

Working with  
Center for Biologics Evaluation  
and Research  
and  
Suggestions for Successful Clinical Trials

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# Products Regulated by CBER

Vaccines and Toxoids  
for immunization

Allergenic extracts

Somatic cell therapies

Gene therapies

In vitro diagnostics

Devices

Whole blood

Blood components

Blood derivatives

Antitoxins,  
antivenoms, venoms

Blood substitutes

Tissues

Xenotransplantation

# History of Biologics Regulation

- 1901 – 10 children died from contracting tetanus from horse anti-diphtheria antitoxin
- 1902 – Biologics Control Act (later called Public Health Service Act)
  - regulates sale of viruses, serums, toxins, analogous products
  - authorized biologics regulations
  - required licensing of manufacturers and establishments
  - provided inspection authority
- 1903 – administered by Public Health Service Hygienic Laboratory
  - 1906 – Food, Drug, and Cosmetic Act passed*
- 1930 – PHS Hygienic Lab became NIH
- 1937 – NIH reorganized, Hygienic Lab became Division of Biologics Standardization
- 1972 – DBS transferred to FDA, became what is now called CBER

# Unique Challenges for Biologics

- Must be processed under defined conditions/controls throughout production to consistently produce a safe, pure, and potent product and preclude the introduction of environmental contamination
- Cannot withstand heat sterilization – must be aseptically processed
- Stability is an issue – product may need frozen storage or preservatives. Shelf life may be limited.

# Vaccines and Toxoids for immunization Allergenic extracts, Venoms

- These products are administered to millions of healthy people, including infants
- Safety is paramount
  - Safety for recipient
  - Safety for household contacts

# Vaccines

## Toxoids for immunization

### Allergenic extracts, Venoms

- Starting materials may have inherent bioburden:
  - Egg-based vaccines
  - Starting materials may be infectious until inactivated (bacteria and viruses)
- From beginning to end, the process may take a year

