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January 21, 2002

Charles A. Rego, J.D.
Gokul Kishan, LL.M.*

Of Counsel
Michael L. Clerkin, LL.M.

*Not yet admitted to the Bar

Mr. Tom Mitcham
Nutrition For Life International, Inc.
10235 W. Little York
Houston, TX 77040

Re: **FDA Claims Notification**


Dear Mr. Mitcham:

We have completed review of Nutrition For Life International's IGF-1 Plus label and brochure and have identified claims which meet the definition of statements of nutritional support as defined by the U.S. Food and Drug Administration.

Please sign the document, with a copy to your files. A copy should also be forwarded to our office in one of the enclosed envelopes. The original, plus two copies with my original signed cover letter, is to be forwarded in an additionally enclosed envelope addressed to the Office of Special Nutritionals, Food and Drug Administration.

Please call should you have any questions.

Very truly yours,



Karen A. Weaver

KAW:jml

Enclosures

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Office of Special Nutritionals
Center for Food and Safety and
Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835


Re: **Notification of Statements of Nutritional Support**

Dear Sir:

Enclosed is the original and two copies of an executed notification of Statements of Nutritional Support as required under section 101.93 of 21 Code of Federal Regulations and section 403(r)(6) of the Federal Food, Drug and Cosmetic Act, as Amended.

If necessary, please address future correspondence to our firm.

Very truly yours,

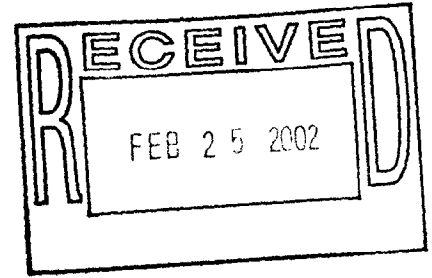


Karen A. Weaver

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Office of Special Nutritionals
Center for Food and Safety and
Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835



Re: Statements of Nutritional Support

Dear Sir:

Consider the following as notification of Statements of Nutritional Support as required under Section 403(r)(6) (21 U.S.C. 343(r)(6) of the Federal Food, Drug and Cosmetic Act and in accordance with Section 101.93 of 21 Code of Federal Regulations.

Distributor Name & Address: Nutrition For Life International, Inc.
10235 W. Little York
Houston, TX 77040

<u>Statement Text</u>	<u>Name of Subject Dietary Ingredient(s)</u>	<u>Brand Name</u>
Supports muscle tone, flexibility, mobility and maximizes your normal energy levels.	Deer Antler Velvet	IGF-1 Plus

The information contained in this notice is complete and accurate. The above distributor has substantiation that the statements are truthful and not misleading.

A handwritten signature in black ink, appearing to read "John M. Little".

Nutrition For Life International, Inc.