

March 1, 2003

RECEIVED  
MAR 2 2003  
BY:

Food and Drug Administration  
Office of Special Nutritionals (HFS-800)  
Center for Food Safety and Applied Nutrition  
200 C Street, SW  
Washington, DC 20204

Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6)(21 U.S.C. 343 (r)(6)) of the Federal Food, Drug, and Cosmetic Act in accordance with the requirements of 21 CFR101.93, that Great American Health Products, 4075 40th Avenue SW, Fargo, ND 58104, within the past 30 days commenced marketing dietary supplements bearing the following statement(s) on the label and/or in the labeling:

- Product Name: Doctor's A-Z Tonalin CLA (Conjugated Linoleic Acid)
- Relevant Dietary Ingredient: conjugated linoleic acid
- Structure/Function Claim: "Dietary support for fitness and weight management"
- Product Names: 1) Doctor's A-Z Natural Dry E; 2) Doctor's A-Z Natural Vitamin E 400; 3) Doctor's A-Z Vitamin E Mixed Tocopherols
- Relevant Dietary Ingredient: vitamin E
- Structure/Function Claim: "Dietary antioxidant support for heart health and more"
- Product Name: Doctor's A-Z Chitosan
- Relevant Dietary Ingredient: chitosan
- Structure/Function Claim: "Dietary supplement for healthy weight maintenance"
- Product Name: Doctor's A-Z Mega Omega-3
- Relevant Dietary Ingredient: omega-3 fatty acids from marine lipid concentrate
- Structure/Function Claim: "A natural source of heart-healthy essential fatty acids"
- Product Names: 1) Doctor's A-Z CoQ10 100; 2) Doctor's A-Z Q-GEL
- Relevant Dietary Ingredient: coenzyme Q10
- Structure/Function Claim: "Dietary support for cellular energy"

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**Great American**  
Health Products wholesale distributors

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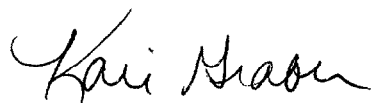
- Product Name: Doctor's A-Z St. John's Wort
- Relevant Dietary Ingredient: St. John's wort
- Structure/Function Claim: "Herbal support for emotional well-being"
  
- Product Names: 1) Doctor's A-Z High Lignan Organic Flaxseed Oil; 2) Doctor's A-Z Flaxseed Oil
- Relevant Dietary Ingredient: flaxseed oil
- Structure/Function Claim: "A natural source of heart-healthy EFA's and hormone-friendly lignans"
  
- Product Name: Doctor's A-Z DHEA
- Relevant Dietary Ingredient: DHEA (dehydroepiandrosterone)
- Structure/Function Claim: "Hormonal support for daily vitality"
  
- Product Name: Doctor's A-Z High Potency Green Tea
- Relevant Dietary Ingredient: green tea
- Structure/Function Claim: "A natural source of antioxidants"
  
- Product Name: Doctor's A-Z Lecithin
- Relevant Dietary Ingredient: lecithin
- Structure/Function Claim: "A natural fat emulsifier"
  
- Product Names: 1) Doctor's A-Z Glucosamine, Chondroitin, & MSM; 2) Doctor's A-Z Timed Release Glucosamine & Chondroitin
- Relevant Dietary Ingredients: 1) glucosamine, chondroitin, MSM; 2) glucosamine, chondroitin
- Structure/Function Claim: "Dietary support for joint health and mobility"
  
- Product Name: Doctor's A-Z Ester-C with Bioflavonoids
- Relevant Dietary Ingredients: vitamin C from calcium ascorbate, bioflavonoids
- Structure/Function Claim: "Stomach-friendly antioxidant nourishment"
  
- Product Name: Doctor's A-Z SAME
- Relevant Dietary Ingredient: SAME (S-adenosyl-L-methionine)
- Structure/Function Claim: "Dietary support for mental and emotional wellness and healthy joint function"
  
- Product Name: Doctor's A-Z Coral Cal-Mag
- Relevant Dietary Ingredients: calcium, magnesium
- Structure/Function Claim: "Natural support for bone health"
  
- Product Name: Doctor's A-Z MSM
- Relevant Dietary Ingredient: MSM (methylsulfonylmethane)
- Structure/Function Claim: "Dietary sulfur for healthy cartilage and collagen tissue"
  
- Product Name: Doctor's A-Z Collagen Type II
- Relevant Dietary Ingredient: chicken collagen (type II)
- Structure/Function Claim: "Dietary support for healthy joints"
  
- Product Names: 1) Doctor's A-Z Lutein; 2) Doctor's A-Z Bilberry; 3) Doctor's A-Z Lutein and Bilberry

- Relevant Dietary Ingredients: 1) lutein 2) bilberry 3) lutein, bilberry
  - Structure/Function Claim: "Dietary support for healthy eyes and vision"
- Product Name: Doctor's A-Z Korean Ginseng
  - Relevant Dietary Ingredient: Korean ginseng
  - Structure/Function Claim: "Traditional support for energy and vitality"
- Product Name: Doctor's A-Z Vitamin C with Rose Hips
  - Relevant Dietary Ingredients: vitamin C, rose hips
  - Structure/Function Claim: "Daily antioxidant defense"
- Product Name: Doctor's A-Z Odor-Controlled Garlic
  - Relevant Dietary Ingredient: garlic
  - Structure/Function Claim: "Dietary support for cardiovascular health"
- Product Name: Doctor's A-Z Acetyl L-Carnitine
  - Relevant Dietary Ingredient: acetyl-L-carnitine
  - Structure/Function Claim: "Dietary support for a sharp, active mind"
- Product Name: Doctor's A-Z Pycnogenol
  - Relevant Dietary Ingredient: Pycnogenol (French maritime pine bark extract)
  - Structure/Function Claim: "A powerful, patented herbal antioxidant"
- Product Name: Doctor's A-Z Ginkgo 24%
  - Relevant Dietary Ingredient: Ginkgo biloba
  - Structure/Function Claim: "Herbal nourishment for memory and healthy mental function"
- Product Name: Doctor's A-Z Alpha Lipoic Acid
  - Relevant Dietary Ingredient: alpha lipoic acid
  - Structure/Function Claim: "Advanced antioxidant protection"
- Product Name: Doctor's A-Z Ginkgo & CoQ10
  - Relevant Dietary Ingredients: Ginkgo biloba, coenzyme Q10
  - Structure/Function Claim: "Dietary support for memory and healthy mental function"
- Product Name: Doctor's A-Z Timed Release Horse Chestnut
  - Relevant Dietary Ingredient: horse chestnut
  - Structure/Function Claim: "For vascular health and circulation"
- Product Name: Doctor's A-Z Liquid Calcium & Magnesium
  - Relevant Dietary Ingredients: calcium, magnesium
  - Structure/Function Claim: "For strong bones and beyond"
- Product Name: Doctor's A-Z Melatonin
  - Relevant Dietary Ingredient: melatonin
  - Structure/Function Claim: "May support a healthy sleep-wake cycle"
- Product Name: Doctor's A-Z EyesAlive Vision Nutrition
  - Relevant Dietary Ingredients: bilberry, lutein
  - Structure/Function Claim: "An advanced blend for healthy eyes and vision"

Each label statement is accompanied by the following disclaimer: "This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease."

The undersigned certifies that the information contained in this notice is complete and accurate and that Great American Health Products has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in cursive script that reads "Kari Graber".

Kari Graber  
Compliance Specialist