

Special Crops Resource Book List

Recommended by Al Oliver/Jennifer Curtis

NOTE: Prices are approximate and may have taxes applied.

Most of the books listed can be ordered through your local bookstore.

If you wish to browse the book call Al @ (250) 371-6059 for a time to come in and look through them. We do not loan books out. Some may be in a local library.

GENERAL HERBS (identification and use)

HERBS – The visual guide to more than 700 herb species from around the world

Description: An accurate publication making quick identification of individual specimens sure, simple, and straightforward. Good basic information.

Author: Lesley Bremness

Publisher: Stoddart Publishing Co. Ltd.
34 Lesmill Road, Toronto, ON M3B 2T6

Price: \$22.95 **ISBN:** 0-7737-2763-9

EDIBLE AND MEDICINAL PLANTS OF THE ROCKY MOUNTAINS AND NEIGHBOURING TERRITORIES

Description: Designed as a practical field guide, contains over two hundred colour photographs and line drawings to make plant identification easier.

Author: Terry Willard Ph.D.

Publisher: Wild Rose College of Natural healing. Ltd.
302-1220 Kensington Road N.W., Calgary, AB T2N 3P5

Phone: 403-270-0936 **Fax:** 403-283-0799

Price: \$25.00 **ISBN:** 0-9691727-2-9

HERBAL EMISSARIES – Bringing Chinese Herbs to the West

Description: A guide to gardening, herbal wisdom, and well-being. Some growing and harvesting information.

Authors: Steven Foster and Yue Chongxi

Publisher: Healing Arts Press,
One Park Street, Rochester, VT 05767

Price: \$16.95 **ISBN:** 0-89281-349-0

TREES, SHRUBS & FLOWERS TO KNOW IN BRITISH COLUMBIA & WASHINGTON

Description: A practical guide to the identification of trees, etc. An updated version of an old standard plant ID in BC. Black and white but a good resource.

Authors: C.P. Lyons & Bill Merilees

Publisher: Lone Pine Publishing
#202A, 1110 Seymour Street, Vancouver, BC V6B 3N3

Price: \$18.95 **ISBN:** 1-55105-044-7

Special Crops FACTSHEET



**BRITISH
COLUMBIA**

**Ministry of Agriculture,
Food and Fisheries
162 Oriole Rd,
Kamloops, BC V2C 4N7
Phone: (250) 371-6059
Fax: (250) 828-4631**

Al Oliver (Kamloops)
Jennifer Curtis (Abbotsford)
May 2001

***PLANTS OF COASTAL
BRITISH COLUMBIA (1)***

Description: Easy to use field guide featuring 794 species of plants commonly found along the Pacific coast from Oregon to Alaska. Includes colour photographs, line drawings and silhouettes. Clear species descriptions and descriptions of each plant's habitat and range for both amateurs and professionals. One of a series of three book on plants of BC.

Authors: Jim Pojar & Andy MacKinnon
Publisher: Lone Pine Publishing
206, 10426 81 Avenue, Edmonton,
AB T6E 1X5
Price: \$26.95 **ISBN:** 1-55105-042-0
Phone: 1-800-661-9017

***PLANTS OF SOUTHERN INTERIOR
BRITISH COLUMBIA (2)***

Description: Field Guide features nearly 700 species of plants commonly found in the region from the crest of the Rockies west to the Coast Mountains, including the interior of Washington and Idaho. Detailed species descriptions are combined with precise drawings and excellent colour photographs. One of a series of three books on plants of BC.

Author: Parish, Coupe & Lloyd
Publisher: Lone Pine Publishing
202A- 1110 Seymour Street,
Vancouver, BC V6B 3N3
Price: \$24.95 **ISBN:** 1-55105-057-9

***PLANTS OF NORTHERN INTERIOR
BRITISH COLUMBIA (3)***

Description: Field Guide features nearly 700 species of plants commonly found in the region from the crest of the Rockies, west to the Coast Mountains and north of Williams Lake. Detailed species descriptions are combined with precise drawings and excellent colour photographs. One of a series of three books on plants of BC

Author: Parish, Coupe & Lloyd
Publisher: Lone Pine Publishing
202A- 1110 Seymour Street,
Vancouver, BC V6B 3N3
Price: \$26.95 **ISBN:** 1-55105-108-7

***THE ESSENTIAL BOOK OF
HERBAL MEDICINE***

Description: Concerned with the use of herbal medicines for a wide range of medical problems.

