# DEPARTMENT OF HEALTH AND HUMAN SERVICES FOOD AND DRUG ADMINISTRATION CENTER FOR DRUG EVALUATION AND RESEARCH

GASTROINTESTINAL DRUGS ADVISORY COMMITTEE

AND

DRUG SAFETY AND RISK MANAGEMENT SUBCOMMITTEE

OF THE ADVISORY COMMITTEE FOR

PHARMACEUTICAL SCIENCE

Tuesday, April 23, 2002 8:00 a.m.

Holiday Inn Bethesda Versailles I and II 8120 Wisconsin Avenue Bethesda, Maryland

### PARTICIPANTS

M. Michael Wolfe, M.D., Chair Thomas H. Perez, M.P.H., Executive Secretary

MEMBERS OF THE GASTROINTESTINAL DRUGS ADVISORY COMMITTEE

Byron Cryer, M.D.

George S. Goldstein, M.D. (Guest Industry Representative)

John T. LaMont, M.D.

Robert A. Levine, M.D. David C. Metz, M.D. Joel Richter, M.D.

ADVISORY COMMITTEE FOR PHARMACEUTICAL SCIENCE

 $\label{eq:Gloria Anderson, Ph.D. (Consumer Representative)} \mbox{ Gloria Anderson, Ph.D. (Consumer Representative)}$ 

Jurgen Venitz, M.D., Ph.D.

DRUG SAFETY AND DRUG MANAGEMENT SUBCOMMITTEE OF THE  $\,$ 

ADVISORY COMMITTEE FOR PHARMACEUTICAL SCIENCE

William H. Campbell, Ph.D.
Michael R. Cohen, R.Ph., M.S., D.Sc.
Stephanie Y. Crawford, Ph.D.
Ruth S. Day, Ph.D.
Jacqueline S. Gardner, Ph.D., M.P.H.
Peter A. Gross, M.D. (Chair)
Eric S. Holmboe, M.D.
Brian Leslie Strom, M.D., M.P.H.

PATIENT REPRESENTATIVE (Non-Voting)

Carlar Blackman

CONSULTANTS (Voting)

Thomas Fleming, Ph.D. Arthur Levin, M.P.H.

GUESTS (Non-Voting)
Alex Krist, M.D.

GUEST INDUSTRY REPRESENTATIVES

George S. Goldstein, M.D.

John T. Sullivan, M.D.

FDA

Julie Beitz, M.D. Florence Houn, M.D., M.P.H. Victor Raczkowski, M.D. Paul Seligman, M.D.

# C O N T E N T S

	PAGE
Call to Order, Introductions: M. Michael Wolfe, M.D.	4
Meeting Statement: Thomas H. Perez, M.P.H.	9
Opening Comments: Florence Houn, M.D., M.P.H. Paul Seligman, M.D., M.P.H.	13 20
GlaxoSmithKline Presentation	
Introduction: James B.D. Palmer, M.D. Burden of Illness & Efficacy of Alosetron: Peter Traber, M.D.	22
Safety Assessment and Benefit-Risk Overview: Eric Carter, M.D., Ph.D.	41
Risk Management Plan: David Wheadon, M.D. Clinician's Perspective:	66
Robert S. Sandler, M.D. Summary and Conclusions:	82
James B.D. Palmer, M.D.	96
FDA Presentation	
Introduction: Victor Raczkowski, M.D. Lotronex: Clinical Trial Experience: Thomas Permutt, Ph.D. Postmarketing Experience with Lotronex:	98
Ann Corken Mackey, R.Ph., M.P.H. Lotronex Risk Management Program:	110
Toni Piazza-Hepp, Pharm.D. Summary and Conclusions:	120
Victor Raczkowski, M.D.	135
Questions on Presentations	156
Open Public Hearing	
Sidney M. Wolfe, M.D. Public Citizen's Health Research Group	163
Nancy Norton International Foundation for Functional GI Disorders	170
Jeffrey D. Roberts Irritable Bowel Syndrome Self-Help Group	177

# C O N T E N T S(Continued)

	PAGE
Corey Miller Lotronex Action Group	182
Gary C. Stein, Ph.D. American Society of Health-System Pharmacists	189
William Brown, Esq.	194
Lisa Kenney	197
Maria Zargo	202
Julia R. Alberino	207
Terry Olifiers	210
Diana Hoyt	213
Kathleen Kelly Ghawi	217
Bob Morris, Esq.	221
Brenda Compton	224
Dennis K. Larry, M.D.	228
Paul Stolley, M.D.	228
More Questions on Presentations	232
Introduction to Questions and Charge to the Committee:	
Victor Raczkowski, M.D.	291
Discussion of Questions	295

## 1 PROCEEDINGS

- 2 Call to Order, Introductions
- 3 DR. WOLFE: I am Michael Wolfe. I am
- 4 Professor of Medicine and Chief of the Section of
- 5 Gastroenterology at Boston University. I would
- 6 like to start with introductions around the table.
- 7 We will start at this end.
- 8 DR. SULLIVAN: John Sullivan, clinical
- 9 pharmacology, Amgen, industry rep for the Safety
- 10 Committee. DR. GOLDSTEIN: I am
- 11 George Goldstein, industry rep for the
- 12 Gastrointestinal Advisory Committee.
- DR. KRIST: I am Alex Krist, Assistant
- 14 Professor, Virginia Commonwealth University, Family
- 15 Medicine.
- MR. LEVIN: Arthur Levin, Center for
- 17 Medical Consumers in New York, and a consultant.
- DR. COHEN: Mike Cohen. I am from the
- 19 Institute for Safe Medication Practices. I am on
- 20 the Drug Safety and Risk Management Subcommittee.
- 21 DR. CRAWFORD: Good morning. Stephanie
- 22 Crawford, University of Illinois at Chicago. I am
- 23 a member of the Drug Safety and Risk Management
- 24 Subcommittee.
- DR. CAMPBELL: Good morning. Bill

- 1 Campbell. I am from the University of North
- 2 Carolina at Chapel Hill, and Director of the Center
- 3 for Education and Research in Therapeutics there,
- 4 from the Drug Safety and Risk Management
- 5 Subcommittee.
- DR. GARDNER: I am Jacqueline Gardner,
- 7 University of Washington in Seattle, School of
- 8 Pharmacy, Drug Safety Committee.
- 9 DR. DAY: I am Ruth Day from Duke
- 10 University. I am a member of the Drug Safety and
- 11 Risk Management Committee.
- DR. STROM: Brian Strom, Professor of
- 13 Biostatistics and Epidemiology, and from the Center
- 14 for Education and Research in Therapeutics at the
- 15 University of Pennsylvania, and the Drug Safety and
- 16 Risk Management Committee.
- 17 DR. GROSS: I am Peter Gross. I am Chair
- 18 of the Department of Internal Medicine, Hackensack
- 19 University Medical Center, Professor of Medicine,
- 20 New Jersey Medical School, and I am Chair of the
- 21 Drug Safety and Risk Management Subcommittee.
- 22 MR. PEREZ: Tom Perez, Executive Secretary
- 23 to this meeting.
- DR. METZ: David Metz, University of
- 25 Pennsylvania, Division of Gastroenterology, and on

- 1 the GI Committee.
- DR. FLEMING: Thomas Fleming, Chair of the
- 3 Department of Biostatistics, University of
- 4 Washington.
- 5 DR. LEVINE: Robert Levine, Division of
- 6 Gastroenterology, State University of New York at
- 7 Syracuse, Upstate Medical Center, and I am member
- 8 of the GI Committee.
- 9 DR. LaMONT: I am Tom LaMont from Harvard
- 10 Medical School, Chief of Gastroenterology, Beth
- 11 Israel Deaconess Medical Center, and I am a member
- 12 of the GI Committee.
- DR. HOLMBOE: I am Eric Holmboe from Yale
- 14 University. I am a general internist. I am a
- 15 member of the Drug Safety Subcommittee.
- DR. VENITZ: I am Jurgen Venitz,
- 17 Department of Pharmaceutics, Virginia Commonwealth
- 18 University, and I am on the Drug Safety and Risk
- 19 Management Committee.
- 20 DR. ANDERSON: Gloria Anderson, Callaway
- 21 Professor of Chemistry, Morris Brown College in
- 22 Atlanta, and I am on the Drug Safety and Risk
- 23 Management Subcommittee.
- DR. CRYER: Byron Cryer. I am from the
- 25 University of Texas Southwestern Medical School in

- 1 Dallas, Associate Professor of Medicine, member of
- 2 the Gastrointestinal Advisory Committee.
- 3 DR. RICHTER: I am Joel Richter, Chairman
- 4 and Professor of Medicine, Department of
- 5 Gastroenterology at the Cleveland Clinic. I am on
- 6 the GI Advisory Committee.
- 7 DR. RACZKOWSKI: I am Victor Raczkowski,
- 8 Director of the Gastrointestinal and Coaquiation
- 9 Division at FDA.
- 10 DR. HOUN: Florence Houn. I am Director
- 11 of the Office of Drug Evaluation III, FDA.
- DR. SELIGMAN: Paul Seligman, Director of
- 13 the Office of Pharmacoepidemiology and Statistical
- 14 Science, FDA.
- DR. BEITZ: I am Julie Beitz with the
- 16 Office of Drug Safety, FDA.
- 17 DR. WOLFE: Thank you. I failed to
- 18 mention I am Chair of the GI Advisory Board for GI
- 19 Drugs.
- This meeting will be hopefully calm, but
- 21 it is a meeting which has a lot of material to
- 22 cover, so I am going to ask that persons who speak,
- 23 try to be succinct and make their point as
- 24 economically as possible.
- We are going to start with the opening

- 1 statement by Mr. Perez.
- 2 Meeting Statement
- 3 MR. PEREZ: I wish I could be succinct,
- 4 but please bear with me.
- 5 Good morning. The following announcement
- 6 addresses the issue of conflict of interest with
- 7 regard to this meeting and is made a part of the
- 8 record to preclude even the appearance of such at
- 9 this meeting.
- 10 Based on the submitted agenda for the
- 11 meeting and all financial interests reported by the
- 12 committee participants, it has been determined that
- 13 all interests in firms regulated by the Center for
- 14 Drug Evaluation and Research present no potential
- 15 for an appearance of a conflict of interest at this
- 16 meeting with the following exceptions.
- 17 Dr. Thomas Fleming has been granted a
- 18 waiver under 18 U.S.C. 208(b)(3) for his unrelated
- 19 consulting for the sponsor, for which he receives
- 20 from \$10,001 to \$50,000 per year; and for his
- 21 unrelated consulting for four competitors, for
- 22 which he receives less than \$10,001 per year per
- 23 firm.
- 24 Dr. Brian Strom has been granted a waiver
- under 18 U.S.C. 208(b)(3) for unrelated consulting

1 for two of the competitors. He receives less than

- 2 \$10,001 per year per firm.
- 3 Dr. M. Michael Wolfe has been granted a
- 4 waiver under 18 U.S.C. 208(b)(3) for his membership
- 5 on an Advisory Board, regarding unrelated matters,
- 6 for one of the competitors. He receives less than
- 7 \$10,001 a year.
- 8 Dr. Jacqueline Gardner has been granted
- 9 waivers under 18 U.S.C. 208(b)(3) and under 21
- 10 U.S.C. 355(n)(4), an amendment of Section 505 of
- 11 the Food and Drug Administration Modernization Act
- 12 for her Individual Retirement Account with a
- 13 competitor valued between \$5,001 and \$25,000.
- Dr. David Metz has been granted waivers
- 15 under 18 U.S.C. 208(b)(3) and under 21 U.S.C.
- 16 355(n)(4), an amendment of Section 505 of the Food
- 17 and Drug Administration Modernization Act for
- 18 ownership of stock in a competition valued at less
- 19 than \$5,001 and for his spouse's stock in a
- 20 competitor valued between \$50,001 and \$100,000.
- 21 Dr. Byron Cryer Gardner has been granted
- 22 waivers under 18 U.S.C. 208(b)(3) and under 21
- U.S.C. 355(n)(4), an amendment of Section 505 of
- 24 the Food and Drug Administration Modernization Act
- 25 for ownership of stock in a competitor valued at

less than \$5,001. Included in the waiver under 18

- 2 U.S.C. 208(b)(3) in his writing for a competitor.
- 3 He will receive less than \$5,001 a year.
- 4 A copy of the waiver statements may be
- 5 obtained by submitting a written request to the
- 6 Agency's Freedom of Information Officer, Room
- 7 12A-30 of the Parklawn Building.
- 8 In the event that the discussions involve
- 9 any other products or firms not already on the
- 10 agenda for which an FDA participant has a financial
- 11 interest, the participants are aware of the need to
- 12 exclude themselves from such involvement and their
- 13 exclusion will be noted for the record.
- 14 With respect to FDA's invited guests,
- 15 there are reported interests which we believe
- 16 should be made public to allow the participants to
- 17 objectively evaluate their comments.
- 18 Carlar Blackman, a patient representative,
- 19 would like to disclose that her supervisor at the
- 20 University of North Carolina is a consultant of
- 21 GlaxoSmithKline and Novartis. In addition, a
- 22 division of the University of North Carolina's
- 23 Functional GI and Motility Disorders Center has
- 24 done drug studies on alosetron and tegaserod. Ms.
- 25 Blackman is not a study coordinator or investigator

1 and the money received does not directly affect her

- 2 salary.
- 3 In addition, Ms. Blackman is the Executive
- 4 Director, on an independent contractor basis, of
- 5 the Functional Brain-Gut Research Group, an
- 6 international society which receives 90 percent of
- 7 its financial support from unrestricted educational
- 8 grants from pharmaceutical companies, including
- 9 Novartis and GlaxoSmithKline.
- 10 Further, she is an Administrative
- 11 Coordinator working on an independent contractor
- 12 basis for the Multinational Working Teams to
- 13 Develop Diagnostic Criteria for Functional
- 14 Gastrointestinal Disorders, which is also supported
- 15 by pharmaceutical companies.
- 16 Lastly, Ms. Blackman received a job offer
- 17 from the International Foundation for Functional GI
- 18 Disorders to become their Executive Director. The
- 19 Foundation works with all of the pharmaceutical
- 20 companies.
- 21 We would like to note for the record that
- 22 Drs. John Sullivan and George Goldstein have been
- 23 invited to participate as non-voting industry
- 24 representatives, acting on behalf of regulated
- 25 industry. As such, they have not been screened for

- 1 any conflicts of interest.
- 2 With respect to all other participants, we
- 3 ask in the interest of fairness that they address
- 4 any current or previous financial involvement with
- 5 any firm whose products they may wish to comment
- 6 upon.
- 7 Thank you.
- DR. WOLFE: Thank you, Mr. Perez.
- 9 We have now opening comments from Drs.
- 10 Florence Houn and Paul Seligman for the FDA.
- 11 Opening Comments
- 12 Florence Houn, M.D., M.P.H.
- DR. HOUN: Thank you. First, I would like
- 14 to welcome Dr. Michael Wolfe, who is chairing
- 15 today's meeting. I would like to welcome Dr. Peter
- 16 Gross, members of the GI Advisory Committee, and
- 17 members of the Drug Safety and Risk Management
- 18 Subcommittee, and other guests and consultants for
- 19 this joint meeting on the risk management of
- 20 Lotronex.
- 21 I want to thank the staff of GSK,
- 22 GlaxoSmithKline, and the staff of FDA for preparing
- 23 for this meeting. I thank members of the public,
- 24 the patients, the public health advocates and
- 25 others for their interest in this meeting and their

1 desire to contribute their views to help FDA make

- 2 the best possible public health decisions.
- 3 This meeting is to obtain advice on the
- 4 drug
- 5 Lotronex. Lotronex was approved in February of
- 6 2000 for women with diarrhea-predominant irritable
- 7 bowel syndrome, IBS.
- 8 The drug was found effective in providing
- 9 adequate relief of IBS symptoms. It was associated
- 10 with constipation and ischemic colitis. During
- 11 postmarketing in the year 2000, there were cases of
- 12 severe constipation leading to serious adverse
- 13 events, such as colonic obstruction and surgery, as
- 14 well as serious adverse events from ischemic
- 15 colitis.
- 16 A Risk Management Advisory Committee
- 17 meeting was held in June of 2000 when the initial
- 18 adverse event reports started coming in. The
- 19 committee recommended education and communication
- 20 about safe and appropriate use of Lotronex.
- In the fall of 2000, death reports were
- 22 received. The FDA asked GlaxoSmithKline to either,
- one, suspend marketing pending another Advisory
- 24 Committee meeting, or, two, withdraw the drug and
- 25 for patients with severe disabling IBS, to provide

1 IND access, and that is a type of access through

- 2 research noncommercial means, or, three, to
- 3 severely restrict the distribution of the drug.
- 4 GlaxoSmithKline chose to withdraw the drug
- 5 in November of 2000. GSK did not allow IND access
- 6 to this drug. FDA and GSK subsequently received
- 7 hundreds of letters and communications requesting
- 8 access to this drug by former users who had
- 9 benefited from the drug's effects.
- 10 During the year 2001, FDA and GSK met to
- 11 see if there was a way to provide access for
- 12 Lotronex to severely disabled patients. GSK was
- 13 interested in the restricted marketing of Lotronex.
- 14 To this end, FDA and GSK worked on labeling,
- 15 patient and physician agreements, and the
- 16 medication guide, but we never came to any
- 17 agreement on the overall Risk Management Program,
- 18 and therefore, the pieces we did work on were
- 19 without context.
- I think the main hurdle has been the
- 21 nature of the marketing restrictions and how they
- 22 are implemented and checked. In the middle of last
- 23 year, FDA asked GSK to submit all the clinical
- 24 trials experience with Lotronex, so we could have a
- 25 full understanding of the risks to better guide

1 what restrictions in the form of risk management

- 2 are needed.
- 3 This submission was made in December of
- 4 2001, and we are here today to review the findings.
- 5 This Advisory Committee meeting reflects FDA's
- 6 responsibility in two fields that can be
- 7 conflicting at times our responsibility to ensure
- 8 drugs are safe for marketing and our responsibility
- 9 that the public has access to drugs that have
- 10 clinical benefit.
- 11 Safe does not mean no risks. All drugs
- 12 have risks. Some risks are minor and a nuisance,
- 13 others are life threatening or life ending. Some
- 14 risks can be managed easily, others are more
- 15 difficult to manage.
- 16 FDA's major means to manage risk is to not
- 17 approve marketing for a drug, or rarely, we
- 18 restrict marketing. Restricted marketing under
- 19 regulatory authority has occurred with four drugs -
- 20 thalidomide, mifepristone, fentanyl transmucosal
- 21 delivery system, and bosentan.
- 22 Each of these drugs have a risk, such as
- 23 teratogenicity or predictable need for surgical
- 24 intervention, or the need for proper disposal to
- 25 prevent accidental use by children, such that a

1 program is established to ensure safe drug use

- 2 through restrictions on patients, restrictions on
- 3 physicians, and sometimes pharmacists.
- 4 Restricted marketing usually means only
- 5 certain patients get the drug, and only certain
- 6 physicians can prescribe. The drug is not carried
- 7 in all pharmacies. If restrictions are not carried
- 8 out, FDA can withdraw the drug more rapidly than in
- 9 situations of normal marketing.
- 10 In contrast, the major way FDA provides
- 11 access to drugs with clinical benefits is by
- 12 approving them for marketing. We also permit
- 13 investigational access to research drugs in a
- 14 noncommercial setting called IND access. Contrary
- 15 to public belief, FDA cannot provide access to
- 16 drugs by any other means. We don't stockpile
- drugs, we don't manufacture drugs, we don't conduct
- 18 drug research trials, we don't run drug access
- 19 programs. We just don't have the drugs.
- 20 We can't force a pharmaceutical company to
- 21 manufacture or market or conduct research or
- 22 provide drug access programs. Thus, access to
- 23 drugs that have clinical benefits, but also possess
- 24 risk for serious adverse events generates complex
- 25 tensions between wanting to ease a disease burden

- 1 and wanting to protect the public from drug risks.
- 2 This Advisory Committee meeting is to help
- 3 FDA respond to that tension. FDA has been
- 4 criticized that we don't take IBS seriously. Well,
- 5 we take all disease and suffering seriously, IBS is
- 6 no exception.
- 7 FDA has been criticized that we have
- 8 secretly come to an agreement with GSK on the
- 9 return of Lotronex. This is false. There is no
- 10 done deal. The Company has made a decision about
- 11 what they wish to propose for restricted marketing.
- 12 We have worked with the Company and discussed many
- 13 of the controversial issues about Lotronex, such as
- 14 labeling, but is the labeling final? No. New
- 15 labeling has not been approved and we need your
- 16 input on several aspects of this and other issues.
- 17 FDA has been criticized for treating
- 18 Lotronex differently from other drugs. Well, let
- 19 me say again all drugs have risks. These risks are
- 20 different in frequency and type. The drug's
- 21 benefits differ, too. Some very frequent risks are
- 22 acceptable to the public. Some infrequent rare
- 23 risks are not acceptable. Risk acceptance and
- 24 perceptions of risks and benefits are value
- 25 judgments. Values differ.

1 There is no uniform absolute way to manage

- 2 drug risks for different diseases, different drugs,
- 3 different adverse events, and with different risk
- 4 tolerances by different people.
- 5 The input we seek today is over Lotronex.
- 6 What is unusual is that Lotronex ceased marketing
- 7 under safety concerns. GSK has proposed restricted
- 8 marketing as a means to allow access to this drug.
- 9 This meeting is to discuss should Lotronex return
- 10 to marketing, if so, under what conditions, in what
- 11 patients are the risks of the drug diminished
- 12 compared to the benefits, who should prescribe the
- 13 drug, with what expertise, what responsibilities
- 14 should patients and prescribers assume, what limits
- 15 and controls are feasible, acceptable, and
- 16 verifiable, who is responsible for ensuring
- 17 controls and that the limits are followed, what
- 18 happens if these controls are not followed, how
- 19 will success of the program be defined. These are
- 20 many complex issues.
- 21 We hope to hear your best advice. Not
- 22 only must it be your best advice, but it must be
- 23 pragmatic if you want if you want it implemented in
- 24 real time, real life.
- 25 Ultimately, FDA will have to make a

1 regulatory decision and try to negotiate a position

- 2 with GSK. GSK will have to make decisions, as
- 3 well. Today, your responsibility is to provide
- 4 advice to FDA on these important points for
- 5 negotiation mentioned above should the drug be
- 6 marketed, and if so, under what conditions.
- 7 Today's discussions do not bind the
- 8 Agency. It is not a decisionmaking meeting for
- 9 FDA, it's an advisory meeting. You will be voting
- 10 on what is your best advice to FDA. The goal for
- 11 today is to obtain your best thinking on these
- 12 tough topics to help guide sound decisionmaking.
- 13 Thank you for taking your responsibilities
- 14 and duties to help us seriously.
- Now, Dr. Paul Seligman has a few words.
- Paul Seligman, M.D., M.P.H.
- DR. SELIGMAN: Thank you, Flo, and good
- 18 morning everyone. I am Paul Seligman, the Director
- 19 of the Office of FDA's Office of
- 20 Pharmacoepidemiology and Statistical Science, and I
- 21 want to welcome all of you to the first public
- 22 meeting that includes the recently chartered Drug
- 23 Safety and Risk Management Subcommittee, a
- 24 subcommittee to the Advisory Committee on
- 25 Pharmaceutical Sciences.

1 '	The	purpose	of	the	Subcommittee	is	to
-----	-----	---------	----	-----	--------------	----	----

- 2 provide expert input in a forum for open public
- 3 discussion on a wide range of drug safety and risk
- 4 management issues.
- 5 Today, we have convened a special joint
- 6 committee comprised of members of the
- 7 Gastrointestinal Drugs Advisory Committee and the
- 8 Subcommittee members to obtain advice on viable
- 9 risk management options for the drug alosetron
- 10 previously marketed under the trade name Lotronex.
- 11 The issues we are asking you to tackle are
- 12 among the most challenging in the world of
- 13 effective pharmaceutical risk management, and to
- 14 this end, I look forward to a lively discussion.
- On a somber note, I also wish to
- 16 acknowledge the recent sudden death of Dr. Kenneth
- 17 Melmon, a member of the Advisory Subcommittee, and
- 18 a giant in the field of drug safety. His
- 19 contributions, experience, and wisdom will be
- 20 missed by all of us and impossible to replace.
- 21 Finally, I want to thank you the FDA staff
- 22 who worked so hard to make today's meeting happen,
- 23 and want to thank everyone in advance for your
- 24 input into today's discussion, members of the
- 25 Advisory Committees, those who have been treated

1 with Lotronex, and members of the public here to

- 2 express their concerns and considered views. Thank
- 3 you all for coming and for being so willing to
- 4 bring your respective resources and expertise to
- 5 bear on this important public health issue.
- 6 Thank you.
- 7 DR. WOLFE: Thank you, Dr. Seligman, Dr.
- 8 Houn.
- 9 I would like to introduce Dr. James Palmer
- 10 now from GlaxoSmithKline, who will introduce the
- 11 Company's presentation and also will be introducing
- 12 all the various speakers for the firm.
- 13 GlaxoSmithKline Presentation
- 14 Introduction
- James B.D. Palmer, M.D.
- DR. PALMER: Good morning, ladies and
- 17 gentlemen, Dr. Wolfe, and members of the Advisory
- 18 Committee, Dr. Houn, Dr. Gross. My name is James
- 19 Palmer, Senior Vice President of New Product
- 20 Development at GlaxoSmithKline.
- 21 [Slide.]
- I have worldwide responsibility for
- 23 medical, regulatory, and product strategy for the
- 24 Company. We are here today to discuss the possible
- 25 reintroduction of Lotronex to the U.S. market.

Before we begin our formal presentations,

- 2 I would like to give a brief overview of the
- 3 history of Lotronex.
- 4 [Slide.]
- 5 The original NDA was submitted in June
- 6 '99, and was granted a priority review. The drug
- 7 came before the GI Advisory Committee in November
- 8 '99, and received a unanimous approval
- 9 recommendation. At that time, the issues of
- 10 ischemic colitis and constipation were discussed
- 11 very thoroughly at the meeting, and, in fact, the
- 12 review clock was extended in December to further
- 13 discuss four cases of ischemic colitis.
- 14 [Slide.]
- The original NDA was approved on February
- 16 9, 2000, with an indication that read, "For the
- 17 treatment or irritable bowel syndrome in women
- 18 whose predominant bowel symptom is diarrhea.
- 19 There were two prominent product label
- 20 warnings relating to constipation and ischemic
- 21 colitis. Specifically, for constipation, this was
- 22 noted to be frequent dose-related side effect, and
- 23 resulted in study withdrawal in approximately 10
- 24 percent of patients. You will hear a lot more
- 25 about constipation and ischemic colitis in the

- 1 subsequent presentations.
- 2 For ischemic colitis, it was noted that it
- 3 occurred infrequently with a rate of 1 in 100 to 1
- 4 in 1,000, and at the time of the drug approval, the
- 5 rate was, in fact, about 1 in 700, a rate which has
- 6 remained constant throughout the time the drug was
- 7 on the market from the clinical trial cases.
- 8 It was noted also that a causal
- 9 relationship between treatment with Lotronex and
- 10 ischemic colitis had not been established, and
- 11 specific risk factors for the development of this
- 12 condition also had not been identified.
- 13 [Slide.]
- 14 The drug was launched on March the 13th in
- 15 2000 in the U.S., and had a very rapid product
- 16 uptake with about 130,000 prescriptions written by
- 17 June of 2000.
- 18 It was in May that we had the first
- 19 request for a Risk Management Plan from the FDA
- 20 following reports of new cases of ischemic colitis.
- 21 In fact, at that in June, when we met with the
- 22 Agency, we had 8 cases of ischemic colitis, 3 from
- 23 clinical trials and 5 spontaneous reports.
- 24 We also had cases of complications of
- 25 constipation, 2 from clinical trials and 4

- 1 spontaneous.
- 2 [Slide.]
- 3 These concerns led to a GI Drugs Advisory
- 4 Committee in June of 2000, and the primary issues
- 5 discussed at that time were ischemic colitis and
- 6 the complications of constipation.
- 7 A Risk Management Plan was proposed at
- 8 that time, and was broadly accepted by the
- 9 Committee with also the inclusion of a Medication
- 10 Guide.
- Now, from the period from July to October
- 12 2000, quite a lot of things happened. First of
- 13 all, we sent out Dear Physician and Dear Pharmacist
- 14 letters following the Advisory Committee and the
- 15 labeling changes relation to ischemic colitis and
- 16 constipation.
- 17 The labeling changes and Medication Guide
- 18 were introduced, and the elements of the Risk
- 19 Management Plan were being rolled out into the
- 20 physician and pharmacist community.
- 21 Also, during that time, additional serious
- 22 adverse events occurred including those with fatal
- $\,$  23  $\,$  outcome, and we will discuss those at some length
- 24 in the later presentations.
- 25 [Slide.]

1 This led to November 2000, which was at

- 2 the time that the drug was withdrawn. We had had
- 3 multiple discussions with the Agency to explore
- 4 potential risk management options. These ranged
- 5 from restriction of the drug, as you have heard
- 6 from Dr. Houn, all the way to product withdrawal.
- 7 I think it is fair to say at that time
- 8 there was also uncertainty regarding the etiology
- 9 of the serious adverse events, and there was a
- 10 great deal of debate at that time about whether
- 11 there were primarily two entities, constipation and
- 12 its complications, and ischemic colitis, or whether
- 13 the paradigm of adverse events that we were seeing
- 14 was being driven by a single entity, ischemic
- 15 colitis.
- This point is very important in the review
- 17 of the cases that you see and the overall data
- 18 during the day.
- 19 It is also fair to say that the concerns
- 20 really at that time had raised about the
- 21 benefit-risk ratio and how we could have a suitable
- 22 risk management strategy to manage what were the
- 23 perceived problems at that time.
- We were unable to reach agreement on a
- 25 viable risk management plan and the product was

1 withdrawn by GlaxoSmithKline on November the 28th,

- 2 2000.
- 3 [Slide.]
- 4 Following the product withdrawal during
- 5 December and January 2001, there were thousands of
- 6 patient testimonies to the drug, both to our own
- 7 company and to the FDA. Also, many physicians
- 8 lobbied the FDA and lobbied us about the fact that
- 9 this drug was very effective, there was a clear
- 10 unmet medical need for IBS, and I think again many
- 11 people raised the question that the appreciation
- 12 and significance of IBS as a disease as it affected
- 13 sufferers had been underestimated.
- 14 That led in January 2001 to the reopening
- 15 of discussions between GlaxoSmithKline and the FDA
- 16 about possible market reintroduction.
- 17 There were many, many discussions during
- 18 2001 about how that might happen, and you have
- 19 heard some of the details of those from Dr. Houn,
- 20 but all those discussions culminated at the end of
- 21 2001, in December, with a supplemental sNDA
- 22 submission seeking market reintroduction of
- 23 Lotronex under restricted access.
- 24 [Slide.]
- So, we are here today, in April 2002,

1 looking at the potential product reintroduction for

- 2 Lotronex, and the question that a lot of people may
- 3 have is what has changed.
- 4 Well, two things have changed, and I would
- 5 like to go through them very briefly. One is that
- 6 there is a substantial body of new data available,
- 7 a lot of data that was not available at the time
- 8 the drug was approved, and a lot of data that
- 9 wasn't available at the time we were having all the
- 10 discussions about the viability of continued
- 11 marketing of the drug.
- 12 On the benefit side, we have a clear
- 13 understanding and a better understanding of IBS
- 14 severity and impact, and I am sure that you will
- 15 hear that very eloquently from the patient
- 16 testimonies today.
- 17 We have clear evidence of sustainability
- 18 of beneficial effects over nearly a year of dosing,
- 19 48-week data which you will see in the
- 20 presentations.
- 21 We have shown beneficial effect across a
- 22 spectrum of severity of IBS symptoms, and we have
- 23 also shown positive effects on quality of life and
- 24 productivity.
- On the risk side, we have also seen that

- 1 the relative incidence and nature of ischemic
- 2 colitis from clinical trials has remained
- 3 consistent since the initial product approval, and
- 4 this runs at about the rate of 1 in 700.
- 5 I think there is increasing clarity that
- 6 ischemic colitis and constipation are two separate
- 7 entities in the overall risk profile of Lotronex.
- 8 [Slide.]
- 9 Secondly, we have a proposed risk
- 10 management framework which has been developed based
- 11 on a comprehensive evaluation of all the data, and
- 12 the platform of this is really on four points.
- 13 Firstly, the restriction of the drug to
- 14 women with diarrhea-predominant IBS who fail to
- 15 respond to conventional therapy.
- 16 Secondly, patient and physician agreement
- 17 processes about both the knowledge of the drug and
- 18 the agreement to prescribe the drug.
- 19 Thirdly, mandatory prescription sticker
- 20 and refill provisions, which you will hear details
- 21 of.
- 22 Lastly, a patient/physician education and
- 23 ongoing evaluation program.
- I think all of these will give us a better
- 25 appreciation of the benefit-to-risk ratio for

- 1 Lotronex if the drug is reintroduced.
- 2 That is a brief overview of the history of
- 3 Lotronex. I would like now just to outline the
- 4 formal presentations for GlaxoSmithKline for the
- 5 morning.
- 6 [Slide.]
- 7 All our speakers are from GlaxoSmithKline
- 8 with the exception of Dr. Robert Sandler, who we
- 9 are pleased to welcome from the University of North
- 10 Carolina.
- 11 So, without further ado, I would like to
- 12 ask Dr. Traber to come to the podium to speak
- 13 about the burden of illness and efficacy of
- 14 alosetron.
- Thank you.
- 16 Burden of Illness and Efficacy of Alosetron
- 17 Peter G. Traber, M.D.
- DR. TRABER: Thank you, James, and good
- 19 morning.
- 20 [Slide.]
- 21 My name is Peter Traber. I am the Senior
- 22 Vice President for Clinical Development and Medical
- 23 Affairs and the Chief Medical Officer at
- 24 GlaxoSmithKline. I am also a gastroenterologist.
- 25 [Slide.]

1 Irritable bowel syndrome is one of over 20

- 2 functional bowel disorders. The ROME II
- 3 classification represents a multinational consensus
- 4 on the definition of these disorders. This
- 5 important consensus document defines IBS as, "A
- 6 functional bowel disorder in which abdominal pain
- 7 is associated with defecation or a change in bowel
- 8 habits, with features of disordered defecation and
- 9 distension."
- 10 [Slide.]
- 11 The hallmark symptoms of IBS are chronic
- 12 or recurrent lower abdominal pain or discomfort
- 13 associated with features of altered bowel function
- 14 and bloating.
- 15 Although structural or biochemical
- 16 abnormalities are not found, it is likely that
- 17 these disorders relate to abnormalities in motility
- 18 and/or afferent neurosensitivity as modulated by
- 19 the central nervous system.
- 20 [Slide.]
- 21 The diagnosis of IBS is made by clinical
- 22 criteria that were developed by an expert panel and
- 23 published as practice guidelines by the American
- 24 Gastroenterological Association. Well-defined and
- 25 easily applied symptom-based criteria in the

1 absence of structural or gastrointestinal disease

- 2 is required for diagnosis.
- Following a careful examination, clinical
- 4 experience indicates that a diagnosis of IBS is
- 5 rarely missed and the disorder is usually
- 6 persistent in those who carry the diagnosis.
- 7 [Slide.]
- 8 IBS is a common disorder affecting up to
- 9 20 percent of the U.S. population in
- 10 epidemiological surveys. The diarrhea-predominant
- 11 form affects 5 to 10 percent of the U.S.
- 12 population, representing 25 to 50 percent of IBS
- 13 patients.
- Women are more commonly affected and 30
- 15 percent of individuals report moderate to severe
- 16 symptoms as self-reported in the surveys. These
- 17 data provide an insight into why IBS is the most
- 18 common diagnosis in U.S. gastroenterology practices
- 19 and one of the top 10 reasons for primary care
- 20 physician visits.
- 21 [Slide.]
- Despite the benign reputation of IBS, it
- 23 is increasingly recognized that patients with this
- 24 disorder have worse health-related quality of life
- 25 than national norms.

1 As shown in this one study, health-related

- 2 quality of life in patients with IBS was worse for
- 3 most domains when compared to normal and when
- 4 compared to patients with Type II diabetes.
- 5 Moreover, IBS patients have a health-related
- 6 quality of life that is generally comparable to
- 7 patients with clinical depression., a
- 8 well-recognized and very serious functional
- 9 disorder. In fact, vitality and social functioning
- 10 are equally impaired in both.
- 11 [Slide.]
- 12 Symptoms of IBS and the resultant
- 13 diminished quality of life have an impact on
- 14 productivity. Data from the U.S. Householder
- 15 Survey, shown here, demonstrated that patients with
- 16 IBS missed three times as many days from work or
- 17 school because of illness compared to those with no
- 18 evidence of a functional GI disorder.
- 19 In data not shown on this slide, there is
- 20 also an impact on health care system and
- 21 productivity. This same study found that persons
- 22 with IBS were more likely to see physicians for
- 23 both GI and non-GI complaints than were persons
- 24 with no evidence of functional GI disorders.
- 25 [Slide.]

- 1 These impacts of IBS on the quality of
- 2 life and productivity result annually in 4 million
- 3 physician visits, 2 million prescriptions, and
- 4 countless over-the-counter drug purchases. The
- 5 financial burden on the health care system and U.S.
- 6 business in 1998 was estimated to total over \$22
- 7 billion.
- 8 Taken together, this information indicates
- 9 that IBS is a well-defined condition affecting a
- 10 large number of individuals and represents a
- 11 significant burden for both patients and society.
- 12 The information I have discussed thus far
- 13 is well accepted in the medical and scientific
- 14 community. I will now present some recently
- 15 obtained data that has the potential to expand our
- 16 view of IBS.
- 17 [Slide.]
- 18 As part of our post-approval commitment to
- 19 FDA, we undertook an epidemiological program to
- 20 obtain population-based data on background rates
- 21 for serious events in IBS patients. This was done
- 22 because of observed adverse events including
- 23 complications of constipation and ischemic colitis,
- 24 but also because there is very little knowledge
- 25 about associated risks and outcomes in IBS

- 1 patients.
- 2 Dr. Alec Walker, who is Senior Vice
- 3 President at Engenics, Epidemiology, and Professor
- 4 of Epidemiology at Harvard, designed and performed
- 5 these studies and is here today to answer any
- 6 questions you may have. I will report only a brief
- 7 summary of the one completed study.
- 8 [Slide.]
- 9 A retrospective cohort study was performed
- 10 using medical and pharmacy claims data in the
- 11 United Healthcare Research Database. Cases were
- 12 identified through a multistage process including
- 13 validation by individual chart review.
- 14 Because of the number of patients in the
- 15 database, this approach allows the study of rare or
- 16 infrequent events at a population level. Cases
- 17 were identified in individuals with IBS,
- 18 complications of constipation requiring
- 19 hospitalization, and those diagnosed with ischemic
- 20 colitis.
- 21 Incidence rates and risk estimate
- 22 calculations were obtained for patients with IBS
- 23 and compared to patients without IBS. It is
- 24 important to note that this study period was before
- 25 alosetron was introduced to the market.

- 1 [Slide.]
- 2 This figure shows the relative risk of
- 3 developing complications of constipation in IBS
- 4 patients as compared to non-IBS patients. In this
- 5 graph, we show three different time segments
- 6 following the first in-plan record of IBS in order
- 7 to provide a view of how the relative risk changes
- 8 over time.
- 9 The intervals shows are between 3 and 6
- 10 months, 6 months to 12 months, and greater than 12
- 11 months. The confidence intervals for relative risk
- 12 are shown above the bars and indicate that the
- 13 lower confidence boundary is greater than 1 in all
- 14 situations.
- For both men and women, the IBS patients
- 16 had a marked increase in the relative rate of
- 17 complications of constipation when compared to
- 18 patients without IBS, and this relative risk
- 19 extended out to over 12 months after the in-plan
- 20 record of IBS.
- 21 [Slide.]
- 22 This figure shows that the relative risk
- 23 of developing colon ischemia in IBS patients is
- 24 also increased as compared to non-IBS patients.
- 25 The increased risk was not gender specific and

- 1 persists 12 months following the in-plan record of
- 2 IBS.
- 3 These results suggest that the risks of
- 4 ischemic colitis among patients carrying a
- 5 diagnosis of IBS are substantially higher than the
- 6 general population. Therefore, ischemic colitis,
- 7 although unusual in IBS patients, may constitute a
- 8 distinct part of the natural IBS history or be a
- 9 result of therapy or a manifestation of other bowel
- 10 pathology that was misdiagnosed as IBS.
- 11 Taken together, these epidemiological data
- 12 suggest that contrary to the general belief, IBS
- 13 patients may be at substantially higher risk than
- 14 the general population for serious medical
- 15 disorders.
- 16 Let me take one more moment to be clear
- 17 about GlaxoSmithKline's position on the relevance
- 18 of these emerging epidemiological data to today's
- 19 discussion. While we believe the data shed
- 20 important new light on the natural history of IBS,
- 21 we do not mean to suggest that they reduce the
- 22 level of concern about risks associated with
- 23 alosetron and the need for an appropriate risk
- 24 management plan. Drs. Carter and Wheadon will
- 25 address those subjects in turn.

- 1 [Slide.]
- 2 Current conventional therapy for IBS
- 3 utilizes a stepped approach starting with education
- 4 and reassurance, followed by dietary modification
- 5 that may include fiber supplementation. The use of
- 6 pharmacological agents, most of which are not
- 7 approved for this indication, is directed at
- 8 symptoms and has variable results.
- 9 Pain and bloating is treated with
- 10 antispasmodics, and diarrhea and urgency is treated
- 11 with loperamide or other antidiarrheals.
- 12 For individuals who failed this
- 13 traditional therapy, tricyclic antidepressants or a
- 14 number of alternative approaches including
- 15 psychotherapy may be used.
- [Slide.]
- We were able to catalog what physicians
- 18 used as traditional or conventional therapy in an
- 19 open label trial. Two-thirds of patients were
- 20 treated with antispasmodics, one-third with
- 21 antidiarrheals, and a quarter with bulking agents.
- 22 Note that some patients were taking more than one
- 23 of these classes of therapy. Only 6 percent of
- 24 patients were placed on antidepressants by their
- 25 physicians.

- 1 [Slide.]
- 2 The success of current treatment options
- 3 in addressing multiple symptoms of IBS has been
- 4 quite limited. For this reason, there is a large
- 5 unmet medical need for new and more effective
- 6 therapies.
- 7 Alosetron is a serotonin type 3 or 5-HT3
- 8 receptor antagonist. 5-HT3 receptors are on
- 9 sensory neurons of the gut and mediate
- 10 gastrointestinal reflexes that control motility,
- 11 secretion, and the perception of pain.
- 12 In patients with IBS, 5-HT3 receptor
- 13 antagonists increase colonic compliance, slow
- 14 colonic transit and improve stool consistency. An
- 15 extensive preclinical and clinical research program
- 16 of alosetron has established its utility in IBS.
- 17 [Slide.]
- 18 In contrast to currently available agents
- 19 for IBS, the efficacy of alosetron has been
- 20 confirmed in multiple large randomized, controlled
- 21 trials. Ninety-three clinical trials with
- 22 alosetron comprise the data in the sNDA. These
- 23 trial enrolled 11,874 patients, which represents
- 24 nearly 9,000 additional patients since the original
- 25 file.

1 Thus, there is a substantial body of new

- 2 evidence to evaluate the efficacy of alosetron.
- 3 [Slide.]
- 4 We found that when IBS patients were asked
- 5 about their most bothersome symptom, the most
- 6 frequent answer was abdominal pain, followed by the
- 7 urgency and the number of bowel movements.
- 8 Therefore, the primary endpoint of the clinical
- 9 trials was adequate relief of abdominal pain and
- 10 discomfort as assessed by the patient.
- 11 Urgency to defecate and the number and
- 12 consistency of bowel movements were secondary
- 13 endpoints in the trials.
- [Slide.]
- The efficacy of alosetron, 1 mg twice
- 16 daily, in women with diarrhea-predominant IBS was
- 17 established in the original NDA through the results
- 18 of two, well-controlled Phase III trials. In these
- 19 pivotal trials, patients with moderate to severe
- 20 symptoms were enrolled after a two-week screening
- 21 period.
- 22 Alosetron was compared to placebo over 12
- 23 weeks, followed by a 4-week period of monitoring to
- 24 assess symptoms off therapy. The alosetron-treated
- 25 groups, represented by the yellow lines on these

l graphs, has significantly greater improvement in

- 2 the relief of abdominal pain and discomfort than
- 3 controls.
- 4 This effect was significant within 1 to 4
- 5 weeks of treatment initiation. The beneficial
- 6 effects persisted through the treatment period with
- 7 no evidence of tolerance, and symptoms returned
- 8 rapidly upon stopping therapy.
- 9 Although not shown on this slide, it is
- 10 very important to note that there were significant
- 11 improvements in bowel urgencies, stool frequency,
- 12 and stool consistency in these patients, and these
- 13 results have been replicated in five
- 14 placebo-controlled and two comparator trials.
- 15 Finally, alosetron was more effective than
- 16 therapy with two smooth muscle relaxants,
- 17 mebeverine, an antimuscarinic, and trimabutene, a
- 18 peripheral opioid agonist. Both of these agents
- 19 are widely used in Europe for IBS, but are not
- 20 approved in the U.S.
- 21 [Slide.]
- The efficacy of alosetron demonstrated in
- 23 the original NDA has been significantly bolstered
- 24 in the sNDA. An important finding is the durability
- 25 of the alosetron effect. As shown in your briefing

- 1 materials, when alosetron was continued for 12
- 2 months, the effect over placebo was maintained and
- 3 symptoms returned to baseline once the drug was
- 4 stopped. This is important information for
- 5 prescribing physicians and patients.
- 6 On the next slides, I will show additional
- 7 evidence that there is efficacy in patients with
- 8 severe and debilitating symptoms and that global
- 9 IBS symptoms, productivity, and quality of life are
- 10 improved by alosetron therapy.
- 11 [Slide.]
- 12 In our discussions with the FDA, the
- 13 question arose whether patients across the spectrum
- 14 of severity had relief with alosetron therapy. In
- 15 order to investigate this issue, we did
- 16 retrospective subgroup analyses in the six
- 17 placebo-controlled studies. The weekly adequate
- 18 relief data were stratified by increasing
- 19 severities of baseline pain, urgency, and stool
- 20 frequency.
- 21 As shown in this graph, patients with
- 22 moderate severe pain scores, showed in the first
- 23 two sets of bars, had greater adequate relief with
- 24 alosetron than with placebo. Alosetron was also
- 25 more effective than placebo in patients with

1 moderate and severe urgency and moderate and severe

- 2 stool frequency.
- 3 Although these analyses are exploratory,
- 4 they describe patterns of efficacy in moderate and
- 5 severe patients that are both similar to each other
- 6 and similar to those seen in patients from the
- 7 studies individually.
- 8 At the same time, patients with harder
- 9 stools, less urgency, and infrequent stools did not
- 10 receive benefit and therefore should avoid
- 11 treatment with alosetron.
- 12 [Slide.]
- 13 The benefit of alosetron in patients with
- 14 severe symptoms was further illustrated in two
- 15 studies completed after approval. As a surrogate
- 16 for severity, only patients substantially
- 17 debilitated by urgency were eligible to enter these
- 18 studies. Enrolled patients in both studies
- 19 experienced, on average, lack of satisfactory
- 20 control of bowel urgency on approximately 80
- 21 percent of days at baseline.
- This graph shows that in both studies,
- 23 alosetron significantly increased from baseline the
- 24 percentage of days with satisfactory control of
- 25 urgency compared to placebo. Control of one's

1 bowels is a critical issue for patients with IBS.

- 2 [Slide.]
- 3 To understand the integrated effect of
- 4 alosetron, we evaluated global improvement of IBS
- 5 symptoms in the same two studies completed after
- 6 approval. Global improvement was compared to
- 7 baseline using a 7-point Likert scale that has been
- 8 shown to reflect both clinical and quality of
- 9 life-associated dimensions of IBS.
- 10 Alosetron showed improvement over placebo
- 11 in both studies over the 12-week period. The
- 12 magnitude of difference between placebo and
- 13 alosetron in these two studies demonstrates robust
- 14 efficacy of alosetron in this patient population.
- 15 [Slide.]
- In this study, we examined the improvement
- 17 of global symptoms on alosetron compared to
- 18 traditional therapy as chosen by the principal
- 19 investigator. At week 4, there was a 40 percentage
- 20 point increase in the number of responders on
- 21 alosetron versus traditional therapy, representing
- 22 a 3-fold enhancement.
- 23 Importantly, this effect was maintained
- 24 through the end of the 24-week study. This is a
- 25 critical finding because it indicates the robust

- 1 effect of alosetron as compared to what is
- 2 currently used in practice.
- 3 [Slide.]
- 4 Important new data in the sNDA pertains to
- 5 patient outcomes as a result of the improvement in
- 6 clinical symptomatology. In two placebo-controlled
- 7 studies shown here, alosetron significantly
- 8 improved productivity as measured by median hours
- 9 of lost work time as compared to placebo. These
- 10 data demonstrate that improved symptomatology
- 11 translated into an important functional
- 12 improvement.
- 13 [Slide.]
- 14 Further information on outcomes is shown
- 15 on this slide. A disease-specific quality of life
- 16 questionnaire has been developed to measure nine
- 17 domains important for patients with IBS. Using
- 18 this measurement tool in numerous studies,
- 19 alosetron has consistently produced positive
- 20 improvements over baseline.
- 21 Shown on this graph is data from a
- 22 12-month study completed since NDA approval
- 23 demonstrating that patients treated with alosetron
- 24 were significantly improved in the majority of
- 25 quality of life domains.

- 1 [Slide.]
- 2 This graphs shows the quality of life
- 3 results of the open label comparison study of
- 4 alosetron versus traditional IBS therapy.
- 5 Alosetron produced significantly more improvement
- 6 than traditional therapy in all nine domains.
- 7 These data show that improvement in IBS symptoms
- 8 with alosetron translates into a significant
- 9 enhancement in the quality of life using a
- 10 validated IBS-specific instrument.
- 11 [Slide.]
- 12 We draw two conclusions from this part of
- 13 the presentation. Alosetron is needed and it
- 14 works. It is needed because IBS is a well-defined
- 15 functional bowel disorder which has a large impact
- on patients, health care, and society.
- 17 The fact that alosetron works is supported
- 18 by a substantial body of new data presented as part
- 19 of this sNDA. Indeed, it is remarkable that all of
- 20 the randomized controlled trials met primary
- 21 endpoints in demonstrating the efficacy of
- 22 alosetron.
- Thus, in women with diarrhea-predominant
- 24 IBS and moderate or severe symptoms, alosetron
- 25 produces robust and consistent improvement on

1 multiple symptom-based endpoints and important

- 2 function-based endpoints.
- I would like now to ask my colleague, Dr.
- 4 Eric Carter, to come and discuss the safety
- 5 assessment.
- 6 Safety Assessment and Benefit-Risk Overview
- 7 Eric Carter, Ph.D., M.D.
- B DR. CARTER: Good morning, ladies and
- 9 gentlemen.
- 10 [Slide.]
- 11 I am Eric Carter. I am Vice President for
- 12 Clinical Development and Medical Affairs with
- 13 responsibility for gastroenterology.
- I will present a summary of the safety
- 15 data, as well as an overview of the benefit-risk
- 16 balance for alosetron. The briefing document, the
- 17 GSK briefing document provides these data in
- 18 greater detail, and I will endeavor to refer you to
- 19 specific sections for guidance.
- 20 [Slide.]
- 21 The safety focus is on events of special
- 22 interest, namely, constipation and complications of
- 23 constipation, as well as ischemic colitis. Special
- 24 attention will also be given to related outcomes of
- 25 hospitalization, surgery, and death.

- 1 [Slide.]
- 2 I will follow the general approach
- 3 proposed by the CIOMS IV working group for
- 4 evaluating safety signals and benefit-risk balance
- 5 for marketed drugs. I will therefore review the
- 6 weight of evidence for the dominant risks -
- 7 complications of constipation and ischemic colitis,
- 8 and related outcomes, hospitalization, surgery, and
- 9 death.
- 10 Our safety database is extensive. It is
- 11 comprised of data from clinical trials, which is
- 12 recognized as the most complete and reliable, and
- 13 therefore used for calculating risk estimates.
- 14 We also have a spontaneous safety database
- obtained from the postmarketing period. Exposure
- of a large number of patients may enable the
- 17 identification of infrequent safety events,
- 18 however, the interpretation of individual cases is
- 19 often limited by lack of detail.
- 20 Early results on the background frequency
- 21 of complications of constipation and ischemic
- 22 colitis in IBS from the epidemiology studies were
- 23 presented by Dr. Traber. Conclusions drawn from
- 24 these studies will be used for context.
- 25 [Slide.]

1 The approach then has been to review,

- 2 analyze, and interpret the databases, so as to draw
- 3 conclusions on risk factors, and from this, on
- 4 steps that can be taken to mitigate risks, as well
- 5 as severe outcomes.
- 6 Taken together with information on the
- 7 burden of illness, on therapeutic alternatives and
- on benefits afforded by alosetron, conclusions on
- 9 the overall benefit-risk balance of alosetron will
- 10 be presented as we understand it today.
- 11 [Slide.]
- 12 This table represents a summary of the
- 13 events of ischemic colitis and serious
- 14 constipation, as well as outcomes of
- 15 hospitalization, surgery, and death related to
- 16 these events, data from the clinical trials and
- 17 approval in February 2000, and from the clinical
- 18 trials and the spontaneous databases for today's
- 19 Advisory Committee meeting.
- 20 You will note that as the clinical trial
- 21 populations increased significantly from the time
- 22 of approval until alosetron was withdrawn, the
- 23 frequency of ischemic colitis has remained
- 24 essentially unchanged. I will describe these
- 25 cases, as well as the cases of serious

1 complications of constipation, in more detail in a

- 2 moment.
- 3 At the time, alosetron was withdrawn in
- 4 November of 2000, approximately 534,000
- 5 prescriptions had been written for approximately
- 6 275,000 patients. This is the population for the
- 7 spontaneous adverse event report.
- 8 It is relevant to recognize that the
- 9 spontaneous safety database has continued to change
- 10 over time. Indeed, extensive publicity and claims
- 11 presented by plaintiff attorneys continue to
- 12 generate new reports or additional information in
- 13 an ongoing manner. The exact numerator, therefore,
- 14 will depend on cutoff dates. For our briefing
- 15 document, we agreed with FDA to a February the
- 16 18th, 2002, cutoff date.
- 17 You may have noted that the FDA uses a
- 18 cutoff date of March the 8th, 2002. This was to
- 19 allow time to process information. The numerator
- 20 will also depend on how individual cases are
- 21 classified. Many of the individual cases of
- 22 special interest, especially in the spontaneous
- 23 database, are medically complex or contain very
- 24 little information.
- We have discussed these with FDA in order

- 1 to decide how best to classify them. We agreed
- 2 with the Agency in a great majority of these cases.
- 3 In some cases, after medical consultation with our
- 4 experts, we reached different medical opinions as
- 5 to the exact nature of the disease process leading
- 6 to the outcomes of hospitalization, surgery, or
- 7 death, and the role played by alosetron.
- 8 This may explain some of the differences
- 9 in our totals, for instance, most notably in the
- 10 number of deaths that we associate with the use of
- 11 the drug.
- 12 Regardless of the exact numbers, we agree
- 13 that there are serious risks, and this is what we
- 14 are here to discuss today.
- 15 [Slide.]
- 16 Starting then with the constipation data.
- 17 [Slide.]
- 18 An adverse event of constipation in a
- 19 clinical trial was recorded when a patient reported
- 20 having constipation or if four consecutive days
- 21 passed without a bowel movement.
- 22 Serious adverse events of constipation
- 23 were defined according to the regulatory criteria,
- 24 which is described in a footnote to page 60 of the
- 25 briefing document.

