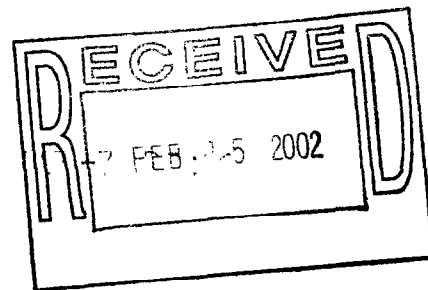




February 8, 2002



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, DC 20204

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:  
Pharmavite Corporation, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):  
Vitamin B-1, or thiamine, along with other B vitamins, is primarily involved in energy production in the body, especially in the brain. Its principle use is to prevent deficiency (especially in diabetes, Crohn's disease, multiple sclerosis and other neurological diseases) and help maintain proper mental function, especially in the elderly. Severe thiamine deficiency is relatively uncommon -except in alcoholics- where a syndrome called, Wernicke-Korsakoff syndrome (a serious brain disorder) can result from the combination of alcohol intake and a thiamine deficiency. Mild deficiency usually results in fatigue and depression.
- (3) Name of the dietary ingredient if not provided in the text of the statement:  
Vitamin B-1 (thiamin hydrochloride)
- (4) Name of the dietary supplement:  
Vitamin B-1  
100 mg

The above statement(s) may be used in one or more of the following brands of products: B.J.'s Wholesale, CVS, Duane Reade, Kirkland Signature, Jogmate, Nature Made, Nature's Resource, Optimize, Spring Valley, Walgreens.

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PHARMAVITE

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read 'David Kropp', written over the printed name.

David Kropp  
Acting Director, Regulatory and Consumer Affairs