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July 30, 2002

Office of Nutritional Products Labeling & Dietary Supplements Center for Food Safety and Applied Nutrition Food and Drug Administration 5100 Paint Branch Parkway College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Cal-Mag-Boron supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Supports Bone Health
- Bone health can be dependent on many factors including heredity, diet, exercise, and lifestyle.
- Calcium is the primary mineral responsible for strong bones.
- The body also uses Calcium for proper muscle contraction and nerve function and • obtains this Calcium mainly from the bones.
- Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy • lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining optimal bone health.
- Calcium, Magnesium and Boron play a role in bone metabolism.
- Calcium helps maintain healthy bones in adults. •
- Magnesium helps to regulate calcium transport and is essential for proper bone mineralization.
- Calcium and Magnesium also play a role in muscle contractions and nerve impulses.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

975 0162 LEI 10846 Sincerely, Acandurra Ona Scandurra, MS, RD Director of Nutrition Communications

OS/js