One of the things I did was take a look at
5 the SF-12 quality of life instrument that was measured
6 at baseline and then at the end. It has six subscales
7 of functional status. What we found is that the
8 change in functional status, that the pain in other
9 domains in fact did not differ significantly between
10 the placebo and the alendronate group on any measure
11 from beginning to end of trial.

12 So it's not to say that osteoporosis is
13 not an important condition, but that, in terms of
14 global changes and quality of life for an individual
15 participating in the placebo group, there doesn't
16 appear to be a substantial risk of deterioration in
17 overall quality measured this way.

18 We've measured it in other more sensitive
19 ways, and that is to count the number of days, again,
20 of limited activity or back pain that sent you to bed.
21 Amongst women with vertebral fracture from the FIT
22 trial, we've estimated that again you can see an

1 aggregate here that they spent on average an extra day
2 in bed compared to those in the alendronate group.
3 And, they have additional days of disability that is
4 limited activity that add up in total to about a week
5 of limited activity or bed rest as a consequence if
6 they're in the vertebral fracture group.

7 But remember, not all vertebral fractures
8 are equal. This gamushes together all of those with
9 recent and multiple and single indeterminate aged
10 fractures. I haven't been able to distinguish those
11 amongst who have just osteoporosis by density of the
12 hip. We have a reduction of days in disability due to
13 a fracture, but we haven't been able to find
14 statistically significant reduction in other measures
15 of days of limitation.

16 Let me just summarize. The risks of being
17 in a placebo group in past trials of effective drugs,
18 on average have produced limitations of activity due
19 to the fracture in the bisphosphonate trial, the
20 alendronate trial -- I don't know the data from the
21 Risedronate trials -- has not measurably reduced
22 quality of life as measured by questionnaires and

1 doesn't significantly increase mortality. Most
2 importantly, however, even the risk of disability
3 depends very much on the degree of severity of
4 osteoporosis.

5 So, placebo-controlled trials are becoming
6 much more difficult to do. And many of us involved in
7 those know that it's hard to recruit people from the
8 United States because so many of them want to be on
9 alternative drugs, and their doctors resist, and IRBs
10 are difficult at times.

11 I want to make one other point. The
12 placebo-controlled trials and women with osteoporosis
13 have sample sizes. The ones that are out in the field
14 now that I know about had sample sizes between 2,000
15 and 8,000. Towards the end, the 2,000 end, if the
16 only endpoint is vertebral deformities in very high-
17 risk women. Towards the right end, more towards
18 8,000, if they have more ambitious goals such as
19 reducing risk of fracture in the first year or
20 eventually trying to find a risk of reduction of hip
21 fracture.

22 So with that as background of the current

1 state of placebo-controlled trials, let me move on to
2 non-inferiority trials. We're testing new chemical
3 entities versus actual comparators, and I'm going to
4 divide this into two parts. As we go through, I'll
5 focus on bone density and then outcomes of vertebral
6 deformity.

7 I'm not going to talk about hip fracture
8 endpoints because the numbers will get really big.
9 But BMD and vertebral deformity will be the two
10 outcomes I cover. And, I'm going to address
11 bisphosphonates for which we at least have adequate
12 data to do some of this.

13 The way I develop some of the assumptions
14 here were to avoid looking at anybody else's sample
15 sizes and published articles first, but to try to
16 develop all the assumptions from discussions with a
17 number of investigators at ASBMR at recent bone
18 meetings. Then, I had statistical models provided to
19 me by Dr. McCulloch. And then once I had the
20 assumptions in place, I went ahead and calculated the
21 sample sizes so that I wasn't iterating back and forth
22 to try to make this look good or bad for you. So, I

1 hope that this is an unbiased estimate.

2 The assumptions that underlie all the
3 models that I have given you, we're going to use
4 confidence limits. One sided, essentially, we're
5 going to just look at the bottom part of the
6 confidence limit and we'll use an alpha of 0.025. If
7 you wanted to use an alpha 0.05 for that lower
8 confidence limit, I'd be more liberal. The sample
9 sizes would go down by approximately 20 to 25 percent,
10 as noted by an earlier speaker.

11 I'll show a couple of examples of 0.9
12 power, but in general, we'll stick with 0.8 power, or
13 80 percent power. I'm assuming that the bone density
14 trials will last two years throughout, so I won't
15 repeat that figure, and the fracture trials will last
16 three. Towards the end, when we begin to talk about
17 duration of studies, I'll also look at a one-year
18 fracture outcome trial with a comparator.

19 I did not inflate any of the numbers here
20 to take count of loss to follow-up since that will
21 vary a lot from drug to drug and how it's done. But
22 in general, our experience is that there should be

1 about a 20 to 25 percent inflation of the numbers I
2 give you to account for loss to follow-up the way most
3 trials are done.

4 The key specification in all of these
5 models is the non-inferiority margin. I have to say
6 what this meant was still a little fuzzy to me. I
7 hope it's not still fuzzy to me as I'm presenting
8 this. But I would sympathize if some of you are still
9 a little unclear about what the non-inferiority margin
10 is. So, I was asked to try to define that a bit.

11 It's really kind of an accrued streetwise
12 fashion of how much inferiority are you going to allow
13 in a new drug and still let them get away with
14 approving it. And so, it's a margin of difference
15 below the existing drug that you allow in order to say
16 that the result is comparable, sufficiently
17 comparable. You say that you have confidence it's not
18 inferior.

19 I'll just use an example to illustrate
20 this. If this is an old drug "A" that's been around
21 in the markets, it's proved. We know that it has
22 approximately a four and a half percent improvement in

1 bone density over the course of two years. This is
2 what that would look like.

3 And we may decide then that to set a non-
4 inferiority margin, that's like a confidence limit
5 that extends down. You'll see it also extends up, but
6 I'm just going to ignore the top part because I don't
7 care about superiority for this. I'm interested in
8 non-inferiority so I'm looking at the bottom part of
9 that confidence limit in order to establish the margin
10 by which this other drug has to perform.

11 So in a sense, the way I've set this up
12 that non-inferiority means that there is less than a
13 two to five percent change that the effect of "B" will
14 be at least one percent worse than the effect of "A".
15 Here's an example of where it worked. "A" and "B"
16 have about the same mean effect on bone density. "B"
17 may be a little bit worse, but it's still within the
18 margin. You'll call this non-inferior.

19 And here's a situation essentially where
20 it doesn't work. The difference between "A" and "B"
21 exceeds the non-inferiority margin. You reject the
22 non-inferiority assumption. Again, for those of us

1 who think in other common terms, it's probably
2 inferior by the criteria that were established.

3 So now, some of the assumptions that go
4 into the bone density calculations come from the
5 trials that we've done and that others have done in
6 looking at the literature and from a consensus when
7 there's been a difference of opinion, we're looking at
8 two years for bone density. So over the course of two
9 years, we're assuming that alendronate, which is the
10 example I'll use first, has an improvement in spine
11 bone density of roughly 4.5 percent over the course of
12 two years compared to the placebo. And at the hip,
13 it's approximately 3.0 percent at the end of two
14 years. The numbers are bigger at the end of the
15 trials that go on to three to four years.

16 We going to make the assumption in all of
17 these that the new drug you're bringing to market is
18 estimated to have the same effect. It's changes our
19 calculations to assume that it's better or assume that
20 it's worse to start with. We could do that, but I'm
21 not going to. If you want to, we'll do it in private.

22 The new drug has essentially the same

1 estimated effect. That's why you're bringing it to
2 market. You're not trying to bring something that's
3 inferior. And we're also making the assumption that
4 the non-inferiority margin is one percent lower.

5 Again, this comes from a consensus or sort
6 of a median of people that I've spoke to about this.
7 That's roughly about a 20 percent difference between
8 the placebo effect and the mean effect. But I test a
9 range in this from 0.5 percent margin to 2 percent.

10 A very important assumption in all of
11 this, which is surprising perhaps to some of you, but
12 is the standard deviation over two years of change in
13 bone density measurement in the whole population.
14 Small changes in that actually make a big change in
15 the sample size.

16 So, what I've done for this is I've used
17 real data. There are lots of data points, and Dennis
18 Black and I have tried to find what looks like the
19 modal or the median value of the various groups that
20 we looked at.

21 So for the standard deviations of change
22 in bone density, I've used five percent for the spine,

1 which is a pretty good estimate for what we saw in the
2 fracture trial treatment groups. Since these are
3 comparative trials, everybody has got treatment. So,
4 we're using just the treatment groups for those
5 estimates. And, a total hip of about four percent.

6 Now some of you may say that's surprising.
7 Spine should be better than total hip. In the
8 fracture intervention trial database, this is what we
9 found. This is what's in that database for a standard
10 deviation of change, so that's what I've used.

