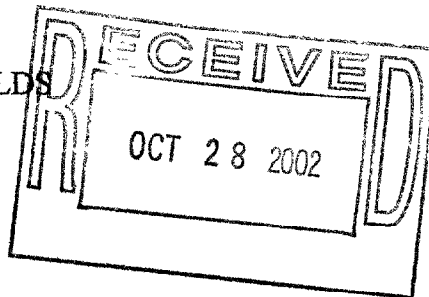


October 20, 2002
The Natural Bladder, LLC
10825 Cherry Hill Drive
Glen Allen, VA 23059

Food and Drug Administration
Division of Compliance and Enforcement/ONPLDS
Center for Food Safety and Applied Nutrition
HFS-811
200 C Street, SW
Washington, DC 20204



Dear Sir/Madam:

Pursuant to Section 6 of DSHEA and in accordance with 21 CFR Section 101.93, The Natural Bladder, LLC, located at 10825 Cherry Hill Drive, Glen Allen, VA 23059, is hereby giving notice that marketing has been initiated for a dietary supplement that bears the following statement(s) on the label or in the labeling:

Name of Supplement: Bladder-Q

Statements: “Clinically formulated to enhance bladder interstitial health”
 “Contains anti-oxidants to help maintain cell integrity”
 “Promotes bladder interstitial health”

Subject of Claims: Dietary ingredients- Quercetin, bromelain, papain, passionflower,
 valerian, gotu kola, usnea barbata, althea officinalis, L-arginine.

The undersigned certifies that the information contained in this notice is complete and accurate and that The Natural Bladder, LLC has substantiation that the statements are truthful and not misleading. Two copies of this notification are enclosed.

If you have any questions pertaining to this notification, please contact me at (804) 257-0601.

Sincerely,


Lonny S. Green

Chief Executive Officer

97S 0162

LET 11123