

6 2 5 4 '03 SEP 23 AM 1:27

**NOTIFICATION OF
STRUCTURE AND FUNCTION CLAIMS
DIETARY SUPPLEMENTS**

TO:

**Dockets Management Branch
5630 Fishers Lane -HFA-305
Rockville, MD, 20852**

From:

**LifeSpan Nutrition
457 West Allen Avenue #117
San Dimas, CA 91773
Phone: 909 599-2009
Fax: 909 599-0430**

95N-0304

SUP 3

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA
AND 21 CFR 101.93

6255 '03 SEP 23 11:27

This notification is being filed on behalf of **LifeSpan Nutrition**, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Gall Bladder Support**

A. The text of each structure-function statement for which notification is now being given is:

(Statement) **Gall bladder support**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1.	Taurine, malic acid, choline, inositol, vitamin C

C The following identifies the brand name of each supplement for which a statement is made: (Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: Sept. 19, 2003

By: 
William Sardi, president

Health at Home
nutrition

Supplement Facts

Serving Size: 5 capsules
Servings per container: 36

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Magnesium as ascorbate 16 mg	4%
Quercetin 500 mg	*
Taurine 1500 mg	*
Malic acid 500 mg	*
Choline 500 mg	*
Inositol 300 mg	*
IP6 rice bran extract 200 mg	*

* Daily value not established

Other Ingredients: Plant Cellulose



Gall
Bladder
Support

Suggested usage: As a dietary supplement, take five capsules with water or juice daily.

For those who have the gall bladder removed, this product provides essential nutrients for the body. This product provides nutrients specifically designed to support the gall bladder and the digestive system.

F Health at Home Nutrition
180 Vegetarian Capsules
Net Weight: 1.50 oz (42.5 g)

*This statement has not been evaluated by the Food & Drug Administration. Not intended to diagnose, treat, prevent or cure any disease.

180 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of **LifeSpan Nutrition**, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statement appears is: **Normotrol**

A. The text of each structure-function statement for which notification is now being given is:

Statement **Healthy cholesterol levels**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Magnesium, boron, taurine, lecithin, oryzanol (rice bran), flaxseed

C The following identifies the brand name of each supplement for which a statement is made:
(Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*

By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Calcium from IPS phylate 120 mg	12%
Magnesium citrate 160 mg (elemental)	40%
Boron 5 mg from fruit powder (Futureceuticals)	*
IP6 rice bran extract 400 mg (Tsuno Foods, Japan)	*
Taurine 800 mg	*
Soy lecithin powder 100 mg	*
Oryzanol 100 mg (Tsuno Foods, Japan)	*
Nutri-Grad™ flaxseed powder 100 mg	*
Coenzyme Q10 30 mg	*

* Daily value not established



Health at Home[™] nutrition

Normal cholesterol
Promotes
Healthy
Cholesterol
Levels

Low cholesterol is a risk factor for heart disease. This supplement helps maintain healthy cholesterol levels.

Suggested usage: As a dietary supplement, take three capsules daily with an evening meal.

This product contains no animal-derived ingredients. It is suitable for vegetarians and vegans. It is also free of gluten, dairy, and soy.



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90 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of **LifeSpan Nutrition**, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Ladies Supreme Bladder Health**

A. The text of each structure-function statement for which notification is now being given is:

(Statement) **Healthy bladder tissue**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	IP6 phytic acid (inositol hexaphosphate) from rice bran, vitamin B12, probiotics (acidophilus) vitamin C

C. The following identifies the brand name of each supplement for which a statement is made: (Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*

By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid) 100 mg	200%
Vitamin B12 50 mcg	1000%
Quercetin 100 mg	*
17% 3-O-Methyl-6-O-acetyl-gallic acid 250 mg	*
Blood Cellaper 1250 mg	*
Cranberry Concentrate 100 mg	*
Probiotic 100 mg	*
Olive leaf extract (Oleuropein) 500 mg	*
Estriol (as purified) 50 mg	*
Mucopolysaccharide 100 mg	*

* Daily values not established.
† Other ingredients: Plant cellulose.