- 1 Complications of constipation included
- 2 cases of bowel obstruction, ileus, toxic megacolon,
- 3 and perforation regardless as to whether these met
- 4 the serious definition of constipation.
- 5 Complications of constipation also included cases
- 6 of impaction when this was a serious adverse event.
- 7 [Slide.]
- 8 This is a summary of Table 3, which can be
- 9 found on page 59 of the briefing document, showing
- 10 the reports of constipation in clinical trial
- 11 subjects. Constipation was the most frequently
- 12 reported adverse event. It was reported in a
- 13 dose-dependent way, 29 percent of subjects on the 1
- 14 mg BID dose compared to 11 percent of subjects on
- 15 the 0.5 mg BID dose.
- 16 Withdrawal due to constipation also
- 17 increased with increasing dose. Note, however,
- 18 that only about 2 percent of all patients treated
- 19 with alosetron received the 0.5 mg BID dose. Note
- 20 also that in most trials, laxative use was not
- 21 allowed.
- 22 [Slide.]
- 23 This is a graph of all reports of
- 24 constipation from Month 1 through to Month 3. As
- 25 you can see, most of the reports of constipation

1 occurred in the first month, and indeed, patients

- 2 that remained in the trials on the whole did not
- 3 report further constipation.
- 4 Seventy-five percent of patients reporting
- 5 constipation did so in the first month regardless
- as to whether or not they withdrew. Again, most
- 7 patients reported constipation only once.
- 8 [Slide.]
- 9 Turning now to reports of serious
- 10 complications of constipation. Eleven reports came
- 11 from patients receiving alosetron in the repeat
- 12 dose clinical trials. The time to onset varied
- 13 greatly and most subjects were withdrawn from the
- 14 trials. Ten out of 11 were hospitalized.
- For 9 out of 11 subjects, constipation
- 16 resolved with conservative therapy. One patient
- 17 developed a toxic megacolon and underwent a
- 18 colectomy. One patient developed a small bowel
- 19 ileus and Crohn's disease was diagnosed at surgery
- 20 to correct an ileal stenosis.
- 21 There were three reports in the placebo
- 22 group involving obstruction. All resolved, but one
- 23 underwent lysis of adhesions. One subject in the
- 24 mebeverine arm of the comparative trial developed
- 25 severe abdominal pain and constipation and was

- 1 withdrawn.
- 2 In contrast to the previous slide, this
- 3 slide demonstrates that the differential rate in
- 4 all events of constipation between alosetron and
- 5 placebo is not translated into a similar
- 6 differential rate of serious complications. Indeed,
- 7 only approximately 1 percent of patients
- 8 withdrawing due to constipation did so because of a
- 9 complication.
- 10 Additional details are provided on Tables
- 11 4 to 7 in Attachment 2 of your briefing document.
- 12 [Slide.]
- 13 The cumulative risk calculations, shown on
- 14 this table, as well as the incidence rates at Month
- 15 1 and Month 12. As we saw, most of the adverse
- 16 events of constipation occurred in the first month
- 17 of therapy. Cases of serious complications tended
- 18 to occur more sporadically.
- 19 Based on the way serious complications of
- 20 constipation were defined for the clinical trials,
- 21 the risk estimates were not treatment related.
- 22 Also, the incidence rate did not appear to increase
- 23 over time.
- 24 [Slide.]
- 25 So, interrogation of the clinical trial

- 1 safety database reveals that constipation was the
- 2 most frequent adverse event reported. It occurred
- 3 in a dose-dependent manner, mostly in the first
- 4 month, and mostly once. It was typically managed
- 5 by withdrawing therapy and instituting routine care
- 6 including laxatives.
- 7 There were reports of serious
- 8 complications of constipation primarily
- 9 obstructions and impactions, but also one colectomy
- 10 and one laparotomy in a patient diagnosed with
- 11 Crohn's disease.
- 12 The events of serious complications of
- 13 constipation appeared to occur somewhat
- 14 intermittently.
- 15 [Slide.]
- 16 Turning now to the marketing experience.
- 17 Serious constipation and complications of
- 18 constipation were defined slightly differently for
- 19 the spontaneous safety database. Firstly,
- 20 constipation was defined by the reporter.
- 21 Cases assessed as having a serious event
- 22 according to the regulation were then identified.
- 23 Cases with an event of constipation or related term
- 24 were then individually evaluated to identify those
- 25 in which constipation was the event leading to the

- 1 assessment of "serious."
- 2 Serious constipation associated with
- 3 complications of constipation were then identified,
- 4 i.e., perforation, toxic megacolon, obstruction,
- 5 ileus, and impaction.
- 6 [Slide.]
- 7 From about 275,000 patients treated with
- 8 alosetron, we have 100 spontaneous reports of a
- 9 serious adverse event of constipation with the
- 10 characteristics that are shown on the table. As
- 11 was seen in the clinical trials, the time to onset
- 12 varied, but occurred in the first month in 67
- 13 percent of cases.
- In 58 of these 100 cases, the serious
- 15 adverse event of constipation was associated with
- 16 complications ranging from fecal impaction to
- 17 perforation. These cases are described in Tables 8
- 18 and 9 on pages 69 and 70 of the briefing document.
- 19 [Slide.]
- 20 Outcomes of special interest associated
- 21 with the serious constipation are shown in this
- 22 table. These are listed in order of severity and
- 23 not duplicated.
- 24 There were two deaths. One was an
- 25 82-year-old patient prescribed alosetron for

1 diarrhea-predominant IBS, who was hospitalized for

- 2 constipation, and died following surgery for a
- 3 ruptured diverticulum. The patient was
- 4 concurrently receiving hydrocordone and belladonna,
- 5 and reported a five-day history of constipation.
- 6 The second patient was a 62-year-old woman
- 7 in a nursing home with Alzheimer's disease and
- 8 receiving alosetron for the treatment of chronic
- 9 diarrhea. She underwent surgery to correct Ogilvie
- 10 syndrome, and was not resuscitated when she
- 11 developed ARDS.
- 12 Intestinal surgeries included partial and
- 13 total colectomy. Anorectal surgeries involved
- 14 hemorrhoidectomies and rectal fissure repairs.
- 15 Other patients were treated conservatively with
- 16 withdrawal of therapy and the institution of
- 17 routine care.
- Dr. Mark Koruda, Professor of
- 19 Gastrointestinal Surgery, is with us. He has
- 20 reviewed these cases and is ready to answer any
- 21 questions you may have.
- 22 [Slide.]
- 23 In summary, the clinical presentation of
- 24 spontaneous constipation reports is similar to that
- 25 seen for clinical trials. The great majority of

- 1 reports were not serious, and managed
- 2 conservatively. However, there were cases of
- 3 complications of constipation with serious sequelae
- 4 and two deaths.
- 5 [Slide.]
- 6 Risk factors for constipation have been
- 7 derived from interrogation of the databases and, in
- 8 particular, by careful analysis of the integrated
- 9 safety data from the clinical trials.
- 10 The United Healthcare Epidemiology Study
- 11 proposes that patients may be at risk of developing
- 12 complications of constipation and bowel surgery in
- 13 association with IBS. Whether or not this applies
- 14 equally to all subtypes of IBS is not known.
- 15 Constipation resulting from alosetron
- 16 exposure is not unexpected. 5HT3 receptor
- 17 antagonists slow GI transit and increase saltwater
- 18 reabsorption from the gut as a class effect.
- 19 Constipation appears to occur in a
- 20 dose-dependent manner with most cases occurring in
- 21 the first month following initiation of therapy and
- 22 occurring only once. It also increases with age.
- 23 Serious complications of constipation may
- 24 occur more intermittently. Review of the serious
- 25 constipation spontaneous cases suggests that

- 1 patients with preexisting constipation or
- 2 co-morbidities that may aggravate the effects of
- 3 constipation have worse outcomes.
- 4 These include patients who have had prior
- 5 complications of constipation or intestinal
- 6 obstruction, perforation, diverticulitis, and so
- 7 on. Likewise, many patients developing
- 8 complications of constipation were using
- 9 constipating drugs in addition to alosetron.
- 10 [Slide.]
- 11 Moving now to ischemic colitis, the second
- 12 dominant risk.
- 13 [Slide.]
- 14 Intestinal ischemia represents a broad
- 15 spectrum of diseases. Ischemic colitis, more
- 16 properly termed colonic ischemia, acute mesenteric
- 17 ischemia, and chronic mesenteric ischemia,
- 18 represent the main types. These are frequently
- 19 confused.
- 20 Actually, each differs in terms of
- 21 pathophysiology, clinical presentation, natural
- 22 history, and prognosis, as outlined on the slide.
- 23 Much more is known about acute and chronic
- 24 mesenteric ischemia than is known about colonic
- 25 ischemia at present.

1 Having said this, we believe that the

- 2 spontaneous cases described as ischemic colitis in
- 3 the safety databases represent ischemic colitis,
- 4 and not acute or chronic mesenteric ischemia. The
- 5 spontaneous database does contain a number of
- 6 reports of acute and chronic mesenteric ischemia,
- 7 which are distinct from ischemic colitis. These
- 8 cases will also be discussed later.
- 9 Dr. Larry Brandt, who is with us, is an
- 10 expert on intestinal ischemia. He authored the AGA
- 11 Technical Review and Guidelines on this topic. He
- 12 is familiar with the data and is available to
- 13 answer questions as needed.
- Dr. Kay Washington is also with us. She
- 15 is an Associate Professor of GI Pathology, and she
- 16 is also familiar with the cases and prepared to
- 17 answer any questions you may have.
- 18 [Slide.]
- 19 The size of the clinical trial safety
- 20 database has increased 4-fold since the time of
- 21 approval in February 2000 until the time of the
- 22 sNDA, so approximately 12,000 patients. The number
- 23 of reports of ischemic colitis has also increased
- 24 from 4 to 17. Thus, the frequency of reports has
- 25 remained essentially unchanged during this period

1 at approximately 1 in 700, as reflected in the

- 2 approved label.
- 3 [Slide.]
- 4 We have 17 reports of ischemic colitis
- 5 from the clinical trials, and 12 met the definition
- 6 of a serious adverse event. Most occurred in
- 7 subjects less than 50 years of age. There was no
- 8 apparent dose effect although numbers in doses
- 9 other than the 1 mg BID are small.
- The time to onset was varied, but mostly
- 11 occurred in the first month. Sixteen out of 17
- 12 patients withdrew from the trials. Details of each
- of these cases can be found in Table 10 in
- 14 Attachment 3 of the briefing document.
- 15 [Slide.]
- 16 The clinical presentation was similar in
- 17 all cases with acute onset abdominal pain and
- 18 hematochezia. Fifty-three percent of patients were
- 19 hospitalized for a median duration of three days.
- 20 Treatment consisted in all but one instance of
- 21 withdrawal of drug and providing supportive care.
- 22 Constipation was reported in 18 percent of
- 23 cases and estrogen use in 50 percent of cases.
- 24 These are proportions corresponding to those of the
- 25 overall clinical trial population.

- 1 [Slide.]
- 2 In this slide are cumulative risk and
- 3 incidence rate estimates for the totality of
- 4 treatment exposures in all trials pooled together.
- 5 You will note that FDA, in their briefing document,
- 6 provided several complementary estimates also
- 7 derived from studies.
- 8 FDA also presents a study-specific
- 9 approach directed at identifying a representative
- 10 estimate in female IBS patients and in female IBS
- 11 patients in the U.S.
- 12 Our results show that there is a 5-fold
- 13 increase in the risk of developing ischemic colitis
- in alosetron-treated subjects compared to
- 15 placebo-treated control in terms of events per
- 16 10,000 patients. This is also reflected in the
- 17 incidence rates at 12 months expressed in terms of
- 18 events per 1,000 patient years.
- 19 [Slide.]
- From the marketing experience, 80
- 21 spontaneous reports of ischemic colitis have been
- 22 received. For a clear interpretation, these were
- 23 further classified as probable, possible, or
- 24 insufficient evidence based on the extent of
- 25 supporting clinical, endoscopic, and pathological

- 1 information.
- 2 [Slide.]
- 3 Only 58 cases met the probable, possible
- 4 criteria, but summary characteristics are presented
- 5 on this slide based on available data from all 80
- 6 cases. The clinical presentation was similar to
- 7 that seen in clinical trials with early onset.
- 8 Most patients were less than 65 years old and 60
- 9 percent were hospitalized.
- 10 Six spontaneous cases included a report of
- 11 intestinal surgery. These included two right
- 12 hemicolectomies and a partial colectomy site
- 13 unspecified. Brief case summaries are described on
- 14 page 85 and 86 of the briefing document for these
- 15 three surgeries. The other three reports did not
- 16 contain sufficient information.
- 17 [Slide.]
- 18 In addition to the cases of ischemic
- 19 colitis, 12 spontaneous serious adverse event
- 20 reports of mesenteric ischemia, occlusion, or
- 21 infarction were received. The clinical
- 22 presentation varied greatly, and interpretation in
- 23 all cases is confounded by predisposing conditions
- 24 including intestinal vascular insufficiency,
- 25 hypercoagulable states, and thrombotic disease.

1 Given these circumstances, no meaningful

- 2 signal can be derived regarding a role played by
- 3 alosetron. Case summaries are shown on page 87 to
- 4 90 of the briefing document.
- 5 [Slide.]
- 6 In summary, then, ischemic colitis
- 7 generally occurred early in therapy, presenting
- 8 acutely. It occurred in subjects with a spectrum
- 9 of baseline symptoms. It was typically transient
- 10 and resolved without sequelae, and was managed by
- 11 withdrawing therapy and supportive care. Six
- 12 spontaneous cases did report surgery. There were
- 13 no deaths.
- [Slide.]
- 15 Ischemic colitis appears to be
- 16 idiosyncratic and so unpredictable. The
- 17 epidemiological data proposes that having a
- 18 diagnosis of IBS carries a baseline risk. The risk
- 19 observed in clinical trials has remained unchanged
- 20 over the period of the clinical trial program
- 21 during which the number of exposed subjects has
- 22 increased approximately 4-fold.
- 23 Most of the cases occurred in the first
- 24 month, although it is recognized that a small
- 25 number of patients were exposed for more than six

1 months, however. Despite a concerted analytical

- 2 effort, no specific risk factors including
- 3 constipation or other medications have been
- 4 identified. In other words, there is no evidence
- 5 that constipation predisposes IBS patients to
- 6 ischemic colitis.
- 7 [Slide.]
- 8 What do we conclude then with respect to
- 9 the benefit-risk balance? Patients with their
- 10 physician must balance the benefits against the
- 11 risks when making an informed decision to initiate
- 12 any new therapy. This will depend on the burden of
- 13 illness for the patient and what alternative
- 14 therapies have to offer also in terms of balance
- 15 between benefits and risks.
- 16 As presented by Dr. Traber, IBS is
- 17 associated with a significant burden of illness
- 18 that requires treatment for many patients. He also
- 19 indicated that today, therapeutic options remain
- 20 limited. IBS, therefore, continues to represent a
- 21 significant unmet medical need.
- 22 [Slide.]
- 23 As was also summarized by Dr. Traber,
- 24 alosetron provides substantial benefits for women
- 25 with diarrhea-predominant IBS with a spectrum of

- 1 chronic and debilitating symptoms.
- 2 [Slide.]
- 3 The most favorable benefit-risk balance
- 4 would be achieved by restricting alosetron to women
- 5 who have failed conventional therapy, and so have
- 6 no therapeutic alternatives. Conversely, women
- 7 with episodic or non-debilitating symptoms may not
- 8 benefit from alosetron and may have an unfavorable
- 9 benefit-risk balance. These patients would
- 10 typically be managed with conventional therapy.
- 11 [Slide.]
- 12 In conclusion, then, the benefit-risk
- 13 balance for alosetron is positive for
- 14 diarrhea-predominant women with IBS who have failed
- 15 conventional therapy. Implementation of the Risk
- 16 Management Plan including changes to the label will
- 17 focus on the population most in need, and will
- 18 mitigate risks. This will provide the most
- 19 favorable risk-balance for alosetron.
- 20 Dr. Wheadon will now take us through the
- 21 Risk Management Plan. Thank you.
- 22 Risk Management Plan
- David Wheadon, M.D.
- DR. WHEADON: Thank you, Eric.
- 25 [Slide.]

1 I am David Wheadon, Senior Vice President

- of U.S. Regulatory Affairs at GlaxoSmithKline. I
- 3 would like to thank the committee for the
- 4 opportunity to present the risk management
- 5 framework for the proposed reintroduction of
- 6 Lotronex.
- 7 [Slide.]
- 8 Before going specifically into the Risk
- 9 Management Plan, I would to very briefly revisit
- 10 the issues of benefit-risk calculations and
- 11 particularly the benefits and associated risk of
- 12 Lotronex use.
- 13 As you see here, at the beginning of the
- 14 determination of benefit-risk by the sponsor and
- 15 the FDA, the sponsor and the FDA, as a joint team,
- 16 evaluate the assess the benefits and the potential
- 17 risk for the pharmaceutical treatment under
- 18 discussion, and communicate such via labeling and
- 19 other mechanisms to the prescribing community.
- The prescribers then are key in
- 21 determining the benefits and managing the risk for
- 22 the individual patient for whom the drug is
- 23 intended. Last, but not least, the patient once
- 24 informed is the ultimate decisionmaker concerning
- 25 the balance.

- 1 [Slide.]
- 2 As we have heard this morning, IBS carries
- 3 a significant burden of illness, has a significant
- 4 quality of life impact. It has reduced
- 5 productivity particularly in the domains of work
- 6 and school, and perhaps underlying the reason why
- 7 we are here today, there continues to be limited
- 8 treatment options.
- 9 [Slide.]
- 10 As Dr. Traber has outlined this morning,
- 11 Lotronex has been shown to evidence improvement in
- 12 moderate and severe IBS symptoms, particularly
- 13 concerning urgency, frequency, and pain. It has
- 14 also been shown to have global improvement in IBS
- 15 symptoms, to have an effect on quality of life
- 16 particularly around such things as sleep and
- 17 physical and social functioning, and also has been
- 18 shown to have a beneficial effect on productivity.
- 19 [Slide.]
- 20 As Dr. Carter has outlined, there are
- 21 dominant risks associated with the use of Lotronex
- 22 particularly constipation, which is an expected
- 23 outcome given the mechanism of action of Lotronex.
- 24 The complications of constipation is an
- 25 event that is potentially avoidable. Severe

1 outcomes can be mitigated by early recognition of

- 2 signs and symptoms and timely intervention.
- 3 In terms of ischemic colitis, as best as
- 4 we know today, this event is idiosyncratic,
- 5 however, we believe careful monitoring of signs and
- 6 symptoms is warranted with the overarching goal of
- 7 mitigating severe outcomes.
- 8 [Slide.]
- 9 In terms of the Risk Management Plan that
- 10 we have put before the committee, the overarching
- 11 goals are as follow:
- 12 To restrict use to patients with the most
- 13 favorable benefit-risk balance. As Dr. Carter has
- 14 outlined, that continues to be women with
- 15 diarrhea-predominant IBS who have failed to respond
- 16 to conventional therapy. Beyond that, as is always
- 17 true with the use of drugs in treating serious
- 18 illness, informed patient use is key.
- 19 Additionally, with the appropriate
- 20 adherence to the tenets of the Risk Management
- 21 Plan, we hope to mitigate serious outcomes of
- 22 constipation and to mitigate the serious outcomes
- 23 of ischemic colitis.
- 24 [Slide.]
- In general, there are certain common core

- 1 activities associated with risk management plans.
- 2 The evaluation of the benefits and assessment of
- 3 risk, which we have all heard this morning, but
- 4 additionally, balancing the benefits versus the
- 5 risks particularly in identifying the appropriate
- 6 target population.
- 7 Beyond that, the risk must be communicated
- 8 both in terms of labeling, as well as other
- 9 mechanisms of communication. The risks should be
- 10 managed with informed patient use and appropriate
- 11 prescribing.
- 12 Ongoing safety evaluation is key, as is
- 13 true for the safe use of all pharmaceutical
- 14 products, and ongoing program evaluation to assess
- 15 the effectiveness of the plan that has been put in
- 16 place.
- 17 [Slide.]
- 18 This schematic is intended to give you in
- 19 one sort of fell swoop, the overarching goals and
- 20 tenets of the Risk Management Plan of Lotronex.
- 21 The physician will serve as the key in determine,
- 22 first, the appropriate patient for use, that being
- 23 women with diarrhea-predominant IBS that have
- 24 failed to respond to conventional therapy, but
- 25 beyond that, the physician will then sign a form

- 1 indicating, one, his or her knowledge and
- 2 experience in treating IBS and in managing the
- 3 potential complications of treating IBS, but also
- 4 sign the form indicating that the patient has been
- 5 appropriately counseled concerning risk and
- 6 benefits.
- 7 Additionally, an initial titration period
- 8 is being proposed based on prudent clinical care,
- 9 that is, a half dose, 1 mg a day, initiation
- 10 treatment for 30 days. A prescription will be
- 11 written by their physician with a sticker affixed
- 12 to the prescription indicating that the appropriate
- 13 discussions and counseling has occurred.
- 14 The patient, once informed, will sign the
- 15 agreement, as well, indicating that they have been
- 16 counseled around the benefits and the risks, and
- 17 the signs the symptoms to be perfect cognizant of.
- 18 The patient will then take a copy of the
- 19 signed agreement form along with the prescription
- 20 with the affixed sticker to the pharmacy. The
- 21 pharmacist will serve as a real-time check,
- 22 checking for the sticker, dispensing the
- 23 prescription with a Medication Guide.
- 24 Following the initial 30-day treatment
- 25 period, the patient will return to report any

1 adverse effects and to receive a new prescription,

- 2 and this is a correction I want you to pay
- 3 particular attention to each new prescription
- 4 will require a new sticker affixed to the
- 5 prescription. There will be no refills.
- 6 Underlying this ongoing process will be
- 7 the FDA and the company evaluating both the
- 8 efficiency and effectiveness of the program, but
- 9 also modifying the program as indicated depending
- 10 on the outcome of the evaluations.
- 11 [Slide.]
- Now, to go more specifically into the
- 13 various responsibilities of the core components of
- 14 this Risk Management Plan. There is a joint
- 15 responsibility between ourselves and the FDA
- 16 particularly around revised labeling.
- 17 The labeling has been revised, at least
- 18 proposed to be revised, with a concise box warning
- 19 that carries the key safety information
- 20 particularly that serious gastrointestinal events,
- 21 some fatal, have been reported in association with
- 22 Lotronex use, these events including ischemic
- 23 colitis and serious complications of constipation
- 24 have resulted in hospitalization, blood
- 25 transfusion, and/or surgery.

1 Physicians who are knowledgeable and

- 2 experienced in treating IBS and in managing the
- 3 complications should only prescribe the drug.
- 4 The indication is limited to women with
- 5 diarrhea-predominant IBS who have not responded to
- 6 conventional therapy. Patients will be instructed
- 7 to discontinue use immediately if symptoms of
- 8 constipation or ischemic colitis should occur and
- 9 these occurrences should be reported to the
- 10 treating physician.
- 11 As I mentioned, there is also a
- 12 modification in terms of the initial titration
- 13 period starting off at a half dose, 1 mg a day for
- 14 30 days to assess patient tolerance to the
- 15 treatment.
- 16 A Medication Guide will be given to the
- 17 patient both by the treating physician and the
- 18 pharmacist that will include this key safety
- 19 information.
- 20 Beyond this, we propose to meet jointly
- 21 with the FDA on a regular basis, for example,
- 22 quarterly to review the evolving safety
- 23 information.
- 24 [Slide.]
- 25 In terms of specific GSK responsibilities,

1 we are proposing to establish an external expert

- 2 medical review board to review events of special
- 3 interest. We will also voluntarily expedite
- 4 reports of events of special interest regardless of
- 5 the seriousness or the expectedness.
- 6 We will, as well, provide a Dear Physician
- 7 and Dear Pharmacist letter conveying the key
- 8 elements of the Risk Management Plan and the
- 9 labeling changes.
- 10 The physician-patient agreement kit will
- 11 also be provided either via a 1-800 number,
- 12 described in the Dear Physician letter, or provided
- 13 via our sales representatives during the
- 14 introductory period.
- 15 [Slide.]
- 16 Additional responsibilities that the
- 17 Company will carry include providing Lotronex and
- 18 IBS disease information to physicians via sales
- 19 representatives, and an Internet web site will also
- 20 be maintained where all the important information
- 21 will be collated, as well as the ability for
- 22 physicians to download the patient agreement forms.
- 23 [Slide.]
- In terms of program evaluation, three
- 25 studies will be proposed or have been proposed to

1 look at the safe use of Lotronex. One will target

- 2 the utilization of Lotronex in a large managed
- 3 health care research database, the United
- 4 Healthcare Research database.
- 5 This database encompasses 5 million
- 6 covered lives, and we will look at the
- 7 appropriateness for therapy for patients that are
- 8 prescribed Lotronex within this database,
- 9 specifically focusing on demographic
- 10 characteristics, IBS history and other GI history,
- 11 and drugs dispensed in six months prior to Lotronex
- 12 use or during Lotronex use, specifically to assess
- 13 whether or not the intended indication and the
- 14 contraindications have been adhered to.
- 15 [Slide.]
- 16 A second study will look at the compliance
- 17 with the Risk Management Plan. This will be a
- 18 pharmacy-based postmarketing study in association
- 19 with the Slone Epidemiology Unit of the Boston
- 20 University School of Medicine.
- 21 This study will be conducted in
- 22 association with a large national retail pharmacy
- 23 chain. Roughly 2,600 retail pharmacies will
- 24 participate. Patients that are dispensed Lotronex
- 25 will be contacted within one week of dispensation

1 of the drug, and questionnaire will be carried out,

- 2 again focusing on IBS history, receipt of
- 3 appropriate counseling regarding benefit and risk
- 4 of Lotronex use, as well as the receipt of a copy
- 5 of the agreement form and the Medication Guide.
- 6 A follow-up contact will occur 30 to 45
- 7 days after the prescription has been filled to
- 8 assess further patient experience on the drug.
- 9 [Slide.]
- 10 A third study will focus specifically on
- 11 Lotronex safety. The occurrence of events of
- 12 special interest in relation to Lotronex use will
- 13 be assessed, again using the United Healthcare
- 14 Research Database.
- The incidence of these events in patients
- 16 receiving Lotronex will be ascertained, as well as
- 17 the incidence of these events in IBS patients who
- 18 do not receive Lotronex, in an attempt to further
- 19 elucidate the possibility of risk factors for these
- 20 events will be carried out. The target number of
- 21 Lotronex users will be 10,000 patients.
- 22 [Slide.]
- 23 Focusing now on prescriber
- 24 responsibilities. First and foremost, the
- 25 prescriber will be responsible for appropriate

1 patient selection based on the modified revised

- 2 label.
- 3 Specifically, in addition to the
- 4 indicating treatment population, that being women
- 5 with IBS of diarrhea predominance that have failed
- 6 to respond to conventional therapy,
- 7 contraindications will be key, as well.
- 8 So, patients with a history of chronic or
- 9 severe constipation, that with a history of
- 10 intestinal obstruction, stricture, toxic megacolon,
- 11 GI perforation, and/or adhesions, a history of
- 12 ischemic colitis current or a history of Crohn's
- 13 disease or ulcerative colitis, active
- 14 diverticulitis or a history of diverticulitis,
- 15 those patients that are unable or unwilling to
- 16 comply or understand the patient-physician
- 17 agreement, and, as always, those patients with a
- 18 know hypersensitivity to a component of the drug
- 19 are clearly contraindicated.
- 20 [Slide.]
- 21 The prescriber will sign the agreement
- 22 form confirming several things: one, that he or
- 23 she is appropriate in terms of experience in
- 24 treating IBS and in managing the potential
- 25 complications of IBS. The physician will also

1 counsel the patient on the benefit-risk associated

- 2 with the use of Lotronex.
- 3 [Slide.]
- 4 The prescriber will also educate the
- 5 patients on signs and symptoms that require prompt
- 6 action, obtain patient's signature on the agreement
- 7 form, and provide a copy of the agreement form to
- 8 the patient and place a copy in the patient's
- 9 medical record.
- 10 [Slide.]
- 11 Again, these requirements of the
- 12 prescriber are clearly outlined in the proposed
- 13 modified label.
- 14 [Slide.]
- 15 Once this is carried out, the special
- 16 sticker will be affixed to the prescription. No
- 17 verbal orders or prescription orders by facsimile
- 18 will be allowed. No refills will be allowed.
- 19 Every prescription, both the initiating
- 20 prescription, as well as follow-on prescriptions,
- 21 will require the special sticker. As always, the
- 22 prescriber will be responsible for active patient
- 23 follow-up to assess patient response to the drug.
- [Slide.]
- 25 In terms of the pharmacist, the pharmacist

- 1 will only accept written prescriptions with an
- 2 affixed sticker. The pharmacist will, as well,
- 3 dispense the Medication Guide, which is reflective
- 4 of the key information associated with safe
- 5 Lotronex use, and the pharmacist will, as well,
- 6 serve as an additional resource for product
- 7 information.
- 8 [Slide.]
- 9 Moving now to patient responsibilities,
- 10 perhaps the most important. It is incumbent upon
- 11 the patient to understand the benefits and the
- 12 risks associated with Lotronex use. Once informed,
- 13 the patient will make an informed decision
- 14 regarding treatment and sign the agreement form.
- The patient will be responsible for
- 16 following the physician and Medication Guide
- 17 instructions, and perhaps most importantly, the
- 18 patient will need to be very able to recognize
- 19 important signs and symptoms requiring prompt
- 20 action including discontinuing treatment and
- 21 seeking medical attention.
- 22 [Slide.]
- 23 Again, the modified label and the
- 24 Medication Guide will clearly elucidate the
- 25 responsibilities of the patient in terms of reading

- 1 the Medication Guide, not starting Lotronex if they
- 2 are constipated, discontinuing the drug and
- 3 contacting physician if certain key symptoms occur
- 4 during the course of treatment, particularly
- 5 constipation, worsening abdominal pain, bloody
- 6 diarrhea, or blood in the stool, and perhaps also,
- 7 importantly, to stop taking Lotronex and contact
- 8 their physician if the drug does not adequately
- 9 control IBS symptoms after four weeks of taking one
- 10 tablet twice a day, which is the indicated dosage
- 11 for treatment.
- 12 [Slide.]
- So, as I have described for you this
- 14 morning, the Lotronex Risk Management Plan is a
- 15 thorough plan calling for the active engagement of
- 16 key participants, namely, the physician, who must
- 17 attest to their experience in treating IBS and
- 18 managing its complications, the patient, who must
- 19 be counseled and clearly sign that they understand
- 20 the incumbent benefits and risks of Lotronex use,
- 21 the pharmacist, who will serve as a real-time check
- 22 in terms of the prescriptions and appropriate
- 23 stickers applied to it, and counseling the patient
- 24 and providing Medication Guides, and the Agency and
- 25 the Company, who will be responsible for evaluating

1 the effectiveness of the program and modifying the

- 2 program as might be indicated with experience.
- 3 [Slide.]
- 4 So, we believe the Risk Management Program
- 5 put before you is designed to address the benefit
- 6 and mitigate the risk associated with Lotronex use.
- 7 The modified conditions of use favorably enhance
- 8 the benefit-risk by restricting access to women
- 9 with diarrhea-predominant IBS that have not
- 10 responded to other conventional therapies.
- 11 The communication plan includes messages
- 12 to prescribers, pharmacists, and patients, the
- 13 modified package insert and Medication Guide will
- 14 carry key safety information that is important for
- 15 the prescriber and the patient to be fully aware
- 16 of.
- 17 The patient-physician agreement process
- 18 ensures that the appropriate discussion and
- 19 counseling occurs prior to dispensation of the
- 20 prescription.
- 21 The real-time double check at the pharmacy
- 22 level provides an additional safety measure to
- 23 ensure that only the appropriate patients are
- 24 receiving the drug, and the ongoing program
- 25 evaluation allows for assessment of effectiveness

- 1 of the program.
- 2 [Slide.]
- 3 This plan, we believe allows for informed
- 4 patient use, should reduce the occurrence of
- 5 complications of constipation, should mitigate the
- 6 serious outcomes associated with complications of
- 7 constipation and ischemic colitis, and perhaps most
- 8 importantly, should strike a balance between
- 9 mitigating risk without creating extraordinary
- 10 barriers to patient access.
- 11 It is pleasure to introduce Dr. Robert
- 12 Sandler, who will give us a clinician's perspective
- on Lotronex use.
- 14 Clinician's Perspective
- Robert S. Sandler, M.D.
- DR. SANDLER: Good morning.
- 17 [Slide.]
- I am Robert Sandler. I am Professor of
- 19 Medicine and Epidemiology at the University of
- 20 North Carolina at Chapel Hill.
- I am a gastroenterologists and although I
- 22 don't specialize in IBS, like most
- 23 gastroenterologists, patients with IBS comprise the
- 24 largest group of people that I see in my practice.
- I am also an epidemiologist and I have

done some research on the epidemiology of IBS. I

- 2 have authored the Burden of Disease Report from the
- 3 American Gastroenterological Association, and I
- 4 have had a chance to read some of the epidemiology
- 5 background papers that are pertinent for the
- 6 discussion today.
- 7 So, I am here today as a clinician, as a
- 8 clinical investigator, as an epidemiologist, and
- 9 what I would like to do in the next 14 minutes or
- 10 so is to share with you my impressions after
- 11 reading the briefing documents from the Company and
- 12 from the FDA.
- 13 [Slide.]
- So, the topics I am going to cover are
- 15 listed here. I am going to talk about the economic
- 16 and social burden of IBS, our treatment options,
- 17 the benefits and potential risks of alosetron, and
- 18 I will give you my impressions of the risk
- 19 management program that has been proposed.
- 20 [Slide.]
- 21 IBS is a common digestive complaint. The
- 22 information that we obtained in the Burden of GI
- 23 Disease Report suggests that there are 15.4 million
- 24 prevalent cases, 3.6 million office visits, 150,000
- 25 hospital outpatient visits, and 87,000 emergency

- 1 room visits.
- 2 [Slide.]
- 3 As you might anticipate with that many
- 4 health care encounters, the economic costs of IBS
- 5 are considerable. On this slide, I have graphed
- 6 the total direct costs from 1998 in millions of
- 7 dollars. Somewhat unexpectedly, the largest
- 8 component of those costs are hospital costs.
- 9 Patients with IBS aren't usually admitted to the
- 10 hospital, and this reflects secondary diagnosis
- 11 codes for patients with IBS who were admitted to
- 12 the hospital for some other reason.
- Now, the other costs on here, I think ware
- 14 more accurate outpatient hospital costs,
- 15 emergency room visits, and office visits, and it is
- 16 somewhat surprising to note that \$80 million was
- 17 spent on drugs. This is surprising because the
- 18 drugs that we have currently for IBS are not very
- 19 effective.
- So, if we total those direct costs, we
- 21 come up with about \$1.7 billion. We also tried to
- 22 estimate the indirect costs. These are the costs
- 23 from people missing work as a consequence of their
- 24 IBS. That is almost \$20 million.
- In addition, there are these unmeasured

1 collateral costs. We know that patients with IBS

- 2 are more likely to go to physicians for both GI and
- 3 non-GI conditions.
- 4 Although you may quibble with the specific
- 5 dollar figures, I think that the unmistakable
- 6 conclusion is that IBS is a very expensive
- 7 condition.
- 8 [Slide.]
- 9 The economic analyses ignore social and
- 10 emotional costs of IBS that are unmeasured and
- 11 immeasurable. Physicians, policymakers and critics
- 12 typically pay insufficient attention to conditions
- 13 that cause symptoms, but aren't fatal.
- 14 Let's face it, IBS doesn't commonly kill
- 15 people, but this lack of appreciation for
- 16 symptomatic conditions in insensitive and insulting
- 17 to patients who are suffering.
- 18 People who say that IBS is not a bad
- 19 disease have never taken care of patients with IBS.
- 20 So, given the high prevalence and high impact, we
- 21 need therapeutic agents that are effective.
- 22 [Slide.]
- 23 Unfortunately, there are currently no
- 24 FDA-approved drugs for IBS that have been proven to
- 25 be effective in randomized, controlled trials. The

1 drugs that we commonly use are fiber, smooth muscle

- 2 relaxants, antidepressants, and anxiolytics. These
- 3 medications are incompletely effective in the
- 4 patients who are most severely affected, and they
- 5 don't work for diarrhea.
- 6 [Slide.]
- 7 The pharmacologic treatment of IBS was the
- 8 subject of a systematic review of randomized,
- 9 controlled trials that was published in the Annals
- 10 of Internal Medicine in the year 2000. The
- 11 randomized, controlled trials that were part of
- 12 that review demonstrated that the only drugs that
- 13 were effective for IBS were smooth muscle
- 14 relaxants. They are not available in the United
- 15 States.
- In addition, these randomized, controlled
- 17 trials did not look at the impact on disability or
- 18 patients' satisfaction with care.
- 19 [Slide.]
- 20 In contrast, I think you have seen today
- 21 there is abundant evidence that alosetron works.
- 22 This is a graphic that I ran across in the
- 23 Company's briefing document, and I scanned it in,
- 24 which accounts for the somewhat uneven quality, but
- 25 what it does is it look at weekly adequate relief

- 1 for women with diarrhea-predominant IBS.
- 2 The reason I selected this particular
- 3 graph is it shows that the duration of effect was
- 4 48 weeks, and as a clinician, I am impressed with
- 5 the durability of the effectiveness of the drug.
- 6 [Slide.]
- 7 I am also impressed with the wide range of
- 8 symptoms for which this drug is effective. You
- 9 have heard this morning about a large number of
- 10 studies that have looked at a wide range of
- 11 different symptoms that our patients with IBS bring
- 12 to the clinic. Again, as a clinician, I am
- 13 impressed with the wide range of symptoms for which
- 14 the drug is effective. So, I think there is no
- 15 doubt that the drug is effective.
- [Slide.]
- Well, what about risks? Our information
- 18 about risks comes from several different sources.
- 19 First of all, it comes from controlled clinical
- 20 trials, and this is really the best evidence on
- 21 risk. It is the best evidence because there is a
- 22 comparison group.
- It is also the best evidence because in
- 24 randomized, controlled trials, patients are
- 25 monitored very carefully by their physicians, and I

- 1 think that, if anything, the adverse events in
- 2 randomized trials are likely to be overestimated
- 3 rather than underestimated.
- 4 Now, we can also find out about risks from
- 5 spontaneous reports. The limitation of spontaneous
- 6 reports is that they may be factually uncertain,
- 7 incomplete, or imprecise. Importantly, the
- 8 spontaneous reports are unable to account for cases
- 9 that are not related to the drug. These are cases
- 10 that occur as part of the background.
- Now, that is not to say that spontaneous
- 12 reports aren't important. Spontaneous reports can
- 13 provide a signal for rare events that we could not
- 14 determine from randomized, controlled trials, even
- 15 large randomized, controlled trials. So, I don't
- 16 want to give you the impression that I don't think
- 17 spontaneous reports are important, but we need to
- 18 recognize their limitations.
- 19 Finally, we can find out about risk from
- 20 the epidemiology studies. The problem with
- 21 epidemiology studies is that they can be
- 22 susceptible to problems of misclassification of
- 23 disease or exposure, however, they have important
- 24 strengths.
- 25 The large epidemiology studies can rival

- 1 the spontaneous reports in their ability to detect
- 2 rare events. In addition, and very importantly, the
- 3 population-based epidemiology studies can provide
- 4 insight into the background rate of disease in the
- 5 general population that we can use to place the
- 6 spontaneous reports in context.
- 7 [Slide.]
- 8 Let's turn to the complications of
- 9 alosetron. The first is constipation, and based on
- 10 reading the evidence, there is little doubt in my
- 11 mind that the drug cause constipation. This is a
- 12 predictable side effect based on the pharmacologic
- 13 action of the drug. It's a 5HT3 antagonist that
- 14 may result in constipation.
- 15 However, it appears that the constipation
- 16 is dose related, it is more common at higher dose,
- 17 and importantly, in randomized trials with nearly
- 18 12,000 patients, so-called complications of
- 19 constipation were not more frequent in alosetron
- 20 than in placebo-treated groups.
- 21 In the epidemiology study, none of these
- 22 people got alosetron. In the epidemiology study,
- 23 IBS patients were more than twice as likely to be
- 24 hospitalized with these constipation complications
- 25 than non-IBS patients, suggesting that these

1 complications may be a part of the disease, and not

- 2 a consequence of the therapy.
- 3 [Slide.]
- 4 Now, ischemic colitis is potentially more
- 5 serious. The collection of randomized, controlled
- trials suggests that people that take alosetron are
- 7 about 5 to 6 times more likely to develop ischemic
- 8 colitis.
- 9 All of the cases in clinical trials were
- 10 self-limited and they did not result in sequelae,
- 11 and in the epidemiology study, there was about a
- 12 4-fold increase in colonic ischemia in IBS patients
- 13 compared to the non-IBS patients, and I would like
- 14 to illustrate that with a graphic because I think
- 15 it is important.
- [Slide.]
- 17 So, this is the adjusted relative risk, 95
- 18 percent confidence interval, of colonic ischemia in
- 19 5 million members of the United Healthcare
- 20 Database. None of these people took alosetron.
- 21 The way the slide works, this is relative
- 22 risk in a log scale. Compared to the non-IBS
- 23 patients, individuals who had an IBS diagnosis,
- 24 within three weeks, were almost 50 times more
- 25 likely to have a diagnosis of ischemic colitis.

Now, how do we interpret that? My

- 2 interpretation is that these people within three
- 3 weeks probably didn't have IBS in the first place.
- 4 They probably had ischemic colitis and within three
- 5 weeks, the diagnosis was apparent.
- 6 However, it is also interesting to note
- 7 that as long as one year after diagnosis, the
- 8 patients with IBS were still about 3 to 4 times
- 9 more likely to have a diagnosis of ischemic colitis
- 10 compared to the non-IBS patients.
- 11 Well, how do we interpret that? I think
- 12 there is two possible interpretations. The first
- 13 interpretation would be that patients with IBS are
- 14 more likely to develop ischemic colitis. A second
- 15 interpretation is that there is a group of people
- 16 who have a poorly defined entity that resembles
- 17 irritable bowel syndrome, but is, in fact, ischemic
- 18 colitis, and that diagnosis becomes apparent over
- 19 time.
- I think the take-home message from this
- 21 study is, first of all, we don't understand the
- 22 entity of ischemic colitis very well, and,
- 23 secondly, I think that this kind of epidemiology
- 24 study can provide a context for helping us
- 25 understand the spontaneous reports, particularly

1 when we see such a high relative risk within three

- 2 weeks of diagnosis, suggesting that some of those
- 3 spontaneous reports may, in fact, not have been due
- 4 to the drug.
- 5 [Slide.]
- 6 So, what are my conclusions about risk?
- 7 With respect to constipation, I think that
- 8 constipation should be straightforward to manage.
- 9 Primary care physicians, internists, and
- 10 gastroenterologists can manage constipation.
- 11 The complications of constipation are not
- 12 more common than placebo in randomized, controlled
- 13 trials, and constipation may be less frequent with
- 14 a lower starting dose.
- With respect to ischemic colitis, I think
- 16 that heightened awareness should provide for early
- 17 detection, and colonic ischemia is almost always
- 18 self-limited.
- 19 I would like to make a couple of comments
- 20 about risk estimates, because there is lots of risk
- 21 estimates in those FDA briefing documents, and I
- 22 would make the following points.
- 23 With respect to the risk of ischemic
- 24 colitis in people who take alosetron, the estimate
- 25 from the collection of randomized, controlled

- 1 trials is 5.4. That means that people that take
- 2 alosetron are 5.4 times more likely to get ischemic
- 3 colitis.
- 4 But I call your attention to the
- 5 confidence interval, which is incredibly wide. As
- 6 a consequence of small numbers, it reflects the
- 7 imprecision of that estimate.
- Now, in the FDA briefing document, you
- 9 also saw mention of something that many people call
- 10 the etiologic fraction. This is the proportion of
- 11 cases that are caused by the drug.
- 12 I would simply point out that because of
- 13 the wide confidence interval around this risk
- 14 estimate, and because of the questionable
- 15 assumptions that go into calculating etiologic
- 16 fraction, I think that that number may be
- 17 potentially misleading.
- Now, perhaps the most useful measure would
- 19 be attributable risk. This is the excess cases as
- 20 a consequence of the drug, and our calculations are
- 21 that there are 3.9 cases per 1,000 per year. The
- 22 reason this is a useful measure is that we can tell
- 23 our patients that of every thousand patients who
- 24 take the drug for a year, 3.9 of them will develop
- 25 this outcome.

- 1 [Slide.]
- I would like to end with my impressions of
- 3 the risk management program. Now, the risk
- 4 management program is designed to provide the
- 5 medication to appropriate patients, specifically,
- 6 women with diarrhea-predominant IBS who have failed
- 7 traditional therapy.
- 8 It is also designed to target appropriate
- 9 providers, that is, physicians who are experienced
- 10 and knowledgeable in the management of both IBS and
- 11 ischemic colitis, who have signed an agreement
- 12 form, who have counseled patients about risks,
- 13 safety monitoring, and benefits, who have signed an
- 14 agreement and placed it in the medical record, and,
- 15 finally, who have placed a sticker on the
- 16 prescription and sent it to the pharmacy. This is
- 17 a lot to ask for busy physicians.
- 18 Finally, I don't think we should
- 19 underestimate the value of the Phase IV studies,
- 20 the studies that have been proposed by the Company,
- 21 will monitor whether appropriate patients are
- 22 receiving the medication, and some of the studies
- 23 can provide new insights about the risks of the
- 24 drug and about ischemic colitis.
- 25 [Slide.]

1 So, what are my impressions of the

- 2 potential impact of the risk management program?
- 3 It is very clear to me that this risk management
- 4 program will discourage casual use of this drug.
- 5 This risk management program is not anemic, it is
- 6 very onerous, and I think that, if anything, the
- 7 risk management program might prevent some
- 8 deserving patients from getting the drug.
- 9 The management program will alert
- 10 physicians and patients to potential side effects
- 11 and will lead to early termination and evaluation
- 12 for adverse events.
- Now, physicians deal with risk-benefit
- 14 issues every day. They do that when they prescribe
- 15 steroids or NSAIDs or immunosuppressors or
- 16 biologics, and I think in this case of prescribing
- 17 alosetron is no different.
- 18 [Slide.]
- 19 So, in conclusion, I would make the
- 20 following observations.
- 21 IBS is a significant economic and social
- 22 problem. Our therapeutic options are currently
- 23 limited. Alosetron has demonstrated consistent
- 24 benefits in rigorous studies and offers advantages
- 25 to selected patients, specifically, women with

- 1 diarrhea-predominant IBS.
- 2 The risk management program would limit
- 3 use to knowledgeable physicians and appropriate
- 4 patients, and, finally, physicians and patients
- 5 want the option to use an effective drug. As a
- 6 clinician, I would use this drug in my patients
- 7 with IBS.
- 8 Thank you.
- 9 Summary and Conclusions
- James B.D. Palmer, M.D.
- DR. PALMER: Let me just make some brief
- 12 closing remarks.
- 13 [Slide.]
- 14 I think we have heard in the presentations
- 15 to date that the reintroduction of Lotronex to
- 16 patients without suitable therapeutic alternatives
- 17 is supported by a substantial body of new data, a
- 18 lot more spontaneous data, and we have nearly
- 19 12,000 patients in our clinical trial database.
- The proposed Risk Management Plan strikes
- 21 an appropriate balance between the need to mitigate
- 22 risk without creating extraordinary barriers to
- 23 product access.
- 24 The last thing I would like to mention,
- 25 which I think is important, is GlaxoSmithKline's

1 expectations. If reintroduction is approved, it is

- 2 our intention to be extremely cautious with this
- 3 medicine. I think that is a very important point.
- 4 We hope we can work with the Advisory
- 5 Committee and the Agency to achieve a positive
- 6 outcome and, most of all, help patients with IBS
- 7 for whom this drug may be effective.
- 8 Thank you.
- 9 DR. WOLFE: Thank you, Dr. Palmer. I
- 10 thank you and your colleagues for your
- 11 presentations.
- 12 We are scheduled for a break now, but what
- 13 I would like to do right before we break is offer
- 14 the panelists the opportunity to ask for
- 15 clarification only of any of the presentations by
- 16 GlaxoSmithKline, not to go deep into depth
- 17 regarding questions, regarding the drug, rather,
- 18 clarifications of the presentations.
- 19 Are there any questions from the
- 20 panelists?
- 21 [No response.]
- DR. WOLFE: If not, we will take a break.
- 23 We will reconvene at 10:05.
- 24 [Break.]
- DR. WOLFE: I would like to call on Dr.

1 Victor Raczkowski from the FDA to start the

- 2 presentation.
- 3 FDA Presentation
- 4 Victor Raczkowski, M.D.
- DR. RACZKOWSKI: Dr. Wolfe, Dr. Gross,
- 6 members of the Joint Advisory Committee, invited
- 7 guests, ladies and gentlemen.
- 8 [Slide.]
- 9 My name is Dr. Victor Raczkowski. I am
- 10 the Acting Director of the Division of
- 11 Gastrointestinal and Coagulation Drug Products in
- 12 the Center for Drug Evaluation and Research at the
- 13 Food and Drug Administration.
- 14 We have consolidated some of our
- 15 presentations today, so the order will not be
- 16 exactly as described in the paper copy that was
- 17 handed to you.
- Our presentations will focus primarily on
- 19 those areas not covered by GlaxoSmithKline or where
- 20 there are differences in interpretation of the
- 21 data.
- 22 [Slide.]
- 23 We will have four FDA presentations. The
- 24 first presentation will be the clinical trial
- 25 experience that will be given by Dr. Thomas

- 1 Permutt.
- 2 The second presentation will be the
- 3 postmarketing experience with Lotronex that will be
- 4 given by Ms. Ann Corken Mackey.
- 5 Then, Dr. Tony Piazza-Hepp will discuss
- 6 the Risk Management Program for Lotronex.
- 7 I will conclude with a discussion of
- 8 risk-benefits, as well as some conclusions.
- 9 I will now introduce Dr. Thomas Permutt,
- 10 who will talk about clinical trial issues.
- 11 Lotronex, Clinical Trial Experience
- 12 Thomas Permutt, Ph.D.
- 13 [Slide.]
- 14 DR. PERMUTT: I will be talking about some
- 15 of the safety data from clinical trials of
- 16 alosetron. Later, you will hear some discussion on
- 17 the same issues with reference to the postmarketing
- 18 data. I also have a few words to say about
- 19 effectiveness, collaborative work with David
- 20 Hoberman and Zili Li.
- 21 [Slide.]
- The most basic question is how we quantify
- 23 the risk of adverse events, so they can properly be
- 24 weighed against the benefit. I will have part of
- 25 the answer to that, and an important question in

1 itself is how the risk varies with the time of

- 2 exposure.
- 3 Once we have some estimate of the risk in
- 4 the overall population, we have to ask how the risk
- 5 varies within the population, can we distinguish
- 6 subpopulations at greater or lesser risk, in other
- 7 words, can we identify risk factors.
- 8 The question of subpopulations is also
- 9 important on the benefit side. If there are
- 10 serious risks to be borne, they may, nevertheless,
- 11 be tolerable in patients for whom the benefit is
- 12 big. Similarly, if we find subgroups less likely
- 13 to benefit, we would want to avoid exposing them to
- 14 the risk.
- 15 [Slide.]
- The risks that we are most concerned about
- 17 are serious complications of constipation and
- 18 ischemic colitis. Let's take complications of
- 19 constipation first.
- 20 As you have heard, there are 11 cases
- 21 among roughly 11,000 patients treated with
- 22 alosetron in controlled trials, accrued rate of 1
- 23 per thousand. Most required hospitalization, one
- 24 required surgery. There are also 3 cases in 3,000
- 25 placebo patients, as you heard, a nearly identical

- 1 rate, and the times of exposure are also
- 2 comparable, 3 months in most cases.
- 3 So, a statistician might stop there except
- 4 for a feature of the design of the controlled
- 5 trials. Patients were, of course, monitored
- 6 closely in the trials, and there were rules
- 7 requiring discontinuation of certain patients with
- 8 constipation.
- 9 For example, in a single trial which
- 10 accounted for more than half the cases of serious
- 11 complications of constipation, 37 percent of
- 12 alosetron patients experienced constipation, and 12
- 13 percent of alosetron patients withdrew for that
- 14 reason compared to 4 percent incidence and less
- than 1 percent withdrawals on placebo.
- So, the risk of developing complications
- 17 in a trial was limited by discontinuation in a way
- 18 that does not necessarily reflect the risk in
- 19 clinical practice. For this reason, we think the
- 20 postmarketing experience is particularly relevant
- 21 for the complications of constipation, as you will
- 22 hear later.
- The other potentially life-threatening
- 24 risk is ischemic colitis.
- 25 [Slide.]

