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December 12, 2001

RECEIVED
FEB 13 2002
BY:

Office of Special Nutritionals (HF-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, DC 20204

Re: 21 U.S.C. Section 343(r)(6), Notification of Statements on Dietary Supplements

Dear Sir/Madam:

I hereby notify the Food and Drug Administration ("FDA") of the use of statements of nutritional support in the labeling of Stress & Sleep, a dietary supplement.

Statements being made in the labeling of Stress & Sleep

- (1) Stress & Sleep is an organic kosher herbal supplement formulated to support a healthy nervous system. Kava is a South Pacific herb with a long history of use by many different cultures as a means to support relaxation, and Vitamin B5 is a key nutrient that works synergistically with the other ingredients in this formula to form a truly effective supplement.

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete. NOW Foods possesses substantiation that the statements are truthful and not misleading.

Jim Roza
Director, Quality Assurance
NOW Foods
395 S. Glen Ellyn Rd.
Bloomington, IL 60108

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