

did you know that jaundice

can sometimes lead

to brain damage

in newborns



If jaundice is not checked for and treated the right way, it can cause brain damage (kernicterus). But kernicterus is preventable.

Before you leave the hospital ask your doctor or nurse about a jaundice bilirubin test for your baby.

All babies can get jaundice in the first few days of life. So ask your doctor or nurse about a jaundice bilirubin test—it's the only way to know for sure if your baby has jaundice that needs to be treated. Placing the baby in the sunlight is not a safe way to treat jaundice. Also, make sure a doctor or nurse checks your baby for jaundice 48 hours after your baby leaves the hospital.

For more information, visit www.cdc.gov/jaundice