1 Excluding some studies with fewer than a

- 2 hundred patients on alosetron, there are 20
- 3 controlled trials in our database for alosetron.
- 4 Among them, as you have heard, they account for
- 5 11,000 patients treated with alosetron mostly for
- 6 three months. Ischemic colitis occurred on
- 7 alosetron in 8 of these studies. There was also a
- 8 single case of ischemic colitis in a placebo
- 9 patient.
- 10 What I have plotted here is Kaplan-Meier
- 11 estimates of cumulative incidents at three months
- 12 with 95 percent confidence intervals from the 8
- 13 studies that had cases on alosetron.
- 14 Considering all 20 studies, including the
- 15 12 with no cases, the pooled cumulative incidence
- 16 is 2 per thousand at three months, and I have
- 17 marked that with this horizontal line.
- Now, there is some indication of
- 19 heterogeneity among the studies. I have to call
- 20 your attention especially to Study 20, this one
- 21 here. More than half the cases occurred in this
- 22 study. It was of six months duration, but again
- 23 for comparison, what I have plotted here is the
- 24 three-month cumulative incidence.
- The confidence interval here barely

1 touches the pooled rate. So, there is some reason

- 2 to think this study is really different. Of
- 3 course, it comes to our attention after the fact
- 4 precisely because the rate is different, so the
- 5 difference may not be as remarkable as it would
- 6 seem, but if it really is different, one reason to
- 7 consider is the possibility of better ascertainment
- 8 of ischemic colitis in this large study that took
- 9 place relatively late in the course of development,
- 10 after the investigators were already sensitive and
- 11 especially looking for ischemic colitis.
- 12 Anyway, if you look at this study alone,
- 13 you get an estimated three-month incidence of 5 per
- 14 thousand compared to the pooled rate of 2 per
- 15 thousand.
- [Slide.]
- 17 What do we know about the risk over time?
- 18 I have borrowed a figure from the applicant's
- 19 background package to illustrate this. They have
- 20 used a slightly larger pool of studies with about
- 21 12,000 patients, but it makes very little
- 22 difference here.
- 23 The first thing I want to say is there is
- 24 a lot of useful information in this picture, but
- 25 hardly any of it is in the right half, that is, the

1 time after six months. Only 700 patients were

- 2 exposed to alosetron for more than six months in
- 3 these trials compared to 12,000 in the first month.
- 4 This here is one case of ischemic colitis
- 5 after six months, which happened to be in a placebo
- 6 patient. So no, there is no real reason to think
- 7 what seems to show in the picture. There is no
- 8 real reason to think the risk with alosetron levels
- 9 off here, nor is there a real reason I think to
- 10 think that the placebo rate catches up to it.
- 11 [Slide.]
- 12 That is better. This is the left half of
- 13 the same graph. Over the first six months, and
- 14 especially the first three months, we do have
- 15 information. Now, what is plotted here is the
- 16 cumulative risk, that is, if a patient takes the
- 17 drug for three months, say, what is her risk of
- 18 getting ischemic colitis at some time during those
- 19 three months.
- 20 Well, it is about two-tenths of 1 percent
- 21 of 2 in a thousand, as I said before. Now, this
- 22 risk continues to rise of over six months, well, it
- 23 can't get down. The longer I observe you, the more
- 24 likely you are to have had the event, but the point
- 25 is it doesn't really flatten out either.

1 The slope of this curve, what is called

- 2 the hazard, does seem to be bigger in the first
- 3 month than in the second through six months, maybe
- 4 as much as double, but not statistically
- 5 significantly bigger because we are still looking
- 6 at small numbers of events with a lot of
- 7 uncertainty.
- 8 In any case, although the cumulative risk
- 9 may rise less steeply later on than in the first
- 10 month, there is every reason to think that it
- 11 continues to rise. How high it might rise after
- 12 more than six months, I am not in a position to
- 13 say, and I don't think anyone else is either.
- 14 Unfortunately, this is what you really want to know
- 15 if you are a patient contemplating alosetron over a
- 16 long period.
- 17 I heard Dr. Carter say that most cases of
- 18 ischemic colitis were in the first month, and this
- 19 is true. It is not as impressive as it might sound
- 20 because most of the studies were three months long,
- 21 so you would expect to see a third of the cases in
- 22 the first month. In fact, we saw somewhat more,
- 23 but not dramatically more than that.
- So, it is not as if you are out of the
- 25 woods after a month or three months. Rather, it is

- 1 partly that most of the cases were where most of
- 2 the treated patients were. If we watched people
- 3 for a year or more, many people, or even for six
- 4 months rather than only for three months, we might
- 5 not expect most of the cases to be in the first
- 6 month.
- 7 [Slide.]
- 8 What about risk factors? Well, a number
- 9 of risk factors for ischemic colitis are known in
- 10 general populations, but here, in the trial data
- 11 with alosetron, we have been unable to identify
- 12 subgroups more or less likely to develop ischemic
- 13 colitis. That doesn't mean there aren't any. What
- 14 it means is with 18 cases of ischemic colitis, we
- 15 haven't been able to figure out what distinguishes
- 16 the cases from the non-cases.
- 17 What that means is so far as we can tell,
- 18 everybody who takes alosetron shares the risk of
- 19 developing ischemic colitis.
- 20 [Slide.]
- 21 If the risk is unavoidable, are there
- 22 patients in whom it is tolerable in relation to a
- 23 large benefit? In this connection, I would like to
- 24 discuss some of the data on urgency and also
- 25 comment briefly on some of the productivity data

- 1 that Dr. Traber showed you.
- 2 [Slide.]
- 3 Four studies focused on an urgent need to
- 4 go to the bathroom. I have pooled together two
- 5 relatively early studies and also separately two
- 6 later studies in which the patients were worse off
- 7 at baseline. Looked at a subset of patients who
- 8 began the study, reporting urgency more than five
- 9 days a week, and counted how many of them finished
- 10 the three-month study reporting urgency less than
- 11 two days a week. There are other ways to cut it
- 12 with similar results.
- In the first two studies, it was 32
- 14 percent compared to 19 percent with placebo, and in
- 15 the two later studies, it was 50 percent compared
- 16 to 29 percent for placebo. So, in this group of
- 17 patients with a lot of room to improve, substantial
- 18 numbers of them did improve a lot.
- 19 [Slide.]
- Now, we have heard about the burden of
- 21 irritable bowel syndrome in terms of time lost from
- 22 work among other things. This would also be a
- 23 natural place to look for big benefits. The
- 24 sponsored show these data in a slightly different
- 25 form, and again I have cribbed a graph from their

- 1 background package.
- 2 There are unquestionably statistically
- 3 significant differences between alosetron and
- 4 placebo in the hours of work lost, but I want to
- 5 call your attention to the scale here, if you can
- 6 see it.
- 7 The differences between treatments are on
- 8 the order of an hour a week or a day every couple
- 9 of months, and they are less than this spontaneous
- 10 improvement that you see with placebo.
- 11 [Slide.]
- 12 So, we have some evidence of a big benefit
- 13 in urgency, not so much in productivity. We should
- 14 also look for groups less likely to benefit, so as
- 15 to avoid needless risk for those patients. The
- 16 sponsor has been able to identify a few such risk
- 17 factors for lack of efficacy, as you heard, in
- 18 particular patients with hard or very hard stools,
- 19 or fewer than two stools per day were less likely
- 20 to be successfully treated than others.
- You might also suspect that such patients
- 22 could be at higher risk for complications of
- 23 constipation although we don't know that.
- 24 [Slide.]
- 25 I posed a number of questions at the

1 beginning, and here is what I think we know about

- 2 the answer. What is the risk? Well, for
- 3 complications of constipation, we don't see any
- 4 excess risk compared to placebo in the controlled
- 5 trials, but this may be partly because many
- 6 patients with constipation were discontinued from
- 7 the controlled trials before they might have
- 8 developed complications.
- 9 For ischemic colitis, there is an excess
- 10 risk, as you have heard, of 2, maybe as much as 5
- 11 per thousand over three months. How does it change
- 12 over time? Well, the cumulative risk continues to
- 13 rise over six months although perhaps less steeply
- 14 after the first month.
- 15 After six months, we have too little
- 16 information to know, and it is something a patient
- 17 should want to know.
- 18 Risk factors for ischemic colitis in
- 19 patients treated with alosetron have not been
- 20 identified. As far as we know, everyone who takes
- 21 alosetron shares the risk.
- 22 Some patients with a lot of room for
- 23 improvement did improve a lot. In contrast,
- 24 patients with harder, less frequent stools at
- 25 baseline did not benefit much.

1 Thank you for your attention. You are

- 2 going to hear next from Ann Mackey of the Office of
- 3 Drug Safety about the postmarketing experience.
- 4 Postmarketing Experience with Lotronex
- 5 Ann Corken Mackey, R.Ph, M.P.H.
- 6 MS. MACKEY: Hello. I am going to talk
- 7 about the postmarketing experience with Lotronex.
- 8 [Slide.]
- 9 This presentation is a collaboration
- 10 between Dr. Allen Brinker, Dr. Zili Li, and myself.
- 11 [Slide.]
- 12 This is an outline of my presentation.
- 13 [Slide.]
- 14 First, I want to talk a little bit about
- 15 the Adverse Event Reporting System commonly known
- 16 as AERS. It is a spontaneous, voluntary
- 17 surveillance system. It is voluntary reporting by
- 18 health care professionals and consumers, and
- 19 mandatory reporting by manufacturers. To date, we
- 20 have over 2 million reports in the database.
- 21 [Slide.]
- 22 Some of the strengths of AERS. It
- 23 provides for early detection of signals, it
- 24 identifies rarely occurring adverse events, and it
- 25 captures information that clinical trials are not

1 able to capture, such as off-label use, use in

- 2 patient populations other than those studied, drug
- 3 combinations, and use in contraindicated
- 4 conditions.
- 5 [Slide.]
- 6 Some of the limitations of AERS. It
- 7 cannot reliably estimate true incidence rates of
- 8 events because the number is underestimated, and
- 9 the denominator can only be projected. It is
- 10 subject to under-reporting. We have evidence that
- 11 only 1 to 10 percent of adverse events get reported
- 12 to FDA.
- 13 There is no certainty that the drug caused
- 14 the event. It may have been due to underlying
- 15 disease, concomitant medications, or any other
- 16 number of factors.
- 17 [Slide.]
- In our case series, we looked at ischemic
- 19 colitis, small bowel ischemia, and serious
- 20 complications of constipation. The ischemic
- 21 colitis and serious complications of constipation
- 22 cases are mutually exclusive. If the co-exist,
- 23 then, the case was linked to ischemic colitis. All
- 24 small bowel cases were discussed separately.
- 25 We captured reports received through March

1 8th, 2002. You heard the sponsor say their cutoff

- 2 date was February 18th, 2002. This would allow for
- 3 reports to be received and processed by the FDA.
- 4 [Slide.]
- 5 Reports received after the market
- 6 suspension of Lotronex have come primarily from
- 7 consumers and available clinical data are not
- 8 comprehensive. More recently, reports have come
- 9 from class action lawsuits, and again available
- 10 clinical data are not comprehensive.
- 11 Reporter follow-up was intensive prior to
- 12 the market suspension.
- 13 [Slide.]
- 14 First, we will talk about ischemic
- 15 colitis. Our case definition was based on any or a
- 16 combination of the following: the term "ischemic
- 17 colitis" is explicitly used in the AERS report as a
- 18 possible diagnosis; any endoscopic or histologic
- 19 evidence of ischemic change or necrosis; or any
- 20 radiologic evidence of ischemic colitis.
- 21 [Slide.]
- We identified 84 cases of ischemic colitis
- 23 associated with Lotronex; 33 cases were confirmed
- 24 by biopsy, 17 cases were confirmed by colonoscopy
- 25 without biopsy, and 33 cases were diagnosis only.

- 1 These were mutually exclusive.
- 2 [Slide.]
- 3 Eighty-one of these patients were female,
- 4 one was male, and two the gender was unknown. The
- 5 median and mean age of these patients was 55 years.
- 6 The range was 25 to 80 years. The time to onset,
- 7 median was 14 days, the mean was 39 days, and the
- 8 range was 101 to 200 days.
- 9 We had time-to-onset information in 66.
- 10 [Slide.]
- 11 Presenting symptoms, these are not
- 12 mutually exclusive. Fifty-four patients reported
- 13 bloody stool diarrhea, 16 patients reported
- 14 constipation, and 63 patients reported abdominal
- 15 pain, 22 patients were using estrogen
- 16 concomitantly.
- 17 [Slide.]
- The outcomes of these cases, and these are
- 19 not mutually exclusive, 54 patients required
- 20 hospitalization, 11 patients required surgery.
- 21 That is 10 resections and one unknown surgery. Two
- 22 patients required transfusions, and there were 2
- 23 deaths.
- Now, the sponsor stated that there were no
- 25 deaths due to ischemic colitis. This is a

1 difference in assigning the cause of death. Per

- 2 previous communications with the sponsor, we have
- 3 agreed to disagree on assigning the cause of death
- 4 in these two cases.
- 5 I am presenting the next two slides on
- 6 behalf of Dr. Allen Brinker.
- 7 [Slide.]
- 8 This is information described in his
- 9 review, which can be found in Appendix 4 of the FDA
- 10 background package.
- 11 Epidemiologic studies submitted by Glaxo
- 12 suggest potential for misdiagnosis of selected
- 13 conditions as IBS. Examples are inflammatory bowel
- 14 disease, such as ulcerative colitis and Crohn's
- 15 disease, and ischemic colitis.
- By "misdiagnosis," we mean that patients
- 17 originally given a diagnosis of IBS were later
- 18 found to have other diagnoses, such as IBD or
- 19 ischemic colitis.
- 20 [Slide.]
- 21 Given the risk of ischemic colitis due
- 22 Lotronex and the potential for a background rate of
- 23 ischemic colitis in the IBS population, we can
- 24 calculate attributable risk.
- 25 Attributable risk permits attribution of

- 1 the percentage of spontaneous reports of ischemic
- 2 colitis in association with Lotronex expected to be
- 3 due to Lotronex.
- 4 Based on relative risk of 5.9 for ischemic
- 5 colitis with Lotronex versus placebo--this is from
- 6 the initial NDA--the attributable risk is 83
- 7 percent. Thus, we expect 83 percent of reports of
- 8 ischemic colitis reported in association with
- 9 Lotronex to be attributable to Lotronex, the
- 10 remainder as background cases of ischemic colitis
- 11 misdiagnosed as IBS.
- 12 [Slide.]
- Now, we will talk a little bit about small
- 14 bowel ischemia. Our case definition was any
- 15 ischemic change of the small bowel documented by
- 16 endoscopic, surgical, or pathologic evidence.
- 17 [Slide.]
- 18 We identified 6 cases associated with
- 19 Lotronex. These cases reported ischemia,
- 20 infarction, or necrosis of the small bowel. They
- 21 were all female and ranged in age from 33 to 81
- 22 years.
- Time to onset was a mean of 10 days for 4
- 24 of the patients, 120 days for 1 patient, and
- 25 unknown for 1 patient. There were 5 surgeries and 3

1 deaths. The sponsor's case definition was much

- 2 broader, and this is why they have identified 12
- 3 cases.
- 4 While each of these 6 cases may have an
- 5 alternative explanation for the small bowel
- 6 ischemia, because of an association between
- 7 Lotronex and ischemic colitis, we believe that an
- 8 association between the drug and small bowel
- 9 ischemia could not be excluded.
- 10 [Slide.]
- Now, we will talk about serious
- 12 complications of constipation. Our case definition
- 13 was constipation or suspected constipation that was
- 14 associated with an ER visit, hospitalization, or
- 15 complications, including but not limited to, fecal
- 16 impaction, bowel obstruction, necrosis, or rupture.
- 17 [Slide.]
- We identified 113 cases associated with
- 19 Lotronex, 103 were female, and 10 were male. The
- 20 median age was 57 years, the mean age was 54 years,
- 21 and the range was 24 to 82 years.
- The time to onset, a median of 14 days, a
- 23 mean of 35 days, and a range of 1 to 180 days. We
- 24 had time-to-onset information in 79 of the cases.
- The presenting symptoms, these are not

- 1 mutually exclusive, 84 patients reported
- 2 constipation, 28 patients reported bloody stool,
- 3 and 74 patients reported abdominal pain. Nineteen
- 4 patients were using estrogen concomitantly.
- 5 Some of the reports may not have mentioned
- 6 constipation, but their adverse events led us to
- 7 believe that they had constipation, and that is why
- 8 these patients were placed in this category.
- 9 [Slide.]
- The outcomes, these are not mutually
- 11 exclusive, 83 patients required hospitalization, 34
- 12 patients required surgery, that is 25 intestinal
- 13 surgeries and 9 anorectal surgeries, 2 patients
- 14 required transfusions, and there were 2 deaths.
- 15 [Slide.]
- There are a total of 14 deaths in patients
- 17 receiving Lotronex. Association with Lotronex
- 18 cannot be reasonably excluded in 7 cases 2 cases
- 19 of ischemic colitis, 3 cases of small bowel
- 20 ischemia, 2 cases of serious complications of
- 21 constipation.
- 22 [Slide.]
- Once a drug is introduced into the
- 24 marketplace, unstudied populations are exposed.
- 25 This leads to detection of additional and more

- 1 serious adverse events. When looking at these
- 2 data, keep in mind that the clinical trials have a
- 3 denominator of approximately 12,000 patients, and
- 4 the denominator is unknown for postmarketing data.
- 5 We look at the first event, ischemic
- 6 colitis. In clinical trials, there were 18 cases
- 7 with 1 surgery and no deaths. Postmarketing, there
- 8 were 84 cases, 10 surgeries and 2 deaths.
- 9 If we look at small bowel ischemia, there
- 10 were no cases in clinical trials. Postmarketing,
- 11 we had 6 cases with 5 surgeries and 3 deaths.
- 12 If we look at serious complications of
- 13 constipation, in clinical trials, there were 11
- 14 cases, 1 surgery, and no deaths. Postmarketing, we
- 15 had 113 cases, 34 surgeries, and 2 deaths. I
- 16 should say, though, in the clinical trials, if a
- 17 patient was constipated for 3 to 4 days, they were
- 18 taken off the drug and restarted and when
- 19 constipation abated. If they were constipated for
- 20 7 days, then, the patient was out of the trial.
- 21 Clinical trials have strict entry
- 22 criteria. Use in the real world is less stringent.
- 23 In this subset of Lotronex adverse effects, we see
- 24 the following: There were no men in pivotal
- 25 clinical trials. Among the reporters who reported

- 1 this information in our case series of 203
- 2 patients, there were 11 men who received Lotronex.
- 3 There was no off-label use in clinical
- 4 trials. Of the reporters who provided indication
- 5 for use information in our case series, there were
- 6 22 patients who received Lotronex off-label. Some
- 7 of the uses, as reported, included diarrhea,
- 8 constipation-predominant IBS, alternating IBS, and
- 9 abdominal pain.
- 10 The potential for use in contraindicated
- 11 conditions is minimized in clinical trials. Of
- 12 reporters who provided this information, there were
- 13 18 patients with apparent clinical
- 14 contraindications, primarily history of
- 15 constipation. Others included history of ischemic
- 16 colitis, history of bowel obstruction, history of
- 17 inflammatory bowel disease.
- 18 [Slide.]
- 19 Conclusions. In review of the IBS
- 20 literature and studies submitted by Glaxo, we
- 21 believe there is a real potential for misdiagnosis
- 22 of selected conditions, such as inflammatory bowel
- 23 disease and ischemic colitis diagnosed as IBS.
- We expect that most, 80 plus percent of
- 25 ischemic colitis cases reported in association with

- 1 Lotronex can be attributed to Lotronex.
- 2 [Slide.]
- 3 Presenting symptoms did not necessarily
- 4 predict the severity of the outcome. These data do
- 5 not reveal any potential risk factors for these
- 6 events. We recognized a potential for unknown
- 7 risk factors as yet identified.
- 8 Managing risk in the general population
- 9 differs form managing risk in clinical trials.
- 10 Now, Toni Piazza-Hepp will present the
- 11 Risk Management Program.
- 12 Lotronex Risk Management Program
- Toni Piazza-Hepp, Pharm D.
- DR. PIAZZA-HEPP: Before I begin, I would
- 15 like to thank my colleagues in the Office of Drug
- 16 Safety who provided me with valuable input for this
- 17 presentation.
- 18 [Slide.]
- 19 I will be presenting the goals of a
- 20 Lotronex Risk Management Program. I will also be
- 21 including a discussion of options that can be
- 22 considered when designing a plan to meet these
- 23 goals.
- 24 [Slide.]
- 25 In 1999, the FDA Task Force on Risk

- 1 Management issued a Report to the Commissioner.
- 2 One of the key recommendations was that the FDA
- 3 needed to apply a systems framework to medical
- 4 product risk management.
- 5 This slide displays a proposed risk
- 6 management model which is designed to encourage the
- 7 integration of risk management efforts.
- 8 First, issues need to be identified and
- 9 put into context. Earlier this morning we learned
- 10 about the history and the risks related to
- 11 Lotronex. We have also heard discussions
- 12 surrounding the assessment of risks and benefits of
- 13 Lotronex.
- In my presentation, I will be identifying
- 15 goals and risk management options for Lotronex.
- 16 Following today's meeting, the FDA and
- 17 GlaxoSmithKline will discuss a selection of a
- 18 strategy for potential management of Lotronex.
- 19 If a strategy is selected, it will then be
- 20 implemented. There will be phase in evaluation of
- 21 results and a cycle to start all over again. We
- 22 are involving stakeholders in this process, and
- 23 today's meeting is one such example of that.
- 24 [Slide.]
- We are considering the full range of

1 options for drug access. These include, first, no

- 2 patient access, for example, the drug is not
- 3 approved by the FDA or marketing is suspended.
- 4 Investigational New Drug or IND access
- 5 allows availability only under a study protocol.
- 6 For example, cisapride is a drug previously
- 7 marketed that was withdrawn for safety reasons. It
- 8 is currently available through a limited access
- 9 program under an IND.
- 10 The topic of my presentation will be
- 11 marketing under restricted distribution, which is
- 12 the plan proposed by GSK.
- 13 Finally, there are normal marketing
- 14 conditions where there are no special restrictions
- 15 to drug access.
- [Slide.]
- 17 There are risk management plans currently
- 18 in effect that involve restricted distribution.
- 19 This slide list some of the components common to
- 20 most plans, and I will be addressing each in more
- 21 detail. These are education, registrations,
- 22 prescribing and dispensing restrictions, patient
- 23 monitoring, and assessment of compliance with
- 24 program elements and/or ability of program to
- 25 manage drug risks.

- 1 [Slide.]
- 2 The purpose of education is to provide a
- 3 description of the program, communicate risks and
- 4 benefits of treatment, and can be used for other
- 5 purposes, such as encouraging participation in plan
- 6 assessment activities such as surveys, and
- 7 encouraging reporting of adverse events.
- 8 Education is really a critical feature of
- 9 all risk management programs. Considerations are
- 10 potential burdens, such as expense and time and
- 11 investments associated with creating and receiving
- 12 this education.
- 13 [Slide.]
- 14 Some plans include registration of
- 15 prescribers, patients and/or pharmacists. The
- 16 purpose is to create a target population for
- 17 education, monitoring, and conduction of follow-up
- 18 surveys.
- 19 Registration also provides mechanisms to
- 20 measure plan success, such as provision of a
- 21 patient denominator. You would know the actual
- 22 number of patients receiving the drug, you wouldn't
- 23 have to guess or estimate, and linking mandatory
- 24 surveys to these registrations also can occur.
- 25 Again, there are considerations along with

- 1 the additional consideration of patient privacy.
- 2 [Slide.]
- 3 The purpose of prescribing and dispensing
- 4 restrictions are: to limit drug access to targeted
- 5 patients; to allow pharmacists to verify that
- 6 prescriptions are written only by authorized
- 7 prescribers; no refills ensures patients return for
- 8 follow-up; drug distribution in special packaging
- 9 can limit drug supply. You can use it for others
- 10 things like inclusion of a Med Guide, inclusion of
- 11 surveys, you can have reinforcing messages on
- 12 packaging, and so on.
- 13 Again, there are considerations, and one
- 14 may be patient access issues for patients who may
- 15 not be able to afford drug, patients who are
- 16 remotely located, and also it is a concern that
- 17 these programs may encourage alternate sourcing,
- 18 such as importing drugs from other countries, going
- 19 through underground drug networks, and trying to
- 20 get drugs through the Internet.
- 21 [Slide.]
- The purpose of patient monitoring at
- 23 regular intervals is to assure patient follow-up
- 24 for both benefit and safety. It provides an
- 25 opportunity for reinforcing safety messages and an

1 opportunity for obtaining and evaluating adverse

- 2 event information.
- 3 Again, you are going to hear there are
- 4 burdens including the possibility of additional
- 5 office visits, addition lab tests, and so on.
- 6 [Slide.]
- 7 The purpose of assessment of compliance
- 8 with program elements is to provide data to be able
- 9 to measure the success of the plan. This can
- 10 include surveys or patients, prescribers, and/or
- 11 pharmacists.
- 12 If the plan includes voluntary surveys,
- 13 the level of participation may not be adequate and
- 14 there is a question whether respondents will be
- 15 representative really of all patients receiving the
- 16 drug.
- 17 [Slide.]
- 18 Some, but not all, of the risk management
- 19 plans currently in effect are approved under the
- 20 Subpart H Regulation, which provides a requirement
- 21 for postmarketing restrictions.
- 22 [Slide.]
- I have reproduced some of the regulation,
- 24 and I will just be hitting on a few of the salient
- 25 points that is relevant to our discussion today.

1 21CFR314 Subpart H is the regulation

- 2 covering accelerated approval for serious and
- 3 life-threatening illnesses. Many of you may be
- 4 more familiar with it in regard to its use for
- 5 efficacy based on surrogate endpoints, but there is
- 6 another piece of this regulation which relates to
- 7 approval with restrictions to assure safe use.
- 8 If FDA concludes that a drug product can
- 9 be safely used only if distribution or use is
- 10 restricted, the FDA will require such postmarketing
- 11 restrictions, such as distribution restrictions to
- 12 certain facilities or physicians with special
- 13 training or experience, or conditioned on the
- 14 performance of specified medical procedures, and
- 15 the limitations are consistent with specific
- 16 concerns presented by the drug product.
- 17 [Slide.]
- 18 The FDA may withdraw approval, following a
- 19 hearing, if the use after marketing demonstrates
- 20 that these restrictions are inadequate to assure
- 21 safe use or if there is failure of the applicant to
- 22 adhere to the postmarketing restrictions, and there
- 23 is a few other conditions in that regulation.
- 24 Also, promotional materials must be
- 25 submitted to the Agency prior to the time of

- 1 dissemination.
- 2 [Slide.]
- 3 There are advantages to approving
- 4 restriction programs under Subpart H. Subpart H
- 5 gives the FDA tighter regulatory control and rapid
- 6 withdrawal is possible if restrictions are not met
- 7 or the plan fails to accomplish safe use. Auditing
- 8 is needed to assess this.
- 9 Also, the review and pre-approval of all
- 10 promotional material or advertising material is
- 11 mandatory.
- 12 [Slide.]
- Dr. Houn already mentioned that we do have
- 14 four drugs currently approved under the Subpart H
- 15 regulation, and I don't plan on going into the
- 16 details of these plans any further during my talk,
- 17 but there were plan details included in the
- 18 background package.
- 19 [Slide.]
- 20 What are the potential options for the
- 21 design of a Lotronex risk management plan?
- 22 [Slide.]
- 23 The GlaxoSmithKline proposal is to
- 24 reintroduce Lotronex to the market and restrict
- 25 access under the provisions of Subpart H.

- 1 [Slide.]
- 2 The program does have strengths. It has
- 3 an educational component, enhanced labeling, a
- 4 Medication Guide, special packaging which provides
- 5 for a limited supply and includes a Med Guide, a
- 6 dose titration phase that was discussed by the
- 7 firm.
- 8 [Slide.]
- 9 Expedited reporting of the targeted
- 10 adverse events of ischemic colitis and serious
- 11 complications of constipation, pre-approval of
- 12 promotional materials, a program evaluation
- 13 component which was described by GSK, further
- 14 continued study, and Dr. Wheadon had mentioned,
- 15 although not part of this admitted plan, GSK has
- 16 updated us that they intend to allow no refills
- 17 without a new prescription.
- 18 [Slide.]
- 19 There are some weaknesses in the
- 20 GSK-proposed plan. For patient selection, "failed
- 21 conventional therapy" may not be adequate to
- 22 describe severe forms of IBS, and this is a topic
- 23 that we have asked the Advisory Committee to
- 24 consider today.
- In regard to qualified prescribers,

1 attestation of qualifications only is proposed. In

- 2 the current plan, prescribers do not receive
- 3 education, certification, or registration with GSK
- 4 prior to receiving a kit with stickers.
- 5 The program does not limit prescribing to
- 6 gastroenterologists. This is another area where we
- 7 are seeking the opinion of the Committee.
- 8 Monitoring of patients by prescribers on a
- 9 regular basis is not included in the description of
- 10 the current plan. Instead, it is the patient that
- 11 agrees to identify problems relating to benefits
- 12 and risks, and then initiate contact with their
- 13 doctor.
- [Slide.]
- Dr. Wheadon again already mentioned that
- 16 the submitted program has been now changed. It
- 17 originally did not include the concept of stickers
- 18 on every prescription, but they are planning on
- 19 adding this concept to their plan.
- 20 The utility of stickers as an authorized
- 21 prescriber mechanism is really an untested method.
- 22 We are not sure how well that is going to work.
- 23 Also, the program assessment is not designed to
- 24 measure compliance with the use of stickers.
- 25 [Slide.]

1 The program assessment includes a

- voluntary survey--and by "voluntary survey," I mean
- 3 patients are invited to participate in the survey,
- 4 but they are not required to do so--using a chain
- 5 pharmacy, Eckerd Pharmacy patients.
- 6 There is no assurance that the survey will
- 7 be representative of all Lotronex patients, and the
- 8 program does not include other means to more widely
- 9 distribute the survey, such as via the prescriber
- 10 or in the special packaging, or require a mandatory
- 11 survey, and by "mandatory survey," I mean that
- 12 participation in the survey may very well be a
- 13 condition of receiving the drug. This may be
- 14 accomplished via registration of all patients.
- 15 [Slide.]
- 16 There are various considerations that were
- 17 taken into account when creating proposed goals for
- 18 a Lotronex risk management plan. A letter
- 19 regarding Lotronex from CDER to IBS patients was
- 20 posed on the FDA web site in the weeks following
- 21 marketing suspension.
- 22 Goals stated in this letter included safer
- 23 use of Lotronex in appropriately informed patients,
- 24 continued access to Lotronex by severely affected
- 25 IBS patients under closely monitored conditions,

1 and continued clinical studies of the benefits and

- 2 risks and safe use of Lotronex.
- 3 [Slide.]
- 4 Now, over a year later, we needed to take
- 5 additional considerations into account. First,
- 6 even with continued study, the risk factors for
- 7 ischemic colitis are still not known, and we should
- 8 expect that these events will still occur
- 9 regardless of any risk management program.
- 10 Complications of constipation may be prevented
- 11 by recognizing constipation, but some patients did
- 12 not report constipation before complications
- 13 occurred.
- 14 In regard to Subpart H, in addition to the
- 15 requirement for restricted distribution, there is
- 16 the issue of IBS is a serious disease, and there
- 17 should be the ability to determine the success of
- 18 the plan.
- 19 [Slide.]
- 20 The proposed FDA goals for a Lotronex risk
- 21 management plan are:
- 1. To provide access to severely affected
- 23 IBS patients, in other words, to better reflect
- 24 serious forms of IBS and to maximize the benefit
- 25 portion of the benefit-risk ratio.

- 1 2. To limit prescribers to qualified
- 2 physicians.
- 3 3. To identify ischemic colitis and
- 4 serious complications of constipation symptoms
- 5 early through close medical monitoring, in other
- 6 words follow-up. Regular follow-up would also be
- 7 needed to assess and initial and continued
- 8 benefits.
- 9 4. Measure success of the plan, in other
- 10 words auditing, where the collection of data would
- 11 be needed.
- 12 [Slide.]
- 13 This slide displays some of the components
- 14 that I presented earlier, along with the goals that
- 15 I have just described. A red check mark represents
- 16 a newly added feature, and the firm has decided to
- 17 add the "no refill" concept, as I mentioned
- 18 earlier.
- 19 So, in this plan, we have education, an
- 20 authorized prescriber check mechanism, no refills,
- 21 special packaging, and an auditing mechanism.
- The submitted plan, however, does not
- 23 achieve our current goals. In regard to Goal 1, it
- 24 is uncertain if failed conventional therapy will be
- 25 adequate to describe severe IBS.

1 For Goal 2, the current plan allows wide,

- 2 uncontrolled availability of kits with stickers,
- 3 and does not precertify prescribers or limit
- 4 prescribing to gastroenterologists prior to
- 5 allowing them to receive these kits.
- 6 For Goal 3, follow-up by physicians is not
- 7 specifically addressed in the current plan.
- 8 For Goal 4, there is an auditing plan, but
- 9 it does involve a voluntary survey, so there is a
- 10 question about the ability to measure plan success.
- 11 [Slide.]
- 12 Well, if the GSK plan does not appear to
- 13 meet the FDA goals, then, alternate plan design
- 14 should be considered to better meet these goals.
- 15 We considered how components from other risk
- 16 management programs might be incorporated into a
- 17 Lotronex plan in order to better meet these FDA
- 18 goals, and we have also posed questions to the
- 19 Advisory Committee seeking input on a number of
- these components.
- 21 [Slide.]
- This slide again displays the components I
- 23 described earlier and lists the FDA goals. The
- 24 purpose here is not to vote on one plan or another,
- 25 but rather to illustrate a process that can be used

1 when considering the value of adding each of these

- 2 components.
- 3 As we move from right to left, a red check
- 4 mark will indicate a newly added feature. Plan D
- 5 is a GSK plan which I have already reviewed. Plan
- 6 C adds physician registration prior to receiving
- 7 kits with stickers, also adds limitation to severe
- 8 IBS and regular patient follow-up.
- 9 In doing this, we now achieve Goal 1, that
- 10 means the severe IBS, and Goal 3 for follow-up.
- 11 Goal 2 may be met, but there is still a question as
- 12 to what constitutes a qualified physician.
- 13 In Plan B, patient registration and
- 14 limitation to gastroenterologists is added. In
- 15 doing this, we now achieve all four goals.
- In Plan A, we also considered the impact
- 17 of limiting distribution to registered pharmacies
- 18 only, and although this step would add additional
- 19 checks and balances, it did not appear essential in
- 20 the case of Lotronex to meet the four FDA goals.
- 21 However, education of pharmacists should be
- 22 stressed as essential to the plan's success.
- 23 [Slide.]
- 24 In conclusion, the full range of drug
- 25 access options needs to be considered in regard to

- 1 Lotronex. If the approach is to market under
- 2 Subpart H, begin with a more restrictive plan than
- 3 that proposed by GSK in order to meet the proposed
- 4 FDA goals, and to re-evaluate the program at a
- 5 specified time, for example, at one year or some
- 6 other specified interval for compliance with
- 7 program elements and the ability of the program to
- 8 manage risks, and the modify the program at that
- 9 time if appropriate.
- 10 I would now like to introduce Victor
- 11 Raczkowski who will speak on risks and benefit
- 12 issues and provide a summary and conclusion for the
- 13 FDA talks.
- 14 Thank you.
- 15 Summary and Conclusions
- Victor F.C. Raczkowski, M.D.
- DR. RACZKOWSKI: Good morning.
- 18 [Slide.]
- 19 This morning I will address risk-benefit
- 20 issues related to the use of Lotronex. I will also
- 21 allude to questions that FDA will be posing to the
- 22 Advisory Committees, so you may wish to keep your
- 23 hardcopies at hand.
- 24 At the end of my talk, I will provide a
- 25 brief summary of some of the main conclusions

- 1 reached by the FDA speakers.
- One goal for a risk management plan for
- 3 Lotronex is to enhance and ideally to optimize the
- 4 benefit-risk balance for its use.
- 5 [Slide.]
- In my presentation this morning, I will
- 7 describe, in turn, each of three approaches for
- 8 modifying the benefit-risk balance for Lotronex. I
- 9 will focus particularly on appropriate patient
- 10 selection, trying to answer the question who are
- 11 the right patients to take Lotronex.
- 12 The first approach is to limit the use of
- 13 Lotronex to patients with the most disabling
- 14 symptoms. The second approach is to establish
- 15 conditions under which the benefits of Lotronex
- 16 are increased. The third approach is to establish
- 17 conditions under which the risks of Lotronex are
- 18 decreased.
- 19 Note that the use of one approach does not
- 20 necessarily exclude the use of another approach.
- 21 In fact, all three approaches overlap to a great
- 22 extent, and the approaches can be used together in
- 23 enhancing the risk-benefit balance of Lotronex.
- 24 [Slide.]
- 25 Let's consider the first approach,

1 limiting the use of Lotronex to patients with the

- 2 most disabling symptoms of IBS. The burden of the
- 3 illness of IBS varies from patient to patient.
- 4 Some patients have mild symptoms, whereas, others
- 5 have moderate or severe symptoms.
- 6 As has been described earlier today by Dr.
- 7 Traber of GlaxoSmithKline, approximately 70 percent
- 8 of patients with IBS have mild symptoms, 25 percent
- 9 have moderate symptoms, and 5 percent have severe
- 10 symptoms.
- 11 Stated differently, symptoms of IBS can
- 12 vary from being relatively mild to disabling. It
- 13 stands to reason, then, that patients with IBS with
- 14 the most disabling symptoms stand to benefit the
- 15 most from drug therapy and may accept greater risks
- 16 of drug therapy.
- 17 We commonly see this principle applied in
- 18 other therapeutic areas. For example, patients
- 19 with cancer often accept treatment with highly
- 20 toxic drugs. Why do patients do this? Because the
- 21 burden of illness of cancer can be quite high and
- 22 patients are willing to significant drug toxicities
- 23 in the hope of a remission or a cure.
- 24 This approach is also consistent with
- 25 statements in the 1999 Report to the FDA

- 1 Commissioner from the Task Force on Risk
- 2 Management, and I quote, "Medical products are
- 3 required to be safe, but safety does not mean zero
- 4 risk. A safe product is one that has reasonable
- 5 risks given the magnitude of the benefit expected
- 6 and the alternatives available."
- 7 Indeed, the first question that we will be
- 8 posing today to the members of the Advisory
- 9 Committee asks whether a patient population can be
- 10 described for which the benefits of Lotronex exceed
- 11 the risks.
- 12 This first question indirectly asks
- 13 whether the use of Lotronex should be limited to
- 14 patients with the most disabling or most severe
- 15 symptoms.
- [Slide.]
- 17 The second approach to modifying the
- 18 benefit-risk balance of Lotronex is to question
- 19 whether it might be possible to enhance the
- 20 benefits of the drug. We know, for example, that
- 21 Lotronex has beneficial effects on several symptoms
- 22 in patient with diarrhea-predominant IBS. These
- 23 include improving the symptoms of diarrhea,
- 24 urgency, and abdominal pain and discomfort, and has
- 25 been described earlier by Dr. Permutt of FDA, FDA

1 has performed analyses that demonstrate that some

- 2 patients with diarrhea-predominant IBS, who have
- 3 severe urgency, can have large benefits and
- 4 substantial relief of their urgency.
- 5 On the other hand, FDA has also performed
- 6 analyses that demonstrate that patients with harder
- 7 stools and stool frequency of less than two times
- 8 per day appear to have less benefit than those with
- 9 softer stools or more frequent bowel movements.
- 10 So, another point for the Advisory
- 11 Committee to consider today in its answer to
- 12 Question No. 1 is whether Lotronex should be used
- 13 exclusively or primarily by patients with severe
- 14 symptoms, such as urgency, and whether its use
- 15 should be prohibited or avoided by patients with
- 16 relatively hard stools and a stool frequency of
- 17 less two per day.
- 18 [Slide.]
- 19 GlaxoSmithKline has presented quality of
- 20 life data today that suggest that Lotronex improves
- 21 functional performance, however, as has been
- 22 summarized by Dr. Permutt, the average gain in
- 23 productivity, as assessed by hours not lost in the
- 24 workplace in patients taking Lotronex, was about an
- 25 hour more per week compared to patients taking

- 1 placebo.
- 2 However, another way to assess whether
- 3 patients taking Lotronex have marked improvement in
- 4 functional performance could be by prospectively
- 5 conducting a randomized withdrawal study of
- 6 irritable bowel symptom patients who have disabling
- 7 symptoms, and the Advisory Committee will have an
- 8 opportunity to comment on this possible approach
- 9 when it answers Question No. 8. That question asks
- 10 the committee for additional comments about a
- 11 Lotronex risk management plan including suggestions
- 12 for additional studies.
- 13 [Slide.]
- 14 The third approach to modifying the
- 15 benefit-risk balance of Lotronex is to question
- 16 whether it might be possible to decrease the risks
- 17 of the drug. In this approach, the goal is to
- 18 avoid adverse events, if possible. I say "if
- 19 possible," because some serious adverse events
- 20 associated with Lotronex may largely be avoidable,
- 21 such as complications of constipation.
- On the other hand, other adverse events
- 23 associated with Lotronex may not be avoidable, or
- 24 they may be avoidable, but we don't yet know how to
- 25 avoid them. Examples of these adverse events

- 1 include ischemic colitis and mesenteric ischemia.
- 2 I will be going through these sub-bullets
- 3 in the following slides, but way of overview, there
- 4 are several ways to avoid adverse events, and these
- 5 include the following four strategies.
- 6 [Slide.]
- 7 One way to avoid adverse events if through
- 8 appropriate patient selection and education, for
- 9 example, advising patients t discontinue Lotronex
- 10 when they get constipated.
- 11 A second way to avoid adverse events is
- 12 through appropriate physician selection and
- 13 education, for example, advising physicians not to
- 14 prescribe Lotronex to patients with constipation.
- 15 A third way to avoid adverse events is
- 16 through modifying drug exposure, for example,
- 17 Lotronex should be discontinued in patients who
- 18 don't appear to be benefiting from the drug after
- 19 four weeks of therapy at a dose of 1 mg twice a
- 20 day.
- 21 A fourth way to avoid adverse events is to
- 22 consider relevant a IBS factors, for example,
- 23 Lotronex may be used as a continuous therapy even
- 24 though the symptoms of IBS have a waxing and waning
- 25 course. There may be room here to study whether

1 other dosage regimens, such as intermittent dosing

- 2 during flares, might be a better way to administer
- 3 Lotronex.
- 4 Of course, adverse events can't always be
- 5 avoided, so the goal then is to manage these
- 6 adverse events, and the goal here is early
- 7 detection of warning symptoms and rapid
- 8 intervention when warning symptoms occur. The idea
- 9 is to mitigate the seriousness of adverse events by
- 10 catching them early.
- 11 An example here with Lotronex would be for
- 12 patients to detect and react to warning symptoms,
- 13 such as blood in the stool, which might be a
- 14 harbinger of ischemic colitis. In these
- 15 circumstances, the patient should stop taking
- 16 Lotronex immediately and should contact her doctor
- 17 right away.
- 18 This is the overview slide. Let's walk
- 19 through each of the points and some of their other
- 20 implications.
- 21 [Slide.]
- 22 Let's start with patient selection because
- 23 appropriate patient selection is one of the
- 24 principal issues to be discussed today, and it is
- 25 related to the first question that FDA is asking of

1 the Advisory Committee. I will spend a fair amount

- 2 of time on this point given its importance.
- 3 Lotronex should be prescribed only to
- 4 patients in whom the benefits exceed the risks, and
- 5 this can be accomplished by appropriate inclusion
- 6 criteria. By that I mean, giving Lotronex only to
- 7 patients who stand to benefit.
- 8 This can also accomplished by appropriate
- 9 exclusion criteria, and that is, not giving
- 10 Lotronex to patients who are likely to be harmed by
- 11 it.
- 12 So, giving thought as to whether, in
- 13 special populations, such as men, the evidence
- 14 supports its widespread use.
- 15 Another goal of patient selection is to
- 16 prescribe Lotronex to patients who have been
- 17 adequately informed of its risks and benefits.
- 18 [Slide.]
- 19 How do we best describe the patients in
- 20 whom the benefits of Lotronex exceed the risks? If
- 21 one look at how the indication for Lotronex has
- 22 changed over time, one gets an idea of FDA's and
- 23 GlaxoSmithKline's thinking on the subject. I will
- 24 summarize three indications.
- The indication for Lotronex when it was

1 approved in February 2000, the indication as it was

- 2 revised in August 2000 after some of its serious
- 3 postmarketing adverse effects had been reported to
- 4 FDA, and, third, the revised indication proposed
- 5 here today by GlaxoSmithKline.
- 6 GlaxoSmithKline had FDA's input in
- 7 crafting this current indication, but it is not yet
- 8 approved.
- 9 [Slide.]
- 10 When Lotronex was first approved in
- 11 February 2000, it had the indication for the
- 12 treatment of irritable bowel syndrome in women
- 13 whose predominant bowel symptom is diarrhea. It
- 14 also had a statement that the safety and
- 15 effectiveness of Lotronex in men have not been
- 16 established.
- 17 These statements came largely from an
- 18 analysis of two randomized, double-blind,
- 19 placebo-controlled Phase III efficacy studies, as
- 20 well as some Phase II dose ranging studies
- 21 submitted with the original New Drug Application.
- 22 It is worth noting that Glaxo Wellcome
- 23 only studied women in those two, Phase III efficacy
- 24 studies, and to be enrolled, women had to meet the
- 25 ROME criteria for IBS and were excluded from the

- 1 study if they had hard stools.
- Women also underwent lower endoscopic
- 3 procedures within five years in order to be
- 4 enrolled in the study. For example, women less
- 5 than 50 years of age underwent flexible
- 6 sigmoidoscopy, and patients more than 50 years
- 7 underwent a full colonoscopy.
- 8 As it turned out, although efficacy was
- 9 seen overall in the Lotronex group compared to the
- 10 placebo group, it was limited to the subgroup of
- 11 women with diarrhea-predominant IBS, not in women
- 12 with alternating IBS or constipation-predominant
- 13 IBS.
- 14 Therefore, the original indication
- 15 reflected those findings, and the ROME criteria
- 16 were summarized in the appendix of the original
- 17 labeling. Endoscopy, however, was not described in
- 18 the labeling.
- 19 Moreover, because men were not studied in
- 20 the Phase III efficacy studies, the statement that
- 21 safety and effectiveness in men have not been
- 22 established was included in the indication.
- 23 [Slide.]
- 24 After the indication in June 2000, at
- 25 which concerns over Lotronex's emerging

- 1 risk-benefit profile were discussed because of
- 2 postmarketing reports of serious complications of
- 3 constipation, and additional postmarketing report
- 4 of ischemic colitis, FDA worked with Glaxo Wellcome
- 5 to tighten the indication.
- 6 The indication at that time was that
- 7 Lotronex is indicated for the treatment of women
- 8 with diarrhea-predominant irritable bowel syndrome.
- 9 Diarrhea-predominant irritable bowel syndrome is
- 10 characterized by at least three months of recurrent
- 11 or continuous symptoms of abdominal pain or
- 12 discomfort with either urgency, an increase in
- 13 frequency of stool or diarrhea not attributable to
- 14 organic disease, and there was a reference to see
- 15 the appendix. The use in men had similar language
- 16 to the original labeling.
- 17 This tightening of the indication
- 18 reflected a sense that a woman should be given a
- 19 firm diagnosis of diarrhea-predominant IBS in order
- 20 to be prescribed Lotronex. In other words, the
- 21 indication was intended to limit or decrease
- 22 prescribing the Lotronex to women who had a casual
- 23 or an interim diagnosis of diarrhea-predominant
- 24 IBS.
- 25 Moreover, in contrast to the previously

1 approved labeling, the indications suggested that

- 2 organic etiologies of symptoms, such as diarrhea,
- 3 should be excluded before prescribing Lotronex,
- 4 such as through endoscopy.
- 5 [Slide.]
- 6 In the appendix, the ROME criteria were
- 7 adapted to diarrhea-predominant IBS and to make
- 8 them more user friendly for clinicians.
- 9 [Slide.]
- Now, here, in April 2002, we are looking
- 11 at another possibility of an indication. As
- 12 mentioned previously, this version of the
- 13 indication proposed by GlaxoSmithKline had FDA
- 14 input. Lotronex is indicated only for women with
- 15 diarrhea-predominant irritable bowel syndrome who
- 16 have failed to respond to conventional therapy and
- 17 who have signed the patient-physician agreement.
- 18 The goal here in part is to delegate
- 19 Lotronex to second-line status as a treatment for
- 20 diarrhea-predominant IBS because of some of the
- 21 risks associated with the use of the drug. The
- 22 goal in part, as before, is to limit the casual
- 23 prescribing of Lotronex to patients with symptoms
- 24 suggestive of diarrhea-predominant IBS.
- 25 It is worth noting that the ROME criteria

- 1 are not in the label in any form. One of the down
- 2 sides of this proposed indication is that Lotronex
- 3 hasn't really been prospectively studied to see if
- 4 it is effective in patients who have failed
- 5 conventional therapies. For example, these
- 6 patients may be resistant, not just to conventional
- 7 therapies, but also to Lotronex.
- 8 [Slide.]
- 9 Another question is whether this
- 10 adequately describes the population in whom the
- 11 benefits of Lotronex exceed the risk. Therefore,
- 12 more recently, questions have arisen about whether
- 13 other terms besides "failing conventional therapy"
- 14 would be appropriate to include in the indication
- 15 either in place of or in addition to this phrase.
- 16 For example, patients could be described
- 17 in terms of the degree of their disability or the
- 18 degree of the severity of their condition. Again,
- 19 the first question we pose to the Advisory
- 20 Committee gets to this point indirectly.
- 21 [Slide.]
- Does the proposed plan and the labeling
- 23 adequately describe appropriate patients? Does it
- 24 describe appropriate inclusion criteria in terms of
- 25 the severity of irritable bowel syndrome symptoms,

1 degree of disability from IBS, the chronicity of

- 2 IBS, the failure of conventional IBS therapies and
- 3 what those therapies might be, or other important
- 4 characteristics?
- 5 [Slide.]
- 6 An additional point for the Advisory
- 7 Committee to consider is whether the patient should
- 8 self-attest to whatever criteria are established to
- 9 define the population. In other words, the plan
- 10 proposed by GlaxoSmithKline has a physician
- 11 self-attest to his or her knowledge of IBS,
- 12 knowledge of Lotronex, and knowledge of
- 13 complications associated with Lotronex. Should
- 14 patients be asked to self-attest to the severity of
- 15 their IBS symptoms, their degree of disability, the
- 16 length of time they have had irritable bowel
- 17 syndrome, et cetera?
- 18 [Slide.]
- 19 In terms of informing patients,
- 20 GlaxoSmithKline's proposed risk management plan has
- 21 several elements in it, and these have already been
- 22 discussed and I won't discuss them further here. I
- 23 will simply note that Question 4 to the Advisory
- 24 Committee members asks about how to assess whether
- 25 appropriate patients are receiving Lotronex, and

1 the same question asks whether patient's knowledge

- 2 is being adequately assessed in the sponsor's risk
- 3 management plan.
- 4 [Slide.]
- I have spent a lot of time focusing on
- 6 patient selection because appropriate patient
- 7 selection is likely to be at the heart of any
- 8 successful risk management plan for Lotronex, but
- 9 let's move on.
- 10 Physician selection and education is also
- 11 an important component of a risk management plan
- 12 because the presence of these elements could
- 13 improve the benefit-risk profile of Lotronex by
- 14 helping to ensure competent and knowledgeable
- 15 prescribing.
- 16 Our goal would be to have physicians who
- 17 are knowledgeable and experienced in the diagnosis
- 18 and treatment of IBS, who are able to diagnose and
- 19 manage ischemic colitis and complications of
- 20 constipation and who are knowledgeable about
- 21 Lotronex.
- 22 [Slide.]
- So, if Lotronex is marketed, should the
- 24 prescribing of Lotronex be limited only to certain
- 25 types of physicians, such as physicians with

1 certain knowledge, certain experience, of certain

- 2 specialties or with important characteristics?
- 3 This is Question 3 that we will be asking to the
- 4 Advisory Committee members.
- 5 [Slide.]
- 6 Toni Piazza-Hepp has already covered the
- 7 items in this slide, so next slide, please.
- 8 [Slide.]
- 9 So, we have talked about the importance of
- 10 appropriate selection and education of patients and
- 11 appropriate selection and education of physicians
- 12 to improve the benefit-risk of Lotronex. Let's now
- 13 talk about Lotronex-associated adverse events and
- 14 how they might be decreased by decreasing exposure
- 15 to Lotronex.
- These adverse events include constipation,
- 17 which is dose related we know, ischemic colitis,
- 18 and small bowel ischemia, which appear to be
- 19 idiosyncratic, however, it is not known.
- 20 [Slide.]
- 21 The risk of these adverse events will
- 22 likely be decreased by modifying drug exposure, in
- 23 other words, not treating patients with Lotronex at
- 24 doses higher than needed, for longer than needed,
- or if they don't appear to be responding to the

- 1 drug.
- 2 For example, one possibility would be to
- 3 limit dosage to decrease dosage-related side
- 4 effects. In the sponsor's proposal, therapy is
- 5 initiated with an upper titration, and when
- 6 patients achieve the desired therapeutic effect,
- 7 they remain at that dose and they do not go to a
- 8 dose of 1 mg twice a day unless they do not achieve
- 9 a desired effect at 1 mg once daily.
- 10 However, unanswered questions are whether
- 11 it is appropriate to adjust the dose during
- 12 maintenance therapy or whether drug holidays might
- 13 be appropriate. Another component of
- 14 GlaxoSmithKline's plan is to discontinue therapy in
- 15 non-responders.
- 16 Ideally, we would be able to continue
- 17 therapy only in true responders not only to
- 18 continue therapy in apparent responders, in other
- 19 words, patients who may be spontaneously improving,
- 20 and not improving because of a consequence of
- 21 taking Lotronex.
- 22 [Slide.]
- So, we have talked about how patient and
- 24 physician selection and education and drug usage
- 25 could improve the benefit-risk of profiled

1 Lotronex. Next, the risk management plan could

- 2 also consider relevant IBS factors to improve the
- 3 risk-benefit profile of Lotronex.
- A few facts have already been discussed.
- 5 Lotronex is indicated only for diarrhea-predominant
- 6 IBS, and not for alternating IBS, however, other
- 7 IBS factors could be considered or evaluated.
- 8 Symptoms of IBS typically wax and wane,
- 9 and yet Lotronex is given continuously. Studies
- 10 could be performed to assess whether intermittent
- 11 dosing, such as during flares of symptoms, is
- 12 effective, and if so, how best to dose Lotronex
- 13 under such conditions. Also, there may be greater
- 14 risks of serious adverse events during particular
- 15 phases of the condition. It is also clear that
- 16 Lotronex should not be used in patients with
- 17 constipation-predominant IBS.
- 18 [Slide.]
- 19 Lastly, if adverse events are not
- 20 prevented, then, perhaps they can be managed to
- 21 limit the seriousness of their outcomes. Again,
- 22 these items have all been discussed.
- 23 [Slide.]
- So, in conclusion, the burden of illness
- 25 is variable in patients with IBS, and Lotronex has

- beneficial effects on several symptoms of IBS.
- 2 Patients with the most disabling symptoms stand to
- 3 benefit the most from Lotronex, and the
- 4 risk-benefit balance is likely most favorable in
- 5 patients with the most disabling symptoms.
- 6 [Slide.]
- 7 Lotronex is associated with serious, or
- 8 potentially serious, adverse events, such as
- 9 complications of constipation, ischemic colitis,
- 10 mesenteric ischemia, and death.
- 11 Outcomes of ischemic colitis and
- 12 constipation, however, vary in seriousness. They
- 13 range from mild and self-limiting and reversible
- 14 upon discontinuation of therapy to those that
- 15 require hospitalization, surgery, or sometimes are
- 16 associated with death. Presenting symptoms do not
- 17 necessarily predict the severity of some of these
- 18 clinical outcomes.
- 19 [Slide.]
- 20 Risk factors for ischemic colitis or
- 21 mesenteric ischemia have not been identified, so as
- 22 has been stated, potentially everyone who takes
- 23 Lotronex is at risk. The cumulative risk of
- 24 ischemic colitis increases over time, and is about
- 25 2 to 5 per 1,000 patients at 3 months. The risk