Health at Home™
nutrition

Ladies Supreme Bladder Support

Science-based formula designed by Bill Sardi



Suggested usage: As a dietary supplement take two capsules daily.

From time to time, the bladder requires nutritional support. This science-based formula provides natural ingredients designed to provide for the special needs of this unique organ.

Mfg. by Future Foods, Inc.
exclusively for
LifeSpan Nutrition Inc.
457 West Alhambra Avenue #117
San Dimas, CA 91773
(800) 247-5731
www.lifespannutrition.com

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60 VEGETARIAN CAPSULES

VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Nucleotide Immune Support**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1 **Healthy inflammatory response**
Statement 2 **Cellular repair, regeneration**
Statement 3 **Raise immunity**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Green tea extract, rosemary, red wine extract, quercetin
2	Nucleotides, folic acid
3	Beta glucan, nucleotides

C. The following identifies the brand name of each supplement for which a statement is made:
(Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*

By: *[Signature]*
William Sardi, president

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 180 mg	300%
Folic Acid 400 mcg	100%
Vitamin B12 (methylcobalamin) 30 mcg	500%
Magnesium 15 mg	4%
Quercetin 500 mg	*
Green tea leaf extract 50% 60 mg	*
Rosemary leaf extract 50 mg	*
Red wine extract 20 mg	*
Beta glucan 76% 40 mg	*
Nucleotides 250 mg 5 free-form nucleotide blend	*

*Daily Value not established
Other ingredients: plant cellulose

Health at Home[™] nutrition

Nucleotide Immune Support

Natural plant ingredients help support
healthy inflammatory responses.
Science-based formula designed by Bill Sardi



Nucleotide Immune Support

Suggested usage: As a dietary supplement, take two to four capsules with water or meals

This special formula provides natural anti-inflammatory factors along with DNA-rebuilding nucleotides and folic acid. Nucleotides (adenine, guanine, cytosine, thymine) are the building blocks for DNA.

F MFG by Future Foods, Inc.
Exclusively for
Thepen Nutrition, Inc.
151 West 19th Street #117
San Dimas, CA 91773
(909) 247-5737
www.thepennutrition.com

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60 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Normotense**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1 **Maintenance of healthy blood pressure**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Potassium, magnesium, vitamin B12, taurine, quercetin, vitamin D, vitamin C, folic acid

C. The following identifies the brand name of each supplement for which a statement is made: (Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*
By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 500 mg	833%
Vitamin D3 400 IU 10 mcg	100%
Vitamin B6 pyridoxine 200 mg	1000%
Vitamin B12 methylcobalamin 30 mcg	500%
Folic acid 400 mcg	100%
Calcium from phytate 120 mg	12%
Magnesium from ascorbate 20 mg	33%
Potassium 99 mg	2.8%
Quercetin 200 mg	*
IP6 rice bran extract (calcium phytate) 400 mg	*
Taurine 250 mg	*

* Daily Value not established
Other ingredients: Plant cellulose

Health at Home
nutrition

Normo-Tense™

Supports
Healthy
Blood
Pressure



dietary supplement

Science-based formula designed by Bill Sardi

Suggested usage: As a dietary supplement, take three capsules daily with water or food.

From time to time blood vessel dilation needs nutritional support. This special formula provides natural ingredients designed to provide for the special needs of this unique organ.

Mfg. by Future Foods, Inc.
exclusively for
LifeSpan Nutrition Inc.
457 West Allen Avenue #117
San Dimas, CA 91773
(800) 247-5731
www.lifespannutrition.com

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90 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Q-Sophagus**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1	Absorbs air and gas
Statement 2	Promotes alkalinity
Statement 3	Normalizes histamine

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Fennel seed
2	Magnesium
3	Quercetin

C. The following identifies the brand name of each supplement for which a statement is made:
(Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed:

Sept. 19, 2003

By:

William Sardi
William Sardi, president

Supplement Facts

Serving Size: 2 capsules
Servings per container: 60

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 240 mg	400%
Magnesium from ascorbate 20 mg	33%
Quercetin 1000 mg	*
Fennel seed powder 300 mg	*
Grape seed extract 100 mg	*
Aloe vera powder 100 mg	*
Tapioca powder 100 mg	*

* Daily value not established

Other Ingredients: Plant Cellulose



Health at Home[™] nutrition

Q-sophagus

Nutritional
Support
for the
Esophagus

Science-based formula designed by Dr. Sarah

Suggested usage: As a dietary supplement, take two capsules as needed.