Author: Simon Y. Mills
Publisher: Penguin Books
10 Alcorn Avenue, Toronto,
ON M4V 3B2
Price: \$29.99 **ISBN:** 0-14-019309 X

***MEDICINAL PLANTS OF THE
PACIFIC WEST***

Description: A guide to over 300 species of plants geographically ranging from Baja California to Alaska. A well written document for any library.

Author: Michael Moore
Publisher: Red Crane Books
2008 Rosina St., Suite. B, Santa Fe,
NM 87505
Price: \$22.50 **ISBN:** 878610-31-7

***NEXT GENERATION HERBAL
MEDICINE***

Description: Maximizes the use of guaranteed potency herbs whose active constituents have been discovered, clinically validated, and standardized. A good book to understand the standardized herbal process.

Author: Daniel B. Mowrey, Ph.D.
Publisher: Keats Publishing, Inc.
27 Pine Street (Box 876),
New Canaan, CT 06840
Price: \$7.95 **ISBN:** 0-87983-532-X

CANADIAN MEDICINAL CROPS

Description: Information on indigenous medicinal plants presented in a form that is easily understood and readily retrieved. A great value for any library. Detailed information on 25 plants.

Authors: Dr. Ernest Small, Dr. Paul Catling
Publisher: National Research Council of Canada
Ottawa, ON K1A 0R6
Price: \$30.00 Cdn or US **ISBN:** 0-660-17534-7

VENOMOUS ANIMALS AND POISONOUS PLANTS

Description: This is one of the well-known 'Peterson Field Guide' books and is very concise, a true pocket guide. One of the authors, Steven Foster, is world renowned for his work with herbs. We have a number of poisonous plants in BC and have introduced others into our gardens that we should be aware of.

Authors: Steven Foster and Roger Caras

Publisher: Houghton Mifflin Company,
Boston/New York

Price: \$30.00 ISBN: 0-395-35292-4

CULTURE OF HERBS

SASKATCHEWAN HERB AND SPICE PRODUCTION MANUAL

A newly produced manual covering the production of 41 herbs and spices. Some information on potential diseases and insects as well as details on harvesting and drying. On quality paper with colored pictures.

Publisher: Sask. Herb and Spice Assn.,
Box 124 Sintaluta SK S0G 4N0

Phone: 306-694-4622

Price: \$100.00 ISBN:

ALBERTA HERB AND SPICE PRO-DUCTION AND PLANNING GUIDE

Description: CD ROM – has detailed information about the herb and spice industry, in a user friendly format complete with video and photos. Contains information about the aromatic, medicinal and culinary varieties of herbs and spices that have shown potential for producers.

Publisher: Alberta Agriculture

Price: \$27.00 ISBN: None

NEW CROP COMPENDIUM

Description: CD ROM – Resource on new crops contains searchable information from three proceedings of new crops symposia. Contains over 300 articles and the combined index includes about 6,000 references to crops and crop products.

Publisher: Center for New Crops and Plant Products
1165 Hort. Bldg. Purdue University
West Lafayette IN 47907

Price: \$85.00 US ISBN: 0-931682-70-3

MEDICINAL PLANTS, Culture, Utilization and Phytopharmacology

Description: Information on medicinal herbs. Data for more than 400 species arranged by scientific name followed by the common name.

Author: Thomas S. C. Li

Publisher: Technomic Publishing Company, Inc.
851 new Holland Avenue, Box 3535
Lancaster PA 17064 USA

Phone: 1-800-233-9936 **Fax:** 1-717-295-4538

Price: \$225.00 ISBN: 1-56676-903-5

CULINARY HERBS

Description: Contains information on culinary herbs including description, uses, recipe sources, and cultivation notes. A very detailed guide on 125 species plus more mentioned in the texts. A very useful book on culinary herbs.

Author: Ernest Small

Publisher: National Research Council of Canada
Ottawa, ON K1A 0R6

Price: \$100.00 ISBN: 0-660-16668-2

FROM EARTH TO HERBALIST – An Earth Conscious Guide to Medicinal Plants

Description: Practical, full-colour guide to the harvest and use of North American medicinal plants. Principles of ethical wildcrafting and the herbalist's connection with the earth.

