

1 was there anybody or was there even a percentage of  
2 patients in the ramipril group that even developed  
3 proteinuria?

4 In other words, maybe they had micro  
5 albuminuria and paradoxically went on, which is not  
6 something that I would have predicted, but you never  
7 know, and I'm just asking. I didn't really see that,  
8 and I don't even know if that existed. So there may  
9 not have been a reason to see it.

10 DR. GERSTEIN: Well, clearly individuals  
11 who are on ramipril, 5.6 percent or actually 6.8  
12 percent according to the lancet definition of  
13 individuals on ramipril went on to develop proteinuria  
14 or diabetic nephropathy.

15 DR. BAKRIS: Right.

16 DR. GERSTEIN: Compared to a higher  
17 percentage in those on placebo. I'm not sure if  
18 that's --

19 DR. BAKRIS: Okay. Well, then given that,  
20 and I know the numbers will be small, but is there any  
21 explanation for that since that really kind of flies  
22 in the face of a lot of other literature?

1 DR. GERSTEIN: Well, I guess the first  
2 thing is that it doesn't appear that ramipril totally  
3 prevents it from happening at all, individuals. I  
4 mean it reduces the risk of progression of the  
5 problem, but there are other studies in which  
6 individuals on ACE inhibitors do go on and --

7 DR. BAKRIS: No question about it. Let me  
8 ask it a different way. Was there a difference in --  
9 okay, Salim. Go ahead.

10 DR. GERSTEIN: Which data are you?

11 Okay. I may have heard the question  
12 differently. Maybe it might help if I have Slide 27.  
13 Perhaps that might explain that.

14 DR. BAKRIS: Okay.

15 DR. GERSTEIN: I think maybe that's what  
16 you're asking.

17 DR. BAKRIS: All right.

18 DR. GERSTEIN: Okay. These are the  
19 results showing the development of overt nephropathy  
20 in those with diabetes, those without diabetes  
21 according to micro albuminuria status. I'm not sure,  
22 George, but maybe that's what you're asking.

1 DR. BAKRIS: Yeah.

2 DR. GERSTEIN: So as you can see, for  
3 those with diabetes who had micro albuminuria, 18,  
4 eight percent on ramipril and 21.6 percent on placebo  
5 developed overt nephropathy for a risk reduction of 15  
6 percent. Those without micro albuminuria at baseline,  
7 clearly there were much less numbers that went on to  
8 go to get nephropathy, but there was a consistent  
9 relative risk reduction of 30 percent.

10 Those without diabetes, you see that there  
11 were 823 with micro albuminuria and four, eight, nine,  
12 seven without micro albuminuria. There is a reduction  
13 in the development of overt nephropathy in both  
14 groups, 30 percent reduction with micro albuminuria,  
15 and again it's small numbers, but a like reduction.

16 DR. BAKRIS: Sure.

17 DR. GERSTEIN: So it's consistent.

18 DR. BAKRIS: Right. No, that's fine. Let  
19 me just ask a quick question regarding that. I know  
20 for the whole group, you know, the blood pressures  
21 were not significantly different, but in this  
22 subgroup, did you look at the differences in blood

1 pressure to see if that may have accounted for why  
2 this percentage went on and the others didn't?

3 DR. GERSTEIN: We didn't really look at  
4 that. The subgroup of those for nephropathy, no.

5 DR. BAKRIS: Okay.

6 ACTING CHAIRMAN CALIFF: Dr. Molitch.

7 DR. LIPICKY: Excuse me. Before you leave  
8 this slide, that slide really said that the largest  
9 drug effect was in people who had no diabetes and had  
10 no micro albuminuria. Is that not correct?

11 DR. GERSTEIN: Well --

12 DR. LIPICKY: Relative risk went down to  
13 .34.

14 DR. GERSTEIN: I'm going to make the same  
15 argument that was made --

16 DR. LIPICKY: Just looking -- just looking  
17 at point estimates. So --

18 DR. GERSTEIN: Looking at the point  
19 estimates, you're right. The point estimates --

20 DR. LIPICKY: That's what George saw in  
21 the previous slides.

22 DR. GERSTEIN: Yes.

1 DR. LIPICKY: And the point estimate --  
2 you know, the question is: is that a fact?

3 DR. GERSTEIN: Yes.

4 DR. LIPICKY: And I agree it's not a fact,  
5 but in fact, the two slides are consistent with one --

6 DR. GERSTEIN: Yes. No, this is  
7 consistent with the other slides, and it's something  
8 that needs to be looked at in other studies.

9 ACTING CHAIRMAN CALIFF: Okay. Dr.  
10 Molitch.

11 DR. MOLITCH: I have several questions.  
12 One, I wasn't quite sure why the number 36 was priced  
13 for the albumen and creatinine ratio.

14 DR. GERSTEIN: Yes.

15 DR. MOLITCH: If two is equal to 30, then  
16 20 would be equal to 300; is that correct?

17 DR. GERSTEIN: No.

18 DR. MOLITCH: Of milligrams per 24 hours?

19 DR. GERSTEIN: Maybe I can just go through  
20 that a little bit more carefully. Micro albuminuria,  
21 the albumen-creatinine ratio for micro albuminuria was  
22 chosen. The cutoff was chosen as greater than or

1 equal to two in dipstick negative individuals at the  
2 time of recruitment to this study. And that was  
3 because at the time in 1993 and 1994, albumen to  
4 creatinine ratio was relatively new metric. It was  
5 not yet clearly described as to what would be the one  
6 that would correlate or the number that correlates  
7 best with a 24 hour urine collection of 20 to 200  
8 micrograms per minute. That's why albumen-creatinine  
9 ratio greater than two was chosen for micro  
10 albuminuria.

11 DR. MOLITCH: So where would an equivalent  
12 of that be in milligrams per gram of creatinine?

13 DR. GERSTEIN: Well, that's actually --

14 DR. MOLITCH: Does that use millimoles?

15 DR. GERSTEIN: About 30, 30 milligrams per  
16 gram.

17 DR. MOLITCH: Which is pretty close to --

18 DR. GERSTEIN: Micro albuminuria cutoff.

19 DR. MOLITCH: Which is pretty close to 30  
20 milligrams per 24 hours for most studies that have  
21 looked at it.

22 DR. GERSTEIN: Yeah, the lower limit of

1 the albuminuria definition, the 24 hour definition,  
2 correct.

3 DR. MOLITCH: Okay. And so the upper  
4 limit?

5 DR. GERSTEIN: Then for 36, there was --  
6 in 1994 and even today actually there's not a lot of  
7 data about what albumen to creatinine ratio to choose  
8 which might screen for diabetic nephropathy, which is  
9 clinical proteinuria.

10 So at the time we chose the number of 36  
11 because there was some regression curves that have  
12 been published in the literature that suggested that  
13 numbers greater than 30 were very highly sensitive and  
14 specific, and using those curves and using some data,  
15 we chose 36 as being a very conservative estimate, and  
16 we knew that using 36 we would miss some clear  
17 nephropathies.

18 DR. MOLITCH: Because if you used 20, we  
19 should be closed to 300 milligrams per gram of  
20 creatinine.

21 DR. GERSTEIN: Well, 20 is probably a  
22 little bit too low. I mean maybe 30 might have been

1       okay, but we chose prospectively 36, and we published  
2       that in the Diabetes Care paper.

3                   DR. MOLITCH: Okay. A few other things.  
4       One is I presume a lot of these patients were  
5       developing congestive heart failure, which is one of  
6       the outcomes that I presume that urine protein was not  
7       collected when the patients were in heart failure or  
8       in patients who were exercising?

9                   DR. GERSTEIN: Urine protein was --  
10       individuals who had heart failure -- we only collected  
11       the urine protein at baseline one year at the routine  
12       study visits and at study end.

13                   DR. MOLITCH: Right.

14                   DR. GERSTEIN: So that would have been  
15       essentially no patients who would have been given a  
16       urine protein at the time that they were in heart  
17       failure.

18                   You're alluding to the fact that heart  
19       failure may increase proteinuria, I think.

20                   DR. MOLITCH: Yeah. So we know that they  
21       weren't; is that correct?

22                   DR. GERSTEIN: I don't think that we were



1 collecting them in heart failure. We don't have any  
2 data.

3 DR. MOLITCH: Do we know that?

4 DR. GERSTEIN: We don't know that for an  
5 actual fact, but these were at the routine study  
6 visits when they were sent centrally, and if they came  
7 to a routine study visit in heart failure, I don't  
8 think we know whether there may have been one or two  
9 people.

10 Do we have any?

11 DR. YUSUF: Collected it from everybody?

12 DR. GERSTEIN: Yeah, in everybody in the  
13 study.

14 DR. YUSUF: But just for what it's  
15 worth --

16 ACTING CHAIRMAN CALIFF: If you could, go  
17 to the microphone. You might want to position  
18 yourself up there for further questions.

19 DR. YUSUF: -- 11 percent in the ramipril  
20 group and 13.3. So the difference is 2.3 percent.  
21 It'll be a little hard to believe that that's what  
22 made the difference.

1 DR. MOLITCH: Does anyone know with what  
2 vigor these were collected? I presume also that  
3 people with heart disease were put into exercise  
4 programs and exercise was not done the same day as  
5 their urine protein collection and this type of thing?

6 DR. GERSTEIN: People were asked to be in  
7 a first morning urine collection. In fact, they were  
8 given a bottle the previous visit and told to bring in  
9 the first morning collection even when the visit was  
10 later in the day.

11 DR. YUSUF: Yeah, we didn't use  
12 standardization for that. You just let it happen, you  
13 know, because there was a visit scheduled, and at  
14 every visit for that one year and four year visit, at  
15 that visit it was collected, and it wasn't based on  
16 whether they were exercising or not.

17 DR. MOLITCH: The patients weren't asked  
18 to not exercise --

19 DR. YUSUF: No.

20 DR. MOLITCH: -- before they came in?

21 DR. YUSUF: No, no, and that would have  
22 randomized out.

1 DR. MOLITCH: Okay, and these are all on  
2 the 24 hour urines when they were done as a second  
3 test after the first treating.

4 DR. GERSTEIN: Twenty-four hour, yes.

5 DR. MOLITCH: What percentage of patients  
6 had, in fact, an elevated 24 hour urine that had the  
7 elevated screen?

8 Do you understand my question?

9 DR. GERSTEIN: Everybody that had a  
10 positive albumen to creatinine ration of 36 or higher  
11 or dipstick positive proteinuria, we sent them a  
12 message that they were to obtain a local 24 hour urine  
13 collection for either albumen or total protein.

14 DR. MOLITCH: And what percentage of that  
15 group that had elevated levels on that initial value  
16 then had a subsequent 24 hour urine that showed an  
17 elevated level?

18 DR. GERSTEIN: Well, of all the  
19 individuals that we reported, there were 48  
20 individuals that should have had an albumen -- a 24  
21 hour urine collection, who didn't have the 24 hour  
22 urine collection. So let me just -- that was 48 --

1 DR. MOLITCH: How many had an elevated  
2 level on the subsequent 24 hour urine collection?

3 DR. GERSTEIN: I don't think we know the  
4 answer to that question. We know that -- well, I can  
5 just review the numbers one more time. We know that  
6 373 individuals -- pardon me -- 273 individuals had an  
7 albumen-creatinine ratio positive over the 24 hour  
8 urine collection, but 225 individuals had just the 24  
9 hour urine collection, which is the 48 individuals who  
10 didn't have one or the other.

11 I'm not sure that answers your question.  
12 I don't think we have any other data to answer that.

13 DR. MOLITCH: You probably have the data.  
14 You just haven't looked at it in that fashion.

15 DR. GERSTEIN: Yeah, that's right.

16 DR. MOLITCH: Of the oral agents that  
17 people were using, did they stratify it across the two  
18 groups that were the, for example, thiazoline diones  
19 (phonetic) or Metforman. Was there more in the  
20 ramipril group?

21 I presume since it was randomized they  
22 should be possibly equal, but that should have been

1 looked at since they were lower in the urinary protein  
2 as well.

3 DR. GERSTEIN: We did not collect data on  
4 which oral agent people were taking. We collected  
5 whether they were on oral agents or whether they were  
6 on insulin. So we did not collect whether on TZDs or  
7 whether they were on Metforman, et cetera.

