



ORGANISATION NORD AMERICAINE POUR LA PROTECTION DES PLANTES  
NORTH AMERICAN PLANT PROTECTION ORGANIZATION  
ORGANIZACION NORTEAMERICANA DE PROTECCION A LAS PLANTAS  
CANADA UNITED STATES MEXICO

**HÔTEL CHÂTEAU LAURIER** (the meeting will be held at the hotel)

1220, Place George-V Ouest  
Québec City (Québec), G1R 5B8 - Canada

Phone: (418) 522-8108

Toll free: 1-800-463-4453 (Canada, USA)

**Group Name: NAPPO Meeting – Code No. 308205**

Rate: \$102.80 includes all taxes (no meals) – these rooms are in the older part of the hotel

Rate: \$125.90 includes all taxes (no meals) – these rooms are in the new part of the hotel

**Deadline to confirm room with a credit card: February 27, 2009**

Cancellation by 4:00 p.m. on the day of arrival

Distance from Airport: 15 km

<http://www.hotelchateaulaurier.com/en/laurier/>

For passengers arriving to Quebec City from trans-border and international destinations, the following are useful links with information on customs and tax rebates:

Customs Agency: [www.ccra-adrc.gc.ca](http://www.ccra-adrc.gc.ca)

Immigration: [www.cic.gc.ca](http://www.cic.gc.ca)

**The area code for Quebec City is 418**

**Airport**

From the airport

There is no public transportation or shuttle bus from the airport into the city. The only option for visitors is to hire a taxi, with cabs offering flat rates to most destinations around the city. Taxis are available outside the Arrivals Hall. A more expensive but certainly luxurious option is to take a private limousine. Limos can be hired at the reservation and information desk in the Arrivals Hall.

Fixed taxi rate: \$30.00 one way

[http://www.aeroportoquebec.com/index\\_en.php](http://www.aeroportoquebec.com/index_en.php)

## Weather

### March-April

High Temperature (C)	0-8
Low Temperature (F/C)	-4/3

Daytime highs during the winter months are around -5 degrees C (23 degrees F), and night time lows are around -14 degrees C (7 degrees F).

Winters can be severe, so pack accordingly.

### What to pack:

- warm clothing
- clothing to layer
- winter jacket
- gloves
- knit or fleece hat
- scarf
- snow boots (optional)
- extra socks
- sunglasses or goggles
- sunscreen

## Québec is

..the Saint-Lawrence, a river-turned-estuary, waters that have provided a haven and habitat for the seafood that has fed generations since before recorded time.

...open spaces, an adventurous land, a paradise for game, a fertile field for its many crops.

...the founding peoples - the French, the English, and the people of the First Nations - North American Indians and Inuits. ...legendary hospitality - a place where people eat well.

This is the only walled city in all of North America, and those walls encompass the Old Town section of Québec City. Old Town itself contains the Old Port area, at the banks of the St. Lawrence, and a portion of upper town, dominated by Le Château Frontenac hotel. It's quite walkable, but do bring a map, as the winding streets can be confusing. The Québec region is of unequalled historical and cultural heritage interest, with its architecture, pedestrian streets and fortifications, unique in North America. A visit to the Plains of Abraham and Vieux-Québec (Old Québec), a UNESCO World Heritage travel destination, will provide you with almost 400 years of historical discovery opportunity. Our performances, theatre and festival events will put you in a very celebratory mood!

### Check the weather before you pack!

<http://www.bonjourquebec.com/qc-en/accueil0.html>

<http://www.bonjourquebec.com/qc-en/fiches/en/evenements/1395036.html>

## Cuisine

Traditional recipes are adapted to reflect today's tastes by chefs at major restaurants, which also offer a large selection of fine Québec products, such as *foie gras*, *magret de canard* (duck cutlet), *caviar de corrégone* and ice wine. These regional products give Québec cooking its own identity, much to the delight of gourmets!

Looking for something exotic? You'll find ethnic cuisine from the four corners of the world in Québec's large cities, where you can sample sushi, Portuguese tapas, Thai dishes, Lebanese specialties ... and much more! The rich mosaic of international flavours offered in restaurants bears witness to the diversity of cultures that make up Québec today.