# Progress in the Availability of Vaccines

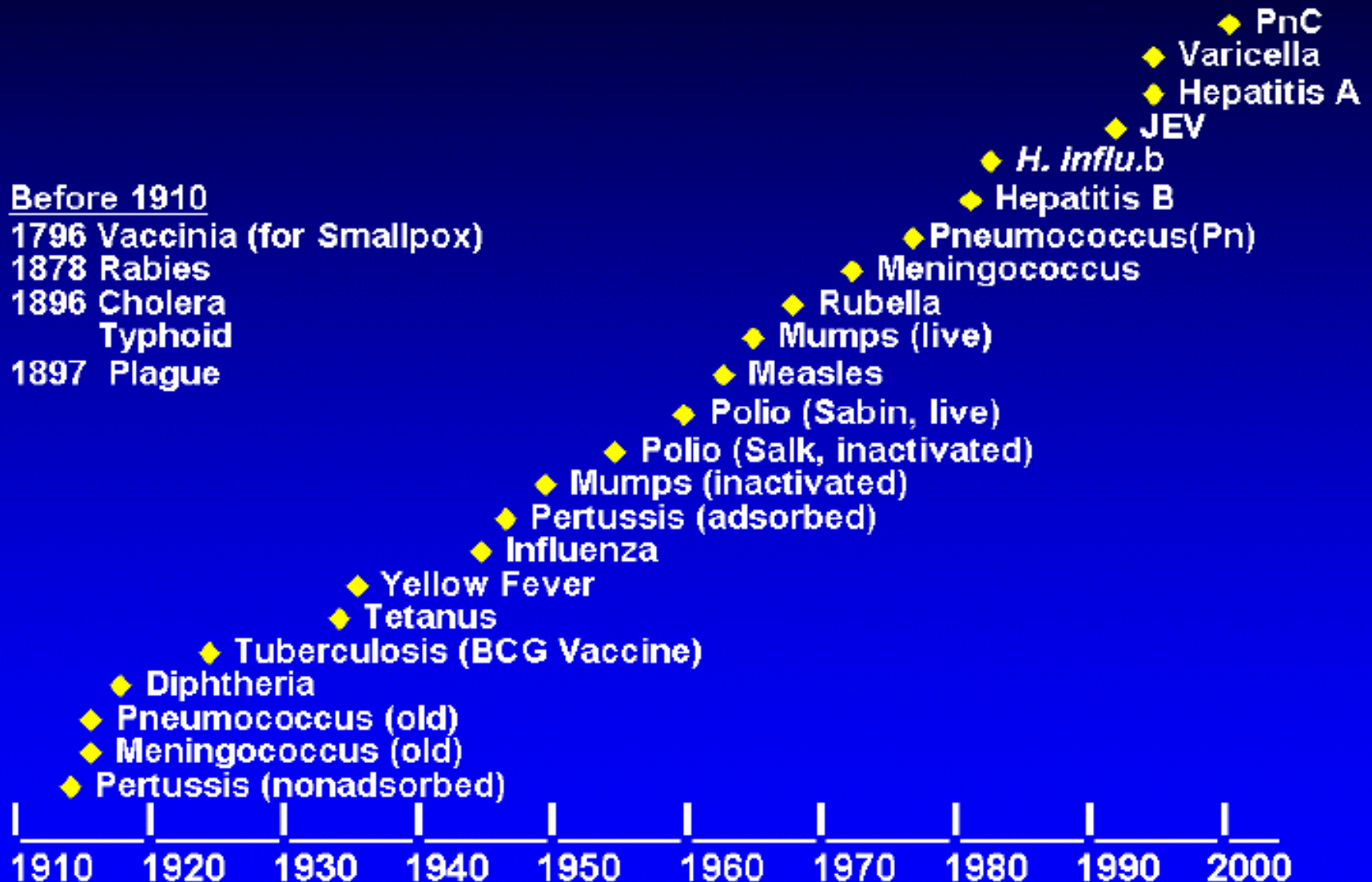


Table Modified From: The U.S. National Vaccine Plan. DHHS, PHS, NVPO 1994

# Progress in Vaccines 2001-2006

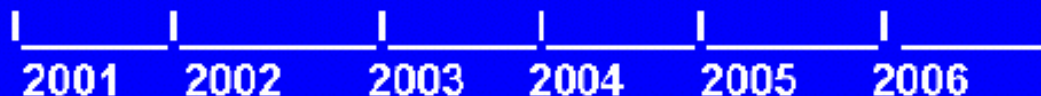
- ◆ Quadrivalent human papillomavirus (types 6, 11, 16 & 18) rec. vaccine
- ◆ Zoster vaccine, Live
- ◆ Rotavirus vaccine, live oral, pentavalent

- ◆ Mening. polysaccharide diphtheria conj. vaccine
- ◆ Tetanus Toxoid, red. diphtheria toxoid & acell. pertussis vaccine (adsorbed)
- ◆ Influenza virus vaccine
- ◆ Measles, mumps, rubella & varicella virus vaccine live

- ◆ Tetanus & diphtheria toxoids (adult use)
- ◆ Influenza virus vaccine live, intranasal

- ◆ Diphtheria & tetanus toxoids & acell. pertussis vaccine adsorbed hepatitis B (rec.) & inactivated poliovirus vaccine combined
- ◆ Diphtheria & tetanus toxoids & acell. pertussis vaccine adsorbed

- ◆ Hepatitis A inactivated/Hepatitis B (recombinant) vaccine





<http://www.cdc.gov/vaccines/recs/schedules/>

## Recommended Immunization Schedule for Persons Aged 0–6 Years—UNITED STATES • 2007

Vaccine ▼	Age ►	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19–23 months	2–3 years	4–6 years
Hepatitis B <sup>1</sup>	HepB		HepB	<small>see footnote 1</small>		HepB			HepB Series			
Rotavirus <sup>2</sup>				Rota	Rota	Rota						
Diphtheria, Tetanus, Pertussis <sup>3</sup>				DTaP	DTaP	DTaP		DTaP				DTaP
<i>Haemophilus influenzae</i> type b <sup>4</sup>				Hib	Hib	Hib <sup>5</sup>	Hib		Hib			
Pneumococcal <sup>6</sup>				PCV	PCV	PCV	PCV				PCV PPV	
Inactivated Poliovirus				IPV	IPV	IPV					IPV	
Influenza <sup>4</sup>						Influenza (Yearly)						
Measles, Mumps, Rubella <sup>7</sup>							MMR					MMR
Varicella <sup>8</sup>							Varicella					Varicella
Hepatitis A <sup>9</sup>							HepA (2 doses)				HepA Series	
Meningococcal <sup>10</sup>											MPSV4	