8 DR. MOLITCH: Okay. I think with respect  
9 to the prevention of micro albuminuria to begin with,  
10 whether we really have shown that here, I think, is  
11 certainly open to question in the diabetic group, and  
12 also I know the Euclid study had difficulties trying  
13 to show that also for Type 1 diabetes. So I'm not  
14 sure that that case certainly has been proved at this  
15 point.

16 I have a question also about the  
17 development of diabetes, and I guess I don't know  
18 whether you're going to answer that or --

19 DR. GERSTEIN: That's a question either me  
20 or Salim or both.

21 DR. MOLITCH: Okay. When we looked at the  
22 curves of development of diabetes, and that went by

1 pretty quickly, it looked like most of the effect was  
2 within the first year or so; is that correct? It  
3 didn't look --

4 DR. GERSTEIN: Well --

5 DR. MOLITCH: -- like there was continued  
6 divergence, like we saw with some of these other  
7 effects.

8 DR. GERSTEIN: Well, okay. Go ahead. Why  
9 don't you answer?

10 DR. YUSUF: Can we go back to my tray,  
11 that is, Yusuf's tray, and get Slide 48 and then we'll  
12 look at 49 as well? Not that one, 48. Of the main  
13 presentation, not the back-up; the main presentation.

14 DR. GERSTEIN: While they're getting that,  
15 I mean, you'll see that the results were apparent at  
16 the beginning and continued throughout the whole  
17 length --

18 DR. YUSUF: Of the one year, not the --

19 DR. GERSTEIN: Yeah, after the first  
20 visit.

21 DR. YUSUF: Yeah. Forty-eight. Can we go  
22 on? Yes, that's the slide.

1           So this is essentially the first visit.  
2           The curves are already diverging, and then at the next  
3           visit they're further apart, and they're further  
4           apart, and they're further apart.

5           DR. MOLITCH: Is there really a further  
6           difference after the second year?

7           DR. YUSUF: Well, just look at the first  
8           one there and then look at out here. It's hard to  
9           know exactly whether it's, you know --

10          DR. MOLITCH: It looks like there's at  
11          least 50 percent of the curve within the first year  
12          and maybe another 45 percent, 35 percent after that.  
13          Does your trend analysis clearly show a clear trend to  
14          further divergence under --

15          DR. YUSUF: We haven't done that analysis.  
16          All we've done is this curve, and we have the overall  
17          numbers, which was reduced, and we have a few other  
18          slides that could clarify some of issues on this if  
19          you'd like me to show them. I don't know.

20          DR. MOLITCH: On this particular aspect?

21          DR. YUSUF: On this particular aspect.

22          DR. MOLITCH: Please.

1 DR. YUSUF: The next one, you have already  
2 seen this on, you know, 155 versus 102 difference, and  
3 the difference was there mainly in the use of oral  
4 agents, but also a trend here.

5 But I also want to go to my back-up slide,  
6 if I could, and go to back-up slide number 42. In a  
7 sub-study in one center, not one center, five centers,  
8 on the secure sub-study on 730 patients we had fasting  
9 glucoses at baseline and at two years. We haven't yet  
10 analyzed the four year data, but these are the data on  
11 fasting glucoses in everybody in that site, and this  
12 is the increase in glucose level from baseline, is .42  
13 in the placebo group, and it also increased in the  
14 ramipril group, and that was different.

15 So these are the only data we have on  
16 diabetes that overall the new diagnosis was different,  
17 the use of drugs was different, and the glucose levels  
18 in a subset of 700 patients were different.

19 You could switch that off. Thank you.

20 DR. FLEMING: Can you go back, Salim, to  
21 your slide one or two back that was looking at time to  
22 diabetes?



1 DR. YUSUF: Sure. So could we go back to  
2 48 of my main presentation again, please? Thank you.

3 DR. FLEMING: While they're going back,  
4 was your point to try to establish that there was a  
5 constancy in the relative risk? Is that what you were  
6 trying to get at?

7 DR. YUSUF: We weren't trying to do that,  
8 no. We haven't done an analysis for that.

9 DR. FLEMING: It's very apparent that the  
10 relative risk in that first year is in the  
11 neighborhood of .5. The incremental relative risk  
12 after that first year is pretty close to one. So the  
13 excess is predominantly derived in that first year.

14 DR. YUSUF: I see, and at the end it's  
15 .66, isn't it? So that there has to be something in  
16 favor.

17 DR. FLEMING: Well, it's -- it's  
18 cumulative as .6, and so the incremental, which in the  
19 hazard ratio is, in fact, the incremental hazard, and  
20 that is close to --

21 DR. YUSUF: The only way we can really do  
22 is to put the numbers against each other, and we could

1 put it --

2 DR. FLEMING: Okay, but if you've  
3 eyeballed these enough, it's pretty clear that the  
4 relative risk is converging toward one in the  
5 incremental hazard. I don't know how compelling that  
6 is, but the point is most of the excess is occurring  
7 in that first year.

8 DR. YUSUF: I think -- how about the  
9 second year, Tom? Don't you think there is a further  
10 absolute difference?

11 DR. FLEMING: No.

12 DR. YUSUF: No? Well, we'll have to look  
13 at the --

14 DR. FLEMING: At least in terms of you  
15 have to look at how much the blue goes up versus how  
16 much the yellow goes up.

17 DR. YUSUF: I'm just looking at the  
18 difference between the yellow and the blue. In the  
19 first year it seems to be --

20 ACTING CHAIRMAN CALIFF: Is this hard,  
21 quantitative science here?

22 DR. FLEMING: Yeah. Well, what it gets at

1 is whether or not the effect is continuing to grow,  
2 and my point was just if that was what you were trying  
3 to get at, it's apparent that most of the effects are  
4 in the first year.

5 DR. YUSUF: Yeah, I'm not trying to get at  
6 that. I agree with Rob. This is an eyeball P value.

7 ACTING CHAIRMAN CALIFF: I think you have  
8 to be in the third year of your Ph.D. in statistics to  
9 be able to do this.

10 (Laughter.)

11 ACTING CHAIRMAN CALIFF: Dr. Molitch.

12 DR. MOLITCH: Yes. Were there any  
13 supporting data at all for the diagnosis of diabetes  
14 or this is simply a check-off on a box?

15 DR. GERSTEIN: Self-reported history of  
16 diabetes, in addition to whoever the fact that that  
17 Dr. Yusuf just showed the slides. Dr. Yusuf just  
18 showed the slide showing that they were on agents.  
19 In other words, the doctors were substantiating  
20 diagnoses essentially by putting them on drugs or  
21 therapy for diabetes, but essentially they were asked  
22 at each visit do you have diabetes, yes or no.

1 DR. YUSUF: I think just to give you an  
2 overall picture of the thing, it's fair to say we did  
3 not pre-specify this as something we were looking for.  
4 It's also fair to say in the rationale part of the  
5 protocol we did not write any rationale for this. We  
6 didn't expect this.

7 So we then saw the result. It's a  
8 striking P value. So in a sense that first slide is  
9 data derived. Then we said, "Is this real or is this  
10 a fluke?"

11 And in order to get whether this was real  
12 or a fluke, we looked at what do the doctors do, and,  
13 well, they followed their diagnosis by differences in  
14 treatment, and then we said do we have some objective  
15 data in everybody, and that's where we went to the 700  
16 people, and we found a difference.

17 So I've just given you the whole story.

18 DR. MOLITCH: Just to try to get at why  
19 this might be the case, obviously there's a number of  
20 potential mechanisms. One of them is improvement in  
21 insulin resistance essentially by the ACE inhibitor  
22 itself.

1                   Second, there was also -- it looked like  
2 there was a reduction in the total number of people  
3 who were on thiozides and beta blockers when they were  
4 on manipril is that correct?

5                   And did you look to see whether that could  
6 potentially account for this?

7                   DR. YUSUF: Yeah.

8                   DR. MOLITCH: And number third is was  
9 there any change in body weight for the two groups?

10                  DR. GERSTEIN: The answer to your  
11 question, you saw the slide in Dr. Yusuf's  
12 presentation that there was a difference in the use of  
13 thiazides and beta blockers, and that clearly is one  
14 methodologic explanation that may account for the  
15 difference.

16                  I think that -- have we done body weight  
17 changes? We haven't done that analysis. We haven't  
18 analyzed that, but I think that what you're saying,  
19 Dr. Molitch, is that this needs to be tested  
20 prospectively, and as Dr. Yusuf has said, we think  
21 it's a good idea and we're doing it.

22                  DR. GRABOYS: Just to pick up on the issue

1 of diuretics, any obvious explanation why the use of  
2 beta blockers in the diabetic group was so low, 28  
3 percent versus about 40 percent for the group?

4 DR. GERSTEIN: Sure. There has been a  
5 long and old literature sort of scaring doctors away  
6 from using beta blockers in individuals with diabetes.  
7 Based on early studies with the early nonselective  
8 beta blockers that in Type 1 diabetes, that they may  
9 impair the detection of hypoglycemia, so most  
10 physicians in medical school were taught to beware of  
11 beta blockers, individuals with diabetes, and that's  
12 probably why we were seeing that.

13 Do you want to come up and make the point?

14 DR. YUSUF: See, the non-diabetics are all  
15 people with vascular disease, and so they -- a very  
16 high proportion had an MI or other coronary disease,  
17 but as the diabetics include people about 50 percent  
18 or more who didn't have an MI, so there's a difference  
19 in the reasons why you would use a beta blocker, too?

20 DR. GRABOYS: Yeah, and any data on the  
21 potassium levels in the diabetic group.

22 DR. GERSTEIN: Potassium levels in the

1 diabetic group were not elevated. In fact, the  
2 potassium levels went high. In the run-in period they  
3 were excluded from participation in the study, and so  
4 there was no problem with potassium in the diabetes  
5 group or the group as a whole.

6 ACTING CHAIRMAN CALIFF: Dr. Pina.

7 DR. PINA: In the FDA reviewer's comments,  
8 I see that at the visit 558 patients have self-  
9 ramipril. Was there a difference in rates for the  
10 drug in diabetics and the group as a whole? And were  
11 reasons for this situation similar in diabetics as  
12 the group as a whole?

13 DR. GERSTEIN: Okay. Could I have the  
14 reserve slides, number three? Right.

15 So I think this may address the question.  
16 The adherence to ramipril was similar to what it was  
17 in the group as a whole. So at the end of four years,  
18 61 percent were still taking study ramipril, and 12  
19 percent on ramipril were taking open label ramipril,  
20 whereas the placebo, 52.7 percent, were on study drug,  
21 and 15.4 percent were on open label use.

22 So at the end of the study 61 plus 12 is

1 about 73 percent were taking an ACE inhibitor compared  
2 to 15 percent on placebo.

3 DR. PINA: Were the reasons for  
4 discontinuation of ramipril in diabetics different  
5 than --

6 DR. GERSTEIN: These are for stopping  
7 therapy. If you go to the next slide actually, Slide  
8 4, these are the reasons for stopping therapy in the  
9 individuals with diabetes, and you can see that these  
10 reasons are, in fact, the same as they were in the  
11 group as a whole.

12 So cough, which I've already alluded to  
13 and very low rates of angioedema, et cetera. So  
14 essentially there was no different reason for stopping  
15 study ramipril in the diabetic subgroup than there was  
16 in the group as a whole.

17 ACTING CHAIRMAN CALIFF: Why did you ask  
18 that question?

19 DR. PINA: Because it looked like the  
20 numbers that stopped the trial, well, it does seem to  
21 be high.

22 DR. Di MARCO: Looking at the numbers, how



1 certain are you that this is or are you certain that  
2 this is an effect on the kidney itself or do you think  
3 that this is all secondary to the effects on  
4 cardiovascular disease? I mean you have more heart  
5 failure in the placebo group, more myocardial  
6 infarction, more limb ischemia.

7 I would guess they had more interventions  
8 and more diagnostic procedures. Could the changes you  
9 see in the kidney be secondary to that rather than a  
10 primary effect of the drug?

11 DR. GERSTEIN: Well, actually, I think  
12 that's a very difficult question because the kidney is  
13 essentially part of the vascular system, and things  
14 that happen to the vasculature also affect the kidney.  
15 So it becomes a very difficult mechanistic question to  
16 sort out.