11 I don't think it makes qualitative
12 differences in the results. But for those
13 specifications of non-inferiority at 0.8, it looks as
14 though you need hundreds of course. And if you want
15 a very, very narrow margin, that actually is not 0.01,
16 that's 0.005 due to a glitch in PowerPoint. But 2002,
17 you want very stringent non-inferiority margins. But
18 for the ones we assumed were reasonable, it's on the
19 order of hundreds. Five hundred and six is the exact
20 number for the total number in the trial that we
21 specified.

22 To use total hip BMD, it actually was

1 somewhat greater because of the smaller change in
2 total hip BMD. If you were using that as an endpoint,
3 the numbers are somewhat larger. And the one that fit
4 our specified assumptions is about 788-person trial.
5 You can see that if you're more liberal with the non-
6 inferiority margin, you can get down to numbers that
7 are in the 100 to 200 range.

8 Yes?

9 PARTICIPANT: (Speaking from unmic'ed
10 location).

11 DR. CUMMINGS: Yes. I'm sorry. The
12 PowerPoint, this actually is 0.03. I don't why, but
13 I just couldn't get my PowerPoint program to read out
14 the right numbers. So, 0.025 and that's 0.005. In
15 other words, that's a half of a percent non-
16 inferiority margin. I apologize that I'm clumsy with
17 PowerPoint. But, it's fixed on later graphs.

18 If you use a power of 0.9, it doesn't
19 really make a whole lot of difference to the magnitude
20 of the trial you're planning. Again, it's in the
21 hundreds of patients that you need for non-inferiority
22 for BMD.

1 Okay, now vertebral deformities is a more
2 challenging task. Vertebral deformities -- again, I
3 want to make the assumptions clear. For me, this was
4 a change in measurement or semi-quantitative grade on
5 lateral spine films.

6 For the morphometry part, we defined this
7 as a 20 percent decrease in any vertebral height. And
8 that's been the primary outcome of trials that we've
9 done, and then confirmed by semi-quantitative gradings
10 or radiologic readings. We used this criteria for
11 defining the rates of fracture primarily.

12 Some trials have found much higher rates
13 like the VERT trial, but they've used more liberal
14 criteria like 15 percent. So therefore, their rates
15 of fractures tend to look higher. But the numbers
16 I've used might be slightly smaller than you're used
17 to because I tried to standardize it around 20
18 percent.

19 Now the assumptions used are that in these
20 non-inferiority vertebral deformity trials, we'll be
21 using a high-risk group. And those are women with a
22 vertebral fracture, probably of indeterminate age.

1 It's been our experience that we're tending to get
2 somewhat lesser of lower risk patients from the United
3 States than we used to.

4 The placebo rate that we started with,
5 that Dennis and I came to for this presentation, was
6 a placebo rate of about five percent per year for
7 vertebral fractures. It can be done for higher as
8 you'll see later. That means that there is a 15
9 percent cumulative incidence of having a vertebral
10 fracture at the end of three years under these
11 assumptions. That makes the numbers turn out to also
12 look neat and easy to remember.

13 Now I'm going to use for the active
14 comparator the approved drug alendronate. And I going
15 to assume, because the numbers worked out exactly and
16 it's very close, that that drug reduces the risk of
17 vertebral deformities by 47 percent over the course of
18 the three-year trials. That's almost exactly what it
19 is.

20 That means that if you were to do a trial
21 with an Alendronate group over three years, their rate
22 of fractures, if we had the same kind of placebo group

1 as before, would be eight percent. An eight percent
2 cumulative rate over three years is a 47 percent
3 reduction.

4 So, this is the number to which we are
5 going to be comparing the new drugs, that eight
6 percent cumulative rate over three years. That's the
7 estimated effectiveness in the right-hand column.
8 That's what we're assuming that eight percent means.

9 One of the problems with doing active
10 comparator trials is you're really not sure of that.
11 That estimated effectiveness could be 55 or it could
12 be 60 or it could be 35 percent. But, that's one of
13 the assumptions you have to use going into this. And
14 this is the best estimate I've got now.

15 If you then accept rates for the
16 comparison of nine percent, ten percent, eleven
17 percent, twelve percent margins that go up by you see
18 a percent each, the non-inferiority margin for nine
19 percent would be one percent essentially. If you're
20 going to accept those, then the estimated
21 effectiveness associated with each one of those
22 allowable rates of fractures in the new drug group are

1 on the right-hand column.

2 I have trouble using figures like 20
3 percent reduction in the non-inferiority margin in
4 order to understand the value of a comparator trial.
5 It makes a great deal more sense to me as a clinical
6 investigator and clinician to be concerned about the
7 effectiveness of the drug I'm going to be approving.

8 This represents about a two-thirds
9 preservation of effect. This is about half of the
10 benefit or half of the effect of the comparator drug.
11 I think we chose from the survey of people I did,
12 there seemed to be a consensus that about a 33 to 35
13 percent reduction in risk was a clinically important
14 reduction.

15 And if it were below that, people began to
16 have concerns about whether or not it's worth using
17 such a drug in practice and whether or not it's
18 sufficiently different from placebo to be acceptable
19 for approval. So, that's the 33 percent or the 10
20 percent three-year rate is what I will use as the
21 principle assumption, the number that I'll highlight.

22 I think that a 20 percent estimated

1 effectiveness or a 12 percent three-year rate in the
2 comparator trial is just -- personally, I don't
3 believe that this is an acceptable degree of efficacy,
4 sufficiently different from placebo to make it
5 worthwhile, even estimating numbers about that
6 alternative. So, the range of numbers I've used is
7 from eight to eleven percent.

8 Those are assumptions I've already given
9 you. The approved bisphosphonate has a 47 percent
10 reduction risk. The new drug has the same effect, and
11 we set that non-inferiority margin at a two percent
12 difference. In other words, we'll accept it if, under
13 this scenario, it reduces the risk of fractures by
14 about a 33 percent.

15 And, I've tested the range I told you
16 about that includes 11 and 9 percent, a 40 percent
17 reduction, 27 percent estimated reduction, and these
18 are the sample sizes. So if the non-inferiority
19 margin is as we guessed is about two percent, under
20 these sample sizes, it's about a 6,000 person trial
21 not accounting for dropouts under a power of 0.8.

22 Now if you're using a more strict, a one

1 percent margin that goes way up -- and you can see the
2 effect of a non-inferiority margin is huge on these
3 assumption, so we'll return to how you go about
4 setting those. The panel will have copies of those
5 slides.

6 Now if you raise the power to 0.9 instead
7 of 0.8, it has a modest effect on the sample size
8 estimates that we came up with. Again, about a 7,000
9 to 8,000 person non-inferiority trial with a two
10 percent margin. If you're more liberal, you get down
11 to about a 3,000 person trial.

12 It's possible, I mean I've been a
13 consultant at a couple of meetings where people say we
14 want to compare this to another bisphosphonate that is
15 presumed to have lesser effects or weaker effects,
16 sort of lowering the bar.

17 And so, let's assume that an alternative,
18 in this case risedronate -- it's best unable to tell
19 from the VERT trial -- has about a 40 percent
20 reduction of risk of fractures in the populations in
21 which it's been tested. It's hard to tell whether
22 it's as effective or less effective than alendronate

1 because they're in different populations. But,
2 there's about a 40 percent risk.

3 So if you use that, maybe then if you get
4 a two percent inferiority margin and you get all the
5 way down to 20 percent, you can actually get a drug
6 that's weaker on to market by choosing as it were a
7 lower target. Now that's one alternative we'll talk
8 about briefly.

9 But I think that's where this analysis
10 helps. I really don't want to go below this line. In
11 fact, I'd say that if you're going to use a drug that
12 has weaker effects, you set a narrower inferiority
13 margin in order to test the non-inferiority of the
14 drug.

15 If that's the comparator, and this is two-
16 thirds of the effect, although that's a half of
17 effect, under this circumstance, I will draw the line
18 in exactly the same place about the estimated
19 effectiveness. I'll look to test that ten percent.
20 In other words, a one percent margin for this
21 particular drug instead of a two percent for the
22 other. And not test the drug that's estimated to have

1 -- I wouldn't be interested in just a 20 percent
2 reduction in risk.

3 The sample size for a non-inferiority
4 under these circumstances would be at 23,100. That
5 would be the preferred sample size. In a sense,
6 you're penalized by choosing the lower bar. But if
7 you went ahead with the two percent non-inferiority
8 margin, you're in the 6,000-person trial arena.

9 So if the issue is aiming low, if a fixed
10 margin is allowed, you know two percent regardless of
11 which drug you're choosing as a comparator, a 20
12 percent reduction, then choosing the weakest
13 comparator will tend to produce an easier, a smaller
14 sample size, which may lead to approval of drugs that
15 are less and less and less, eventually as you go
16 through time, distinguishable from placebo.

17 I would argue that the basis for choosing
18 non-inferiority margins should be the estimated
19 effectiveness of the new drug as a principle. So the
20 base margins on the minimal estimated effectiveness
21 that you're aiming at, and amongst colleagues, that
22 seemed to be somewhere around 30 percent. Again, a

1 very informal convenient sample of friends has a lower
2 limit.