-  Range of recommended ages
-  Catch-up immunization
-  Certain high-risk groups


<http://www.cdc.gov/vaccines/recs/schedules/>

## Recommended Immunization Schedule for Persons Aged 7–18 Years—UNITED STATES • 2007

Vaccine ▼	Age ▶	7–10 years	11–12 YEARS	13–14 years	15 years	16–18 years
Tetanus, Diphtheria, Pertussis <sup>1</sup>	see footnote 7		<b>Tdap</b>		<b>Tdap</b>	
Human Papillomavirus <sup>2</sup>	see footnote 2		<b>HPV (3 doses)</b>		<b>HPV Series</b>	
Meningococcal <sup>3</sup>		<b>MPSV4</b>	<b>MCV4</b>		<b>MCV4<sup>1</sup></b> <b>MCV4</b>	
Pneumococcal <sup>4</sup>			<b>PPV</b>			
Influenza <sup>5</sup>			<b>Influenza (Yearly)</b>			
Hepatitis A <sup>6</sup>			<b>HepA Series</b>			
Hepatitis B <sup>7</sup>			<b>HepB Series</b>			
Inactivated Poliovirus <sup>8</sup>			<b>IPV Series</b>			
Measles, Mumps, Rubella <sup>9</sup>			<b>MMR Series</b>			
Varicella <sup>10</sup>			<b>Varicella Series</b>			

 Range of recommended ages

 Catch-up immunization

 Certain high-risk groups

<http://www.cdc.gov/vaccines/recs/schedules/>

## Recommended Adult Immunization Schedule, by Vaccine and Age Group UNITED STATES • OCTOBER 2006–SEPTEMBER 2007

Vaccine ▼	Age group ►	19–49 years	50–64 years	≥65 years
Tetanus, diphtheria, pertussis (Td/Tdap)*		1-dose Td booster every 10 yrs		
		Substitute 1 dose of Tdap for Td		
Human papillomavirus (HPV)		3 doses (females)		
Measles, mumps, rubella (MMR)*		1 or 2 doses	1 dose	
Varicella*		2 doses (0, 4–8 wks)	2 doses (0, 4–8 wks)	
Influenza*		1 dose annually	1 dose annually	
Pneumococcal (polysaccharide)		1–2 doses		1 dose
Hepatitis A*		2 doses (0, 6–12 mos, or 0, 6–18 mos)		
Hepatitis B*		3 doses (0, 1–2, 4–6 mos)		
Meningococcal		1 or more doses		

\*Covered by the Vaccine Injury Compensation Program. NOTE: This schedule should be read along with the footnotes, which can be found at [www.cdc.gov/nip/recs/adult-schedule.htm](http://www.cdc.gov/nip/recs/adult-schedule.htm).



For all persons in this category who meet the age requirements and who lack evidence of immunity (e.g., lack documentation of vaccination or have no evidence of prior infection)



Recommended if some other risk factor is present (e.g., on the basis of medical, occupational, lifestyle, or other indications)

# Probiotics

Probiotics – “Live microorganisms which when administered in adequate amounts confer a health benefit to the host”

“Guidelines for the Evaluation of Probiotics in Food” Report of the Food and Agriculture Organization of the United Nations and the World Health Organization, May 1, 2002

An example of a probiotic dietary supplement is yogurt with live cultures

# When products are used as drugs and need an IND

If intended to "*diagnosis, cure, mitigation, treatment, or prevention of disease in man*" then it is a drug and requires an IND.

If the product is administered any way other than orally it is a drug and requires an IND.

# Examples of Studies that Require an IND

## Probiotics:

- \* used to treat or prevent diarrhea
- \* administered with a catheter

## CLINICAL TRIALS

## Deaths Prompt a Review of Experimental Probiotic Therapy

The high death rate in a Dutch clinical trial is raising concerns about the use of friendly bacteria, or probiotics, in some patients. Researchers announced last week that in a trial to prevent infections in patients with acute pancreatitis, significantly more patients in the treatment group died than did those in the placebo group. Dutch authorities are now investigating whether the trial design was appropriate and whether probiotics pose any general risks.