17 I think if we're reducing atherosclerosis  
18 or reducing cardiovascular related intermediate  
19 things, then it's certainly reducing them in the  
20 kidney, and the kidney may very well do better over  
21 time.

22 So I don't know that one can give a

1 mechanistic. We don't have obviously sort of a --

2 DR. Di MARCO: Well, could you look at  
3 your population and look at people who didn't have  
4 events, didn't have heart failure, didn't have an  
5 angiogram, didn't have other things, and see if they  
6 also had these same changes in kidney function?

7 DR. GERSTEIN: I don't believe we've done  
8 that analysis, in other words, looked at those who  
9 sort of got through the whole study without anything  
10 and looked at their change in function. That's  
11 actually another analysis that we can do.

12 ACTING CHAIRMAN CALIFF: Dr. Borer.

13 DR. BORER: I need to preface my comment  
14 and question by admitting that the subgroup hazard  
15 rate analysis is hazardous, but, you know, we've been  
16 shown a lot of analyses that generally sort of go the  
17 same way and occasionally reach nominal statistical  
18 significance, and that's very nice, but there are  
19 clearly important public health implications if we  
20 accept the concept that there are biologically  
21 important prophylactic effects on the kidney in  
22 diabetics as opposed to the more conservative

1 accepting that there's a possibly associated goodness  
2 when you treat patients for the primary endpoint who  
3 have diabetes or don't have diabetes.

4 With that in mind, I'm going to ask for  
5 one more subgroup analysis if you have it because I'm  
6 trying to isolate a group with diabetes for which  
7 there may not be very good evidence that the drug is  
8 useful for the kidneys or importantly useful, and I  
9 think it's really a follow-on to John's question a  
10 minute ago.

11 Have you looked at that subgroup of  
12 diabetics that didn't have evidence of cardiovascular  
13 disease to see what the effects of ramipril is on the  
14 kidneys?

15 DR. GERSTEIN: Are you asking me about the  
16 CBD negative group of people?

17 DR. BORER: Right.

18 DR. GERSTEIN: And that's Slide 8, reserve  
19 Slide 8.

20 So this is expanding some of the stuff  
21 that I've already showed you. In those who did not  
22 have cardiovascular disease and those with

1 cardiovascular disease, I'm going to show you these  
2 are the primary outcome, the primary and secondary  
3 outcome. This is all heart failure, and this is overt  
4 nephropathy.

5 And as you can see, first of all, is that  
6 the results are consistent so when those -- when the  
7 primary outcome -- those with cardiovascular disease,  
8 there was a 24 percent reduction with ramipril. Those  
9 without cardiovascular disease, there was a 16 percent  
10 reduction with ramipril. I already pointed out the  
11 much higher placebo event rate in this group than in  
12 this group. There was no interaction. So they were  
13 not statistically heterogeneous, and I just want to  
14 take a moment to point out that this was a much lower  
15 rate than we'd expected.

16 In order to detect a 25 percent reduction  
17 from 9.9 percent, we would have needed well more than  
18 the 3,577 patients that we had had in the study. We  
19 would have needed in excess of 10,000 diabetics with  
20 no previous cardiovascular disease in order to detect  
21 the same type of event rate in the study. So that's  
22 the primary outcome.

1           As for the primary and secondary outcome,  
2           the same thing for overt nephropathy, which again  
3           those with CVD positive versus those with CVD  
4           negative, there was an 18 percent reduction in those  
5           CVD positive, an eight percent reduction -- pardon me  
6           -- an 18 percent -- excuse me -- a 26 percent  
7           reduction there, an 18 percent reduction there, no  
8           evidence of heterogeneity.       The results were  
9           consistent across subgroups regardless of how you cut  
10          the data in those with or without a history of  
11          cardiovascular disease in the past.

12                   And I think that the results say the same  
13          thing for both groups.

14                   DR. BORER: And just staying on that last  
15          line there, overt nephropathy defined as you've  
16          defined it is one possibly interesting endpoint, but,  
17          you know, extrapolating from Dr. Brenner's  
18          presentation, what about the development of micro  
19          albuminuria and other renally related or vascular  
20          related or diabetic vascularpathic changes like eye  
21          changes requiring laser therapy or what have you?

22                   DR. GERSTEIN: I showed the data earlier

1 on about developing -- do you mean micro albuminuria  
2 in those according to CVD positive or CVD negative?

3 DR. BORER: Right, right.

4 DR. GERSTEIN: We haven't cut the data  
5 that fine to look at micro albuminuria in that group.  
6 As far as eye disease is concerned, we assessed  
7 diabetic eye disease using a very simple question. We  
8 just ask people at every visit since the last visit if  
9 they'd have laser therapy for diabetic eye disease,  
10 and so we did not do retinal photographs. We did not  
11 do seven field stereoscopic, et cetera, type  
12 assessment. So it was just a history of laser therapy  
13 for diabetes in the eyes, which is what we used. So  
14 we didn't do any -- we did not analyze it according to  
15 CVD positive or CVD negative for micro albuminuria  
16 development or progression.

17 ACTING CHAIRMAN CALIFF: Dr. Lindenfeld.

18 DR. LINDENFELD: To clarify once again,  
19 according to our briefing document from the FDA the  
20 protocol definition for overt nephropathy was to be  
21 greater than one plus proteinuria and/or the albumen  
22 excretion rate of greater than 200 and/or the albumen

1 to creatinine ratio.

2 And when one analyzes that, the hazard  
3 ratio is 1.07, and so again, I'm wondering. That's  
4 not the definition that was published, but according  
5 to our documents that was the original protocol  
6 definition.

7 Can you clarify how that change was --

8 DR. GERSTEIN: Yeah, I'd be happy to.

9 Could I have my main presentation Slide  
10 20, please, my main presentation Slide 20?

11 Okay. I can't account for the exact  
12 numbers that you just said. However, I can tell you  
13 that this was the protocol definition for diabetic  
14 nephropathy that was published in Diabetes Care, which  
15 was a methods paper of the micro HOPE protocol, and  
16 the micro HOPE protocol was submitted in 1994 and  
17 funded in 1994, and this was the methods paper  
18 published in 1996.

19 So the definition of diabetic nephropathy  
20 stated in Table 2, I think, in that paper was exactly  
21 as we see above.

22 As I've already described, for the Lancet

1 paper we included with that definition the most  
2 sensitive and specific first morning albumen to  
3 creatinine ration, which was the only -- which was the  
4 best screening test that we had for it because we  
5 didn't have all of the 24 hour urine collections that  
6 we wanted to have.

7 At no time in the micro HOPE paper or in  
8 the subsequent, you know, methods -- micro HOPE  
9 protocol or the methods paper in Diabetes Care did we  
10 state that one plus proteinuria was going to be a  
11 definition for diabetic nephropathy as an outcome.

12 ACTING CHAIRMAN CALIFF: Could we hear  
13 from the FDA about this? Because there is a  
14 discrepancy between what you say and what we have in  
15 our briefing document.

16 DR. GERSTEIN: We recognize that there's  
17 a discrepancy, and there was -- I should make one  
18 comment, that in the original HOPE paper, the original  
19 HOPE protocol that was originally funded, which was  
20 before the micro HOPE protocol was funded, there was  
21 a much less specific and a very general discussion of  
22 albuminuria, but the micro HOPE protocol clearly



1 defined what we would be talking about in terms of  
2 diabetic nephropathy.

3 DR. LIPICKY: I'm not sure that we need to  
4 comment. There are two definitions that are  
5 applicable here, and after the primary -- after the  
6 review that you received, there was an addendum to the  
7 review, and I guess that was not transmitted so that  
8 there FDA agrees with the numbers that were shown when  
9 it is defined this way.

10 So the problem is there are two  
11 definitions, one that was the protocol and the second  
12 which was the publication.

13 Did I say that correctly?

14 DR. MOLITCH: You're saying this is a case  
15 where the protocol is not amended to reflect the  
16 publication.

17 DR. LIPICKY: Right.

18 DR. MOLITCH: But they both occurred well  
19 before the study with --

20 DR. LIPICKY: Yeah, let Dr. Hung say what  
21 I've say. I may have been --

22 DR. HUNG: Jim Hung, FDA statistician.

1                   These two actually we analyzed, and so we  
2                   have that addendum dated April 17th, so agree with the  
3                   sponsor's numbers. So I don't know whether you got  
4                   that addendum or not.

5                   ACTING CHAIRMAN CALIFF: Okay. Thank you.

6                   DR. FLEMING: Rob, this was the issue I  
7                   wanted to raise as well. So I'd like to at least  
8                   pursue it until I understand it.

9                   ACTING CHAIRMAN CALIFF: Okay.

10                  DR. FLEMING: Are we saying that the -- if  
11                  we look in Table 23 where we see a striking difference  
12                  in these two definitions, which I guess no matter what  
13                  the history of this evolution of definition, it's  
14                  bothersome to me when you see such a strikingly  
15                  different result, a relative risk of 1.07 versus a  
16                  relative risk of .81.

17                  DR. GERSTEIN: I must -- I have to just  
18                  show, I mean, the next slide, and I have to make the  
19                  point. The 1.07 was -- I'm not sure where that comes  
20                  from actually, but regardless, the next one after  
21                  that --

22                  DR. FLEMING: According to this, it comes

1 from what was the protocol definition.

2 DR. GERSTEIN: No, but the -- it's  
3 incorrect. The protocol definition is this one, the  
4 24 hour test only. That is the protocol definition  
5 published in 1996. It said in the protocol in 1994,  
6 that the micro HOPE protocol -- and this was the one  
7 that we used in the Lancet paper.

8 DR. FLEMING: We understand what the  
9 published paper showed, but what we're interested in  
10 is what was in the protocol and was the protocol  
11 amended formally.

12 ACTING CHAIRMAN CALIFF: Dr. Hung.

13 DR. LIPICKY: We have to ask you whether  
14 that 1.07 relative risk was the protocol defined  
15 definition or an error on your part.

16 DR. HUNG: That 1.07, that actually is the  
17 definition I thought originally according to the  
18 protocol, but then you must clarify that that is not  
19 the case. So 1.07 hazard ratio, that one is much more  
20 restricted definition than the first one, which is --  
21 I don't know. It doesn't show up here.

22 DR. LIPICKY: Shari Targum is going to the

1 microphone.

2 DR. TARGUM: I'm just going to read the  
3 definition from the protocol, and the definition of  
4 overt nephropathy in the protocol is greater or equal  
5 to one plus proteinuria on dipstick or urinary albumen  
6 excretion greater than 200 micrograms per minute or  
7 300 milligrams per 24 hours.

8 That is in the protocol. That is not the  
9 same as the published --

10 DR. LIPICKY: And that is the analysis  
11 that the 1.07 comes from? Well, Jim says no.

12 DR. HUNG: According to the definitions  
13 read by Shari, we have addendum saying that the hazard  
14 ratio is .86. (Unintelligible) was .72, 1.02.

15 DR. LIPICKY: Well --

16 DR. HUNG: The P value is --

17 DR. LIPICKY: I'm sorry.

18 DR. HUNG: According to the definition  
19 just read by Shari we call it the protocol definition.

20 DR. TEMPLE: So the 1.07 is incorrect?

21 DR. HUNG: No, no, no, no. The 1.07 is  
22 not. One, point, oh, seven is much restricted

1 definition than the protocol definition just read.

2 DR. LIPICKY: Well, it's an analysis that  
3 only Jim did.

4 DR. HUNG: Right. I'm trying to  
5 entertain --

6 DR. LIPICKY: The sponsor has not  
7 represented that same data in any way.

8 DR. HUNG: Yeah, I'm trying to  
9 entertain -- I'm trying to, you know, entertain the  
10 sensitivity of the results.

11 DR. LIPICKY: -- the sponsor define  
12 nephropathy according to the rules that Jim did the  
13 analysis by.

14 DR. HUNG: Okay. Let me read again.  
15 Okay? According to definition just described by  
16 Shari, that the P value for that endpoint is .075, and  
17 I think sponsor agree with that and -- I'm sorry --  
18 not sponsor; the HOPE study group, and the hazard  
19 ration is .86. (Unintelligible) single is .72, 1.02.  
20 That is in the April 17th addendum.

