



A Shower of Emotions
Dealing with Moisture Stress

Lesson Review and Program Evaluation

Please read or listen to (if done as a group) each question carefully and provide a response.
Circle the number that most accurately reflects your thoughts or feelings.

1. I have learned something new about how children may respond to stress as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

2. I am more motivated to assist my children in dealing with stress as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

3. I have learned some practical ideas for helping children deal with stress and anger as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

4. I am planning to take some specific steps to help my children deal with stress or anger as a result of this lesson.

Not at all	Slightly	Somewhat	Significantly	Very much
1	2	3	4	5

5. Please provide any other feedback related to this lesson below:



North Dakota State University, Fargo, North Dakota 58105

MARCH 2001

NDSU Extension Service, North Dakota State University of Agriculture and Applied Science, and U.S. Department of Agriculture cooperating. Sharon D. Anderson, Director, Fargo, North Dakota. Distributed in furtherance of the Acts of Congress of May 8 and June 30, 1914. We offer our programs and facilities to all persons regardless of race, color, national origin, religion, sex, disability, age, Vietnam era veterans status, or sexual orientation; and are an equal opportunity employer. This publication will be made available in alternative format upon request to people with disabilities (701) 231-7881.