In a press conference on 23 January, researchers from Utrecht University in the Netherlands said that 24 patients in the study's treatment arm died after receiving a mix of benign bacteria by feeding tube, compared with nine patients receiving a placebo. That

positive effect on the health of the gut, in part by stimulating the immune system and in part by outcompeting pathogenic bacteria. Strains used as probiotics are typically those that inhabit a healthy gut, such as lactobacilli or bifidobacteria. They have been used to treat a variety of conditions, including allergies and some inflammatory diseases. They are also marketed as a food additive. Two preliminary studies had suggested that probiotics could be beneficial for patients with pancreatitis.

In 2004, the Dutch Acute Pancreatitis Study Group proposed a double-blind trial that would test the use of probiotics in 200 patients. Acute pancreatitis is a sudden inflammation of the pancreas, often seen in patients with alcoholism. A frequent complication is acute infection of the pancreas,

Whole blood  
Blood components  
Blood derivatives  
Antitoxins, antivenoms

- For transfusion
- For manufacturing (example – clotting factors)
- CBER regulates cell separation devices and blood collection containers
- CBER establishes standards for these product
- FDA inspects blood establishments every two years, or more often if there are problems.



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# HEALTH

## Artificial blood tested on patients without consent

Friday, February 20, 2004 Posted: 9:27 AM EST (1427 GMT)

**CHICAGO, Illinois (AP) -- Paramedics are testing an experimental blood substitute on severely injured patients without their consent in an unusual study under way or proposed at 20 hospitals around the country.**

The study was launched last month in Denver and follows similar research that was halted in 1998, when more than 20 patients died after getting a different experimental blood substitute.



**PolyHeme blood substitute is made by extracting hemoglobin from red blood cells and can be used in patients with any blood type, according to its maker.**

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# Somatic cell therapies

## Gene therapies

Cell therapies are products composed of human or animal cells, or from physical parts of those cells.

Gene therapies introduce genetic material into the body to replace a defective or missing gene, or to treat or cure a disease medical condition.

# Somatic cell therapies

Cell therapies are often confusing for those who wish to develop their 'Good idea.'

When is an IND needed? Sometimes sponsors guess incorrectly.

IRBs are sometimes confused about when a cell therapy study requires an IND.

Call [matt@cber.fda.gov](mailto:matt@cber.fda.gov) 800-835-4709 301-827-1800

# When is a Cell Therapy IND Needed?

An IND is needed when cells are more than minimally manipulated

- FDA defines "minimal manipulation" as processing that does not alter the relevant biological characteristics of cells or tissues [21CFR1271.3\(f\)](#)  
(*ex vivo* propagation, expansion, or pharmacological treatment of cells would be considered more than minimal manipulation)
- Cord blood for non-homologous use
- Cord blood that is more than minimally manipulated
  - Ex vivo expansion

# Xenotransplantation

Xenotransplantation is any procedure that involves the transplantation, implantation, or infusion into a human recipient of either (a) live cells, tissues, or organs from a nonhuman animal source, or (b) human body fluids, cells, tissues or organs that have had ex vivo contact with live nonhuman animal cells, tissues or organs.

# In vitro Diagnostics Devices

- Test kits used to screen donor blood, blood components and cellular products, and to diagnose, treat, and monitor persons with diseases (HIV, hepatitis, etc.)
  - Coming? An OTC HIV test kit that gives the result at home??
- Devices used in collection, processing, testing, manufacture, and administration of licensed blood, blood components, and cellular components. Includes 510k blood establishment computer software.

# Tissues

Human cells or tissue intended for implantation, transplantation, infusion, or transfer into a human recipient is regulated as a human cell, tissue, and cellular and tissue-based product or HCT/P.

bone      tendons      corneas      oocytes      semen

skin      dura mater      heart valves      ligaments

hematopoietic stem/progenitor cells derived from peripheral and cord blood

CFR does not regulate the transplantation of vascularized human organ transplants such as kidney, liver, heart, lung or pancreas.

# Tissues

May 25, 2005 – Parts 1270 and 1271 regulations went into effect for human cell, tissue, and cellular and tissue-based products (HCT/Ps). Tissue establishments must:

- \* screen and test donors
- \* prepare and follow written procedures to prevent the spread of communicable disease – Current Good Tissue Practices
- \* maintain records.
- \* register with FDA.

~ 2000 registered tissue establishments

After two scandals/criminal actions, FDA inspected 153 tissue establishments that found no additional violative firms.