21 In fact, the Lancet article has three more  
22 definitions, you know, more restrictive definitions,

1 and I can verify that. I was trying to entertain the  
2 sensitivity and robustness of the results.

3 DR. GERSTEIN: Can I just address a couple  
4 of issues related to that?

5 The first one is that the definition that  
6 was published and was in the literature is the first  
7 one that's on the line here, the 25 urine collection.  
8 It's also universally accepted around the world as the  
9 definition of diabetic nephropathy, and I see Dr.  
10 Bakris nodding his head, which is the top line on the  
11 thing, and this was published, and they said many  
12 years before the study ended, and so that's the first  
13 point.

14 The second point is I want it to be clear  
15 that we used this second definition in the paper for  
16 the reasons I mentioned above. However, we also  
17 wanted to make sure that this was a real number. So  
18 we explored the definition of diabetic nephropathy in  
19 the paper, and I'd like to have reserve Slide, if I  
20 could, No. 21, please.

21 Many people -- Number 21, reserve slide --  
22 many people have stated that in order to be really

1 sure that somebody with diabetes has diabetic  
2 nephropathy, you want to see that they've also had  
3 evidence of eye disease.

4 I've already stated that we didn't do eye  
5 photographs in patients, but in the Lancet paper, we  
6 said, "Well, let's explore this diabetic nephropathy  
7 finding. Let's use" -- because, you know, we didn't  
8 do kidney biopsies in these people -- "so let's use  
9 the most specific definition that the literature would  
10 accept on clinical data for diabetic nephropathy,"  
11 which means a urine collection that shows nephropathy,  
12 plus eye disease.

13 And so, of course, we have very few  
14 numbers, but we see that exact same trend showing,  
15 that there's a 38 percent relative risk reduction. So  
16 it was not that the Lancet paper was making a whole  
17 bunch of definitions. We were saying let's be more  
18 specific. Let's be even more specific, and let's see  
19 what happens to the results.

20 So this even further emphasizes the point.  
21 No matter how you define diabetic nephropathy in the  
22 HOPE data set, we get the same consistent results, and

1 that was the only reason that we did explore it in the  
2 Lancet publication.

3 ACTING CHAIRMAN CALIFF: Tom, are you  
4 satisfied now?

5 DR. LIPICKY: Let me see if I can explain  
6 again because this is now confusing, and it's  
7 confusing to me.

8 In the blue books there that you have that  
9 came at the conference, there is an addendum. A  
10 lawyer in committee management decided that you all  
11 didn't need to see that until today, not us. We  
12 wanted to get it to you two weeks ago.

13 So one part of the thing that would have  
14 been -- one part of the discussion would have been  
15 avoided in the sense that that is the same data in the  
16 same analyses that were shown at the meeting now.

17 We received the HOPE protocol set of case  
18 report forms that had sacks with variable names in  
19 every block in the original data so that we saw no  
20 written material from HOPE or the sponsor for purposes  
21 of the reuse that were written. In fact, it was  
22 rather difficult from the protocol and from the



1 publication to figure out how things were defined.  
2 That's why there are a bunch of different analyses  
3 that you have seen.

4           There is no discrepancy at all with  
5 respect to how the sponsor is represented or how HOPE  
6 is representing the data as they defined it, and what  
7 you're seeing is that you can take some trips when you  
8 interpret how things should be defined a little  
9 differently.

10           ACTING CHAIRMAN CALIFF: Okay. Tom, are  
11 you --

12           DR. FLEMING: All right. I'm now  
13 following along on Table 23(r) from the blue book that  
14 we were just presented today, and if I understand,  
15 then we are to discard the 122, 110, the 1.07 relative  
16 risk, as not having been correct. The correct, I  
17 understand, per protocol is the .86.

18           DR. HUNG: Yes. Just ignore the second  
19 line because second line seems to entertain the  
20 robustness.

21           DR. FLEMING: You're tell us that is, in  
22 fact, the protocol definition, and the protocol in

1 spite of these more recent developments and  
2 publications in '96, et cetera, et cetera, the  
3 protocol was never formally amended?

4 DR. LIPICKY: That's correct.

5 DR. GERSTEIN: The protocol was never  
6 formally amended.

7 DR. FLEMING: And so essentially what  
8 we're seeing here are results showing that they're  
9 about 270 events according to the definitions used in  
10 Lancet, which are about half the number of events that  
11 fit the protocol definition.

12 The good news is they both now trend in  
13 the right direction, relative risk of .86 versus  
14 relative risk of .78, if you use the original. If our  
15 interpretation is correct in Table 23(r), it continues  
16 though to suggest that micro albuminuria is actually  
17 only marginally affected, and renal dialysis is  
18 slightly in the wrong direction of only 18 cases.

19 And doubling in creatinine from baseline  
20 is slightly in the wrong direction. Are those, in  
21 fact, accepted as correct analyses per protocol?

22 DR. GERSTEIN: The doubling of creatinine,

1 yes. That is what we found, very few numbers of  
2 individuals, and as Dr. Brenner said, we're way back  
3 in the course of renal failure.

4 DR. FLEMING: Right, right.

5 DR. GERSTEIN: So we would not expect this  
6 to have any effect on doubling the creatinine or end  
7 stage renal disease.

8 DR. FLEMING: Or micro albuminuria. That  
9 shows almost a relative risk of .94. Is that also  
10 correct?

11 DR. GERSTEIN: Well, I showed the micro  
12 albuminuria data already for the diabetes and the non-  
13 diabetes group. I can show them again if you like,  
14 but --

15 ACTING CHAIRMAN CALIFF: No, no, no.

16 DR. FLEMING: Don't have to. I'm just  
17 asking if this is, in fact, essentially consistent  
18 with what you understand the protocol definition.

19 ACTING CHAIRMAN CALIFF: It's one, two,  
20 three, four --

21 DR. GERSTEIN: I don't have those numbers,  
22 your numbers right in front of me. I can --

1 DR. YUSUF: Actually while Hertznel is  
2 trying to look at that, Tom, can I deal with that  
3 first thing?

4 You know, when FDA did the initial review,  
5 they did not have the design paper that we published  
6 about four years ago. So we superseded the  
7 definition.

8 Now, it is fair we didn't file an  
9 amendment, but you've got to understand there's an  
10 investigator driven study, and we don't file  
11 amendments every time a slight definition protocol  
12 occurred.

13 However, the key point is: did we define  
14 what the outcome was before we looked at the data?  
15 And whether our definitions are data derived or not,  
16 and the point is three years before the study was  
17 completed, we made that definition which is there in  
18 the Diabetes Care literature. It's published, and  
19 those are the two things that Hertznel showed you. The  
20 first one was 24(r) urine where the P values are .08  
21 and the relative risk is .78, and the second one was,  
22 because of the early closure, we did not have -- it

1 wasn't possible to get 24 urines in everybody.

2           So without him knowing the data, he said,  
3 "Let's take the next best thing we have, and that is  
4 the albumen creatinine ratio," and he has reported  
5 that.

6           Now, to be fair, they all show a relative  
7 risk from .78 to .8, with P values just below or just  
8 above PO .05. So it's consistent, and I think it will  
9 be fair to say they're borderline P value. Nothing is  
10 three zeros, one.

11           ACTING CHAIRMAN CALIFF: I think we're all  
12 in agreement on those points. Now we've moved on to  
13 the issue that some of the other renal endpoints  
14 tending even in the wrong direction or show no effect,  
15 and the one that we were most concerned about, I  
16 think, that you were just going to look at was micro  
17 albuminuria.

18           DR. LIPICKY: Yeah, that was confirmed to  
19 be the correct number.

20           DR. GERSTEIN: That is the correct number.

21           ACTING CHAIRMAN CALIFF: So that has a  
22 ratio of .94?

1 DR. GERSTEIN: Point, nine, four.

2 ACTING CHAIRMAN CALIFF: With a P value of  
3 0.34.

4 DR. GERSTEIN: Yes, .33.

5 ACTING CHAIRMAN CALIFF: Okay. Joann, did  
6 you have any further questions?

7 DR. LINDENFELD:; Well, I have one other  
8 question, and I had asked earlier. In the diabetic  
9 patients without cardiovascular disease who were  
10 entered because they had diabetes in one respect, can  
11 you show us those patients and their risk factors?

12 In other words, what I want to know is how  
13 many of those --

14 DR. GERSTEIN: No. You're asking which of  
15 the risk factors those diabetic individuals had?  
16 Regarding if they had at least one risk factor, most  
17 of them had greater than one. Janice, I don't think  
18 we have an analysis broken down according to each risk  
19 factors. You can do it, but we haven't cut the data  
20 that way.

21 DR. LINDENFELD: The reason I'm asking  
22 just for clarification is when you look at your

1 patients with diabetes and one risk factor, we know  
2 that there are some we would treat anyway, but how  
3 does this data apply to those, a diabetic?

4 DR. GERSTEIN: Well, I should say, I mean,  
5 we defined what risk factors they could have. So it's  
6 not that any risk factor got them in. They had to  
7 have one of those five that we said: hypertension or  
8 smoking or micro albuminuria or lipid abnormalities.  
9 So they're very carefully defined risk factors based  
10 on epidemiologic data showing that those substantially  
11 increased the risk of a person with diabetes.

12 DR. LINDENFELD: I'm asking this mostly  
13 for the physician who looks at their patient and say,  
14 "Does this study apply to this specific?"

15 DR. GERSTEIN: Yeah. We haven't cut it  
16 that way.

17 DR. THADANI: Before you go on to the  
18 next, although you're showing there might be some  
19 subtle changes in micro albuminuria, but the hard  
20 endpoints of dialysis, others are not in your favor;  
21 is that correct?

22 DR. GERSTEIN: We have no reason to expect

1 that dialysis or creatinine change would be in our  
2 favor because of the fact that Dr. Brenner was just  
3 saying earlier on that the way -- early on in the  
4 course of the development of renal disease I think  
5 we're seeing just random play of chance.

6 DR. THADANI: I realize that, but in what  
7 you showed, the data, one of the studies was positive,  
8 and it's nice to know the endpoint is going in the  
9 right direction. So we may not have enough data.

10 Now, also you've made a comment that your  
11 P value went down from .04 to .07 because you say we  
12 don't rely too much on one plus dipstick, and yet you  
13 excluded all of those patients at baseline. How can  
14 you just contradict your own statement? If I had a  
15 new patient --

16 DR. GERSTEIN: It's different --

17 DR. THADANI: -- if it is one plus, you  
18 said those patients could be treated. Forget about  
19 that. Now you're saying that's not a good test. So  
20 I think I've got a problem with that because your  
21 entry criteria -- you're violating all of the entry  
22 criteria by doing that.



1 DR. GERSTEIN: I'd like to address that  
2 question. We excluded people with one plus  
3 proteinuria at entry for two reasons. One, the main  
4 reason is -- there's two points. The first one is  
5 it's a difference between an exclusion criteria and an  
6 outcome. So that's number one. So we defined an  
7 outcome more rigorously than an exclusion criteria.

8 The second point is that there was even in  
9 1993 a very strong bias in the diabetes community  
10 based on the Lewis study and other studies, that  
11 anybody with diabetes, regardless of whether they had  
12 Type 1 or Type 2 diabetes, should be in an ACE  
13 inhibitor, and we felt at the time that if we had  
14 included people with one plus or more dipstick  
15 proteinuria that we would have had (a) a very hard  
16 time recruiting and (b) a lot of violation of  
17 recruitment and a lot of use of unblinded ACE  
18 inhibitor.

19 So we thought for methodologic reasons  
20 that we should include anybody that's got clinical  
21 proteinuria at the time, but that is not the same as  
22 an outcome.

1 DR. THADANI: No, I buy that, but, on the  
2 other hand, if you are one plus, the chance are your  
3 proteinuria has increased.

4 ACTING CHAIRMAN CALIFF: Udho, let's  
5 maintain the order of questioning here. I think  
6 you'll be cleaning up at the end here if we could move  
7 on to Dr. Armstrong.

8 DR. ARMSTRONG: Following this discussion  
9 it would help me if we could start first with the  
10 methodology and the threshold for this dipstick, how  
11 symmetrical the methodology was across the centers.

12 And you mentioned it had a 70 percent  
13 sensitivity, and I wondered if you'd comment on the  
14 intra individual variation. Could you tell me  
15 something about the methodology and then I could ask  
16 my second question?

