

IMMUNIZATION Shingles Vaccine



SAFER • HEALTHIER • PEOPLE™

"When we heard that 1 out of 3 people 60 years old and older get shingles...



...we got the shingles vaccine!"

WHAT IS SHINGLES?

- Shingles is a disease that causes a **painful, blistering rash**. One in five people with shingles will have **severe, long-term pain** after the rash heals.
- **Almost all older adults can get shingles.** About one in three people will develop the disease during their lifetime.
- Shingles is **more common and more serious in older adults**. Nearly 1 million Americans get shingles every year and about half of them are 60 years old and older.

HOW CAN THE RISK OF SHINGLES AND LONG-TERM PAIN FROM SHINGLES BE REDUCED?

- A new vaccine against shingles has been developed and is recommended for people 60 years old and older.
- You can reduce your risk of shingles and long-term pain by **getting the vaccine**.

SHINGLES (HERPES ZOSTER) ■ SHINGLES (HERPES ZOSTER) ■ SHINGLES (HERPES ZOSTER) ■ SHINGLES (HERPES ZOSTER)

Reduce YOUR risk of shingles. GET VACCINATED.

In a clinical trial involving people 60 years old and older, the shingles vaccine **prevented long-term pain** from shingles in two out of three people who got vaccinated, and **prevented the disease** in about half of people who got vaccinated.

FOR MORE INFORMATION

visit www.cdc.gov/vaccines

call **800-CDC-INFO (800-232-4636)**
IN ENGLISH / EN ESPAÑOL — 24/7

or ask your healthcare provider.