Author: Gregory L. Tilford

Publisher: Mountain Press Publishing Company
PO Box 2399
Missoula, MT 59806

Phone: 406-728-1900

Price: ISBN: 0-87842-372-9

MANUAL FOR NORTHERN HERB GROWERS

Description: Contains the essential information for growing and managing herbs in northern locations.

Authors: Seija Halva & Lyle E. Craker

Publisher: HSMP Press
Amherst, MA 01002

Price: Unknown ISBN: 0-9629868-1-X

MEDICINAL HERBS in the Garden, Field & Market Place a Bootstrap Guide

Description: Complete details on growing, harvesting and marketing 75 medicinal herbs from A to Z.

Takes you step by step from your garden or field into the marketplace of medicinal herbs. Specific information on growing and harvesting.

Author: Lee Sturdivant and Tim Blakley

Publisher: San Juan Naturals
PO Box 642P, Friday Harbor,
WA 98250

Phone: 1-800-770-9070

Fax: 206-378-2584

E-mail: naturals@bootstraps.com

Web site: www.bootstraps.com

Price: \$24.95 ISBN: 0-9621635-7-0

HERBS FOR SALE – Growing and Marketing Herbs, Herbal Products and Herbal Know-how

Description: Another book by Lee Sturdivant packed with ideas on the growing and marketing of herbs. Lots of case studies for ideas and contact names for reference.

Author: Lee Sturdivant

Publisher: San Juan Naturals
PO Box 642P, Friday Harbor, WA 98250

Telephone: 1-800-770-9070 **Fax:** 206-378-2548

E-mail: naturals@bootstraps.com

Web site: www.bootstraps.com

Price: \$30.00 ISBN: 0-9621635-7-0

HEALING PLANTS – A Medicinal Guide to Native North American Plants and Herbs.

Description: Concise guide to traditional herbal medicine, written for both the beginner and the seasoned herbalist. Some harvesting and preparation information.

Author: Ana Nez Heatherley

Publisher: HarperCollins Canada
55 Avenue Road, Ste. 2900,
Toronto, ON M5R 3L2

Website: <http://www.harpercollins.com/canada>

Price: \$19.95 ISBN: 0-00-638617-2

HEMP

HEMP HORIZONS – The Comeback of the World's Most Promising Plant

Description: A book following the history of hemp to modern times. A good section on the farming of hemp.

Author: John W. Roulac

Publisher: Chelsea Green Publishing
PO Box 428, White River Junction,
VT 05001

Phone: 603-448-0317

Website: chelseagreen.com

Price: \$24.95 ISBN: 0-930031-93-8

THE CULTIVATION OF HEMP – Botany, Varieties, Cultivation and Harvesting

Description: A valuable source of both theoretical and practical information for anyone concerned with the cultivation of hemp. Guide for growing nonpsychoactive hemp.

Author: Dr. Ivan Bocsá, Michael Karus

Publisher: Chelsea Green Publishing Company
1444 US Route 42, Ashland,
OH 44805

Phone: 1-800-265-4367 **Fax:** 419-281-6883

Price: \$18.95 US ISBN: 1-886874-03-4

ADVANCES IN HEMP RESEARCH

Description: complete update on the advances in research in several areas and covers the entire spectrum of recent international hemp research and technological developments.

Author: Paolo Ranalli, Ph.D.

Publisher: Food Products Press, The Haworth Press, Inc.
10 Alice Street, Binghamton NY 13904-

Phone: 1-800-429-6784 **Fax:** 1-800-895-0582

Price: \$142.00 **ISBN:** 1-56022-872-5

PROCESSING/VALUE ADDED/CHEMISTRY

DOWNSTREAM PROCESSING OF NATURAL PRODUCTS – A Practical Handbook

Description: A highly practical manual, which addresses the issue, and guides researchers and industrial workers through the many potential pitfalls of natural product isolation.

Author: Michael Verrall

Publisher: John Wiley & Sons (Canada) Ltd.
22 Worcester Road, Rexdale,
ON M9W 1L1

Price: \$225.00 US **IS BN:** 0-471-96326-7

PHYTOPHARMACEUTICAL TECHNOLOGY

Description: A practical reference volume that aims to provide the basic information necessary to select and operate machinery and to process plant products through to the desired liquid, solid or powdered drug form.

Author: P.H. List & P.C. Schmidt

Publisher: CRC Press Inc., 2000 Corporate
Boulevard N.W., Boca Raton, FL 33431

Price: Unknown **ISBN:** 0-8493-7709-9

ON FARM PROCESSING – A Handbook for Producers

Description: A handbook for producers.