17 DR. GERSTEIN: Sure.

18 DR. ARMSTRONG: I only have two questions.

19 DR. GERSTEIN: Okay. The sensitivity and  
20 specificity data that I showed is not from the HOPE  
21 study. It's from the literature at the time. That's  
22 the first thing.

1           There's actually very little good  
2 sensitivity and specificity data on a year end  
3 dipstick, but just for the committee, again, it's like  
4 an Ames dipstick which has got a strip on it and  
5 different reagent pads on the strip. You dip it in  
6 the urine. It turns a color. You compare it to a  
7 reference color on the side of the bottle. If it's a  
8 certain color, you call it trace. If it's a darker  
9 color, it's one plus. If it's a darker color, it's  
10 two plus. It's a qualitative test, and it was simply  
11 used in the inter central measurements visits as a  
12 screening test.

13           That figure for sensitivity and  
14 specificity actually came from one paper many years  
15 ago which tried to look at it compared to 24 urine  
16 collections. I'm not aware of any other paper that's  
17 looked at it since that time, and which is why we  
18 never included that as a definition of nephropathy.

19           DR. ARMSTRONG: Did all of the centers in  
20 HOPE use the same dipstick?

21           DR. GERSTEIN: No, it would be different.  
22 There aren't -- I don't know all of the companies that

1 make dipsticks, but it's a similar technology. It's  
2 an old, you know, technology, and I'm assuming that  
3 someone in France may have used a different company's  
4 dipstick than somebody in the United States.

5 DR. ARMSTRONG: To what extent were the  
6 quantitative measurements that were driven by a  
7 positive dipstick similar or different?

8 DR. GERSTEIN: Oh, I see. I don't think  
9 we've cut the data showing the 24 hour urines driven  
10 by a positive dipstick compared to 24 hour urines by  
11 a positive central screen.

12 DR. ARMSTRONG: So finally, could you  
13 construct for me some kind of flow diagram so I could  
14 understand the patients in your study who had a  
15 positive and negative dipstick during the course of  
16 the study and then sort of how they came down the  
17 hopper to the end?

18 I'm confused as to how this study unfolded  
19 and how many patients actually ended up with a  
20 positive versus a negative dipstick and went on to  
21 quantitative measurements. I'm really having trouble  
22 following this discussion.

1           If someone could provide a flow diagram,  
2 it would facilitate my understanding.

3           DR. GERSTEIN: We could certainly do that  
4 with the data. We haven't done that type of flow  
5 diagram with the data to now.

6           DR. YUSUF: What we did was we collected  
7 urines for the albumen-creatinine ratio, and everybody  
8 at baseline one year and at the end of the study  
9 irrespective of anything else. So that way the mean  
10 ACR changes are really good data. Plus they're  
11 central labs, all that stuff, and that's audit.

12           Now, the dipstick at the beginning  
13 excluded people. They were out. Then every year they  
14 had a dipstick, and if they had a dipstick, then two  
15 things happened. They were asked to provide the  
16 morning urine because it was the urine they brought  
17 anyway that was done. That was sent to a central lab.

18           So two things, two events could trigger a  
19 24 hour urine. One is a positive dipstick. Another  
20 thing is if any urine that we collected at one year  
21 and four years went over that threshold, then we again  
22 asked for that.

1           So that in a sense the ACR is an objective  
2           measure, and it's a standardized measure. The  
3           dipstick is a qualitative measure, and the mean ACRs  
4           at one year and at four years are unbiased by  
5           anything, and it's standardized and it's complete. So  
6           that's all I can tell you.

7           ACTING CHAIRMAN CALIFF:    Okay.    Dr.  
8           Fleming, are you finished?

9           DR. FLEMING:    I'm done.

10          ACTING CHAIRMAN CALIFF:    Dr. Thadani.

11          DR. THADANI:    On that question, why didn't  
12          you show if you -- Salim says that ACR is the most  
13          sensitive. Why did you not show ACR alone? Because  
14          you never --

15          DR. GERSTEIN:    Well, we had the gold  
16          standard. I mean --

17          DR. THADANI:    No, I realize that, but you  
18          are saying that the most sensitive method of  
19          estimating, that's the definition. I know you showed  
20          a composite of three.

21          DR. GERSTEIN:    Yes.

22          DR. THADANI:    You must have analyzed ACR

1 alone because you've written papers. Somebody in the  
2 review must have asked you that.

3 DR. GERSTEIN: No, I think that would have  
4 been almost a little bit disingenuous. I mean what we  
5 said is we have the gold standard. We wouldn't go to  
6 the ACR alone, and in fact, you know, if there was a  
7 patient who had an CAR who was less than 36, but they  
8 did have a 24 hour urine collection, we believed the  
9 24 hour urine collection because that is the gold  
10 standard.

11 The ACR is only 93 percent sensitive and  
12 98 percent specific compared to that gold standard.

13 DR. THADANI: I realize that. Give the  
14 problems with the dipstick, missing it on some  
15 patients, you must have data on the issue on  
16 everybody, right?

17 So you --

18 DR. GERSTEIN: We have ACR on most --

19 DR. THADANI: Why don't you who us what  
20 happened with ACR?

21 DR. GERSTEIN: We analyzed the data just  
22 with the ACR without looking --

1 DR. THADANI: What's the significance on  
2 that?

3 DR. GERSTEIN: -- at the 24 hour urine  
4 collection. I don't think we have done the cut yet,  
5 yet. We haven't done that cut yet.

6 DR. THADANI: And what happens if there's  
7 no trend or anything on that?

8 DR. GERSTEIN: There's no reason to  
9 believe that -- sorry.

10 DR. YUSUF: It's unlikely, given the  
11 (inaudible).

12 DR. THADANI: All right. The other point  
13 is that you talked about micro angiopathy in the  
14 diabetes. It's a tough issue unless you do  
15 photographs, as you said.

16 DR. GERSTEIN: Yes.

17 DR. THADANI: And my ophthalmologist  
18 colleagues tell me that you really can't even diagnose  
19 it. You know, they're talking about the micro  
20 angiopathy, especially the retinal one, unless you're  
21 doing routine photographs, which you said you did not  
22 do.



1 DR. GERSTEIN: We did not do.

2 DR. YUSUF: What is the confidence level?  
3 Because if you take diabetes, a lot of them will have  
4 small, you know, aneurysms which you pick up on the  
5 regular limits. So how much confidence we have, these  
6 are really bad eyesight with a laser or in order to  
7 address that issue, really a prospective study on  
8 that?

9 DR. GERSTEIN: Well, clearly one could  
10 take the same model that Dr. Brenner showed for  
11 diabetic renal disease progression and apply it to  
12 diabetic eye disease progression. You have people  
13 that have no diabetic eye disease. They then get a  
14 couple of micro albuminuria -- micro aneurysms. We  
15 then get a couple of hard extrudates and soft  
16 extrudates, and et cetera, et cetera.

17 So for the eye disease we just asked  
18 people about the very, very end of the spectrum, and  
19 that's why we have two events, and it's one that most  
20 people who say they have laser therapy for diabetic  
21 eye disease do have laser therapy for diabetic eye  
22 disease, but we don't miss those who don't --

1 ACTING CHAIRMAN CALIFF: Udho.

2 DR. THADANI: But be sure that --

3 ACTING CHAIRMAN CALIFF: Udho.

4 DR. THADANI: -- the biopsy is --

5 ACTING CHAIRMAN CALIFF: Udho.

6 DR. THADANI: Yeah?

7 ACTING CHAIRMAN CALIFF: Your co-panelists  
8 are urging just one more question.

9 DR. THADANI: The last question is if the  
10 (inaudible) retinopathy is in the same direction, then  
11 why there's no difference. Actually there are 170  
12 patients in ramipril group and 186 in placebo. It's  
13 going in the wrong direction.

14 DR. GERSTEIN: Sure. Could I have reserve  
15 slide, just to maybe answer that, number -- give me a  
16 moment -- yeah, Number 24. Reserve Slide 24, please.

17 Okay. We included this in the paper, and  
18 I'll show you the results. We did then come up with  
19 a post hoc, post hoc definition, composite outcome of  
20 microvascular disease defined as either diabetic  
21 nephropathy or laser therapy or dialysis.

22 So in direct answer to your question, you

1 see that 9.4 percent of people on ramipril compared to  
2 10.5 percent of people on placebo did report a history  
3 of laser therapy for their eyes with a 12 percent  
4 relative risk reduction. I've already showed you the  
5 nephropathy. We threw in dialysis as a fair measure  
6 of part of the microvascular outcome, .6 versus .5,  
7 going in the wrong direction.

8           When you combine all three as a composite  
9 measure of microvascular complications, 15.4 percent  
10 versus 17.8 with a relative risk reduction of 15  
11 percent of the nominal P value of .05. So I think  
12 that answers your question directly.

13           Slide off.

14           ACTING CHAIRMAN CALIFF: Okay. I have two  
15 questions to which I would like a brief answer, which  
16 I know you can do after having been through the  
17 grilling you've already been through.

18           There are two things here that at least  
19 for this committee we've had kind of a standard that  
20 to recommend an indication it has to either cause the  
21 patient to live longer, feel better, or avoid an  
22 unpleasant experience of some kind.

1                   And you've got two things here: the  
2 delayed onset of diabetes and albumen in the urine as  
3 measures that you're considering important. Could you  
4 make a case for each as briefly about -- and obviously  
5 the implications to the public health, as Dr. Furberg  
6 is going into, I guess, in terms of cost, on the other  
7 hand, could be substantial if this was seen as a very  
8 important surrogate or way to interrupt a disease  
9 pathway.

10                   Could you just speak briefly to each?

11                   DR. GERSTEIN: All right.

12                   ACTING CHAIRMAN CALIFF: As to how we  
13 should view this as a panel?

14                   DR. GERSTEIN: I'll first address the  
15 diabetes and then the micro albuminuria.

16                   From a diabetes perspective, the most  
17 important thing about diabetes is that it's a really  
18 bad risk factor for really bad outcomes. So people  
19 with diabetes are at high risk for many bad things  
20 down the line, including microvascular and  
21 macrovascular disease and things like erectile  
22 dysfunction and everything else.

1           If you can have a therapy which even on  
2 average delays that development by two to three years,  
3 then you can make a substantial differences in  
4 diabetes. After all, in 1992, diabetes cost the  
5 American taxpayer \$100 billion a year just in that  
6 year alone. Anything that delays the development of  
7 that disease obviously is going to be cost savings and  
8 a difference to the individual's health.

9           Micro albuminuria can be viewed in a very  
10 similar way. You've got end stage renal disease,  
11 which is a serious outcome. Dr. Brenner has alluded  
12 to the cost and the numbers of people with end stage  
13 renal disease. Clearly if you can slow down the  
14 progression of renal disease even with an ACE  
15 inhibitor, then you can make a big impact on the  
16 serious outcomes down the line.

17           And so that's I think the best answer I  
18 can give.

19           ACTING CHAIRMAN CALIFF: Great. All  
20 right. Thank you.

21           Now, Dr. Furberg, if we can ask you to  
22 briefly summarize, perhaps even more briefly than you

1 had planned.

2 (Laughter.)

3 ACTING CHAIRMAN CALIFF: Like in about  
4 three minutes, if possible.

5 (Laughter.)

6 DR. FURBERG: Well, I'll try to be brief.

7 Members of the panel, ladies and  
8 gentlemen, let me just skip the slides. I was going  
9 to cover the composition of the experience board,  
10 going to comment on the prespecified outcomes and how  
11 we focused on the primary outcome, but also on all  
12 cause mortality and on safety.

13 I was going to say that we have adequate  
14 power to see meaningful differences in the various  
15 subgroups, those with various stages of disease and  
16 diabetes ranging from 11 to 16 percent, that before we  
17 looked at the data established monitoring boundaries  
18 that were really restricted during the first half of  
19 the trial, and strictly for benefit than for harm, and  
20 that we had planned annual visits.

21 And here is the experience I ant to spend  
22 a little bit of time on. At our first look when we

1 had less than one year of data, the Z score was 1.1.  
2 So nothing too exciting. Almost a year later we had  
3 tests, the nominal P value of .05, which was well  
4 below the boundary of four. So we decided to take  
5 another look a year later, and at that time the Z  
6 score was 2.75. We dropped the boundary well below at  
7 that time.

