

FOOD AND DRUG ADMINISTRATION

CENTER FOR DRUG EVALUATION AND RESEARCH

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ANTI-INFECTIVE DRUGS ADVISORY COMMITTEE

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Friday, July 28, 2000

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The Advisory Committee met at 8:30 a.m., in Conference Rooms G and H, Parklawn Building, 5600 Fishers Lane, Rockville, Maryland, Dr. Barth Reller, Chairman, presiding.

PRESENT:

L. BARTH RELLER, M.D., Chairman

GORDON L. ARCHER, M.D.

P. JOAN CHESNEY, M.D.

CELIA D.C. CHRISTIE-SAMUELS, M.D., M.P.H.,

F.A.A.P.

JUDITH O'FALLON, M.D.

KEITH A. RODVOLD, Pharm.D.

DAVID E. SOPER, M.D.

MURRAY WITTNER, M.D., Ph.D.

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PRESENT (Continued):

THOMAS H. PEREZ, M.P.H., R.Ph.

CONSULTANTS AND GUESTS PRESENT:

JAMES W. BAYUK, M.D.

SCOTT DEITCHMAN, M.D.

ARTHUR FRIEDLANDER, M.D.

MARTIN HUGH-JONES, D.V.M.

JONATHAN MORENO

ERNEST TAKAFUJI, M.D.

DAVID WALKER, M.D.

MICHAEL M. WERTZ

FDA REPRESENTATIVES PRESENT:

GARY K. CHIKAMI, M.D.

SANDRA L. KWEDER, M.D.

DIANNE MURPHY, M.D.

PUBLIC SPEAKER:

ITZHAK BROOK, M.D.

C-O-N-T-E-N-T-S

	<u>PAGE</u>
Introductions, Dr. Barth Reller	4
Conflict of Interest Statement	8
Opening Comments, Dianne Murphy, M.D.	10
Bayer Corporation Presentation, Andrew S. Verderame	17
Anthrax Clinical Disease and Epidemiology, Martin Hugh-Jones, D.V.M.	41
Human Pathology Inhalational Disease, David Walker, M.D.	68
Non-human Primate Model of Inhalational Anthrax, Arthur Friedlander, M.D.	94
FDA Presentations:	
Gary K. Chikami, M.D.	132
Andrea Meyerhoff, M.D.	137
Public Comment, Itzhak Brook, M.D.	167

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P-R-O-C-E-E-D-I-N-G-S

(9:13 a.m.)

CHAIRMAN RELLER: Good morning. I'd like to welcome everyone to this meeting of the Anti-Infective Drugs Advisory Committee of the Food and Drug Administration.

I'm Barth Reller from Duke University Medical Center and will be chairing today's meeting.

At the outset of the meeting, we'd like to introduce those who are around the table and will be either guest speakers, consultants or members of the committee, and we'll begin at the end of the table with Dr. Diane Murphy.

DR. MURPHY: I'm Dr. Diane Murphy. I am the Director for the Office of Drug Evaluation-4, but presently on detail to the Office of Review Management. So I'm really being Mack Lumpkin this morning, and Dr. Kweder is being the Director of ODE-4.

DR. CHIKAMI: I'm Gary Chikami. I'm the Director of the Division of Anti-Infective Drug Products at the FDA.

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1 DR. KWEDER: I'm Sandra Kweder. I'm
2 serving as the Acting Director, Office of Drug
3 Evaluation-4.

4 DR. MEYERHOFF: I'm Andrea Meyerhoff. I'm
5 a medical officer in the Division of Special
6 Pathogens.

7 DR. ARCHER: I'm Gordon Archer from
8 Virginia Commonwealth University in Richmond,
9 Virginia. I'm the Chair of the Division of Infectious
10 Disease there.

11 DR. CHESNEY: I'm Joan Chesney from the
12 University of Tennessee in Memphis, in pediatric
13 infectious disease.

14 DR. O'FALLON: Judith O'Fallon, Mayo
15 Clinic, statistician.

16 DR. SOPER: David Soper, Medical
17 University of South Carolina in Charleston.

18 DR. CHRISTIE-SAMUELS: Celia Christie,
19 University of the West Indies, Kingston, Jamaica,
20 infectious diseases and epidemiology and child health.

21 DR. RODVOLD: Keith Rodvold, the
22 University of Illinois College of Pharmacy and

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1 Medicine.

2 DR. PEREZ: Tom Perez, Executive Secretary
3 for this meeting.

4 DR. WITTNER: Murray Wittner. I'm with
5 the Albert Einstein College of Medicine and Professor
6 of Pathology, Parasitology, and Tropical Medicine.

7 CHAIRMAN RELLER: I would also like to
8 introduce our guests who will be speaking. Dr. Arthur
9 Friedlander, and maybe you could help me out by
10 introducing yourselves as we go down the table here.

11 DR. FRIEDLANDER: I'm Art Friedlander from
12 USAMRID, Fort Detrick, Frederick, Maryland.

13 DR. WALKER: David Walker, Chairman of
14 Pathology at the University of Texas, and Director of
15 the Center for Tropical Diseases.

16 DR. HUGH-JONES: Martin Hugh-Jones,
17 Department of Veterinary Epidemiology at LSU
18 Veterinary School, and I'm the coordinator for the WHO
19 Anthrax Working Group.

20 DR. TAKAFUJI: I'm Ernie Takafuji from the
21 Office of the Assistant Secretary of Defense for
22 Health Affairs.

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1 DR. DEITCHMAN: I'm Scott Deitchman. I'm
2 an occupational medicine physician and senior
3 scientist with the National Institute for Occupational
4 Safety and Health, which is a part of the Centers for
5 Disease Control and Prevention.

6 DR. BAYUK: Dr. Jim Bayuk. I'm the Office
7 of Environmental Health and Preventive Medicine at the
8 Department of State, Office of Medical Services. Our
9 office represents the health care responsibilities for
10 approximately 25,000 men, women and children that are
11 part of our U.S. embassies and consulates overseas.

12 MR. WERTZ: I'm Mike Wertz with Eagle
13 Group International. I'm the project manager for the
14 Anthrax Vaccine Immunization Program at the Department
15 of State, Office of Medical Services.

16 CHAIRMAN RELLER: Thank you very much.

17 We're most pleased to have our guests and
18 consultants, members to discuss the important issues
19 before us today in the interest of the health of the
20 nation.

21 I'd next like to turn the meeting over to
22 Tom Perez, who will make the necessary statements

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1 regarding this meeting.

2 DR. PEREZ: Good morning. The following
3 announcement addresses the issue of conflict of
4 interest with regard to this meeting and is made part
5 of the record to preclude even the appearance of such
6 at this meeting.

7 Based on the submitted agenda for the
8 meeting and all financial interests reported to the
9 committee participants by the committee participants,
10 it has been determined that all interests in firms
11 regulated by the Center for Drug Evaluation and
12 Research present no potential for a conflict of
13 interest or the appearance of a conflict at this
14 meeting.

15 We would, however, like to disclose for
16 the record that Keith Rodvold, Pharm.D., previously
17 participated in meetings of Bayer's Moxifloxacin
18 Pharmacy Advisory Board and that he previously
19 participated in Bayer's Speakers Bureau.

20 In addition, Dr. Rodvold was a co-
21 investigator in a pharmacokinetic study of the lung
22 penetration of vivofloxacin and cipro.

1 Lastly, Dr. Rodvold was an investigator in
2 a study of the effect of cardiopulmonary bypass on
3 cipro disposition.

4 With respect to FDA's invited guests,
5 there are interests which we believe should be made
6 public in order to allow the participants to
7 objectively evaluate the guests' comments. Dr. Arthur
8 Friedlander would like to disclose for the record that
9 he has received speaker fees from Bayer for
10 educational lectures that he has given to physicians.

11 In the event that the discussions involve
12 any other product or firms not already on the agenda
13 for which an FDA participant has a financial interest,
14 the participants are aware of the need to exclude
15 themselves from such involvement, and their exclusion
16 will be noted for the record.

17 With respect to all other participants, we
18 ask in the interest of fairness that they address any
19 current or previous financial involvement with any
20 firm whose product they may wish to comment upon.

21 Thank you.

22 CHAIRMAN RELLER: Thank you, Tom.

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1 I'd next like to take the opportunity to
2 introduce Dr. Jonathan Moreno from the Center for
3 Bioethics at the University of Virginia, who has
4 joined us and is one of our guests for today's
5 discussions, deliberations.

6 Now I should like to call on Dr. Diane
7 Murphy whom you heard before is the Director of the
8 Office of Drug Evaluation-4. Dr. Murphy will present
9 opening comments and set the framework, the context
10 into which this meeting is occurring.

11 Dr. Murphy.

12 DR. MURPHY: I wish to extend my sincere
13 thanks to everyone who has made time in their schedule
14 to be here today.

15 My task this morning is to delineate for
16 the committee, in particular, but also for the
17 discussants and the public, how this meeting is
18 different because, as you will hear, this is not quite
19 our usual situation. It is a unique situation.

20 So I'm going to -- my tasks are to go over
21 how we got here. It's often important to understand
22 what has happened, to understand the context of the

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1 situation. So I'm going to spend a minute doing that
2 and review then what are the components of this
3 meeting which we think are important for people to
4 understand or different.

5 Next slide, please.

6 In 1998, there have been a number of
7 presidential directives, but we'll focus on this one
8 for right now concerning bioterrorism that orders
9 federal agencies to significantly expand and better
10 coordinate their steps to protect against the
11 consequences of biological and other unconventional
12 attacks.

13 We, of course, are a federal agency and
14 wish to facilitate the ability of our population to
15 have access to therapies that they would need in such
16 an event.

17 Next slide, please.

18 The particular mandates or directions
19 under the presidential order that were addressed at
20 HHS, and this is quite a condensation of those
21 bullets, were that HHS is to basically be involved in
22 improving the nation's surveillance network,

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1 strengthening the medical response capacities,
2 creating and maintaining a stockpile of
3 pharmaceuticals for mass treatment, and expanding
4 research into the disease agents and into improved
5 treatment.

6 Next slide, please.

7 The research and development aspects do
8 relate to FDA. As you will see, the agents that have
9 been particularly targeted with an emphasis on
10 anthrax, tularemia, and plague, and as you are aware
11 this morning, the product which, along with input from
12 national and academic and professional societies, and
13 that has -- there has been numerous papers and
14 publications in this area, and they are to develop the
15 stockpile, the components of which that relate to FDA
16 activities. This is a stockpile that will be
17 deliverable within 24 hours, will cross interstate
18 boundaries.

19 That left us at FDA with a number of
20 options.

21 Next slide, please.

22 We have been working with a number of

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1 other federal agencies in trying to streamline the IND
2 process for use in the event of a mass exposure. That
3 is an ongoing process so that products that would be
4 under study and not yet approved for the indication
5 could be used, if necessary, in such a situation.

6 That is not why we're really here this
7 morning. We're not talking about that process. We're
8 talking about really Item No. 2.

9 We also have been involved in identifying
10 marketed products which do not have the indication for
11 treatment in the event of a bioterrorist event, but
12 which may be appropriate for labeling, and what that
13 means is we have looked at the products in the
14 stockpile and have looked at those which do not have
15 the indication in their label, and have proceeded to
16 look at the evidence, the body of evidence that is
17 available to see if it would be appropriate to
18 consider labeling these, the product, and if not,
19 whether the activities or studies would be needed.