From time to time the esophagus needs nutritional support. This special formula provides natural ingredients designed to provide for the special needs of the unique organ.

 FUTURE FORMULAS, INC.
10000 E. 15th Ave.
Littleton, Colorado 80120
9575 Alameda Avenue #117
San Diego, CA 92123
(800) 247-5773
www.futureformulas.com

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120 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
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This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Wellness Longevity Formula**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1	Wellness, longevity
Statement 2	Healthy joints
Statement 3	Bone health (hardness)
Statement 4	Hormone maintenance

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Vitamin C, whole grains
2	Boron
3	Boron, vitamin D
4	Boron

C. The following identifies the brand name of each supplement for which a statement is made:
(Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*
By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 120 mg	250%
Vitamin D3 200 mcg	100%
Magnesium (as ascorbate) 10 mg	3%
Soron fruit powder 5 mg	
Whole grain blend (barley, flax, wheat germ, rice bran, stytic acid) 65 mg	
Vegetable extract blend (broccoli, carrot, kale, spinach, rosemary) 75 mg	
Fruit extract blend (pomegranate, date, fig, grape seed, cherry, watermelon, blueberry, apple peel, red wine) 180 mg	
Bitter spice blend (garlic, hyssop, onion, oregano, olive leaf, aloe vera, nettle leaf) 35 mg	

* Daily value not established

© 2011 Health at Home Nutrition



Health at Home
nutrition

Wellness
Longevity
Formula

With a blend of vitamins, minerals, and natural plant extracts, this formula is designed to support overall health and vitality.

Suggested usage: As a dietary supplement, take two capsules daily with a meal.



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60 VEGETARIAN CAPSULES

To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Naturally Healthy Liver Support**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1	Iron chelation (removal) liver cleanse
Statement 2	Protects from liver toxins

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Phytic acid (IP6 inositol hexaphosphate), milk thistle
2	N-acetyl cysteine

C. The following identifies the brand name of each supplement for which a statement is made: (Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed:

By:

William Sardi, president

Supplement Facts

Serving Size: 6 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Thiamine vitamin B1 30 mg	2000%
Calcium from phytate 533 mg	53%
Zinc acetate 10 mg	66%
Magnesium as ascorbate 16 mg	4%
IP6 rice bran extract (calcium phytate) 1600 mg	*
Quercetin 500 mg	*
Choline 600 mg	*
Inositol 200 mg	*
N-acetyl cysteine 200 mg	*
Milk thistle 25 mg	*
Green tea extract (50%) 50 mg	*

* Daily value not established

Other ingredients: Plant Cellulose.



Health at Home
nutrition

Naturally Healthy Liver Support



Ingredients: 6.1x.11p

Science-based formula designed by Bill Sardi

180 VEGETARIAN CAPSULES

Suggested usage: As a dietary supplement, take six capsules daily, at one time, with purified or bottled water on an empty stomach.

From time to time the liver needs cleansing and nutritional support. This special formula provides natural ingredients designed to provide for the special needs of this unique organ.



Mfg. by Future Foods, Inc.
exclusively for

LifeSpan Nutrition Inc.
457 West Allen Avenue #117
San Dimas, CA 91773
(800) 247-5731
www.lifespannutrition.com

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To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Postoperative Formula**

A. The text of each structure-function statement for which notification is now being given is:

Statement 1	DNA repair
Statement 2	Wound healing
Statement 3	Replace good bacteria

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Nucleotides, folic acid
2	Vitamin C, nucleotides, zinc
3	Probiotics (acidophilus)

C. The following identifies the brand name of each supplement for which a statement is made:
(Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*

By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size 2 capsules
Servings per container 30

Amount Per Serving	% Daily Value
Vitamin C (ascorbic acid) 250 mg	417%
Vitamin B12 100 mcg	1000%
Potassium 400 mg	80%
Biotin 500 mcg	1000%
Zinc 15 mg	30%
Magnesium 20 mg	5%
Arginine 250 mg	
Quercetin 50 mg	
Nicotinamide 250 mg	
Probiotic Blend 250 mg	

*Daily Value not established.