Author: BC Ministry of Agriculture, Food
& Fisheries

Publisher: BC Ministry of Agriculture, Food
& Fisheries
1767 Angus Campbell Road,
Abbotsford, BC V3G 2M3

Telephone: 604-556-3001

Price: \$10.00 **ISBN:**

TEXTBOOK OF ADVANCED HERBOLOGY

Description: A review of the biochemical families of herbal constituents from the herbalist's perspective.

Author: Terry Willard, Ph.D.

Publisher: Wild Rose College of Natural Healing
302, 1220 Kensington Rd. N.W.,
Calgary, AB T2N3P5

Telephone: 403-270-0936 **Fax:** 403-283-0799

Price: \$55.00 **ISBN:** 0-9691727-0-4

AMERICAN HERBAL PRODUCTS ASSOCIATIONS BOTANICAL SAFETY HANDBOOK

Description: Provides readily accessible safety data in an easy-to-use classification system for more than 600 commonly sold herbs.

Author: Edited by Michael McGuffin et. Al.

Publisher: CRC Press Inc.
2000 Corporate Boulevard N.W.,
Boca Raton, FL 33431

Price: Unknown **ISBN:** 0-8493-1675-8

***THE COMPLETE GERMAN
COMMISSION E MONOGRAPHS –
THERAPEUTIC GUIDE TO HERBAL
MEDICINES - THE AMERICAN
BOTANICAL COUNCIL***

Description: Accurate information avails on the safety and efficacy of herbs and phytomedicines. Provides concise therapeutic information on herbal remedies.

Authors: Blumentahl, Busse, Goldberg,
Gruenwald, Hall, Klein, Riggins & Rister

Publisher: American Botanical Council
PO Box 144345, Austin
Texas, 78714-4345

Price: \$300.00 Cdn ISBN: 0-9655555-0-X
or CD-ROM \$99.00
(American Botanical Council)

***REPORTS/STUDIES DONE
IN BRITISH COLUMBIA***

***BRITISH COLUMBIA FOOD
PROCESSOR'S REFERENCE MANUAL***

Description: Contains basic information important to food processors operations.

Publisher: B.C. Ministry of Agriculture, Food
& Fisheries
PO Box 920 Stn Prov Govt,
Victoria, BC V8W 9B4

Available from: Brian McNeil
Agriculture Publications
Purchasing Commission Warehouse,
Victoria, BC Canada V8V 1X4

Price: \$35.00 ISBN:

***DIRECT MARKETING – A Handbook
for Producers***

Description: A handbook for producers.

Author: BC Ministry of Agriculture, Food,
& Fisheries
Canadian Farm Business Council

Publisher: BC Ministry of Agriculture, Food
& Fisheries
1767 Angus Campbell Road,
Abbotsford, BC V3G 2M3

Telephone: 604-556-3001

Price: \$10.00 ISBN: 0-7726-2265-5

***PROCESSING GUIDE FOR
SPECIALTY CROPS***

Description: Information on value-added processing techniques in the herbal industry.

Author: Wendy R. Holm, P. Ag. &
Dr. Dugal MacGregor

Publisher: Science Council of BC
For copies: Andrea Gunner
c/o RR #4 C 17 Knob Hill Road
Armstrong, BC V0E 1B0

Telephone: 250-546-2712 Fax: 250-546-2713

E-mail: agunner@junction.net.

Price: \$25.00 ISBN: 0-7726-3526-9

***OVERVIEW OF THE HEALTH FOOD
SUPPLEMENT AND MEDICINAL
HERB PROCESSING AND
BROKERAGE INDUSTRIES OF
BRITISH COLUMBIA***

Description: Focuses on specific segment of the nutraceutical industry – the production of dietary supplements, including medicinal herbal product in British Columbia.

Author: Gunta S. Vitins

Publisher: British Columbia Ministry of
Agriculture and Food
PO Box 920 Stn Prov Govt,
Victoria, BC V8W 9B4

Price: Unknown

***TECHNICAL FEASIBILITY STUDY
FOR MEDICINAL AND AROMATIC
PLANTS WHICH CAN BE GROWN IN
THE INTERIOR OF BRITISH
COLUMBIA, CANADA***

Description: To identify medicinal and aromatic plants which can be grown in the interior of British Columbia, investigate marketing channels and to link growers with buyers. An excellent source of basic information on specific herbs.