1 may decrease after 1 month, but there is little

- 2 information after 6 months. It possibly continues
- 3 to rise.
- 4 [Slide.]
- 5 Constipation is a frequent dose-related
- 6 side effect associated with Lotronex, and the
- 7 numbers that I will quote here are already
- 8 corrected for placebo.
- 9 Approximately 25 to 30 percent of patients
- 10 experience constipation with Lotronex at 1 mg twice
- 11 per day. Ten percent approximately withdrew from
- 12 clinical trials because of constipation at 1 mg
- 13 twice a day.
- 14 This can be viewed as a safety surrogate
- 15 marker for potentially more serious outcomes, and,
- 16 as we have heard, some serious outcomes of
- 17 constipation are serious, requiring surgery, and
- 18 have been associated with death.
- 19 [Slide.]
- 20 The full range of drug access options
- 21 should be considered at today's Advisory Committee.
- 22 One possibility is to begin with a more restrictive
- 23 plan that could be loosened later and program
- 24 monitoring should occur at the level of the
- 25 patient, the level of the physician, and the level

- 1 of the pharmacist.
- 2 [Slide.]
- 3 The success of the plan should be
- 4 evaluated through process controls and evaluation
- 5 of outcomes.
- 6 Thank you.
- 7 DR. WOLFE: Thank you, Dr. Raczkowski, and
- 8 thank you to the FDA for your presentation.
- 9 I am trying to keep on schedule here
- 10 because we have a very busy schedule and we are
- 11 behind quite a bit. What I would like to do now is
- 12 to open up the floor to the panelists for questions
- 13 for both FDA and for GlaxoSmithKline. Keep in mind
- 14 these are questions regarding the presentations,
- 15 not questions which will be subsequently discussed
- 16 in the afternoon after the questions are posed to
- 17 us that we need to discuss.
- 18 Questions on Presentations
- 19 DR. WOLFE: I know this definition is a
- 20 little bit vague, but I am going to start off with
- 21 one question and maybe you will get the gist of
- 22 what I am getting at. The question I have is
- 23 actually for both Drs. Piazza-Hepp and for Dr.
- 24 Carter. This is a question actually I posed back
- 25 in June 2000 about the risk of, and again, I think

1 the correct term is colonic ischemia, not ischemic

- 2 colitis. I think it is a better term because, by
- 3 definition, it is ischemia.
- 4 But the question comes up about estrogens,
- 5 and there is a discrepancy in the risk factor--it
- 6 is a risk factor of estrogens--with the FDA saying
- 7 about 1 in 4 women were taking estrogens, and
- 8 GlaxoSmithKline saying about one-half are taking
- 9 estrogens.
- 10 Obviously, we all know estrogens can be a
- 11 risk, and along those same lines, how many of those
- 12 patients were smokers with or without estrogens?
- DR. CARTER: Perhaps I can start and
- 14 answer the GSK part of that question. As far as
- 15 our fairly intensive, extensive investigation into
- 16 risk factors of ischemic colitis, we obviously
- 17 considered the possibility of estrogen because of
- 18 the anecdotal primarily reports in the literature,
- 19 and so forth.
- 20 Again, we could not find estrogen to be a
- 21 specific risk factor. With respect to the apparent
- 22 discrepancy in terms of our reporting estrogen use
- 23 with that of the Agency, I don't have an answer for
- 24 that.
- 25 With respect to smoking as an additional

1 risk here, I do remember, Dr. Wolfe, you raising

- 2 this as a potential combined issue, and again at
- 3 that time, I think the discussions were that there
- 4 probably was not as we know a specific risk factor
- 5 for colon ischemia, but let me defer that perhaps
- 6 to Dr. Brandt with respect to smoking as a risk
- 7 factor for colon ischemia.
- 8 Do you want to come and answer that,
- 9 Larry?
- 10 DR. BRANDT: I would say a very brief
- 11 answer. There are no randomized, placebo-controlled
- 12 trials to evaluate estrogens, nor are there any
- 13 type 1 data to show that smoking is a specific risk
- 14 factor for colon ischemia although it is accepted
- 15 as a general risk factor for atherosclerotic
- 16 disease.
- MS. MACKEY: I am just going to say
- 18 that--I am talking about postmarketing data--for
- 19 ischemic colitis cases, we had 22 patients using
- 20 concomitant estrogen, that is 26 percent, and for
- 21 the serious complications of constipation, we had
- 22 19 patients using estrogen concomitantly. That was
- 23 17 percent.
- We don't have any smoking data. That is
- 25 not typically information that we get on

- 1 spontaneous reports.
- 2 DR. WOLFE: It is an unresolved
- 3 discrepancy still because for ischemia, you have
- 4 still a difference in the numbers, but that is
- 5 okay. Both of you are saying the same thing. You
- 6 haven't identified it as a significant risk factor.
- 7 MS. MACKEY: Correct.
- 8 DR. WOLFE: Dr. Gross.
- 9 DR. GROSS: I have a few questions, one
- 10 also on estrogens. Is it known in the UHC
- 11 population, what percent of women not on this drug
- 12 were taking estrogens is one question. The other
- 13 question is there seems to be conflicting data on
- 14 whether the complication is dose-dependent or not.
- 15 Can someone resolve that for us?
- 16 Thirdly, is there any information at all
- 17 on what the incidence of inflammatory bowel disease
- 18 is in patients who initially present with a
- 19 diagnosis of irritable bowel syndrome?
- DR. WOLFE: For that last question for the
- 21 afternoon regarding IBD versus IBS.
- DR. WALKER: I am Alec Walker from
- 23 Engenics. For the first question on replacement
- 24 estrogens, we did do a case-controlled comparison
- 25 of colonic ischemia in randomly selected control

1 women, and found actually no elevation in risk at

- 2 all associated with replacement estrogen use. I
- don't have at hand the percentages that were the
- 4 same in the two groups, but I can easily get them
- 5 for you.
- 6 DR. CARTER: With respect to the question
- 7 regarding IBD, we don't have that information. I
- 8 am not familiar with that information.
- 9 The middle question?
- DR. GROSS: Dose dependence.
- DR. CARTER: Dose dependence. It seems to
- 12 be a feature at least from the clinical trial
- 13 population where the great majority of patients
- 14 were exposed to the 1 mg BID dose, that, first of
- 15 all, we can't really make a comment with respect to
- 16 dose dependence in terms of complications of
- 17 constipation.
- 18 We can make a comment perhaps with respect
- 19 to patients withdrawing from trials as a result of
- 20 constipation, but one of the features I think that
- 21 we have seen is that the adverse event of
- 22 constipation does not necessarily translate into a
- 23 complication of constipation.
- 24 Again, we clearly saw a lack of
- 25 relationship between the proportion of patients who

- 1 developed adverse events of constipation with
- 2 respect to placebo and the proportion of patients
- 3 that developed complications of constipation with
- 4 respect to placebo.
- 5 DR. RICHTER: I have got a couple of
- 6 questions. First, for Larry Brandt, I am struck by
- 7 the fact that the age on onset for these patients
- 8 with whatever you want to call it, ischemic colitis
- 9 or colonic ischemia, it seemed somewhat young at 55
- 10 to 52. At least in my clinical experience, these
- 11 tend to be older patients.
- 12 Also, I am interested in the normal person
- 13 presenting with colonic ischemia that we see with
- 14 abdominal pain and bloody diarrhea, the prevalence
- 15 of men versus women. Maybe Dr. Brandt can answer
- 16 that question, and then I have got a second
- 17 question I would like to follow up with.
- 18 Is the age, Larry, younger than you would
- 19 normally see, or does this fit into the normal
- 20 picture of colonic ischemia?
- DR. BRANDT: Let's stop there. We will do
- 22 one at a time. I can't keep track of all these
- 23 questions.
- 24 The first question in terms of the age, it
- 25 is true that in large series of colon ischemia

- 1 patients, the disease seems to be more common after
- 2 the age of 50 or 55, however, in recent series that
- 3 are being reported, there is an increasing
- 4 percentage of patients that varies anywhere from 10
- 5 to approximately 20 percent of patients that are
- 6 under the age of 50 at the time of diagnosis, and
- 7 most of these are under the age of 35.
- 8 There is a higher percentage of patients
- 9 in the younger age group in which an etiology is
- 10 found, and the majority of these patients, not in
- 11 this experience but in the literature, are found to
- 12 either be on medications that may cause that
- 13 problem or to have underlying coagulation defects.
- 14 That seems to favor a younger age population.
- In the literature, there tends not to be
- 16 in the older age population a gender difference.
- 17 In the younger age population, there tends to be a
- 18 female predominance.
- 19 DR. WOLFE: We are locked into a certain
- 20 time slot for lunch. That is our limiting factor
- 21 in the way we are locked into reserving spots. As
- 22 a result, we are not locked into asking questions,
- 23 and there are a lot of questions here. I am
- 24 looking around here, there is at least eight people
- 25 more who have questions, and we are not going to be

1 able to get to the public forum, which is very

- 2 important.
- What I am going to do now, as chair at
- 4 this meeting, I am going to defer the questions to
- 5 the Company, I am sure you will be here in the
- 6 afternoon, I know the FDA will be here in the
- 7 afternoon, so we will defer questions until the
- 8 afternoon, and we will move on to the public forum.
- 9 A meeting like this, it is tough to say no
- 10 break, but there is going to be no break right now,
- 11 we just don't have the time to take a break.
- 12 There will be a short stretch break to get
- 13 everything all ready for the public forum, so you
- 14 have about three or four minutes to run out or
- 15 stretch.
- 16 [Break.]
- 17 Open Public Hearing
- DR. WOLFE: In most instances, one hour
- 19 only is allowed for the public forum, but because
- 20 of the nature of this discussion, we are allowing a
- 21 greater period of time, however, all the speakers
- 22 who have registered prior to the meeting know that
- 23 they have a time limitation.
- I am asking that they please keep to the
- 25 time limit and actually, there will be a timekeeper

1 with a very loud alarm going off at the end of the

- 2 time that is allotted.
- I am going to announce the speaker and
- 4 then who is on deck. We are starting with Dr.
- 5 Sidney Wolfe, who will be followed by Ms. Nancy
- 6 Norton.
- 7 Dr. Wolfe. No relative of mine.
- 8 DR. S. WOLFE: We are not sure about that.
- 9 In a review of 27 randomized,
- 10 placebo-controlled studies, which a chart is on the
- 11 first page, one dot represents one study, testing
- 12 various treatments for irritable bowel syndrome,
- 13 the median placebo response rate was 47 percent,
- 14 measured as a percent, improved with rates as high
- 15 as 84 percent, and in 11 studies, the placebo
- 16 response rate was 60 percent or greater.
- 17 The study concluded that the placebo
- 18 response rate was approximately three times larger
- 19 than the difference between placebo and drug, the
- 20 median of which was 16 percent. This is part of
- 21 the difficulty of finding something that is really
- 22 effective or irritable bowel.
- This also applies to alosetron as seen in
- 24 the second figure there, which is a re-analysis we
- 25 did of Glaxo data, which we published in the

- 1 Lancet. What you can see is that over a
- 2 three-month period, the mean pain and discomfort
- 3 scores were quite similar. The analysis done by
- 4 the Company showed a statistically significant
- 5 difference, but really, the lines are very, very
- 6 close.
- 7 The dose that was used in this study, 2 mg
- 8 a day, 1 mg BID, is twice as much as what the
- 9 Company is proposing as the starting dose in their
- 10 attempt to get the drug back on the market, which
- 11 is a total of 1 mg a day.
- 12 An FDA review of the use of this lower
- dose, which was done in dose ranging studies, found
- 14 that there is no adequate evidence that the 1 mg
- 15 per day dose, 0.5 twice a day, was significantly
- 16 better than a placebo.
- 17 However, there was evidence in the same
- 18 study of an increased risk at the 1 mg dose, a
- 19 4-fold increase in constipation severe enough to
- 20 cause patients to withdraw from the study, compared
- 21 with placebo.
- Thus, Glaxo's proposal for remarketing
- 23 Lotronex has a starting dose of 1 mg a day, which
- 24 lacks proper evidence of efficacy required by the
- 25 1962 drug efficacy laws, but causes a significantly

- 1 greater incidence of severe constipation.
- 2 From our analysis of adverse event data
- 3 and FDA briefing documents which were made
- 4 available yesterday, as of the end of 2001--we
- 5 don't have more recent data--there were 352
- 6 hospitalizations associated with the use of
- 7 alosetron, the majority of which were associated
- 8 with gastrointestinal adverse reactions including
- 9 ischemic colitis and severe complications of
- 10 constipation.
- 11 Eighty-five cases in the whole database
- were ischemic colitis, and there were 13 deaths, 7
- of which according to the FDA show a "strong
- 14 association with alosetron." Twenty-three patients
- 15 required surgery because of complications from
- 16 alosetron. That number is larger than what was
- 17 presented this morning, it was over 30.
- 18 That these reported cases are about the
- 19 tip of the iceberg can be seen from an important
- 20 clinical trial included in an FDA memo by
- 21 epidemiologist, Dr. Zili Li, who found that in one
- 22 large trial, 10 out of 1,819 women being treated
- 23 with alosetron for diarrhea-predominant irritable
- 24 bowel syndrome developed ischemic colitis over a
- 25 24-week duration of the trial. In contrast, there

1 were no cases in the 899 patients in that trial

- 2 treated with traditional therapy.
- 3 Again, for those who say that there is
- 4 some underlying incidence of ischemic colitis in
- 5 irritable bowel syndrome patients who don't have a
- 6 drug, I think that may be true, but it is a very
- 7 small incidence, if any.
- 8 Since there are 275,000 people who have
- 9 used the drug, the 85 reported cases of ischemic
- 10 colitis after approval certainly represent the
- 11 well-known under-reporting of hundreds of cases of
- 12 ischemic colitis which may actually have occurred.
- 13 Glaxo has stated that ischemic colitis
- 14 mainly occurs because the drug was not used
- 15 properly, but according to FDA, the first 70 cases
- 16 that were reported, 80 percent of them, the drug
- 17 was prescribed as labeled. It is interesting that
- 18 12 percent of those first 70 cases, the patient was
- 19 using the 1 mg per day dose being proposed for the
- 20 new marketing plan.
- 21 On the next page, there is a table just
- 22 looking at the changing estimates, the incidence
- 23 estimates for ischemic colitis, and it goes back to
- 24 the FDA medical officer, Dr. Senior, back before
- 25 the drug is approved, finding a risk estimate of 1

1 in 300 over 12 weeks, which would translate into a

- 2 risk of 14.7 cases per 1,000 years, and finally,
- 3 the study that was felt by Dr. Zili Li of the FDA
- 4 to be most representative because the patients were
- 5 really looked at carefully in terms of the
- 6 occurrence of ischemic colitis, the trial I just
- 7 mentioned. It was one case of ischemic colitis per
- 8 182 patients or a risk of 16.9 per 1,000 patient
- 9 years.
- The regulatory options, which you have
- 11 heard about this morning, include, and the
- 12 discussion hopefully will include, an IND, because
- 13 I think it is the only reasonable option compared
- 14 with some of these Subpart H options that have been
- 15 described.
- 16 As mentioned earlier, there has been, with
- 17 cisapride, another GI drug, according to Johnson &
- 18 Johnson, the spokesperson told me about 1,000
- 19 patients had that drug available under their INDs.
- The necessary combination of safeguards
- 21 that I think we need to protect people adequately
- 22 just can't be done in any marketed version. In an
- 23 FDA slide presentation in an internal meeting a
- 24 couple weeks ago, the very criteria which I have
- 25 listed there, life-threatening disease, disease not

1 prevalent, which would make an ideal Subpart H

- 2 drug, are just not met in this case.
- 3 The FDA has pointed out in the
- 4 presentation that you just heard this morning by
- 5 Dr. Piazza-Hepp, that a number of elements for even
- 6 a stricter marketing version of the drug are
- 7 missing in what the Company has proposed, and these
- 8 would include restriction, as you heard, to
- 9 gastroenterologists, and most importantly, regular
- 10 monitoring by physicians.
- We just don't believe that all these
- 12 restrictions are realistic for a marketed drug, and
- 13 if the drug is to be made available, it needs to be
- 14 under an IND.
- The conclusion is that with the exception
- 16 of some drugs used to treat cancer, the frequency
- 17 and severity of a life-threatening adverse reaction
- 18 in this case, ischemic colitis, in patients using
- 19 alosetron is among the highest I have seen for any
- 20 other drug.
- 21 This risk, coupled with the marginal
- 22 benefit, beyond that seen with a placebo alone,
- 23 results in a risk benefit ratio clearly unfavorable
- 24 to patients. The reintroduction of Lotronex into
- 25 the market, even with the restrictions proposed by

1 Glaxo, would be a serious public health mistake

- 2 likely, if not certain, to result in the need to be
- 3 on the drug again.
- 4 I would just like to point that at the end
- 5 of the public section, Dr. Paul Stolley, who was an
- 6 epidemiologist at FDA, who worked on this drug,
- 7 will make a statement.
- 8 Thank you with 12 seconds to spare.
- 9 DR. WOLFE: Thank you, Dr. Wolfe, for the
- 10 succinct presentation. Dr. Wolfe, by the way, is
- 11 Director of the Public Citizen's Health Research
- 12 Group, and I ask all speakers, in fairness to
- 13 everyone, that they state their current --
- DR. S. WOLFE: No conflict of interest.
- 15 Sorry.
- DR. WOLFE: Again, that they state their
- 17 current or previous financial involvement with any
- 18 firm whose products they may wish to comment upon.
- 19 Our next speaker is Ms. Norton, and Mr.
- 20 Roberts should be on deck.
- MS. NORTON: I would like to indicate that
- 22 my expenses have been paid by the International
- 23 Foundation for Functional Gastrointestinal
- 24 Disorders.
- 25 Mr. Chairman, I would like to thank the

- 1 Advisory Committee for the opportunity to appear
- 2 before you today. I ask you to consider two issues
- 3 that are key components of determining benefit and
- 4 risk in IBS, what are the consequences of
- 5 alternative therapies or no treatment for chronic
- 6 multiple symptoms of IBS, and what is the level of
- 7 disability, morbidity, and mortality associated
- 8 with IBS.
- 9 Data reveals that for many people, there
- 10 are severe consequences and a distressing level of
- 11 disability, morbidity, and mortality that results
- 12 from the search for effective treatment for
- 13 unrelieved chronic symptoms of IBS.
- 14 The newly signed Veteran Education and
- 15 Benefits Expansion Act of 2001, H.R. 1291,
- 16 recognizes IBS as a chronic disability with an
- 17 associated burden of illness that warrants
- 18 compensation and disability under covered veterans,
- 19 for Gulf War veterans.
- 20 The Expansion Act prompted us to look into
- 21 the possible IBS mortality in the U.S. Vital
- 22 Statistics data from the CDC. Remarkably, we found
- 23 that between 1979 and 1999, 1,031 deaths were
- 24 attributed to IBS. Where did the presumptions come
- 25 from IBS does not lead to surgery, does not shorten

1 the life span, and does not cause death? The data

- 2 says otherwise.
- 3 We asked several epidemiologists what they
- 4 thought about the mortality coding associated with
- 5 IBS. Among the responses were it may or may not
- 6 represent miscoding, there may be under-reporting
- 7 of deaths related to medical interventions that
- 8 were never correctly attributed to the diagnosis of
- 9 IBS, and finally, we don't know what it means. I
- 10 think it is time we find out.
- 11 Let me elaborate on some of the things we
- 12 do know. People die from procedure-related
- 13 complications including from diagnostic tests and
- 14 surgical interventions that are unnecessary, and
- 15 people with unrelieved chronic symptoms of IBS are
- 16 at risk for these procedures.
- 17 In January 2002, I was a panel member at
- 18 the NIH State of the Science Conference on
- 19 endoscopic retrograde cholangiopancreatography for
- 20 diagnosis and therapy. The differential diagnosis
- 21 of abdominal pain or possible pancreatic or biliary
- 22 origin includes, in part, clinical apparent
- 23 entities such as IBS.
- 24 Diagnostic ERCP has no role in the
- 25 assessment of these patients. Yet, among those at

1 highest risk for diagnostic ERCP and ERCP-induced

- 2 pancreatitis and even death are young, otherwise
- 3 healthy females reporting recurrent abdominal pain.
- 4 There is a risk of cholecystectomy
- 5 associated with unrelieved symptoms of IBS. A
- 6 recent article in the British Journal of Surgery
- 7 reported that cholecystectomy was common in
- 8 patients with IBS, most often women. Symptoms of
- 9 IBS may cause diagnostic confusion and lead to
- 10 inappropriate surgery.
- 11 Longstress [ph] cites that the incorrect
- 12 attribution of IBS symptoms to gynecological
- 13 pathology can lead to unnecessary surgery. As many
- 14 as 47 percent of women with IBS have undergone
- 15 hysterectomy and 55 percent ovarian surgery.
- 16 Both radical and simple hysterectomy have
- 17 shown to give rise to changes in urinary function
- 18 including incontinence and to disturbances of bowel
- 19 function associated with surgical trauma.
- 20 There is mortality data in relationship to
- 21 incontinence. Nokenesian [ph] College reported
- 22 that incontinence in elderly people living at home
- 23 has appreciable effects on mortality.
- 24 Consider that IBS patients run the risk of
- 25 incontinence not only due to surgical intervention,

but also as a result of the inability of the anal

- 2 sphincter muscle to compensate for repeated bouts
- 3 of loose stool or diarrhea, and many constipated
- 4 patients experience fecal incontinence due to
- 5 seepage around impacted stool.
- 6 In an IFFGD survey, 25 percent of
- 7 individuals with IBS reported loss of bowel
- 8 control, a disability that has enormous impact on a
- 9 person's life and well-being.
- 10 I will conclude with the results from the
- 11 IFFGD survey, IBS in the Real World, a quantitative
- 12 research study conducted from February to March of
- 13 2002 among adults drawn from our database. While
- 14 this information may not generalize all IBS, it
- 15 clearly represents those at IFFGD that we talked
- 16 to.
- 17 In the telephone survey, 350 respondents
- 18 were interviewed who reported having a diagnosis of
- 19 IBS. Almost half were diagnosed 10 or more years
- 20 ago. Symptoms were reported as severe by 43
- 21 percent, moderate by 40 percent, and mild by 17
- 22 percent. Nearly half reported daily episodes of
- 23 IBS symptoms and 70 percent more than weekly
- 24 episodes.
- 25 Duration of the IBS episodes was reported

1 on an ongoing or continuous occurring every day of

- 2 the year by nearly one-quarter of these
- 3 respondents. Thirty-nine percent rated the pain of
- 4 their IBS symptoms as extreme or very severe.
- 5 Symptoms in terms of interfering with
- 6 daily life were described as extremely or very
- 7 bothersome by two-thirds of sufferers. Five
- 8 percent of respondents reported being on disability
- 9 due to IBS. More than two-thirds reported visiting
- 10 a physician or health care provider during the past
- 11 six months for their IBS, with 15 percent of the
- 12 total sample reporting six or more visits.
- 13 These IBS sufferers, seeking to control
- 14 their symptoms, reported using 143 prescription
- 15 drugs, 71 over-the-counter medications plus 67
- 16 herbal remedies, a total of 281 different
- 17 preparations. Yet, overall, fewer than one-third
- 18 of these IBS sufferers reported satisfaction from
- 19 the drugs and remedies they used to treat their IBS
- 20 symptoms.
- 21 Prescription drugs were more often
- 22 considered to be effective by those with milder
- 23 cases of IBS, less frequent episodes, or symptoms
- 24 that do not interfere with daily activity.
- 25 Over-the-counter medications were rated as

1 either not effective or only somewhat effective by

- 2 nearly three-quarters of those currently using
- 3 them.
- 4 Significantly, 62 percent report side
- 5 effects from the prescription drugs being taken.
- 6 Almost half reported the side effects as severe or
- 7 moderate. Twelve percent visited the ER, 7 percent
- 8 were hospitalized, 24 percent had to visit their
- 9 health care provider, 22 percent had to stop
- 10 driving, and 18 percent reported missing work or
- 11 school.
- 12 In summary, these IBS sufferers face the
- 13 challenge of living with their disease day-in and
- 14 day-out for years. Most suffer severe and painful
- 15 symptoms that seriously impact their daily life.
- 16 They frequently utilize health care
- 17 providers due to IBS symptoms, they take a plethora
- 18 of drugs finding little or no relief. They are
- 19 dissatisfied with existing medications prescribed
- 20 for IBS symptoms from which they suffer frequent
- 21 and sometimes severe side effects.
- Mr. Chairman and members of the Committee,
- 23 IBS is a serious disease. For the significant
- 24 number of people whose symptoms are frequent and
- 25 often debilitating, treatments are needed to

1 provide symptom relief. Unrelieved symptoms of IBS

- 2 can lead to disability, morbidity, and even
- 3 mortality.
- 4 In this context, a safe and effective drug
- 5 to relieve the multiple symptoms of IBS would be a
- 6 significant step forward.
- 7 Thank you.
- B DR. WOLFE: Thank you, Ms. Norton. You
- 9 took Dr. Wolfe's extra 15 seconds.
- 10 Next, we have Mr. Jeffrey Roberts of the
- 11 IBS Self-Help Group, and Mr. Corey Miller will be
- 12 on deck.
- 13 MR. ROBERTS: I am here today representing
- 14 patients and sufferers, and I have paid all of my
- 15 own expenses to be here.
- 16 Members of the Committee, thank you for
- 17 the opportunity to appear before you. I am the
- 18 President and Founder of the Irritable Bowel
- 19 Syndrome Self-Help Group.
- The 11,000-member Irritable Bowel Syndrome
- 21 Self-Help Group has endeavored since 1987 to
- 22 educate and provide support for people who have IBS
- 23 and to encourage both medical and pharmaceutical
- 24 research to make our lives easier vis successful
- 25 Internet web site for sufferers.

- 1 I have been a sufferer of
- 2 diarrhea-predominant irritable bowel syndrome for
- 3 over 25 years. There are challenges that I face
- 4 each and every day in order to cope with the
- 5 symptoms of irritable bowel syndrome.
- 6 It affects my family's lives, my career,
- 7 and I am constantly reminded of my own physical
- 8 limitations because of this very burdensome
- 9 illness.
- 10 Today, I have the support of the members
- 11 of the Lotronex Action Group, Irritable Bowel
- 12 Syndrome Self-Help Group, and Irritable Bowel
- 13 Syndrome Association. I would like to now invite
- 14 the members of these groups to stand and be
- 15 acknowledge for their efforts to date and to
- 16 represent those members who were too ill to travel
- 17 here today.
- 18 Thank you.
- 19 [Slide.]
- 20 While taking Lotronex, IBS sufferers
- 21 reported a complete cessation of their symptoms.
- 22 It dramatically changed their lives for the better.
- 23 Following the withdrawal of Lotronex from the
- 24 market in November 2000, the IBS Self-Help Group
- 25 was flooded by messages from former Lotronex users

1 who were desperate for access to the medication.

- Within a month, the Lotronex Action Group
- 3 was established to bring about access to the
- 4 medication. In the spring of 2001, the Lotronex
- 5 Action Group submitted a 1,000-name petition to the
- 6 FDA asking it to immediately work with the
- 7 manufacturer GlaxoSmithKline to permanently provide
- 8 the drug to those diagnosed with
- 9 diarrhea-predominant irritable bowel syndrome.
- 10 The petition used data from an electronic
- 11 survey conducted by the Irritable Bowel Syndrome
- 12 that identified the side effects from taking
- 13 Lotronex. Fifty-nine percent of those surveyed
- 14 indicated they had no side effects at all.
- 15 [Slide.]
- 16 Through the months of March through April
- 17 2002, the IBS Self-Help Group surveyed irritable
- 18 bowel syndrome sufferers about what type of
- 19 restrictions, if any, they would be willing to
- 20 accept for access to IBS medications.
- 21 Fifty-nine percent of those surveyed
- 22 responded that medicine specific to IBS should be
- 23 accessible to a sufferer diagnosed by a family
- 24 physician or gastroenterologist, and not only a
- 25 gastroenterologist.

1 It is important that family physicians,

- 2 and not just gastroenterologists, be able to
- 3 prescribe Lotronex because many sufferers do not
- 4 have access to a specialist either because they do
- 5 not live in a community supported by one or because
- 6 their medical coverage does not provide access to
- 7 one.
- 8 If a decision was made to allow only
- 9 gastroenterologists to prescribe Lotronex, then
- 10 many IBS sufferers would have difficulty getting
- 11 access to it.
- 12 Furthermore, respondents want
- 13 prescriptions to cover a 90-day supply. The survey
- 14 also said that 63 percent are willing to agree to
- 15 participate in a survey about use and side effects
- 16 while taking Lotronex sponsored by the
- 17 pharmaceutical and/or FDA agency.
- 18 Finally, 96 percent or respondents say
- 19 that they would sign an informed consent form in
- 20 order to gain access to a medication.
- 21 [Slide.]
- 22 Our survey showed that IBS sufferers are
- 23 prepared to accept risks related to the use of
- 24 Lotronex and other effective treatments for IBS.
- 25 They are also prepared to participate in programs

1 to better characterize risks related to the use of

- 2 Lotronex and other treatments and to work with the
- 3 FDA to reduce those risks as much as possible.
- 4 The IBS Self-Help Group and IBS
- 5 Association are prepared to place specific risk
- 6 management information about Lotronex on their web
- 7 sites in order to reach out to the IBS community.
- 8 With close to 4 million monthly visitor hits, the
- 9 highly active web sites can be vehicles to educate
- 10 and provide signs and symptoms about Lotronex.
- 11 [Slide.]
- 12 In conclusion, IBS sufferers' quality of
- 13 life was dramatically improved with access to
- 14 Lotronex. IBS sufferers are prepared to accept the
- 15 risks associated with its use and to work with the
- 16 FDA to reduce those risks.
- 17 Adverse events should not deter either the
- 18 pharmaceutical or FDA from maintaining the drug's
- 19 availability. Lotronex has a place as an effective
- 20 treatment for both female and male
- 21 diarrhea-predominant IBS sufferers. Those who
- 22 would limit access have obviously never walked a
- 23 day in our shoes.
- Thank you.
- DR. WOLFE: Thank you, Mr. Roberts.

Next, we have Corey Miller; on deck, Dr.

- 2 Stein.
- 3 Mr. Miller is with the Lotronex Action
- 4 Group.
- 5 MR. MILLER: Members of the Committee, my
- 6 name is Corey Miller and I am here today to speak
- 7 on behalf of the Lotronex Action Group, for which I
- 8 am co-founder.
- 9 [Slide.]
- 10 The Lotronex Action Group was founded in
- 11 January 2001 with the help of the IBS Self-Help
- 12 Group shortly after the removal of Lotronex from
- 13 the market.
- 14 The LAG represents approximately 350
- 15 people that used Lotronex while available. I would
- 16 like to emphasize that we are a patient group, and
- 17 we receive no funding from any pharmaceutical
- 18 company whatsoever. Our goal is to regain access
- 19 to the medicine Lotronex for both women and men,
- 20 which we feel is a miracle medicine that
- 21 substantially improved the quality of our lives.
- 22 Moreover, the LAG believes strongly that
- 23 the medicine is safe when prescribed and taken
- 24 appropriately, and that the benefits far outweigh
- 25 the potential risks for adverse side effects.

- 1 [Slide.]
- The LAG, as mentioned by Mr. Roberts,
- 3 submitted a petition to the former interim
- 4 Commissioner, Bernard Schwetz, containing over
- 5 1,100 signatures of those wanting access to the
- 6 medicine.
- 7 I am speaking here today as a patient in
- 8 great need of a medicine that has, in my opinion,
- 9 been pulled from the market due to lack of
- 10 understanding of the debilitating nature that
- 11 diarrhea-predominant irritable bowel syndrome or
- 12 IBSD can have.
- 13 [Slide.]
- 14 For almost all the members of our group,
- 15 this medicine was the only effective treatment for
- 16 our illness. As stated in an open letter from the
- 17 LAG to the FDA in the summer of 2001, the typical
- 18 sufferer of IBSD is a 40-year-old female with
- 19 primary symptoms including multiple and daily
- 20 explosive diarrhea attacks and severe daily
- 21 abdominal discomfort.
- The most common secondary side effects
- 23 include panic attacks, depression, withdrawal from
- 24 social and family activities, severe disruption of
- 25 daily activities, and malnutrition. The typical

1 IBSD patient has suffered from the illness since

- 2 their early teenage years.
- 3 The adverse impact of IBSD on patient
- 4 quality of life is dramatic, causing the typical
- 5 sufferer to forego many aspects of life that others
- 6 take for granted. For example, some of our members
- 7 have been forced to relinquish their social lives,
- 8 others have given up their careers and live as
- 9 captives in their own homes.
- 10 People fortunate enough to have met an
- 11 understanding partner and to have children often
- 12 are not able to attend functions with their kids or
- 13 participate in common daily activities. In many
- 14 cases, the inability to lead a "normal" life causes
- 15 severe depression and suicidal thoughts.
- 16 When IBSD patients try to take part in
- 17 daily activities, they are often subject to panic
- 18 attacks when confronted by situations in which a
- 19 restroom is not nearby or suffer embarrassing
- 20 accidents of defecation.
- 21 The Lotronex Action Group is comprised of
- 22 women and men suffering from the most severe and
- 23 debilitating symptoms of IBS. Many of us have
- 24 found Lotronex to be the only effective treatment
- 25 for IBSD, enabling many patients to assume normal

- 1 adult lives for the first time.
- 2 Please believe me when I tell you that all
- 3 the existing treatments for IBS, ranging from fiber
- 4 therapy to antispasmodals to antidepressants, do
- 5 little, if nothing, to provide relief from the pain
- 6 and discomfort of this illness for the most severe
- 7 cases.
- I am telling you this from my personal
- 9 experience and also have a stack of over 50 letters
- 10 from some of our members that will attest to the
- 11 same.
- 12 [Slide.]
- 13 It is apparent that IBS has been
- 14 categorized by the FDA as an illness that does not
- 15 cause death, therefore, a zero tolerance criteria
- 16 for adverse side effects has been placed on
- 17 medicines developed to treat IBS. Why else would
- 18 we be there today? The percentages shown earlier,
- 19 in my opinion, clearly show that Lotronex is not
- 20 that dangerous of a medicine, not much more than
- 21 any other prescription medicine on the market.
- 22 What that tells me as a patient is that
- 23 any medicine ever developed to treat my
- 24 debilitating illness has to be perfect, and you
- 25 know as well as I do, and it was mentioned earlier,

- 1 that all medicines have some associated risks.
- 2 Current unavailability of Lotronex leaves
- 3 many patients with no satisfactory treatment
- 4 option. Some turn to other prescription medicines
- 5 not suited for their illness, while others abuse
- 6 over-the-counter medicines like Pepto Bismol and
- 7 Imodium with serious potential adverse
- 8 consequences.
- 9 The member of the Lotronex Action Group
- 10 are prepared to accept risks related to the use of
- 11 Lotronex and other effective treatments for IBSD.
- 12 We are also prepared to participate in programs to
- 13 better characterize risks related to the use of
- 14 Lotronex and other treatments, and to work with the
- 15 FDA and the pharmaceutical companies to reduce
- 16 those risks to the extent possible.
- 17 We have requested that the FDA reexamine
- 18 and redefine the severity of IBSD and the level of
- 19 risk as tolerable for an effective treatment for
- 20 this debilitating condition. IBSD, while not
- 21 directly deadly, can be life threatening and causes
- 22 severe damage to the quality of the lives of the
- 23 sick and their families.
- 24 After taking Lotronex for almost two full
- 25 years, with no side effects whatsoever, I am only

- 1 able to be here today because I am now taking
- 2 prescription medicine Zofran. It's another 5HT3
- 3 receptor antagonist.
- 4 I am fortunate that my physicians
- 5 understand my situation and I can afford the 30
- 6 dollar-plus price tag per pill. Many others are
- 7 not so fortunate.
- 8 To my knowledge, no long-term studies have
- 9 been done to determine if this medicine is safe for
- 10 long-term treatment, so you see the FDA has merely
- 11 shifted the problem. With Lotronex, there is a set
- 12 of parameters established and the risk is known.
- 13 It was a much more controllable situations.
- Now, those 300,000 people that were taking
- 15 Lotronex, or 275,000, which I saw this morning, are
- 16 taking, like myself, whatever they can to stop or
- 17 relieve their suffering.
- 18 If two people commit suicide due to severe
- 19 IBS-related depression, which was a major factor in
- 20 GSK's presentation earlier, that would match the
- 21 number of probable deaths linked to Lotronex.
- 22 Again, I quote "probable" because it hasn't been
- 23 identified that those deaths were linked
- 24 specifically to Lotronex.
- 25 Also, I want to add one other item. After

1 hearing of the proposed management proposal this

- 2 morning by Glaxo, I wanted to address one item on
- 3 that regarding prescription refills. This is just
- 4 my personal feeling in general.
- 5 I am on a couple of medicines to treat IBS
- 6 since Lotronex was pulled off the market. Being in
- 7 a working profession, it is a burden, it is very
- 8 much a burden to go see a doctor. If you are
- 9 traveling during the week and whatnot, it is very
- 10 difficult every month, if I am going to be on the
- 11 medicine for the rest of my life, to go in every
- 12 month and see a physician and have to get a
- 13 prescription.
- 14 I would recommend to the Board to consider
- 15 that maybe initially, for the first three months or
- 16 six months that could happen, and then gradually,
- 17 as a person's need for the medicine has been
- 18 identified, that maybe that gets reduced and
- 19 relaxed over time, as long as they are responding
- 20 favorably to the medicine.
- 21 Thank you for your time.
- DR. WOLFE: Thank you, Mr. Miller.
- Dr. Gary Stein is next. He is
- 24 representing the American Society of Health System
- 25 Pharmacists, followed by Mr. Brown.

DR. STEIN: Thank you. My name is Gary

- 2 Stein. I am the Director of Federal Regulatory
- 3 Affairs for the American Society of Health-System
- 4 Pharmacists.
- 5 ASHP is a 31,000-member national
- 6 professional association representing pharmacists
- 7 who practice in hospitals and other components of
- 8 organized health care systems.
- 9 ASHP has a long-standing commitment to
- 10 helping pharmacists manage the risks inherent in
- 11 prescription and non-prescription medication use,
- 12 and we recognize that the FDA has the same
- 13 commitment, particularly in regard to new or higher
- 14 risk drugs.
- 15 Unfortunately, many of the risk management
- 16 plans that have been implemented in recent years
- 17 involve restricted drug distribution systems.
- 18 There has been a substantial increase in the number
- 19 of new pharmaceuticals that are available only
- 20 through limited distribution systems.
- 21 Increased reliance on restricted drug
- 22 distribution systems is a growing concern among
- 23 ASHP's members. These systems often exclude
- 24 individual hospitals, as well as community
- 25 pharmacies, from distributing medications and use

other means of distribution to deliver medications

- 2 directly to patients.
- While a number of drugs have been
- 4 relegated to restricted drug distribution systems,
- 5 we lack information on how well these systems
- 6 work.
- 7 Pharmacists are responsible for ensuring
- 8 that medications are readily available for patients
- 9 who need them. Disruptions in non-standardized
- 10 distribution processes are not trivial matters.
- 11 They create procedural confusion for pharmacy and
- 12 other hospital staff, and increase the potential
- 13 for mistakes.
- 14 Any restrictive distribution or special
- 15 handling procedure that disrupts that central
- 16 oversight role of pharmacists represents in
- 17 interruption in standard medication use policies
- 18 and procedures in the health care system.
- 19 In November of 2000 and again in January
- 20 of this year, ASHP drew FDA's attention to this
- 21 issue. We have suggested that when a manufacturer
- 22 implements a restricted distribution of a drug
- 23 product, the FDA should obligate the company to
- 24 ensure that a patient's usual pharmacist
- 25 relationship is not disrupted.

1 ASHP also recommended that if a restricted

- 2 distribution system is being considered by the
- 3 Agency as a condition for marketing approval,
- 4 practicing pharmacists, professional pharmacist
- 5 societies, and patients should be consulted before
- 6 any restricted distribution requirements are
- 7 imposed on the product.
- 8 While restricted distribution systems for
- 9 individual drugs may have a safety intent, they
- 10 paradoxically also represent corresponding safety
- 11 threats in complex health system settings. Any
- 12 distribution process that bypasses pharmacists'
- 13 control or requires exceptional procedures in such
- 14 setting would be contrary to the best interests of
- 15 patients.
- 16 ASHP members recognize that some
- 17 exceptions will inevitably have to be made in a
- 18 patient's best interests. An important point,
- 19 however, is that these should truly be
- 20 extraordinary exceptions.
- 21 The prospect of multiple unique
- 22 restrictive drug distribution systems is a
- 23 frightening picture for health system pharmacists.
- 24 Deviations that are unique and that greatly differ
- 25 from standard practice create obstacles in

- 1 delivering and administering medications safely.
- 2 The patient-pharmacist relationship should
- 3 not be misinterpreted as merely a product
- 4 distribution function. The pharmacist's minimum
- 5 responsibility is to assess the overall
- 6 appropriateness of all medications with regard to
- 7 dose, drug interactions, compliance, and patient
- 8 counseling.
- 9 Patient and pharmacist relationships in
- 10 which this level of care is achieved depend on
- 11 mutual trust, the pharmacist's thorough awareness
- 12 of the patient's overall medication use, and the
- 13 pharmacist's actions to ensure the timely supply of
- 14 drug products.
- 15 Restricted distribution systems that limit
- 16 the pharmacist's ability to develop these
- 17 relationship are disruptive. Restricted drug
- 18 distribution systems that involve
- 19 physician-to-patient delivery prevent pharmacists
- 20 from providing medication appropriateness, dosage,
- 21 and interaction checks, patient education and
- 22 counseling, monitoring and follow-up evaluation.
- 23 Thoughtful consideration needs to be given
- 24 to the fact that some of these medications may be
- 25 initiated or continued for hospitalized patients.

- 1 Hospital pharmacies may not be able to acquire
- 2 these medications in a timely manner. This has an
- 3 adverse effect on patient care and cost. The
- 4 hospital setting is also where a sticker system
- 5 fails miserably.
- 6 ASHP believes that rather than unique drug
- 7 product distribution schemes, the FDA, in
- 8 consultation with stakeholders including
- 9 pharmacists, physicians, nurses, other health care
- 10 professionals and patients, should develop models
- 11 or managing patients for whom any high-risk drug
- 12 product might be indicated and prescribed.
- 13 Manufacturers should be required to design
- 14 distribution procedures and supporting patient care
- 15 materials in conformance with these models.
- 16 Drug-specific requirements for a model
- 17 should be developed during pre-approval
- 18 demonstrations and adjusted over time based on
- 19 postmarketing surveillance. Pre-approval
- 20 demonstrations, perhaps through the Centers for
- 21 Education and Research on Therapeutics, the CERTs,
- 22 should focus on requirements for ensuring
- 23 appropriate use and monitoring, such as patient
- 24 work-up and selection, provider and patient
- 25 education, and patient monitoring.

1 Such demonstration projects could answer a

- 2 number of our concerns about important issues, such
- 3 as uniformity of procedures for patient selection,
- 4 what kind of distribution systems are most
- 5 supportive of continuity of care, and what kind of
- 6 approach is served best for provider and patient
- 7 education.
- 8 Thank you very much.
- 9 DR. WOLFE: Thank you, Dr. Stein.
- 10 Mr. Brown, followed by Ms. Lisa Kenney.
- MR. BROWN: Good afternoon, Dr. Wolfe, and
- 12 members of the Committees. My name is Bill Brown.
- 13 I am a practicing attorney in Columbus, Ohio. I
- 14 don't sue doctors, I represent many of you. I have
- 15 practiced for 42 years and had IBSD for over 40.
- In 1999, after visiting a number of GI
- 17 doctors in Columbus with no success, I wound up at
- 18 the Mayo Clinic, and wound up on an open-label
- 19 study for alosetron. It was truly my miracle pill.
- I used it for 16 months until it ran out.
- 21 I have never had any side effects to it. Nobody
- 22 has paid me to be here, it's a six and a half hour
- 23 drive from Columbus to speak for four minutes.
- 24 Previously, I have filed with you a more
- 25 detailed statement including my personal experience

1 with IBSD, which I hope you will have time to read.

- 2 It won't take you more than about five or six
- 3 minutes.
- 4 But there are three basic issues that I
- 5 really want to address, that I think are very
- 6 important. I am a little appalled almost at
- 7 Glaxo's comments this morning regarding the
- 8 availability of this for men. As you can see,
- 9 there are many of us that suffer with IBSD. It is
- 10 not just women.
- 11 That issue needs to be addressed by the
- 12 Committees, and I believe at least indicate that
- 13 Glaxo have some sort of a continuing open-label
- 14 study for us to participate in. I was almost
- 15 totally cured with this.
- The second thing, of course, other than
- 17 gender discrimination, is age. There have been
- 18 some comments that have said that it gets better
- 19 with age, and I am here to tell you that IBS is 10
- 20 times worse than it was at 59, 10 years ago.
- I have read the entire transcript, your
- 22 247-page transcript from last year's meeting, so I
- 23 am familiar with what you have covered. Dr.
- 24 Camilleri, which is a brother to most of you in
- 25 this thing, addressed the issue of what he calls

- 1 this "exquisite dilemma" in last year's
- 2 Gastroenterology Journal, and I quote him.
- 3 "Unfortunately, withdrawing a drug while saving
- 4 some individuals from a serious adverse effect, may
- 5 deprive others of the only agent able to relieve
- 6 their suffering."
- 7 There currently has been much thinking
- 8 about compassionate use, about restricting
- 9 dispensation, about waivers, warning labels, none
- 10 of which seem to address the issue that you need to
- 11 really address.
- 12 The biggest item I have seen that needs to
- 13 be addressed is physician education. If you limit
- 14 this to GI docs, there may not be one in Apple
- 15 Valley, Montana, within 400 miles of somebody who
- 16 needs a drug.
- 17 My family physician, my primary caregiver
- 18 in Columbus, knows more about Lotronex and IBS than
- 19 at least half a dozen GI doctors that I personally
- 20 know in Columbus. Don't restrict it to just GI
- 21 docs.
- I have an older son who is a drug rep for
- 23 Lilly. He doesn't work with Lotronex, of course, he
- 24 works with diabetes. His biggest problem is
- 25 getting in to educate the doctors, to detail them

1 on these drugs. Fortunately, it is no longer an

- 2 entertainment thing for the doctors anymore. Eli
- 3 Lilly and other companies have restricted the
- 4 entertainment of the physicians, but that is the
- 5 biggest problem.
- 6 You need to establish, like we have in the
- 7 legal community, continuing legal education,
- 8 serious medical education of the doctors who are
- 9 going to prescribe, maybe set up a class having
- 10 passed an educational requirement, but please do
- 11 not eliminate Lotronex. People like Solvay, as you
- 12 are well aware, interrupted their Cilansetron
- 13 studies for a year because of what has happened to
- 14 Lotronex.
- We need the Lotronex. It is the only
- 16 thing that is available, and if you stop it, there
- 17 is going to be very little, if any, additional
- 18 research on IBS, which we need to have. Consider
- 19 that.
- Thank you.
- DR. WOLFE: Thank you. I am impressed.
- 22 Four minutes for a lawyer is very, very good.
- Ms. Kenney, followed by Maria Zargo.
- MS. KENNEY: My name is Lisa Kenney. I am
- 25 a member of the IBS Support Group, the Lotronex

1 Action Group, and I am also a long-term sufferer of

- 2 IBS for over 10 years.
- I made it here today, and the only reason
- 4 why is because of my emergency ration of Lotronex
- 5 given to me by my compassionate and supportive
- 6 gastroenterologist.
- 7 I appreciate this opportunity to be heard
- 8 on behalf of hundreds of thousands of IBS
- 9 sufferers, many of whom are unable to attend today
- 10 given the debilitating symptoms of severe
- 11 intestinal pain and diarrhea.
- 12 Without Lotronex, our lives are once again
- 13 severely compromised in ways no other person could
- 14 possibly understand but the IBS patient, our
- 15 family, our friends, and our doctors.
- We are imploring the FDA and
- 17 GlaxoSmithKline to please return our only hope in
- 18 controlling IBS by restoring the single most
- 19 effective and safe IBS drug Lotronex. Prior to
- 20 Lotronex, living with IBS was a nightmare. By the
- 21 time I was a senior in college, I knew that life
- 22 would never be normal. Every normal event was met
- 23 with trepidation and uncertainty, and every simple
- 24 task was a major challenge.
- 25 Getting up in the morning, making it to

1 school, going to work, or even eating a simple meal

- 2 was a victory in itself without being stuck in the
- 3 bathroom fatigued and writhing in pain.
- 4 IBS impacts every aspect of my life -
- 5 career, education, relationships, marriage,
- 6 parenting, all had to be rearranged. I had given
- 7 up a great dream to become a doctor due to this
- 8 illness. While I have accepted my limitations and
- 9 acquired a computer career for the many years that
- 10 followed, the excruciating impact of IBS remains.
- 11 Then, in May of 2000, something magical
- 12 happened, and I started Lotronex, and a small hope
- 13 became a dream come true. I remember that joyful
- 14 brief period very well. I remember all the
- 15 youthful years I had missed, all the things I
- 16 couldn't do, and even simpler still, all the things
- 17 I couldn't eat or drink, all came back with safe
- 18 invitation.
- 19 Even my skin and bones frame, I am fat
- 20 again, and there was time for family and friends,
- 21 and energy for work or play. After 10 long years
- 22 of suffering, endless days and nights twisted in
- 23 agonizing pain, I felt free for the first time,
- 24 freedom from IBS.
- 25 Lotronex removes much of that anxiety and

1 the fear and the shame that we all carry, so there

- 2 is no more hiding in the bathroom, and there will
- 3 be no more hiding from the world. I thought life
- 4 was just beginning.
- 5 Then, on November 28th, 2000, the
- 6 unthinkable happened, and in one brief moment,
- 7 Lotronex was gone. It was as if time had reversed
- 8 and everything positive, painless and powerful, was
- 9 taken away, and every day since Lotronex has been
- 10 removed has been a huge step backwards.
- 11 They say that IBS is not life threatening,
- 12 that it does not kill. Well, I disagree. IBS
- 13 threatens my confidence and my will to survive
- 14 every single day of my life. It had been
- 15 increasingly difficult for me as it was before
- 16 Lotronex, until Lotronex literally saved my life
- 17 and my livelihood, but without Lotronex, I can no
- 18 longer sustain a demanding work schedule, and I
- 19 couldn't face life without it. Life without
- 20 Lotronex was, for me, a life without quality of
- 21 life.
- I have come a long way since my crisis and
- 23 I have dreams yet to fulfill, but I am unable to
- 24 meet them without Lotronex. So, I am anxious to
- 25 return to productive life, and I will continue to

- 1 be proactive in winning Lotronex back for myself
- 2 and for countless other people, an undeniable need
- 3 of this small miracle pill.
- 4 In closing, we have been informed of the
- 5 serious side effects of Lotronex, and we
- 6 acknowledge the potential risk in developing
- 7 ischemic colitis and severe constipation. We
- 8 understand that the benefits of Lotronex do not
- 9 come risk-free, no medication on the market does.
- 10 We are not so overcome with desperation
- 11 from our suffering that we would fail to consider
- 12 these risks seriously, and we would certainly yield
- 13 to close GI supervision under this medication just
- 14 to ensure its safety.
- No other drug has been able to treat IBS
- 16 symptoms with unparalleled efficacy. Lotronex can
- 17 save, and has saved, so many lives from further
- 18 pain and suffering. It has helped to reunite
- 19 patients with their families, friends, and forge an
- 20 even closer doctor-patient relationship.
- 21 As educated consumers and IBS patients, we
- 22 are more than prepared to accept the risks with the
- 23 tremendous benefits of Lotronex. So, please don't
- 24 take away the only hope we have for a much better
- 25 life, a life with the quality of life.

- 1 Thank you.
- DR. WOLFE: Thank you, Ms. Kenney. Maria
- 3 Zargo is next, followed by Julia Alberino.
- 4 MS. ZARGO: My name is Maria Zargo. I am
- 5 a LAG coordinator, but I am here representing
- 6 myself and some who were unable to attend this
- 7 meeting. No one has paid for me to speak.
- I am a wife, mother, former career woman,
- 9 and I suffer from severe IBS. Most recently I was
- 10 forced to resign my position with a prestigious
- 11 Fortune 500 company. I was no longer able to make
- 12 the 45-minute commute to work every day without
- 13 stopping at a supermarket to use the restroom. My
- 14 work life, my family life, and my independence had
- 15 been permanently compromised until Lotronex came
- 16 along.
- I had been on a reduced dosage of Lotronex
- 18 for nearly two years without side effects. I am
- 19 living proof that this drug is extremely effective
- 20 and very safe when used correctly and at the proper
- 21 dosage.
- 22 As with any other medication on the
- 23 market, dosage administration should not be
- 24 considered a "one-size-fits-all" scenario. Your
- 25 risk management debacle could be solved if you

1 would only adhere to this advice, advice given by

- 2 those who are the true experts the users of
- 3 Lotronex.
- 4 All drugs have side effects, and knowing
- 5 what we know about the risk-benefit ratio of
- 6 Lotronex, we are willing to accept those risks.
- 7 The majority of us have expressed a willingness to
- 8 sign a waiver if need be, as is currently being
- 9 done with other drugs, but that was never even
- 10 presented to us an option. Nor have we been given
- 11 the option of a truly viable compassionate use type
- 12 program that doctors would be willing to endorse.
- 13 With Zelnorm's rejection and Cilansetron's
- 14 approval being questioned, one can only presume
- 15 that this continues to be politics as usual, and
- 16 not at all about science and patient needs.
- 17 It would be easier to have ailments like
- 18 migraine headaches or IBD because there are
- 19 effective treatments on the market, and public
- 20 perception is one of understanding and sympathy.
- 21 Today, IBS sufferers have no viable alternative
- 22 medication that works. Lotronex continues to be
- 23 the only drug ever prescribed that has
- 24 significantly improved or completely eliminated the
- 25 horrible, debilitating symptoms of

- 1 diarrhea-predominant IBS.
- 2 For those who continue to view IBS as
- 3 nothing more than a "vexing inconvenience," we hope
- 4 that the information we provide you with today will
- 5 change that view. Being hospitalized for
- 6 dehydration caused by IBS is more than an
- 7 inconvenience. Stories of suicide attempts
- 8 attributed to IBS suffering cannot be ignored.
- 9 Missing out on life's simple pleasures
- 10 like attending your child's sporting events is
- 11 downright depressing, and it affects everyone in
- 12 the family. It goes beyond a quality of life
- 13 issue. Being afraid to leave your home for
- 14 extended periods of time for fear of embarrassing
- 15 incontinence is humiliating and not a mere
- 16 inconvenience.
- 17 The cramping and pain, the exhausting,
- 18 numerous trips to the bathroom, the inability to
- 19 eat healthy, nutritious foods can be intolerable,
- 20 and not just an inconvenience. Job loss and family
- 21 stress are undeniable and commonplace. So, I am
- 22 hoping that you can understand why I take offense
- 23 when someone refers to my condition as a mere
- 24 inconvenience.
- 25 IBS continues to be poorly understood.

