

Gifts for the Elderly

- ♦ Keep the older adult's physical and mental capabilities in mind when choosing gifts.
- ♦ Choose books with larger type for those with visual impairments.
- ♦ Select gifts that are not too heavy or awkward to handle.
- ♦ Gifts for those with arthritis should not require challenging assembly.
- ♦ Gifts for arthritics should be wrapped for easy opening.
- ♦ Some ideas might be:
 - Framed photos of family or friends, gift certificates for beauty or barber shop, prepaid telephone card, automatic turn-off teapot, large print calendar, crossword puzzles or magazine subscriptions, audio books, extended shoe horn, telephone amplifier, jar opener, video tape of family gatherings, automatic timer for lights, CD or tape player.