20 And then last is another area that we
21 continue to be involved in, which is identifying
22 marketed products which may need additional other

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1 studies.

2 Next slide, please.

3 How is it different? This is an FDA
4 initiated process. We basically reviewed the public
5 data and the professional recommendations. We have
6 determined, having done that, a need for submission of
7 data, and we requested the sponsor submit the
8 application, and we ask the investigators and sponsors
9 to participate in this public discussion.

10 So that is different than the usual
11 process.

12 Next slide, please.

13 As you all are aware, this is a unique
14 situation. Fortunately bioterrorist attacks do not
15 occur on a regular basis, and we are dealing with what
16 is the appropriateness of the IND process for a
17 marketed product with extensive safety record and
18 additional other studies, including significant animal
19 study of inhalational -- typo there -- anthrax in a
20 situation in which it is ethically unacceptable to
21 conduct trials with the organism in humans.

22 That is the circumstances in which we are

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1 addressing this morning.

2 Next slide, please.

3 What we will do today is to look at the
4 body of evidence that is available, and Dr. Chikami
5 and Dr. Meyerhoff will spend a lot more time on this
6 with you, in addition to the speakers that we have
7 asked to address this issue, but this slide is a very
8 succinct summary in that we have a large body of
9 clinical safety information. We have animal studies.
10 We have PK/PD data in animals and humans, and in vitro
11 microbiologic data that will be reviewed for you
12 today.

13 Next slide, please.

14 Another thing that's different about
15 today, we normally do not make a recommendation. We
16 provide an assessment to the Advisory Committee.
17 Clearly, we thought it rather disingenuous to come to
18 the committee having outlined for you the process in
19 which we have undertaken and not assume that we have
20 a recommendation.

21 However, we felt this recommendation needs
22 public input and discussion, and so that is the other

1 difference that you will see today.

2 We will be asking you, if you've seen the
3 questions, you agree with the recommendation, but we
4 will be making a recommendation of what our assessment
5 is.

6 Next slide, please.

7 And my last opportunity this morning is to
8 tell you that there have been a number of people at
9 FDA who have put in a tremendous amount of work
10 gathering information, reviewing it, and involve both
11 Anti-Infectives and Special Pathogens Divisions'
12 cooperation with a number of scientific individuals.

13 And I wish to personally recognize the
14 effort and commitment they have put into this
15 activity.

16 Thank you.

17 CHAIRMAN RELLER: Thank you, Dr. Murphy,
18 for that important background information.

19 Later this morning we're going to have the
20 opportunity to hear about the clinical manifestations
21 of anthrax and its epidemiology presented by Dr.
22 Martin Hugh-Jones; the pathology of inhalational

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1 anthrax portrayed by Dr. David Walker; and a detailed
2 discussion of the non-human primate model of
3 inhalational anthrax by Dr. Friedlander.

4 Before that discussion of the
5 epidemiology/pathophysiology of the disease for which
6 the sponsor is coming forth with their presentation,
7 we will now hear from Bayer their presentation of the
8 relevant information regarding safety and other
9 aspects of ciprofloxacin.

10 Andrew Verderame will present. He is the
11 Associate Director of Regulatory Affairs for Bayer.

12 MR. VERDERAME: Thank you, Dr. Reller.

13 I'm Andy Verderame of Bayer Corporation.

14 I wish to thank the members of the
15 Advisory Committee, the FDA, and the other invited
16 guests today for their participation in a discussion
17 of a new indication for our fluoroquinolone
18 ciprofloxacin.

19 The agenda for my remarks is as presented.
20 In the next 20 minutes or so, I'll spend some time
21 reviewing the events that have brought us here today
22 from the Bayer perspective, and because our submission

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1 contains no human data for the proposed indication, I
2 will present some indication that provides a strong
3 rationale for the use of ciprofloxacin in the event of
4 an anthrax release.

5 Now, in February of this year, Bayer
6 submitted labeling supplements for all ciprofloxacin
7 oral and IV formulations to the FDA for an indication
8 of post inhalational exposure prophylaxis of anthrax.
9 We have been told by the FDA that this is the first
10 anti-infective drug application submitted to treat
11 patients from the intentional use of a biological
12 agent.

13 This slide presents our proposed labeling
14 highlights. The indication is anthrax post
15 inhalational exposure prophylaxis. The recommended
16 dose for adults is 500 milligrams given twice a day as
17 either the tablet or oral suspension. The IV dose is
18 400 milligrams twice a day.

19 The recommended pediatric dose is ten to
20 15 milligrams per kilogram given twice a day in either
21 the oral or IV forms.

22 Treatment with ciprofloxacin should begin

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1 as soon as possible after exposure. Once the
2 susceptibility of the strain has been determined, the
3 most appropriate antibiotic should be administered to
4 complete a total of 60 days' treatment.

5 These recommendations are taken from those
6 published in the Journal of the American Medical
7 Association by the Working Group on Civilian
8 Biodefense and are similar to those recommended by the
9 Centers for Disease Control.

10 Ciprofloxacin tablets were approved in
11 1987, and subsequently the IV and oral suspension
12 products became available in 1990 and 1997,
13 respectively.

14 The otic and ophthalmic formulations have
15 been out-licensed and are not currently marketed by
16 Bayer.

17 Ciprofloxacin has been proved to treat a
18 wide variety of indications as listed here. Important
19 to note is that the approvals for many of these
20 indications include the severe category.

21 Also, many of these indications were
22 approved subsequent to the original NDA approvals of

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1 the formulations, and as such, ciprofloxacin's safety
2 and efficacy has been reviewed by FDA many times over
3 the years.

4 The chain of events which ultimately has
5 led us here today actually began about ten years ago.
6 Bayer supplied over 30 million cipro 500 milligram
7 tablets to the U.S. government prior to and during the
8 Gulf War. It is our understanding that these tablets
9 were provided to the air and ground troops to be used
10 in the event of a biological attack.

11 We do not know if any tablets were
12 actually used for this purpose.

13 After the war, Bayer was commended for
14 meeting all production and delivery time lines
15 necessitated by the emergency nature of the time.

16 Also during this period, the Department of
17 Defense conducted the anthrax testing in Rhesus
18 monkeys, which we included in our submission. My
19 presentation will not include remarks on this topic as
20 Colonel Friedlander, who performed the testing, is
21 here today and will present his data to you shortly.

22 Fast forward now to 1998. The possible

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1 threat of a biological attack in the United States has
2 been raised by the media and others as an issue of
3 public awareness. During this year, the third edition
4 of the Medical Management of Biological Casualties
5 Handbook was issued. Prophylaxis with ciprofloxacin
6 500 milligrams tablets is prescribed as a preferred
7 treatment.

8 In 1999, two additional publications on
9 this topic also came to Bayer's attention. The
10 Centers for Disease Control's morbidity and mortality
11 weekly report published recommended treatment
12 guidelines for the post exposure prophylaxis of
13 anthrax. Ciprofloxacin is listed as a treatment of
14 choice.

15 Later in that year, the Working Group on
16 Civilian Biodefense published their consensus
17 statement in JAMA with the recommendations for the
18 public health measures to be taken following an
19 anthrax attack. Ciprofloxacin is again listed as a
20 preferred agent.

21 It is from the consensus statements from
22 this working group that the recommended doses and

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1 durations of ciprofloxacin therapy are based.

2 I would also like to mention at this time
3 that Dr. John Bartlett from Johns Hopkins University
4 is here with us today. He was a member of this
5 working group and is available during the morning
6 session until about 11:00 a.m. to answer any questions
7 concerning their recommendations.

8 Also during 1999, Bayer was asked by
9 government agencies to provide information in the
10 development of the emergency preparedness plans being
11 generated in the event of a bioterrorist attack.
12 These queries, coupled with the published
13 recommendations for ciprofloxacin use for anthrax,
14 prompted Bayer to evaluate our responsibilities and
15 our options to further disseminate this information in
16 the interest of public health through appropriate
17 product labeling.

18 Now, the summary basis of approvals for
19 penicillin, doxycycline, and all other agents with any
20 product labeling regarding anthrax or Bacillus
21 anthracis were reviewed, but unfortunately they
22 provided no information on the data necessary for

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1 those approvals.

2 So we gathered all information available
3 to us and submitted a briefing document to the FDA to
4 initiate and facilitate discussion with them. A
5 teleconference was held in which FDA advised us that
6 the information presented with a few other requests
7 was sufficient for their review of a supplement and
8 encouraged us to submit this information formally.

9 Now, because we have proposed that an
10 indication be granted for pediatric patients as well
11 as adults, the committee may be interested that
12 occurring at this same time were discussions between
13 Bayer and the division concerning the conduct of new
14 ciprofloxacin clinical trials in children.

15 Discussions started in August 1998 and
16 culminated in May 1999 with the issuance of a letter
17 to Bayer requesting that pediatric patients be
18 included in well controlled clinical trials.

19 Enrollment in two trials is currently
20 underway, and I'll briefly discuss these trials in a
21 few moments.

22 Finally, in November 1999, Bayer received

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1 a call from a representative of the CDC's Bioterrorism
2 Response Group. The representative asked if Bayer was
3 aware of the recommendations for the use of
4 ciprofloxacin in the event of an anthrax release and
5 was pleased when informed that we had already
6 contacted the FDA and were preparing a submission.

7 And as was mentioned earlier, this
8 submission was formally made on February 29th of this
9 year.

10 Because we cannot intentionally expose
11 human subjects to the anthrax microorganism and
12 because inhalational anthrax is an extremely rare
13 disease, this submission contains no human data. We
14 rely on the animal data to be presented by Dr.
15 Friedlander and upon what we know about ciprofloxacin.

16 I would like to discuss now the additional
17 points which lead us to believe that ciprofloxacin
18 therapy would be safe and effective for this
19 indication. I will review certain aspects of
20 ciprofloxacin pharmacokinetics, especially in relation
21 to the MIC of Bacillus anthracis. I will also present
22 additional information concerning the efficacy and

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1 safety of our products.

2 The MIC range for ciprofloxacin for all
3 tested strains of Bacillus anthracis in our submission
4 was 0.03 to 0.06 micrograms per mL. The MIC-90 was
5 also 0.06.

6 The half-life is approximately four hours,
7 and the protein binding is approximately 30 percent.
8 The absolute bioavailability of the oral formulations
9 is about 70 percent.

10 Plasma concentrations for adults and
11 pediatrics observed that the dosages recommended by
12 the Working Group and in our proposed labeling are
13 shown here. All C-max and AUC values are fairly
14 comparable, with the one C-max value somewhat striking
15 from the pediatric IV study.

16 However, the infusions in this study were
17 completed in just 30 minutes. One hour infusion,
18 which is the recommended duration, provides results
19 similar to that observed in adults. The minimum
20 concentrations observed at the end of the 12 hour
21 dosing interval for these studies is approximately 0.2
22 micrograms per mL, which is still three to fourfold

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1 higher than the MIC of the infecting organism.

2 It has been suggested that for optimal
3 antibiotic effect the ratios of C-max to MIC and AUC
4 to MIC should be at least eight to ten and 125,
5 respectively. The C-max to MIC ratio with
6 ciprofloxacin 500 milligram oral dosing in adults is
7 approximately 50, and the 12 hour AUC to MIC ratio is
8 228.