Other ingredients: Plant cellulose.



Health at Home[™]
nutrition

Postoperative Formula

Science based formula developed
by the Medical Food Group
with Bill Sardi

60 VEGETARIAN CAPSULES

Suggested usage: As a dietary supplement
take two capsules daily.

This advanced formula has been designed
to meet the special needs of people in the
postoperative period.



Mfg. by Future Foods, Inc.
exclusively for
LifeSpan Nutrition Inc.
457 West Allen Avenue #117
San Dimas, CA 91773
(800) 247-6731
www.lifespannutrition.com

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To the Food & Drug Administration
NOTIFICATION PURSUANT TO
SECTION 6 OF DSFIEA AND 21 CFR 101.93

This notification is being filed on behalf of LifeSpan Nutrition, which is the distributor of the product(s) which bear the statement identified in this notification. Its business address is: 457 West Allen Avenue, Unit 117, San Dimas, CA 91773. This notification is being made pursuant to Section 6 of the DSHEA and 21 CFR 101.93. The dietary supplement products on whose label the statements appear is: **Healthy Hearing**

A. The text of each structure-function statement for which notification is now being given is:

Statement **Supports healthy otological function, healthy hearing**

B. The following summary identified the dietary ingredients in the product that affect the structure or function claimed in the label:

Statement number	Identity of dietary ingredient(s)
1	Magnesium, N-acetyl cysteine, ginkgo biloba, vitamin B12

C. The following identifies the brand name of each supplement for which a statement is made: (Only if not described in section B)

Statement number	Brand name
Not applicable	Not applicable

I, William Sardi, am authorized to certify this Notification on behalf of LifeSpan Nutrition. I certify that the information presented and contained in this Notification is complete and accurate and that LifeSpan Nutrition, can substantiate that each structure-function statement is truthful and not misleading.

Date signed: *Sept. 19, 2003*
By: *William Sardi*
William Sardi, president

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Vitamin B12 methylcobalamin 200 mcg	3333%
Calcium from phytate 60 mg	6%
Magnesium from ascorbate and citrate 115 mg	29%
Quercetin 100 mg	*
IP6 rice bran extract 200 mg	*
N-acetyl cysteine 250 mg	*
Ginkgo biloba 60 mg	*

* Daily value not established

Other ingredients: Plant cellulose



Health at HomeTM nutrition

Healthy Hearing
Supports
Healthy
Otological
Function

Loud noise protection

Science-based formula designed by Bill Sardi

90 VEGETARIAN CAPSULES

Suggested usage As a dietary supplement, take three capsules daily or prior to or following exposure to loud noise

From time to time the ears need nutritional support. This special formula provides natural ingredients designed to provide for the special needs of this unique organ.

 Made by Future Foods, Inc. exclusively for LifeSpa Nutrition, Inc. 457 West Alton Avenue #117 San Dimas, CA 91773 (909) 247-5731 www.lifespannutrition.com

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Health at Home[™]
nutrition

Health at Home
nutrition
Naturally
Healthy
Liver
Support

Health at Home
nutrition
Gall
Bladder
Support

Health at Home
nutrition
Immune
Support

Health at Home
nutrition
Normotrol
Supports
Healthy
Cholesterol

Health at Home
nutrition
Healthy
Hearing

Good Manufacturing
Practices
Quality

Gall Bladder Support
180 capsules

Supplement Facts

Serving Size: 5 capsules
Servings per container: 36

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Magnesium as ascorbate 16 mg	4%
Quercetin 500 mg	*
Taurine 1500 mg	*
Malic acid 500 mg	*
Choline 500 mg	*
Inositol 300 mg	*
IP6 rice bran extract 200 mg	*