# FDA's Office of Combination Products

Determines which Center will have jurisdiction

drug-device

*drug-eluting stent*

device-biologic

*orthopedic implants with growth factors*

*devices delivering blood components*

*bandages delivering wound healing factors*

drug-biologic

*monoclonal antibody-radionuclide*

# Many Biologic Products Transferred to CDER in 2003

Monoclonal antibodies for in vivo use, therapeutic cytokines and growth factors, and toxins for therapeutic indications

CDER continues to regulate these products when they are used solely as an ex vivo constituent in a manufacturing process or used solely as a reagent in the production of a product that is under CDER's jurisdiction.

# CBER Reviews Many Types of Applications

BLA – Biologics License Applications

PMA – Premarket Approvals

510k

NDA – New Drug Applications

Sponsors should contact CBER's Office of  
Communications and Manufacturer's  
Assistance for help deciding which regulations  
apply

[matt@cber.fda.gov](mailto:matt@cber.fda.gov)

800-835-4709

# Countering Bioterrorism

CBER plays an integral role under the President's Initiative on Countering Bioterrorism.

GOAL - Expeditious development and licensing of products to diagnose, treat, or prevent outbreaks from pathogens

Smallpox, anthrax, plague, botulism, tularemia, hemorrhagic fevers.

# 2004 Flu Vaccine – Lessons Learned

## *The Silver Lining*

### Problems with flu vaccine supply resulted in:

- A solid regulatory strategy to rapidly supply vaccine in case of an emergency
- Additional manufacturers seeking US approval
- Drawing of attention to importance of robust quality systems
- Highlighted the need to partner with our foreign regulatory counterparts

# Meeting the Pandemic Flu Vaccine Challenge

- Increasing manufacturing diversity and capacity
- Developing needed pathways and regulatory processes to speed vaccine availability
  - Strain change, accelerated approvals on immunogenicity
- Assuring safety and public confidence
- Facilitating manufacturing and availability
- Considering pathways to prevent a pandemic
- Thinking and acting globally

# **CBER Regulation**

**Based on Sound Science, Law, and Public Health  
Impact**



# Surveillance of Product Safety

## MedWatch

To report serious adverse events, product problems, or medication errors

- Voluntary for consumers and physicians
- Mandatory for drug/biologic manufacturers, distributors, and packers



# Surveillance of Product Safety Vaccine Adverse Event Reporting System (VAERS)

To report adverse events following vaccination.

- FDA and CDC
- Anyone can report to VAERS:
  - Health care providers, vaccine manufacturers, recipients or their parent/guardian, and state immunization programs.
  - [www.vaers.org](http://www.vaers.org)
- Not linked to Vaccine Injury Compensation Program

## Surveillance of Product Safety

# Biologic Product Deviation Reporting (BPD)

Required for manufacturers of licensed biological products and for all manufacturers of blood and blood components.

Must report errors and accidents that might affect safety, purity, or potency of a distributed product.

Within 45 calendar days from date of discovery

## Surveillance of Product Safety

# Transfusion Related Fatalities and Donation Related Deaths

21 CFR 606.170 requires these to be reported.  
Initial notification may be by phone, fax, or  
email ASAP, followed by a written report  
within 7 days

# CDER's Bioresearch Monitoring Branch

- Conduct pre-approval data audit inspections
- Investigate complaints
- Answer questions about Good Clinical Practices
- Help evaluate concerns about data integrity