8 And we made some projections. We decided  
9 on the next meeting and projected that maybe by a year  
10 later it would cross the boundary and be able to stop  
11 the study. To our surprise, I mean, in November the  
12 Z score had jumped up and reached 4.3, but at that  
13 time it was clear that we needed to take some action  
14 and stop the study, and that was in November.

15 The problem we had at that time was that  
16 40 percent of all of the primary events had not been  
17 duplicated, and we didn't know how many events were in  
18 the pipeline. So we wanted to give the investigator  
19 some time to clean up the data, get complete data, do  
20 the classification so that the data would generate  
21 discussion like you've had today, very clear.

22 And that's why we gave them a few more

1 months, and we also asked for some specific analyses  
2 and stratified analysis looking at MI by type, stroke  
3 by type, et cetera.

4 Here are the Z scores over time just so  
5 that you can see what you lived through for the  
6 primary, and the pattern is very consistent. It  
7 started off with lower -- low values in the increase.  
8 You accumulated more events. The typical pattern for  
9 basically all of it, and it's interesting to note that  
10 in November '97 for some of these maybe we're around  
11 two and a half. All cause mortality was just one and  
12 a half.

13 So I don't think we had any problem saying  
14 let's go for another year, and that's when we got  
15 these fairly striking results and took the action that  
16 I had talked about, but the subgroup -- I think this  
17 is important -- has not maybe -- should even receive  
18 more attention. The two major subgroups, patients  
19 with vascular disease of various kinds and the  
20 diabetics, and again, the pattern is fairly striking  
21 here, the marked increase over time and with Z scores  
22 well over four for the larger group with vascular



1 disease and three and a half for the diabetics.

2 We noted at that time while it didn't  
3 affect the monitoring that the benefit was primarily  
4 in the older people in men, and the fact that we  
5 extended -- the study went to March mean that a few of  
6 these now reached nominal significance.

7 We were not concerned about safety at all.  
8 ACE inhibitor is well established, and we saw a  
9 fourfold increase in cough, and it led to  
10 discontinuation of treatment, and as you've talked  
11 about earlier, some cases of angioedema, nothing  
12 beyond what we expected. So safety was never an  
13 issue.

14 I think it's important to get back to the  
15 bigger picture. We had a good discussion today and  
16 really considered the primary outcome, and I would  
17 like to sort in closing to make some comments as a  
18 person who had no involvement in the conduct and  
19 analyses of the data.

20 The public health implications are  
21 substantial. The reduction we see here and for the  
22 major outcome of 22 percent with a remarkable P value

1 is similar to that we've seen with other important  
2 interventions, beta blockers, similastaten (phonetic)  
3 and pravostaten (phonetic), the statens, and also with  
4 aspirin. So they're adding important information from  
5 that point of view.

6 But what's so remarkable about the study  
7 is that ramipril was shown to be effective on top of  
8 these proven interventions, making, I think, the  
9 findings particularly important.

10 The documented benefit in patients with  
11 the various manifestations, the important subgroups,  
12 those with vascular manifestations of atherosclerosis  
13 in the heart, brain and peripherally, and the  
14 diabetics, they all had significant benefits, and I  
15 think that's where the importance of the trial lies,  
16 is because they extend the potential indications of  
17 ramipril to maybe as many as 15 to 20 million  
18 Americans, and the absolute benefit, again, as has  
19 been pointed out is also substantial.

20 A reduction of 43 events per 1,000  
21 patients treated for four and a half years is  
22 important in the area of prevention, and that

1 translates as you heard to a number needed to treat of  
2 23, and that number is obviously higher if you include  
3 some of the secondary outcomes.

4 So in summary, and Mr. Chairman, I think  
5 HOPE was a very well designed trial with important  
6 scientific findings that also had substantial public  
7 health importance.

8 Thank you.

9 ACTING CHAIRMAN CALIFF: All right. Thank  
10 you.

11 I think it's time now to move to the  
12 questions.

13 DR. TEMPLE: Rob, can I ask one?

14 ACTING CHAIRMAN CALIFF: Sure.

15 DR. TEMPLE: I just wanted to ask Curt  
16 something.

17 I mean in some ways the robustness of the  
18 findings was something of an accident because instead  
19 of stopping it earlier, you didn't really have the  
20 overwhelming finding early and then the curve went up.

21 One of the things we've been suggesting to  
22 people is that the monitoring committee only count

1 mortality, perhaps even total mortality, a more  
2 conservative endpoint which means more trials will go  
3 longer.

4 Do you have any thoughts about that?  
5 Would you all have felt comfortable operating under  
6 that termination rule or wouldn't it have made any  
7 difference or did you sort of do that anyway?

8 DR. FURBERG: I think we do it anyway. As  
9 you know, I'm sure we agree on this point. I mean,  
10 with my NIH background, total mortality is often the  
11 primary outcome. That is always the yardstick, the  
12 comparison, and we kept an eye on that, and mortality  
13 was lagging a little bit behind the other outcomes.

14 So by going the other year, I think we got  
15 important results on all cause mortality, and it makes  
16 me feel much better both in terms of efficacy and  
17 safety about the time.

18 DR. TEMPLE: But your official stopping  
19 rules were based on the combined endpoint.

20 DR. FURBERG: That's correct.

21 DR. TEMPLE: So it could have been that  
22 you would have been confronted with a consideration to

1 stop it much earlier.

2 DR. FURBERG: I think that typically you  
3 use the primary outcome for your stopping guidelines.  
4 These are guidelines only, but we always kept an eye  
5 on all cause mortality.

6 ACTING CHAIRMAN CALIFF: So, Bob, if I  
7 interpret your question right, you're saying that you  
8 would recommend from the FDA perspective that people  
9 not stop for non-fatal endpoints if mortality is  
10 not --

11 DR. TEMPLE: Yeah. Look. Obviously we  
12 have no rule or official guidance on this, but you  
13 know, endpoints are evanescent. Death is not. You  
14 know, you don't have to really worry it's going to go  
15 away, and you don't stop a major endeavor prematurely.

16 But in addition, I have to say having  
17 studies go longer has some appeal. First of all, we  
18 like easy regulatory decisions than more difficult  
19 ones, but I don't want to advertise that.

20 But you do get to look at subsets. You  
21 get to look at all of the people under -- you get tons  
22 more information if you can go a little longer.

1 Obviously there's the ethical difficulty of continuing  
2 when you know the answer, and I was just fresh from  
3 this recent experience. I was wondering what Curt  
4 thought.

5 ACTING CHAIRMAN CALIFF: Okay.

6 DR. FURBERG: Well, it was made easy when  
7 we had that jump in Z score. If we at the November  
8 '98 meeting had a Z score just about three, I think we  
9 would have had a lengthy discussion, but it was made  
10 easy, and then when mortality passed the -- reached  
11 .01, I think it was very clear.

12 ACTING CHAIRMAN CALIFF: All right. Now,  
13 we move into the panel session. As I understand it,  
14 everyone who's here on the panel can vote except Dr.  
15 Bakris, who is not a special government employee. So  
16 you're welcome to participate in the discussion though  
17 as we go through the questions.

18 And I'm going to ask Dr. Lindenfeld to  
19 lead the discussion. The first question is: does the  
20 HOPE study adequately establish the beneficial effect  
21 of ramipril compared to placebo on the combined  
22 endpoint of MI, stroke, and death and cardiovascular

1 causes?

2 DR. LINDENFELD: Yes, I would say  
3 absolutely it does.

4 ACTING CHAIRMAN CALIFF: Is there any  
5 disagreement?

6 (No response.)

7 ACTING CHAIRMAN CALIFF: Okay. Well, then  
8 we move to 1.1. Does the proposed labeling adequately  
9 describe the risk factors of the HOPE study  
10 population?

11 DR. LINDENFELD: Well, I think in general  
12 it does. The one concern I still have is as written  
13 at least to me this implies that diabetics with a  
14 single risk factor, not necessarily with coronary  
15 disease, and with any single risk factor the study  
16 applies to them, and I'm a little bit concerned that  
17 that's not the case here.

18 Although the trends were suggestive that  
19 diabetics without coronary disease had a benefit, many  
20 of those probably would be treated anyway. Many of  
21 them probably had micro albuminuria as a single risk  
22 factor and some with hypertension. So I'm a little

1 bit more hesitant about the wording of this.

2 ACTING CHAIRMAN CALIFF: Are there other  
3 opinions on this issue?

4 DR. THADANI: Just one minor point on that  
5 with the low exterior levels and divudex (phonetic)  
6 because now you've got Jim Fabrils (phonetic) who  
7 study very positive in that group, too. I think just  
8 a bit of concern, but given the data, it's positive,  
9 but perhaps more questions than answers from the  
10 studies.

11 ACTING CHAIRMAN CALIFF: Would you propose  
12 a change in the wording of the label, Joann?

13 DR. LINDENFELD: Well, I might say in  
14 patients both diabetic and non-diabetic 55 years or  
15 older, and then stop it at coronary disease, stroke,  
16 peripheral vascular disease, period.

17 ACTING CHAIRMAN CALIFF: Would it be safe  
18 to say based on the questions that if the HOPE group  
19 or the sponsor came up with more analyses that  
20 justified the statement about diabetics with one risk  
21 factor, I mean, you have some questions, I think.  
22 They just hadn't looked at the data now.



1 DR. LINDENFELD: Yeah, right. I think if  
2 we saw the data there where there was significant,  
3 sure, we'd add that.

4 ACTING CHAIRMAN CALIFF: Does anyone else  
5 on the panel feel that there's any change needed in  
6 the label?

7 DR. Di MARCO: I don't. I agree  
8 completely with Joann. I think one issue one might  
9 raise if one were to do the analysis that Joann is  
10 suggesting, since the numbers would be relatively  
11 small, you know, we've got to consider what the level  
12 of significance, of statistical significance would  
13 need to be to accept the implications of the diabetics  
14 with one risk factor clause.

15 I mean I don't want to make a concrete  
16 suggestion here, but I think that's something that's  
17 going to have to be considered in the discussion about  
18 the labeling. Small numbers. How compelling do the  
19 results have to be to accept the mandate that would be  
20 implicit in this label?

21 DR. PINA: It might be difficult --  
22 correct me if I misinterpret it -- but that it was not

1 -- the P value was greater than .05 in diabetics  
2 without cardiovascular disease. So it wouldn't even  
3 meet the .05 criteria.

4 ACTING CHAIRMAN CALIFF: But it is a  
5 subgroup with trending in the same direction as the  
6 overall study.

7 DR. PINA: Right, right.

8 ACTING CHAIRMAN CALIFF: Well, maybe at  
9 this point, the question 1.2 actually raised looks a  
10 little bit tricky to me. Does the proposed label have  
11 what we describe the characteristics of the population  
12 that should be treated -- underline the word "should."  
13 So maybe we could go ahead and vote on the main  
14 Question 1.

15 I'm assuming this will be quick based on  
16 the fact that no one had discussion.

17 DR. TEMPLE: Yeah, Rob, I have a question.  
18 The wording in the indication section is written the  
19 way we usually write combined endpoint wording, and it  
20 says "or." That is, myocardial infarction, stroke, or  
21 death. Is that what people mean, or do they believe  
22 as Salim did that it, in fact, has shown an effect on

1 each of those, in which case you would write it  
2 differently?

3           You might start with "and." I would put  
4 an "of" in front of each one to make it clear if I  
5 wanted to convey that impression. Do you see what I  
6 mean?

7           ACTING CHAIRMAN CALIFF: Yes. I think  
8 that's a good question.

9           Joann, the question is: are you convinced  
10 that an individual effect was shown on each component?

11           DR. LINDENFELD: Yes.

12           DR. LIPICKY: That's sort of part of 1.3.

13           ACTING CHAIRMAN CALIFF: Well, I  
14 interpreted 1.3 to be a different question.

15           DR. LIPICKY: Well, okay. Then it was  
16 poorly written.

17           (Laughter.)

18           DR. LIPICKY: But, in fact, that  
19 discussion would appear if one started to add things  
20 that were not part of the combined endpoint. Okay?  
21 So that really is part of 1.3, and right now I think  
22 all one is talking about is if one defines the

1 population the way in which it was defined in the  
2 protocol, is that sufficient, and that's one to  
3 describe it in the indications, and secondly, if  
4 that's how it's described in the indications, you'd  
5 think people like that should be treated.

