## Make the Right Call to EMS GUIDEFOR CHILDREN





#### Make the Right Call to EMS

- Know how and when to call Emergency Medical Services (EMS).
- Remember that EMS call takers are specially trained to help you. Answer their questions.
- Ask an emergency dispatcher to explain a question if you don't understand what they want to know. Don't just guess at an answer.
- Know the phone number of a responsible adult you can call in an emergency. Call that adult after calling EMS.
- Tell an adult right away if someone is hurt (even if you are afraid you may be blamed!).

### Play it Safe So You Won't Need to Call EMS



ALWAYS WEAR A HELMET

- Give matches you find to an adult. **Never** play with matches.
- Wear a helmet and pads when riding a bike, skateboarding, or roller blading.
- Stop, look, and listen before you cross the street.
- Leave unfamiliar dogs alone.
- Play in small groups when playing outside.

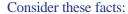
For more information about the National Highway Traffic Safety Administration's *Make the Right Call* Resource Kit, fax a written request to 202-366-7721 or visit www.nhtsa.dot.gov/people/injury/ems

# First There, First Care

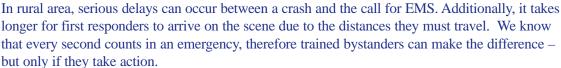




The National Highway Traffic Safety Administration (NHTSA) and the Health Resources and Services Administration (HRSA) is proud to announce a public awareness program through the First There, First Care by stander care for the injured campaign. Everyone can learn to stop to help, call Emergency Medical Service (EMS), assess the situation, start the victim's breathing and stop the victim's bleeding until first responders arrive.



- Rural areas have fewer people but higher traffic fatality rates, and national statistics show that the majority of motor vehicle fatalities occur on rural roadways.
- Many motor vehicle fatalities result from airway obstruction and blood loss, both of which may be treated by trained bystanders.
- Many motor vehicle deaths can be attributed to the lack of early intervention.



To educate Americans and raise awareness about their role as the important first link in the chain of emergency care, the First There, First Care program was developed. Campaign messages and materials will initially target truck drivers, individuals living in rural areas and motorcyclists.



CALL FOR HELP

The five basic life-sustaining actions of bystander care are:



- Call for Help
- Assess the Victim
- Start the Breathing
- Stop the Bleeding



START THE BREATHING

For more information about First There, First Care (FTFC) or to obtain a free FTFC Awareness Kit, fax a written request to 202-366-7721 or visit www.nhtsa.dot.gov/people/injury/ems

#### BYSTANDER CARE FOR THE INJURED CAMPAIGN