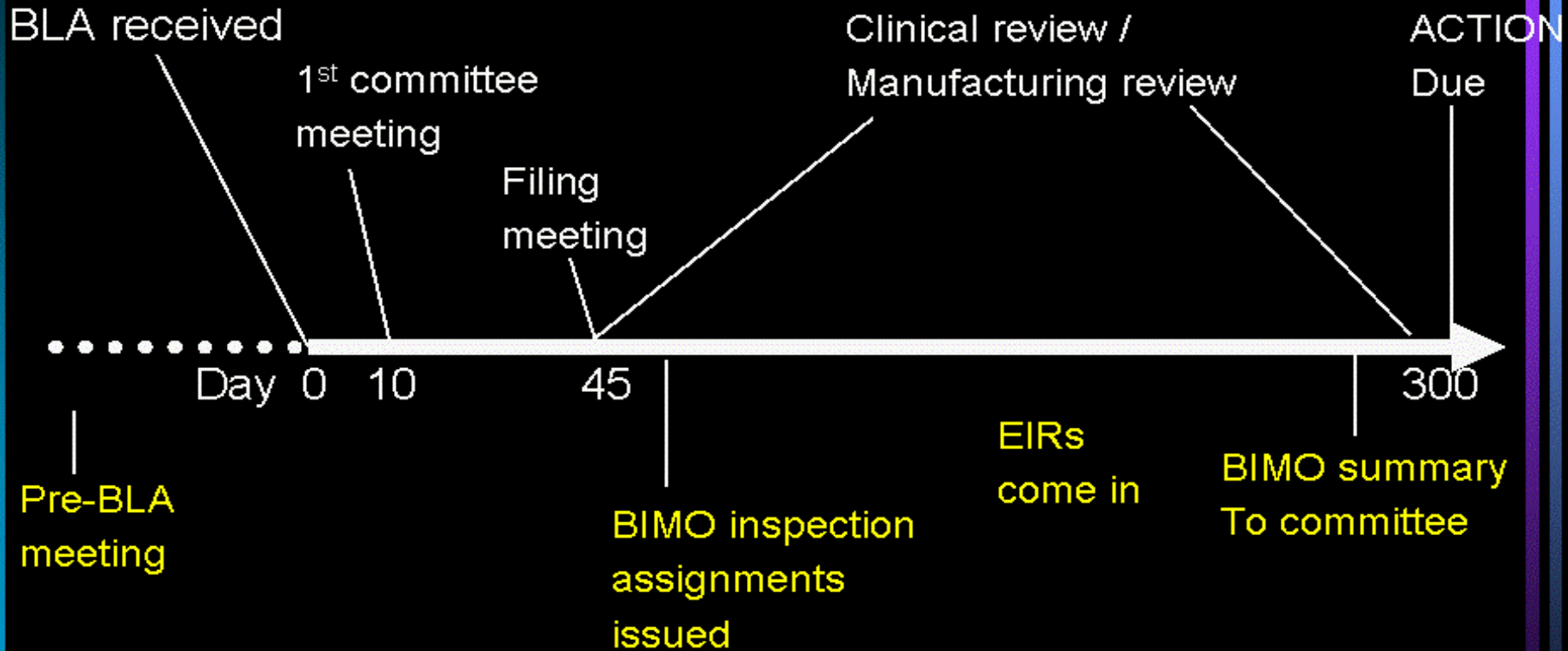
Clinical investigators

Sponsor/Monitor/CROs

IRBs

GLP/Nonclinical Labs

# BIMO Milestones for Standard BLA



6-month Priority and PMA timeframes adjusted accordingly

# CBER is assigning more inspections of ongoing studies under IND/IDE

## "Real time" surveillance

- Cell therapies
- Gene transfer
- Vaccines
- Blood products
- Devices

Recent focus on studies enrolling pediatric subjects, and Flu

# True or False???

Clinical investigator: "I'm only doing phase 1 and 2 studies – I'll never be inspected by FDA."

## True or False???

Clinical investigator: "I'm only doing phase 1 and 2 studies – I'll never be inspected by FDA."