6 So those are the questions that are being  
7 discussed now.

8 DR. TEMPLE: Ray, I was asking about the  
9 endpoint, not the population.

10 DR. LIPICKY: Well, but we're talking  
11 about the population now.

12 DR. TEMPLE: I know. I was trying to go  
13 back to the first question.

14 ACTING CHAIRMAN CALIFF: Well, let me try  
15 -- well, all right. So let's go back to the main  
16 Question 1, and the question there is for the  
17 components of the composite, MI, stroke, and death  
18 from cardiovascular causes.

19 Are we convinced there is an effect on  
20 each of those endpoints?

21 DR. LINDENFELD: I was convinced there was  
22 an effect on each one.

1                   ACTING CHAIRMAN CALIFF: Tom? As the  
2 panel statistician, do you have a comment on that?

3                   DR. FLEMING: The much easier question to  
4 answer is the one that have answered all unanimously  
5 positively, and that was what was the study designed  
6 to address as its primary goal, and that was the  
7 composite endpoint, and did it achieve that, and the  
8 answer is, yes, it did, and in fact, as Curt showed,  
9 with one chance in a half a million. Five hundred  
10 thousand to one is the P value.

11                   We have also, because of the robustness of  
12 that result, seen that when you split this in  
13 innumerable ways you get, because of the  
14 compellingness of the result, which is what Bob Temple  
15 was saying, it's nice when your study can go that long  
16 so that you can get such a compelling result, so that  
17 when you split it in so many different ways, it's  
18 still convincing.

19                   We never gave the same level of rigorous  
20 inquiry to the individual components. I don't know  
21 the answer. I certainly am more inclined to think  
22 that those individual components have been established

1 than I am for mortality, which is an 05, which is a  
2 200 to one or 2,500-fold more convincing is the  
3 composite endpoint than mortality, and mortality is  
4 secondary and the composite was primary.

5 And I haven't looked in subgroups, and I  
6 don't know what happens when we look in the U.S. or in  
7 the non-Canadian setting, and is at least the point  
8 estimate consistent for mortality?

9 Now, you're asking, and I see some were in  
10 between my reluctance to say mortality has been shown  
11 and my complete acceptance at the composite endpoint  
12 has been shown. Somewhat in between you're asking Rob  
13 has the individual components of the composite been  
14 shown.

15 Is this a question that we have to answer?  
16 Can the labeling essentially reflect that the study  
17 established compelling evidence of benefit on this  
18 composite with these three components?

19 ACTING CHAIRMAN CALIFF: Well, I think,  
20 Bob, if I --

21 DR. TEMPLE: It could, but that's not  
22 nearly as good as telling people who happened if

1 that's not the only thing you can conclude. That's  
2 why -- I mean you're right. The other question is  
3 easier. The P value is as long as your arm, but this  
4 is still a relevant question. Was there a mortality  
5 effect or was there a stroke factor?

6 DR. FLEMING: Yeah. The mortality  
7 question I'm more concerned about than the individual  
8 component question. The mortality question, because  
9 of the incredible importance of mortality and the fact  
10 that it is the least compelling of the five things,  
11 the composite, the three components of the composite,  
12 and mortality; mortality is the least compelling, and  
13 data has not been presented to us to look at how  
14 robust the mortality result is.

15 We don't even know what the result point  
16 estimate is in the U.S. or in the non-Canadian  
17 setting. So it seems to me we have focused, as makes  
18 sense, on, as Salim keeps telling us to: focus on  
19 what you said you would do as the primary endpoint,  
20 and that has been compelling.

21 DR. TEMPLE: No matter what the results,  
22 once you've set up --

1 DR. FLEMING: No, not true, not true, but  
2 what I'm saying is at least as so far as mortality is  
3 concerned, if we wanted to conclude that we have  
4 established with this one study on a secondary measure  
5 mortality as having been convincing, I would have  
6 wanted to have had more insight presented to us today  
7 about what the mortality results show, in the same way  
8 that we spent an enormous time spending -- looking at  
9 what the composite results show.

10 DR. TEMPLE: Tom, let me be clear. The  
11 cardiovascular death significance level is .0002, and  
12 overall mortality, which is obviously a compromise  
13 measure since half of the deaths aren't affectable,  
14 was significant nominally at .005.

15 DR. FLEMING: Right, right. Twenty-five  
16 times less convincing.

17 DR. TEMPLE: I guess to me I contrast this  
18 with our usual use of combined endpoints where we just  
19 throw the three out together and somewhere in clinical  
20 pharmacology can find out what actually happened to  
21 each of them, but in some ways that doesn't seem as  
22 satisfactory if you don't have to do it.



1           So I'm pressing you on this because it  
2           seems to me if there were a good basis for it, you'd  
3           like the label to give all of the things that were  
4           reasonably likely to have been found.

5           ACTING CHAIRMAN CALIFF: Tom, I want to  
6           press on you a little bit, too, on this because, you  
7           know, I'm consistently finding as I'm a guest  
8           panelists on other groups that 90 percent of  
9           clinicians can't deal with saying the composite was  
10          different. They always want to know the individual.

11          And most patients, if you say this  
12          prevents death, stroke or heart attack, may say,  
13          "Well, what does it do to stroke?" and you say, "Well,  
14          we can't say," that's a problem.

15          And this is a trial that's, I think, so  
16          robust. I mean we rarely get a .005 for  
17          cardiovascular death, and here we have it for all  
18          cause mortality.

19          DR. FLEMING: I understand, and your  
20          question is?

21          ACTING CHAIRMAN CALIFF: Why is .005 not  
22          persuasive to you? You say you want to know the North

1 American or U.S. results. I'm surprised.

2 DR. FLEMING: Well, .005, this is very  
3 important, but nevertheless a secondary endpoint, a  
4 single study. Traditionally we would have assumed if  
5 this was the primary endpoint in a single study the  
6 general guideline, and it's only a guideline, would be  
7 .025, and is how many -- I mean, one of the reasons  
8 that to me this single study carries the day is the  
9 overwhelming evidence that it provides on the  
10 composite endpoint, which was the primary endpoint.

11 And yet we still spent a considerable  
12 amount of time dissecting this in many different ways  
13 to understand strength of evidence, and I'm suggesting  
14 that on a secondary measure whose strength of measure  
15 is 2,500-fold less, that we haven't even been shown  
16 what these patterns are for consistency of effects on  
17 mortality over various subgroups.

18 If we wanted to answer this question,  
19 shouldn't we have seen more of the evidence on  
20 mortality, which would have been a much less obvious  
21 answer than the composite endpoint. My sense is the  
22 composite endpoint is absolutely shown, and there is

1 potentially enough evidence to even say that the  
2 individual components have been shown. I'm not sure  
3 that the distinction between those two is so  
4 important, but the distinction with overall mortality  
5 is important.

6 And we've understood that we didn't expect  
7 to have effects on non-cardiovascular mortality, and  
8 the study properly showed us, the investigators  
9 properly showed us that we didn't have an adverse  
10 effect, but in fact, it certainly did, as you would  
11 expect, dilute the overall strength of evidence, and  
12 that strength of evidence is on the margin I'm saying  
13 for what I would have typically expected we would have  
14 looked at even if it was a single study as the primary  
15 endpoint. This is a secondary endpoint.

16 ACTING CHAIRMAN CALIFF: Ray, you had your  
17 hand raised?

18 DR. LIPICKY: Well, no. I can't say it  
19 better than Tom. I just want to support him.

20 ACTING CHAIRMAN CALIFF: Are there other  
21 views?

22 DR. THADANI: I think it's important. You

1 know, the composite endpoint is positive, and as Tom  
2 has said, why we have to say that mortality went down  
3 with the composite endpoint is clear. They're all  
4 hard endpoints. There's no ischemia driven endpoint  
5 here.

6 So I think directing that, myocardial  
7 infarction and stroke, which matter a lot, so why do  
8 you want -- perhaps one important area, you could give  
9 a table how each contribution was rather than  
10 mentioning in words, just give the numbers. What were  
11 the mortality, the morality at each point? Could you  
12 add that?

13 DR. FLEMING: The three components were  
14 not overall mortality, stroke, and myocardial  
15 infarction. They were cardiovascular mortality,  
16 stroke, and myocardial infarction. Cardiovascular  
17 mortality is significant at, you know, .0001, which  
18 makes most people's test for robustness, at least  
19 compared to anything else we've ever seen.

20 I guess I want to throw something out  
21 because this comes up a lot. I think in a trial where  
22 there are a lot of noncardiovascular deaths, total

1 mortality is a robustness test. It may or may not,  
2 however, be the best description of what the drug did.

3 The fact that a total mortality still  
4 comes out favorable makes you feel you haven't lost  
5 any -- there's nothing weird going on, and that's all  
6 to the good, but we already know this drug isn't going  
7 to interfere with death due to cancer. We don't  
8 expect it to.

9 So I would argue that at least in some of  
10 these cases, the best measure of what the drug did is,  
11 in fact, cardiovascular mortality.

12 In any case, this seems the one thing I do  
13 think is that you want to tell people as much as you  
14 responsibly can and not let them guess about what the  
15 combined endpoint means. We use combined endpoints as  
16 something we have to do to get enough endpoints, but  
17 it's quite undesirable. You'd rather know the answer  
18 for each of them. That's a second best approach which  
19 you usually have to take because there aren't enough  
20 endpoints.

21 Here, for better or worse, there were lots  
22 of endpoints.

1                   ACTING CHAIRMAN CALIFF: John, you had a  
2 comment?

3                   DR. GRABOYS: Just a comment. The nice  
4 thing about total mortality though is that you don't  
5 have to worry about adjudication then, and I think of  
6 reasons why, you know, people with pneumonia, if  
7 they've had a prior infarct or if they've had renal  
8 failure might do less well, and so the fact that total  
9 mortality doesn't move in the wrong direction takes  
10 away a lot of the uncertainty, and so I like that.

11                   And the cardiovascular mortality is very  
12 strong. So I think that those very hard endpoints are  
13 good.

14                   I'm a little uncomfortable about the  
15 myocardial infarction because of the way it was -- in  
16 the fatal events at least it covered a lot of things.

17                   DR. TEMPLE: But that finding is not the  
18 fatal events. It's the non-fatal events.

19                   DR. GRABOYS: Yeah.

20                   DR. TEMPLE: The fatal ones are already in  
21 the test.

22                   ACTING CHAIRMAN CALIFF: Are there more

1 comments on --

2 DR. THADANI: Yeah. Even on the  
3 cardiovascular mortality, there are patients who died  
4 off a pulmonary embolism, which one presumes had  
5 nothing to do with it. I've got some patients have  
6 died.

7 PARTICIPANT: (Inaudible.)

8 DR. THADANI: I realize that. So, again,  
9 that's the trouble with the cardiovascular mortality.  
10 They're encountered in that. So I think total  
11 mortality is a better endpoint than dissecting  
12 everything else out.

13 DR. PINA: Rob, are you asking for  
14 comments beyond the mortality issue or are you back  
15 into the statement here toward the bottom?

16 ACTING CHAIRMAN CALIFF: I'll entertain  
17 anything on Question 1 now you want to comment on  
18 because we're about to close it out.

19 DR. PINA: Right. I have a problem in the  
20 last sentence with the secondary endpoint of heart  
21 failure because that was not a prespecified secondary  
22 endpoint.

1                   ACTING CHAIRMAN CALIFF: Oh, we're going  
2 to get to that. That's Question 9.

3                   By the way, Question 9 is the last one in  
4 case you don't have it in front of you.

5                   DR. PINA: Right.

6                   ACTING CHAIRMAN CALIFF: We need to  
7 discuss 1.2 just for a minute. Does the proposed  
8 labeling adequately describe the characteristics of  
9 the population that should be treated?

10                  Now, Ray, I thought that our job was not  
11 to define who should be treated. That's the doctor's  
12 job.

13                  DR. LIPICKY: Yeah, that's okay, and  
14 that's a perfectly good answer. That means that then  
15 the people who are described as having been enrolled  
16 in the trial will sound like they should be treated,  
17 and the question was meant to just see whether you had  
18 any problem with that, and if you don't that's okay.