9 There are later speakers who will address
10 the pathology and pathophysiology of anthrax
11 infection. In short though, it is believe that
12 inhaled Bacillus anthracis spores reach the pulmonary
13 alveolar epithelium where they are phagocytosed by
14 pulmonary macrophages. The spores are transported to
15 the local lymphatic system where they are thought to
16 germinate into vegetative Bacillus anthracis.

17 For these reasons, it is relevant to
18 examine the tissue penetration of ciprofloxacin in the
19 bronchial epithelial lining fluid, alveolar
20 macrophages, and peripheral lymph fluid. As shown
21 here, ciprofloxacin concentrations do remain above the
22 Bacillus anthracis MIC for the full 12-hour dosing

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1 period.

2 Now that I have discussed ciprofloxacin
3 from a pharmacokinetics perspective, I'd like to speak
4 with you about ciprofloxacin from an efficacy and
5 safety standpoint. It is the most widely used and
6 studied fluoroquinolone, and Bayer has conducted over
7 850 ciprofloxacin trials.

8 There have been over 140,000 adults and
9 3,400 children treated in these protocols. The safety
10 and efficacy of ciprofloxacin therapy has been well
11 established through these clinical trials and the post
12 marketing experience.

13 Now, as highlighted, there are no human
14 anthrax data in our submission. To support the
15 anticipated efficacy in this pulmonary indication, we
16 have conducted a review of the U.S. ciprofloxacin
17 trials conducted in lower respiratory tract infections
18 which can serve as a reasonable predictor of efficacy
19 against anthrax.

20 This analysis includes a review of 34
21 controlled studies, many of which were conducted in
22 severe diseases. These trials employed well known and

1 established comparators and confirmed the efficacy of
2 ciprofloxacin therapy in lower respiratory tract
3 infection.

4 Clinical success, defined as cure plus
5 improvement, was demonstrated for 86 percent of
6 ciprofloxacin treated patients in this pool. Patients
7 treated with comparator drugs had an 85 percent
8 clinical success rate.

9 In addition, we have also reviewed the
10 clinical trial safety database from all patients
11 enrolled in ciprofloxacin protocols. We have found
12 that there were over 1,000 patients, including 104
13 children, who have received ciprofloxacin for 60 days
14 or longer. The most frequent indications for these
15 patients are listed here.

16 This slide reviews for you the safety
17 database which includes adverse event rates from
18 ciprofloxacin in controlled patients from comparative
19 trials, those who received cipro from 30 to 59 days,
20 and those who received ciprofloxacin for 60 or more
21 days.

22 The data show that for the comparative

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1 trials that regardless of severity or drug
2 relationship, 31 percent of patients reported an
3 adverse event versus 33 percent of the patients
4 receiving comparator drugs.

5 The most common adverse events reported
6 for ciprofloxacin therapy were nausea and diarrhea.
7 Of the over 1,000 patients who received ciprofloxacin
8 for over 60 days, we note the 29 percent reported an
9 adverse event and that the frequency of events was
10 similar to those who received shorter durations of
11 ciprofloxacin therapy.

12 To shift now to ciprofloxacin use in
13 pediatrics, Bayer has data available on over 3,400
14 patients who have received therapy for a variety of
15 indications, the most common of which is cystic
16 fibrosis. For the 104 patients who received
17 ciprofloxacin for over 60 days, there were no reported
18 serious adverse events.

19 In comparative pediatric studies
20 conducted, again, primarily in cystic fibrosis
21 patients, the incidence of nausea, vomiting, and rash
22 is somewhat higher for ciprofloxacin treated patients.

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1 However, these patients reported fewer arthralgia and
2 joint disorder complaints than those in the comparator
3 group.

4 An overall review of the global clinical
5 trials database for pediatrics is presented here.
6 Data from all ciprofloxacin patients from clinical
7 trials, those who received 30 to 59 days of therapy,
8 and those who received 60 or more days of
9 ciprofloxacin treatment are shown. The adverse event
10 rate is quite similar for all groups regardless of
11 treatment duration.

12 Now, as mentioned earlier, Bayer is
13 presently conducting two clinical trials in pediatric
14 patients. We designed these studies in partnership
15 with the FDA.

16 The first study is a randomized, double
17 blind comparative trial in patients with complicated
18 urinary tract infections.

19 The second trial is a long term, post
20 dosing observational study in children treated with
21 ciprofloxacin for any indication.

22 Both trials are currently in the

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1 enrollment phase.

2 Even though Bayer has never promoted
3 ciprofloxacin to pediatricians, we know that it is
4 used to some degree off label in this community,
5 despite the well known quinolone class labeling
6 warnings. Data show that about 14,000 ciprofloxacin
7 prescriptions are written annually in the U.S. for
8 patients under the age of ten. This represents about
9 0.1 percent of all U.S. ciprofloxacin scrips.

10 An additional 28,000 prescriptions are
11 written for patients between the ages of ten and 14
12 years old, and 140,000 scrips or about one percent of
13 the U.S. total use are for patients between the ages
14 of 15 and 17.

15 All told, we estimate that approximately
16 four and a half million courses of ciprofloxacin
17 therapy have been administered to pediatric patients
18 worldwide since approval.

19 And I'll now discuss briefly the post
20 marketing safety experience for ciprofloxacin.
21 Ciprofloxacin has been available for prescription use
22 for 13 years. My next overhead will present raw

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1 numbers for adverse events reported to Bayer from
2 anywhere in the world, regardless of relationship to
3 ciprofloxacin therapy or any concomitant medications.

4 These numbers should be viewed in the
5 context of the over 250 million prescriptions
6 dispensed in over five billion individual doses taken
7 worldwide. About half of this exposure has occurred
8 in the United States.

9 The ten events reported most frequently
10 for all formulations over 13 years are reported here.
11 As you can see, rash is the most commonly reported
12 event, more than twice that of the next event, tendon
13 disorder. For any of these listed events, the
14 frequency of reporting is less than five per one
15 million treatment courses.

16 Now, as one reviews this data when the age
17 of the patient is known, you can see that the
18 distribution of adverse events is generally similar
19 regardless of the patient's age. Remember that the
20 estimated denominator for the under age 18 group is
21 four and a half million treated patients.

22 From this database we can say that there

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1 does not appear to be a signal for excess joint
2 related adverse events in pediatric patients treated
3 with ciprofloxacin.

4 Finally, a review of the most frequently
5 reported serious events is shown here. The frequency
6 of serious reports is low for all events, and these
7 events are consistent with the currently approved
8 ciprofloxacin product labeling.

9 So now to summarize, ciprofloxacin has
10 been available for 13 years, and over 250 million
11 treatment courses have been completed by patients
12 throughout the world.

13 The pharmacokinetic data shared today
14 supports expected efficacy in the indication of
15 anthrax post inhalation exposure prophylaxis.

16 Our extensive clinical trials and post
17 marketing experience have shown that ciprofloxacin
18 therapy is safe and effective, including treatment
19 durations up to and exceeding 60 days.

20 Bayer Corporation, at the encouragement of
21 government agencies, has submitted this labeling
22 application to respond to a public health need. And

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1 given the seriousness of the indication and the
2 extraordinary hazards that an anthrax release would
3 entail, the risk-benefit ratio supports ciprofloxacin
4 therapy for this indication.

5 This concludes my prepared remarks. I and
6 my Bayer colleagues would be happy to answer any
7 questions on ciprofloxacin.

8 CHAIRMAN RELLER: Are there any questions
9 on the material that Andrew Verderame presented?
10 David.

11 DR. SOPER: You have a pretty extensive
12 experience now with pediatric exposure. What about
13 pregnant women? Clearly there probably has been
14 opportunity over the years for pregnant women to have
15 been administered cipro. Do you have similar sorts of
16 outcome data on them?

17 MR. VERDERAME: I would address that to
18 Dr. Felix Monteagudo, who is our Vice President for
19 Drug Safety.

20 DR. MONTEAGUDO: Felix Monteagudo. I'm in
21 the Drug Safety Group from Bayer.

22 We really do not have any well controlled

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1 studies looking at the use of ciprofloxacin in
2 pregnancy. However, we have had cases where women
3 have taken ciprofloxacin during the pregnancy at
4 various stages of pregnancy, and looking through the
5 data, we have no suggestion of any teratogenic
6 potential arising out of that.

7 Now, looking at that, clearly, in terms of
8 the indication with anthrax, one would have to look at
9 the benefit-risk ratio that would ensue out of that
10 and possibly the consideration of the consensus
11 document that came out of the JAMA article last year.

12 CHAIRMAN RELLER: Dr. Archer.

13 DR. ARCHER: What about data on QT
14 prolongation, particularly in children, and is there
15 any indication that if it were even a small risk that
16 prolonged exposure for like 60 days would increase
17 that risk?

18 DR. MONTEAGUDO: We have, as you heard
19 from Mr. Verderame's presentation, we have about 250
20 million prescriptions for this product over about 13
21 years, and if we were to look at the database that we
22 have, we have only had four cases of Torsade de Point

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1 with ciprofloxacin over this entire period of time,
2 and this would lead us to believe this very small
3 incidence in the background of such wide exposure
4 would lead us to believe that this is not a signal for
5 our particular product.

6 With the specifics regard that you say
7 about children and prolonged duration of therapy, we
8 would not have any additional data to that regard.

9 CHAIRMAN RELLER: Dr. Chesney.

10 DR. CHESNEY: Two questions. The first
11 one: have you looked at the cipro MICs for organisms
12 that are resistant to other drugs and are they the
13 same?

14 The second question is: has there ever
15 been a cipro resistant strain identified?

16 And the third one: how long does it take
17 for the spore to become the vegetative state in vitro?

18 MR. VERDERAME: If this is okay with you,
19 there are other speakers who are going to cover all of
20 those topics. We at Bayer are ciprofloxacin experts.
21 We're not necessarily anthrax experts, and I'd rather
22 that be experts answer those questions.

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1 CHAIRMAN RELLER: Thanks.

2 Yes, Dr. Deitchman.

3 DR. DEITCHMAN: I'm cursed with a name
4 that everyone stumbles over.

5 MR. VERDERAME: Me, too.

6 (Laughter.)

7 DR. DEITCHMAN: I appreciate your showing
8 the information from the adverse effects database.
9 Recognizing that we don't know much about under
10 reporting in this data, I'm not sure how fair it is to
11 estimate rates, but in reading some of the articles,
12 such as the one by Segev, it is my impression that
13 that database encompasses patients that received a
14 variety of dosages, including some as low as 250
15 milligrams BID.

16 Since the indication that we're looking at
17 here would be 500 milligrams BID for most adults, what
18 does the data look like if you break it out by the
19 higher dose experience?

20 MR. VERDERAME: It's all very similar.

21 DR. DEITCHMAN: And secondly, how quickly
22 do you achieve MICs following the initial dose? And

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1 should there be consideration of a larger loading dose
2 for the initial dosing?

3 MR. VERDERAME: I'll address that to Dr.
4 John Lettierie.

5 DR. LETTIERIE: John Lettierie from
6 Clinical Pharmacology Group at Bayer.

7 Cipro is very rapidly absorbed. So you
8 reach a concentration of 0.06 within a half hour or
9 so, 15 minutes to a half hour.

10 DR. BROOK: Itzhak Brook from AFRI.

11 I have a question about the use of
12 ciprofloxacin in endemic anthrax, which is very
13 prevalent in Thailand, Turkey, Africa, and Russia. Do
14 you have any information about the use of those, of
15 ciprofloxacin, in those countries of course not for
16 inhalation mostly, but for cutaneous or
17 gastrointestinal?