3 Now SERMS. SERMS are interesting in this
4 kind of analysis. I'm a little uncomfortable doing
5 this for SERMS because they have effects on multiple
6 organs and conditions. Non-inferiority tests just for
7 bones to allow a new SERM on the market is problematic
8 to me. I mean I'm a bonehead. Despite that, I'm not
9 sure that the bone is the most important organ in the
10 body. My colleagues I hope will forgive me for that.

11 We've only had one in the class that's
12 been tested for fracture effects, Raloxifene. So,
13 there's not a great deal of data here, which to make
14 these comparisons. This approval on the basis of non-
15 inferiority on bone alone to other SERM agents seems
16 to me to be premature. Having said that, I will
17 nonetheless go through with my assigned task of giving
18 the assumptions and the results of this.

19 The assumptions are essentially here that
20 the approved Raloxifene effect is about a two percent
21 change in spine bone density. The new drug has the
22 same effect. And we set the non-inferiority margin

1 here because it's such a small difference from
2 placebo. Setting it at one percent is reducing that
3 potential benefit by half. It doesn't make much
4 sense, so we tested it at a 0.5 percent lower bone
5 density effect as the non-inferiority.

6 It just turns out in the MORE database
7 that the standard deviation of two-year change in the
8 spine bone density looks better than in the FIT trial.
9 Perhaps, because the effect of the drug is smaller,
10 you get a lower range of changes within the
11 population. It's 3.5 percent for the standard
12 deviation change in our database.

13 Anyway, the sample size for non-
14 inferiority spine bone density, in part because of the
15 better standard deviation, is modest. At 0.5 percent,
16 it's around 800.

17 And for vertebral deformities, again I'm
18 going to assume for convenience that it reduces
19 fracture risk by about 40 percent. Therefore, in a
20 sense the analysis we did for Risedronate really
21 applies quite directly, and I can just skip to that.
22 Depending on the inferiority margin you'll use, it's

1 between 6,000 to 23,000. It's a very critical
2 assumption.

3 Again, because the fracture effects are
4 perhaps more modest with the SERM class than with the
5 most powerful bisphosphonates, you would tend to
6 choose somewhat larger sample sizes.

7 DR. COLMAN: Steve?

8 DR. CUMMINGS: Yes?

9 DR. COLMAN: For those sample sizes, those
10 are total or --

11 DR. CUMMINGS: These are all total, not
12 per group. These are total, not per group.

13 DR. COLMAN: Okay.

14 DR. CUMMINGS: Now, these are a lot of
15 numbers. And when you come down to actually
16 calculating this, there will be different assumptions.
17 People will come to the table, manufacturers will come
18 with different assumptions that will make different
19 numbers.

20 So, I think that the summary really is
21 that for vertebral fracture comparator trials, the
22 number that you need is in the thousands. And for

1 bone density comparator trials, the numbers will be in
2 the hundreds. The non-inferiority margin that you
3 accept makes a huge difference. Probably next on the
4 list would be the standard deviation of change over
5 time for bone density studies.

6 Now, what non-inferiority margin makes
7 sense? I've suggested something for vertebral
8 fractures as a minimum, sort of a bottom floor. But
9 I just wanted to offer an opinion that in a sense,
10 using non-inferiority margins of the sort that I
11 talked to you about that reduced or allowed 20 to 30
12 to 40 percent inferiority makes some sense to me if
13 the new drug has other benefits. You can accept
14 something that's inferior if it's got other health
15 benefits, it's safer, it's more convenient, and
16 therefore better adherence and it's less expensive.

17 I know that this is not usually done in
18 setting non-inferiority margins, but it seems to me
19 that there would be a compelling pace for being a
20 little bit more liberal for something that has other
21 benefits. For new drugs with no other advantages,
22 they should either prove superiority or the margins of

1 non-inferiority should be very narrow, probably
2 narrower than I've rehearsed for you earlier in the
3 talk.

4 PARTICIPANT: What is
5 standard? DR. CUMMINGS: What is what?

6 PARTICIPANT: What is standard?

7 DR. CUMMINGS: No, I'm sorry. What I meant
8 is the ones I just used. Standard came about because
9 Eric suggested some percentages that we used that were
10 within the range that I talked about. In other words,
11 20 to 30 percent differences between the effect of the
12 drug and the placebo group.

13 And so, I think that those are acceptable if
14 there is something new being brought to the table.
15 But if not, then I would propose that the criteria be
16 more stringent.

17 Now let's go to duration of trials, and
18 this will be the last. We'll start with one-year
19 duration trials. I think that there is some sense
20 nowadays for some compounds and maybe even for
21 bisphosphonates, where they worked so dramatically in
22 the first year, to consider a shorter duration of

1 trials for initial registration of drugs.

2 Let's first look at the one-year study.
3 One year, a 60 percent reduction in risk of vertebral
4 fracture can actually be seen in relatively small
5 trials compared to placebo. So, I'll just focus here
6 on the non-inferiority margin for a new drug and
7 assume that the estimated reduction that we're
8 interested in would be no worse than a 40 percent
9 reduction in one year.

10 This happened in the first year, but I'll
11 show you that in later years, the effect is not quite
12 that strong. And so if you're going to do it on the
13 basis of just the first year, then I don't think you
14 allow as low as a 20 percent reduction in risk, a big
15 range. So, I'm going to assume a 20 percent non-
16 inferiority margin, which means a 40 percent
17 effectiveness, and test a range from 10 to 30 percent
18 with the assumptions you've seen before.

19 Two-thirds effect is a 40 percent
20 reduction. Half of that effect is a 30 percent
21 reduction. These are the non-inferiority margins that
22 Chuck calculated. I'm sorry, the sample sizes for

1 those non-inferiority margins. In other words, for
2 that first year comparison of a drug that reduces risk
3 by 60 percent with another new drug assumed to have
4 the same effect, but you're willing to accept lower.
5 That 6,154 sample size would be my preferred number.

6 What if the risks were higher? In a 12 to
7 18 month study, you've managed to get a very, very
8 high-risk group. If we do the same thing with much
9 higher risk groups, double the rate of events, there
10 is a modest effect. It reduces the preferred sample
11 size by about half to double the incident rate. So
12 now, that's the year one-year effect.

13 I'd like to now talk a bit about longer
14 durations and why there might be a rationale for being
15 concerned about longer duration studies. It's been
16 pretty clear, and certainly if you've been at any
17 meetings or read any medical journals, very well
18 advertised that all drugs, antiresorptive drugs,
19 dramatically reduce the risk of fractures in the first
20 year. You've heard 65, 68, 60 percent -- I saw an
21 article recently claiming a 70 percent reduction in
22 risk of fractures in just the first year. Again, I

1 think that's true and there are biological reasons why
2 that might be happening.

3 There is concern among some members of the
4 osteoporosis community about the long-term effects of
5 antiresorptive drugs. Right now, we can't do much
6 with that concern because the placebo-controlled
7 trials have lasted only three to four years.

8 There have also been long-term trials,
9 particularly with the alendronate, with the long-term
10 extensions going out to seven to ten years from which
11 we've had to try to draw very indirect inferences
12 about how long the drug continues to work. And there
13 is some reason, I think, to be concerned that we
14 should go a little bit longer than three to four
15 years, coming from the data that we've seen so far.

16 Risedronate, for example, we know
17 continues to improve bone density. It dramatically
18 reduces risk of vertebral fractures in the first year.
19 In the second to third year, we really don't know what
20 it does separately because the sponsor hasn't released
21 that data from the VERT trials to allow us to do those
22 kinds of calculations.

1 But fortunately the sponsor for
2 Alendronate has allowed us use of the databases and we
3 are able to show that a similar phenomenon of dramatic
4 improvement in the reduction of risk in the first is
5 seen with alendronate, and there is a 40 percent
6 reduction in the third year. It's a little bit more
7 difficult to figure this out, exactly what that means
8 because there was also a dosage change from five
9 milligrams to ten milligrams between those time
10 points.

11 This change or this apparent waning of
12 effect could be due to something called depletion of
13 the susceptibles. That is, if there is susceptible
14 people in the placebo group that all fracture in the
15 first year and they're gone. Then there are fewer of
16 them around in the next year to have fractures and the
17 drug won't look as good.

18 So, we've done some extensive modeling
19 about this statistical artifact. Models with very
20 extreme assumptions that basically assume that all the
21 fractures happen in the susceptibles in the first
22 year, and high rates of susceptibles with extreme

1 assumptions really can't account for the observed
2 declines in effects that we've seen with these drugs.
3 In particular, because such an effect, a statistical
4 artifact would require that you also see substantial
5 declines in the rate of fractures in the placebo group
6 because the people who are going to have them are
7 gone.

8 And, you don't see that in the existing
9 trials. You see pretty constant rates in the placebo
10 group. Although it's been said that this is
11 statistical artifact, it is not. So that means that
12 it is a biological effect and there are two
13 possibilities.