1 Even today, there are still some doctors who are

- 2 truly misinformed, referring to it as "bathroom
- 3 anxiety." Because of these misconceptions and lack
- 4 of information, many patients are misdiagnosed with
- 5 "mental health" problems and are given unfair
- 6 labeling and treatment.
- 7 For this reason, the treatments and
- 8 medications that have been prescribed over the
- 9 years have fallen far short of success. I have
- 10 attached a list of prescription drugs and herbal
- 11 remedies that patients have tried over the years
- 12 with little benefit, if at all. This list should
- 13 have been distributed to you.
- 14 The bottom line is, sure, there are
- 15 alternate IBS treatments on the market today. What
- 16 some refuse to understand is they don't work. We
- 17 are being subjected to experimenting with dangerous
- 18 addictive drugs like codeine, Vicodin, and
- 19 Oxycontin that have a much higher risk factor than
- 20 Lotronex and do not contain the benefits that
- 21 Lotronex provides.
- The FDA worries about the risks associated
- 23 with Lotronex? What about the side effects and
- 24 toxicity we are exposed to by taking these other
- 25 drugs? There is one other drug that I have

1 purposely not listed. That is ondansetron, which

- 2 is Zofran. It has made it possible for me to
- 3 travel to Bethesda and speak before you today.
- 4 It has proven significantly superior over
- 5 the other remedies I have attached, and only
- 6 because it is chemically related to Lotronex.
- 7 In this great country of ours, we often
- 8 hear the words "freedom of choice." On November
- 9 28, 2000, that freedom of choice was taken away
- 10 from us. For many on Lotronex, it was the first
- 11 time in years in living a normal life was possible,
- 12 a life that so many take for granted.
- 13 Finally, please return Lotronex to those
- 14 of us who so desperately need it. We depend on it,
- 15 our families depend on it. Please keep the
- 16 patients' needs at the forefront and put money and
- 17 politics aside. By continually denying us this
- 18 right to Lotronex, the long-term repercussions will
- 19 be catastrophic and future IBS drug research will
- 20 be kept on the back burner. Our fate is in your
- 21 hands.
- Thank you.
- DR. WOLFE: Thank you, Ms. Zargo.
- Next, we have Julia Alberino, followed by
- 25 Terry Olifiers.

1 MS. ALBERINO: Hi. I am Julia Alberino.

- 2 I am a member of both the IBS Self-Help Group and
- 3 the Lotronex Action Group, but I am not here today
- 4 to represent either of them, I am here to represent
- 5 myself and other patients who cannot travel here.
- 6 No one has paid my expenses to be here, and I have
- 7 no affiliations with GlaxoSmithKline, the FDA, or
- 8 any other party to what is being decided here.
- 9 I have had IBS for more than 30 years, and
- 10 I have tried in those 30 years not to let IBS
- 11 control my life, but the fact is that it has and it
- 12 does. Every time I have had to cancel a business
- 13 meeting or a trip, every time I have been too sick
- 14 to attend a social event, every time I have had to
- 15 give up a job because the commute was too long and
- 16 I couldn't commute to the job and be away from a
- 17 bathroom for that long, IBS was controlling my
- 18 life.
- 19 I am an intensely private person, so
- 20 embarrassing accidents in public could send me into
- 21 hiding for weeks. In the material that I submitted
- 22 to you, I described some of those incidents that
- 23 happened. As I have gotten older and my IBS has
- 24 gotten worse, I have learned a few tricks.
- I keep a change of clothes near at hand

- 1 wherever I am. I scope out the bathrooms every
- 2 time I am in an unfamiliar place. I watch very
- 3 carefully what I eat. I have learned to wear
- 4 protection if I am going to be away from a bathroom
- 5 for any length of time. I only travel by train
- 6 because they have bathrooms.
- 7 That has had an impact on my professional
- 8 life. I am required to travel as a part of my job.
- 9 I have often had to rearrange schedules or ask
- 10 someone else to do it for me.
- 11 But in all these years of suffering, I did
- 12 have 22 months that were remarkable. These were
- 13 the months that I was on Lotronex, and I won't go
- 14 into how I got it past the time it was withdrawn
- 15 from the market, but I did use it for nearly two
- 16 years.
- During that time, I could meet all of my
- 18 work responsibilities, I took on new ones. I
- 19 started graduate school, which I had to drop out of
- 20 when Lotronex was withdrawn, and I ran out. I was
- 21 able to stay in school until I ran out of Lotronex.
- I knew there could be problems. My
- 23 physician was candid with me before I started
- 24 Lotronex. She explained the risks of colonic
- 25 ischemia and severe constipation. She explained

1 the signs and symptoms to look for. She told me we

- 2 had to stay in close touch during the time that I
- 3 was on Lotronex, and I will admit on the third day
- 4 of taking Lotronex, I had have an episode of
- 5 constipation.
- I called my doctor, she said skip today's
- 7 dose. I did. The constipation resolved. So, I
- 8 think risk management that involves
- 9 physician-patient communication is crucial. I will
- 10 grant that. I am not out for give it to us with no
- 11 restrictions.
- 12 The night that I came home and found out
- 13 that Lotronex had been withdrawn, I was devastated.
- 14 However, I quickly got as much as I could lay my
- 15 hands on, I cut my dosage down. One pill a day
- 16 worked for me almost as well as true. Half a pill
- 17 a day did not work as well, but I did stay on that
- 18 dose for a while to stretch the supply.
- 19 I guess the point is no one size fits all.
- 20 I would also like to stress that patients have
- 21 responsibility. They have got to know their own
- 22 bodies, they have got to be in contact with their
- 23 doctors, and be in touch the minute something goes
- 24 wrong.
- 25 My experience, my personal experience is

- 1 that if Lotronex is prescribed and used correctly
- 2 and conscientiously, it is safe and effective. I
- 3 believe this committee can come up with a risk
- 4 management program that will work, and I would urge
- 5 that that program involve stringent reporting
- 6 requirements and patient experience, so that
- 7 additional information on the safety and efficacy
- 8 and long-term effects of Lotronex can be compiled
- 9 and used to make it available to more people in the
- 10 future.
- 11 Thank you for allowing me to speak.
- DR. WOLFE: Thank you, Ms. Alberino.
- Next, we have Terry Olifiers, followed by
- 14 Diana Hoyt.
- MS. OLIFIERS: My name is Terry Olifiers.
- 16 I am a LAG member here at my own expense.
- I have suffered with IBS since I was in my
- 18 early 20s. I am now 55, and that is an awfully
- 19 long time to have to go through painful intestinal
- 20 attacks that are unbearable and urgency at
- 21 inconvenient times.
- I have tried a number of medications to no
- 23 avail. At the same time, my IBS has become worse,
- 24 often causing incontinence. I reviewed this with
- 25 my doctor, and he prescribed Lotronex.

I was started on two pills a day. At

- 2 first, I experienced constipation, so I stopped
- 3 taking it and called my doctor. He recommended
- 4 taking Metamucil and when I was ready, to cut the
- 5 dose in half. I started taking one pill daily and
- 6 Metamucil twice a day, and that did the trick.
- 7 I was skeptical that this medication would
- 8 work because none had ever before, but I was
- 9 willing to try anything. Well to my surprise, I
- 10 suddenly was living a normal life. I could now
- 11 leave my house without fear. I no longer had the
- 12 embarrassment of having to change my clothes at
- 13 work or running into restrooms and trying to figure
- 14 out how I would leave. It was a miracle.
- 15 In late November, a friend of mine who was
- 16 also having great success from Lotronex told me it
- 17 was being removed from the market. I was
- 18 devastated. I called the FDA, Glaxo Wellcome, and
- 19 went to my congressman's office, which on my behalf
- 20 wrote a letter to the FDA.
- I was hysterical. I received the
- 22 information that pharmacies could dispense the
- 23 Lotronex they had. I am a medical assistant in a
- 24 pediatric office. I was so desperate that on my
- 25 day off, I sat with the Yellow Pages and started

- 1 calling every pharmacy. I had to fax the FDA
- 2 report to a number of pharmacies to prove they
- 3 could fill the prescriptions.
- 4 I called the doctors that I worked for to
- 5 fill them. I spent over \$500 and would gladly have
- 6 spent more. IBS is extremely life altering, and
- 7 nobody would go to the lengths that I did for an
- 8 ineffective medication.
- 9 Every day I see advertisements for
- 10 medications with risks that are far greater than
- 11 Lotronex, and yet they are still on the market.
- 12 Obviously, the dosage was an issue. Some need the
- 13 two pills a day, while others need less. Well, I
- 14 did fine with one pill today. To conserve, I broke
- 15 pills in half. I found that a half a pill a day
- 16 still worked for me.
- 17 The withdrawal of Lotronex was premature.
- 18 There are thousands of people who have been put in
- 19 a position since the withdrawal to try other, more
- 20 dangerous drugs that are not as effective including
- 21 antidepressants, and that is absurd.
- 22 Nothing works like Lotronex, and the FDA
- 23 has admitted that. I have hoarded enough Lotronex
- 24 that I still continue to take a half a pill a day.
- 25 To stretch out my time with Lotronex, I skip pills

1 if I can stay home, not a great way to live, I am

- 2 sure you would agree.
- 3 I would like to emphasize that after two
- 4 years on Lotronex, I am healthy and living proof
- 5 that Lotronex can be used safely and effectively.
- 6 I am hoping that it will be back on the market
- 7 before I run out and put into a position where I
- 8 have to try other drugs that might be harmful to
- 9 me.
- 10 Please let us not close our eyes to the
- 11 need for IBSD patients to be able to have access to
- 12 Lotronex, so they can live normal, productive
- 13 lives, enjoy their families and friends, and go on
- 14 vacations, as I am sure all of you do.
- This is not too much to ask for, and
- 16 Lotronex is the answer. To anyone who believes
- 17 this medication should not be reintroduced, let
- 18 them contend with IBSD for one week, and they
- 19 surely would change their minds.
- Thank you.
- DR. WOLFE: Thank you.
- Next, we have Diana Hoyt, followed by
- 23 Kathleen Ghawi.
- MS. HOYT: Hi. My name is Diana Hoyt. I
- 25 want to thank you for giving me the opportunity to

- 1 speak to you today.
- 2 Let me begin by reassuring all of you that
- 3 I have no connection to any drug company, I am not
- 4 being paid to say this, and I have come here at my
- 5 own time and expense in hopes that you will hear my
- 6 plea--I will try not to be emotional--and bring
- 7 Lotronex back.
- 8 I took Lotronex for 16 months, and they
- 9 were the best 16 months of my life. I am a
- 10 successful business woman, I am a wife, and I am a
- 11 mother.
- 12 I have been a recruiter for 15 years, and
- 13 I manage an award-winning sales office. I say this
- 14 hopefully to give myself some credibility because I
- 15 think I am going to be pretty emotional here.
- 16 Standing here right now is so far outside
- 17 of my comfort zone. Just to be here, I have to
- 18 take four Imodium in the morning, I have to not eat
- 19 for 24 hours, and I am wearing a diaper, and that
- 20 is pretty pathetic.
- I take about 8 to 10 imodium a day just to
- 22 get through the day, and I am sure that is wreaking
- 23 havoc on my system.
- 24 Before Lotronex, I thought I had the worse
- 25 IBS imaginable, and since taking Lotronex, and

1 since its removal, I have met many people that are

- 2 sicker than I am, which I found hard to believe.
- 3 They have had to quit their jobs, they can't work,
- 4 they can't leave their homes, so maybe I should
- 5 consider myself lucky.
- I have been trying for months to think
- 7 about what I would say to all of you, what can I
- 8 possibly say that would make a difference. I have
- 9 suffered from the debilitating effects of IBSD for
- 10 almost 30 years. I am 43 now. I have spent most
- of my life rushing to a bathroom, sweating, in
- 12 pain, heart pounding, praying that I would make it
- 13 in time, and most of the times I don't.
- 14 I have had accidents by the side of the
- 15 road, on a deserted street, in my car, at my desk
- 16 at the office. I have thrown my soiled clothes in
- 17 a dumpster and cried all the way home.
- 18 If I am asked to do anything, my first
- 19 question is always is there a bathroom there and
- 20 can I handle it. Anywhere I go, anything I do, the
- 21 bathroom is the number one concern.
- I am not even going to talk about my
- 23 family because then I am really going to cry, but
- 24 they have made such sacrifices for me. I have a
- 25 3-year-old son and I will never be able to give him

1 a normal life without Lotronex. I can't take him

- 2 to the park, I can't drive a carpool, I can't do
- 3 anything that a normal person takes for granted.
- 4 It is funny that I have kept this bottle
- 5 for seven months, and it's empty, and it sits in my
- 6 bathroom, and I think I keep it because it
- 7 represents hope for me that someday I will be able
- 8 to fill it back up and I can lead a normal life.
- 9 I guess I could be selfish and ask that
- 10 you only allow Lotronex to be given to those of us
- 11 that it has helped in the past. That would be the
- 12 easy thing for me to do, but I ask that you find a
- 13 way to get this life-altering medicine to everyone
- 14 out there that can benefit from it, whether it be
- 15 male or female.
- 16 Let's find reasonable ways to monitor the
- 17 symptoms, put the responsibility where it belongs,
- 18 with the doctor and the patient. I hate to think
- 19 what would have happened to me if I had never had
- 20 the opportunity to try Lotronex and know that it
- 21 was out there. It is a miracle drug.
- I know that it cured me, and it should
- 23 give hope to everybody out there with IBS that
- 24 there is something that will make a difference and
- 25 help you to lead a normal life.

1 Although IBSD may not be life threatening,

- 2 you can see from my story, and those from everybody
- 3 out here, that a life without Lotronex is a
- 4 miserable existence.
- 5 So, I think quality of life is the issue
- 6 here. I beg you to bring Lotronex back to those of
- 7 us who so desperately need it.
- 8 Thank you very much for listening.
- 9 DR. WOLFE: Thank you, Ms. Hoyt.
- 10 Ms. Ghawi is next. Could I ask is Terry
- 11 Romeo here? If not, the next speaker will be Mike
- 12 Schmidt.
- Ms. Ghawi.
- MS. GHAWI: I am Kathy Ghawi. I am from
- 15 St. Charles, Illinois. I am also out of my comfort
- 16 zone. I am a suburban homemaker. I was a soccer
- 17 mom long before it became very popular.
- I want to say that I think they should
- 19 make speaking in front of this committee an olympic
- 20 event, because condensing your entire adult life
- 21 with IBSD in four minutes has to go for the gold
- 22 medal. I will do so.
- 23 As a college history major, I was saddened
- 24 to see how they would talk about the ravages of war
- 25 for World War I and World War II and the Vietnam

1 War, and talk about man's inhumanity to man. Let

- 2 me assure you the removal of Lotronex, the only
- 3 effective treatment for IBSD, has to rank right up
- 4 there with man's inhumanity to man.
- 5 It is enough my mother suffered, my sister
- 6 suffered, and now my children. Enough is enough.
- 7 We have to find some respect for this disorder.
- 8 It is interesting. We have several cases
- 9 of IBSD, irritable bowel disease, in our family,
- 10 and it is interesting how they say that a third of
- 11 IBD sufferers also have IBS. Well, isn't that
- 12 something that we have all these drugs to control
- 13 the irritable bowel disease, and yet you could have
- 14 the IBS going with no remission. It is very, very
- 15 sad.
- 16 There are so few IBD sufferers, but they
- 17 seem to get all the respect and all the attention.
- 18 Now, I am not in a competition for pain and
- 19 suffering. I think pain and suffering is terrible
- 20 wherever it comes from, and it should be addressed
- 21 equally.
- I also wonder, since it is reported that
- 23 mostly women suffer from IBS, is it possible that
- 24 this is another gender inequity in terms of
- 25 research and funding and taking it seriously

1 because it's women? I ask that. I don't have the

- 2 answers, but I throw that out to the powers that
- 3 be.
- I have to tell you that I was insulted
- 5 because early on in my 36 years of dealing with
- 6 this condition, I was told it was all in my head
- 7 amongst other things. Yet, when I was on Lotronex,
- 8 I lived a normal life. I could eat anything, I
- 9 could go anywhere. Stress, who doesn't have it
- 10 every day of their life? Fiber, who needs it?
- 11 When you had Lotronex, it was not an issue. Diet
- 12 and exercise. I was even told to lose weight.
- 13 Well, thank you.
- 14 Lotronex made me live a normal life. I
- 15 would ask all of you who are members of the medical
- 16 community, who told us year ago that it was all in
- 17 our head, to acknowledge you made a mistake, but
- 18 now we can correct it, because we have the research
- 19 available to do something about it.
- I don't want to see another generation of
- 21 people to have to go through what I have to go
- 22 through. I also want to say that I am only here
- 23 today, not because of the medical community, but
- 24 because of the support of my family and my friends
- 25 and the Lotronex Action Group.

- 1 I want to single out my daughter for
- 2 traveling all the way. I live in Illinois, she
- 3 lives in North Carolina. We had a parade up here.
- 4 It is important that you know that when
- 5 one person in the family has a chronic disorder,
- 6 the entire family suffers. It is because of them
- 7 that I am here today, and I will continue to go on,
- 8 and the members of my group.
- 9 I have to tell you, you have got to find a
- 10 way to resolve whatever goes on behind closed
- 11 doors. It is not a matter of politics when you are
- 12 in our shoes. You have got to find the answer.
- 13 You can't look at the bottom line. It is the
- 14 patient name at the top line that you have got to
- 15 look at.
- I am wearing today a floral lapel. It's
- 17 the forget-me-not flower. When you are deciding
- 18 what to do with our lives, take a look at the white
- 19 forget-me-not. It represents the purity of the
- 20 patient who wants the cure, and the blue stands for
- 21 the blue pill Lotronex. Please return it and
- 22 remember the patient.
- Thank you.
- DR. WOLFE: Thank you.
- Mr. Schmidt, followed by Brenda and

- 1 Franklin Compton.
- 2 MR. MORRIS: Good morning. My name is Bob
- 3 Morris. I will be speaking for Mr. Schmidt who
- 4 could not be here today.
- 5 I am an attorney with the firm of Smith,
- 6 Phillips, Mitchell & Scott in Batesville,
- 7 Mississippi. We currently represent 20 individuals
- 8 who could not be here, each of whom took the drug
- 9 Lotronex and were injured as a result.
- 10 We have filed a class action in the
- 11 Southern District, Federal Court, in Southern
- 12 Mississippi seeking class certification of a
- 13 nationwide class based on the type of injuries that
- 14 we are seeing from the use of the drug Lotronex.
- 15 Our firm is also working in association
- 16 with the Schmidt firm out of Dallas, Texas, who
- 17 represents numerous individuals from Texas who also
- 18 took the drug Lotronex and were injured.
- 19 I am here representing our clients today
- 20 and the clients from the Schmidt firm to stand in
- 21 opposition to the reintroduction of the drug
- 22 Lotronex under the current proposed scenario.
- It is our position that the risks outweigh
- 24 the questionable benefits of Lotronex and that
- 25 during the time Lotronex was on the market, it was

being overprescribed to individuals with IBS, which

- 2 is, in itself, a poorly defined condition.
- 3 By the end of 2000, Lotronex was
- 4 associated with at least five fatalities, 63 cases
- 5 of ischemic colitis, 75 cases of severe
- 6 constipation, and 3 cases of mesenteric occlusion.
- 7 Because of the rate of under-reporting adverse
- 8 advents to the FDA, it is likely that there were
- 9 many more adverse events than this, some say
- 10 perhaps 10 times as many cases.
- It is our position that this is not an
- 12 efficacious drug and that there was only a 10 to 15
- 13 percent difference in the response between patients
- 14 that received Lotronex and the patients that
- 15 received placebo. In addition, on a discomfort
- 16 scale of zero to 4, Lotronex only relieved patient
- 17 symptoms 0.12 to 0.14 points more than placebo.
- 18 Furthermore, the endpoints in the studies
- 19 that Glaxo Wellcome submitted to support this drug
- 20 were based on self-reported subjective criteria.
- 21 We also have serious reservations about
- 22 the proposal of Glaxo Wellcome as to the class of
- 23 potential users of this drug if it is reintroduced.
- 24 This is based in part on Glaxo's past marketing
- 25 record, and also on the fact that a person who

1 fails to respond to conventional treatment may then

- 2 have access to the drug.
- 3 We heard today from numerous persons that
- 4 this is a problematic situation because there does
- 5 not appear to be an effective treatment that is
- 6 considered conventional to date. This means that
- 7 the lack of effective treatment could allow every
- 8 person with IBS to potentially receive this drug
- 9 upon reapproval.
- 10 The prior Medication Guide submitted for
- 11 Lotronex and required by the FDA shifted the
- 12 responsibility of preventing adverse events from
- 13 Glaxo Wellcome to the pharmacists and patients. It
- 14 is obvious that this did not prevent serious
- 15 gastrointestinal events.
- 16 Further, the proposal now set forth by
- 17 Glaxo Wellcome where it is requiring individuals to
- 18 diagnose themselves with having ischemic colitis is
- 19 deemed to be inappropriate at this time.
- 20 Because there is no pattern with respect
- 21 to predictive factors for what patients may develop
- 22 ischemic colitis or severe constipation, even the
- 23 use of Lotronex in a subpopulation of individuals
- 24 may result in severe adverse events or fatalities.
- 25 It is very difficult to require physicians

- 1 to only prescribe a drug to a restricted patient
- 2 population when dealing with an ill-defined
- 3 condition such as IBS. There will be an extremely
- 4 well-defined criteria necessary to evaluate and
- 5 decide on which patients should receive Lotronex.
- 6 Gradually, over time, it is likely that
- 7 the drug will be prescribed to all IBS patients,
- 8 and there will be even more fatalities and serious
- 9 adverse events.
- 10 An active monitoring program is proposed
- 11 herein today for Lotronex. If it is reapproved, it
- 12 is of questionable value since only about 10
- 13 percent of adverse events are ever reported to the
- 14 FDA.
- I would go on record on behalf of my
- 16 clients from the State of Mississippi and the
- 17 Schmidt firm's clients whom they represent from the
- 18 State of Texas, and ask that this drug not be
- 19 reapproved at this time.
- Thank you.
- DR. WOLFE: Thank you.
- Next, we have Brenda Compton, followed by
- 23 Dennis Larry.
- MS. COMPTON: First of all, I just want to
- 25 say I didn't catch your name, but have you ever

- 1 soiled your pants in public?
- 2 My name is Brenda Compton and I have
- 3 diarrhea-predominant IBS. I don't represent
- 4 anybody except myself. I paid for my own way up
- 5 here, and the first thing I did as I came in for
- 6 the meeting this morning was make sure I knew
- 7 exactly where the bathroom was as I have always had
- 8 to do for the last 30 years every time I leave my
- 9 house.
- 10 Now, I want you to spend the day in life
- 11 with me. I am not a statistic, I am a person. I
- 12 went on a field trip with my son, his sixth grade
- 13 class, to the Georgia State capital. We boarded a
- 14 bus in Flowery Branch, and began the one-hour ride.
- 15 Fifteen minutes into the trip, the cramp hits my
- 16 gut, and the familiar panic begins. I am soiling
- 17 my pants.
- Because this is a common occurrence, I
- 19 have on lined panties. I pray no one notices the
- 20 odor. Our school bus arrived and pulls up to the
- 21 capital steps. I have already made my way to the
- 22 front, so that I can get to the restroom as quickly
- 23 as possible.
- I change panties, throw the ruined ones
- 25 away, and cry. I try to regain my composure for my

- 1 son's sake. I go back out to join him and his
- 2 group, and guess what. It all begins again.
- 3 This is a scene I have lived out virtually
- 4 all my adult life, and just when I am convinced it
- 5 can't get any worse, it does. On June 25th, 1998,
- 6 I had emergency surgery, and in a matter of two
- 7 hours, I went from no menopausal symptoms to
- 8 postmenopausal, depression. The bouts of diarrhea
- 9 came more often, they came every day now. I began
- 10 to lose weight at an alarming pace. I dropped to
- 11 88 pounds.
- 12 My doctor performed every conceivable and
- 13 invasive test, if you have never had them, to try
- 14 to find a cause, but everything was fine, no
- 15 physical reason. Her only conclusion is I have an
- 16 incurable disease -- incurable disease called
- 17 irritable bowel syndrome.
- 18 Meanwhile, over the coming weeks and
- 19 months, I continued to lose weight. The doctor
- 20 orders a bone density scan because I have now
- 21 reached 77 pounds. My life is in jeopardy. She
- 22 tells me this. I have lost 11 percent of my left
- 23 hip because my body has lost every bit of its fat
- 24 and it is now pulling bone density just for me to
- 25 live. So, it was life threatening to me. I almost

- 1 died from it.
- Then, on May 9th, 2000, I got to my doctor
- 3 for another visit, but this time there is hope.
- 4 She tells me a new drug called Lotronex has just
- 5 been released, and she wants me to try it. I begin
- 6 that afternoon, and in three days, the diarrhea is
- 7 gone, a true miracle.
- 8 Over the coming days, I deal with the fear
- 9 that it will return, but it doesn't. My weight
- 10 gradually increases, and my life is a new
- 11 experience, normal.
- 12 Then, I remember seeing the morning news
- on November 28th, 2000, but nothing else registered
- 14 the rest of the day. I cried uncontrollably. The
- 15 availability of the only medication that had
- 16 allowed me to live a normal life for seven
- 17 wonderful months was gone. Today, I take another
- 18 drug that sometimes works, sometimes doesn't. Most
- 19 of the time it doesn't.
- 20 Once again, the humiliation and fear is
- 21 back. She sent me into psychotherapy because I was
- 22 suicidal and severely depressed. I am begging you
- 23 to bring this drug back. I am not asking you, I am
- 24 begging you. I keep this as a remembrance of the
- 25 miracle of my life, and only you can bring it back

1 to me. I have copies of my doctor's letters that

- 2 my life was threatened, almost went to the
- 3 hospital.
- 4 Thank you.
- DR. WOLFE: Thank you, Ms. Compton.
- 6 Mr. Larry, to be followed by Dr. Stolley.
- 7 MR. LARRY: I bring to you an interview of
- 8 my client, Gloria, from North Florida who suffered
- 9 bowel perforation following severe constipation.
- 10 She now is quadriplegic, lives on a PEG tube, lives
- 11 on oxygen. Here is her story. She asked me to
- 12 bring this to you because she is addressing her
- 13 comments to you, the FDA Committee.
- 14 [Videotape shown. Experience of Gloria
- 15 Lockett.]
- DR. WOLFE: Dr. Stolley.
- DR. STOLLEY: My name is Paul Stolley, and
- 18 I was formerly the Chairman of the Department of
- 19 Epidemiology and Preventive Medicine at the
- 20 University of Maryland School of Medicine at
- 21 Baltimore.
- I am co-author of a Foundations of
- 23 Epidemiology Textbook and currently work half-time
- 24 at the Public Citizen Health Research Group.
- During the academic year of 2000-2001, I

1 worked 80 percent time at the FDA as a consultant

- 2 in epidemiology for the group that collects and
- 3 evaluates adverse drug reactions.
- 4 I co-authored and signed the FDA Memo of
- 5 November 16, 2000, that preceded the November 28th
- 6 decision by Glaxo to withdraw Lotronex from the
- 7 market. I am also a practicing physician.
- In that memo, we argued that there were
- 9 compelling reasons for withdrawal of Lotronex from
- 10 the market. The main points we made in that memo
- 11 were that the drug is minimally effective and for
- 12 only the diarrhea-predominant form and only in
- 13 women, and that the price paid for this
- 14 gender-specific diarrhea-predominant efficacy is
- 15 much too high ischemic colitis that can result in
- 16 surgery, colectomy, and death, severe constipation
- 17 that can require hospitalization and surgery,
- 18 mesenteric artery thromboses requiring surgery, and
- 19 rarely causing death.
- 20 The rate of ischemic colitis associated
- 21 with the drug is remarkably elevated and beyond
- 22 dispute as there were 16 cases in the
- 23 alosetron-treated arms of the clinical trials and
- 24 only one case in the placebo arm.
- While the drug is only approved for 12

1 weeks of use, in actual practice, this chronic

- 2 condition may be treated indefinitely with the
- 3 drug.
- 4 The rate of ischemic colitis associated
- 5 with Lotronex may be as high as 1 per 300 users in
- 6 just the 12-week period. While many of these
- 7 colitis episodes have not led to serious damage,
- 8 there have been perhaps 7 or more reported
- 9 fatalities and numerous surgical interventions.
- 10 The questionable argument has been made
- 11 that ischemic colitis is a feature of irritable
- 12 bowel syndrome, however, when the FDA searched its
- 13 own adverse drug reaction files for reports of
- 14 ischemic colitis, no reports of ischemic colitis
- 15 were found associated with loperamide or
- 16 diphenoxylate.
- 17 I believe this drug should never have been
- 18 approved and I urge you not to reintroduce it, as
- 19 you will just create another mini-epidemic of
- 20 ischemic colitis and other problems.
- 21 Thank you.
- DR. WOLFE: Thank you, Dr. Stolley.
- 23 This concludes the public forum. I want
- 24 to thank all those who spoke for a couple of
- 25 reasons. First of all, I commend you all for

1 doing what physicians can't do very commonly, that

- 2 is, keeping on time. You did a wonderful job.
- 3 Many of us run meetings with continuing education,
- 4 by the way, which includes IBS oftentimes, and our
- 5 speakers tend to run over. You were wonderful in
- 6 keeping right to the point and keeping on time.
- 7 I want to editorialize here to some
- 8 extent. I want to thank those of you who are the
- 9 patients, who traveled here great distances, on
- 10 your own money, and on your own time, to make
- 11 public what should be a private matter between you,
- 12 your family, and your physicians, and I thank you
- 13 all for coming here.
- We will reconvene at exactly 1:45.
- 15 [Whereupon, at 12:55 p.m., the proceedings
- were recessed, to be resumed at 1:45 p.m.]

232 AFTERNOON PROCEEDINGS 1 2 [1:45 p.m.] 3 DR. WOLFE: Before we start the questions, I would like to offer the opportunity for members 5 of the panels to ask FDA and GlaxoSmithKline the 6 questions from before. What I am going to do, instead of just going to individuals, I am going to 7 go right in order around, and if you don't have a 8 question, say pass. I will start again with Dr. 9 10 Richter, if you want to continue your line of 11 questioning to either FDA of GlaxoSmithKline. 12 Let's try to keep the questions succinct 13 and the answers succinct, as well. 14 More Ouestions on Presentations DR. RICHTER: The question I have is 15 really for Victor and maybe other people at the 16 Surely, there must be, I am sure there has 17 18 been other drugs that have come through the FDA for 19 an IBS indication with diarrhea being a major 20 symptom, and have they had the opportunity to go 21 back and look through those studies to see if there is this unusual instance of ischemic colitis, 22 23 particularly in the background, because I have to 24 say I find that background data in the normal

population of IBD a little surprising from my own

- 1 clinical experience.
- DR. RACZKOWSKI: I am going to ask Dr.
- 3 Hugo Gallotorres to answer the question, but just
- 4 in general terms, many of the drugs that were
- 5 developed for IBS or that have any sort of
- 6 indication for IBS are old drugs, and we certainly
- 7 are looking at some of the newcomers in this field
- 8 as to whether this might be a class effect or not.
- 9 DR. GALLOTORRES: Yes, indeed, we have
- 10 several applications for diarrhea-prone IBS, but
- 11 these are INDs and we cannot comment on this, but
- 12 there are several. I hope that answers your
- 13 question.
- DR. RACZKOWSKI: Just one more comment.
- 15 Some of the other drugs that had been developed in
- 16 this area, some of the older drugs were the
- 17 anticholinergics, and they basically failed in
- 18 terms of being able to demonstrate efficacy for
- 19 IBS.
- DR. WOLFE: Dr. Cryer.
- 21 DR. CRYER: This is a question for the
- 22 sponsor. So, given that IBS is not infrequently an
- 23 episodic disease, what can the sponsor tell us
- 24 about the timing or the incidence of ischemic
- 25 colitis as it relates to the phase of IBS, which

1 the patients in the clinical trials were in?

- DR. CARTER: Most likely because of the
- 3 small number of cases that we saw in the clinical
- 4 trials, we really don't have that data. Most of
- 5 the patients I believe, at least based on the
- 6 baseline characteristics, which on the whole were
- 7 two weeks in duration, were in the same chronic
- 8 phase. We don't have any evidence of any change in
- 9 their baseline presentation. So, I can't answer
- 10 that question.
- DR. WOLFE: Dr. Anderson, any questions?
- DR. ANDERSON: No.
- DR. WOLFE: Dr. Venitz?
- DR. VENITZ: Yes, I have a question for
- 15 Glaxo, as well. I am looking at your background
- 16 material where you justify your dose, which is
- 17 right now 1 mg BID. I am on page 22, looking at
- 18 the results of your Phase IIA studies, and I am
- 19 wondering whether you have really found the optimal
- 20 dose, because obviously, one of the things that you
- 21 are proposing as part of a risk management plan is
- 22 a dose titration strategy, implying that the dose
- 23 right now may not be the optimal dose for every
- 24 patient.
- So, what is the evidence for you to have

- 1 started in the first place with a 1 mg BID dose?
- DR. TRABER: Well, you are quite right
- 3 that a decision to choose a dose is a very
- 4 important one in the clinical trial setting. There
- 5 was a lot of discussion around what dose to choose
- 6 at the end of the Phase IIA studies.
- 7 The dose of 1 mg BID was chosen, though,
- 8 and therefore, all of the Phase III clinical trials
- 9 were done with that dose. So, therefore, the vast
- 10 majority of evidence we have is with 1 mg BID.
- 11 The dose titration issue gets at the fact
- 12 that the physiological effect or the
- 13 pharmacological effect of the drug is to cause
- 14 constipation in a reasonable percentage of
- 15 patients, and often in drugs that have a
- 16 predictable type of side effect, clinical practice
- 17 often dictates some titration up of the dose.
- Furthermore, when used in the market,
- 19 there is lots of testimony from patient's
- 20 physicians that a lower dose works, so we feel the
- 21 titration that we propose is prudent medical care
- 22 although the vast majority of our data is based on
- 23 1 mg BID.
- DR. VENITZ: I am very much in favor of
- 25 dose titration, don't misunderstand me. It is just

1 I am looking at your dose titration studies, and it

- 2 appears that the doses higher than 1 mg, you
- 3 actually have less of a benefit or less of at least
- 4 short-term benefit.
- 5 So, I am not sure whether the 1 mg dose is
- 6 already at the plateau of your dose response curve
- 7 or you could even go lower than 0.5, which is what
- 8 you are proposing right now as your starting dose.
- 9 [Slide.]
- 10 DR. CARTER: This was the first of the
- 11 two, Phase II dose ranging programs in female
- 12 patients where the 2 mg dose was seen to be more
- 13 efficacious, at least for the female population
- 14 there than the lower doses.
- 15 If we go to the next one, E12.
- [Slide.]
- 17 This is the second dose-ranging study
- 18 where if I can just look at the males first, we see
- 19 the dose is seemingly no benefit with respect to
- 20 the placebo for the male, whereas, in the female
- 21 study, the adequate relief endpoint was clearly
- 22 beneficial, more beneficial at the 1 mg dose.
- DR. VENITZ: But as you go higher, at
- 24 least pharmacology would dictate that you would see
- 25 more of an effect, and you actually have a

1 reduction as you go to higher and higher doses. I

- 2 guess that is what I am pointing out to you.
- 3 DR. CARTER: Right. I mean that is a
- 4 feature of what we saw in this particular trial.
- DR. VENITZ: Let me rephrase my question
- 6 then. Do you see any benefit in going actually
- 7 lower than the 0.5 as a starting dose and starting
- 8 maybe at 0.25, or do you think that that is going
- 9 to be completely futile?
- 10 DR. CARTER: It may be that this is
- 11 something that we have to consider, but I suspect
- 12 that we probably are going to reach a point where
- 13 the efficacy would just not be shown at that point.
- DR. VENITZ: The second question that I
- 15 had, did you actually break this down by the
- 16 severity of the symptoms and baseline conditions?
- DR. CARTER: I don't believe we did.
- Dave, do you know whether we broke this
- 19 down by severity of symptoms at all?
- DR. VENITZ: It may be worthwhile doing to
- 21 see whether a different starting dose, depending on
- 22 the baseline severity, would benefit.
- DR. McSORLEY: In the Phase II studies
- 24 that we did, the first study that was done in
- 25 Europe had all IBS subtypes and both genders, and

what we saw was a beneficial effect primarily in

- 2 females who had the more diarrhea-like bowel
- 3 habits, looser stools, more frequent stools.
- In the 8-2001 study that is shown here,
- 5 also enrolled both genders, that was done in the
- 6 U.S., and because of the results we saw by the
- 7 severity of bowel functions in the previous study,
- 8 this study was limited to look at just the higher
- 9 stool consistencies.
- 10 So, we had evidence from earlier on that
- 11 it was more beneficial in those with more
- 12 diarrhea-like symptoms and less beneficial for
- 13 those with firmer and less frequent stools.
- DR. VENITZ: Is there any way that you can
- 15 tease out if there is a different starting dose
- 16 possibly required for the different subpopulations?
- DR. McSORLEY: Well, at this point, you
- 18 can see the numbers are getting pretty small, and
- 19 that n equal 197 is across all five of the dose
- 20 groups, so it is probably a little bit difficult to
- 21 tease that out additionally with so few patients.
- DR. VENITZ: Okay.
- DR. WOLFE: There is another. Efficacy is
- 24 one thing. The other reason is to start at a lower
- 25 dose. For those of us, let's jog our memories a

1 little bit. When we used sulfasalizine, we started

- 2 with a 5 mg dose knowing full well it didn't really
- 3 work, but we did it for safety purposes, and you
- 4 have shown that constipation is dose-dependent.
- 5 I can tell you know--this is
- 6 anecdotal--but some of my patients did well on 1 mg
- 7 every other day, as did other patients in the
- 8 audience, and some of the records that I did read.
- 9 So, mostly for safety purposes, sometimes it is
- 10 prudent to start at a lower dose to see its
- 11 tolerance, especially in dose-dependent
- 12 constipation.
- So, I would actually ask that you would
- 14 consider if we go forward with this, starting at a
- 15 lower dose for that reason.
- DR. LaMONT: For Dr. Raczkowski, your
- 17 final slide said that the success of the plan could
- 18 be evaluated through process controls or evaluation
- 19 of outcomes, and I just wonder what you had in mind
- 20 for that and what criteria might be used to finally
- 21 withdraw the drug.
- 22 Would it be the same toxicity, worse
- 23 toxicity--I assume worse toxicity would be one
- 24 reason, but would similar or identical toxicity be
- 25 reason to finally withdraw?

DR. RACZKOWSKI: These are actually

- 2 questions that we are posing to the Advisory
- 3 Committee, Questions 4, 5, and 6 are largely
- 4 focused on process controls, and Question No. 7 is
- 5 focused on outcome and whether or not the Advisory
- 6 Committee feels that those are appropriate.
- 7 DR. LEVINE: A question for Glaxo and a
- 8 question afterwards for Dr. Krist. I wondered, it
- 9 is apparent that during the clinical trials, there
- 10 was much more attention paid to constipation, both
- 11 the observation of it and the withdrawal, the
- 12 statistics are higher for those people who, during
- 13 the clinical trials, were stopped because of
- 14 constipation.
- 15 As it opened into the market, there was
- 16 less available about the complications. Toward the
- 17 ends of your studies, when you were still having
- 18 clinical trials, can you pick out any particular
- 19 trials in which the incidence of constipation was
- 20 higher as the public and as the physicians were
- 21 more aware of it toward the end of your trials or
- 22 trials that are still under progress, and not
- 23 analyzed well yet from a chronological point of
- 24 view?
- DR. CARTER: No, I can answer that in two

1 ways. First of all, the trials where attention was

- 2 placed on constipation, and there were two, one
- 3 trial was the open-label trial that we have
- 4 referred to before where patients knew that they
- 5 were on a drug that was potentially constipating,
- 6 we tended to see more constipation there.
- 7 In two other trials, the urgency trials
- 8 that Dr. Traber showed this morning, one of the
- 9 secondary objectives was to look at the impact of
- 10 an intervention, withdrawing drug or drug holiday,
- 11 or instituting laxative use, and we instructed the
- 12 investigators to make sure that the subjects in
- 13 these trials proactively reported any event of
- 14 constipation.
- 15 What we saw there is that we saw a rise in
- 16 the reports of adverse events of constipation, a
- 17 rise in the alosetron-treated group, and a rise in
- 18 the adverse event reports of constipation in the
- 19 placebo group, so that the delta was about the
- 20 same.
- 21 DR. LEVINE: I will pass on the next one
- 22 to Dr. Krist because we will probably discuss it,
- 23 unless you want me to go ahead. Actually, what I
- 24 was going to ask Dr. Krist is, as a family
- 25 practitioner, it is apparent on one of the possible

1 routes of approval of this product, is to consider

- 2 the burden that the physician has to do to take
- 3 care of it, the interaction, the time involved,
- 4 gastroenterologists versus family practitioners.
- 5 I wondered, in your experience using some
- 6 other drugs where you are, in fact, committed to
- 7 do--
- 8 DR. WOLFE: Time out. This is questions
- 9 to the Company.
- DR. LEVINE: Just to the company?
- DR. WOLFE: Yes, Company and FDA.
- DR. LEVINE: That is what I thought, I
- 13 don't think this is the time.
- 14 DR. WOLFE: This is clarification now for
- 15 presentations. We will get that later on.
- 16 Actually, we will have some time for that.
- 17 Dr. Fleming.
- DR. FLEMING: Several questions. Let me
- 19 try to highlight two related key questions and just
- 20 see how time allows.
- 21 Dr. Raczkowski made a very key point in
- 22 his presentation, noting that patient selection is
- 23 at the heart of a risk management plan as we go
- 24 from here and think how can we either treat or
- 25 evaluate a patient population in the optimal way,

1 identifying as best we can who those people are

- 2 that seem to have the greatest chance of a
- 3 favorable benefit to risk.
- 4 There are two key aspects of that. One is
- 5 identifying the population at lowest risk and the
- 6 population at highest benefit. So, taking things
- 7 one at a time, where ischemic colitis is a key
- 8 focus here with incidence rates projected at 2 to 5
- 9 per 1,000 at three months.
- 10 We heard several discussions today, and
- 11 they seem to repeatedly make the same point. Dr.
- 12 Carter, Dr. Permutt, Dr. Mackey all said data do
- 13 not reveal any potential risk factors for ischemic
- 14 colitis, and Dr. Mackey went beyond that to say
- 15 presenting symptoms do not necessarily predict
- 16 severity of outcome.
- So, my first question is, is it proper, am
- 18 I missing anything, is it proper to conclude at
- 19 this point, as it relates to ischemic colitis, that
- 20 we really don't have insights as to who we would
- 21 identify as that cohort that would be at a lower
- 22 risk?
- 23 The second aspect of benefit to risk is
- 24 benefit, is efficacy, and a similar question arises
- 25 there, what insights do we have? I know Dr.

1 Raczkowski speculated that patients that have the

- 2 most disabling symptoms stand to benefit the most.
- 3 Are there direct data that the FDA or the
- 4 sponsor can put before us that provides insights
- 5 about potential effect modifiers? The only thing I
- 6 could find from this morning's presentation was
- 7 slide A32 by Dr. Traber that basically looks at
- 8 potential effect modifiers for efficacy based on
- 9 baseline level of severity for baseline pain,
- 10 urgency, and frequency, and it doesn't show any
- 11 effect modification. It shows the same magnitude
- 12 of effect that either is not greater effect in any
- 13 specific subcohort.
- 14 So, two related questions. Are we missing
- 15 anything that you folks know that we haven't seen,
- 16 that would assist us in identifying the subgroup
- 17 that has the greatest likelihood of achieving
- 18 favorable benefit to risk?
- 19 DR. TRABER: Let me speak to the efficacy
- 20 question first. I also mentioned around that
- 21 trial, looking at the data, separating it out, that
- 22 indeed individuals with harder stools, fewer bowel
- 23 movements, fewer than two bowel movements per day
- 24 did not have an efficacious response to alosetron.
- 25 So, there is a subpopulation of individuals that

1 identified themselves as diarrhea-predominant, but

- 2 did not have an effect.
- 3 However, the data that I did show, by
- 4 separating out the information, shows that those
- 5 with moderate or severe symptoms, as defined by
- 6 both urgency, numbers of stools, and pain, had
- 7 similar benefit.
- 8 In looking at the information with more
- 9 severe patients, and that would be those patients
- 10 that had urgency more than 80 percent of the time,
- 11 more than 80 percent of the days, there was a
- 12 marked efficacy improvement there, so we did look
- 13 at more severe groups.
- 14 But in the post-hoc analysis of the
- 15 studies, both moderate and severe patients had the
- 16 same, had effect.
- DR. FLEMING: Could you show us those data
- 18 that basically separate out the most severe
- 19 patients from lesser severe patients to give us a
- 20 direct data presentation of what that effect
- 21 modification is?
- 22 While you are getting that, a second
- 23 question, you have specifically stated that your
- 24 proposed target population would be
- 25 diarrhea-predominant IBS who failed to respond to

1 conventional treatment. Do you have any specific

- 2 evidence, when we target that group who had failed
- 3 to respond, to show us that we, in fact, have
- 4 direct evidence of efficacy in that subcohort? Two
- 5 additional questions, I guess.
- 6 DR. TRABER: The direct answer to that is
- 7 no, we don't have a clinical trial taking patients
- 8 who have failed a defined conventional therapy and
- 9 placed them alosetron. What we were looking for in
- 10 the labeling was a straightforward way to identify
- 11 individuals that would have more severe
- 12 debilitating disease, those individuals who have
- 13 been evaluated to have diarrhea-predominant IBS,
- 14 who had been treated by a physician and failed
- 15 conventional therapy, which would be education,
- 16 reassurance, diet, anticholinergics, and
- 17 antidiarrheals, and that that subpopulation would
- 18 be an effective way for physicians to identify a
- 19 subgroup.
- 20 The other thing is we did evaluate in
- 21 comparison alosetron to traditional therapy, so a
- 22 selected group of individual who were selected for
- 23 all the same characteristics, and although, on an
- 24 open-label trial, randomized to either traditional
- 25 therapy or to alosetron, and saw marked

- 1 differences.
- DR. FLEMING: But that would be, of
- 3 course, a different--I mean those who would be
- 4 people who hadn't failed obviously.
- DR. TRABER: It answers a different
- 6 question.
- 7 DR. FLEMING: So, essentially, what is
- 8 really critical if we are looking at a proposed
- 9 indication, is to, at a minimum, have direct
- 10 evidence that in that proposed indication, i.e.,
- 11 those that have failed conventional therapy, that
- 12 we have confidence of efficacy, but I am eve
- 13 looking for more than that, the evidence that you
- 14 would have to confirm what we would hope to be the
- 15 case, but nevertheless, isn't always true, and that
- 16 is those with more severe baseline disease, in
- 17 fact, are those who benefit the most.
- 18 I think you were going to present
- 19 something on that?
- DR. CARTER: If you can put up L-35.
- 21 [Slide.]
- This was again post-hoc analysis here,
- 23 looking at the pooled data from five
- 24 placebo-controlled trials, looking at symptoms on a
- 25 daily basis with adequate relief of pain and

- 1 discomfort as stratified for the most severe
- 2 symptoms at baseline, and then followed over the
- 3 duration of the trial here. Weekly adequate relief
- 4 with the pain severity of greater than 2.5, which
- 5 was in the moderate to severe category.
- DR. TRABER: You want a comparison of the
- 7 less severe patients to the more severe patients.
- 8 DR. FLEMING: Indeed, as you presented in
- 9 slide A32. This just seems to be more confirming
- 10 that you have roughly the same magnitude of effect
- 11 across all subcohorts.
- DR. TRABER: Could you put up A32 then.
- 13 [Slide.]
- 14 Here, the point is you are correct. We
- 15 did stratify to what we call moderate and severe
- 16 pain, urgency, frequency, and so forth. What we
- 17 don't have on this slide, and I wonder if somebody
- 18 could find this slide, is those individuals that
- 19 had harder stools or less than two stools per day,
- 20 and their effect by alosetron, which is the
- 21 question you are asking.
- This is 3 to 4, and this is 4, but there
- 23 is also a subgroup less than that.
- 24 Maybe what we can do is find the specific
- 25 slide for you and come back to that. I think the

1 FDA also concluded from their analysis of the data

- 2 that the individuals with less than two stools per
- 3 day also had less efficacy than the moderate to
- 4 severe.
- 5 Your other question, which I think was
- 6 your first one, was about ischemic colitis, and,
- 7 indeed, you are correct. We found no evidence of a
- 8 predictor for individuals who might develop
- 9 ischemic colitis.
- 10 DR. RACZKOWSKI: Some of the analyses that
- 11 were done independently by the FDA statistician
- 12 showed that patients with less severe urgency at
- 13 baseline tended to respond roughly with the same
- 14 order of magnitude of a treatment effect as those
- 15 with more severe urgency.
- 16 I don't know the details of exactly how
- 17 the data were cut, but that observation was
- 18 confirmed. In addition, patients who did have the
- 19 harder stools or stools less than twice per day
- 20 also tended to have less benefit.
- 21 DR. FLEMING: So, in summary, for this
- 22 critical point that you put before us, at least the
- 23 data that we have right here either doesn't allow
- 24 us to identify the risk groups that have the
- 25 greatest risk or lesser risk, or efficacy, those

1 that have the greatest benefit or lesser benefit at

- 2 least relative to the analyses that have been done
- 3 to date?
- DR. RACZKOWSKI: Well, I think we would be
- 5 interested in any qualitative advice you might have
- 6 in that regard.
- 7 DR. WOLFE: I hate to be a drill sergeant,
- 8 but we allotted 20 minutes initially for this, so
- 9 let's again keep these questions succinct, try not
- 10 to repeat the same question, and answers also
- 11 succinct.
- DR. METZ: I have a couple of quick
- 13 questions.
- 14 First of all, regarding the colonic
- 15 ischemia question, I found it interesting it was
- 16 mentioned earlier that some of the effect of this
- 17 agent may be to reduce pain sensation, and some
- 18 patients become so constipated and had a lot of
- 19 pain, got sick because they didn't know that things
- 20 were happening.
- On the other hand, I find that all the
- 22 patients who presented with colonic ischemia,
- 23 presented with pain, and that was 75 percent of the
- 24 time. Colonic ischemia, to my understanding,
- 25 generally does not present with pain.

1 The next point that comes up is that there

- 2 were these five cases that were discovered by the
- 3 FDA, perhaps in dispute by Glaxo, of mesenteric
- 4 ischemia, which does present with pain and which in
- 5 itself for me is a real life-threatening condition,
- 6 and I am wondering if we can clear up the dichotomy
- 7 between those two. That would be Question No. 1.
- 8 DR. BRANDT: I think that I can answer
- 9 that for you. You are correct when you say that
- 10 patients with colonic ischemia have a pain that is
- 11 different from pain in patients with acute
- 12 mesenteric ischemia. I am not going to answer a
- 13 question that hasn't been asked yet, which speaks
- 14 to the difference between acute mesenteric ischemia
- 15 and colon ischemia, but I think it is crucial that
- 16 at some point in this discussion we do that.
- 17 To answer your question, patients with
- 18 colon ischemia frequently have abdominal pain in
- 19 their presentation, but it is usually a mild pain,
- 20 an inconsequential pain, and one that the patient
- 21 might even forget that he or she had it unless
- 22 prompted and reminded of it.
- The predominant symptom is almost always
- 24 rectal bleeding and bloody diarrhea. So, if you
- 25 have a patient who has what you believe to be colon

1 ischemia, and has severe abdominal pain, then, they

- 2 either have severe colon ischemia with transmural
- 3 disease and are close to perforating, who have
- 4 transmural gangrene, or they have colon ischemia
- 5 and acute mesenteric ischemia, or they have acute
- 6 mesenteric ischemia with GI bleeding, and maybe
- 7 they have elements of both, and perhaps you were a
- 8 little bit confused, or it is their underlying
- 9 background disease of abdominal pain.
- 10 But you are right, the presence of
- 11 significant pain should make one think
- 12 significantly about the accuracy of the diagnosis.
- DR. METZ: Thanks. The other point was in
- 14 terms of this titration issue and the efficacy at
- 15 the lower doses. I understand very few patients
- 16 have been treated 0.5 BID. Our of interest, I would
- 17 like to know if Glaxo has data on the 0.5 BID,
- 18 number of patients, and how well they responded,
- 19 female predominant group. It is probably a small
- 20 number.
- 21 In practice, I think what will happen is
- 22 this drug is really going to be used on an
- 23 as-needed basis. It will be used briefly and then
- 24 stopped, and depending on how the disease is going.
- 25 So, do you have any data on using this agent as it

1 may well be used clinically, which is more of a prn

- 2 use?
- 3 DR. CARTER: We don't have any data on the
- 4 prn use at all. As far as the data on the 0.5 mg
- 5 BID, I think we have shown you, and what you see in
- 6 your briefing document is the data that we have
- 7 there. We don't have any additional data in
- 8 diarrhea-predominant women.
- 9 DR. TRABER: I just thought I would
- 10 quickly follow up on the question that I said I
- 11 would get back to some data on. We have found some
- 12 of that.
- 13 If you could just show the first slide
- 14 there.
- 15 [Slide.]
- We have these cuts for a variety of data.
- 17 This happens to be the baseline consistency of the
- 18 stool. This is the most mild group in terms of
- 19 consistency, and there was no statistical
- 20 difference between the two groups in terms of
- 21 consistency in this mild group.
- 22 [Slide.]
- 23 However, if you get to the baseline
- 24 consistency where it was rated 4 to 5, there was a
- 25 highly significant response from week 2, all the

- 1 way through the 12 weeks.
- 2 So, we have these cuts of data showing
- 3 that the lowest level of symptoms didn't have
- 4 statistically significant responses.
- 5 DR. WOLFE: Dr. Gross.
- DR. GROSS: I am getting the sense that
- 7 there wasn't a significant effort to try to rule
- 8 out inflammatory bowel disease in these patients
- 9 with irritable bowel syndrome.
- 10 Were the patients that had perforation and
- 11 death, or other complications, screened at all for
- 12 Crohn's disease or ulcerative colitis?
- DR. CARTER: Although we did see some very
- 14 rare number of cases where the patient was
- 15 subsequently diagnosed with inflammatory bowel
- 16 disease that originally been on irritable bowel,
- 17 most of the patients, at least in the clinical
- 18 trials, on average, carried a diagnosis, a single
- 19 diagnosis of IBS for at least 10 years, so these
- 20 were chronic IBS patients, these were not typically
- 21 new IBS patients.
- 22 With respect to the postmarketing
- 23 surveillance data, we see somewhere in the region
- of 5 to 20 percent of off-label use, if you will,
- 25 and some of those will possibly be patients with

- 1 inflammatory bowel disease.
- 2 Do we have enough cases to be able to make
- 3 a statement with respect to a differential impact
- 4 on complications of constipation or ischemic
- 5 colitis in inflammatory bowel disease, the answer
- 6 is no.
- 7 DR. STROM: Three questions. The first is
- 8 we are seeing a pretty consistent pattern of on the
- 9 order of a 30 percent placebo response, perhaps a
- 10 50 percent response on the drug, very consistently
- 11 statistically significant, but very modest in
- 12 magnitude, and yet we are hearing very dramatic
- 13 response from individual patients that is clearly
- 14 very convincing.
- 15 Could we be having here a problem of law
- of averages, that your 30 to 50 percent is mixing
- 17 together some people who are having very large
- 18 effects and other people who are having no
- 19 response, and so the net effect is a modest
- 20 response only, but if you, instead of dichotomizing
- 21 of just response, non-response, you looked at
- 22 degree of response, you might have a bimodal
- 23 response, and might be able to pull out a small
- 24 subgroup of people who should use the drug, and, in
- 25 fact, will benefit dramatically from it?