18 CHAIRMAN RELLER: I should like to ask
19 that we come back to this question later when we've
20 heard the presentations about anthrax, its
21 epidemiology and pathophysiology.

22 Are there any other questions regarding

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1 the safety, pharmacodynamics, pharmacokinetics of
2 ciprofloxacin?

3 Yes.

4 DR. ARCHER: Just a question about drug
5 accumulation with cipro, once again, over long periods
6 of time, like 60 days. Is there any evidence that it
7 actually accumulates in lung tissue, for instance,
8 which might be an advantage if you're trying to
9 prevent spore germination with time?

10 MR. VERDERAME: Again, Dr. John Lettierie.

11 DR. LETTIERIE: I'm not aware of any data
12 on lung accumulation specifically. It does not
13 accumulate in plasma to any significant degree.

14 DR. ARCHER: How about other tissues,
15 liver?

16 DR. LETTIERIE: No, I'm not aware.
17 There's no prolonged -- there's no accumulation.

18 DR. ARCHER: No accumulation.

19 CHAIRMAN RELLER: Yes, Dr. Deitchman.

20 DR. DEITCHMAN: I have a practical
21 question. I'm sort of concerned as some of my CDC
22 colleagues who manage the stockpile. What's been the

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1 experience, if any, with the use of diluents if you
2 needed to crush tablets to prepare a suspension for
3 oral use? This might be a practical issue in a
4 community prophylaxis situation.

5 CHAIRMAN RELLER: I'd ask Dr. Posner to
6 answer that, please.

7 DR. POSNER: I actually don't have the
8 answer to that question, but what I could say is that
9 ciprofloxacin, I believe, is one of the few
10 antibiotics that we do have an oral suspension
11 available. So it actually is available in an approved
12 marketed oral, non-tablet form. But I don't know the
13 answer specifically to the question about crushing
14 tablets and how it can be diluted.

15 MR. VERDERAME: And, Dr. Lettierie, can
16 you add something?

17 DR. LETTIERIE: There is at least one
18 published report of giving crushed tablets to
19 children, and they did attain adequate plasma
20 concentration.

21 CHAIRMAN RELLER: I'd like to remind
22 everyone that after lunch there will be an open public

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1 hearing session, and at this time I should like to
2 thank Mr. Verderame for his succinct, but complete
3 presentation.

4 MR. VERDERAME: Thank you.

5 CHAIRMAN RELLER: We now will move into
6 the discussion of anthrax, its epidemiology,
7 pathophysiology, and clinical manifestations.

8 Dr. Martin Hugh-Jones will be our first
9 invited speaker on these topics.

10 DR. HUGH-JONES: Thank you, Mr. Chairman.

11 It's a privilege to be here. Good
12 morning, ladies and gentlemen.

13 The first half of my talk will be the sort
14 of basic background of what anthrax is, and then the
15 second half will be aspects of the Sverdlovsk
16 epidemic, as we discovered when David Walker and I
17 were there and in retrospect.

18 Next slide, please.

19 This is, as I tell my graduate students,
20 Bacillus anthracis is a Swiss army knife as far as an
21 organism goes. It's very straightforward. It's agile
22 on its feet, and what it does it does very well.

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1 It's been known for a long, long time,
2 clinically described first in the 1830s. It's a Gram-
3 positive organism. You can see from this it has a
4 nice capsule around it.

5 The vaccines were first developed in the
6 1870s by Greenfield in London and Toussaint in Paris.
7 Pasteur then had a public demonstration Toussaint's
8 vaccine, not his own, I may add, in '82, and it was
9 very successful, and there are a whole series of
10 livestock and human vaccines.

11 In general, the livestock vaccines are
12 live vaccines and the human ones tend to be dead,
13 except the Russians, in fact, use a live vaccine as
14 they do for brucellosis, as well.

15 Next please.

16 It's derived from the Bacillus soil
17 organism. It's Gram positive, and it survives by
18 killing. It has no reason to hang around in the body.
19 Its whole purpose is to kill and do it as quickly as
20 possible, and then form spores, which are capsulated
21 and have a very good survival for decades of years
22 sometimes.

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1 I've got a very large collection in some
2 of our material that's come out of desk drawers, say,
3 in Maputo where it was first isolated from a partridge
4 in '42, and it's still growing very nicely. Thank
5 you.

6 (Laughter.)

7 DR. HUGH-JONES: It's a junior relative of
8 the *B. cereus/thuringensis* group, and recent molecular
9 biology puts it into a group here of a subset, as you
10 might say, which are pathogenic, which cause disease,
11 but it's just a junior member of a larger series, and
12 its pathogenicity depends on its two plasmids, pX01
13 and pX02.

14 Next slide.

15 We've been involved with a study with
16 Northern Arizona University in Los Alamos in the
17 molecular strain definition, and what we've been using
18 is variable number tandem repeats. We have presently
19 -- we have been using eight, but we've now, in fact,
20 expanded it to 36, and these are just sequences which
21 repeat, and without getting too complicated into this
22 and so all of you can understand the level that I

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1 understand it, it's a bar code. Just think of it as
2 a bar code.

3 And we can read these. At first it would
4 take us six months. Now it takes is less than six
5 hours to do that work, and it does a very nice job,
6 and it works extremely well.

7 Next, please.

8 A few years ago all anthrax was anthrax.
9 You couldn't tell them apart. There were some which
10 grew better on this culture than that, killed faster
11 than this, but really there was not much difference.

12 But thanks to being able to take it apart,
13 and the team I'm a member of, we're way in advance of
14 everybody else, I may add, we've been able to work out
15 some very interesting things in it, and I'm not going
16 to bore you with, as my daughter says, once I get
17 started on anthrax, I don't stop, and I know I've only
18 got 30 minutes, and so I'll be very brief.

19 (Laughter.)

20 DR. HUGH-JONES: But basically the B
21 strains at the bottom are probably the very first
22 pathogens out of this group and probably existed from

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1 Cape Town to the Horn in wildlife, and then with
2 domestication of livestock, it managed to get into
3 these cattle and sheep, and through changing its
4 habits, to go around the world.

5 What basically it does, it takes advantage
6 of a dormant infection so that an animal can be taken
7 on a caravan or a ship journey and gets to somewhere
8 else before it dies 12 months later.

9 Also, the A strains appear to be more
10 flexible in the environment in which they live. The
11 B strains need high pH, high calcium levels. The A
12 levels are much more flexible, and there are different
13 forms in different parts of the world, but I'm not
14 here to tell you about that.

15 But it is all around the world and a
16 fascinating bug. The way it works is pX01 produces
17 three toxic factors. There's the protective antigen,
18 called that because this is the basis of the human
19 vaccine. If you use this as an antigen, it protects.
20 Therefore, it's known as a protective antigen.

21 This binds to cell surface receptors, and
22 there are about 200, 300 per cell. So it has no

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1 difficulty catching at that end.

2 And then furin comes along and pops the
3 top off rather like you pop the top off a beer can,
4 revealing an adhesion surface at the top.

5 These then form heptamers, i.e., seven PA
6 groups together clustered, and those open surfaces
7 compete for edema factor or lethal factor that the
8 adhesion surface is where it stick on.

9 This structure is then drawn into the body
10 of the cell by endocytosis, and then the heptamer
11 structure acts as a portal into the cell itself where
12 the edema toxin or the lethal toxin is produced.

13 The edema toxin does just that. It
14 produces edema, leakage. You get a lot of fluid like
15 in the lungs. The lungs fill up with fluid. Your
16 kidneys; even in your brain to a certain extent. It
17 allows a substrate for further multiplication.

18 The lethal factor, through a complicated
19 process not totally understood yet, an oxidation
20 causes the release of large amounts of cysteine and
21 the induction of shock, and when we were in
22 Nekatminsberg (phonetic) talking to the Director of

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1 Hospital No. 20 --

2 PARTICIPANT: Forty.

3 DR. HUGH-JONES: Forty -- no, 40 was --
4 well, whichever, the hospital which dealt with the
5 initial triage, and this woman had been there for many
6 years, and these people came in from the local
7 community with high temperatures, substernal pain,
8 anxiety, and she'd be taking their temperatures,
9 taking their pulse, talking to them, and she said,
10 "They would die in mid-sentence." And that is
11 absolutely characteristic of this disease.

12 One moment you're alive. The next you are
13 dead, and this is as true of animals as it is of human
14 beings.

15 Next, please.

16 As I said, for us we regard this as a
17 veterinary disease. If we've failed to control it, it
18 then gets into the human population, and then we see
19 a whole lot of other things.

20 But very quickly, basically what we see is
21 a farmer calls us up and says an animal that was fine
22 yesterday is dead today. Why? Sometimes you can go

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1 out and find an animal, and I have friends who have
2 gone onto a farm and literally as they came in the
3 farm they'd see animals fall over dead in front of
4 them.

5 I've seen pictures of hippopotami dead on
6 their feet. They died so fast they didn't fall over.

7 Next, please.

8 The acute form, yes, you find animals
9 sick. You've got to realize that livestock normally
10 get it from eating. We don't see the pneumonic form.

11 Dogs and pigs tend to be more resistant,
12 but in this form, they die normally within about 36
13 hours. Horses take a big longer.

14 Next, please.

15 What I call hypoacute -- I'm afraid I had
16 to make a work up because it's not chronic -- but you
17 get internal lesions in dogs and pigs, and they rare
18 die of it, to be quite frank, but they can get very
19 sick.

20 Human beings at this point, you see
21 cutaneous lesions. A lesion once seen you can never
22 forget it. It's usually around a cut or insect bit,

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1 frequently on the hands. It's inflamed. There will
2 be small vesicles forming, and characteristically
3 there is no pain involved in it whatsoever, and I'll
4 show you some pictures of what it looks like.

5 Next, please.

6 This is a case of a man in London -- no,
7 Liverpool, and this is absolutely characteristic.
8 It's about the size of a quarter, and there are little
9 vesicles around the side. Once the ulcer is form, the
10 better the ulcer is black, which is why the French
11 call it "charbon." It's otherwise known as Siberian
12 ulcer, and in fact, if you ever see anybody with a
13 circular scar on the inside of their wrist, you'll
14 know that they've had anthrax. It's absolutely
15 pathognomonic.

16 Next, please.

17 This was a gentleman in England whose son
18 worked in a bone meal plant, and he lent his father,
19 who was a postman, his scarf, and he developed lesions
20 all around his neck. It was touch and go whether he
21 would live, but he did, in fact.

22 But without treatment, the skin lesion

1 carries a ten percent fatality risk. With treatment,
2 as long as you get it early, it resolves almost within
3 minutes.

4 I've had a friend who was treated, and it
5 took 120 minutes for the signs to disappear, although
6 it took much longer for the lesion to resolve.

7 It responds extremely well to early
8 treatment. Late, you cannot save people; you cannot
9 save animals.

10 Next, please.

11 Workers in plants processing woolen hair.
12 This is a slide that Phil Brackmann gave me from his
13 work in New Jersey.

14 Next, please.

15 And most frequently on the hands, arms,
16 not seen much elsewhere. People carrying stuff on
17 their shoulders, you'll get lesions up there.