14 I think the most likely is just the
15 dramatic first year effect on bone resorption that
16 gives you, that preserves architecture. Then that, on
17 top of a long-term sustained effect, results in a 30
18 to 40 percent long-term reduction in risk because of
19 the improvement in bone density.

20 But I can't tell on the basis of the
21 current data we have available, I can't tell that from
22 the second alternative, which is that inhibition to

1 bone resorption initially strengthens, and then after
2 five, six, seven years longer than the existing data
3 from trials or from other types of studies, longer
4 than it's gone. So that remains a concern in some
5 quarters of the community. So I would like to suggest
6 something.

7 I would like to suggest that you might
8 consider approving drugs for use even as early as one
9 year or 18 months, fracture data, but then approve the
10 drugs for use equal to the duration of the trials that
11 you are provided as evidence. And that to get an
12 extension in the label of how long patients be allowed
13 to use that would be contingent on providing data that
14 the drug remains safe and that the fracture risk is
15 durable, that the reduction of fracture risk is
16 durable.

17 Now there's a challenge with this of
18 course, and that's that it's not feasible to continue
19 placebo-controlled trials beyond about three years.
20 It's just too difficult because of the environment
21 about placebo-controlled trials.

22 There are a couple of alternatives to

1 this, however, that I think are a reasonable comprise.
2 And one is to continue your placebo-controlled trial
3 for three years and then stop the placebo group if it
4 works and continue the treatment for longer.
5 Companies are doing this, but they're often doing it
6 without adequately powering the study or planning it
7 in this fashion in advance.

8 It looks like this. There's the rate of
9 the placebo group for the first three years, and here
10 is the year-by-year rate in the treatment group as it
11 continues out to ten. It looks like it's continuing
12 to work, and that's great.

13 Again, this is just one possibility.
14 There are other variations on this, but this is the
15 simplest one. You could compare slopes of lines or
16 just year-by-year effects. For the purposes of just
17 this one example, I'm going to suggest comparison of
18 the rates in the treatment group at seven to ten years
19 with the rate of the placebo group for the first
20 three, then needing to adjust for the advancing age of
21 the patients who are going out ten years.

22 And that's the comparison one. It would

1 draw then the placebo group to the rate in the
2 treatment group carried out longer. In this
3 particular case, it's a statistically significant
4 difference. But it's possible that with time we would
5 see a loss of effectiveness, a loss of durability and
6 that it would no longer differ from placebo. It might
7 even cross this line and would lead to the conclusion
8 that you should stop after three or four years rather
9 than continue it 20, 30, or 40, or lifelong.

10 These kinds of trials are feasible. I
11 won't go through the details of the sample size
12 estimates, but we've done several such estimates. And
13 in general, trials that had more than 1,000 per group
14 at the baseline with less than 20 percent loss to
15 follow-up during the placebo period and are able to
16 retain at least 50 percent of participants out ten
17 years will have over an 80 power to confirm a 30
18 percent lower risk in the last three years versus the
19 placebo rates.

20 There is another alternative. I think
21 Merck has done a very innovative thing with the FIT
22 trials in taking the treatment group after four years

1 and then re-randomizing them to continuing out ten, or
2 stopping the drug to test whether or not there is
3 benefit from continuing as opposed to stopping. I
4 like that design very much if it's adequately powered.

5 With that, let me summarize by saying that
6 placebo-controlled trials with women who have
7 densitometric osteoporosis entail low risk to the
8 participants and are feasible. And I think that that
9 might also include women who have a single vertebral
10 fracture of indeterminate age. Non-inferiority trials
11 on bone density require hundreds, and thousands are
12 needed for vertebral deformity comparator trials on
13 non-inferiority, but that depends very heavily on the
14 non-inferiority margin.

15 I would suggest or I would like the panel
16 to consider at least initial registration of drugs for
17 the duration of the evidence that you're presented
18 with, and extend that duration with subsequent
19 demonstration, that there is durability of
20 effectiveness as well as safety. And, consider
21 setting the non-inferiority margins, such as an
22 important determinant based on some judgment about

1 advantages, if any, of the new agent. But at the
2 least when you're dealing with comparator trials for
3 vertebral fractures, set those margins that preserve
4 a minimal estimated effectiveness of treatment over
5 placebo.

6 With that, with those modest suggestions,
7 I'll stop and say thank you.

8 (APPLAUSE.) DR. CUMMINGS: Henry, am I
9 allowed to take questions?

10 CHAIRMAN BRAUNSTEIN: Dr. Bone?

11 DR. BONE: Steve, thank you for a nice
12 review. I had two specific questions, and you may
13 even want to stay up there with your computer to
14 answer these two questions.

15 DR. CUMMINGS: I don't think I'll be able
16 to re-project, but go ahead.

17 DR. BONE: Okay. These had to do with
18 some estimates that you didn't mention. One is, if
19 you use the figure 47 percent, which is just about
20 exactly the reported relatively risk reduction for
21 alendronate in the trials you're referring to, what is
22 the confidence interval around that estimate for the

1 relative risk?

2 DR. CUMMINGS: For alendronate?

3 DR. BONE: Yes.

4 DR. CUMMINGS: Although I'm an author on
5 those trials, I don't remember the confidence limit.
6 It was relatively narrow, particularly when the two
7 trials were pooled, those FIT-1 and FIT-2 for patients
8 with osteoporosis.

9 Someone else might be able to help me with
10 the confidence limit, but I think that it goes down no
11 further than the high 30 percents. About 37, 38
12 percent is the lower limit of that confidence limit.

13 DR. BONE: And the other question was
14 since it's important to know whether drugs actually
15 reduce the risk of hip fracture -- and we've had
16 examples of drugs which did resist the risk of
17 vertebral fracture with no relative risk reduction at
18 all, even not a significant one. Just no change in
19 the risk for hip fracture. What's the sample size
20 calculation for doing the active controlled trial for
21 a hip fracture endpoint?

22 DR. CUMMINGS: That's also been done by

1 John Kanis, and I'd refer to those. I did it one pass
2 at it, and it's in the 20 to 50 margin.

3 DR. BONE: With what power?

4 DR. CUMMINGS: I think we used a 20
5 percent difference from a 50 percent reduction. Just
6 because it's such a rare event, it's impossible to do
7 a comparator trial for hip fractures.

8 CHAIRMAN BRAUNSTEIN: Dr. Watts.

9 DR. WATTS: You chose a 40 percent
10 reduction in fracture for your example with
11 Risedronate. In the two vertebral fracture trials,
12 one showed a 41 percent reduction and the other showed
13 a 49 percent reduction.

14 DR. CUMMINGS: Yes.

15 DR. WATTS: And that raises a dilemma as
16 to which of those numbers you would choose if you were
17 powering a trial. It might've been cleaner had you
18 chosen those two numbers rather than two different
19 agents.

20 DR. CUMMINGS: Yes, that's true. I
21 could've done it the other way. What I was trying to
22 do was not pin 40 percent just on Risedronate. But

1 say, what if you had a drug, which you thought was
2 less effective, and therefore you chose as a company
3 to choose that as a lower mark to hit with your
4 comparator.

5 DR. WATTS: Another trial design that you
6 didn't mention was superiority trials.

7 DR. CUMMINGS: Yes, I wasn't asked to do
8 that.

9 DR. WATTS: It's possible that a new agent
10 might come out that looks like it's a lot better. And
11 by my calculations, it takes a far smaller sample size
12 to show superiority.

13 DR. CUMMINGS: Well if it's really
14 superior, it takes a different, a larger sample size.
15 But if it's not, if it's on the same, then that
16 changes your sample size. Remember, throughout this
17 I assumed that the new agent that was coming on, in
18 fact, had the same reduction in fracture risk and the
19 same change in bone density.

20 And if you change that assumption, I can
21 show you what it does. If your drug is better and you
22 use a non-inferiority margin, then it's an easy time.

1 You can do it with just a few hundred patients.

2 CHAIRMAN BRAUNSTEIN: Yes, Dr. Temple.

3 DR. TEMPLE: Choosing the margin for non-
4 inferiority trials is the subject of infinite
5 quantities of discussion because there are a bunch of
6 cardiovascular diseases where no one would debate the
7 possibility of whether you can still do placebo. So,
8 this becomes a very important issue.

9 It's very important in doing that to
10 distinguish between a non-inferiority margin whose
11 purpose is to show that your new drug has some effect
12 compared to placebo, any, and one in which you're
13 designing it so that you show you preserved some
14 fraction of it.

15 It should be obvious, but if the situation
16 is such that it's unethical to use placebos anymore,
17 it's obviously important to preserve a fair fraction
18 of the effect of the control agent, otherwise what's
19 the point? But, those two things need to be kept in
20 mind.