DR. TRABER: I think this is a very good

- 2 point. I think the one consistent thing that we
- 3 have seen in all the trials is the fact that
- 4 multiple symptoms of IBS are affected by that 20
- 5 percent differential between the placebo response,
- 6 and therefore, the global effect in some of the
- 7 other quality of life effects are pretty
- 8 pronounced.
- 9 However, I am going to ask if we have
- 10 information about the spread of the data for the
- 11 responders. Dave, do you have any comments on
- 12 that?
- DR. McSORLEY: I think that we have shown
- 14 you, we have tried to retrospectively go back and
- 15 look at response in different severities of
- 16 subjects.
- DR. STROM: Let me try to be clear. I am
- 18 not asking now severity of how the patient started.
- 19 I am asking, rather than the response or not
- 20 response, which is what you average together, look
- 21 at the degree of response.
- 22 Was this small, average response that we
- 23 are seeing, in fact, everybody responded a little
- 24 bit, or a few people responded a lot, and most
- 25 people didn't respond at all?

DR. McSORLEY: Some of the analyses we

- 2 have done, in the urgency study we have tried to
- 3 look at that. I mean I think you still are asking
- 4 a question of separating out who is responding the
- 5 most. I think you have to be a severe patient, you
- 6 would have a greater response than those who would
- 7 not. If we could show slide N165.
- 8 [Slide.]
- 9 This was an analysis that we worked on
- 10 with the Agency at identifying patients who had
- 11 urgency control on less than 30 percent of days at
- 12 baseline, and then identifying responders who had
- 13 been satisfactorily controlled on at least 75
- 14 percent of days at months 1, 2, 3, and then overall
- months.
- So, what this does is it attempts to
- 17 identify those who would be making the larger
- 18 changes from an improvement rather than little
- 19 changes for people who are not that severe. This
- 20 was replicated pretty much in both of those urgency
- 21 studies.
- 22 If we could go to N166.
- 23 [Slide.]
- 24 Further restriction. Again, having less
- 25 than or equal to 30 percent of days with control at

- 1 baseline, to then having greater than 85 percent,
- 2 you see again there is a suggestion of a pretty
- 3 good difference in the proportion of patients who
- 4 actually moved quite far.
- 5 In addition, we did some of these analyses
- 6 at the request of the Agency to look at some of the
- 7 quality of life endpoints, again trying to identify
- 8 those who would show dramatic changes. If I could
- 9 show slide L14.
- 10 [Slide.]
- 11 We have a quality of life instrument, the
- 12 IBS Quality of Life questionnaire was done in five
- 13 placebo-controlled studies, and here, we looked at
- 14 some of the individual questions. This happens to
- 15 be four questions with respect to the social
- 16 activities score.
- 17 What we are showing here is the proportion
- 18 of patients who changed from rating themselves as
- 19 "severe" at baseline to having none or mild
- 20 symptoms at the end of 12 weeks. What this shows
- 21 is a pretty nice improvement from a more severe
- 22 state to a very much improved state.
- 23 If we can look at L15.
- 24 [Slide.]
- 25 These are activity function questions, and

- 1 we see a similar thing.
- 2 L16.
- 3 [Slide.]
- 4 These are two energy questions. I don't
- 5 know if that actually addresses your question
- 6 fully, but that is the extent at which we have
- 7 attempted to identify those patients who would be
- 8 making large improvements.
- 9 DR. STROM: This certainly begins to get
- 10 at it. I guess what I am trying to get a sense,
- 11 and I think I am hearing the answer to be yes,
- 12 although if I am hearing you right, I am not
- 13 totally sure, that there is a subgroup of people
- 14 who are responding a lot. We have heard that in
- 15 the testimony. We have seen that in these data.
- 16 Can you differentiate for us those who
- 17 were responding a lot from the rest of the people
- 18 who don't respond as much, if that is true?
- 19 DR. McSORLEY: We haven't actually done
- 20 that other side of the equation. What we focused
- 21 on, again in anticipation of some of these
- 22 questions, was to try to identify those subsets of
- 23 patients who were severe, who may derive the most
- 24 benefit.
- 25 The clinical trials program was halted

- l when the drug was withdrawn, so we couldn't
- 2 prospectively identify these kinds of subgroups.
- 3 We had to retrospectively go back, and all of our
- 4 focus has been on the more severe patients, and we
- 5 haven't actually done the complementary side
- 6 looking at the less severe other than to look at
- 7 the adequate relief endpoint with respect to those
- 8 patients who again have lower stool consistency,
- 9 meaning firmer stools, less stools, less urgency.
- 10 Those patients we know do not derive as much
- 11 benefit, in fact, there are at higher odds for a
- 12 lack of efficacious response.
- DR. STROM: I will try one more time just
- 14 to be clear. It is among people who start out
- 15 severe. I am not asking about the people who start
- 16 out mild. Among people who start out severe, there
- 17 is a subset of people who have a major response is
- 18 what you are saying.
- 19 I assume there is a complementary subset
- of people therefore who don't respond much.
- 21 Have you looked at retrospectively, not as
- 22 a prospective study, within your clinical trial
- 23 data, can you differentiate for us, of those people
- 24 who start out with severe disease, those people who
- 25 are going to have a large improvement versus those

1 people who are not going to respond at all, because

- 2 they are being mixed together in the efficacy data
- 3 we are seeing?
- DR. WOLFE: Dr. Hoberman from the FDA
- 5 wants to say something about this, too.
- DR. HOBERMAN: When I originally reviewed
- 7 the Lotronex NDA, I noticed an interesting pattern.
- 8 I think this will get to Dr. Strom's question.
- 9 If you look at the distribution of
- 10 response, it turns out that it is highly bimodal.
- 11 You respond to this drug or you don't respond to
- 12 this drug. If you break it out by the number of
- 13 months, consecutive months in which you respond,
- 14 there is a big spike in the beginning where you
- 15 don't respond at all, and there is a big spike for
- 16 people who respond for all three months.
- 17 In the middle, there is random garbage.
- 18 So, that is one reason why it was clear to me that
- 19 if you don't respond to this drug in the first
- 20 month, you are probably not going to respond. The
- 21 chances of responding for all three months, if you
- 22 do respond in the first month, it is about 85
- 23 percent.
- 24 Also, getting to this question of yes, we
- 25 have heard these dramatic responses from the people

- 1 who have come to testify. That doesn't surprise
- 2 me. I think it is a small percentage. One of the
- 3 things I think you have in your packet that I did
- 4 do was I looked at a very tough threshold for
- 5 response, that a person had to start with at least
- 6 70 percent of baseline urgency and had to fall to
- 7 some threshold for every single week of the 12
- 8 weeks.
- 9 So, those are the people I think we have
- 10 heard from. That happens in the order of 10 to 20
- 11 percent of the time, around 10 percent, so there
- 12 really is--it is an absolute 10 percent. I am not
- 13 talking about a treatment difference, but I think
- 14 that it may be fair to say that since this drug
- 15 works, that there is a small number of people who
- 16 are going to get dramatic effects from it.
- DR. STROM: That is exactly the group I am
- 18 looking for. Can you compare, did you do analyses
- 19 that would compare that 10 percent who would have
- 20 dramatic responses to the other 90 percent, so that
- 21 we can try to differentiate them, because if this
- 22 drug can be steered to the people who are going to
- 23 dramatically benefit from it, then, obviously, the
- 24 risk-benefit of the drug dramatically improves?
- DR. HOBERMAN: I am sorry to disappoint

- 1 you. I didn't get much further than the Company
- 2 did. My sense is that is going to be hard to tease
- 3 out. I took this data from the two urgency trials.
- 4 I am not sure the numbers are going to be there to
- 5 really make anything definitive, because I think I
- 6 agree with the Company that there isn't a whole lot
- 7 of data here to say that somebody is going to
- 8 respond, and somebody not respond, unless they have
- 9 formed stools or something like that when they take
- 10 the drug.
- 11 The last thing I might point out is--I
- 12 don't know whether the Company pointed out--but the
- 13 baseline urgency of the so-called urgency trials,
- 14 3011 and 30031, actually was quite a bit higher
- 15 than the original trials.
- 16 What at least I found, I don't know about
- 17 the Company, was that the actual responder rate was
- 18 higher in the so-called urgency trials with the
- 19 more severe baseline urgency, both in the drug
- 20 group and the placebo group, and I wasn't expecting
- 21 that.
- I don't know what to make of it, but there
- 23 is certainly an indication that more severe
- 24 patients in that general sense might get a little
- 25 more effect.

DR. CARTER: Dr. Wolfe, may I make just

- 2 one comment? We have talked a lot about the
- 3 therapeutic gains seen vis-a-vis individual
- 4 symptoms here, and there have been some comments
- 5 about that this gain is possibly modest in some
- 6 instances. I think we all need to remember that
- 7 IBS is a multi-dimensional syndrome, and what
- 8 really matters to the patients is not necessarily
- 9 whether any one or other symptom is improving.
- 10 So, when we asked the patients, using our
- 11 global improvement score to integrate the sum of
- 12 their symptoms, we actually saw therapeutic gains
- 13 in the order of 30-plus percent, and I would say
- 14 that that is not a modest effect if we benchmark it
- 15 across the therapeutic gains of other drugs.
- DR. WOLFE: I want to move the discussion
- 17 along, however, this is very valuable because the
- 18 more we clarify here, the less time it will be
- 19 necessary, then, to answer the questions later on.
- I want to make one comment about symptoms
- 21 in general as opposed to structural lesions. This
- 22 has nothing to do with IBS, but I think the best
- 23 example here is when we talk about reflux disease.
- 24 It is very easy to show healing of esophagitis, but
- 25 it is much more difficult to show an improvement in

- 1 pain symptoms.
- 2 So, when we talk about pain, there is a
- 3 lot of subjectivity involved, and an improvement is
- 4 an improvement, and I think we have to keep that in
- 5 mind.
- 6 DR. STROM: One comment there and then my
- 7 other two questions. When you study pain, though,
- 8 you usually have a bimodal population. You usually
- 9 have responders and non-responders. In order to
- 10 maximize the risk-benefit of the drug, we need to
- 11 identify those responders, so instead of being used
- 12 in the whole population who are at risk, identify
- 13 the responders.
- 14 Let me move to the second question. What
- 15 is clear is we don't have any information on risk
- 16 factors for ischemic colitis. In the population
- 17 that was treated with the drug, there are only 18
- 18 cases, you are not going to have enough power, it
- 19 is not a surprise.
- 20 How about risk factors for ischemic
- 21 colitis in general, because you would expect that
- 22 the people who are at higher risk for ischemic
- 23 colitis in the general population would also be at
- 24 even higher risk of ischemic colitis when placed on
- 25 this drug. Those would be logical people to

- 1 contraindicate use in.
- DR. BRANDT: There are many risk factors
- 3 that have been identified for colon ischemia
- 4 although in the vast majority of cases, even in the
- 5 older people, the classic population, you don't
- 6 find anything other than general atherosclerosis in
- 7 the population.
- 8 Having said that, the minority of people
- 9 are well accounted for by medications, of which
- 10 there are more than 80 that have done this, among
- 11 which are NSAIDs and sumatriptan, and estrogens, et
- 12 cetera, coagulation disturbances probably the most
- 13 common being factor V Leiden, parasitic disorders,
- 14 and a variety of other factors.
- DR. STROM: Last question. We have heard
- 16 a lot about the definition, Dr. Traber talked
- 17 about, formal definitions of irritable bowel
- 18 syndrome as a difficult thing to initially define,
- 19 and a lot has been developed out of this research.
- 20 Dr. Carter talked about formal definitions for the
- 21 outcomes and the detailed medical record review
- 22 needed to achieve that.
- Dr. Walker's data has been referred to a
- 24 number of times, suggesting a background rate of
- 25 serious complications in people who had a diagnosis

- 1 of irritable bowel syndrome.
- 2 Was that with or without access to medical
- 3 records, were those claims diagnoses only or was
- 4 that with medical records, and what level of
- 5 medical record review comparable to the clinical
- 6 trial review were you able to do?
- 7 DR. WALKER: The complications of
- 8 constipation that we reported was based on claims
- 9 data that were structured to be similar to those
- 10 used in the postmarketing definition, so it was
- 11 obstruction ileus without surgery, impaction, and
- 12 the like.
- When we reviewed the medical records, and
- 14 we have done that for 80 or so cases, what we are
- 15 finding is that there is actually very good
- 16 confirmation of that, but the attribution to
- 17 constipation is infrequent, maybe 30 percent with
- 18 your constipation attributable.
- 19 DR. DAY: I have a number of questions for
- 20 Dr. Wheadon concerning the risk management plan,
- 21 however, since so many of the questions this
- 22 afternoon are going to be devoted to that, I will
- 23 wait until the appropriate time, but I will be
- 24 interested in particular in comprehension of the
- 25 materials prepared, the Medication Guide, the

1 labeling, the physician-patient agreement letter,

- 2 and so forth, and how they are going to assess
- 3 comprehension by all of the parties involved, the
- 4 patients, the physicians, and the pharmacists. So,
- 5 I will wait until then.
- DR. WOLFE: Dr. Gardner.
- 7 DR. GARDNER: Dr. Strom has taken care of
- 8 two of my three questions, so I will ask the third.
- 9 For Dr. Walker, when you looked at the
- 10 United Healthcare databases, specifically, the
- 11 prescription database, out of which you gave us one
- 12 finding related to the characteristics of the
- 13 prescribers, did you get a feeling for the
- 14 continuation rate, the dispensing patterns there.
- 15 I am specifically interested because we have heard
- 16 repeatedly that in the months on market,
- 17 approximately half a million prescriptions were
- 18 written for approximately 275,000 people, and for
- 19 chronic medication, we are now somewhere under two
- 20 scripts a person in a period of time.
- 21 I wonder if the pattern or prn use is
- 22 evident in the prescription data at United
- 23 Healthcare. Can we get any enlightenment about
- 24 this?
- DR. WALKER: There were about 2 1/2

1 prescriptions per patient who received Lotronex

- 2 during the marketing time. The date of first
- 3 prescription, of course, extended right up until
- 4 the end, so that there wasn't an opportunity for
- 5 everybody to even have a repeat prescription.
- 6 DR. GARDNER: Sorry, I guess I mean for
- 7 those that started right out, and I assume it took
- 8 some time to get on the formulary and all those
- 9 caveats relating to finding a market, were you able
- 10 to identify whether, in fact, there is a subgroup
- 11 of people who are actually using this product
- 12 chronically and filling every 30 days?
- DR. WALKER: No, I only have the 2 1/2
- 14 over the average.
- DR. HOUN: FDA did some analysis on use.
- 16 Dr. Zili Li?
- DR. LI: Yes, we did some additional
- 18 analysis based on the HMO data. At this time, we
- 19 have not got final approval about source of data,
- 20 so I just let you know on the nature of the data.
- 21 Basically, we did analysis based on about 1 percent
- 22 of all the prescriptions in the United States, on
- 23 one HMO network.
- 24 Another one is from HMO network, which I
- 25 will say has 20,000 patients, women, used Lotronex

1 during nine-month period. So, it roughly covered

- 2 10 percent of the patients who have used Lotronex
- 3 in the United States.
- 4 So, what we did, what we received from HMO
- 5 is all the detailed prescriptions, prescription for
- 6 each members during the nine-month period. Then,
- 7 we applied the lifetime table analysis to try to
- 8 estimate, for the patient when they started with
- 9 the drug, how long they remained in the treatment.
- 10 The result, the bottom line we got is for
- 11 all the patients start from day one with Lotronex,
- 12 by the day 30, about 60 percent of patients would
- 13 drop from the prescription, so they would not
- 14 continue their prescription, they would not
- 15 continue their treatment anymore beyond 30 days.
- 16 Sixty percent dropped just on their own, whether
- 17 interaction with the physician, we don't know, for
- 18 whatever reason, but from the pharmacy data, they
- 19 do not renew this prescription beyond 30 days, 60
- 20 percent.
- 21 About 20 percent of patients, they used up
- 22 to three months, and roughly, about 10 percent used
- 23 the drug continuously if we just observe the
- 24 pattern of prescription, for six months, 10 percent
- 25 for six months.

1 Since the drug only in the nine months on

- 2 the market, and the patient beginning very small,
- 3 so roughly by the month 7 or 8, we got down to 6 or
- 4 8 percent of population remained on the treatment
- 5 by the seven or eight months, so we are thinking
- 6 that is the data you wanted.
- 7 DR. METZ: You say 60 percent of the
- 8 people stopped. That meant they didn't renew their
- 9 prescription.
- DR. LI: They do not renew it.
- DR. METZ: But that doesn't necessarily
- 12 mean they didn't like the drug, and they stopped it
- 13 because it didn't work, because this could just as
- 14 well mean that the person was using it prn, and
- 15 didn't get around to the next prescription because
- 16 they didn't need it anymore, they hadn't run out.
- 17 DR. LI: I think you ask a very good
- 18 question. I could not answer to you at this point
- 19 why, the reason patient stopped the prescription.
- 20 Maybe they think they are cured, but at the time, I
- 21 just let you know intention, our analysis of time
- 22 is we heard a lot of patients think they have great
- 23 benefit. We assume those people who demonstrate a
- 24 great benefit will be the patients who stay on the
- 25 drug for a long time. So, that is our objective at

1 that time, to try to identify those people, what

- 2 percent of people were likely to stay on the drug
- 3 for more than six months or longer, who were likely
- 4 to benefit from this drug.
- 5 DR. WOLFE: I think it is multifactorial.
- 6 Some didn't continue because it didn't work. We
- 7 know it doesn't work in everybody, and also some
- 8 take it prn, and some people just stop taking
- 9 medication. We know that.
- DR. LI: Thank you.
- DR. STROM: But it is interesting, it is
- 12 the same 10 percent figure we heard before of the
- 13 people who get dramatic responses.
- DR. CARTER: Can I just add one comment
- 15 here, and that is, that surrounding all of the
- 16 publicity in June, we started to see a fairly
- 17 dramatic drop in the prescription of alosetron, so
- 18 from the time of the publicity around the adcom in
- 19 June until it was withdrawn at the end of November,
- 20 we basically have a bell-shaped curve with peak at
- 21 just before that time.
- So, I think that the actual time that we
- 23 have, of length of time of treatment, it becomes
- 24 very limited as time goes by.
- DR. WOLFE: As I said, multifactorial.

1 DR. CAMPBELL: Perhaps I could ask for two

- 2 clarifications on the risk management program. I
- 3 believe in the background material, in the
- 4 evaluation of program effect, a comparator group
- 5 was identified to be used to compare effect of the
- 6 program with the actual users.
- 7 In the presentation, I didn't hear, nor
- 8 did I see in the materials, a comparator group
- 9 would be part of that evaluation. First, is that
- 10 group present or are there issues of privacy here
- 11 that I would like you to respond to?
- DR. WHEADON: There was mention of a
- 13 comparator group in terms of the study focusing on
- 14 occurrence of events of special interest where you
- 15 look at patients that were prescribed Lotronex.
- 16 You would also look at patients with IBS who had
- 17 not been prescribed Lotronex.
- 18 Now, there will be some issues in terms of
- 19 trying to have exact similarities in terms of that
- 20 cohort, but there will be an attempt as best one
- 21 can to look at issues around the occurrence of the
- 22 events of special interest.
- DR. CAMPBELL: And do you believe you will
- 24 be able to get the information from the IBS
- 25 patients who are not part of the risk management

- 1 program, they will not have signed--
- DR. WHEADON: Well, again, this is a
- 3 standard research paradigm in the United Healthcare
- 4 database with the ability to collect information in
- 5 an appropriate manner in respect to patient
- 6 privacy, but I will let Dr. Allen Walker add more
- 7 specifics around that.
- 8 DR. WALKER: The matching would be done in
- 9 terms of health care utilization patterns. The use
- 10 of claims data, which is clearly deeply encrypted
- 11 when we use it, would fit under expedited review in
- 12 the usual epidemiologic application, so I don't
- 13 anticipate a problem.
- DR. CAMPBELL: Second question. The
- 15 proposed relabeling carries a statement "not proven
- 16 effective in men." Is it your intent that that
- 17 would disqualify men from participation in the risk
- 18 management program by the sponsor, or does it mean
- 19 that the prescribing physician could include the
- 20 physician, but do that by taking increased
- 21 liability?
- DR. WHEADON: Recall that the risk
- 23 management program is intended to assess the use of
- 24 the drug in the real world. So, as such, while the
- 25 indication clearly is earmarked for women with

1 diarrhea-predominant IBS that haven't responded to

- 2 conventional therapy, if an individual physician
- 3 chooses to prescribe the drug to a male patient
- 4 with IBS, that would be a component in looking at
- 5 patient demographics of those patients that
- 6 received the drug, that would be assessed under the
- 7 auspices of the risk management plan.
- 8 DR. CRAWFORD: My questions also deal with
- 9 the proposed risk management plans if the product
- 10 were to be reintroduced. I have one for Dr.
- 11 Piazza-Hepp and three for Dr. Wheadon or any
- 12 representative of the sponsor.
- 13 For the FDA, several times during the
- 14 presentation of the proposed aspects of different
- 15 programs, you were talking about pharmacist
- 16 registration or pharmacy registration. I would
- 17 like to get it clarified which one is the intent
- 18 for our consideration for today's advice.
- 19 For the sponsor, I would like
- 20 clarifications, please, about patient supply. It
- 21 was clear that in the proposed risk management
- 22 plan, you propose a 30-day supply for the first
- 23 month, and also it was clear that there would be a
- 24 new prescription required after that, but what is
- 25 to keep the prescriber, if anything, from writing

1 for a 90-day supply or a 6-month supply? Are there

- 2 any proposed days supplies limitations?
- 3 The second question, I would like to hear
- 4 a little bit more about these stickers. It appears
- 5 that the physician can make an attestation
- 6 statement about knowledge and experience, and if I
- 7 am interpreting it correctly, at that point, any
- 8 willing physician could get the stickers through an
- 9 800 number of the sales representatives.
- 10 Is that correct, and if so, what is the
- 11 purpose of it?
- 12 DR. WOLFE: We will discuss that question.
- DR. CRAWFORD: We will discuss that
- 14 question? Thank you.
- 15 Lastly, just a few more remarks, please,
- 16 about explicitly, does the proposed risk management
- 17 plan have anything to do with hospitalized or
- 18 institutionalized patients? I did hear the
- 19 statement that gastroenterologist in the hospital
- 20 could write it without a sticker, but will the
- 21 proposed plan have explicit language about the role
- 22 of the prescriber, the patient, and the pharmacist
- 23 for institutionalized patients?
- DR. PIAZZA-HEPP: I believe the first
- 25 question was addressed to me, and that was, yes,

1 were you saying registered pharmacists, individual

- 2 pharmacists, or pharmacies? Just based on the
- 3 plans that are in effect and do that, it is usually
- 4 the pharmacies, either a retail pharmacy or some
- 5 plans actually use a central pharmacy that is
- 6 registered, and it is limited to that central
- 7 pharmacy, also some institutions, the pharmacies
- 8 are registered, and they get training and
- 9 education. Individual pharmacists, that has not
- 10 happened to my knowledge.
- DR. WHEADON: To answer the two that I am
- 12 allowed to answer right now, focusing initially on
- 13 the issue of subsequent prescriptions beyond the
- 14 first 30-day initiation period, the intent is that
- 15 the desire would be for, as I indicated, active
- 16 physician follow-up. However, after the first 30
- 17 days, we are not mandating, in terms of the risk
- 18 management plan, specifically, that prescription
- 19 can be limited only to 30 days after the initial
- 20 treatment period.
- 21 However, the way we are proposing for the
- 22 drug to be packaged, in terms of unit of dose sort
- 23 of packaging, the easiest way of dispensing the
- 24 drug and the easiest way for the patient to receive
- 25 the drug, would be in a 30-day framework, but there

- 1 is nothing that would prevent a physician from
- 2 deciding to prescribe for longer than 30 days after
- 3 that initiation period.
- 4 In terms of hospitalized patients, the
- 5 risk management plan does not specifically address
- 6 patients that are hospitalized beyond the standard
- 7 requirements of the appropriate patients, the
- 8 agreement form which would be extant, as well, for
- 9 hospitalized patients, but we haven't addressed
- 10 specifically how a hospital pharmacy beyond a
- 11 physician indicating appropriately that the right
- 12 patient was being prescribed the drug, would adhere
- 13 to the risk management plan. We were focusing more
- 14 on outpatient use.
- DR. COHEN: A quick question regarding
- 16 also the risk management plan. There is a growing
- 17 trend to use computerized prescribing and recently
- 18 with that Accutane Smart program, we learned that
- 19 the military, the Department of Veterans Affairs,
- 20 and some other sites, as well, use a system for
- 21 computerized prescribing that actually communicates
- 22 directly with the pharmacy systems.
- So, is thought being given to use that as
- 24 an alternative to the sticker program? I am not
- 25 sure whether that has been discussed or not.

1 The second thing is with regards to the

- 2 pharmacy-based postmarketing study that was being
- 3 done with Eckerd and the Slone Epidemiology Unit,
- 4 was there a thought given to expanding it beyond
- 5 that one pharmacy chain? Was there thought, for
- 6 example, involving independent pharmacists and
- 7 survey process of some type?
- 8 DR. WHEADON: Starting with the first
- 9 question, we had not intended to include the
- 10 computer-generated prescription for the allowance
- 11 of dispensing of the drug. The intent was, at least
- 12 in the initiation of the program, was to do the
- 13 paper-dependent process with the sticker applied to
- 14 the prescription. You might want to discuss that
- 15 further when we go into dealing with the questions.
- The second question concerning the Slone
- 17 Epidemiology Unit and the participation of Eckerd's
- 18 retail pharmacies, my understanding is--and Dr.
- 19 Louik, who is here from the Slone Unit, can add
- 20 beyond this--but we wanted to start with a
- 21 free-standing chain and sort of, if you will, test
- 22 the process of the evaluation of the program with
- 23 Eckerd, and this procedure is already set up with
- 24 Eckerd, however, I don't know that there is any
- 25 reason it can't be expanded beyond the Eckerd chain

- 1 if numbers indicate we need to do that.
- 2 Dr. Louik, would you like to respond
- 3 beyond that?
- 4 DR. LOUIK: Yes, I would just like to add
- 5 one comment with regard to the independent
- 6 pharmacists. I think it is important to emphasize
- 7 that this is a pharmacy chain and a centralized
- 8 database that will be defining the patient
- 9 population, and it doesn't depend on any action on
- 10 the part of an individual pharmacist. I think that
- 11 is an advantage of the program, as well as the fact
- 12 that we will have information on both respondents
- 13 and non-respondents to the program because of the
- 14 way of identifying Lotronex prescriptions rather
- 15 than using a pharmacist.
- MR. LEVIN: In your briefing material, you
- 17 indicate that you have "no plans" for drug sampling
- 18 or direct consumer advertising, and I was wondering
- 19 whether you consider that part of a risk management
- 20 program, that is, you were sort of saying you are
- 21 not going to do that, and what are your plans as
- 22 regards IBS infomercial kind of advertising,
- 23 non-brand specific, but trying to sort of raise
- 24 awareness of the disease?
- DR. WHEADON: I think as I think Dr. Houn

1 and Dr. Piazza-Hepp both referred to, the issues of

- 2 restricted access under Subpart H, as defined in
- 3 the Code of Federal Regulations, and as such, such
- 4 direct-to-consumer advertising would be not
- 5 allowed, if I recall the restrictions of Subpart H,
- 6 under those restrictions.
- 7 DR. HOUN: Subpart H just requires
- 8 pre-approval, and it does not disallow DTC. I
- 9 think, though, that at this time, nobody is
- 10 proposing DTC.
- 11 DR. WHEADON: Absolutely. The Company is
- 12 not proposing DTC. In terms of infomercials, if
- 13 your indication or your question is concerning
- 14 provisions of information around IBS, as we have
- 15 indicated, there would be a web site that would
- 16 provide information on irritable bowel syndrome,
- 17 that would provide information on the appropriate
- 18 use of Lotronex for physicians, but obviously, in
- 19 terms of how web sites are maintained, there could
- 20 potentially be patient access to that, as well.
- 21 The intention really is to provide the information
- 22 concerning safe use of the product as contained in
- 23 the Medication Guide and in the modified proposed
- 24 labeling.
- DR. KRIST: I will ask a pretty quick

- 1 question here, and I apologize for stepping back,
- 2 but it is dealing with the postmarketing data. One
- 3 of the first things we are going to be talking
- 4 about is are there certain patients that might have
- 5 a greater benefit-to-risk ratio.
- 6 One of the things we have been talking
- 7 about was limiting this to more severely affected
- 8 patients, and that in the randomized, controlled
- 9 trials, there are not necessarily any subgroups
- 10 with higher risks.
- 11 One of the things that I am interested in
- 12 is that often when medications are extended to the
- 13 real world setting, the more severely affected
- 14 patients might be at a higher risk because they
- 15 might be more likely to have other comorbidities,
- 16 and they might be on other additional medications,
- 17 or since IBS is more of a diagnosis of exclusion,
- 18 there might be the risk of a more severely or a
- 19 patient with more severe symptoms having some other
- 20 underlying pathology.
- 21 So, what I am interested in is in the
- 22 postmarketing data, is there anything to suggest
- 23 that there were more complications in patients who
- 24 had more severe symptoms.
- DR. CARTER: Obviously, again, we have to

1 qualify the postmarketing data as being incomplete

- 2 very often and devoid of information at other
- 3 times, so it is difficult to draw firm conclusions,
- 4 but we certainly saw, in looking at individual
- 5 cases, that patients that, indeed, had
- 6 comorbidities or were on other medications that
- 7 might impact, for instance, colon motility, were at
- 8 higher risk of developing complications. I mean
- 9 this is a qualitative analysis here, not a
- 10 quantitative analysis.
- DR. WOLFE: Ms. Mackey.
- MS. MACKEY: Yes, we had no information to
- 13 suggest that based on postmarketing reports.
- DR. GOLDSTEIN: I would like to come at
- 15 this from a different direction. Earlier today, we
- 16 heard the FDA state, someone, and I quote, "There
- 17 is a real possibility of misdiagnosis of IBS when
- 18 it was really IBD."
- 19 We know that there are 15 million
- 20 sufferers of IBS, many of them who reside in rural
- 21 areas, and at the conclusion of his summary, Dr.
- 22 Raczkowski said, "We must avoid adverse events by
- 23 enhancing chances of a correct diagnosis, " all of
- 24 which leads me to ask the sponsor whether, in fact,
- 25 they have any plans for materials to make the

- 1 distinction between IBS and IBD, and/or to
- 2 recommend any diagnostic procedures that would
- 3 exclude one.
- In concluding, I would point out Ms.
- 5 Norton's rather eloquent plea for the importance of
- 6 an accurate diagnosis.
- 7 DR. WOLFE: We are going to actually
- 8 discuss this indirectly, because this deals with
- 9 one of the questions regarding who should be the
- 10 principal persons involved with prescribing this
- 11 drug, and should it be limited. That is going to
- 12 be the question discussed because among
- 13 gastroenterologists, we don't generally confuse IBS
- 14 with IBD.
- DR. SULLIVAN: I have a couple of quick
- 16 questions. I noticed in the briefing package that
- 17 this is a high clearance drug with a lot of
- 18 metabolites, and it was unclear to me whether these
- 19 metabolites have been characterized, whether they
- 20 are active.
- 21 Specifically, why I ask the question is,
- 22 has the sponsor looked to see whether there is any
- 23 inference on coagulation or anything like that with
- 24 the major metabolites.
- DR. KOCH: Kevin Koch, GlaxoSmithKline,

- 1 Clinical Pharmacology.
- Yes, we have. The major metabolite that
- 3 we see, that has activity is 6-hydroxy. It is
- 4 about equipotent with the parent drug in terms of
- 5 5HT3 binding activity, but we only see about 1
- 6 percent.
- 7 DR. SULLIVAN: What is its duration of
- 8 action?
- 9 DR. KOCH: I don't know, we haven't
- 10 measured that. This is in vitro receptor binding
- 11 activity for potency. In the serum, we see only 1
- 12 percent relative to parent of that metabolite, so
- 13 it is probably not contributing very much in terms
- 14 of actual activity in vivo.
- 15 Your second question?
- DR. SULLIVAN: Whether the metabolites--
- 17 DR. KOCH: Coagulate?
- DR. SULLIVAN: If it not important, then
- 19 it probably doesn't matter. I had some follow-up
- 20 questions, particularly with respect to the
- 21 drug-response relationship or I think it is
- 22 probably fair to say that the sponsor hasn't done a
- 23 stellar job in clearly figuring out what the
- 24 minimal efficacious dose is.
- I am interested to know whether the

1 sponsor has ongoing or plans to look more carefully

- 2 at the PK-PD relationship. Most small molecules,
- 3 there is a very good relationship between
- 4 concentration and response. For example, one would
- 5 wonder whether the sponsor would ask patients with
- 6 IBS to take the drug one hour before a meal because
- 7 Tmax is about an hour.
- 8 You would expect the maximum
- 9 pharmacodynamic response to possibly coincide with
- 10 Tmax. Have you looked at AUC? Have you looked at
- 11 trough levels? Have you characterized this
- 12 relationship? I would opine that, had this been
- done early on in the program, possibly we wouldn't
- 14 be in the pickle we are now with having gone to
- 15 market with probably too high a dose.
- I should also, perhaps, ask Dr. Wheadon to
- 17 clarify. He said, on his risk-management plan,
- 18 half the dose. I believe it is the same dose but
- 19 it is half the exposure. It is the same dose but
- 20 given less frequently. Once a day was the
- 21 proposal.
- DR. KOCH: Just to address your first
- 23 question on pharmacodynamics. We would have loved
- 24 to have done that kind of analyses, but we are
- 25 still searching for a good pharmacodynamic

1 surrogate. As you saw, the effect measures are

- 2 symptomatic. We don't really have a good dynamic
- 3 measure.
- 4 DR. SULLIVAN: I think you have published
- 5 data on visceral pain. There is, at least in the
- 6 package insert, one study at the dose of 4
- 7 milligrams looking at salt and water retention.
- 8 These are not easy studies to do, but I think they
- 9 are doable.
- 10 DR. TRABER: Maybe I could just comment
- 11 and answer. First of all, you asked if there were
- 12 ongoing studies. All studies were stopped at the
- 13 time of withdrawal and clinical trials were orderly
- 14 shut down. So there are no ongoing clinical
- 15 trials.
- The other thing is that the physiological
- 17 measurements, either balloon distention, colonic
- 18 motility, other pain sensation and those types of
- 19 things, there is not, as yet, a good correlation
- 20 between those and the symptoms for patients with
- 21 IBS.
- 22 Indeed, should this come back to market in
- 23 a restricted-access format, and should we continue
- 24 to do clinical trials with this compound, we would
- 25 look at those PK/PD relationships.

DR. WOLFE: Could I follow up on that

- 2 question? How is the drug metabolized? I forget.
- 3 By which route?
- 4 DR. KOCH: There are several P450 enzymes
- 5 involved, 2C9, 1A2, 3A4.
- 6 DR. WOLFE: Not 19? That is not involved?
- 7 DR. KOCH: Not 19; no. Or 2D6.
- 8 DR. SULLIVAN: I think I would agree with
- 9 the sponsor that there are not likely to be any
- 10 interactions based on the P450.
- 11 DR. WOLFE: The question I was getting at
- 12 was 19. There are a lot of differences with
- 13 different ethnic populations. If we have got a
- 14 metabolism but it is not 19, we are not going to
- 15 see much of a difference, at least that we know of
- 16 yet. But we may see that in the future.
- 17 Ms. Blackman, do you have any questions?
- 18 MS. BLACKMAN: I do have one question. It
- 19 was indicated by GlaxoSmithKline and seemed to be
- 20 disputed by the FDA that most of the risk involved
- 21 in taking Lotronex was within the first month and
- 22 that we don't have data after six months. However,
- 23 there was a slide shown that, for 48 weeks, there
- 24 was efficacy. So what happened to those patients?
- 25 Were there surgeries, hospitalizations, deaths, for

1 those folks who were on for the long-term safety

- 2 and efficacy studies?
- 3 DR. CARTER: Yes. Of course, the number
- 4 of patients that extended beyond six months was
- 5 relatively small. But we saw, for instance, one of
- 6 the ischemic colitis in the placebo patient was in
- 7 the second six-month period. But there was no--we
- 8 couldn't tell whether or not there was any
- 9 differential, if you like, between the two time
- 10 points in terms of the events of special interest.
- 11 MS. BLACKMAN: What was the sample size
- 12 for the people who went 48 weeks?
- DR. CARTER: The sample size, I believe,
- 14 was 600, thereabouts.
- MS. BLACKMAN: I also wonder--I mean,
- 16 there have been several comments about patients who
- 17 take NSAIDS, who take other drugs that have serious
- 18 side effects. Has the FDA done any sort of
- 19 analysis on how they are comparing this drug, this
- 20 disorder, compared to other non-life-threatening
- 21 disorders such as sexual dysfunction and things
- 22 like that that have had deaths and serious side
- 23 effects associated with medications that have been
- 24 approved?
- DR. HOUN: Yes. Every drug that is

- 1 approved gets adverse events and we look at them
- 2 the way we have looked at Lotronex. There are
- 3 medical officers assigned from the Review Division
- 4 and Drug Safety Division. There are team meetings
- 5 over these adverse events.
- 6 More recently, over the last five years,
- 7 drug adverse events are being discussed publicly.
- 8 Resolin was discussed publicly. PPA was discussed
- 9 publicly. Thalidomide was discussed publicly.
- 10 Every drug, when we ask for a vote on should it be
- 11 approved or not, we talk about safety data.
- 12 So, in terms of all drugs, the look at
- 13 safety is uniform in the sense that this is
- 14 something we care about. We look at efficacy. We
- 15 look at that very carefully, too. But, again, a
- 16 lot of situations we are put in is that we are
- 17 looking at apples and oranges. Is ischemic colitis
- 18 and then adequate relief of IBS symptoms--how do
- 19 you measure them? That is where we need advice
- 20 from all stakeholders. That is why you are here
- 21 today.
- DR. WOLFE: We will now move on to the
- 23 questions for us. Dr. Raczkowski will now
- 24 introduce the questions and then we will answer
- 25 them, as best we can.

1 Introduction to Questions and Charge 2 to the Committee 3 DR. RACZKOWSKI: This afternoon we have eight questions for the advisory committee's discussion. What I will do, then, is read them into the record. 7 [Slide.] 8 No. 1; Can a patient population with 9 diarrhea-predominant irritable bowel syndrome be 10 described for which the benefits of Lotronex 11 outweigh the risks and, if not, why not? If so, 12 describe the population in terms of the following 13 characteristics: severity of symptoms, degree of 14 disability, chronicity of IBS, failure of conventional IBS therapies and any other important 15 16 characteristics. 17 [Slide.] 18 No, 2; At this time, should Lotronex be a) 19 available to patients with diarrhea-predominant IBS 20 without marketing restrictions, b) available to IBS 21 patients with appropriate marketing restrictions, to be defined, or c) withheld from the market. 22 23 Explain. 24 [Slide.]

No. 3; If Lotronex is marketed, should the

1 ability to prescribe Lotronex be limited to certain

- 2 types of physicians. If so, describe the
- 3 physicians in terms of the following
- 4 qualifications: knowledge, experience, specialty
- 5 and any other important characteristics.
- 6 [Slide.]
- 7 Question 4 regard patients. 4a;
- 8 GlaxoSmithKline proposes to restrict use of
- 9 Lotronex to patients who sign a Patient-Physician
- 10 agreement. This agreement is then filed in the
- 11 patient's medical record. Is this adequate to
- 12 insure that only patients with the most favorably
- 13 benefit-risk balance receive Lotronex? Is auditing
- of this agreement needed?
- b; GlaxoSmithKline proposes a utilization
- 16 study of United Healthcare Research Database as a
- 17 mechanism to audit whether appropriate patients are
- 18 being prescribed Lotronex. Is this auditing
- 19 mechanism adequate to achieve this goal? If not,
- 20 describe an adequate auditing mechanism.
- 21 [Slide.]
- c; GlaxoSmithKline proposes a
- 23 pharmacy-based study using the Slone epidemiology
- 24 unit and Eckerd Corporation to audit patients'
- 25 knowledge and awareness of the risks and benefits

1 of Lotronex. Is this auditing mechanism adequate

- 2 to achieve this goal? If not, describe an adequate
- 3 auditing mechanism. Define adequate performance on
- 4 either GlaxoSmithKline's or another knowledge
- 5 audit.
- d; Should patient enrollment, for example,
- 7 registration, be part of the risk-management plan?
- 8 [Slide.]
- 9 5; Regarding physicians. GlaxoSmithKline
- 10 proposes a plan in which physicians call a 1-800
- 11 number to receive a self-attestation kit, including
- 12 stickers. The physicians self-attest to their
- 13 qualifications by signing the "Section for the
- 14 Physician on the Patient-Physician Agreement."
- 15 This agreement is then filed in the patient's
- 16 medical record. Is the sponsor's proposal adequate
- 17 to allow for evaluation of physician adherence to
- 18 the program; for example, the extent of Lotronex
- 19 prescribing outside of the program. If not,
- 20 describe an adequate auditing mechanism.
- 21 [Slide.]
- b; Define an adequate level of adherence
- 23 to the program by physicians. c; Should physician
- 24 enrollment--for example, registration--be part of
- 25 the risk-management plan?

- 1 [Slide.]
- 2 6; Regarding pharmacists. GlaxoSmithKline
- 3 proposes the pharmacists accept only written
- 4 prescriptions with an attached sticker. The goal
- 5 is to verify in real time the patients being
- 6 dispensed Lotronex are under the care of enrolled
- 7 physicians. Also, pharmacists will provide
- 8 medication guides to patients whenever Lotronex
- 9 prescriptions are filled or refilled. The goal is
- 10 to provide patients with written information about
- 11 the safe and effective use of Lotronex.
- 12 a; Are the sponsor's proposals to meet
- 13 each of these goals adequate? If not, describe
- 14 adequate mechanisms.
- b; Should pharmacists' adherence to the
- 16 program be audited? If so, how?
- 17 [Slide.]
- 7; Regarding safety outcomes. a; Should
- 19 clinical outcomes--for example, ischemic colitis,
- 20 severe constipation and death--be used to assess
- 21 the success of the risk-management program? For
- 22 example, should the rates and/or degree of severity
- 23 of ischemic colitis and constipation be monitored
- 24 with the specific goal of evaluating the
- 25 effectiveness of the program?

b; If so, specify the adverse events that

- 2 should be assessed and when the assessments should
- 3 be made. Describe acceptable rates for these
- 4 adverse events and/or acceptable degrees of
- 5 severity.
- 6 8; Please provide any additional comments
- 7 that you may have about a Lotronex risk-management
- 8 program; for example, suggestions for additional
- 9 studies.
- 10 Thank you very much.
- DR. WOLFE: Thank you, Dr. Raczkowski.
- 12 Discussion of Questions
- DR. WOLFE: Before we get started, I want
- 14 to point out to the panelists that we have a little
- 15 less than two hours to accomplish what normally
- 16 takes four hours. So, we are going to do it in the
- 17 following way. We are going to go around the table
- 18 for these questions. We are going to start right
- 19 in order because, clearly, the first two questions
- 20 are seminal because if we advise not to go on,
- 21 there is probably very little reason to go on any
- 22 further.
- 23 So we need to concentrate on the first two
- 24 questions initially and then we will move on. I am
- 25 also going to have an additional question to pose.

I can't say this to the public, but I can

- 2 say it to you. If you make your comment, and it is
- 3 your turn, and we will go in different orders, and
- 4 somebody has already made your comment, don't
- 5 repeat it. Just say, "I agree with Dr. Smith, Dr.
- 6 Jones, "whoever you agree with. And that's good
- 7 enough.
- 8 You also have the right later on to
- 9 realize, "You know something? Maybe I don't agree
- 10 with what I said initially. Maybe I changed my
- 11 mind." You will have time to change your mind
- 12 because we are going to vote after we have the
- 13 discussion on each question. So is that clear to
- 14 everybody? So, again, please try to be succinct.
- 15 We have less than two hours to discuss what takes
- 16 four hours.
- 17 So we will start with question No. 1. I
- 18 will repeat it again to you. Basically, what we
- 19 are looking for, is there a patient population for
- 20 which the benefits of Lotronex outweigh the risks.
- 21 If not, why not? If so, describe the population in
- 22 terms of the following characteristics; severity,
- 23 degree of disability, chronicity, failure of
- 24 conventional therapies and any other important
- 25 characteristics.

1 We will start this time, since you went

- 2 last, we will start with Ms. Blackman.
- 3 MS. BLACKMAN: I think a patient
- 4 population can be defined. I think from the
- 5 studies we have seen, it is a little difficult
- 6 because they weren't stratified necessarily. But
- 7 there are measures for severity. I think urgency
- 8 and stool consistency and pain are the more severe
- 9 characteristics that should be looked at for a
- 10 patient population.
- DR. SULLIVAN: I would certainly agree. I
- 12 think that it is abundantly clear, at least from
- 13 the patient representatives, that people that have
- 14 diarrhea-dependent urgency, the pain is,
- 15 perhaps--if it is associated with that, then,
- 16 clearly, it is helpful. Pain, I think, is
- 17 questionable from another point of view.
- But I think, overall, the benefits far
- 19 outweigh the risks for this population.
- DR. GOLDSTEIN: I agree with my two
- 21 colleagues with no reservations at present.
- DR. KRIST: I think--you know, one of the
- 23 things we have been talking about when trying to
- 24 identify groups that are at greater benefit is that
- 25 the randomized controlled trials don't show very

1 many specific characteristics. I think the ones we

- 2 pointed out are diarrhea and at least two episodes
- 3 of urgency per day, and then trying to think about
- 4 which groups might have lower risks.
- 5 Once again looking at the severe adverse
- 6 events, there are not specific subgroups at greater
- 7 risk. But I do think you can--certainly
- 8 restricting it more to patients have failed the
- 9 conventional therapy will lower exposure to
- 10 potential risks and that way decrease the gross
- 11 number of adverse events.
- DR. LEVIN: I guess I have heard nothing
- 13 yet that gives me comfort that we can identify that
- 14 subset of patients clearly enough to make the
- 15 statement that the benefit would outweigh the risk.
- 16 But I am willing to be educated as we go around the
- 17 room.
- DR. COHEN: I would go along with previous
- 19 colleagues other than Dr. Levin. I agree.
- DR. CRAWFORD: I also concur with the
- 21 previous comments. The only thing I would like to
- 22 have added to this is to specify is are we talking
- 23 about females only or males and females?
- DR. WOLFE: Why don't you tell us?
- DR. CRAWFORD: Certainly the data that

- were presented were for females. But I was
- 2 certainly also swayed by many of the patient
- 3 representative comments. I defer to those with
- 4 more clinical expertise.
- 5 DR. WOLFE: Remember, one of the questions
- 6 at the end is are there further studies that you
- 7 would recommend.
- 8 DR. CRAWFORD: Thank you. Then I would
- 9 like to recommend more studies. Thank you.
- 10 DR. CAMPBELL: I, too, agree. It is
- 11 possible to identify a patient population, if only,
- 12 we, in fact, have done that--if, in fact, only
- 13 through an IND mechanism. But there is a way to
- 14 define that population. The challenge is how and
- 15 my only comment is a very high threshold needs to
- 16 be established.
- DR. GARDNER: I agree with the comments so
- 18 far. The one thing that we haven't discussed and
- 19 maybe we need more data about, the comment was made
- 20 that the people in the clinical trials all have
- 21 long-term established disease and that helped to
- 22 distinguish that, perhaps, from people who, in Dr.
- 23 Walker's studies, had colonic ischemia within three
- 24 weeks, or three months, of a diagnosis, something
- 25 like that.

So, perhaps, rather than severity, maybe

- 2 we could look at the possibility of some measure of
- 3 chronicity or long-term duration of disease to help
- 4 us understand this because that might also, then,
- 5 carry with it the likelihood, perhaps, of having
- 6 failed on other therapies or at least not getting
- 7 adequate coverage on other therapies as well as
- 8 having ruled out other things earlier on.
- 9 DR. WOLFE: By the way, it is called
- 10 proper diagnosis.
- DR. GARDNER: Yes; it may be called
- 12 proper diagnosis which is a topic for later on, I
- 13 assume.
- DR. WOLFE: Dr. Day?
- DR. DAY: I agree that a group of people
- 16 can be identified who would benefit from this drug.
- 17 I think very careful explication of what
- 18 constitutes mild, moderate and severe situations
- 19 needs to be made, perhaps even in the labeling
- 20 because, depending upon what we say about who can
- 21 prescribe such a drug, if it is reintroduced, if
- 22 there are physicians out there who take patient
- 23 complaints and so on, how are they going to
- 24 interpret what is mild and what is severe.
- We had some cutoffs today that indicated

- 1 that only 5 percent of people with this complaint
- 2 are in the severe category. I am not sure that all
- 3 of our patient representatives would agree that
- 4 there are only 5 percent of people with this
- 5 complaint who should be so treated. So I would
- 6 like to make sure that the communication is
- 7 adequate and clear and forceful about what
- 8 constitutes these categories of severity.
- 9 DR. STROM: I also agree. I would add
- 10 three substantial restrictions in terms of defining
- 11 the group I think is at sufficiently high benefit
- 12 to be worth the risk. I do not think the
- 13 risk-benefit is warranted for the up to 20 percent
- 14 of the population that we have heard has IBS. I
- 15 think one definition would be severity and I would
- 16 be much more comfortable with a 5 percent
- 17 severe--the top 5 percent than the large numbers,
- 18 given the whole population is at risk.
- 19 Second, I would want excluded from the
- 20 population people who we know, a priori, are at
- 21 high risk of ischemic colitis based on other data.
- 22 So I would want to see formal risk-factor studies
- 23 of ischemic colitis and a predictive model for who
- 24 is at high risk of ischemic colitis, and the
- 25 people who have those risk factors should be

- 1 contraindicated.
- 2 The third is I would like to see a formal
- 3 predictive model to get at this 10 percent that we
- 4 have now heard twice seem to be responders. Both
- 5 within the clinical-trial data and within the HMO
- 6 data, we have heard the same thing and both of
- 7 those are rich data sources that could be used to
- 8 get us predictive models to try to say, so instead
- 9 of saying there is 20 percent of the population
- 10 using it, or 15 million people, you take the 5
- 11 percent who are severe, you take the 10 percent of
- 12 those who are likely to be responders, and we are
- 13 talking now about 0.5 percent who would be exposed
- 14 to the risk, and, in the process, making it
- 15 available to virtually everybody, hopefully, who
- 16 really would benefit from it.
- 17 DR. GROSS: I think definitions are the
- 18 problem we keep bumping up against here. I can't
- 19 define what is severe. I think I have to leave
- 20 that up to our gastroenterology colleagues, but I
- 21 would feel more comfortable if I had a chance to
- 22 review those definitions once they are determined.
- 23 I haven't heard the definitions yet.
- I think we also need to add some criteria
- 25 for what is irritable bowel syndrome and some

1 determination, if we are going to treat the people

- 2 with this drug, do we need to do screening
- 3 procedures such as colonoscopy. Certainly, a
- 4 flex-sig is clearly not enough. And do we also
- 5 want to work them up for clotting disorders.
- 6 DR. HOUN: Could you answer that?
- 7 DR. WOLFE: Could we answer that?
- 8 DR. HOUN: As part of severity, Dr. Gross
- 9 is saying--he is asking about should there be,
- 10 should there be.
- DR. WOLFE: I am going to say something.
- 12 I will get to that.
- DR. HOUN: I am wondering if he has his
- 14 opinion.
- DR. GROSS: I can't define severity. I am
- 16 not a gastroenterologist. I would like to see what
- 17 definitions they come up with before I would say
- 18 yes.
- 19 DR. WOLFE: I must be getting old because
- 20 I go back to history sometimes. But, on Day 1 of
- 21 medical school, we learned, in pharmacology, that
- 22 all drugs have an LD50 which varies from drug to
- 23 drug. Actually I forget who mentioned this before,
- 24 but someone mentioned this before, we use drugs
- 25 every day that have a significant risk, not only

- 1 for conditions.
- I will give you one just striking example.
- 3 For osteoarthritis, which my rheumatology colleague
- 4 consider a nondeforming disease, consider it
- 5 inflammation. They don't consider it arthritis.
- 6 We use NSAIDs which carry a definable risk which
- 7 includes death. We use them every day. I doubt if
- 8 there is one person in this room who hasn't used
- 9 these drugs.
- 10 We all know they work. We all know they
- 11 have a risk. We all know we are rolling the dice
- 12 sometimes taking them, but we still take them.
- In this situation, we are entering a new
- 14 era. I point out that--my specialty is acid
- 15 secretion. We have been there, we have done that,
- 16 and we know the answer. We have got the final
- 17 pathway. It is already taken care of. But this is
- 18 a new frontier. Neuroscience is a new frontier.
- 19 The enteric nervous system is even newer.
- 20 That is really why we are not sure what we
- 21 are doing is yet complete. And we are not going to
- 22 know for decades. But this is a first attempt to
- 23 try to understand what we are doing with regard to
- 24 treating a very debilitating disease which has a
- 25 very big impact on quality of life. It isn't

1 necessarily lethal, by itself, but can lead to

- 2 lethal consequences.
- 3 So I think we do have a definition. As a
- 4 gastroenterologist, we know how to diagnose IBS.
- 5 That is what we do for three years of a fellowship.
- 6 The diagnosis--I think it is fairly clear here. If
- 7 a person has to be referred to gastroenterologist,
- 8 that is severe IBS. That is severe enough to
- 9 warrant the use because the person referring to the
- 10 gastroenterologist has tried the other remedies
- 11 that are standard therapy which really haven't
- 12 proven to work.
- So that, by itself, someone who wants--I
- 14 think we all agree, it has to be diarrhea-dominant
- 15 IBS. I don't think there is any doubt at all. We
- 16 can't include anybody with constipation in there.
- 17 So it has to be someone with IBS who has
- 18 diarrhea-dominant--I would call it IBS-DD, not
- 19 IBS-D. Right now, all we have is evidence in
- 20 randomized controlled trials that it really works
- 21 for women.
- Now, having said that, that doesn't mean a
- 23 physician can't use it for a man by law, as far as
- 24 I know. But I think it warrants further studies to
- 25 show that it does, indeed, work for men if it is

1 going to work at all, or it doesn't work for men

- 2 for the average person.
- 3 The other thing, I agree completely with
- 4 Dr. Strom. Anybody with a hypercoagulable state,
- 5 until proved otherwise, should be excluded. It
- 6 should be a contraindication using this drug until
- 7 we know for sure that it is safe. That seems to be
- 8 a risk factor for any kind of ischemic disease.
- 9 We don't know for sure here, but it makes
- 10 sense. Ischemia is caused by hypercoagulation in
- 11 other instances. So I think we define the
- 12 population fairly easily for us, for
- 13 gastroenterologists; it is someone with IBS who is
- 14 diarrhea-dominant, who has failed other remedies
- 15 and has a definite--the diagnosis by our definition
- 16 of the ROME criteria.
- 17 DR. METZ: Far be it from me to disagree
- 18 with the chairman after such an eloquent speech,
- 19 but I would like to just add a couple of points. I
- 20 think the global assessment on how your patient is
- 21 doing is probably the most important indication for
- 22 trying this agent and that, by me, defines a group
- 23 of patients that have tried other therapies
- 24 beforehand, who have been referred on to a
- 25 gastroenterologist. It is not a specific symptom.