Author: Andrea J. Gunner, P.Ag.

Publisher: AG Consulting
RR #4 C 17 Knob Hill Road
Armstrong, BC V0E 1B0

Telephone: 250-546-2712 Fax: 250-546-2713

E-mail: agunner@junction.net

Price: \$25.00

DIRECTORIES

ELECTRONIC SOURCE OF AGRICULTURAL INFORMATION – An Extension Technology Development Project

Description: Resource Directory

Publisher: Ministry of Agriculture, Food & Fisheries
4607 23rd Street, Vernon, BC V1T 4K7

Phone: 250-260-3000

Price: \$5.00 **ISBN:** 0-7726-2178-0

BC HERB SOURCES – 2001

There is a new edition of this released April 2001. It is a listing of growers, product and service providers and government. A good document for reference. If you are not listed and wish to be, contact BCFN at 604-822-6920.

SPECIFIC CROP INFORMATION SOURCES

A GROWERS GUIDE TO SEA BUCKTHORN

Description: Designed for commercial producers, includes currently recommended practices. A guide to provide an up-to-date and comprehensive source of information for individuals who are interested in growing Sea Buckthorn

Publisher: Sea Buckthorn Society
Box 241, Vernon, BC V1T 6M2

Price: \$40.00/non member \$20.00 member

ISBN: none

GINSENG PRODUCTION GUIDE FOR COMMERCIAL GROWERS 1998 EDITION

Description: Designed for commercial producers, includes currently recommended practices for the control of pests. Has extensive information for those looking at plants that heed shade. Has an accompanying directory that is available from the same source.

Publisher: BC Ministry of Agriculture, Food & Fisheries
162 Oriole Road, Kamloops, BC V2C 4N7

Phone: 250-371-6050

Price: **ISBN:** 1203-6994

THE CHOKECHERRY – A GUIDE FOR GROWERS – Native Fruit Development Program

Description: A guide to provide an up-to-date and comprehensive source of information for individuals who are interested in growing chokecherries, in orchards. Cultural and natural history, basics of plantation establishment and care, list of suppliers of plants and see and fruit buyers.

Author: Richard G. St. Pierre, Ph.D.

Publisher: Department of Horticulture Science
University of Saskatchewan,
51 Campus Dr., Saskatoon, SK S7N 5A8

Price: \$15.00 **ISBN:** none

Phone: 306-966-5855

GROWING SASKATOONS – A manual for orchardists

Description: A Production Guide for Growers, covering all aspects of saskatoon culture for western Canada. Very complete with lots of colour pictures

Author: Richard St.-Pierre, Ph.D.

Publisher: Department of Horticulture Science
Native Fruit Development Program
University of Saskatchewan

51 Campus Dr., Saskatoon SK S7N 5A8

Phone: 306-966-5855

Price: \$60.00 **ISBN:** 0-8888-302-8

***COMMERCIAL SASKATOON BERRY
PRODUCTION ON THE PRAIRIES –
A growers guide***

Description: Brings together a wide range of information on saskatoon berry production and the saskatoon berry industry on the Prairies.

Author: Sara Williams

Publisher: University Extension Press,
Extension Division
University of Saskatchewan,
Saskatoon, SK S7N 0W0

Phone: 306-966-5855

Price: ISBN: 0-88880-302-8

ECHINACEA – The Immune Herb

Description: Up-to-date practical information on the use of Echinacea.

Author: Christopher Hobbs, L. Ac.

Publisher: Botanica Press
10226 Empire Grade,
Santa Cruz, CA 95060

Price: \$6.95 ISBN: 1-884360-03-3

BCMAFF FACTSHEETS

These are four to eight page factsheets available for selected crops and include 'Planning for Profit' economic planning sheets when applicable. They are updated periodically and are available through any Ministry of Agriculture, Food and Fisheries office. Other 'Planning for Profit' sheets are available separately.

Factsheets available include:

Ginseng, What It Is and Isn't

Ginseng, How and Why It Is Used

Ginseng, Abridged Version of the Production Guide

Echinacea

Sea Buckthorn

Hemp

PRODUCTION GUIDES

These are available through government offices or industry associations. Please call or drop in to an Agriculture office for a list of where to get them. They are updated regularly and should be purchased regularly to be sure you have current information.