21 If, for example, you thought a reliable
22 meta-analysis of the effect of some positive control

1 agent was a 40 percent reduction, you could document
2 superiority of the drug to placebo by showing that the
3 difference between your new drug and the controlled
4 drug is not more than 40 percent. Then, it would be
5 better than placebo, which is approximately equal to
6 what you do when you discover that something is
7 significant 0.05.

8 If you don't like that well enough, if you
9 have a mixed feeling that you want to preserve some
10 fraction of it, then you have to do what Steve was
11 doing, preserve 50 percent of it or something like
12 that. Of course, the implications for sample size are
13 spectacular.

14 One problem that we encounter repeatedly
15 is where you only have one trial of something. For
16 example, in most lipid settings, there's only one
17 trial and it a particular setting because no one will
18 let you do another trial once a benefit has been
19 established. So how on earth do you pick a non-
20 inferiority margin based on a single trial?

21 Well, taking the mean doesn't seem good
22 enough because half the time the effect is going to be

1 smaller than that so you wouldn't know what the effect
2 in your new trial is. One thing that people have done
3 is take the 95 percent lower bound, which if there's
4 only one trial means the difference that you have to
5 rule out is considerably smaller than the mean -
6 sorry, than the point estimate of the effect, and
7 trials get very large.

8 So in these situations, we've encouraged
9 people to, either through pooling a lot of data or
10 looking at the one drug with the most data, use that
11 as the active control and then at least you have a
12 number that you can rely on. You don't have to be
13 entirely conservative.

14 But, we would never think that the mean
15 effect of a single trial would be the right non-
16 inferiority margin. It has to be, as somebody over
17 there suggested, a 95 percent lower bound or
18 something. Anyway, there's a great debate about
19 exactly how to do that.

20 It does seem very important to distinguish
21 between trying to show through a non-inferiority study
22 that you're better than nothing, which might be good

1 enough in some cases in trying to show that you
2 preserve some clinically meaningful effect of the
3 drug, which then enters into major debates.

4 For what it's worth for thrombolytics,
5 where the endpoint is death, CBER, the Biologics
6 people accepted a non-inferiority margin that
7 represented retention of half of the effect of the
8 thrombolytics based on the 95 percent lower bound of
9 a meta-analysis. That turns out to be a little more
10 conservative than one might do. But that's one
11 living, breathing illustration.

12 Of course, there the consequence of being
13 wrong is death. Here, as people have been saying,
14 it's a fracture. That's not as bad as death, but it
15 might be bad anyway.

16 CHAIRMAN BRAUNSTEIN: Dr. Marcus.

17 DR. MARCUS: A box containing Steve's
18 slides is going around. I'd like to go out beyond the
19 box if you don't mind of a minute.

20 There are two possibilities that haven't
21 been described in ways to approach some of these
22 issues related to fracture, particularly hip fracture.

1 One has been proposed by Nelson Watts, and I'm going
2 to ask that he discuss it since he is the father of
3 that. That has to do with pooling of groups across
4 various published trials.

5 The second one has to do with using as a
6 control group, published data from ongoing,
7 contemporary, very large-scale public health databases
8 such as NHANES-3, where we have a very good indication
9 of what true hip fracture rates are in this country.
10 We can isolate the data by age, by ethnic group, by
11 gender, and I just raised the possibility that one
12 might be able to do a trial in which the control group
13 could be valid public health data.

14 I'd like to hear the agency's response to
15 that, if they would automatically exclude that or if
16 they'd be willing to think about that approach. I'd
17 like to hear Steve and some of the other
18 epidemiologists discuss that.

19 As the second model, I yield to my
20 distinguished colleague, Nelson Watts, to raise his
21 idea.

22 DR. WATTS: What I've done is to look at

1 the fracture experience in a trial in which everyone
2 received active treatment: daily dosing, weekly dosing
3 that had equivalent effects on bone density and bone
4 turnover markers, and extract from another large
5 database of a placebo-controlled trial, subject to or
6 matched to the entry criteria for the trial that
7 lacked simultaneous controls. I matched for key
8 characteristics, age, bone density, years since
9 menopause, and the percentage of subjects with
10 prevalent fractures.

11 In doing that, we not only had the
12 historical control group, but a historical active
13 treatment group as a way of internal validation. At
14 least in that one, the rates of fracture in the
15 historical treatment group were indistinguishable from
16 the rates of fracture in the study that had no control
17 group. The difference in fractures between the
18 historical controls and the active treatment was
19 statistically significant.

20 Though it should be possible, given the
21 large trials, to create a huge database against which
22 to judge -- extract a control group to judge

1 antifracture efficacy. That doesn't necessarily allow
2 you to compare bone density or bone turnover markers
3 or establish safety, but at least to get an
4 antifracture efficacy.

5 CHAIRMAN BRAUNSTEIN: Dr. Cummings.

6 DR. CUMMINGS: The problem with doing that
7 for hip fractures from databases is that there's a
8 universal experience in trials and observational
9 studies -- very marked in our studies and also in the
10 WHI, that for reasons that we can't understand and
11 that are not explained by bone density, age, or even
12 estimates of health, there is a healthy volunteer
13 effect on hip fractures.

14 So, their rates in the first few years of
15 any study are in the order of one-tenth to no better
16 than a quarter of the rates that you would expect from
17 those patients matched by characteristic to databases.
18 It could very well be that the hip fractures, of
19 course, happen in people who are frail and don't come
20 in to trials or to observational studies.

21 I don't know how to adjust for that
22 healthy volunteer effect, so it's not a really

1 credible, tenable way to develop controls for a hip
2 fracture study.

3 CHAIRMAN BRAUNSTEIN: Dr. Temple.

4 DR. TEMPLE: Well, the Women's Health
5 Initiative gives you reason for caution. I mean why
6 was it done? It was because every epidemiologic study
7 ever done showed a 50 percent reduction in users of
8 cardiovascular events. It turned out that those rates
9 didn't really represent the truth for reasons that
10 remain inexplicable.

11 It's almost surely true that people who
12 enter trials are not the same as people picked up by
13 NHANES or something like that. There are too many
14 examples to enumerate, but there are numerous.

15 CHAIRMAN BRAUNSTEIN: Okay. We'll turn it
16 over to Dr. Orloff, who is going to give the group
17 their charge.

18 DR. ORLOFF: And charge it is. The first
19 thing I can think of is ladies and gentlemen, start
20 your engines because I think there is some discussion
21 to ensue.

22 Let me thank everybody for a number of

1 very informative and careful presentations. Clearly,
2 I don't hear any definitive answers yet. Let me start
3 this by saying that we did not expect a consensus to
4 come out of this meeting. I'm not hiding behind this,
5 but I guess in part I'm saying this so that we can all
6 leave here as friends as I think we entered the room.

7 We're here to frame the issues. This
8 meeting is the first step we would hope in developing
9 a guidance for industry for the development of drugs
10 for U.S. marketing in the treatment of osteoporosis.

11 I just want to make sure that as we do
12 deliberate -- and this again is aimed at trying to
13 make sure we're all toned appropriately -- that
14 guidance is just that. I think it's not universally
15 understood that FDA guidance is guidance. It's not
16 law and it's not regulation. It is, we hope,
17 representative of the agency's best thinking. That's
18 obviously with the input of our advisors and
19 consultants on the subject issue.

20 So on the one hand, notwithstanding
21 guidance, sponsors are at liberty to plot their own
22 courses in drug development to meet the stated or

1 implied needs or concerns of the agency. Though to
2 the extent that the guidance is not followed, we
3 expect sponsors to justify the alternative approach.
4 On the other hand, adherence to guidance does not
5 guarantee approval or otherwise mandate a particular
6 regulatory action by the agency.

7 Anyway, I'm going to ramble a little bit
8 with some thoughts that I have before I get to a
9 specific discussion of the questions that we'd like to
10 have you address.

11 From sitting here, I think we got
12 conflicting messages in the discussions on the
13 acceptability of bone mineral density as a predictor
14 of fracture benefit. I think it was also clear that
15 we need to know more about the impact of animal
16 findings in any given specific instance as
17 confirmatory of potential salutary effects on bone for
18 different mechanistic classes.

19 The meta-analyses that were presented in
20 brief support BMD as a good predictor for amino
21 bisphosphonates and parathyroid hormones, to the
22 extent that there are data for that drug, with the

1 qualifier of course that animal data be positive or
2 favorable even if the bone mineral density in those
3 studies does not explain the whole fracture effect.
4 I think we're all in agreement that that point was
5 made.

6 It does sound to me as though BMD
7 generally may be a reliable positive predictor of
8 efficacy. It's just not a useful negative predictor.
9 Thus, specifically it's probably not to be used to
10 compare efficacy across different mechanistic classes
11 for the purposes of placement in the armamentarium,
12 which was a subject that's been raised. Whether or
13 not it can be used for the purposes of approval,
14 comparisons of BMD effects across classes, is perhaps
15 another question.