18 Also, it's in relation to insect bites.
19 If, say, a horsefly has been feeding on an animal
20 that's moribund, they can transfer it on their mouth
21 parts or you get somebody^{''} who's been butchering an
22 animal that died, and they then scratch their face,

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1 and you may sometimes get a lesion around the eye. It
2 looks terrible, but with treatment, it resolves
3 extremely nicely.

4 Thank you. Next.

5 Pulmonary form in human beings, normally
6 occupational. It's not been seen in this country for
7 many years. The onset is sort of like a bout of flu.
8 Then so things calm down for a bit, and then somewhere
9 around the second or third or fourth day usually,
10 you'll develop cyanosis, dyspnea, rapid heart beat,
11 and you get all the lesions which Dr. Friedlander and
12 Dr. Walker will describe to you. So I won't get into
13 that.

14 But treated at the early influenza stage,
15 feeling like -- yeah, they respond beautifully. Once
16 it's got to the systemic infection stage, there is
17 nothing you can do for them. They die.

18 Next, please.

19 In the old days, this is one of Phil's
20 photographs. This young man feeding wool into the
21 hopper for work, and there would be tremendous amounts
22 of spores in the air, high risk. This is why it was

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1 known as Bradford disease, from Bradford in England,
2 which were wool mills.

3 Next.

4 Gastroenteric. It's seen -- at the
5 moment, it's largely seen in Central Asia and in
6 Africa. It comes from eating an animal that's died of
7 or with anthrax, nausea, malaise, abdominal pain,
8 bloody vomiting, diarrhea. Carries about a 30 to 40
9 percent case fatality risk.

10 Next, please.

11 This is an animal that I photographed
12 being butchered outside a village in Somalia. In
13 Africa, people may eat meat only once in six months,
14 once a year. So they'll risk it.

15 The better the cook, the more likely you
16 are to die of gastroenteric anthrax. The worse the
17 cook, in other words, the more the meat is cooked, the
18 safer it is for everybody, and we worked it out, Peter
19 Turnbull and I. It's basically about one in 67
20 anthrax livestock cooked which results in
21 gastroenteric cases. It's at that level of risk.

22 And for them, if you've got malnutrition,

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1 it's worth taking the risk.

2 You'll also find cutaneous lesions in
3 those people who are butchering the affected animal.

4 Next please.

5 This is the most recent map we have for
6 the disease. The areas in red are where it is
7 hyperendemic. Brown is where it is endemic. Yellow
8 is sporadic. There are a few countries, areas where
9 it is free, like in Malaysia, Taiwan, Norway, Finland,
10 the Guyanas, Egypt apparently.

11 But in Europe it is, in fact,
12 disappearing, and I think in a few more years we can
13 start coloring in Europe as probably free.

14 In the United States it's endemic in
15 Southwest Texas and in the Dakotas. In Canada,
16 Alberta, Saskatchewan, and the southern part of the
17 Northwest Territories, they get cases regularly up
18 there each year, but the rest of the United States
19 it's very infrequent to say the least.

20 I could take you to places where it might
21 occur, but it has, in fact, disappeared beautifully in
22 North America, and we'll just be left with these few

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1 areas where there are problems.

2 Next.

3 Okay. Sverdlovsk. In 1979, there was
4 a -- from what we can make out, they were grinding
5 some weapon fill, and the outgoing team found that the
6 filters were clogged, and they left a note for the
7 incoming team that they'd taken the filters out, and
8 they'd better replace them with clean ones before they
9 started up.

10 Again, they didn't read the note, and they
11 started grinding this weapon fill.

12 The work we did on some tissue from these
13 people indicated that minimum of at least five strains
14 were involved. In fact, we've now been informed that
15 six strains were involved in the Russian weapon
16 mixture.

17 The number of people who died is probably
18 in the region of 90. The reason we say that is that
19 some early cases were missed. The military cases were
20 definitely not revealed. The Russians said they had
21 64 cases because that was the number of pensions they
22 were willing to pay, and there was a certain amount of

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1 musical chairs involved. If somebody was confirmed
2 not to have had anthrax, they were taken off, and
3 somebody came in and got a pension.

4 But we reckon somewhere around 90 people
5 died. How many people became ill is any number you
6 care to think of between 120 and 400. They initially
7 reported as due to contaminated meat, which they
8 insisted on for many years.

9 The local team diagnosed the first case as
10 anthrax on the 10th of April by Faina Abramova and
11 David will tell you about the story with that.

12 The local team did a very good job, but
13 they missed the original cases. I've forgotten. The
14 first man to be diagnosed was what, number 12 or
15 number 20-something, Markhov. He wasn't the first
16 one. That's for sure.

17 And the level -- there was a constant wind
18 from the northwest at the time of the release, and
19 calculations that I've been involved in, based on
20 exact time of exposure of the people concerned,
21 indicated some half a kilo^{of} spores were released.

22 The exposure from people I measured who

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1 were living inside the plume and working outside or
2 working outside and -- sorry -- living outside and
3 working inside the plume or having to cross the plume
4 in some way or another indicated that release was
5 between 6:15 to 7:45. So it was quite a prolonged
6 period of exposure. It was not one puff that went by
7 and you had to be standing outside and take a deep
8 breath. It was out for quite a while, and this is why
9 there was so much.

10 And it killed animals where you see the
11 letters of the alphabet, and the furthest out was some
12 sheep who certainly would have died from the aerosol
13 53 kilometers out. The furthest human case was 4.3
14 kilometers.

15 Next, please.

16 Going over the records, which we did have,
17 a very interesting thing comes out of this. Now,
18 there are all sorts of problems with the database, but
19 just we'll take what we've got, is that normally you
20 would have a normal Gaussian distribution for onsets,
21 but it starts collapsing on the 15th of April, and
22 then we just get sporadic cases.

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1 Next, please.

2 The deaths stopped on the 16th, after
3 which there were sporadic cases.

4 If we overlap the two -- next, please --
5 we get this pattern, and I went back over my notes,
6 and I checked with Alex Shelakov, who was with us, and
7 we both were told that, yes, people were taking oral
8 antibiotics.

9 The normal routine was when the medical
10 team went to the household where a case was, is the
11 family was prescribed oral antibiotics, and Olga
12 Yampolskaya, who was with us, who had been on the
13 original Moscow team that came down on or around the
14 11th or 12th of April, she said, yes, they were on
15 oral antibiotics, but there was a community-wide
16 prescription on the 15th of April.

17 I then checked with my colleague in
18 Moscow, Benjamin Cherkoskij, who is a long time
19 colleague of General Burgasov and had been involved
20 with him in the vaccine trials in the Ukraine in the
21 '70s when they vaccinated three million people. He
22 said, yes, at the time they had a laid down procedure

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1 for five days of antibiotics, which confirmed what
2 Olga had said, and the drugs were ampicillin,
3 tetramycin (phonetic).

4 I'm afraid I prepared a special slide for
5 this, but it seems that academia has better computers
6 than FDA, and they can't read my version of Power
7 Point, but I'll make sure you get a copy of exactly
8 what these drugs were and their protocols, but it was
9 once or twice a day. They were penicillin derivatives
10 or tetramycin.

11 Next, please.

12 Something else you've got to keep in mind
13 is that we had these addresses of these people. The
14 compound wall was 900 meters from the source, and it
15 was three stories high, and there was a constant wind
16 for quite a number of hours, and you can see that the
17 residences where people were living who got sick and
18 died are not evenly distributed.

19 Next, please.

20 If you take where people were working,
21 similarly that bit about 25 to 27 meters -- 2,700
22 meters is where the ceramics factory was, which is

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1 where the majority of people died.

2 Next.

3 And if you put the two together, it comes
4 out that we have a periodicity of 900 meters. In
5 other words, we have a leewave (phonetic) formed by
6 the wall of the compound. A leewave is just one that
7 does literally this. If you're a glider, you'll know
8 exactly what I mean.

9 And so as it hit, if you were in part of
10 the town where it hit, that's where you were at risk.
11 Otherwise you weren't.

12 We had confirmation on this one in talking
13 to the locals where they said, "Yes, nobody died in
14 our street, but they did in the street over." So it's
15 different.

16 Next, please.

17 I'm involved in a very large study, as I
18 said, in looking at the molecular biology of this
19 bargain, the molecular epidemiology. It is a large
20 collection, and we recently took receipt of the
21 Italian national archive and, along with other Italian
22 isolates we have, it comes to about 53. They're

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1 essentially from Rome and Sardinia south.

2 And in preparing the DNA for this, we now
3 routinely make archival preparations, and in the first
4 time my graduate students responsible for this noticed
5 that we had three that were gammaphage resistant.

6 Normally, in the screening of this
7 organism in culture, you look for organisms which are
8 penicillin sensitive and are gammaphage sensitive.
9 Now, these were penicillin sensitive, but they were
10 gammaphage resistant, something we hadn't seen before.
11 It's in the literature. We were expecting it to
12 happen, and so she said, "Well, let's try out a whole
13 range of antibiotics," which is something we hadn't
14 done before. We had ordered it, but we had never done
15 whole range.

16 And lo and behold, the Sample A, 850 up at
17 the top there, was resistant to ciprofloxacin. This
18 was a goat that died in '96 in Sicily, and that's
19 essentially all we know, but as friends of mine say,
20 if you give antibiotics to sheep and goats, you've
21 doubled their value. So they tend not to be treated
22 all that much.

1 Sheep and goats are, in general, I'm sorry
2 to say as a veterinarian, are under treated, under
3 cared for by their owners as opposed to cattle who
4 sometimes get far too much treatment.

5 Kudu '93 at the bottom is our standard
6 strain out of the Kruger National Park. It is the
7 commonest strain in that park, and so that we put up
8 against it.

9 And so what I'm trying to point out to you
10 is this. This is the first time we tried out any
11 other drugs than penicillin, and in the first attempt
12 we stumbled on this ciprofloxacin resistant isolate.
13 We have no idea of how common it is at all. I had no
14 idea how commonly ciprofloxacin is given to livestock.
15 In my experience not at all, but people from Bayer can
16 tell you what their veterinary sales of this drug are.

17 Thank you.

18 CHAIRMAN RELLER: Are there questions
19 from the panel for Dr. Hugh-Jones? Yes, Dr. Chesney.

20 DR. CHESNEY: We were wondering what the
21 numbers represented. Are those number of strains or
22 MICs in the table, the last table?

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1 DR. HUGH-JONES: The last table? No, the
2 numbers was the distance from the edge of the paper
3 disk to where the lawn started growing again.

4 CHAIRMAN RELLER: Dr. Hugh-Jones, has the
5 strain that you found resistant by disk testing --

6 DR. HUGH-JONES: Yes.

7 CHAIRMAN RELLER: -- has that been
8 confirmed at a reference laboratory by dilutional MIC,
9 agar dilution, other measures?

10 DR. HUGH-JONES: We only discovered it a
11 few weeks ago. It hasn't been passed on for MIC
12 testing.

13 CHAIRMAN RELLER: I'd like to encourage
14 that. I mean, there are a lot of pitfalls with the
15 disk testing. In concert, I know that recently in the
16 National Committee for Clinical Laboratory Standards
17 has published the susceptibility guidelines for
18 veterinary medicine that are cross-linked with those
19 for human.

20 But very important in that as a general
21 comment is in newly recognized phenomena of potential
22 public veterinary health interest and importance of

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1 reference laboratories of confirming the mechanism and
2 degree of resistance. So that would be very helpful,
3 I think.