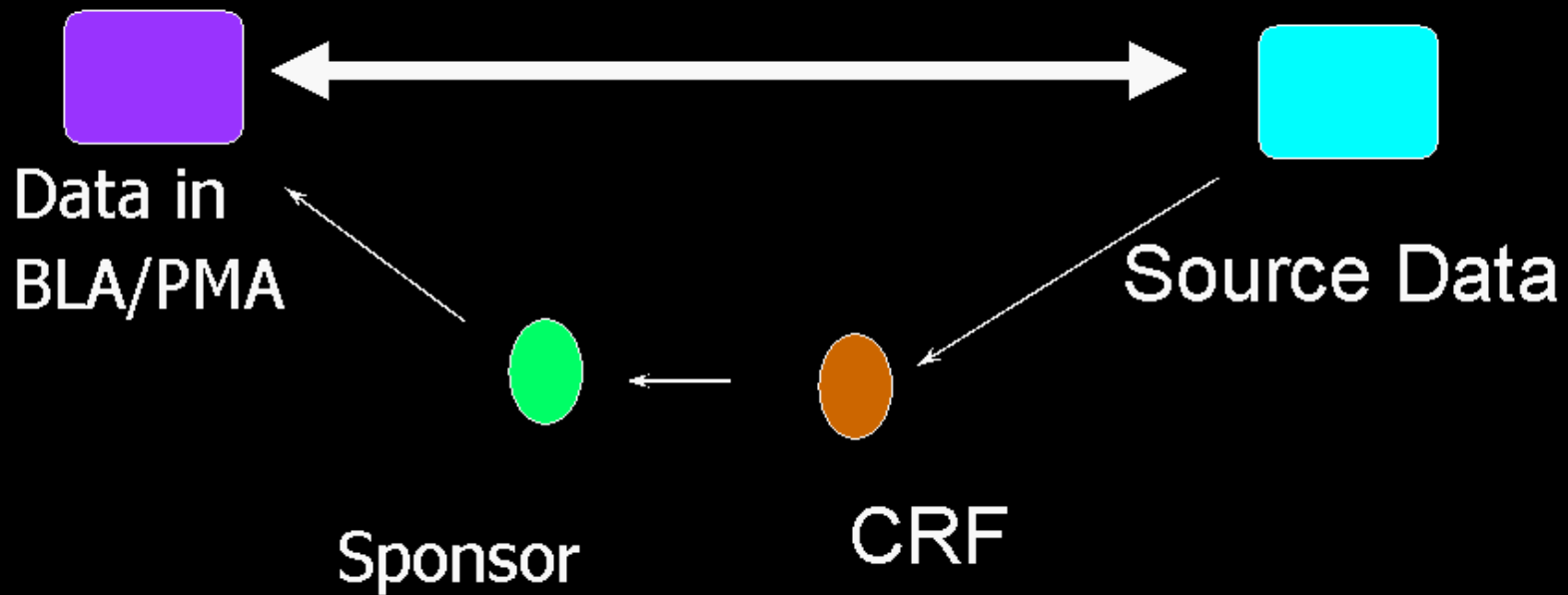
*FALSE*

Clinical investigators of studies in all phases may (and are) inspected by FDA....

And ALL GCP regulations apply.



# Comparison of Data in BLA / PMA to Source Data



# CDER is expanding our inspections of clinical studies of blood *in vitro* diagnostics

Rapid kits to diagnose HIV in an individual

Diagnostic devices used to screen donated blood for blood supply

## Preliminary findings:

- Higher rate of noncompliance by sites

- Lack of oversight by sponsors

- Lack of supervision by investigators

- Sponsors aren't checking on CRO activities

# ☹ Horror Stories ☹

Perform monitoring while critical activities are being performed.

We are hearing more reports of study staff lying about credentials and experience.

'Nurse" with only high school degree

Study coordinators fired from last 2 jobs for falsifying data

**Are they now working with YOU???**

# Inappropriate delegation to subinvestigators

Investigator – individual who actually conducts an investigation (i.e., under whose immediate direction the drug is administered or dispensed to subjects.

\*\*\*\* How many miles (or states!) away ????

Sponsor must ensure that CI controls the study

\*\*\*\*\* BIG challenge for study coordinators and support staff

## Suggestions to Prevent Noncompliance - *BEFORE* -

- Understand what you are responsible for...  
.....And get training
- Document the delegation of duties
- Develop forms or checklists to make sure all screening tests and study visit activities are performed...*if not provided by the sponsor*

## Suggestions to Prevent Noncompliance

### - *BEFORE* -

- Develop a plan for organizing records
- Train study staff before the study starts....and train replacements when staff leave
- Don't overextend to many concurrent projects
- Don't take on satellite sites you cannot directly supervise

## Suggestions to Prevent Noncompliance

### - *During* -

- Track dates when reports are due to IRB and the sponsor
- Promptly report protocol violations to IRB and sponsor.
- 
- Obtain written approval from the sponsor before you do something prohibited by the protocol

## Suggestions to Prevent Noncompliance - *During* -

- Verify that delegated duties are performed
- Work with monitors
- Correct small problems before they grow



## Suggestions to Prevent Noncompliance - *After* -

Organize the study records ---

- So non-study staff can find them
- To show what a good job you did
- To fulfill record retention requirements
- For possible FDA inspection  
(years later - depending on the sponsor and phase of the research)

# CBER is Here to Help You!!

[www.fda.gov/cber](http://www.fda.gov/cber)

Email CBER :

Manufacturers: [matt@cber.fda.gov](mailto:matt@cber.fda.gov)

Consumers, health care professionals:

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Phone: 800-835-4709 or 301-827-1800

# CBER's Bioresearch Monitoring Branch

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