16 I want to recognize that we did hear Dr.
17 Marcus' comments on the need for additional
18 histomorphometric characterization on the effects of
19 new and existing drugs. Though the validity of some
20 of these endpoints, as independent predictors of bone
21 quality, remain to be demonstrated.

22 So, we well recognize the need perhaps to

1 understand more about the differences between one drug
2 class and next. Although just saying that they have
3 different effects on a marker, doesn't necessarily
4 mean that they are different in terms of absolute
5 clinical efficacy.

6 As we, you and we, that is to say go about
7 thinking about the problems before us, I just offer
8 that we need to distinguish between two important
9 needs of the system, the healthcare system with
10 regards to osteoporosis.

11 On the one hand, we need to come up with
12 standards for approval as safe and effective. We need
13 to be thinking about placement in the armamentarium.
14 Again this theme comes up, the latter, the placement
15 in the armamentarium is very important but not
16 unfortunately the driving force for standards of
17 approval. Perhaps it should be.

18 Also I want people to understand that we
19 do not, or we are not, FDA, considering new drugs in
20 this -- or for that matter, any other therapeutic area
21 about which we know something -- we are not
22 considering new drugs in a vacuum. For post-

1 menopausal osteoporosis, for example, we have
2 tremendous or a great deal in the way of priors that
3 allow us to put new data and development problems in
4 perspective.

5 And so, for example, one might ask the
6 simple and blunt question, which I do think we need to
7 toss about a bit: Why wouldn't bone mineral density
8 in an active controlled trial suffice for approval of
9 a new bisphosphonate, or a new SERM, or estrogen or a
10 new agonist at the PTH receptor?

11
12 It's also apparent that the ethical
13 questions, that I guess at some level I'd hoped we
14 wouldn't spend too much time haggling about today,
15 have not been resolved. Two general approaches have
16 been advanced around the table here and by others.

17 One is the idea of short-term placebo-
18 controlled trials in high-risk subjects in which the
19 fewest patients would be placed at risk for fracture
20 for the shortest time. This is a burden-to-society
21 argument, if you will, that does not address the
22 irreversible morbidity and mortality standard down by

1 the Declaration of Helsinki.

2 The other approach is larger, long-term
3 placebo-controlled trials in low-risk subjects with
4 theoretical advantages of overall low frequency of
5 events, and the low risk in a carefully chosen
6 population of serious morbidity or mortality in a
7 presumably generally healthy population.

8 I would venture that we need to be careful
9 hearkening to Dr. Cummings' presentation with
10 calculations of average morbidity experienced in the
11 trials to date. For example, average days of pain or
12 average days of work loss or average days of bed rest.

13 Since this measure of central tendency, if
14 you will, masks the fact that clearly more patients
15 had significant morbidity in association with placebo
16 than drug, than there must be some patients in there
17 on placebo who had serious or significant morbidity.

18 Finally, on the subject of trial designs,
19 Dr. Cummings has left us with the conclusions that
20 hundreds of patients would be required over several
21 years for non-inferiority BMD trials and thousands for
22 a fracture non-inferiority trial looking at

1 morphometric vertebral fractures.

2 All of these issues that I've skipped over
3 bear further discussion. I'm not sure actually how
4 much discussion we need to have here about placebos,
5 but I leave it obviously to the Chair. Whether the
6 issue of placebo versus active controls should be a
7 question related to post approval broadening of
8 claims, that is to say assuming that there is some
9 consensus that bone mineral density might in many
10 instances, studies may be sufficient for approval.

11 Anyway, the way we structured the
12 discussion at least in our planning was to ask about
13 the nature and extent of evidence from approval
14 centered around four hypotheticals. You've seen these
15 in your agenda. I said earlier, a new bisphosphonate,
16 a new estrogen agonist bone, a new mechanistic class
17 antiresorptive, and a new anabolic agent.

18 I just want to go through with you some of
19 our thinking as we put together the structure of the
20 questions that we'd like you to consider. For the
21 establishment of efficacy, we asked you to focus on
22 three main questions.

1 The first, when is bone mineral density an
2 adequate primary endpoint, is really about how far
3 clinical studies need to go to bone mineral density
4 versus fractures in order to support approval. We
5 understand full well that this decision or this
6 judgment must take into consideration the specific
7 results of preclinical studies. That's given. But
8 clearly, also the confidence that should be placed in
9 such studies. And that's why we asked for the
10 presentations that were given to today.

11 So for example, going back to Dr. Rodan's
12 presentation and Dr. Rozzoli's, such studies are all
13 important for loose dating mechanisms of actions as
14 well as such things as the potential for toxic
15 mineralization effects of drugs or the existence of an
16 apparent unfavorable relationship between BMD and bone
17 strength indicative of poor bone quality.

18 I should say that as an important caveat
19 or kind of a reverse catch-22, we also have to ask why
20 would anyone in this day and age pursue a drug that
21 demonstrated a poor efficacy or safety profile in
22 animals.

1 The issue raised in discussion earlier,
2 relative to extrapolation of animal studies and models
3 of osteoporosis to other forms of bone disease
4 associated with fracture risk and/or osteoporosis, I
5 think is an important one. This presents a perplexing
6 problem, particularly since the number of such
7 patients, that is with other forms of disease
8 associated with fracture risk will often be much
9 smaller than those of patients with postmenopausal
10 osteoporosis.

11 The reality is though, as pointed out by
12 Drs. Bone and Rizzoli, that the other role for animal
13 studies after pharmacology is bone toxicology. I
14 suppose the judgment of whether some unique toxicity
15 of bone could be anticipated, and these are others,
16 must be made on a case-by-case basis.

17 With regard to the second question we then
18 ask: If BMD is deemed sufficient, how long should
19 trials be to establish durability of that effect --
20 and probably not separable, although it will be asked
21 separately for assurance to say what duration of trial
22 is necessary for assurance of bone and extraskeletal

1 safety. If fractures are deemed necessary in a
2 specific instance, do the same questions apply?

3 And now with regard to the choice of
4 placebo versus active control, the question must be
5 addressed separately if BMD are fractures that are
6 required. Notwithstanding the numbers involved, if
7 BMD is the endpoint, we must ask what constraints
8 exist against the use of placebo, whether they can be
9 addressed by escape criteria for BMD or fracture on
10 trial, what risk categories are appropriate for such
11 trials -- as we said before, low-risk prevention
12 versus treatment -- and of course, whether
13 extrapolation of efficacy from prevention to treatment
14 populations is possible.

15 We must also address advantages of active
16 versus placebo with regard to safety assessment, or
17 disadvantages, and with regard to again, placing the
18 drug in the armamentarium. If fractures are required,
19 what are the opportunities for add-on, what are the
20 possibilities with regard to active controls, and are
21 there indeed hypotheticals at least in the list that
22 we've given or any that you can think of for which

1 placebo is really the only option in order to assess
2 efficacy.

3 With regard to safety -- again in many
4 instances, not separable -- I do have a question that
5 I think has been of some confusion, at least it was
6 Dr. Temple before I got to him, in number one, which
7 asks about whether fractures can be used as a safety
8 rather than as a efficacy endpoint. Although the
9 answer may be simple, we thought we wanted to hear
10 people's thought about it.

11 If a trial is examining BMD as the primary
12 endpoint of efficacy, fracture, rather than being the
13 measure of effectiveness, becomes a safety outcome.
14 The question is: How should it be evaluated? Should
15 it be evaluated based solely on ascertainment with
16 regard to clinically apparent fractures or should
17 there be active ascertainment as a way of monitoring
18 patients in the trial? And, what issues does active
19 ascertainment raise with regard to escape criteria on
20 the one hand, but also on the other hand with regard
21 to thoughts about essentially powering the trial for
22 safety.

1 We also ask about other safety monitoring
2 in the study, and this gets back to Dr. Grady's
3 question at the beginning. I just want to make sure
4 our position on this is well understood. We do not
5 propose that the choice of efficacy endpoint
6 necessarily impacts the scope or duration of the
7 trials in order to assess safety. So, use of non-
8 fracture endpoints does not necessarily imply shorter,
9 smaller, or narrower scope trials.

10 With regard to other safety, we would say
11 that those assessments of other safety issues is
12 driven by the usual mechanisms of action, preclinical
13 signals, early phase findings, plausibility of risks.

14 We also ask you about duration of trials
15 for bone and extraskeletal safety that I mentioned
16 earlier. And finally, what are the theoretical or
17 real advantages and disadvantages to active versus
18 placebo versus add-on trials for safety assessment?

19 With that, I hope I haven't confused
20 matters. I'll turn it back over to Dr. Braunstein.

21 CHAIRMAN BRAUNSTEIN: Thank you. There's
22 a lot of subquestions stuck in there.

1 I think what we'll do is ask the committee
2 and the guests, of course, to consider and keep in
3 mind the four hypothetical osteoporosis drugs, and
4 we'll go through the questions even those there's
5 obviously a lot of cross over from one question to the
6 other.