4 DR. HUGH-JONES: I would agree with you.
5 We hadn't expected it, and suddenly it was there, and
6 now we've got to think about, okay, if we set up MIC
7 testing, how much and who pays.

8 CHAIRMAN RELLER: Right. I'm sure the CDC
9 would be delighted to work with this, Dr. Tenover and
10 colleagues.

11 Other questions from the panel for Dr.
12 Hugh-Jones?

13 And, again, all of the consultants,
14 speakers will be available later at the time of the
15 public discussions for further -- yes, Dr.
16 Friedlander.

17 DR. FRIEDLANDER: Yes. Just a comment
18 about this. I noticed that several of the strains
19 were resistant to vancomycin.

20 DR. HUGH-JONES: And variably so, and I
21 don't understand it.

22 DR. FRIEDLANDER: I mean that would be, at

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1 least in our experience, and I believe in the
2 literature as well, almost all the strains as
3 sensitive to vancomycin.

4 DR. HUGH-JONES: Yeah.

5 DR. FRIEDLANDER: So further reason to
6 look at these, I think, carefully.

7 DR. HUGH-JONES: Yes.

8 DR. FRIEDLANDER: It may be something
9 different about these strains. Have they been tested
10 for virulence in animals? Do you know?

11 DR. HUGH-JONES: These are all from
12 clinical field cases.

13 DR. FRIEDLANDER: I understand that, but
14 have they been reconfirmed in terms of their virulence
15 for mouse?

16 DR. HUGH-JONES: I have only a limited
17 amount of research money, Colonel Friedlander. I'm
18 not funded by the DOD for such experiments, which are
19 not inexpensive, I may add.

20 COL. TAKAFUJI: Colonel Takafuji.

21 Could you make some comments about the
22 mode of resistance, chromosomal mediated, plasmid

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1 mediated resistance and the implications thereof here?

2 DR. HUGH-JONES: Well, the little I know
3 about the ciprofloxacin resistance in anthracis is
4 frequency is about five times ten to the minus nine.
5 It's chromosomally based. It has nothing to do with
6 the plasmids.

7 There are further genes involved if you
8 then challenge the organism against higher and higher
9 doses of ciprofloxacin. These have been defined for
10 modest increases of ciprofloxacin, but not for the
11 highest levels.

12 There's been very little work done really
13 in the genetics of it.

14 CHAIRMAN RELLER: Dr. Archer.

15 DR. ARCHER: Do we know that if spores
16 exposed to an antibiotic for a period of time can
17 develop resistance before they germinate into
18 vegetative cells?

19 DR. HUGH-JONES: No reason why they
20 should. The spores are just dormant. They're
21 susceptible to disinfectants. That's how you get rid
22 of them.

1 CHAIRMAN RELLER: Dr. Friedlander.

2 DR. FRIEDLANDER: If I might address that,
3 I don't think there's any evidence that anything works
4 on the spore per se, but the antibiotics do work very
5 quickly in the early germination of the organism. I
6 mean, if you look at the organism, you basically can
7 prevent the development to the Bacillus. It works
8 very quickly, as soon as uptake starts probably.

9 DR. HUGH-JONES: I mean, at field
10 decontamination you can get a hell of a long way just
11 with a hose and water, believe it or not, but once it
12 sporulates, it's much more resistant.

13 DR. ARCHER: So with a relatively low
14 inoculum of persistent spores, for instance, there's
15 no reason to think that chromosomally mutant
16 vegetative cells would develop during the course of
17 prophylaxis if they're not resistant to begin with.

18 DR. FRIEDLANDER: Right. There should not
19 be a significant multiplication going on.

20 DR. HUGH-JONES: The evidence that we've
21 seen so far is that when you expose it to antibiotics,
22 you're just finding those one or two on a plate which

1 are resistant already. They had it before they
2 started.

3 CHAIRMAN RELLER: Yes, Dr. Christie.

4 DR. CHRISTIE-SAMUELS: In the outbreak, do
5 you have any more recent information as to why there
6 were no children involved?

7 DR. HUGH-JONES: The only reason I can
8 think is that the exposure dose was really rather
9 small, and what we were seeing was people with
10 industrial, occupational damage with ongoing like
11 welder's lung, poor clearances.

12 The youngest person that died was 26, but
13 she every morning went and took a shower at the
14 ceramics factory, and that was a hit point. Where her
15 day care center was was not. So I think she got it by
16 walking into it.

17 There was a young teenager who was
18 reported ill, treated, and recovered, but that's all
19 we know. There were a couple of teenagers, but none
20 died, and it was a puzzlement with us as to why we had
21 so few, well, virtually nobody under the age of 40.

22 There was a question from the commandant

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1 over here.

2 PARTICIPANT: That was my question.

3 DR. HUGH-JONES: Oh.

4 CHAIRMAN RELLER: Thank you again very
5 much.

6 And now Dr. David Walker will present the
7 human pathology of inhalational disease with Bacillus
8 anthracis.

9 DR. WALKER: The purpose of my
10 presentation is to show you what the inhalational
11 anthrax does to humans, and the first part here is
12 merely an excerpt from Alibek's book in which he gives
13 a second hand version of what the exposure was, which
14 Martin Hugh-Jones has just told you about.

15 And so I'm going to move directly to
16 presenting to you the quantitative pathology of
17 inhalational anthrax.

18 The most important person here is Dr.
19 Abramova, who was a senior pathologist in Sverdlovsk.
20 She made the first diagnosis that was made. She is a
21 pathologist, and she recognized the hemorrhagic
22 meningitis as being likely due to anthrax, assimilated

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1 anthrax in the first autopsy that she did, and she
2 confirmed that by making smears of the brain, seeing
3 Gram positive bacilli, and cultivating the amount with
4 cultures available the next day.

5 And they went on to do autopsies on all of
6 the patients that came through during that period of
7 time.

8 A resident in pathology, her protegee at
9 that time, Dr. Grinberg, participated in all of those
10 autopsies. He subsequently came to my department,
11 brought the material to the United States, and we have
12 studied it further, and what I will be showing you are
13 the results of those, some of the results of some of
14 those studies.

15 The pathologist at the University of Texas
16 Medical Branch in Galveston, who is responsible for
17 working with Dr. Grinberg, who produced together the
18 data here, is Dr. Jerome Smith.

19 I already mentioned to you Olga
20 Yampolskaya was a protegee; an anthrax expert who was
21 sent from Moscow, Dr. Nakiferov. She worked with
22 patients in the intensive care unit. She went down to

1 the morgue and saw the results of the autopsies. She
2 went back and served as a member of our team and
3 translated with me as I worked with the Russians in
4 reviewing the material there.

5 She also came to the United States during
6 the period that Dr. Grinberg was in my department, and
7 communications help to make the progress in that
8 report occur during that time.

9 This is Dr. Yampolskaya, Dr. Grinberg, and
10 Dr. Abramova. And there we are at work, and the
11 amazing thing is that although records were -- can we
12 lower the lights a bit here at least in the front of
13 the room? -- the amazing thing is although the KGB
14 came in and took all records, everything that was
15 written, the primary material was maintained, and so
16 the picture here shows us in the morgue actually
17 during my visit there.

18 And you can see that she actually has
19 saved the organs, and they saved all of the slides,
20 and although written words were destroyed, the primary
21 material was still available.

22 And this shows some of the brains with

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1 hemorrhagic meningitis and the hematogenously
2 disseminated lesions in the gastrointestinal tract,
3 which I'll describe to you and show to you.

4 And this is an example of what she saw in
5 the first case, and there were many cases that had
6 hemorrhagic meningitis, and this is one of them. So
7 we see the skull cap opened up, and she recognized
8 that. It has a name. It's called the cardinal's cap
9 because of the red color, and it's really a
10 subarachnoid hemorrhage of hematogenous dissemination
11 to the brain, and this is an important part of the
12 pathology in about half of the cases.

13 Anybody that knows how to work this better
14 than I am, I'll take some lessons.

15 The key pathology is after the spread of
16 the spores to the thoracic lymph nodes, they
17 germinate, proliferate, secrete the toxins, and you get
18 a lot of local damage right there in that area.

19 So here we see the lungs with the trachea
20 opened up and the bronchi, and all of this very dark
21 material are lymph nodes that have got hemorrhagic
22 necrosis extending out into the mediastinum so that

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1 there's actually hemorrhagic mediastinitis, and this
2 is characteristic of the inhalational form of anthrax.

3 Next.

4 And it was seen in all of the cases.

5 Next.

6 Just to reiterate, here we have opened
7 posteriorally the esophagus, and you can see in the
8 mediastinum the severe hemorrhagic mediastinitis.

9 Next.

10 I was very impressed that they had saved
11 this, and this is sitting there in the museum of the
12 medical school with the huge hemorrhagic lymph nodes,
13 and you'll notice that the lungs themselves in this
14 particular case don't show very much pathology at all,
15 but there is severe enlargement, hemorrhage, and
16 necrosis of the tracheal-bronchial lymph nodes.

17 Next.

18 I realize that I'm overdoing this, but I'm
19 doing this on purpose just to show you this is
20 consistent, and it's present in every case, and it's
21 really the thing that's most important to prevent.

22 I think most of the things that lead to

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1 patients' death occur in the chest, and this is what
2 the major lesion is. Again, trachea opened up,
3 massive hemorrhagic necrosis of the lymph nodes.

4 Next slide.

5 Now, the histology shows a lymph node here
6 with hemorrhage in it and spreading out around into
7 the mediastinal fat.

8 Next.

9 Histologically we can see virtual
10 replacement of the lymph node here with hemorrhage,
11 and hemorrhage also extending into the mediastinal
12 fat.

13 Next.

14 So hemorrhage is a very important
15 component of what's killing the patient. A lot of
16 sophisticated work, and we're going to hear a lot of
17 correlations from Dr. Friedlander who is really the
18 expert on this subject of how the organism does this,
19 but at the level that I'm looking at it with you, a
20 lot of it is truly mechanical.

21 Yes, the organisms are there. You can see
22 the Gram stain here. This is a lymph node, the

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1 marginal science in which you can see the Gram
2 positive bacilli that have spread and grown in that
3 location and certainly must be producing the toxin.

4 Next slide.

5 And the hemorrhage here has been looked at
6 and classified by Dr. Jerome Smith into two
7 categories: a high pressure hemorrhage, which really
8 distorts the surrounding tissue and compresses the
9 structures.

10 Next slide.

11 And in these areas of mediastinum where
12 the hemorrhage is occurring, one also finds the Gram
13 positive bacilli.

14 Next slide.

15 So the effects clearly are coming from
16 some damage to blood vessels.

17 The other effect is the effect of edema,
18 edema toxin, a combination of protective antigen plus
19 legal factor, very, very apparent.

20 And here we see gelatinous edema. This is
21 the rib cage opened up, and we see the lungs here, but
22 the mediastinum is massively swollen by edema, and

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1 that's a very gelatinous edema that -- next slide --
2 shows histologically to be very fibrin rich. So
3 there's a lot of fluid in the interstices between
4 exudates of fibrinogen that had polymerized to form
5 fibrin. So it's a very gelatinous material.

6 And this also forms the space occupying
7 lesion in the thoracic cavity.

8 Yes, the next slide.

9 So in the original publication based upon
10 looking at the slides and the material with the
11 Russians, their slides, their microscopes, and under
12 the conditions that we had, we had 42 cases, and the
13 42 cases that we felt were anthrax, and this was
14 published in proceedings of the National Academy of
15 Science article, and we showed that many of them were
16 confirmed by culture or confirmed by identification of
17 the organisms histologically.