19                  ACTING CHAIRMAN CALIFF: Okay. So that  
20 would roughly be the same as Question 1.1 then.

21                  DR. THADANI: Rob, on that issue, a  
22 patient who was diabetic in one respect or



1 hypertension, the new guidelines would suggest that  
2 one should lower the blood pressure to below 130 or  
3 120, and one of the difficulties you might run into,  
4 I don't know what this drug will do if you follow that  
5 correctly here, too.

6 So are you concerned at all or are the  
7 panel concerned that that -- you find the therapy?  
8 Because one possibility, you would just stop with  
9 this, but I understand the recommendation now is to  
10 lower the pressure to 120 or 130 in those patients.  
11 And would this probably still hold?

12 DR. TEMPLE: The way it's written now, it  
13 lists as the people who should be treated -- and make  
14 no mistake. Labeling does suggest who should be  
15 treated. It doesn't command it, but it suggest is --  
16 is the exact people who were in the study. That's  
17 what all those listings of factors are.

18 That isn't the only thing one could do.  
19 One could say it's for people at high risk of coronary  
20 artery disease and here's what we mean, or of these  
21 events, and here's what we mean by that, which is a  
22 somewhat more flexible definition, and I think one has

1 some choice there.

2 ACTING CHAIRMAN CALIFF: Okay.

3 DR. LIPICKY: Maybe the right way to think  
4 about the answer to these questions, the 1.1 and 1.2,  
5 is that if one thinks one needs a lot of words written  
6 in parentheses or two or three more sentences that  
7 describe the patients, if that would help any, or if  
8 the few words or the one sentence that reasonably  
9 reflects the population randomized is sufficient, I  
10 think that maybe is what those were getting at.

11 ACTING CHAIRMAN CALIFF: Right.

12 DR. LIPICKY: Because, clearly, we could  
13 write a textbook on, you know, what this is all about  
14 and how you tell whether there's coronary artery  
15 disease and how you know the EST segment.

16 ACTING CHAIRMAN CALIFF: Yeah, my sense of  
17 the panel is that people are pretty happy with the way  
18 it's written except for the question of the people  
19 with diabetes, and one risk factor is how robust that  
20 population is.

21 And I think the concern, if I'm sensing  
22 the panel, is that that's a huge population. This is

1 one study and sort of the first time out of the box  
2 with it. So --

3 DR. LIPICKY: But the primary endpoint is  
4 met.

5 ACTING CHAIRMAN CALIFF: Yeah, the primary  
6 endpoint was met.

7 DR. LIPICKY: Rather adequately, right?

8 ACTING CHAIRMAN CALIFF: Quite adequately.  
9 No question about that. It was met, and so what I'd  
10 like to do is just to move to a formal vote on  
11 Question 1, and then we'll quickly vote on 1.1, 1.2,  
12 and 1.3 so people can formally express their opinion  
13 on it.

14 Does the HOPE study adequately establish  
15 the beneficial effect of ramipril compared to placebo  
16 in the combined endpoint of MI, stroke, and death?

17 If we could just start at the right-hand  
18 side.

19 DR. MOLITCH: Yes.

20 DR. GRABOYS: Yes.

21 DR. PINA: Yes.

22 DR. Di MARCO: Yes.

1 ACTING CHAIRMAN CALIFF: Yes.

2 DR. BORER: Yes.

3 DR. LINDENFELD: Yes.

4 DR. ARMSTRONG: Yes.

5 DR. FLEMING: Yes.

6 DR. THADANI: Yes.

7 ACTING CHAIRMAN CALIFF: This is a first  
8 for me, I think, on this panel, a unanimous vote.

9 (Laughter.)

10 PARTICIPANT: Six zeros in front of the  
11 one will do that.

12 ACTING CHAIRMAN CALIFF: Now, I think we  
13 can combine 1.1 and 1.2, and I think the primary  
14 proposition is that the labeling, which describes the  
15 population enrolled in the trial, is adequate and the  
16 reasoning being that the primary endpoint was met for  
17 the subgroups that we've discussed.

18 So if we could take a vote on that.

19 Yes?

20 DR. MOLITCH: Sorry, Rob. One question.  
21 Is this what we have here in front of us or what was  
22 shown up on the slide, which I think included all

1 cause morality?

2 ACTING CHAIRMAN CALIFF: This is -- until  
3 we get to 1.3, this pertains only to the primary  
4 composite endpoint.

5 DR. MOLITCH: Okay.

6 ACTING CHAIRMAN CALIFF: And you can go  
7 ahead and start with your vote.

8 DR. ARMSTRONG: Can I just ask, Rob,  
9 before?

10 ACTING CHAIRMAN CALIFF: Yes, sir.

11 DR. ARMSTRONG: On 1.2 are we talking then  
12 about the preselected secondary endpoints in the  
13 context of this question? Is that right?

14 ACTING CHAIRMAN CALIFF: No. We're only  
15 talking about it with regard to the primary endpoint.

16 DR. ARMSTRONG: Sorry. Okay.

17 DR. GRABOYS: Yes.

18 MR. MOLITCH: Yes.

19 DR. PINA: Yes.

20 DR. Di MARCO: Yes.

21 ACTING CHAIRMAN CALIFF: Yes.

22 DR. BORER: No.

1                   ACTING CHAIRMAN CALIFF: Could I -- yeah,  
2 just comment.

3                   DR. BORER: Yeah. Before I could accept  
4 this, I would want to see the data on what appears to  
5 have been a very small group of patients who had  
6 diabetes and only one risk factor.

7                   DR. LINDENFELD: No for the same reason.

8                   DR. ARMSTRONG: Yes.

9                   DR. FLEMING: Yes.

10                  DR. THADANI: Yes.

11                  ACTING CHAIRMAN CALIFF: Okay. So I'm  
12 sure that there will be an opportunity for the sponsor  
13 to bring back more data regarding that subpopulation,  
14 although the panel vote is clearly in favor also.

15                  Now, 1.3, should all cause mortality be  
16 included in the indications portion of the labeling?

17                  DR. MOLITCH: No.

18                  DR. GRABOYS: Yes.

19                  DR. PINA: No.

20                  DR. Di MARCO: Yes.

21                  ACTING CHAIRMAN CALIFF: Yes.

22                  DR. BORER: Yes.

1 DR. LINDENFELD: Yes.

2 DR. ARMSTRONG: Yes.

3 DR. FLEMING: No.

4 DR. THADANI: No.

5 ACTING CHAIRMAN CALIFF: What was the  
6 final vote there? Six yes, four no. So --

7 DR. TEMPLE: Rob, that was all cause  
8 mortality as distinct from cardiovascular mortality.

9 ACTING CHAIRMAN CALIFF: Yes.

10 DR. TEMPLE: How did we understand? Is  
11 that right?

12 ACTING CHAIRMAN CALIFF: That was all  
13 cause mortality, correct.

14 Okay. So we now move on to Question 2.

15 DR. TEMPLE: Well, before you leave, can  
16 I ask a question? If you had a drug that  
17 unequivocally reduced cardiovascular mortality and  
18 carried along the rest of the death, would that lead  
19 you to say there's an effect on all cause mortality or  
20 on cardiovascular mortality, or maybe that's what that  
21 vote just told us? I don't know.

22 ACTING CHAIRMAN CALIFF: I'm not sure the

1 vote exactly addressed that, but I would certainly  
2 feel that if all cause mortality is reduced, that  
3 trumps everything else, and for what John said. I  
4 have -- and you're an expert in this. I think your  
5 career in a way started with an investigation of all  
6 cause.

7 DR. TEMPLE: Oh, no, that was highly cause  
8 specific. Cardiovascular mortality in the entry in  
9 reinfarction trial was just fine. There was only one  
10 noncardiovascular death. So it was not a big issue.

11 ACTING CHAIRMAN CALIFF: Okay.

12 DR. TEMPLE: Cause specific mortality is  
13 a whole different thing, I think.

14 ACTING CHAIRMAN CALIFF: You know,  
15 personally I'm not very interested in cause specific  
16 mortality except as an interesting scientific  
17 question. I mean as a patient, I really care about  
18 whether I'm dead or alive. So --

19 (Laughter.)

20 DR. TEMPLE: Yeah.

21 ACTING CHAIRMAN CALIFF: If I'm dead, I'm  
22 not going to ask what I died from.



1 DR. TEMPLE: But my reasons for asking is  
2 that it seems somewhat misleading to me to suggest  
3 that you have an effect on all causes of death, which  
4 is one way to read that, when in fact you're only  
5 having an effect on one part.

6 Certainly all cause mortality needs to be  
7 in the labeling somewhere so that people know it  
8 happened. That's not the debate. It's what the  
9 indication should be.

10 DR. Di MARCO: But you could just say  
11 "mortality."

12 DR. TEMPLE: You could, but it worries me  
13 as being somewhat misleading for the same reason. All  
14 of the effects on one kind of death, it doesn't affect  
15 cancer. There were equal numbers of cancer death. So  
16 it sound like it sort of captures that, too, which is  
17 not what one wants.

18 ACTING CHAIRMAN CALIFF: But you appear to  
19 have a lot more faith in classification of cause of  
20 death. I have -- I think it's rubbish for the most  
21 part, and so, you know, I would see --

22 DR. TEMPLE: Even cancer versus

1 cardiovascular?

2 ACTING CHAIRMAN CALIFF: People with  
3 cancer have thrombogenic substrate and are more likely  
4 to have clotting related causes of death. I mean,  
5 there are now clear data showing that if you have  
6 cancer and you have coronary disease, your risk of  
7 dying of coronary disease is higher.

8 DR. TEMPLE: The observation here that the  
9 noncardiovascular deaths tend to be equally  
10 distributed even though you've had a profound effect  
11 on cardiovascular death is a fairly consistent  
12 finding. So I'm sure there's an error rate. I have  
13 no doubt about that at all, but I think it's probably  
14 trumped by a substantially accurate measure.

15 Okay. Well, I just wanted to hear what  
16 you thought.

17 ACTING CHAIRMAN CALIFF: Okay. Question  
18 2, and this is an interesting question. Were there  
19 differences in the primary endpoint with respect to,  
20 first the easy one, gender?

21 Joann?

22 DR. LINDENFELD: No differences.

1                   ACTING CHAIRMAN CALIFF: Any disagreement  
2 with that?

3                   (No response.)

4                   ACTING CHAIRMAN CALIFF: Now we get to  
5 another easy one, age.

6                   DR. LINDENFELD: Again, no differences.

7                   ACTING CHAIRMAN CALIFF: Now we get to a  
8 not so easy one, race.

9                   DR. LINDENFELD: Well, race is very  
10 difficult because, again, the numbers were so small I  
11 don't think that we can tell if there's a difference  
12 or not.

13                   ACTING CHAIRMAN CALIFF: Any further  
14 comments on the race issue?

15                   DR. THADANI: The race issue is worrisome.  
16 I realize the sample size is very small. Given the  
17 ACE inhibitor data and hypertension, I realize there's  
18 no uniformity, but all our response, that might be  
19 lower. It would be nice to be sure that it works in  
20 all across. It's not the problem with the  
21 investigator. I think they're separately very small,  
22 but especially in blacks and Asians there might be

1 concern. We might be giving a therapy which may not  
2 benefit, and one may forget about therapies which by  
3 reflector say take a patient with diabetes who also  
4 has hypertension. Maybe diuretics might save their  
5 lives, and we might be giving the wrong drug which may  
6 have no impact.

7 So I think I have big concerns on that.

8 ACTING CHAIRMAN CALIFF: Dr. Borer?

9 DR. BORER: Yeah. I have concerns about  
10 this not because the populations are so small, because  
11 a lot of the other subpopulations are small, too, but  
12 because the apparent discrepancy that we see, small  
13 subpopulations notwithstanding, intuitively has  
14 potential biological basis, and therefore, I think  
15 that it would be important at least somewhere in the  
16 label to reflect the fact that this discrepancy exists.

17 I don't know that you can make anything  
18 more of it than that, but certainly prescribers ought  
19 to be aware that this is an unresolved discrepancy  
20 because it's not -- and the reason I'm concerned about  
21 it, again, is not just small numbers so that we can't  
22 make a statement, but rather because there is a