* Daily value not established

Other ingredients: Plant cellulose



8 91113 00014 4



**THE NEW NAME IN
DIETARY SUPPLEMENTS**

All Vegetarian Capsules

Science Based Formula

By Bill Sardi

Healthy Hearing
90 Capsules

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Vitamin B12 methylcobalamin 200 mcg	3333%
Calcium from phytate 60 mg	6%
Magnesium from ascorbate and citrate 115 mg	29%
Quercetin 100 mg	*
IP6 rice bran extract 200 mg	*
N-acetyl cysteine 250 mg	*
Ginkgo biloba 60 mg	*

* Daily value not established

Other ingredients: Plant cellulose



8 91113 00017 5

Naturally Healthy Liver Support
180 capsules

Supplement Facts

Serving Size: 6 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 200 mg	333%
Thiamine vitamin B1 30 mg	2000%
Calcium from phytate 533 mg	53%
Zinc acetate 10 mg	66%
Magnesium as ascorbate 16 mg	4%
IP6 rice bran extract (calcium phytate) 1600 mg	*
Quercetin 500 mg	*
Choline 500 mg	*
Inositol 200 mg	*
N-acetyl cysteine 200 mg	*
Milk thistle 25 mg	*
Green tea extract (50%) 50 mg	*

* Daily value not established

Other ingredients: Plant cellulose



8 91113 00015 1

Normo-Tense™
90 Capsules

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 500 mg	833%
Vitamin D3 400 IU 10 mcg	100%
Vitamin B6 pyridoxine 200 mg	1000%
Vitamin B12 methylcobalamin 30 mcg	500%
Folic acid 400 mcg	100%
Calcium from phytate 120 mg	12%
Magnesium from ascorbate 20 mg	33%
Potassium 99 mg	2.8%
Quercetin 200 mg	*
IP6 rice bran extract (calcium phytate) 400 mg	*
Taurine 250 mg	*

* Daily Value not established

Other ingredients: Plant cellulose



8 91113 00019 9

Normotrol™
90 Capsules

Supplement Facts

Serving Size: 3 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Calcium from IP6 phytate 120 mg	12%
Magnesium citrate 160 mg (elemental)	40%
Boron 5 mg from fruit powder (Futureceuticals)	*
IP6 rice bran extract 400 mg (Tsuno Foods, Japan)	*
Taurine 800 mg	*
Soy lecithin powder 100 mg	*
Oryzanol 100 mg (Tsuno Foods, Japan)	*
Nutri-Grad™ flaxseed powder 100 mg	*
Coenzyme Q10 30 mg	*

* Daily value not established

Other ingredients: Plant cellulose



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Nucleotide Immune Support
60 Capsules

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 180 mg	300%
Folic Acid 400 mcg	100%
Vitamin B12 (methylcobalamin) 30 mcg	500%
Magnesium 15 mg	4%
Quercetin 500 mg	*
Green tea leaf extract 50% 60 mg	*
Rosemary leaf extract 50 mg	*
Red wine extract 20 mg	*
Beta glucan 76% 40 mg	*
Nucleotides 250 mg 5 free-form nucleotide blend	*

* Daily Value not established

Other ingredients: plant cellulose



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Q-sophogus
120 Capsules

Supplement Facts

Serving Size: 2 capsules
Servings per container: 60

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 240 mg	400%
Magnesium from ascorbate 20 mg	33%
Quercetin 1000 mg	*
Fennel seed powder 300 mg	*
Grape seed extract 100 mg	*
Aloe vera powder 100 mg	*
Tapioca powder 100 mg	*

* Daily value not established

Other ingredients: Plant cellulose



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Wellness Longevity Formula
60 Capsules

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin C (magnesium ascorbate) 120 mg	250%
Vitamin D3 200 mcg	100%
Magnesium (as ascorbate) 10 mg	3%
Boron fruit powder 5 mg	*
Whole grain blend (barley, flax, wheat germ, rice bran phytic acid) 65 mg	*
Vegetable extract blend (broccoli, carrot, kale, spinach, rosemary) 75 mg	*
Fruit extract blend (pomegranate, date, fig, grape seed, cherry, watermelon, blueberry, apple peel, red wine) 180 mg	*
Bitter spice blend (garlic, hyssop, onion, oregano, olive leaf, aloe vera, nettle leaf) 85 mg	*

* Daily value not established

Other ingredients: Plant cellulose



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