18 Next slide.

19 Subsequently one of the cases that we've
20 taken now, Case No. 24. Case No. 24 was a lady who
21 received eight days of antibiotics. So we didn't find
22 any organisms, and she really had recovered from her

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1 disease, and she died of complications.

2 Her original disease very well could have
3 been anthrax, but we couldn't prove it, and so that
4 case has been removed. So now there are only 41
5 autopsied cases.

6 So what are the characteristics of these
7 patients? One of them was a man of unknown identity
8 who was found dead. It was a forensic case. We don't
9 know how old he was. We don't know who he was, and so
10 he's -- n is only 40 for those that we know the age.

11 This is an older age population, ranged
12 from 25 to 71, with the mean around 46.

13 The gender was predominantly male. A lot
14 of these males were working in a particular factory,
15 a ceramics factory on night shift, and that was a work
16 unit that probably was predominantly male and probably
17 -- it may explain in part at least the gender
18 predominance.

19 Twenty-two of the patients were known to
20 have received antibiotic therapy after admission to
21 the hospital for a mean of a little over 16 days, but
22 you can see there's quite a bit of variation there.

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1 The incubation period could be calculated
2 for 30 patients and was a mean of 16 days. So that
3 also is a long time. If you take the overall interval
4 from exposure to death, it's got a very long range of
5 six to 69 days. It's on the average about 20 days
6 from the exposure time to death, but a wide range
7 indicating that some of these organisms must remain as
8 spores and germinate late, but the latest one was the
9 germination period plus the incubation period, plus
10 the disease period only added up to 69 days in this
11 series.

12 The duration of illness is less than four
13 days on the average, 3.85. Patients came to the
14 hospital, and they didn't survive long. The average
15 survival was just under a day.

16 Post mortem interval really did not
17 correlate with any of the factors and probably
18 indicates that autolysis is not an important factor in
19 the analysis of the material.

20 Two observations that I haven't read about
21 and need to examine the literature yet again that was
22 impressive to us was the fact that there was a

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1 vascular damage, vasculitis and capillaritis, and
2 these were identified in a high proportion of patients
3 and believe they must be present in all of the
4 patients.

5 And we believe that this is why the
6 hemorrhages occur, that there's damage to blood
7 vessels. It's not a very sophisticated idea, but I
8 think that this is a very important component of the
9 pathology of systemic anthrax.

10 Next slide, please.

11 And this is an example of that vasculitis.
12 Here we see a blood vessel with inflammation in the
13 wall, fibrin rich edema adjacent to it.

14 Next slide, please.

15 You see a very good example of necrosis of
16 the blood vessel wall certainly weakened because of
17 all the cells that are making up the media of this
18 small vessel or necrotic.

19 Next.

20 And here we see an example of an aneurism,
21 a blood vessel here with a weakening of the wall and
22 an out-pouching.

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1 Next slide.

2 Dr. Smith and Grinberg analyzed these
3 materials with some semi-quantitative data in which
4 they tried to quantify the number of organisms as they
5 observed them histologically. If you'll notice that
6 two-plus is somewhere between one and ten organisms
7 per 25 objective field, to sort of see what a mid-
8 range is.

9 Next slide.

10 They also did a semi-quantitative tissue
11 concentration of inflammatory cells, and there you can
12 see that in the range of one would be up to ten cells
13 per 25X objective field. So you're going to get some
14 pretty high numbers before you really get into intense
15 inflammation.

16 Next.

17 Criteria for quantification of other
18 parameters, and as is always true of pathology, it has
19 the jeopardy of being subjective and not reproducible,
20 but I believe that these actually are valid.

21 If you will notice that two, which they
22 find as moderate and being present and significant;

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1 three marked prominent; and then down at one is really
2 clearly present. So there's no question that it is
3 there, but they don't believe that it was significant.

4 So they have put into their analysis, our
5 analysis, a judgment factor where between one and two
6 one shifts from it being there to it being there and
7 being important.

8 Next.

9 So as we look in the mediastinum and the
10 peribronchial soft tissue in inhalational anthrax
11 where most of the action really is, we find that there
12 are, you know, 1.4 bacillus burden. So we're finding
13 only about four organisms per 25X field, and then we
14 found organisms in 54 percent of the cases.

15 You can see that the fibrin rich edema is
16 more than two. So we're getting into a range of
17 lesion in this location, and it's present in almost
18 all of the tissues that were examined. So it is
19 clearly a very important lesion in that location, as
20 are the hemorrhages, both the permeating hemorrhages,
21 the low pressure, and the high pressure hemorrhage.

22 You will notice that although you can find

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1 neutrophils among the nuclear cells, that the
2 quantities are very low, and that those are -- there's
3 not much inflammation occurring in response to this
4 rapidly progressive infection.

5 An important lesion is lymphangitis. All
6 of this process of increasing fluid exudation,
7 transudation, and blockage of the lymphatics by all of
8 the hemorrhage definitely is contributing to the
9 accumulation of fluid in the thorax.

10 Next.

11 So there is pneumonia, and I would like to
12 try to clarify what I mean by pneumonia. When a
13 pathologist says pneumonia, he really means just
14 inflammatory consolidation of the lung. That does not
15 necessarily mean that Bacillus anthracis germinated
16 there, produced its toxin there, and caused the
17 primary disease to be pneumonia, and indeed, I believe
18 most of the lesions are caused by the bacilli, but
19 they're probably caused by bacilli that are spreading
20 back to the lung through the blood stream because we
21 find most of the organisms in the blood.

22 Nevertheless, you can see some examples

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1 where the damage in the lung is localized.

2 Next.

3 Another example, and you can see it's
4 hemorrhagic, and hemorrhage is a theme I've probably
5 already emphasized enough, and it also occurs in the
6 lungs. So a lot of those consolidations are, indeed,
7 hemorrhages.

8 Next.

9 Some of the hemorrhage is tracking back
10 along the bronchi from the mediastinum. So this is
11 high pressure hemorrhage going back along the bronchi.

12 Next.

13 And here we see an example of that high
14 pressure hemorrhage that's displacing lung tissue, and
15 that would give a consolidation, and you probably
16 would prefer to think of that as hemorrhage than
17 pneumonia.

18 Next.

19 Here's a low pressure hemorrhage in which
20 it's not distorted, but it is filling up the alveolar
21 spaces with erythrocytes.

22 Next.

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1 Another area you get a true exudate. This
2 is that fibrin rich edema occurring in the lung.
3 Again, the pathology of anthrax can occur in the lung,
4 as well as in other organs.

5 Next.

6 And here is an example of what most people
7 would truly think of as a bronchial pneumonia with
8 exudate in the center, edema, and hemorrhage around
9 the outside.

10 Next slide.

11 There were seven of these patients who
12 were arc welders, and there's evidence in those
13 patients of pneumoconiosis. So you can see some
14 scarring and deposition of hemosiderin in the lung
15 associated with their profession.

16 We hypothesize that this scarring may have
17 led to decreased clearance of organisms from the lung
18 and caused some, in some cases, the possibility of the
19 organism germinating in the lung because of its not
20 being cleared efficiently, as efficiently to the
21 mediastinal lymph nodes.

22 Next.

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1 To illustrate to you the lymphatic
2 dilatation, this is a hugely dilated lymphatic vessel.

3 Next slide.

4 Here's in the lung. We can see a
5 pulmonary vessel here, and around the vessel these
6 hugely dilated lymphatics. So this is -- there could
7 be some fluid coming from the lung, but there may also
8 be fluid that's backing up because of the damage in
9 the mediastinum.

10 Next slide.

11 Organisms can be found in these lymphatics
12 with concentration being the greatest the closer one
13 is to the mediastinum, decreasing as one goes into the
14 lungs, but sometimes in association with an
15 inflammatory lesion that one could call a
16 lymphangitis.

17 Next.

18 So the quantitative microscopic findings
19 in the lungs are that we actually found bacilli in
20 half of the lungs, but more than half of the bacilli
21 were intravascular, indicating they're being spread to
22 the lungs through the blood stream, and the patient

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1 has got systemic bacteremia.

2 Only about, you know, a sixth of them are
3 intra-alveolar, and presumably those are spilling over
4 from the blood vessels into the alveoli most of the
5 time.

6 The exudates and neutrophils I think I've
7 said enough about already. It's not an impressive
8 inflammatory reaction, but there is some.

9 Next slide.

10 There's also inflammation in the
11 interstitium of a similar nature, and again, not very
12 much of a cellular response.

13 Next.

14 The hemorrhages, I think, are really very
15 important, and a lot of things that we've been calling
16 pneumonia really are due to the hemorrhage and due to
17 congestion, the hemorrhage coming after the
18 congestion, and due to damage to the capillaries,
19 blood vessels, and with a lot of the increase of the
20 mass due to lymphatic vessel obstruction, with
21 dilatation being prominent.

22 Next.

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1 So pneumonia in the fatal cases of
2 inhalational anthrax really probably is mostly due to
3 hematogenous anthrax pneumonia, some due to retrograde
4 lymphangetic pneumonia, possibly some pneumonia of
5 anthrax organisms themselves, although I certainly
6 cannot sort out an organism that's germinated in the
7 lung in situ versus when it's spread to the lung in a
8 germinated state.

9 Respiratory insufficiency is clearly a
10 very important event, and it's greatly due to
11 atelectasis, and I must not have emphasized it in the
12 slide when we went over it, but the average volume of
13 pleural effusions in these patients is over 1,700
14 milliliters. So that's like around 900 cc's on each
15 side, and that's replacing lung tissue, compressing
16 the lung.

17 You also have got the ascites in some
18 patients elevating the diaphragm; got the expansion of
19 the mediastinum because of the hemorrhage and because
20 of the gelatinous edema, and so there's really a great
21 deal of atelectasis, and I believe this is the primary
22 or a major factor in patients' respiratory

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1 insufficiency.

2 There's really only one case we found of
3 aspiration pneumonia, pulmonary edema per se or
4 nosocomial pneumonia did not appear to be major
5 factors that we identified.

6 Next slide.

7 Hematogenous spread to the lung or to the
8 brain we show so grossly causes this hemorrhage in the
9 subarachnoid space. Here's the brain, and there's the
10 meninges and the subarachnoid space full of blood.

11 Next.

12 Here we can see it's a vasculitis, the
13 blood vessel here, with inflammation in the wall and
14 hemorrhage coming no doubt from hemorrhage from a
15 damaged blood vessel.

16 Next.

17 Bacilli very, very frequently found in the
18 brain, in the subarachnoid space of the brain. Lots
19 of Gram positive Bacillus anthracis.

20 Next slide.

21 In a few cases there was hemorrhage in the
22 brain parenchyma itself. We can see a blood vessel

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1 here with a ring hemorrhage. Again, the same
2 phenomenon of vascular damages that I have emphasized
3 enough.

4 Next.

5 So the quantitative microscopic findings
6 in the meninges were that we found organisms in 79
7 percent of the 29 brains that were taken at autopsy,
8 and there was a significant amount of low pressure
9 hemorrhage and fibrin, but the cellular response was
10 modest.

11 Next.

12 Hematogenous spread occurred also to the
13 gastrointestinal tract. It's very well described,
14 been in the Russian literature for well over five
15 decades, and we see these high pressure hemorrhages in
16 the submucosa. This is a small intestine that's been
17 opened up, and we're looking at the luminal surface,
18 and we see these localized areas of hemorrhage.