1 I think the urgency seems to me to be

- 2 helpful in that it shows a group of patients who do
- 3 get benefit. I am particularly concerned about
- 4 missing diagnoses and whether you do that by
- 5 forcing every patient to have the appropriate
- 6 exclusion endoscopic procedure or not is something
- 7 we need to discuss, whether you look at chronicity
- 8 before they actually get onto this agent, how long
- 9 you have had the disease beforehand so we are
- 10 excluding those who have active IBD or something
- 11 else as well that might be getting in the way.
- 12 Patients who don't respond to a first
- 13 trial or a first month of therapy I think should
- 14 not be allowed to continue with the drug which is
- one issue I would add onto what Dr. Wolfe said
- 16 beforehand.
- 17 DR. FLEMING: Can we define a patient
- 18 population in which benefits outweigh the risks.
- 19 Let me try to answer that first globally in terms
- 20 of the entire dataset. We actually haven't talked
- 21 in length today about benefits. With time limited,
- 22 we have, understandably, really been focusing on
- 23 risks.
- 24 If we look at the benefits data that was
- 25 presented to us, particularly in the pivotal

- 1 studies of the 3001, 3002, 30013 and 06 trials
- 2 presented by the sponsor on Pages 24 to 26, we
- 3 certainly see evidence of benefit relative to
- 4 urgency. We see about a 10 percent improvement in
- 5 the fraction who had urgency today. Stool
- 6 frequency is reduced by about 25 percent.
- 7 The primary endpoint was adequate relief
- 8 in the past seven days of pain and discomfort. The
- 9 percent that are successful on that measure seem to
- 10 be 12 to 15 percent higher. That seems to be the
- 11 main signal of effect.
- 12 Interestingly, and the sponsor put this
- 13 slide up--it is Slide A112. It is also on Page
- 14 26--if you look at Study 3006, the overall percent
- 15 that improve here, as the percent of people who do
- 16 have adequate relief in the past seven days of pain
- 17 discomfort, which was the primary, No.1 symptom, it
- 18 is improved by about 12 percent, from 40 to 45
- 19 percent, up to 55 percent. That is the treatment
- 20 signal. When these patients, then, go off the
- 21 placebo control, the success rate drops from 44
- 22 percent in half.
- So, more or less, the placebo effect seems
- 24 to be as large as the treatment effect. The
- 25 treatment effect added on to the placebo effect,

- 1 but the placebo effect is substantial and the
- 2 waxing and waning of the disease process leads to
- 3 over and above the placebo effect, about a 20,
- 4 25 percent overall success rate in the control arm.
- 5 My overall sense of this, then, is I
- 6 believe there is real effect but, in the global
- 7 population, as studied in this trial, it is modest.
- 8 It is at the level that we have to worry about
- 9 whether they are offsetting AEs.
- 10 Obviously, as we have spent a great amount
- 11 of time today, we have concerns about the ischemic
- 12 colitis and serious constipation and, in my own
- 13 sense, it is complicated in the entire dataset to
- 14 say, does this provide a favorable benefit to
- 15 risk. So I think the questions of the FDA here,
- 16 which is to say, all right, if it is really
- 17 complicated in the global dataset, can we find
- 18 subgroups in which it is less complicated, in which
- 19 benefit to risk more clearly emerges in a favorable
- 20 way.
- 21 The data that we have seen is very limited
- 22 here. It might be that there are subgroups that
- 23 have more favorable benefit to risk but, as Dr.
- 24 Strom said, with the nineteen people having
- 25 ischemic colitis, no wonder it is not a surprise we

1 have had difficulty discerning who are those people

- 2 that are at risk.
- I worries me that even early symptoms,
- 4 though, make it difficult to know who are those
- 5 people that are going to have subsequent
- 6 significant events. In addition to that, from what
- 7 we have seen, there is little evidence to say where
- 8 is the efficacy going to be greatest. I think it
- 9 is reasonable to speculate that those that have the
- 10 most disabling symptoms at the beginning have the
- 11 most room to gain.
- 12 So at least it is reasonable to speculate
- 13 that those people might well be those that would
- 14 have a more favorable benefit to risk and yet it is
- 15 still somewhat speculation because the data show at
- 16 least just very modest evidence that those that
- 17 start with a more severe baseline have a better
- 18 opportunity for benefit.
- 19 So, based on the data, I struggle being
- 20 able to say I can see a subgroup in which there is
- 21 clear evidence of more favorable benefit to risk
- 22 although I could speculate that, plausibly, if we
- 23 had a lot more data, it could be those people that
- 24 start with more serious conditions at baseline.
- One of the issues that has been raised is

1 can we make modifications to this dose regimen in

- 2 order to maximize benefit to risk. The difficulty
- 3 here is I don't even know for sure what the
- 4 question is because I don't know for sure what the
- 5 sponsor is proposing the schedule to be. Is it BID
- 6 or is it QD? If, in fact, it is 1 milligram QD,
- 7 then we don't have--we have got limited data on
- 8 efficacy, is Point 1.
- 9 Point 2 is if the sponsor is planning to
- 10 go forward, as is written here, and those that have
- 11 failed to respond to conventional treatment, we
- 12 have minimal data there as well. Thirdly, and the
- 13 final point, is that Dr. Raczkowski has put forward
- 14 some very logical criteria that we might think
- 15 about in the ways of refining dosing based not only
- on possibly having the 1 milligram per day dose
- 17 schedule but titrations, adjusting for maintenance,
- 18 drug holidays, discontinuing once you are in
- 19 response, managing AEs more effectively to
- 20 discontinue more rapidly.
- 21 All of those things may help on safety but
- 22 I don't have a clue how that is going to effect
- 23 efficacy. So if we make these modifications,
- 24 including dose changes, and we select patient
- 25 populations such as those for whom no other therapy

- 1 is effective, we have got very limited
- 2 understanding of what actual efficacy is.
- 3 The bottom line is I can't look at all
- 4 these data and say, clearly, there are subgroups
- 5 that could be benefitted here where there is clear
- 6 evidence they may well be, but the data here, at
- 7 this point, don't allow me to conclude clearly
- 8 benefit to risk is especially favorable in any
- 9 specific subgroup with any specific schedule that
- 10 we have proposed.
- 11 DR. LEVINE: I think there is evidence
- 12 that many of us in gastroenterology see patients
- 13 who are referred to us with IBS and they really
- 14 haven't had conventional therapy. They have had
- 15 short courses of fiber. They have had inadequate
- 16 courses. And it goes on and on with all the drugs
- 17 that we see.
- 18 So the first problem is this is the fact
- 19 that the definition of chronicity is easy but the
- 20 definition of conventional therapy, even in a
- 21 gastroenterologist's office, is not always
- 22 adequate. I think, given that, there is also, as
- 23 we have heard today from the public, a very small
- 24 and dramatic group which probably we can identify.
- 25 I would doubt it is more than 5 or 10 percent of

1 all patients with IBS. I think that is the group

- 2 that would be targeted.
- I think, since originally, when it was
- 4 available on the market, it was grossly overused
- 5 and it was not 5 or 10 percent of the market. I
- 6 would dare say it was almost anybody, occasionally,
- 7 because of the demands of the patient for
- 8 diarrhea-producing IBS.
- 9 So I would say it would be important to
- 10 look at other drugs. It would be important to be
- 11 very strict about admission to the type of
- 12 severity. I don't think that will be too
- 13 difficult. I think we can talk about the number of
- 14 bowel movements, accidents, et cetera, and we can
- 15 identify the group that really would need this.
- I also think, in deference to the
- 17 chairman, I am a little hesitant about gender
- 18 differences. I think they are true. It is true
- 19 Dr. Camileri is not here but he has alluded to
- 20 evidence that, even in males and females,
- 21 neurotransmitters, estrogens--there may be hormonal
- 22 differences in the normal state which are
- 23 exaggerated even further in IBS when a balloon in
- 24 put into the rectum and people measuring tolerance
- 25 or intolerance.

1 So I think there probably are distinct

- 2 gender differences that we know very little about
- 3 so I am a little hesitant to go full-head with
- 4 males at this point.
- 5 DR. WOLFE: (Comments off mike)
- 6 DR. FLEMING: I agree with you. I
- 7 misspoke. I agree with you.
- 8 DR. LaMONT: I think we have to be careful
- 9 to define the features of this first statement as
- 10 was raised by several previous speakers,
- 11 particularly what is conventional therapy and
- 12 primarily who would be patients that would be
- 13 excluded.
- 14 What we are coming up with here is
- 15 actually another clinical trial. We are asking
- 16 physicians in their offices and pharmacists to
- 17 actually do another clinical trial and see if we
- 18 can improve outcomes. It doesn't seem to me that
- 19 anything that has been said today is going to help
- 20 us predict who is going to get ischemic colitis but
- 21 we can probably exclude patients that would get
- 22 severe complications of constipation by adding
- 23 exclusion for patients with previous impaction, for
- 24 example, or patients that have had other problems
- 25 related to constipation.

DR. HOLMBOE: I would just want to agree

- 2 with some of the things that Dr. Fleming said
- 3 earlier. What we are really doing by trying to
- 4 define this population is not necessarily define
- 5 those characteristics but by characteristics that
- 6 predict a better benefit to risk ratio. What we
- 7 are really doing by picking these characteristics
- 8 is reducing the exposure. We are simply reducing
- 9 the population that would be exposed to this drug
- 10 as a risk-management strategy, not that we can
- 11 necessarily stratify.
- 12 I think we have heard clearly today, we
- 13 can't predict who is going to have ischemic
- 14 colitis, as has been brought up, or colonic
- 15 ischemia. So I think that, regardless of the
- 16 population chosen.
- 17 The second thing is magnitude of benefit
- 18 actually was fairly similar between those with
- 19 moderate symptoms and severe. So I think trying to
- 20 do it on that basis also doesn't make any sense.
- 21 If you think in numbers of needed to treat, quite
- 22 frankly, it is not terrible. It is anywhere from
- 23 eight to twelve patients have to be treated for one
- 24 patient to benefit. The number needed to harm is
- 25 around 700 for colonic ischemia.

1 So if you look at it in that terms, not a

- 2 terrible risk-benefit ratio. It is just that
- 3 disease under consideration makes it much more
- 4 difficult because of the severity of the ischemic
- 5 colitis as a complication. So I agree with the
- 6 things said by Dr. Fleming and Dr. LaMont
- 7 previously, if you could be very careful about some
- 8 of the definitions we come up with regard to
- 9 conventional therapy, et cetera.
- DR. VENITZ: I do believe that we have a
- 11 population that benefits, I am not sure whether we
- 12 can identify, based on the data. It sounds
- 13 reasonable to me to assume that people that have a
- 14 more severe stage of the disease have a better
- 15 potential for benefit. I would concur with what is
- 16 said before. Proper diagnosis, to me, is about as
- 17 important as looking at the severity of the
- 18 disease.
- DR. WOLFE: Dr. Anderson?
- DR. ANDERSON: I take the first question.
- 21 I believe that a patient population can be
- 22 identified. For the second part of it, in
- 23 describing that population, I am going to go with
- 24 the chair and follow his directions.
- I do have a concern, however, in the sense

- 1 that there seem to be a lot of gaps in the data
- 2 which we have. It may very well be that it would
- 3 be to our advantage to begin to look at where those
- 4 gaps are and try to fill them in. Secondly, I
- 5 think it might be important in the future for the
- 6 researchers to take a look at those thirteen
- 7 metabolites that the sponsor said are generated
- 8 when Lotronex is used.
- 9 I am a chemist and I am always concerned
- 10 about the chemicals and what happens in that
- 11 process. So, even though that is not a part of
- 12 this question, it was raised earlier and I think
- 13 that is a good thing to look at.
- DR. CRYER: With respect to the question
- of can a patient population potentially be
- 16 described who might benefit, the answer is yes.
- 17 But I agree with Dr. Fleming. I don't think that,
- 18 based on the data that we have seen, that that
- 19 specific patient population has yet been described.
- We have guessed, we have assumed, what
- 21 those characteristics might be. We have assumed
- 22 that it might be 5 to 10 percent of the population
- 23 who has diarrhea-predominant IBS, but we don't
- 24 understand. We don't know who they are. So, in
- 25 whatever direction we move forward, I would propose

- 1 that, in that mechanism, we have a very
- 2 well-defined orderly process, whether it be in a
- 3 very well-designed registry or if it be in the
- 4 process of random sampling, as has been proposed by
- 5 the sponsor, or has not been extensively discussed,
- 6 whether it be in the form of a clinical trial,
- 7 continuing clinical trials with access, we need to
- 8 better define this population in a very orderly
- 9 fashion.
- 10 But I don't yet believe that that
- 11 population which will be has yet been defined.
- DR. RICHTER: I think we can define this
- 13 group but it is not going to be as simple as how
- 14 many bowel movements you have because you tell a
- 15 patient, "How many bowel movements did you have?"
- 16 and they know that, to get in the study, you have
- 17 to have eight a day, they will tell you eight a
- 18 day.
- 19 So it tends to be a gestalt. Really, I
- 20 think the important things that have come out of
- 21 this discussion that I really support is that there
- 22 is a group, that this group probably needs to be
- 23 defined in conjunction with the general physicians
- 24 and the gastroenterologists working together so
- 25 that everybody is on the same base, that they have

1 diarrhea-predominant, they have chronicity. Beware

- 2 of the older person who suddenly presents with
- 3 irritable bowel symptoms.
- 4 Each one of these testimonials from the
- 5 patients are classic histories of that they have
- 6 had irritable bowel symptoms for twenty or thirty
- 7 or forty years. I wonder how many of these
- 8 patients that have gotten these drugs and had bad
- 9 situations were older and had symptoms that had
- 10 been going on for four or five or six months. That
- 11 is not the classical irritable bowel.
- 12 In light of the testimonials and the fact
- 13 that this is an averaging of symptoms, I think, if
- 14 you are going to open this up under some
- 15 restriction, you ought to allow both genders to
- 16 have access.
- DR. WOLFE: Again, the FDA does need some
- 18 guidance. Actually, what I would like to do here
- 19 now is be a little simplistic. For Part a) of this
- 20 question, I want a yes/no. We will go around the
- 21 room to the voting members. Just a yes/no. We
- 22 will start with Dr. Richter. Can a patient
- 23 population be described for which the benefits of
- 24 Lotronex outweigh the risks?
- DR. RICHTER: Yes.

```
1
              DR. CRYER: No.
              DR. ANDERSON: Yes.
2
3
              DR. VENITZ: Yes.
              DR. HOLMBOE: No.
              DR. LaMONT: Yes.
5
              DR. LEVINE: Yes.
6
7
              DR. FLEMING: No, not with current data
             DR. METZ: Yes.
9
             DR. WOLFE: Yes.
10
            DR. GROSS: Yes.
11
              DR. STROM: Yes, potentially.
12
              DR. WOLFE: Please strike "potentially"
13
    from the record.
14
              DR. DAY: Yes, carefully.
              DR. GARDNER: Yes.
15
              DR. CAMPBELL: Yes.
16
              DR. CRAWFORD: Yes.
17
18
              DR. COHEN: Yes.
              DR. LEVIN: No.
19
              DR. WOLFE: That allows us to move forward
20
    to the next question. This will be a little bit
21
22
    more difficult. Actually, there is no vote on this
23
    but if you could somehow record what are responses
24
    are. Is that good enough for you?
              DR. HOUN: Tom, could you repeat the
25
```

- 1 numbers?
- 2 MR. PEREZ: 4 no, 14 yes.
- 3 DR. RACZKOWSKI: Tom, if you wanted to,
- 4 you could have people just raise their hands to be
- 5 sure. Maybe the no's could--
- 6 MR. PEREZ: I beg your pardon?
- 7 DR. WOLFE: A recount is demanded.
- 8 DR. RACZKOWSKI: You might ask people to
- 9 raise their hands just to be sure.
- 10 DR. WOLFE: We will do this again real
- 11 quickly. Those who are voting members, how many
- 12 vote yes?
- [Show of hands.]
- 14 MR. PEREZ: 14.
- DR. WOLFE: How many vote no?
- [Show of hands.]
- MR. PEREZ: 4. Was there a problem?
- DR. WOLFE: Democracy works. We still
- 19 have the right number. What I am going to do here
- 20 is we are going to try, please, just to be very
- 21 brief. We will go around the room. Just try to
- 22 get it in one sentence what population you would
- 23 start with. Identify which population. Two
- 24 sentences is fine.
- DR. HOUN: To save time, we did collect

- 1 the information that people discussed.
- DR. WOLFE: We will move on, then.
- 3 DR. HOUN: I would just ask if FDA has any
- 4 other questions. My question is you did not
- 5 discuss colonoscopy. There was some concern about
- 6 misdiagnosis. Is that something that you are
- 7 recommending?
- 8 DR. WOLFE: We will discuss this later
- 9 when it comes to who should be--should this be
- 10 restricted to gastroenterologists because, again,
- 11 we spent three years working on how we diagnose
- 12 IBS. I am not saying we are absolutely perfect in
- 13 this, but we do a good job.
- DR. HOUN: The other question is urgency.
- 15 The descriptions from the testimonial was fecal
- 16 incontinence. Is that something that you think, in
- 17 terms of a description in the indications, would be
- 18 helpful, people who experience this?
- 19 DR. WOLFE: So you are saying they have to
- 20 have fecal incontinence before we would prescribe
- 21 this drug?
- DR. HOUN: I am asking. Every one of the
- 23 testimonials described the anguish of that as a
- 24 marker of their quality-of-life impact and is that
- 25 something you would recommend, those of you--

DR. WOLFE: This is by a show of hands.

- 2 Do you think it is necessary to have fecal
- 3 incontinence to be prescribed this drug? How many
- 4 feel it is necessary to have this, fecal
- 5 incontinence? Please raise your hand high.
- 6 DR. LEVINE: Plus other--
- 7 DR. WOLFE: No, no; she is saying fecal
- 8 incontinence.
- 9 DR. LEVINE: Solely?
- DR. HOUN: As part of--people
- 11 recommended--
- DR. LEVINE: It is a part of a spectrum
- 13 and other symptoms, not alone. Should it be an
- 14 added indication?
- DR. WOLFE: I think you are saying it
- 16 should be so severe, that it is fecal incontinence
- 17 associated with the symptoms is what you are
- 18 saying?
- DR. HOUN: Right.
- DR. WOLFE: So how many feel there has to
- 21 be fecal incontinence before you are prescribed the
- 22 drug?
- [Show of hands.]
- DR. HOUN: That gives me an idea. We
- 25 don't have to vote on that. I just wanted to

- 1 understand that.
- DR. WOLFE: I am going to really go for
- 3 it. How many think, at this point, it has to be
- 4 diarrhea-dominant IBS?
- 5 [Show of hands.]
- 6 DR. WOLFE: So we all--let's attack the
- 7 gender issues. Do you want the gender issues? Are
- 8 there data sufficient, at this point, to recommend
- 9 use of this drug in men? I think we all agreed,
- 10 those who voted yes, in women there are data to
- 11 suggest. Let's go to men now. Are the data
- 12 sufficiently presented by the sponsor to allow
- 13 recommendation of this drug for use in men? How
- 14 many would say yes?
- MS. BLACKMAN: Do you mean allow
- 16 recommendation of or do you mean allow physicians
- 17 to prescribe as they see fit because that is two
- 18 different--
- DR. WOLFE: No. They have to be
- 20 recommending to the FDA that they go ahead and say,
- 21 in the package insert, that it is okay to use it in
- 22 men, too, based on the data. That is the question
- 23 I am asking. Does anybody think there is
- 24 sufficient data at the present time to warrant its
- 25 approval for use in men?

- 1 [No response.]
- DR. WOLFE: How many don't think there is
- 3 data sufficient to recommend it?
- 4 [Show of hands.]
- 5 MR. PEREZ: I need to clarify something
- 6 here. Are we going to taking votes on this?
- 7 DR. WOLFE: We just did.
- 8 MR. PEREZ: No. What I am saying is are
- 9 we going to record official votes or are we just
- 10 trying to figure out which direction to go in?
- 11 DR. WOLFE: I want the FDA to have a sense
- 12 of what it is looking at.
- DR. HOUN: No; I want voting just on the
- 14 official questions. These are additional
- 15 clarifications and we don't have to have formal
- 16 votes. We got your overall sense that, in the
- 17 labeling, men should not be part of the labeling.
- 18 MR. PEREZ: Thank you for the direction.
- 19 DR. WOLFE: I think Question 1 is done.
- 20 What I would like to do is do Question 2 and then
- 21 take a little bit of a break. How does that sound?
- 22 So, let's go to Question 2 because this is a key
- 23 question. At this time, should Lotronex be
- 24 available to patients with diarrhea-predominant IBS
- 25 without marketing restrictions, available to IBS

1 patients with appropriate marketing restrictions to

- 2 be defined or withheld from the market?
- It is a), b) or c). I think we can answer
- 4 very quickly. If you want a little explanation,
- 5 fine, but we have already gone through it to some
- 6 extent. So, we started in this direction before.
- 7 Let's start in this direction now. Joel?
- 8 DR. RICHTER: I could support it in a form
- 9 of b) but not with this vague program, this risk
- 10 management program. I am much more enthusiastic
- 11 for an IND program similar to Cisipride in which
- 12 gastroenterologists and generalists work together
- 13 to make sure they have the disease and follow the
- 14 patient closely and then, with maybe an extended
- 15 period of time with it as an IND and we have a
- 16 better issue on the safety thing, then maybe open
- 17 it up to this restrictive--
- DR. WOLFE: So you are saying b) with
- 19 restrictions. Again, our job is to recommend the
- 20 FDA will work with the sponsor to make--and we will
- 21 discuss these questions later on as well, what
- 22 restrictions we recommend.
- DR. HOUN: Let me just clarify. IND
- 24 access is the research protocol only. It is not
- 25 marketing. If you believe that, then it is

1 withheld from the market at this time and you can

- 2 offer an explanation.
- 3 DR. RICHTER: Whatever you did with
- 4 cisipride. You didn't withdraw cisipride from the
- 5 market.
- 6 DR. HOUN: No; cisipride is not a marketed
- 7 drug. It is not a marketed drug. The sponsor has
- 8 withdrawn it from marketing. It is available under
- 9 IND only. It is a very onerous process to get
- 10 cisipride because you have to fill out investigator
- 11 forms. It is IND only.
- DR. WOLFE: The other thing is I don't
- 13 want to discuss other drugs. This is on its own.
- 14 It stands on its own. Again, the question, is a),
- 15 without restrictions. First of all, does anybody
- 16 here feel it should be just without restrictions?
- [No response.]
- DR. WOLFE: So we will go to b) and c)
- 19 now. Do you want this approved with restrictions
- 20 which will be defined by the FDA or do you want it
- 21 withheld from the market and make it an IND which
- 22 the sponsor can then, basically, discuss that
- 23 option later on?
- 24 But, right now, do you want it released
- 25 with restriction or withheld entirely? Joel, do

```
you want to try again?
 2
               DR. RICHTER: Restrictions.
 3
              DR. CRYER: Restrictions.
              DR. ANDERSON: b)
              DR. VENITZ: b)
 5
              DR. HOLMBOE: b)
 6
 7
              DR. LaMONT: b)
               DR. LEVINE: b)
               DR. FLEMING: c), although I would like a
 9
10
     clarification and that is my understanding--what is
11
     the understanding of the time line for b) versus c)
12
     where c), in my view, and I will clarify in
13
     Question 8, will be--there will be a prompt
14
     randomized trial done that, hopefully, can get
     these answers in a very timely way.
15
               DR. WOLFE: I want to ask GlaxoSmithKline.
16
     If the answer is c), what are you going to do? Are
17
18
    you going to basically--we vote for an IND only,
19
     are you going to go ahead and continue studies with
20
     this drug?
21
               DR. FLEMING: And that question is for,
    b), what is the time frame to actually get it on
22
23
     the market if that is the strategy?
24
               DR. PALMER: Let me answer for b), first
```

of all, which is the approval with restrictions.

- 1 First of all, the steps to get to market are
- 2 several. We would have to agree the labeling and
- 3 agree the risk-management plan with the FDA. That
- 4 would take some time.
- 5 I think everyone needs to get on the same
- 6 page with where we are. We took the drug off the
- 7 market in November, 2000. We took it off the
- 8 market. So there is no material. There is no
- 9 commercial stock available for the drug. There is
- 10 drug substance that would have to be manufactured
- 11 into tablets and packaged once the packaging had
- 12 been agreed with the FDA.
- So, unfortunately, this would take time.
- 14 I don't want to be locked in on a time estimate
- 15 right now, but what we would be looking at is in
- 16 the order, from this moment, moving forward four
- 17 to six months before actually drug availability.
- Does that answer your question?
- 19 DR. WOLFE: It is very important that
- 20 everybody in this room understands that. If today,
- 21 the FDA decides they want it approved, there will
- 22 be no drug on the market for four to six months.
- 23 Do you all understand that?
- 24 That is another question that is going to
- 25 be asked. Dr. Metz asked me very quietly, but I

1 was going to ask the question also. The drug isn't

- 2 going to suddenly appear four to six months from
- 3 now. You are going to have the drug all along.
- 4 Are you going to have an IND available for those
- 5 people who would like the drug because they have
- 6 been on it in the past?
- 7 DR. PALMER: No. Our position has been
- 8 constant on this. We withdrew the drug and we have
- 9 said very consistently that we will not support and
- 10 IND program moving forward really because we don't
- 11 think that is the best way to serve the patients
- 12 who are going to need the drug.
- 13 We estimate, if you look at women with
- 14 diarrhea-predominant disease, if you look at
- 15 consultors and you look at the number of people who
- 16 might be wanting to access the drug, you are
- 17 looking probably in excess of 100,000-plus.
- 18 Frankly, when you get to that level, the logistics
- 19 of running an IND problem are A, very significant
- 20 and B, the nature of the IND program would mean, I
- 21 think, for a lot of the patients that you have
- 22 heard about speaking today, they would find access
- 23 to that medicine actually very difficult. It would
- 24 be very onerous, even more onerous, than the
- 25 hurdles we have already put in front of the

- 1 physicians with the restricted access program for
- 2 physicians who actually do this.
- 3 DR. WOLFE: Thank you. We are coming back
- 4 to Dr. Fleming but, in the meantime, anybody who
- 5 voted previously want to change their vote from b).
- 6 Everybody has a b) up to Dr. Fleming. Are we all
- 7 sticking with the b)?
- 8 Dr. Fleming, we are back to you.
- 9 DR. FLEMING: Then, just to repeat,
- 10 recognizing that there is a significant time here
- 11 to get to implementation under b) and recognizing,
- 12 in my view, that there are serious unanswered
- 13 questions about populations in which we have
- 14 favorably benefit to risk where I believe there
- 15 should be some prompt conducted randomized trials
- 16 that, hopefully, could get us answers in a timely
- 17 way, I vote for c) with the conduct of those trials
- 18 that would be clarified in the answer to Point No.
- 19 8
- DR. METZ: I am an enthusiastic b).
- DR. WOLFE: b).
- DR. GROSS: A question first.
- 23 Thalidomide; is that under a b) type restriction or
- 24 c)?
- DR. HOUN: It is under b).

```
DR. GROSS: Okay. I will vote for b).
```

- DR. STROM: I vote for b) although with
- 3 restrictions much more severe than the proposal we
- 4 heard about before.
- 5 DR. DAY: b)
- DR. GARDNER: b), what he said.
- 7 DR. WOLFE: I like the perfect answer.
- 8 DR. CAMPBELL: b), what she said. But all
- 9 of these are researchable questions and we are
- 10 being asked to make a decision without the data on
- 11 all of them. All of these should be taken as
- 12 researchable questions rather than simply yes or
- 13 no.
- DR. CRAWFORD: A stricter version of b).
- DR. COHEN: b), also, with improvements in
- 16 the risk management program that is being proposed.
- DR. LEVIN: I concur with Dr. Fleming, c).
- DR. WOLFE: So we have two c)s and 14 b)s.
- 19 What is the GPA on that? I think that gives you a
- 20 sense.
- 21 Let's take a ten-minute break. It going
- 22 to be eight-and-a-half minutes. We will start a 4
- 23 o'clock because we have a lot of questions to
- 24 answer still.
- 25 [Break.]

1 DR. WOLFE: Question No. 3; If Lotronex is

- 2 marketed, should the ability to prescribe Lotronex
- 3 be limited to certain types of physicians? If so,
- 4 describe the physicians in terms of the following
- 5 qualifications; knowledge, experience, specialty
- 6 and any other important characteristics.
- 7 We will start with Ms. Blackman. One
- 8 second, before I go on. The first two questions
- 9 were clearly very, very important. Not that the
- 10 other ones aren't, but if you don't want to say
- 11 anything, don't feel you have to say something.
- 12 Again, if you feel that someone else has given your
- 13 response, just say he said or she said.
- 14 MS. BLACKMAN: I do not think that it
- 15 should be limited to only gastroenterologists. I
- 16 feel that there are family practitioners who may
- 17 have more knowledge about IBS than some of the
- 18 gastroenterologists. I think that is true. I
- 19 wonder if there should be some kind of CME program
- 20 or registration for the physicians who prescribe
- 21 Lotronex who are trained on diagnosis.
- 22 But I do want to iterate that misdiagnosis
- 23 is malpractice. That is not something that the FDA
- 24 should be regulating. So I would like to see
- 25 doctors have to go through some kind of program

1 where they enroll, where they register and are able

- 2 to prescribe.
- 3 DR. WOLFE: Can I summarize? You are
- 4 saying anybody who has the proper education in this
- 5 drug, basically?
- 6 MS. BLACKMAN: Right.
- 7 DR. SULLIVAN: I would say that, in an
- 8 ideal world, it should be a board-certified
- 9 gastroenterologist. However, we don't live in an
- 10 ideal world and I think that creates issues for
- 11 gastroenterologists who claim they are
- 12 board-eligible, whatever that means.
- 13 I think that a physician who has some sort
- 14 of background knowledge should be able to prescribe
- 15 it and there are various strategies that you could
- 16 come up with that would deal with that issue. For
- 17 example, you could have a web-based system where a
- 18 physician could answer a questionnaire and be
- 19 registered. There are various strategies which
- 20 could deal with that issue.
- 21 So I think that basically any physician
- 22 who has the training.
- DR. GOLDSTEIN: I would agree that any
- 24 physician who has the training but two things. I
- 25 would remind everyone at the table that this is, in

1 fact, a syndrome not a specific disease. In some

- 2 iterations, gas and bloating. Other iterations,
- 3 urgency, et cetera, et cetera. General
- 4 practitioners, as well as gastroenterologists, see
- 5 a substantial number of people, and particularly
- 6 those people who live in the rural, semi-rural,
- 7 areas without access to care, need it.
- 8 The second comment is that, as the father
- 9 of three daughters, I don't want this to be viewed
- 10 as chauvinistic, but I would urge the sponsor to
- 11 consider studies in men. We did hear a patient
- 12 representative, male, today. I think it is
- 13 something that at least ought to be considered.
- 14 Finally, I have some sympathy for a
- 15 suggestion from someone at the head of the table
- 16 about the desirability in the diagnostic process of
- 17 considering colonoscopy for a variety of reasons,
- 18 mostly to get at an accurate diagnosis, exclude IBD
- 19 and the like. In everyone? No. It would clearly
- 20 be difficult, if not impossible, to require it.
- 21 But I think it is something that was said at the
- 22 head of the table and with which I have
- 23 considerable sympathy.
- 24 Finally, the sponsor's program to educate
- 25 the medical community, I think, is something that

1 needs to be emphasized. They have both the skill

- 2 and the resources to do this and I think it would
- 3 make an enormous difference.
- DR. WOLFE: Dr. Krist, before we go any
- 5 further, I forgot to say something that needs
- 6 clarification that I discussed with FDA in the
- 7 break regarding use in men. The way the label
- 8 stood before was that it said that effectiveness
- 9 has not been proven in men yet. So, with that kind
- 10 of wording, it would allow this drug to be used in
- 11 men without proven benefit until further studies
- 12 were done before approval could be obtained. So
- 13 that leaves the door open for use in men.
- DR. GOLDSTEIN: I would agree with that
- 15 and I am sure that the FDA can work out the
- 16 appropriate language.
- DR. KRIST: Just as I start to answer this
- 18 question, clarifying my position here, I am a
- 19 family physician, so that everyone knows that. I
- 20 have a pretty strong opinion on No. 3.
- I do have a lot of concerns, like Dr.
- 22 Fleming was expressing, about whether the studies
- 23 have shown the benefits and which groups this is
- 24 the best for. But clarifying that, if it is
- 25 decided that this medication--that there are groups

- of patients who will benefit from this, I do
- 2 believe that it probably shouldn't be reduced by
- 3 specialty.
- 4 I think that the FDA's second goal of
- 5 trying to ensure that qualified physicians are
- 6 prescribing this medicine is a good goal and I
- 7 think that that should be done. But I don't think
- 8 that saying that only gastroenterologists prescribe
- 9 it necessarily is going to ensure that that second
- 10 goal happens. So you won't necessarily ensure the
- 11 patient safety from that standpoint.
- 12 I think the other issue is that I think
- 13 that all physicians will be affected by this even
- 14 if you restrict it to just one specialty because
- 15 what is going to happen is patients are going to
- 16 have complications and they are going to see their
- 17 primary-care physicians, or the primary-care
- 18 physician is going to see a patient who is on
- 19 Lotronex and I will be trying to decide whether to
- 20 put them on hormone-replacement therapy or using
- 21 other medications.
- 22 So it is going to cross specialties even
- 23 if attempts are made to restrict it to just one
- 24 specialty. And then, as has been mentioned, there
- 25 are communities where there are not access to

- 1 gastroenterologists.
- 2 I think that one of the other important
- 3 things to just understand about primary-care
- 4 physicians, in general, is that--one of the things
- 5 I teach our students and residents who come through
- 6 is that primary-care physicians are experts. They
- 7 are experts in common things. Irritable bowel
- 8 syndrome is a very common illness.
- 9 The other thing that they are experts in
- 10 is recognizing what they know and what they don't
- 11 know. So there is going to be a lot of room for
- 12 collaborative work between primary-care physicians
- 13 and gastroenterologists, particularly with
- 14 establishing diagnosis and with patients who are
- 15 more complicated. But I don't think that, just by
- 16 restricting it to a gastroenterologist, that that
- 17 would make the difference or ensure a qualified
- 18 physician for prescribing it.
- 19 I do like the model that has been
- 20 mentioned of specific physician CME. A good
- 21 example would be for institutional review boards or
- 22 for being a primary investigator with research.
- 23 There is on-line education through the Department
- 24 of Health and Human Services to prove that a
- 25 physician is qualified as opposed to just a

- 1 physician's statement that they are qualified.
- 2 The risk of a physician's statement that
- 3 they are qualified is you have a risk of including
- 4 physicians who are unconsciously incompetent, who
- 5 think they are qualified but really aren't,
- 6 particularly if we are going to ask physicians to
- 7 go through and, with patients, ensure that an
- 8 informed or a shared decision is being made.
- 9 We are asking for a different level of
- 10 knowledge on this topic. We are asking for doctors
- 11 to be able to say the risk of ischemic colitis is
- 12 somewhere between 3 and 17 out of 1000 and specific
- 13 numbers that many doctors might not normally know,
- 14 but that a patient will need to know in making a
- 15 decision on this medicine.
- DR. LEVIN: The first thing is just a
- 17 point of information. Is there any precedent for
- 18 restriction by specialty?
- 19 DR. HOUN: There have been restrictions
- 20 for doctors based on ability, like for
- 21 mifepristone, to diagnose and manage pregnancy,
- 22 ectopic pregnancy. You don't have to have
- 23 surgical-intervention skills but we do, in that
- 24 restricted system, say you have to have a referral
- 25 system in place to handle surgical intervention.

- 1 For the other restricted drugs, the
- 2 physician must register with the program and some
- 3 of them have specific education that they have to
- 4 go through to register, but it doesn't preclude
- 5 multiple specialties from joining the program.
- 6 DR. LEVIN: I would support the model that
- 7 was just described, registration but specialty is
- 8 not enough.
- 9 DR. COHEN: Today we heard that the drug
- 10 was clearly overused when it was available and was
- 11 on the market. We heard that there has been
- 12 misdiagnosis. To me, as a pharmacist, I would want
- 13 to make sure, for patient safety reasons, that
- 14 appropriate individuals were prescribing it. And I
- 15 would want to restrict it to a gastroenterologist
- 16 because when I get that prescription with a
- 17 sticker, that will communicate something to me.
- 18 But I also, certainly, can see a
- 19 certification process through CME, et cetera, for
- 20 family physicians, general-practice physicians.
- 21 But it would need a certification process of
- 22 something.
- DR. CRAWFORD: I concur with what Dr.
- 24 Cohen just said.
- DR. CAMPBELL: This is one of those

1 researchable questions. The truth is we don't know

- 2 how to answer this question. There is no data to
- 3 drive or inform our decision. As experimentalists
- 4 in that situation we should say there is no
- 5 difference until there is a proven difference. So,
- 6 at this point, I believe it should not be
- 7 restricted to just gastroenterologists.
- 8 However, I do believe the criteria for
- 9 prescribing this medication should be a
- 10 well-developed credentialing or certification
- 11 program that would require the prescriber to not
- 12 only demonstrate appropriate knowledge but to also
- 13 be able to demonstrate that in practice.
- DR. GARDNER: I agree with Dr. Campbell
- 15 and have that documented in some way.
- DR. DAY: I would like to mention that
- 17 there is an intermediary plan. The FDA has
- 18 proposed, in some of the briefing material, that
- 19 there could be a start with a very conservative
- 20 plan to be relaxed over time, say, after a period
- 21 of a year. This would answer Dr. Campbell's
- 22 concern if it were restricted to specialists for
- 23 one year and we could look at the incidence and
- 24 types of AEs, and then relaxed after a year, if
- 25 that is a satisfactory profile. Then see what is

1 after that. Then we would know better if that has

- 2 been contributory in the past, that people with
- 3 insufficient knowledge and experience have been
- 4 prescribing this drug.
- 5 I would like to support, in addition, the
- 6 CME approach and that everyone go through the
- 7 education and demonstration on line or another
- 8 means
- 9 DR. STROM: I should clarify. In
- 10 answering, I am not only an epidemiologist, I am
- 11 also a primary-care physician. I think it should
- 12 be restricted away from primary-care physicians
- 13 toward gastroenterologists and, in fact,
- 14 gastroenterologists who have gone through some
- 15 special registration scheme.
- I think there are two reasons to restrict
- 17 it to gastroenterologists. One is the diagnostic
- 18 certainty, diagnostic correctness thing that we
- 19 have talked about all day, which I think is a major
- 20 issue in differentiating inflammatory bowel disease
- 21 from irritable bowel syndrome.
- I think even in the group of letters that
- 23 many of us got lobbying us before this meeting,
- 24 there were patients who gave their clinical
- 25 scenarios and it was clear that those patients

1 lobbying for this drug for irritable bowel syndrome

- 2 really had inflammatory bowel disease and didn't
- 3 seem to realize that.
- 4 I think that confusion is a major issue
- 5 and is a reason why you need gastroenterologists to
- 6 be the people using it. I think the other reason
- 7 it should be restricted to gastroenterologists is a
- 8 question of severity. This is an extraordinarily
- 9 common condition which is severe in a small subset
- 10 of people. It is very severe in the subset of
- 11 people but one way of making sure you are getting
- 12 it to the most severe people is by restricting the
- 13 treatment to gastroenterologists.
- 14 If the irritable bowel syndrome is not
- 15 sufficiently severe that they have gotten to a
- 16 gastroenterologist, it is probably not severe
- 17 enough to need the risk of this drug.
- DR. GROSS: I am going to propose a middle
- 19 ground and that is that if the general internist
- 20 wants to use the drug, it must be done in
- 21 consultation with a gastroenterologist, although
- 22 the general internist can prescribe it after
- 23 approval by the gastroenterologist.
- 24 The reason for this is a couple-fold. I,
- 25 personally, know several cases of general

1 internists seeing the patient with IBS that turned

- 2 out to be inflammatory bowel disease and the
- 3 diagnosis was delayed not by a matter of a month or
- 4 two but by a year or two.
- 5 Secondly, as far as certification is
- 6 concerned, there is something called book knowledge
- 7 and something called experience. I think
- 8 certification would attest to book knowledge but
- 9 not necessarily to experience.
- 10 DR. WOLFE: I really have mixed feelings
- 11 listening to everybody speak but, in an ideal
- 12 world, I think this would be best restricted,
- 13 initially, to gastroenterologists. However, if
- 14 someone is living in the middle of Montana and
- 15 there is no one around for 400 or 500 miles, that
- 16 makes it impractical. So you can't put in an
- 17 insert, "If you live in Montana, you can use it.
- 18 But, if you don't, you have to go to a
- 19 gastroenterologist."
- 20 I think that proficiency--I think that you
- 21 could word it in such a way that it would say
- 22 proficiency in digestive diseases and the diagnosis
- 23 and treatment of irritable bowel syndrome. It does
- 24 bother me that the question has been raised about
- 25 confusing this with IBD. Again, experienced

1 gastroenterologists, those who do three years of

- 2 training, don't have that much difficulty.
- I am not saying that they are perfect.
- 4 But they do well. On the other hand, if there is
- 5 confusion, I think a good primary-care physician
- 6 will refer the patient on. So some wording can be
- 7 somehow be put in that allows for consultation or
- 8 proficiency.
- 9 The other thing that can be considered,
- 10 and this comes from doing trials, is sort of five
- 11 or six questions can be posed. For example, does
- 12 the patient have blood in their stool. If it is
- 13 yes, they don't get the drug. It should not be
- 14 prescribed. Is this disease chronic, defined as
- 15 more than--we are going to put the ROME criteria in
- 16 there. Just quick questions, a check list to see
- 17 if the person really should or should not be taking
- 18 this drug.
- 19 So, again, I have mixed feelings but I
- 20 think, in reality, it would be very difficult to
- 21 restrict this drug to gastroenterologists only.
- DR. METZ: I would focus on the fact that
- 23 IBS is a diagnosis of exclusion and that it is a
- 24 syndrome and that, in actual fact, to diagnosis
- 25 this condition, you need to exclude IBD. I think

1 that requires an endoscopic evaluation. We can

- 2 argue about whether a flex-sig is enough or you
- 3 need a colonoscopy.
- 4 But I think one of the issues here is that
- 5 you would need to go through a check list, as Dr.
- 6 Wolfe suggested, and if you have had any blood in
- 7 your stools, you don't count. If you haven't had
- 8 an endoscopic evaluation to rule out IBD, I think
- 9 you would be out.
- 10 That doesn't mean it has to be the
- 11 gastroenterologist doing the prescribing. But I
- 12 think they have to be in the loop in the evaluation
- 13 and the diagnosis of the patient. Once that
- 14 patient is then put onto a program, I think it
- 15 would be totally appropriate for a well-trained,
- 16 primary-care doctor who has gone through CME
- 17 training, however it is evaluated, to continue
- 18 prescribing for that patient.
- 19 But I would like to see a proper diagnosis
- 20 up front. I think that is where all the issue came
- 21 for the postmarketing data is I see that sudden
- 22 jump in the first three months, I am attributing to
- 23 misdiagnosis and I think you can prevent that.
- DR. FLEMING: I pass.
- DR. LEVINE: I would agree with Dr. Wolfe.

1 I do think there is an insurance policy here and I

- 2 would like it clarified by Dr. Raczkowski. I think
- 3 anybody who signs off on this in any way is
- 4 probably liable legally. So if that is true, I
- 5 think a family practitioner would be, and a
- 6 gastroenterologist would be, loath to sign anything
- 7 away if they felt uncomfortable that they didn't
- 8 know how to manage this. I think that is an
- 9 insurance policy.
- 10 Could you clarify that, Dr. Raczkowski?
- 11 If someone signed off on this, they would be
- 12 liable?
- DR. HOUN: I think malpractice is governed
- 14 by each state and how each state handles those
- 15 issues. There is not an indemnity form that you
- 16 would sign saying you accept the risks and will not
- 17 sue for them. Wherever you practice, the norms, in
- 18 terms of practice standards, apply to you.
- 19 DR. LEVINE: But my point is, if a doctor
- 20 in Montana or in New York writes down and says, I
- 21 am going to put this person and follow the
- 22 educational program, et cetera, then he knows that
- 23 if something happens to that patient, it probably
- 24 may result in that state in legal problems.
- 25 So I think that is an issue that should be

1 kept in the back of the mind. In any event, I am

- 2 with you, Mike. I go along with what you--I would
- 3 say to everybody, you would have to do it even
- 4 though I would prefer to see it solely in
- 5 gastroenterologists.
- 6 DR. LaMONT: I like the hybrid model where
- 7 an internist or a primary-care doctor working in
- 8 conjunction with a specialist can ascertain and
- 9 establish the diagnosis. So I vote for a hybrid
- 10 model.
- DR. HOLMBOE: As a general internist
- 12 practicing in a city with a very poor population,
- 13 it is often very difficult, even when there are
- 14 gastroenterologists in the city, to get them to be
- 15 seen by gastroenterologists. So I think that, with
- 16 the model proposed by Dr. Wolfe, that is quite
- 17 doable.
- 18 I think that there would have to be some
- 19 sort of certification. You would have to document
- 20 you had the knowledge to prescribe the medication.
- 21 On top of that, I would build in the check list and
- 22 exclusions into the patient agreement. I would
- 23 make that part of the form so it becomes part of
- 24 the records instead of making it separate. That
- 25 will help remind the physician what to do.

1 Third, although we will get to this later,

- 2 I think that, particularly for those outside of
- 3 gastroenterologists who decide to do this, there
- 4 should be some form of an audit, at least early in
- 5 the course of their using it, to make sure they are
- 6 using it properly. I think that would help.
- 7 DR. VENITZ: I don't think we need any
- 8 restrictions according to subspecialties but I do
- 9 think that certification and documentation of
- 10 competency is required. I am sensitive to Dr.
- 11 Gross' suggestion that there should be some
- 12 referral system set up a priori to make sure that
- 13 the diagnosis is not missed. But, from that point
- on, I don't see why anybody that understands the
- 15 drug and the disease but is not an enterologist
- 16 couldn't follow up and make whatever adjustments.
- 17 DR. ANDERSON: I agree.
- DR. CRYER: So what we are trying to
- 19 accomplish here is to reduce the risk to the
- 20 patients who are going to be exposed to the drug.
- 21 I think that is accomplished. I think the case has
- 22 been well stated that it is accomplished by
- 23 excluding other diseases which could mimic IBS and
- 24 its presentation.
- 25 Also, to the extent that the patient

- 1 population who is ultimately prescribed this drug
- 2 mimics or parallels the patient population which
- 3 was studied in the clinical trial would be
- 4 desirable. So, to achieve that, if we look back at
- 5 the exclusion or inclusion criteria for the
- 6 clinical trials, there were patients who were
- 7 studied by either flex-sig or colonoscopy within
- 8 five years of diagnosis.
- 9 So, to accomplish that in the clinical
- 10 practice and clinical implementation of this drug,
- 11 I do not think that prescribing needs to be done by
- 12 a gastroenterologist. But I do think that this
- 13 physician-patient agreement needs to reflect the
- 14 fact that some sort of evaluation for other
- 15 diseases has been done in a similar way that the
- 16 clinical trials were actually conducted, possibly,
- 17 even, to specifically state that evaluations for
- 18 other processes such as Crohn's disease or
- 19 ulcerative colitis have been done.
- 20 I think specifically that needs to be
- 21 indicated and documented in the section for
- 22 physicians, that acknowledgment. I also agree that
- 23 there should be some sort of certification that is
- 24 done by physicians and, by having that
- 25 acknowledgment as part of this document, that helps

1 serve as an educational tool for physicians in that

- 2 every time they go through the prescribing, this
- 3 prescribing exercise for patients, they go over in
- 4 their mind that, yes, this patient has been
- 5 evaluated for Crohn's by someone; yes, he has been
- 6 evaluated for ulcerative colitis, diverticulitis,
- 7 and those conditions do not exist.
- 8 So, to summarize, I don't think it should
- 9 be done, prescribing restricted to a
- 10 gastroenterologist but there needs to be some
- 11 component to document that that evaluation of other
- 12 disease processes has happened.
- DR. RICHTER: I see this as a multistep
- 14 process and there are a lot of unknowns in Question
- 15 1 and Question 2. For this to be inserted back
- 16 into the public, this is a place where I do think,
- in the beginning, we ought to have some
- 18 restrictions. I think it ought to be restricted to
- 19 gastroenterologists for the first year, first year
- 20 and a half, allow the company to do more studies,
- 21 really get an idea of the safety situation there,
- 22 not because I think gastroenterologists want this
- 23 drug restricted to themselves. I think they would
- 24 prefer this be for everybody.
- 25 But, until we really have a handle on this

- 1 ischemic-colitis area, by restricting it to
- 2 gastroenterologists to start with, with a careful
- 3 monitoring, see how this restrictive
- 4 system--everybody wins. The patient gets the drug.
- 5 Hopefully, we have a better idea of the patients
- 6 that have to, and then widen it with the goal to be
- 7 that it will be widened after you have had an
- 8 experience with the gastroenterologist-only drug.
- 9 DR. WOLFE: Before we go on, I want to
- 10 state one thing to the audience. There is no
- 11 conflict here. Dr. Richter stated this very, very
- 12 clearly. This is actually a shortage of
- 13 gastroenterologists. We are not looking, right
- 14 now, for a horde of patients to come to us. So
- 15 that is not the reason for restriction here at all.
- There is a serious shortage in many, many
- 17 places throughout the country. I actually have a
- 18 question for the FDA and for the sponsor. I would
- 19 assume--I see several gastroenterologists here work
- 20 for GSK. I would assume that there will be people
- 21 available in case there were questions by
- 22 physicians, to call the 800 number, a consumer
- 23 number to call. Would that be correct?
- DR. TRABER: Yes. I think the company
- 25 would provide, as was mentioned by Dr. Wheadon, a

- 1 website and 1-800 numbers and lots of information.
- 2 I would just put into the mix here a couple of
- 3 comments. One of the most important things I heard
- 4 from the patients and from a lot of people is to
- 5 make sure that the people who have the proper
- 6 risk-benefit have access to this drug.
- 7 Many of you know that I ran a GI training
- 8 program. I will just say that there are
- 9 gastroenterologists that are trained as
- 10 gastroenterologists who have, then, never treated
- 11 patients with IBS and they restrict their practice
- 12 to hepatobiliary disease or whatever. They are no
- 13 more qualified to, twenty years down the line,
- 14 treat irritable bowel syndrome as other people, or
- 15 they may not see patients.
- 16 Furthermore, there are lots of physicians
- 17 who may focus in irritable bowel syndrome and see a
- 18 lot of patients in that way that are not
- 19 gastroenterologists. So I would just put that into
- 20 the mix that I am as much for credentialing of
- 21 gastroenterologists as anybody, but certifying in
- 22 this particular area is, I think, important.
- DR. WOLFE: So, to vote on this question,
- 24 I think I can simplify to some extent. Is there
- 25 anybody here who doesn't agree there should be some

- 1 kind of knowledge of IBS that is mandatory to
- 2 treat? So we all agree there should be some kind
- 3 of knowledge of IBS and knowledge regarding the use
- 4 of this drug. I think everybody agrees with that.
- 5 I think the question could be basically
- 6 boiled down to does one have to be a
- 7 gastroenterologist. I think that is the
- 8 restriction we are talking about. So I think just
- 9 a simple yes/no right now would suffice because we
- 10 have to move on. So, again, the question, right
- 11 now, that we are going to take a vote on, should
- 12 this drug be restricted to gastroenterologists from
- 13 Day 1.
- 14 The specific model, I think you have
- 15 seen--the FDA has seen a lot of opinions raised
- 16 here. We can all agree that, in conjunction with
- 17 someone with expertise in IBS would be desirable.
- 18 But, right now, I think the question specifically
- 19 being asked is should we restrict this drug. Let's
- 20 first answer that, yes or no. Should it be
- 21 restricted to gastroenterologists, yes/no.
- DR. LEVIN: Yes; gastroenterologists.
- DR. WOLFE: This is by hands. Okay. How
- 24 many feel it should be restricted by
- 25 gastroenterologists at this point?