7 We'll go through the questions
8 sequentially and ask the members to ask questions of
9 each other, to make their comments, and then when
10 there's a lull, maybe what we'll do is go around the
11 room and ask everybody to take their best stab at
12 answering each of the questions.

13 So, we'll start off with the question
14 about efficacy and when is bone mineral density an
15 adequate primary endpoint. I would say in discussing
16 this question, anybody who wants to indicate that
17 they'd rather have fracture endpoints in place of bone
18 mineral density for specific compounds in specific
19 issues should mention that. So, let me open up that
20 question to the group.

21 Dr. Watts?

22 DR. WATTS: There are three or four drugs

1 on the market for which a relationship has been shown
2 for gains in bone density and reduction in fracture
3 risk. That's Alendronate, Risedronate -- you choose
4 that as a class or agent -- Raloxifene and maybe
5 estrogen if you take the recent bounds health
6 initiative.

7 There have also been some trials that
8 seemed adequately powered to show an antifracture
9 effect in which a bone density change was noted, and
10 yet the antifracture effect was not seen. And I've
11 already posed this question to Henry, so don't answer
12 it please Henry. But, one of these trials was with
13 intravenous Ibandronate, which produced about a five
14 percent gain in bone density over three years, and did
15 not show a reduction in fracture rates.

16 So, I'd be interested from those of you
17 who know the trial or those of you on the FDA side to
18 tell me if gain in bone density in a clinical trial
19 were the endpoint for approval of these drugs, would
20 intravenous Ibandronate meet that standard?

21 CHAIRMAN BRAUNSTEIN: Yes, Dr. Khosla.

22 DR. KHOSLA: I guess I just caught into

1 the Ibandronate because I remember seeing the data.
2 And if it's the data that I've seen, the problem as I
3 understood it was that the bone turnover markers were
4 coming back up before the next dose of Ibandronate was
5 given. That suggested that that particular trial
6 didn't have a sustained reduction in bone turnover.

7 DR. WATTS: That was a post hoc analysis.
8 And if you look at the marker data in the trial, the
9 markers were suppressed. It's only by looking at
10 marker data from other trials that it's possible to
11 see they were much more suppressed within a week or
12 two of the dose, and they headed back towards
13 baseline. But, they were still 50 percent below
14 baseline.

15 DR. KHOSLA: I guess the only comment I'm
16 making is that with most other antiresorptives,
17 there's been a sustained and consistent reduction in
18 bone turnover. We've already heard about the
19 importance of bone turnover as a potential additional
20 factor that contributes to the antifracture efficacy.

21 I guess my only comment to this is that
22 for classes such as "A" and "B", as I mentioned

1 earlier, if anything, bone density is perhaps a
2 conservative estimate of the reduction in fracture
3 risk. Provided that changes in bone turnover are
4 consistent with what is otherwise seen with these
5 classes, you could argue that it may not be an
6 unreasonable surrogate.

7 CHAIRMAN BRAUNSTEIN: Dr. Sampson, you had
8 a question?

9 DR. SAMPSON: Actually, I just wanted
10 clarification from Dr. Orloff for my understanding.
11 If one came to the conclusion that bone mineral
12 density is a primary endpoint, how would that be
13 reflected in the indication for the compound, and
14 would you anticipate a fracture claim being allowed if
15 one were able to show BMD as a adequate surrogate?

16 DR. ORLOFF: Well in my rather naive
17 world, as I mentioned back at the beginning, the
18 question we're asking is whether one can rely on bone
19 mineral density in some instances as an adequate
20 surrogate for a reduction in fracture risk even if we
21 can't say exactly how much of a risk it involves.

22 So, analogous to the approval of statins

1 based upon LDL lowering in the absence of an effect
2 demonstrated in a large endpoint trial with regard to
3 reduction in the risk for heart disease. Although
4 admittedly there is an implied claim of fracture
5 benefit, it is not so stated in the labeling and
6 promotion for the drug.

7 CHAIRMAN BRAUNSTEIN: Dr. McClung?

8 DR. MCCLUNG: To come back again to the
9 issue about bone density as the alternative to
10 fracture -- with drugs, in which that relationship,
11 that there maybe a reasonable time when that would be
12 appropriate, particularly if we're simply looking at
13 other groups of patients with the same drugs we've
14 studied, or with drugs in the same class in which the
15 mechanism of action has been shown to be very similar,
16 and when the dosing regimen is the same.

17 And, there are at least examples with
18 bisphosphonates where a whole variety of alternative
19 dosing regimens of different durations, which reflects
20 on the Ibandronate data, provides a different pattern
21 of suppression of bone turnover. And until that has
22 been evaluated, that would be a restraint I think to

1 not allow bone density to be the only endpoint.

2 And certainly to go across classes, you've
3 already got an example of that in the lipid field.
4 You've already used that as your example. If you are
5 comfortable with stating the changes in serum lipid
6 levels reflected across the class of statins, you
7 maybe comfortable with that, but you haven't approved
8 the use of hormone replacement therapy for the
9 reduction of heart disease on the basis of the
10 reduction in lipid levels that are seen with that
11 agent.

12 Using bone density as the surrogate across
13 different classes of drugs would be analogous to that
14 circumstance.

15 DR. ORLOFF: Well, let me just address
16 that for a brief moment.

17 The willingness to accept any surrogate --
18 and a surrogate by definition is imperfect because it
19 falls short of the ultimate endpoint of interest. We
20 concede that. The willingness to accept it is based
21 upon not only a robust predictable repeated effect on
22 the marker, but also on the absence of any apparent

1 countervailing risk in the same of different body
2 systems that you would estimate might adversely impact
3 overall outcomes.

4 So, there is a judgment call always in
5 reliance on the surrogate. We rely on them in the
6 context of sort of a reasonable assurance of safety
7 based upon, in many instances, very large exposures,
8 long-term exposures, multiple -- a lot of experience,
9 for example, with the class of drugs.

10 So in a case of the absence of labeling
11 for cardiovascular risk reduction for estrogens based
12 upon a lipid altering effect -- incidentally, they're
13 not labeled as lipid altering drugs either. There's
14 an appropriateness there. I can't say there's a
15 reason, there's an appropriateness there.

16 Because of long standing, there has
17 actually been some concern, doubt about either the
18 possibility of countervailing general cardiovascular
19 adverse effects like deep venous thromboses and/or
20 more recently the possibility that there might indeed
21 be coronary adverse effects. So, I don't think it
22 makes it a non-starter, the whole issue of the

1 surrogate.

2 CHAIRMAN BRAUNSTEIN: Dr. Lukert?

3 DR. LUKERT: One thing that would seem
4 helpful would be to combine markers of bone resorption
5 or bone turnover with the bone density results.
6 Particularly when we get into intermittent dosing, I
7 think it might be helpful to observe whether or not
8 you're getting good -- particularly with
9 antiresorptive drugs, to see if you're getting
10 consistent reduction in the resorptive markers that
11 would add to maybe the validity of bone density
12 measurements.

13 CHAIRMAN BRAUNSTEIN: Dr. Bone?

14 DR. BONE: I've asked Dr. Watts privately,
15 and he said now I can respond to the question.

16 (Laughter.) DR. BONE: I think that the
17 particular example that he raised is a vexing one
18 because it is a member of the class that we've been
19 talking about. It showed a substantial and
20 statistically significant increase in bone density in
21 the trial that was cited.

22 The problem is that we have explained this

1 ex post facto. We say now, "Well, maybe it was the
2 markers". But, there was evidence that it also wasn't
3 the optimal dose for bone density. So which is it?
4 Or, is it both or is it something else?

5 The problem we have here is an example of
6 a large trial with a drug in our best characterized
7 class in which there was an increase in bone density
8 and where there was a trend toward a reduction in the
9 fracture rate, but it did not reach statistical
10 significance according to the test supplied. And, I
11 think this is very annoying.

12 (Laughter.) DR. BONE: I really wish that
13 this trial had been done a little differently because
14 I think we would be talking about this whole issue in
15 a different way.

16 At the same time, it may be a lucky thing.
17 Because, if we didn't have this trial to vex us, we
18 would probably be much happier about accepting the
19 idea that simply seeing a bone density increase with
20 no fracture data and no marker data or no any other
21 data but just the bone density increase for a drug in
22 this class would be just fine. There was nothing to

1 suggest this drug was making the -- the implication of
2 that trial was that the effect was simply insufficient
3 to have a robust clinical effect. But, it puts us in
4 a position when we want to generalize.

5 DR. COLMAN: Henry, has anyone seen the
6 actual statistics on the fracture rate data for the
7 Ibandronate trials?

8 I mean because if we're talking about a p-
9 value of 0.5 versus a p-value of 0.06, there's a huge
10 difference there. And I for one would not be willing
11 to say that it was a complete disaster and that the
12 BMD fracture relationship has been permanently smeared
13 because of that. I think if the p-value was 0.06 or
14 0.07 -- or if they would've added 100 patients, it
15 would've been 0.03.