19 Next.

20 Here we see histologically the mucosa
21 here. It's lifted up by hemorrhage in the submucosa.
22 This would be the submucosa, and a great big hematoma

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1 -- next slide -- will demonstrate how this comes
2 about.

3 We see blood vessels in which the Gram
4 positive bacilli are present, and so it's hematogenous
5 spread to the intestine that results in these numerous
6 lesions in the submucosa.

7 Next slide.

8 So what are the mechanisms of death that
9 we believe we have identified in inhalational anthrax?
10 Atelectasis, as I've already discussed is a primary
11 mechanism of death we felt in 39 of the cases and a
12 major contributory mechanism of death in 46 percent of
13 cases.

14 The hemorrhagic meningeal encephalitis is
15 very important and is a primary mechanism of death in
16 34 percent of cases.

17 The pneumonia is -- and you've already
18 gotten what I mean by pneumonia. It's all of those
19 damages in the lung added up together, with the lung
20 damage being the most important thing only in two out
21 of the 41 cases.

22 Clearly there's more to the

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1 pathophysiology of systemic anthrax than one can see
2 looking through a microscope, and the pathophysiology
3 that Dr. Friedlander will tell you about will speak to
4 that, but undoubtedly septic shock, which we
5 attributed as being a contributing factor in 51
6 percent of the cases, could easily be more important
7 than that, although these changes are pretty
8 impressive, and I think that they really can kill you,
9 that much pleural fluid accumulation and that severe
10 hemorrhagic meningeal encephalitis.

11 Next slide.

12 This is my last slide, and these patients
13 were treated and admitted to the hospital, and some of
14 them were treated, and some of them, they didn't treat
15 them. I guess they didn't have in mind what the
16 diagnosis was. They're rather non-specific symptoms,
17 to begin with.

18 And so among the patients that were not
19 treated, the organism was cultivated at autopsy from
20 83 percent, where those that received any treatment at
21 all is received from only 23 percent.

22 The treatment that I have been told about

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1 is penicillin, cephalosporins, and forinphenocol
2 (phonetic), and so I'm not sure of the doses, and
3 certainly some of these patients didn't receive very
4 much in the way of treatment in terms of duration.

5 In fact, those that were treated for less
6 than 24 hours, we did continue to find organisms.
7 Histologically we detected them in all of the patients
8 that were not treated, and in 55 percent of those that
9 were treated.

10 Histological detection of an organism, of
11 course, doesn't prove that it's still alive. It could
12 be that the dead organism is still lying there and has
13 just not been removed yet.

14 Thank you. I'll be happy to answer any
15 questions if I can.

16 CHAIRMAN RELLER: Are there questions from
17 the panel for Dr. Walker?

18 Dr. Archer.

19 DR. ARCHER: Was there any evidence that
20 antibiotic treatment had any effect on death? Of
21 those who got antibiotics^{**}, was there a lower death
22 rate than those who didn't?

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1 DR. WALKER: Yes, some patients survived.
2 I'm told that there were five survivors. There is the
3 suggestion that there may have been prevention of
4 death by some of the prophylaxis. Martin Hugh-Jones
5 would be better to answer that, but it seems to be not
6 the right curve of cases, and there's some missing
7 towards the end that might have been exposed and got
8 their disease prevented.

9 The five cases that survived, I have not
10 had a chance to examine the records to know exactly ho
11 long they had been ill and what they got treated with.

12 I think the image of anthrax as a
13 virtually untreatable disease is probably close to
14 true. I mean there are the experiments where they
15 have taken animals and treated them with antibiotics
16 past a certain critical phase, sterilized them of the
17 organisms, but the animal still died of the effects of
18 the toxin.

19 CHAIRMAN RELLER: Dr. Chesney.

20 DR. CHESNEY: Is the vasculitis present in
21 all sizes of vessels? Is it in the larger vessels as
22 well as the --

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1 DR. WALKER: We didn't identify it in the
2 larger vessels. We saw it mainly in medium sized and
3 small vessels. I don't --

4 DR. CHESNEY: And is it your impression
5 that the hemorrhage is coming from leakage from the
6 medium and small sized vessels?

7 DR. WALKER: Yes.

8 CHAIRMAN RELLER: David, in Koch's day
9 this was called splenic fever. What did the spleens
10 look like in these patients?

11 DR. WALKER: We got a whole section in the
12 article on that, on the spleen. I didn't think you
13 guys would be interested in the spleen.

14 (Laughter.)

15 DR. WALKER: The spleen is enlarged, and
16 it's got bacilli in it. No fatal lesions in the
17 spleen though.

18 CHAIRMAN RELLER: Thanks.

19 Dr. Chikami.

20 DR. CHIKAMI: You describe in the
21 pathology this high pressure hemorrhage within the
22 mediastinum. Was there any evidence that this high

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1 pressure hemorrhage led to compression of other
2 structures within the mediastinum and, say, compromise
3 or led to something akin to cardiac tamponade or some
4 effect on the cardiac function in these patients?

5 DR. WALKER: No.

6 CHAIRMAN RELLER: Thanks very much, Dr.
7 Walker.

8 Oh, sorry. Dr. Friedlander.

9 DR. FRIEDLANDER: I just wanted to make a
10 comment. First of all, it was a delight to see these
11 pictures. I haven't seen them before.

12 And to make two points, if I might. One,
13 to reemphasize this point that I think there's been
14 some misconception, and I think people have tried to
15 rectify it, that this is not primarily a pneumonia.
16 This is a mediastinitis. This is a disease of the
17 lymph node, and even these pulmonary findings appear
18 to be mainly hemorrhagic findings in the lung.

19 The second relates to the question of
20 survivors, and I was interested to hear that because
21 as I read the articles -- and I think this is an
22 important point, and I certainly don't have the

1 answers for -- in the articles from Sverdlovsk, it
2 said that there were nine survivors of inhalational
3 disease.

4 As best I can read that data -- I wasn't
5 there to visit either -- there is absolutely no
6 evidence whatsoever given, either histologic,
7 serologic, or microbiologic that these patients had
8 anthrax.

9 So it becomes very difficult, I think, to
10 posit, in fact, that there were survivors.

11 On the other hand, I think there is some
12 data to suggest that in animals at least, in primates,
13 that even when animals are bacteremic and even when
14 they have mediastinitis, that some animals will
15 survive.

16 So I don't think that it is -- at some
17 point in any infection, there's a point of no return,
18 but this concept, I think, is somewhat overstated that
19 once bacteremia occurs or once mediastinitis occurs,
20 it is absolutely fatal. I don't believe that myself,
21 although I don't know any data in humans. There is
22 some data in primates.

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1 CHAIRMAN RELLER: Thank you.

2 And it's time for Dr. Friedlander to
3 present the primate data.

4 DR. FRIEDLANDER: Thanks very much.

5 I appreciate Dr. Chikami and Meyerhoff
6 asking me to present some of our previously reported
7 work on post exposure prophylaxis in the non-human
8 primate model of inhalational anthrax with
9 antibiotics.

10 I'd like to begin with a few introductory
11 remarks about the pathogenesis. I think we know a lot
12 more; we've learned a lot more actually from Dr.
13 Walker's presentation. We don't know a great deal
14 about the disease in animals or in humans. What we
15 know a great deal more about is the toxin and how it
16 works in vitro, and that that relevance is to an in
17 vivo situation remains still primarily conjectural.

18 Then I'll discuss some of the pathology in
19 the non-human primate and contrast it to some extent
20 with or compare it to that in the human, and finally
21 present a review of the studies that we did during the
22 Gulf War addressing the question of how to treat in

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1 the post exposure scenario.

2 Did that work? No, the lights. Okay.

3 You've heard this before, and I'll just
4 reiterate it if I can find this thing. Okay. The
5 spore is the infectious form that we're concerned
6 about. Very rarely the bacillus can be infectious,
7 but it's the spore particularly for inhalational
8 disease.

9 It enters, as you heard, the skin, the GI
10 tract or the lung. It is thought to germinate in the
11 macrophage. This is the central player so far as we
12 know either locally, if it's the skin or the GI tract,
13 or is transported to a regional lymph node in the case
14 of inhalational disease.

15 There there's the local production of
16 toxins leading to edema and necrosis, the
17 characteristic lesions that were pointed out just
18 recently, and then spread from the node with
19 bacteremia and toxemia.

20 This is shown -- this is an old slide from
21 Dutz, who was a pathologist who studied this disease
22 intensively or had a lot of experience with the

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1 disease, no nearly as much as in the Sverdlovsk now,
2 and as I said, it's an old slide, but I like it
3 because it points out this central player here.

4 Particularly for inhalational disease,
5 this is the disease. It is not a pneumonia. It is a
6 disease of the regional tracheal-bronchial, hiler
7 (phonetic), mediastinal lymph node which spreads the
8 mediastinum causing mediastinitis.

9 Now, the organism germinates -- you're
10 going to do that for me. Okay.

11 This is a slide from Eli Metchnikoff.
12 This disease as you heard is associated with the very
13 origins of infectious disease and immunology. It was
14 a big bacillus. It was easy to see under the
15 microscope, and it was an important agricultural
16 disease of domesticated animals.

17 The organism germinates. This is the
18 macrophage from the liver of a rat. It germinates in
19 -- the spore germinates in the macrophage.

20 Once the bacillus forms, it makes two
21 toxins, edema toxin and lethal toxin that you've heard
22 about. Both of them have anti-phagocytic effects.

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1 One of the prime manifestations of this disease in the
2 cutaneous form and also in the inhalational form is a
3 relative paucity of inflammatory cells. Malignant
4 pustule is not a pustule, in fact. There are very few
5 inflammatory cells.

6 So these two toxins probably have other
7 effects as well, but we know in vitro they have
8 dramatic effects on macrophages and neutrophils.

9 It also make a capsule, a polyglutamic
10 acid capsule. Once that capsule is made and these
11 organisms escape, they never see a phagocyte again.
12 That capsule, as with many others, prevents
13 phagocytosis. This is an extracellular infection once
14 it is released from the macrophage.

15 Now, the characteristic finding, as we
16 said, was when it's released was this spread to the
17 lymph node, the damage to the lymph node, the
18 hemorrhage, the necrosis, and then spread to the
19 surrounding mediastinum.

20 From the mediastinum it spreads through
21 the lymph, and you've seen dramatic pictures of
22 lymphatic dilatation. It spreads from the lymph to

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1 the systemic circulation and to all the organs,
2 particularly to the brain.

3 As we've heard and has been described
4 before, about half of the cases have meningitis, and
5 most often it's hemorrhagic.

6 Oh, sorry.

7 This is just a more modern version of
8 Metchnikoff's slide. This happens to be an example of
9 fluorescence microscopy from a group at the Pasteur
10 Institute. These are mouse macrophages. You can
11 barely see the outline of the cell, but it shows the
12 spore essentially co-localized, both the F-actin into
13 lysosomal markers.

14 So that the spores are ingested. They
15 germinate. There's fusion, and eventually some of the
16 spores germinate to the bacillus, destroy the cell,
17 and the organism is now free to replicate.

18 Next slide, please.

19 Now, the clinical and pathologic findings
20 of this disease were well described in the latter part
21 of the 19th Century with the development of the
22 industrial revolution. Basically a new disease

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