

- Clean up after a party immediately to avoid the risk that small, unattended children may wake early, and possibly choke on leftover food, or get into alcohol or tobacco.
- All homes are not child proof, so when visiting, keep an eye out for child hazards or danger areas.
- Keep a current list of important phone numbers handy for baby sitters, including pediatrician, and the poison control center (1-800-222-1222).
- Keep guns and ammunition locked separately and safely away. Ask your host to do the same, especially if you have small children.
- Small children need to be kept to their usual schedules and routines as much as possible.
- Sticking to a regular sleep and nap time helps the child and you enjoy the holidays with less stress.
- Use designated drivers to take people home safely after a party.