16 CHAIRMAN BRAUNSTEIN: Dr. Aoki?

17 DR. AOKI: It seems to me that we're
18 paying a lot of attention to the numbers in the human
19 study, and I was wondering if the same attention
20 shouldn't be directed at the preclinical or animal
21 studies.

22 The issue with the bone mineral density is

1 a good surrogate. I think it can probably be best
2 investigated if you looked at animals, looked at the
3 relationship of bone volume, bone strength, and bone
4 density in those animals.

5 I'd be kind of curious to see in the
6 studies that you were referring to Dr. Bone, if you
7 went backwards and when you found a clinical outcome
8 in humans that was somewhat perplexing, to go back and
9 see if those same problems were present in the animal
10 studies. The problem may be that we don't have
11 standard animal studies where we give a certain dose
12 that will give rise to a certain degree of increase in
13 bone mineral density and then extrapolate that in a
14 stepwise fashion, both in animals and in humans.

15 CHAIRMAN BRAUNSTEIN: Dr. Temple?

16 DR. TEMPLE: Certainly in talking about
17 surrogate endpoints generally, it's usually thought to
18 be a bad thing if there's a well-done negative
19 example. Now if the study was too small and other
20 things were wrong with it, that doesn't count so much.
21 But one of the reasons we still use blood pressure, to
22 my knowledge, there's never been a negative placebo-

1 controlled study of any blood pressure agent even
2 though it may be the drugs differ from one another.
3 I had a related question and that is: If you
4 establish somehow that a drug has a fracture effect in
5 one setting, does that then settle the issue for all
6 settings? In other words, is there a proof-of-
7 principle thing here where let's say you do make a
8 persuasive active control case in a very high-risk
9 setting, does that then make everybody comfortable
10 about the lower-risk setting? There have been people
11 who've said changing dosage forms, changing regimens,
12 things like that, that that's okay for BMD if it's the
13 same drug. That sort of implies that nobody is too
14 worried about the specific way it's used or the dose
15 and a lot of other things, once you've established
16 that this is the kind of drug that has not only a good
17 effect on bone mineral density but also has a fracture
18 effect. That could make a big difference. I have to
19 tell you part of what I have in mind is that there
20 seem to be circumstances in which one could ethically
21 do an add-on study which might show a fracture effect
22 where you might have difficulty doing a placebo-

1 controlled study against no treatment. So my question
2 -- and I'm obviously very interested in the answer --
3 is: Is this something you have to show once and then
4 it works for all of them, or do you have to sort of
5 show it in each setting?

6 CHAIRMAN BRAUNSTEIN: Dr. Cummings.

7 DR. CUMMINGS: I don't know that we have
8 a large enough database to answer it across things
9 like women and men and steroid-treated patients and
10 other treated patients.

11 There is, in cardiovascular disease as you
12 know, pretty consistent effects across classes of
13 patients for the relative risk. So the relative risk
14 tends to remain constant for an intervention across
15 various classes of patients: men, women, ages, and
16 such like that. That allows you to generalize from
17 those to the cardiovascular drugs you're used to.

18 There have been at least two or three
19 trials now finding an interaction, however. That is
20 that women who are more severely affected seem to have
21 a greater relative risk of reduction for non-spine
22 fractures, and women who are in low-risk populations

1 in fact don't have a reduction in relative risk of
2 non-spine fractures. So with the bisphosphonate
3 class, it may not be generalizable from high-risk to
4 low-risk patients that it works.

5 And those have been reinforced by
6 interaction terms. We don't know where that threshold
7 is, but, no, you can't generalize from high-risk
8 populations to low-risk populations for that one
9 outcome. Otherwise, the database is not large enough.

10 DR. TEMPLE: Can you distinguish though
11 between qualitative interactions and quantitative
12 interactions? I mean, most people believe that in a
13 lot of settings, yes, one group might be somewhat
14 better affected than the other. But it would be a big
15 surprise if it went the wrong way, which has major
16 implications for how many of these studies you have to
17 do.

18 DR. CUMMINGS: There are not enough events
19 in the low-risk patients to say that it goes either no
20 effect, or the wrong way, or the right way. The
21 estimates are close to one for the low-risk
22 populations.

1 In one trial that I know of, the Fracture
2 Intervention Trial No. 2, it was done. And there are
3 a couple of other examples where there is a much
4 stronger effect in those with very low bone density
5 than those without. So that proposition that the
6 relative risk remains the same regardless of the risk
7 of the population in the bone density, it does not
8 seem to hold within osteoporosis for bisphosphonates.

9 But the major statement is that we don't
10 have the same volume of data that you do in
11 cardiovascular disease to be able to generalize.

12 DR. TEMPLE: That could imply you believe
13 that you may have studies in severely -- in very high-
14 risk people and that won't really tell you anything
15 about the lower-risk people at all. So you have to do
16 another study --

17 DR. CUMMINGS: The efficacy in fracture
18 reduction.

19 DR. TEMPLE: Right.

20 DR. CUMMINGS: Again, the major point here
21 is that the database is very limited for the other
22 kinds of extrapolations.

1 CHAIRMAN BRAUNSTEIN: Dr. Grady is next.

2 DR. GRADY: I just want to bring us back
3 to the bigger issue here, and I'll just give you my
4 opinion. The question is: Is bone density an
5 adequate outcome? And I think the question is: Is it
6 an adequate outcome to register drugs for prevention
7 of fracture?

8 So let me just first say my thinking about
9 these things is quite different if we're talking about
10 prevention than if we're talking treatment. So in
11 terms of talking prevention, we're talking essentially
12 about treating mostly women who are not symptomatic,
13 particularly if we're just talking about low BMD.

14 I personally have never understood the
15 difference between an indication for treatment of
16 osteoporosis and management or treatment of
17 osteoporosis. Osteoporosis basically is low bone
18 density. It's really another surrogate outcome for
19 risk of fracture. That's just an aside.

20 But let me just say when we're talking
21 about prevention, I think we need to be much more
22 careful that the benefit outweighs the risk than when

1 we're talking about treatment of symptomatic
2 conditions. I heard Dr. Orloff say that for a good
3 surrogate, it should represent the outcome in a way
4 that's robust, repeatable, and reliable, which nobody
5 has convinced me that BMD is today. And, secondly,
6 there shouldn't be much of a possibility that this
7 surrogate could have harmful effects, which, we've
8 been discussing that there may be in certain
9 situations.

10 So I would just say I'm not convinced that
11 BMD is an adequate surrogate for fracture prevention.
12 And I personally think that new drugs, which are going
13 to be registered for prevention of fracture, should be
14 shown to reduce the risk of fractures.

15 Going beyond that, we get into some more
16 difficult issues like once a drug has shown fracture
17 prevention, should we then approve it in a different
18 risk group. It's also in my mind a more difficult
19 question as to whether or not, once we have several
20 drugs in a class that all have shown fracture
21 prevention, whether or not we need to continue
22 requiring fractures as an outcome. I think those are

1 questions that are much more difficult to discuss.

2 But in terms of new drugs -- and I guess
3 for right now I would include the bisphosphonates
4 because I don't think two drugs in the class is
5 enough. I think eight statins is quite enough, but I
6 personally don't think two bisphosphonates is. So
7 I'll just register my opinion that I don't think BMD
8 is an adequate outcome.

9 CHAIRMAN BRAUNSTEIN: Dr. Bone was next.

10 DR. BONE: Thank you. Dr. Cummings --

11 DR. ORLOFF: Make that a little clearer.

12 No, I'm kidding.

13 (Laughter.)

14 DR. BONE: Don't be shy, Deb.

15 One of points that Dr. Cummings was just
16 addressing was the generalized ability from high-risk
17 to low-risk groups. But let's turn that around.

18 Steve, what would you say about our
19 ability to generalize from relative risk reduction in
20 the low bone density category to the patients at
21 greater risk for postmenopausal osteoporosis?

22 DR. CUMMINGS: We have very little

1 experience. I mean, I'm more optimistic about from
2 what I've seen in the data. I think that that would
3 probably apply, but we just don't have very many
4 trials to generalize from.

5 We know, for example, we can't generalize
6 from a reduction risk of vertebral fractures to a
7 reduction risk of non-spine fractures because they're
8 a lot of exceptions to that rule. So seeing a
9 vertebral fracture reduction in a low-risk population
10 doesn't necessarily mean that we'll see reductions of
11 other kinds of fractures.

12 DR. BONE: But within the category of
13 vertebral versus vertebral or non-vertebral versus
14 non-vertebral?

15 DR. CUMMINGS: If something reduces the
16 risk of vertebral fractures in one population, I think
17 we've got enough consistency across these databases
18 that I would probably believe that would work for
19 everyone. But we just have too many exceptions to the
20 rule for other kinds of generalizability.

21 So if you're asking, Henry, we see a
22 vertebral fracture reduction risk in low-risk