- 1 [Show of hands.]
- DR. WOLFE: How many feel that it can be
- 3 restricted to others. There may be abstentions,
- 4 too--it can be used by others as well.
- 5 [Show of hands.]
- 6 DR. WOLFE: With restrictions. We already
- 7 talked about restrictions. That is understood
- 8 DR. METZ: Can I insert something? Is one
- 9 of those restrictions that you have had a
- 10 preestablished diagnosis including a look at the
- 11 mucosa?
- DR. WOLFE: I don't think that is
- 13 necessary. ROME criteria are available. If you
- 14 have a twenty-three-year-old woman who comes in
- 15 with a ten-year history of diarrhea, I don't
- 16 think--and it fits all the ROME criteria, I don't
- 17 think it is necessary to do a colonoscopy or a
- 18 sigmoid in every case. Sometimes I would. It is
- 19 clinical judgment.
- DR. GROSS: How about consult with a
- 21 gastroenterologist who treats IBS and IBD.
- DR. WOLFE: That is up to you as a
- 23 primary-care physician. Primary-care physicians, I
- 24 think if you are uncomfortable, that is why God
- 25 created gastroenterologists. That is what we are

- 1 here for.
- DR. CRYER: Dr. Wolfe, in the patient that
- 3 you just described, this twenty-three-year-old
- 4 woman who fits the criteria, it is still possible
- 5 that she could have IBD. We have learned, we have
- 6 heard, that IBD is one of those conditions in which
- 7 there may be increased risk for ischemic-related
- 8 problems.
- 9 I don't think that it should be restricted
- 10 to a gastroenterologist, but I agree with Dr. Metz,
- 11 there needs to be some sort of validation that we
- 12 have excluded the possibility of those diseases.
- DR. WOLFE: So you are saying that every
- 14 single patient should have some kind of endoscopy
- 15 of some sort. Let's vote on the
- 16 gastroenterologists here.
- DR. CRYER: I am not saying that. I am
- 18 just saying that there needs to be some sort of
- 19 confidence in the prescribing physician that those
- 20 conditions have been evaluated and that confidence
- 21 needs to be documented in the physician aspect of
- 22 this form.
- DR. WOLFE: I agree. We are just saying
- 24 it different ways. We should be confident that the
- 25 diagnosis, as confident as we possibly can be. We

1 are never going to be 100 percent confident of

- 2 anything
- 3 DR. METZ: The one point that struck me
- 4 that distinguished the premarketing data from the
- 5 postmarketing data is that, in all those
- 6 premarketing studies, there was a screening visit
- 7 including a scope.
- 8 Actually, an issue that wasn't raised, I
- 9 would be very interested in knowing in how many
- 10 patients who were screened and failed because they
- 11 had an abnormal endoscopy. I did ask that of Glaxo
- 12 during the break and I was told very few. But I
- 13 didn't get a specific answer.
- DR. WOLFE: It is going to stay very few
- 15 because we really have to move on. Unfortunately,
- 16 as the chair, I have another question that I have
- 17 added in here because the question has been raised
- 18 by Dr. Fleming and a few others and that is there
- 19 is really very little data to suggest a
- 20 dose-dependent dose-response curve for efficacy.
- 21 But there are data at present to show a
- 22 dose-response curve for constipation. So we know,
- 23 for safety issues, there is a dose-response curve
- 24 there. I would, personally, like to get some
- 25 recommendations quickly regarding what dose we

1 would start at and for how long we would recommend

- 2 that dose titration continue.
- 3 DR. HOUN: Before you begin that, before
- 4 we leave the prescribers, the qualified
- 5 prescribers, I understand there is some
- 6 recommendation that the prescribers, some of them
- 7 can be in consultation with GI. There is some
- 8 consideration that this previous exclusion of
- 9 organic disease should be considered.
- 10 What I heard different was about an
- 11 education program prior to being called qualified.
- 12 I got pretty much that most people would be in
- 13 favor of that; is that correct?
- DR. WOLFE: Yes.
- DR. HOUN: So not just someone who
- 16 self-attests, but you are saying an active
- 17 education program. Some people have mentioned you
- 18 test to show that--
- 19 DR. WOLFE: You need a quick list, too,
- 20 before prescribing the medication. That could
- 21 actually be a very quick education for the patient
- 22 and for the physician.
- 23 Can we move on? Since we started at the
- 24 ends, I am going to start in the middle here. What
- 25 I would like to propose, and if we spend a lot of

1 time, we will have to cut it. We will just cancel

- 2 the question. I would actually rather start
- 3 with--suggest; we don't vote. We suggest to FDA
- 4 and to the sponsor that the dose be a half
- 5 milligram.
- 6 Again, the data show very clearly,
- 7 starting at a half to 1 to 2, there was a
- 8 difference in the incidence of constipation. So I
- 9 propose starting with a half milligram and then
- 10 going on from there.
- DR. CRYER: As a point of clarification,
- 12 do you mean a half milligram BID for a total 1
- 13 milligram daily dose?
- DR. WOLFE: I will go back to the example
- 15 I used before and that was sulfasalazine. We start
- 16 at 5 milligrams a day on a drug that we used 1 gram
- 17 four times a day. So I would start with a half
- 18 milligram a day, go to a gram a day and then to 2
- 19 grams a day. Milligrams; excuse me. We are not
- 20 treating elephants. We are treating humans here;
- 21 yes.
- 22 So I would start with a half a milligram a day to a
- 23 milligram a day to 2 milligrams a day.
- DR. TRABER: I just wanted to remind the
- 25 committee that what we have proposed is 1 milligram

- 1 once a day. That is kind of what was in the sNDA.
- DR. WOLFE: What I am suggesting is maybe
- 3 you may consider and start with a half a milligram
- 4 a day
- 5 DR. METZ: Is there any data on that? In
- 6 terms of the PK/PD, we heard there isn't any
- 7 information in the trials--I think the information
- 8 that you showed us was in BID dosing. So is it 1
- 9 milligram once a day or 0.5 milligrams twice a day?
- DR. WHEADON: First of all, I need to
- 11 clarify one thing. Remember, that we are
- 12 discussing a supplemental NDA. The NDA that has
- 13 been approved and was voluntarily withdrawn does
- 14 not include a 0.5 milligram tablet. It only
- 15 involves a 1 milligram tablet. So, if you make a
- 16 recommendation concerning 0.5, you are adding on to
- 17 the time frame that Dr. Palmer has referred to
- 18 earlier.
- 19 So that is another consideration that
- 20 needs to be kept very strongly in mind.
- 21 DR. WOLFE: Again, in consideration of
- 22 safety, you showed data very clearly--in my view,
- 23 you showed data very clearly showing that a half a
- 24 milligram a day, total dose, there was, even in
- 25 those patients, some constipation. When you went

1 to 1 milligram, there was a little more. Then,

- 2 with 2 milligrams, it was even more, unless I
- 3 misread the data.
- So, again, if no one else feels that way,
- 5 then we will just go to the 1-milligram dose.
- 6 DR. VENITZ: I am in agreement with what
- 7 you are saying in terms of starting at a lower
- 8 dose. I am not sure whether it should be done as
- 9 part of the standard of care in terms of actually
- 10 reapproving the drug. But I would encourage the
- 11 sponsor to do a prospective study.
- 12 You have a study proposed right now in
- 13 your risk-management plan. But you look at doses
- 14 lower than 1 milligram a day; in other words, half
- 15 a milligram a day, all the way from 0.5 to 2
- 16 milligrams per day.
- 17 And you look at safety and efficacy in a
- 18 prospective trial because, personally, I am not
- 19 convinced that, with the dose finding that you have
- 20 done in phase 2A, that you have found the optimized
- 21 dose. What you would probably find is that the
- 22 dose, the optimal dose, is going to be different by
- 23 patient.
- 24 But I don't think that I would recommend
- 25 that as the dose that was used for the patient at

1 large, but it should be used as part of clinical

- 2 trial where you can actually assess the dose
- 3 response within a patient.
- DR. PALMER: Can I just raise the issue
- 5 here? I mean, I think this is a very important
- 6 issue in terms of the availability of the drug
- 7 moving forward. I think we all recognized, when we
- 8 made the proposal for 1 milligram once a day, that
- 9 this was a pragmatic solution to a safety issue.
- 10 If we accept the pragmatic solution, then
- 11 the track, in terms of where everyone wants to be
- 12 who is sitting out there, which is to have the drug
- 13 available, is much shorter than the track which is
- 14 being discussed which is to have a 0.5 milligram
- 15 tablet, potentially run dose ranging in parallel.
- 16 We can go either way on these options, but
- 17 we have to make some decisions. I would be
- 18 absolutely clear, the 1 milligram once a day is a
- 19 pragmatic decision based on data on just intuitive
- 20 up titration, good medical practice and reducing
- 21 the risk of constipation. I just wanted to make
- 22 that clear.
- DR. WOLFE: Is the pill scored? Is the
- 24 tablet scored?
- DR. PALMER: The tablet is not scored, as

- 1 I remember.
- DR. VENITZ: That is exactly why I was in
- 3 favor of what you are proposing right now for the
- 4 standard of care as far as making it available to
- 5 the public at large. But I also would encourage
- 6 you, in your phase IV study commitment that you
- 7 have in here, to add a lower dose, even if that
- 8 means you are going to have to develop a new, a
- 9 lower-strength dosage form.
- 10 DR. PALMER: Again, just to again set the
- 11 scene of where we are, all work stopped in
- 12 November, 2000 when we withdrew. If we are now in
- 13 a mode where we are moving forward, then clearly we
- 14 are into a different plan because then phase IV
- 15 commitments, everything else, can come back on the
- 16 table and we can look at what we need to do to
- 17 fully characterize the drug.
- 18 A lot of the things that have been
- 19 suggested round the table today were actually on
- 20 the slate to do. Obviously, if we find a way
- 21 forward, then those would be reactivated.
- DR. DAY: Speaking of what is on the slate
- 23 to do, I notice Dr. Hoberman presented data showing
- 24 that individuals of lower weight had a higher
- 25 incidence of adverse events. I was wondering if

- 1 you had given any consideration to titrating the
- 2 dose as a function of the weight or height-weight
- 3 considerations per patient.
- 4 DR. CARTER: I don't believe that we
- 5 actually gave that as a consideration. But,
- 6 perhaps, if I am speaking out of school here, one
- 7 of my colleagues can then correct me. I don't
- 8 believe that that was ever the case.
- 9 DR. PALMER: We were in the process of
- 10 setting up some studies in the Asia-Pacific region
- 11 looking at people of lighter body mass, smaller
- 12 body mass. Obviously, they got put on hold at the
- 13 time that we withdrew the drug.
- DR. WOLFE: Dr. Goldstein?
- DR. GOLDSTEIN: One other consideration.
- 16 I don't know where, if at all, there are pediatric
- 17 studies done or contemplated. In point of fact,
- 18 Kline and Barbero, the late Julio Barbero, had done
- 19 some studies in small children in St. Louis and
- 20 there are others. But, in terms of an incentive to
- 21 consider a 500 milligram dose form, or half the 1
- 22 milligram dose, let me put it that way, that is
- 23 something that might add a bit of incentive to
- 24 considering something like that.
- DR. HOUN: Mr. Chair, I think we should

- 1 move on.
- DR. WOLFE: I want a quick yes/no, a show
- 3 of hands.
- 4 MR. CARTER: Mr. Chairman, I'm sorry. We
- 5 do have one slide that shows the constipation data
- 6 for the 0.5 milligram BID dose that might be
- 7 pertinent before--
- DR. WOLFE: That is 1 milligram a day.
- 9 DR. CARTER: That is 1 milligram a day but
- 10 that is all that we have. So we don't have a 0.5
- 11 milligrams QD.
- DR. WOLFE: Why don't you show it quickly,
- 13 then.
- DR. CARTER: E8, please.
- 15 [Slide.]
- So we have seen the 11 percent adverse
- 17 events. Obviously, the numbers are small, 14
- 18 percent in women, median time to onset, 8 days, and
- 19 then the withdrawals due to constipation were as
- 20 you see here. We did have that one subject
- 21 reporting ischemic colitis, a male patient.
- DR. WOLFE: You are reinforcing it is a
- 23 lower incidence of constipation. It is much lower.
- 24 Let's move on. Just quickly, I want a
- 25 show of hands. Is there any sentiment for starting

1 at lower than 1 milligram a day, starting at a half

- 2 a milligram a day? By show of hands. Would
- 3 anybody interested in a lower dose at the present
- 4 time?
- 5 Right now, 1 milligram a day; correct?
- 6 And then moving upwards. What I am proposing is a
- 7 half milligram a day and moving upwards.
- 8 DR. STROM: As part of the study or as
- 9 part of the initial marketing?
- 10 DR. WOLFE: As part of the release of the
- 11 drug.
- DR. CRYER: I would just like to make one
- 13 comment. The data that we just saw here was for
- 14 0.5 milligrams BID. What is currently on the table
- 15 is for 1 milligram total daily dose per day. To
- 16 the extent that we can, I really would like to
- 17 encourage us to make our decisions that are data
- 18 driven. The data that we have are for 0.5
- 19 milligrams BID. So I would propose a compromise
- 20 between the two; yes, 0.5 milligrams, but twice
- 21 daily because that is the dosage form for which we
- 22 have data.
- DR. HOUN: Mr. Chair, I think we should
- 24 move on.
- DR. WOLFE: We are moving on.

1 DR. HOUN: It is clear that the company is

- 2 not prepared at this point to manufacture 0.5. I
- 3 think we can discuss with them where they would be
- 4 with manufacturing 0.5 in the future. And I hear
- 5 your concern that there might be some safety
- 6 advantages to that and I also hear the concern
- 7 there might need to be efficacy studies to
- 8 elaborate more on that efficacy for that dose.
- 9 DR. WOLFE: We will move to Question 4.
- 10 GSK proposes to restrict use of Lotronex to
- 11 patients who sign a patient-physician agreement.
- 12 This agreement is then filed in the patient's
- 13 medical record. Is this adequate to ensure that
- 14 only patients with the most favorable benefit-risk
- 15 balance receive Lotronex. Is auditing of this
- 16 agreement needed?
- We have actually, in a way, discussed the
- 18 first part of this question by--did we discuss
- 19 this, do you think, the first part of the question?
- 20 Everybody agree?
- Okay. Is auditing of this agreement
- 22 needed? Do we all think it needs to be audited?
- 23 Is there anybody who thinks it shouldn't be
- 24 audited? Okay.
- We will go the next part, b. GSK proposes

1 a utilization study of UHC as a mechanism to audit

- 2 whether appropriate patients are being prescribed
- 3 Lotronex. Is this auditing mechanism adequate to
- 4 achieve this goal? If not, describe an adequate
- 5 auditing mechanism.
- I would like to start with Dr. Gross.
- 7 DR. GROSS: I have one additional
- 8 suggestion and that is most educational efforts, if
- 9 they are didactic, don't work. If they are
- 10 interactive, they are more likely to work.
- 11 Therefore, I think, much as the Advisory Committee
- 12 on Immunization Practices has done for vaccines,
- 13 some kind of questionnaire should be developed for
- 14 patients and a separate one for physicians that
- 15 they need to answer and get correct in order to be
- 16 prescribed the drug or to prescribe the drug.
- DR. WOLFE: So you are saying that that,
- 18 in itself, what they are proposing is not adequate,
- 19 that more is needed?
- DR. GROSS: Yes, along the lines I
- 21 recommended.
- DR. DAY: I would like to comment more
- 23 thoroughly on this proposal. Everyone agrees here
- 24 today that the patient plays a key role in
- 25 identifying AEs in reporting and so forth. I think

1 that the sponsors put in place a number of good

- 2 things that will help, the med guides, the
- 3 patient-physician agreement form, and so on.
- 4 However, we can put all the appropriate
- 5 information in all these documents, but if patients
- 6 cannot find, understand, remember and use the
- 7 information appropriately in an accurate and
- 8 efficient way, then it is functionally absent. I
- 9 think that the patients who are here today are very
- 10 knowledgeable and very willing to consider all of
- 11 these things and sign as appropriate.
- 12 However, there will be new people entering
- 13 the pool if this drug is reintroduced. The plan,
- 14 at least provided in the briefing materials by the
- 15 sponsor, include some knowledge questions within a
- 16 larger survey mechanism and that mechanism deals
- 17 with a lot of other things. The only thing that is
- 18 said about how the data will be analyzed, with
- 19 respect to knowledge, is that knowledge will be
- 20 looked at in terms of the other variables such as
- 21 the demographic variables.
- They do mention some of the appropriate
- 23 things to test; a patient's knowledge of the
- 24 benefits, of the risks and appropriate actions to
- 25 take. However, it is a written survey and, as the

1 FDA has pointed out today, it is voluntary. If

- 2 there were a patient registry, then it could be
- 3 mandatory, they say.
- 4 Sure. But, still, a written survey that
- 5 is taken on one's own in one's own residence or in
- 6 the car or wherever has some inherent limitations.
- 7 So, if, for example, someone does not answer one of
- 8 the questions, does that mean that the person does
- 9 not know or forgot or was interrupted.
- 10 So there are other mechanisms for this
- 11 intention in addition to a written survey. There
- 12 could be a phone survey. That would ensure whether
- 13 the patient is looking at the medication guide
- 14 while answering the survey or not. With just the
- 15 self-take written one, the person could just be
- 16 going through and ticking off the answers from the
- 17 medication guide and, therefore, we would be
- 18 evaluating the ability to read, not the ability to
- 19 understand, remember and use the information.
- 20 So the phone survey would add some
- 21 additional help on some of these matters. I think
- 22 it would be useful to consider doing a laboratory
- 23 study which could go into people's knowledge and
- 24 understanding and ability to apply this information
- 25 in more depth. Using various cognitive tasks

- 1 including free recall, recognition and scenario
- 2 tests, you can probe the same information more and
- 3 more deeply.
- When you do this, you can find that,
- 5 perhaps, when someone is just asked to recall or
- 6 find information and say it, and if they can't, it
- 7 doesn't necessarily mean they know nothing about
- 8 it. Some of the more sensitive measures can be
- 9 used to show they know something about it. You can
- 10 also use this mechanism to find out what types of
- information are communicated well, no problems,
- 12 versus one or two that people are misunderstanding.
- 13 Then we could determine, are those one or two
- 14 things likely to create safety issues.
- 15 As for what the level of acceptance on
- 16 such surveys should be, or laboratory studies or
- 17 whatever they are going to be, it is hard to set an
- 18 a priori percent correct. It depends upon the
- 19 nature of the task and the instrument that is being
- 20 administered. In some of the work in my
- 21 laboratory, I can find that there are some
- 22 questions in some original materials, based on
- 23 original materials, where people get 20, 30 percent
- 24 correct.
- 25 That is clearly unacceptable. But, with

1 that information, we can modify the information in

- 2 the label, in the medication guide, in the
- 3 patient-physician agreement form and then see a
- 4 dramatic increase up to over 90 percent. So I
- 5 don't think we can set an a priori percent-correct
- 6 level for some of these items but, clearly,
- 7 something above 85 or something in the high range,
- 8 given the possible bad outcomes that can come about
- 9 from some of these types of information if they are
- 10 not fully understood.
- 11 As to when this kind of program should be
- 12 done, the sponsors propose it will be in
- 13 post-market days. That is fine. I would suggest
- 14 that a very quick study with a limited number of
- 15 participants can be done before the drug would be
- 16 reintroduced to find out exactly what types of
- 17 information are well understood and see if any
- 18 stand out that are not understood so that labeling
- 19 issues and medication-guide issues could be
- 20 addressed.
- In my lab, I have compared just a small
- 22 group, under 100, with thousands that are done in
- 23 the usual kinds of label-comprehension studies, say
- 24 when you go from prescription to OTC. Although the
- 25 overall levels of percent correct may change, the

1 patterns are identical. What you have trouble with

- 2 out in the real world is what you have trouble with
- 3 in the lab. So a lab study can be done very
- 4 quickly.
- 5 The final point here is that the sponsor
- 6 would probably perceive this as a burden difficult
- 7 to meet in the time plan that they would like to
- 8 have and also that there would be various costs
- 9 involve. I can just say that these are really
- 10 relatively minimal given the usual kinds of
- 11 comprehension studies that go on. As I say, these
- 12 more limited ones mimic the outcomes of the big
- ones.
- 14 Finally, I would like to just mention that
- 15 this kind of comprehension study could be
- 16 considered with the physicians and with the
- 17 pharmacists as well as the patients for the
- 18 materials that they receive.
- 19 DR. WOLFE: To summarize, we have two no's
- 20 so far. You have a lot of studies so far that have
- 21 been suggested to you. I think that actually
- 22 answers Question 8 to some extent as well as
- 23 looking at lower doses.
- We really have to go on, but does
- 25 anybody--

DR. DAY: I would just point out, it did

- 2 say, in this question, if the plan does not meet an
- 3 acceptable level, what would be a plan that would.
- DR. WOLFE: Oh, yes. That's great. Fine.
- 5 You did a wonderful job at it. But we have to move
- 6 on now. Does anybody here disagree with our two
- 7 respondents so far saying no, everything is
- 8 wonderful the way it is and leave it this way, the
- 9 auditing that has been suggested is adequate?
- 10 So we all agree so far with our two
- 11 colleagues that what has been planned so far is
- 12 inadequate and more needs to be done. That is to
- 13 say, that the drug is going to be delayed until it
- 14 is--
- DR. HOUN: Could I have a show of hands of
- 16 who feels the plan is adequate?
- [No response.]
- DR. HOUN: Who feels that it is
- 19 inadequate. Voting members only, please.
- [Show of hands.]
- 21 DR. HOUN: Some abstentions; is that not
- 22 correct? Who is abstaining? Raise your hand.
- [One hand raised.]
- DR. HOUN: Okay.
- DR. GARDNER: May I just make a

- 1 clarification? It isn't that I think necessarily
- 2 that more needs to be done but maybe some different
- 3 things need to be done or substitutions need to be
- 4 made because I don't think that this--I am
- 5 certainly not voting to take everything they have
- 6 proposed and say, "In addition, you need to do
- 7 more."
- B DR. WOLFE: Okay. We are on c. GSK
- 9 proposes the pharmacy-based study using the Slone
- 10 epidemiology and Eckerd Corporation to audit
- 11 patients' knowledge and awareness of the risks and
- 12 benefits of Lotronex. Is this auditing mechanism
- 13 adequate to achieve this goal? If not, describe an
- 14 adequate auditing mechanism. We sort of just did
- 15 that.
- That's good. So we are saying that, yes,
- 17 these things are okay, these are okay, but there
- 18 are additional things that should be considered.
- 19 You had suggested some already.
- 20 DR. STROM: Jackie didn't say that these
- 21 are necessarily okay and other things should be
- 22 added. There are a number of other suggestions you
- 23 could make. Patient registration is one of them.
- 24 Random audits of registered physicians. You can
- 25 compare numbers of stickers given to sales in order

1 to look to see if, in fact, the numbers are the

- 2 same.
- 3 There are a number of ways around it.
- 4 Personally, I am more comfortable with UHC, not as
- 5 sufficient, with other things added to it. I have
- 6 more concerns about the Slone suggestion because of
- 7 the issue of cooperation, that the people who will
- 8 participate in that kind of voluntary survey are
- 9 going to be biased people. They are going to be
- 10 more likely to be knowledgeable and it is going to
- 11 lead to misleading information. It is going to
- 12 make it look better than it is.
- So I would substitute some of these other
- 14 things for that, not just simply add, as Jackie
- 15 specified.
- DR. GARDNER: I concur.
- DR. WOLFE: FDA, are you happy with this
- 18 answer so far?
- 19 DR. HOUN: Victor, is there any other
- 20 further clarification? I think the only thing we
- 21 would like further clarification is on patient
- 22 enrollment. That is registering of all patients
- 23 who will get this drug. Is that something the
- 24 committee thinks should be done or should not be
- 25 done?

DR. WOLFE: Does anybody have any comments

- 2 on this?
- 3 DR. GARDNER: You have more information on
- 4 how the Accutane registry worked, but I have to
- 5 assume that, since we have now gone through several
- 6 interactions of additional patient-protection
- 7 mechanisms, that the patient registry was not
- 8 meeting the goals that you had. So I don't know
- 9 why this one would be any different at all.
- 10 DR. CRYER: I have some fairly strong
- 11 thoughts about a registry. The point that came
- 12 across very clear to me in the postmarketing
- 13 experience is that the postmarketing dataset is
- 14 incomplete. We have heard that presented by the
- 15 sponsor. We have heard that presented by the FDA.
- 16 We have heard it a number of times today.
- 17 What I really also feel strongly about is
- 18 getting more data about the safety of this drug.
- 19 One of the ways to accomplish that is through a
- 20 registry in which patients, as a condition of
- 21 receiving the drug, you register for the drug and
- 22 all of these characteristics that we are trying to
- 23 capture are then captured through the registry
- 24 information.
- 25 So I, personally, would be very strongly

1 in favor of a registry as a condition of enrollment

- 2 in this prescribing program.
- 3 DR. BEITZ: I just wanted to clarify a
- 4 point on the Accutane program. That involves
- 5 voluntary participation in the Slone survey. It
- 6 always was voluntary and it continues to be
- 7 voluntary even in the new program that we have
- 8 implemented.
- 9 DR. HOUN: Under patient registration,
- 10 there are programs such as clozapine requires
- 11 patient registration as well as the thalidomide
- 12 requires patient registration. But other programs
- 13 do not. Some require physician registration only.
- DR. WOLFE: I have a question. This
- 15 registration, obviously, implies not forever and
- 16 forever; at least for the time being. You are
- 17 saying that you want it until some adequate data
- 18 are available.
- 19 DR. HOUN: It sounds like that is why
- 20 people would like registration here, is to help
- 21 answer questions about patients, risk factors and
- 22 identifying responders, perhaps. It sounds like it
- 23 is an information-gathering tool at this point.
- DR. WOLFE: There is no reason to attach a
- 25 time limit to it. You can decide that later on.

- 1 So let's just vote. How many here would favor--
- DR. LOUIK: Excuse me. Can I just clarify
- 3 some differences between this program and the
- 4 Accutane program, because I think there are some--
- 5 DR. WOLFE: If you can do it in fifteen
- 6 seconds.
- 7 DR. LOUIK: There are some very important
- 8 differences. First of all, in the Accutane
- 9 program, which was a voluntary survey, there was no
- 10 denominator data available. We never knew how many
- 11 forms were out there or how many patients were
- 12 approached. In the methodology that we are
- 13 describing here, we will have denominator data. We
- 14 will be able to calculate participation rates and
- 15 we will be able to compare responders and
- 16 nonresponders on a variety of demographic
- 17 variables.
- DR. WOLFE: Thank you. That was pretty
- 19 good.
- 20 Let's try to vote at this time. How many
- 21 favor patient registration?
- [Show of hands.]
- DR. CAMPBELL: It is very conditional,
- 24 yes, until we have some data to describe the
- 25 operation of it and so forth.

1 DR. WOLFE: How many do not favor patient

- 2 registration at the present time?
- 3 [Show of hands.]
- 4 MR. PEREZ: So we have two abstaining.
- 5 DR. WOLFE: How many abstain? Somebody
- 6 abstained. If you don't want to vote, that means
- 7 you abstain. So how many are in favor of patient
- 8 registration?
- 9 [Show of hands.]
- 10 DR. SELIGMAN: One member of the committee
- 11 has left. Dr. Richter left.
- DR. WOLFE: How many are against patient
- 13 registration?
- [Show of hands.]
- MR. PEREZ: We have thirteen in favor, two
- 16 abstained and three not in favor.
- DR. WOLFE: Question No. 5 regarding
- 18 physicians. GSK proposes a plan in which
- 19 physicians call and 800 number to receive a
- 20 self-attestation kit including stickers.
- 21 Physicians self-attest to their qualifications by
- 22 signing the section for the physician on the
- 23 patient-physician agreement. This agreement is
- 24 then filed in the patient's medical record. Is the
- 25 sponsor's proposal adequate to allow for evaluation

of physician adherence to the program? If not,

- 2 describe an adequate auditing mechanism; b. define
- 3 an adequate level of adherence to the program by
- 4 physicians and c. should physician
- 5 enrollment--i.e., registration--be part of the
- 6 risk-management plan?
- 7 DR. GARDNER: Mr. Chairman, didn't we
- 8 start to address some of this when we dealt with--
- 9 DR. WOLFE: We sure did.
- 10 DR. GARDNER: So self-attestation may be
- 11 out. Can we ask if whatever certification program
- 12 goes in could be linked to some of these questions?
- DR. GARDNER: We really had discussed this
- 14 regarding restricting it. We discussed it fully.
- 15 We feel some kind of self-attestation is necessary
- 16 for prescribing this, some kind of evidence of
- 17 proficiency in the disease, whether that is a
- 18 learning process, a CME program, a form to fill
- 19 out, a questionnaire. I think we all agree to that
- 20 already.
- 21 DR. GROSS: So it could be tested and
- 22 there won't be an attestation, there will be a
- 23 test.
- DR. CRAWFORD: Since we are considering
- 25 the physicians as part of the risk management

- 1 program, at this point, I would like to ask the
- 2 committee to address whether we should advise that
- 3 it only be a 30-day supply which is not part of the
- 4 sponsor's plan.
- DR. WOLFE: You mean no refills, no
- 6 automatic refills.
- 7 DR. CRAWFORD: I brought up earlier, even
- 8 with a new prescription, it could be a 90-day
- 9 supply, which effectively is refills, or six
- 10 months. So, should we as a committee make advice
- 11 that is more conservative?
- 12 DR. WOLFE: You actually brought up a very
- important point and that is a 90-day supply--my
- 14 definition of a prescription is 30 days but, with
- 15 some of the plans now, they are 90-day supplies. I
- 16 am not sure that is what FDA had in mind was a
- 17 30-day supply. What did you have in mind?
- DR. HOUN: The sponsor proposed a 30-day
- 19 supply.
- DR. WOLFE: So it is 30 days very
- 21 specifically, then.
- DR. HOUN: However, I don't think there is
- 23 any proposal to ensure that 30 days is only being
- 24 written for--it would allow other doctors to write
- 25 as they wish. But I think they are

1 recommending--Dr. Wheadon, say what you are

- 2 recommending.
- 3 DR. WHEADON: The recommendation is the
- 4 initial treatment period would be for 30 days at
- 5 the 1-milligram-a-day initiation paradigm.
- 6 Following that, it would be up to the prescriber.
- 7 The intention would be it would be a standard
- 8 30-day prescription, but there would be no
- 9 restriction around that with the exception of the
- 10 unit-dose packaging that would essentially
- 11 encourage 30-day prescription but would not require
- 12 it.
- DR. WOLFE: This kind of has some issues
- 14 because there are certain plans now that are 90-day
- 15 plans. So you have to work with some of these
- 16 companies like Merck-Medco and really discuss these
- 17 because they are 90-day plans and you are going to
- 18 get a 90-day prescription. It doesn't mean a
- 19 person can't be reevaluated at 30 days and the
- 20 prescription continue. So I think some wording
- 21 will be required in that requirement.
- DR. CRYER: I think there are three points
- 23 which make Dr. Crawford's suggestion a tenable
- 24 proposition. They are the three following
- 25 observations. We were told earlier that patients

1 who did not respond after the first month were

- 2 unlikely to subsequently respond.
- 3 Two, we know that the sponsor has
- 4 suggested a titration phase of 1 milligram for one
- 5 month and 1 milligram twice daily for the second
- 6 month. Third, it is suggested that the patient
- 7 attest to if the symptoms have not improved after
- 8 four weeks of taking the 1 milligram twice daily
- 9 that she will stop taking her Lotronex.
- 10 Because of those three observations, I
- 11 think--I mean, there is no other suggestion other
- 12 than to have a 30-day supply so that one can
- 13 evaluate the initial titration phase and then
- 14 subsequently one can evaluate the subsequent
- 15 treatment phase on BID.
- DR. WOLFE: Being in VA it is very
- 17 different. We have patients who have 90-day plans.
- 18 So I think what will have to be done is some kind
- 19 of wording with the companies will have to be
- 20 worked out before this can be implemented properly.
- DR. WHEADON: One correction to your
- 22 statement concerning the force to 1 milligram twice
- 23 a day. The intention is to have the 1 milligram
- once a day for the first 30 days, the initiation
- 25 treatment. There will then be a decision tree.

- 1 That decision tree is no adverse effects, no
- 2 efficacy. You then would go to 1 milligram twice a
- day, which is the indicated efficacious dose.
- 4 If you have no adverse effects but, as we
- 5 have heard in terms of some anecdotal experience,
- 6 you did evidence efficacy, it would be the
- 7 recommendation in the labeling that you maintain
- 8 the 1 milligram once a day strategy.
- 9 DR. CRYER: That seems reasonable. The
- 10 point that I was trying to get at is that, after 1
- 11 milligram twice a day for four weeks, the majority
- 12 of the evidence that I have heard suggests that
- 13 there really is not a compelling reason to continue
- 14 after that and there needs to be some way to make
- 15 that assessment.
- DR. CAMPBELL: There is a little confusion
- 17 around here, I think. But my understanding of what
- 18 we are saying is, during the titration and dosage
- 19 adjustment period, it will be a 30-day regimen.
- 20 Beyond that, it is a more flexible regimen. 30
- 21 days is an arbitrary point in time to make this a
- 22 locked-in time. I don't think we want to require
- 23 all of the IBS patients to be seeing a physician
- 24 every 30 days to get this new prescription.
- DR. WOLFE: But it is not uncommon with

- 1 many drugs to reevaluate the new drug, the patient
- 2 takes it for a month and you reassess. That is not
- 3 uncommon at all. There are many drugs like that.
- 4 Theoretically, when NSAIDs were out, you took it 30
- 5 days or less, two weeks, you drew LFTs. So that is
- 6 not uncommon at all to see a patient again after
- 7 30 days of taking a drug for the first time.
- BALDWIN: No, but that is what I said,
- 9 during the titration and dosage and developing--
- DR. WOLFE: After that, every 30 days is
- 11 not necessary, for sure.
- 12 The question is what is considered an
- 13 adequate level of adherence to the program by
- 14 physicians. Let's start on this side. What is an
- 15 adequate level? Do you want 100 percent? 90
- 16 percent? 80 percent? 0 percent?
- MS. BLACKMAN: I'm sorry; I couldn't
- 18 understand the question. What was the full
- 19 question?
- DR. WOLFE: There is a program in place
- 21 that physicians have to have the stickers and
- 22 self-attestation and there is a regular process by
- 23 which physicians will be prescribing the
- 24 medication. So there has to be some kind of level
- 25 of adherence with an auditing mechanism. Do we

- 1 want 100 percent? Are we demanding 100 percent
- 2 level of adherence, which is, in my view, fairly
- 3 unrealistic or will we accept 90 percent? Or do we
- 4 want 80 percent? What number will we be looking
- 5 at?
- I don't have the expertise to really make
- 7 that recommendation. I need some advice from
- 8 people who deal with these kinds of things.
- 9 DR. LaMONT: Mike, the next question has
- 10 been answered with stickers. So it sounds like it
- 11 is going to be 100 percent under 6 regarding
- 12 pharmacists. If Question 6 demands 100 percent, it
- 13 sounds like, if you write a prescription without a
- 14 sticker, it is not going to get filled. So it
- 15 sounds like it has got to be 100 percent.
- DR. WOLFE: So, people in the
- 17 risk-management group, is that realistic, 100
- 18 percent?
- DR. GARDNER: No; it isn't. And we
- 20 haven't discussed the stickers yet.
- DR. LaMONT: Maybe you should do 6 first.
- DR. WOLFE: We can do them together
- 23 because they are together because, generally, I am
- 24 pretty sure pharmacists will only fill
- 25 prescriptions from people who are qualified to

1 write prescriptions, generally. So it has to be in

- 2 writing. It can't be by telephone. It can't be by
- 3 fax. It has to be in writing with a sticker.
- 4 So are we saying, then, that physicians
- 5 and pharmacists must adhere to this and 100 percent
- 6 adherence is required?
- 7 DR. GARDNER: Are you opening the floor to
- 8 the discussion of stickers?
- 9 DR. WOLFE: Sure.
- 10 DR. GARDNER: Okay. This is not something
- 11 that makes pharmacists terribly happy. We have
- 12 already heard earlier today that it doesn't apply.
- 13 It is very, very difficult for inpatient pharmacy
- 14 at all. In the outpatient setting, pharmacists are
- 15 now looking at yellow stickers for Accutane and we
- 16 may be looking at, I don't know, blue stickers for
- 17 Lotronex until the next risk-management committee
- 18 and then we will have some other kind of stickers.
- 19 We think that, perhaps, a bigger picture
- 20 needs to be taken here. I know that pharmacy
- 21 organizations have worked extensively with FDA risk
- 22 managers to develop a plan for long-range
- 23 networking of management for circumstances like
- 24 this involving pharmacy. My recommendation would
- 25 be that the agency and the sponsor work with the

1 pharmacy community to find an optimal mechanism for

- 2 managing and adhering to the needs of the
- 3 risk-management program without this committee
- 4 dictating that some color stickers be put on
- 5 outpatient scripts.
- 6 DR. WOLFE: Could I ask the FDA a
- 7 question? Does the sticker program work for
- 8 Accutane?
- 9 DR. HOUN: The sticker program just went
- 10 into effect one month ago.
- DR. GARDNER: April 10.
- DR. WOLFE: Is it working? Or is it too
- 13 early? Do you want a sticker program?
- DR. HOUN: A sticker program is being
- 15 proposed by GSK as a way to help with the control
- 16 process.
- DR. WOLFE: Do you want a sticker program?
- DR. SELIGMAN: That is what we are asking
- 19 you.
- DR. WOLFE: I want to know what they want.
- DR. HOUN: I think we want a program that
- 22 works. So I appreciate the pharmacists' concern
- 23 that one more program is going to put a level of
- 24 complexity that maybe it is not going to work.
- DR. WOLFE: Has any physician here ever

- dealt with a sticker program? We are really
- 2 shooting from the hip. We have no idea what this
- 3 entails.
- 4 DR. GARDNER: Precisely.
- 5 DR. WOLFE: The pharmacists do know.
- 6 DR. GARDNER: Furthermore, the requirement
- 7 of a hard copy with a sticker on it every time may
- 8 not be optimal from the standpoint of pharmacy
- 9 practice. We have already heard that in the VA,
- 10 you have a different--and, perhaps from Michael
- 11 Cohen, we have heard that in the VA there is a
- 12 different system. So, I would rather that we not
- 13 get prescriptive as a committee about what ought to
- 14 happen with the prescribing logistics.
- DR. DAY: I don't think Dr. Gardner is
- 16 saying that it is too much of a burden on the
- 17 pharmacist but that the pharmacy community should
- 18 look and see what would be an appropriate way to
- 19 meet the same goal.
- DR. COHEN: I have to agree with Dr.
- 21 Gardner. I have to agree 100 percent that we are
- 22 just going to see additional programs in the future
- 23 with stickers. There is a nonstandard program that
- 24 we are proposing here. There are different facets
- 25 for each one. It just doesn't make sense to keep

- 1 going on these sticker programs.
- MS. CRAWFORD: Mr. Chair, very briefly, I
- 3 have to catch a plane, if I might add, one aspect
- 4 of the proposed risk-management program that I,
- 5 personally, found quite inadequate, lacking and a
- 6 bit disappointing was with the written part which
- 7 limits the pharmacist's participation, at least in
- 8 writing, to a very technical role that any clerk
- 9 could do, to look at a sticker and to give out a
- 10 medication guide.
- 11 I think I would like to ask, in a revised
- 12 risk-management program, that the sponsor work with
- 13 the agency in developing a more comprehensive one
- 14 that looks at the pharmacist's cognitive and
- 15 clinical skills as well as a member of the team and
- 16 pharmaceutical care who would know largely of the
- 17 prior therapy, concurrent therapy, the drug
- 18 interactions, could educate and counsel patients,
- 19 could do follow up and monitoring which I feel is
- 20 neglected in the current plan.
- DR. WOLFE: Dr. Cryer and then Dr.
- 22 Holmboe.
- DR. CRYER: Very briefly. We heard from
- 24 the pharmacists, from the people who have the
- 25 pharmacy perspective, that the stickers are

1 unlikely to work in an implemented program. The

- 2 question states that the goal is to have a program
- 3 in which dispensed Lotronex is under the care of an
- 4 enrolled physician. I would suggest that if there
- 5 were a registry of physicians who were certified
- 6 for this program that that registry could be
- 7 provided to the pharmacist to obtain this goal
- 8 without a sticker.
- 9 DR. HOLMBOE: I would also point out that
- 10 simply putting a sticker on the script is not going
- 11 to attest to the physician's proper prescribing of
- 12 Lotronex. So I don't see the sticker really
- 13 helping in ensuring that physicians are using the
- 14 drug properly. I would, again, go back to some of
- 15 the things we were talking about earlier and
- 16 consider some audit of physician practice. The
- 17 sticker is not going to do that.
- DR. WOLFE: Last comment from Dr. Strom.
- 19 DR. STROM: Let me suggest, as a way of
- 20 trying to summarize, I think the sense you are
- 21 getting from all of us, and I agree, is that the
- 22 concept of the sticker, concept of assuring that
- 23 you have a certified physician, we are in support
- 24 of. The question is whether the sticker is the
- 25 right way to do it or whether there is some better

- 1 way of registration of physicians that might well
- 2 be much more efficient -- a registry of physicians
- 3 might well be a more efficient way to do it, but I
- 4 think I am hearing support for some way of
- 5 guaranteeing that it is being written by a
- 6 certified physician by whatever mechanism that is.
- 7 DR. WOLFE: Do you have enough information
- 8 for this question?
- 9 DR. HOUN: Yes. I think the remaining
- 10 question I would have is then do you feel that
- 11 physicians should be registered and, if you do feel
- 12 they should be registered, the proposal is the
- 13 check of registration be the real-time check,
- 14 whether it be through stickers or some other,
- 15 looking up at a database. That would be the two
- 16 questions I have for you.
- DR. WOLFE: Can I try to answer this for
- 18 all of us. We talked about this before, about
- 19 having some kind of proficiency in the diagnosis
- 20 and treatment and IBS and if there were some kind
- 21 of questionnaire, an educational process, and
- 22 then--I had to use certification because it takes
- 23 three years to be certified in GI, so
- 24 certification, a process of some sort for the use
- 25 of this agent, and then also with a check list for

1 the patients, the proper candidate. Is that

- 2 adequate for you?
- 3 DR. HOUN: The certification would mean
- 4 having gone through a hurdle of some type of
- 5 educational interaction. If you pass, then you are
- 6 able to prescribe Lotronex. Is that correct?
- 7 DR. WOLFE: Could that be, for example,
- 8 faxed on to send to someone at the FDA? Is that
- 9 possible--or e-mailed or something like that.
- 10 DR. HOUN: That is the question. Is the
- 11 name of physician who has completed that hurdle,
- 12 should that be centralized to be checked by the
- 13 pharmacist that they, in fact, have been certified,
- 14 have been qualified. Is that the trek you would
- 15 prefer as opposed to stickers? Or are there more
- 16 problems with that?
- DR. WOLFE: I think that is what we said.
- 18 The only thing that I have with it, personally, is
- 19 that it becomes a registration issue and it is
- 20 almost a privacy issue in a way. But that is a
- 21 minor issue. I think we, more or less, said we
- 22 have to do it that way. Does anybody feel
- 23 differently that we should not register
- DR. METZ: This seems to me to becoming an
- 25 incredibly cumbersome system here where you are

- 1 just getting so many checks and balances all over
- 2 the place that no one will be able to keep track of
- 3 it.
- 4 Correct me if I am wrong. I get the
- 5 feeling we want to register the patient so we can
- 6 learn about the outcomes and make informed
- 7 decisions for the next step. We want to register,
- 8 one way or another, the physicians because we want
- 9 to have some way of working out that they are
- 10 competent to do what they do and, therefore, by
- 11 virtue competent, they are going to be able to
- 12 prescribe.
- 13 I think the pharmacists do their regular
- 14 job. They have a look at a prescription when it
- 15 comes by and they say, you know, you are getting a
- 16 prescription for a drug that has some kind of bad
- 17 side effects. Have you been aware of those? Let's
- 18 look at what other drugs you are on. Maybe you are
- 19 taking an opiate, et cetera.
- I don't see why you need to have a
- 21 sticker. I don't see why you need to register
- 22 them. And I think the bottom line is when you are
- 23 going to evaluate the outcome. You are going to
- look at the outcomes and you are going to look at
- 25 the physicians and the pharmacists are going to do

- 1 their regular job.
- Now, correct me if I am wrong, but that is
- 3 sort of my assessment of it.
- DR. WOLFE: If you have a patient
- 5 registry, aren't you going to have a physician
- 6 registry automatically?
- 7 DR. HOUN: We don't need to.
- 8 DR. STROM: Let me say just I think,
- 9 again, we are asking operational details that
- 10 probably we would, as a group, be comfortable with
- 11 any of the various solutions. One solution would
- 12 be a centralized physician registry. Another
- 13 mechanism might be the physician has a document, a
- 14 diploma, from his certification course and he gives
- 15 a copy to the patient along with the prescription
- 16 and the patient just takes that with them along
- 17 with the prescription.
- I think there are lots of different--I am
- 19 not saying that is the best way, at all. All I am
- 20 saying is the goal here is that the pharmacist
- 21 needs to know--there needs to be communication with
- 22 the pharmacist that the physician was certified in
- 23 some way, by whatever mechanism, working it out
- 24 jointly especially with the pharmacy community,
- 25 whatever works best for the pharmacy community, to

- 1 be able to do that.
- DR. CRAWFORD: Thank you. I agree with
- 3 the last statement from Dr. Strom, but, Dr. Metz, I
- 4 would like to add one thing to what you said. I
- 5 agree that, as part of the regular pharmacy
- 6 practice, the pharmacist should do the job. I am
- 7 not saying it should be an extra program except I
- 8 do think the risk-management program should also
- 9 include an educational component for the
- 10 pharmacists.
- DR. WHEADON: Three very quick points.
- 12 Number one, I think what Dr. Houn is sort of
- 13 alluding to, and it is a question we also have, is
- 14 ownership of these registries. Certainly, from our
- 15 perspective, it is not the role of the
- 16 pharmaceutical company to be a certified or a
- 17 check, if you will, concerning these registries.
- 18 So that is a problem that maybe the committee can't
- 19 wrestle with but at some point we will have to
- 20 wrestle with that.
- 21 Second of all, I think the point was very
- 22 well taken that the number of requirements that are
- 23 being built into this plan have become, to my mind,
- 24 considerably onerous and I am really concerned that
- 25 the barriers will be so high that the patients that

1 we heard from earlier today will probably not be

- 2 able to get access to this drug. That is really a
- 3 concern.
- 4 I think those two things just need to kept
- 5 in mind.
- DR. WOLFE: That answers your question,
- 7 doesn't it?
- B DR. HOUN: Thank you.
- 9 DR. WOLFE: We knew this was going to be
- 10 tough to answer all these questions. There is a
- 11 lot of material we covered here today. I think,
- 12 for Question 8, we have already discussed a lot of
- 13 other ideas. That doesn't mean we have to stop
- 14 today. If you have other ideas, you can
- 15 communicate them to the FDA. I don't think there
- 16 is any issue there, so we are not going to discuss
- 17 this any further, just finish up with Question 7.
- DR. FLEMING: Could I--
- 19 DR. WOLFE: Yes.
- 20 DR. FLEMING: Dissenting opinion. I think
- 21 I would like to have two minutes, at least, for it.
- 22 I think it is one of the most important issues to
- 23 put on the table, but I am willing to wait.
- DR. WOLFE: So you are not happy with the
- 25 decision to wait, but you will wait.

DR. FLEMING: Oh, no. I'm happy to wait.

- 2 I just want to skip--
- 3 DR. WOLFE: Oh, no; not skipping it. I am
- 4 saying we will be able to send questions in and
- 5 other ideas.
- 6 DR. FLEMING: No, no. I want to orally
- 7 convey something today on 8.
- 8 DR. WOLFE: Go ahead.
- 9 DR. FLEMING: Now?
- DR. WOLFE: Knock yourself out. Go ahead.
- DR. FLEMING: Okay. Given the answer to
- 12 1, at least from my perspective, that there
- 13 certainly is promise here but there certainly are,
- 14 also, uncertainties about what is the population or
- 15 subpopulation in which we can feel confident we
- 16 would have a favorable benefit to risk, what I have
- 17 been struggling with is what is a strategy that
- 18 will get us a clean and timely answer and, if, in
- 19 fact, is successful, would also allow us to reduce
- 20 some of this onerous implementation we have been
- 21 discussing about for the last hour.
- We don't know, but there is a lot of
- 23 reason to anticipate that those patients that have
- 24 the most disabling symptoms could stand to benefit
- 25 the most, and we have heard a lot from the

- 1 testimonials to give credence to that suspicion.
- 2 So how could we, in a very timely way, address
- 3 whether or not we get substantial efficacy in that
- 4 cohort?
- 5 My proposal would be that we could do from as
- 6 rapidly as possible a randomized comparative trial
- 7 that would either be dose arm or two dose arms,
- 8 depending on the choice of the sponsor and the FDA.
- 9 It could be the 1 milligram QD and/or 1
- 10 milligram QD and 1 milligram BID against control.
- 11 It would involve 500 to 750, max a thousand
- 12 patients. These would be patients that would be
- 13 enrolled who would be in this very high-risk
- 14 category.
- 15 If this group, as Dr. Hoberman was
- 16 speculating could be the case, does, in fact--and
- 17 it follows also from Dr. Strom's earlier
- 18 questions--if this group has a subcohort that
- 19 experiences profound benefit, at the benefit that
- 20 we heard testimonials about today, then that level
- 21 of benefit, if it occurred in 10 percent of the
- 22 patients, in my view, would allow much more liberty
- 23 as to the level of risk that we could accept.
- 24 A cohort that would stand to gain a great
- 25 deal would have a favorably benefit to risk even if

1 we were less certain about the exact level of the

- 2 ischemic colitis. So, with 500 to 750 patients
- 3 randomized as rapidly as possible, enrolled over,
- 4 let's say, three months followed for an additional
- 5 three months--i.e., six months from the time that
- 6 that study was initiated--we would be in a position
- 7 to be able to assess, as has been speculated
- 8 here--that there is a subcohort that would
- 9 experience a very significant level of clinical
- 10 benefit, a response that could be obtained in a
- 11 very rapid time frame and it would be, in fact,
- 12 possible in this, if we chose to do so, to also
- 13 answer the question about efficacy in those people
- 14 who failed to respond conventional therapy.
- 15 If you, in fact, wish to enroll that
- 16 cohort, we would actually, for the first time, get
- 17 direct efficacy information in that cohort. It
- 18 would also be possible, if we chose to refine the
- 19 dosing, as has been discussed today, if you wish to
- 20 titrate, if you wish to discontinue for early
- 21 nonresponders or if you wish to manage effectively
- 22 on AEs, all of these could be built into this study
- 23 that could give us an answer in 12 to 18 months.
- The second phase would be a separate
- 25 randomized trial in a much broader cohort that

1 would be, in fact, a larger, longer-term study that

- 2 would answer the much more difficult question in
- 3 patients that are not as restricted to those that
- 4 are the most serious in terms of initial baseline
- 5 characteristics, can a dosing schedule be
- 6 identified where we would receive, or we can
- 7 identify, favorable benefit to risk.
- So it would be a two-trial strategy where
- 9 the first trial could be done in a very timely way
- 10 and, if what we are hearing today in the
- 11 testimonials is true, that subcohort could identify
- 12 substantial benefit that would give us clear
- 13 confidence that we would have favorable benefit to
- 14 risk even though we would have small numbers in the
- 15 trial.
- DR. WOLFE: Dr. Traber has a brief
- 17 response.
- DR. TRABER: Just a brief response. I
- 19 completely concur that there are many different
- 20 ways that we can continue to study the efficacy and
- 21 identify patient populations. But let me just say
- 22 that obtaining drug substance, study start-up,
- 23 patient enrollment, analysis, and so forth, you
- 24 just described 18 months to two years of work after
- 25 which it would have to be analyzed and reviewed.

1 We would be talking about three years hence

- 2 approving the drug.
- 3 DR. FLEMING: It could definitely be
- 4 shorter than that. One thing that has already been
- 5 on the table is there is going to be six months
- 6 time before even Option B that we discussed earlier
- 7 could be implemented, that would allow the planning
- 8 stage for this trial before it is available. So
- 9 the planning stage of this trial could occur during
- 10 this time that the drug wouldn't be available
- 11 anyway.
- 12 The point is the drug to study would be
- 13 available at the end of the planning stage so you
- 14 wouldn't lose the planning-stage time frame that
- 15 otherwise you would.
- DR. WOLFE: We have already voted not to
- 17 really go that route. We have already voted to
- 18 have the drug made available when the sponsor can
- 19 make the drug. That is what we are recommending.
- 20 You don't have to take our recommendations. That
- 21 is what we are recommending.
- 22 The study, I think, that GSK is fully
- 23 committed to doing a lot of the studies that are
- 24 being recommended. Am I correct?
- 25 GSK: That's correct.

DR. WOLFE: We have already all voted

- 2 that--well, not all. Most voted that we would
- 3 favor that scheme. Is everybody happy--unless you
- 4 all want to sleep here tonight--is everybody happy,
- 5 again, corresponding with FDA regarding Question 8
- 6 with further studies?
- 7 Ta. Does anybody here think that we
- 8 shouldn't worry about ischemic colitis, severe
- 9 constipation and death as an endpoint? I think
- 10 that is clear, through our discussions, we want to
- 11 look at that. So, 7a., we all want to look at that
- 12 unless I am way off base.
- The question is, what are acceptable rates
- 14 for adverse events and/or acceptable degrees of
- 15 severity. Basically, what you are saying is we
- 16 don't know at this point. I don't think we have
- 17 the answer. Would you say that?
- DR. FLEMING: For severe events?
- DR. WOLFE: Do we know what the rate is,
- what is acceptable?
- 21 DR. FLEMING: Certainly, the problem is
- 22 any time we are looking at what is an acceptable
- 23 rate of severe events or safety events it is in the
- 24 context of what is the magnitude of benefit we are
- 25 going to achieve. So, indeed, we have some global

data on what the risks of ischemic colitis would be

- 2 and what we see is evidence of benefit that is at a
- 3 comparable level in a very subjective manner.
- 4 So the struggle here today is to try to
- 5 find the subgroups or the refinements of the
- 6 management program that will improve benefit to
- 7 risk.
- 8 DR. WOLFE: Do you want a number from us?
- 9 15 percent? Dr. Strom.
- 10 DR. STROM: I think what is clear from the
- 11 discussion today is the acceptable rate is
- 12 somewhere very close to where it is now because, if
- 13 the rate was lower, we wouldn't even have needed
- 14 today's meeting. If the rate was higher, the vote
- 15 would have been, no, don't have it on the market.
- So, in terms of what is the acceptable
- 17 rate, it is the rates we heard about today. If
- 18 there is a way to identify subgroups who are more
- 19 likely to benefit through the kinds of studies Tom
- 20 is suggesting or long before that, through analysis
- 21 of the existing clinical-trial data, as I talked
- 22 about before, or analysis of the HMO data, as I had
- 23 talked about before, which could be available
- 24 potentially in weeks instead of in multiple months,
- 25 then that could increase the likelihood of benefit

1 and would make the acceptable rate a lot better.

- DR. WOLFE: Dr. Cryer.
- 3 DR. CRYER: Ten seconds. The only way for
- 4 us to know exactly what that rate is going to be is
- 5 if we capture the denominator data. The only way
- 6 to have the denominator with confidence is to have
- 7 a patient registry. That will allow us to
- 8 understand what the actual rate is. It will also
- 9 allow us to answer the question of does Lotronex
- 10 benefit patients in whom conventional therapy has
- 11 failed. We need the denominator for both of those
- 12 questions.
- DR. WOLFE: Can I summarize this by saying
- 14 that we would accept, right now--oh, is there
- 15 someone else who wants to speak? Go ahead.
- DR. GARDNER: I just want to say that I am
- 17 not comfortable with the agency or the company
- 18 going away thinking that we believe we have
- 19 designed a risk-management program by committee
- 20 here today. I want them to understand that--I know
- 21 that you have specific questions and that we have
- 22 had votes but, please, from our perspective, if you
- 23 would take our best advice and the sense of what
- 24 our concerns are and, to the extent that any of us
- 25 can help you, call on us individually, but this is

1 not a wholesale package we have voted out of here

- 2 today.
- 3 DR. COHEN: Just a quick comment. It
- 4 would be great to actually have a meeting on
- 5 risk-management plans so that we could discuss it
- 6 openly and maybe come up with some standard ways to
- 7 approach these kinds of issues.
- B DR. WOLFE: I was going to attempt to
- 9 summarize saying that we want to get as low as
- 10 possible the complication rate which is what we are
- 11 all saying, but we don't know what that is going to
- 12 be at the present time. We don't want it to be any
- 13 higher than we have seen. We would like it to be
- 14 lower. But we are willing to accept right now what
- 15 we have seen to date.
- 16 Is that fair? If that is the case, if
- 17 there are no other comments, then--
- DR. FLEMING: There are some dissenting
- 19 votes to that.
- DR. WOLFE: There are some dissention to
- 21 what I have just said. But, having said that, we
- 22 all know there is some dissention. We are not in
- 23 full agreement, but I think, without spending
- 24 another few hours really going into these
- 25 questions, we really can't say much more.

1 Anyway, if that is the case and there are

- 2 no other pressing comments, I would like to adjourn
- this meeting and thank everybody for their comments
- 4 and for their participation.
- 5 [Whereupon, at 5:25, the meeting was
- 6 adjourned.]
- 7 - -