In the Montérégie, where orchards make up 30% of the territory, a wide variety of ciders are made that have been honoured at international competitions. In the Bas-Saint-Laurent region, locals have mastered the art of smoking salmon, trout, sturgeon and eel in the style of their ancestors. On the Îles-de-la-Madeleine, you can sample *pot-en-pot*, a tasty mixture of fish or seafood and potatoes baked in a crust. The Saguenay—Lac-Saint-Jean is renowned for its *tourtière* (meat and pork pie) and *soupe aux gourganes* (broad bean soup). The cheeses produced in Charlevoix boast their own unique personality and, in the Gaspésie, the salmon pie is like none other. On the North Shore, most of the dishes feature fish and shellfish from local waters, such as northern shrimp, snow crab and scallops. In the Mauricie region, meat from locally raised bison and ostrich is a delicacy. The culinary delights continue, from region to region!

Gourmet banquets, multi-ethnic finds, country meals, dishes from the past ... In Québec, there's something for all tastes!

## Good Buys

Canadian shopping opportunities vary by region, although you'll find amazing maple syrup and hockey equipment just about everywhere. Québec City's winding lanes are filled with Parisian-style clothing boutiques; Montreal is best known for Inuit carvings and exquisite furs. Cosmopolitan Vancouver and Toronto are the best destinations for true shopoholics, with hip malls and some of the same high-end clothing stores you might see in New York.

A few miles downriver (about 20 minutes by car), Île d'Orléans, where the city's best restaurants source their meat and produce, is an agri-tourist's dream. Farmers, vintners, and makers of cheese, chocolate, and maple syrup all open their doors to visitors, as do the island's many tiny art galleries. L'Île Ensorceleuse is known for its cassis (721 chemin Royal; 828-1057), Domain Steinbach for its enticing apple ciders, jellies, and vinegars (2205 chemin Royal, St-Pierre; 828-0000).

## Money

Various sales taxes throughout Canada can be as high as fourteen percent. When it comes to tipping, Canada is pretty much the same as the United States; waiters and other service employees expect a fifteen to twenty percent gratuity.

## Cool town... Winter all around!



Québec City is rightfully regarded as “the warmest winter destination”. When winter gets here, the Québec region becomes a huge playground full of activities that make a winter vacation unforgettable! Here you can hit the slopes just minutes away, skate in the heart of Old Québec, revel in the storybook charm of historic Place Royale, marvel at majestic Montmorency Falls, and so much more. Québec City also offers a bustling nightlife, countless boutiques for you to explore, and a wealth of gourmet restaurants, cosy bistros, and charming cafés.

From Old Québec, you can see some of the most sought after ski slopes in all of North America. No more than 30 minutes away from the city centre, three resorts greet [downhill skiing and snowboarding lovers](#): Mont-Sainte-Anne, Stoneham and Le Relais. Le Massif, a mere 45 minutes from Québec City, offers breathtaking panoramas. [Cross-country skiing](#) is also a winner since the region has over 2,000 kilometers of trails, for all levels of skiers.

Why not experiment [snowmobiling](#)? You'll discover the great outdoors and some scenery you'd never thought accessible. The Québec City region has 1512 km of groomed trails within the Trans-Québec network. And what about [ice climbing, dogsledding or snow rafting](#)? Where else in the world could you try so many different activities!

You like winter and [cultural activities](#)? Québec City is alive with music, theatre, museums and all sorts of events. You more than likely will want to extend your trip to fully embrace the Québec culture and heritage. Finally, with the unique [Ice hotel](#) in Canada and the famous [Québec City Winter Carnival](#), it's no wonder that the Québec region is known as the snow capital and the ideal Canadian winter destination for the family.

Easy to travel to by plane, train and the road network, the Québec region is a must for travellers who wish to discover a cool town and enjoy sizzling vacations.

## Hôtel de Glace Québec-Canada

Sainte-Catherine-de-la-Jacques-Cartier

From January 5th to April 1st, discover the only Ice Hotel in the Americas! Discover the amazing 3000 m2 complex made entirely of snow and ice. Located inside you will find the popular ice bar, the magnificent ice chapel, 2 exhibition rooms, 36 rooms and theme suites (one special suite has a fire place), a Grand Hall with an ice candelabra illuminated fibre optically, a huge N'Ice Club with a capacity of 400 people, two outdoor hot tubs and a

sauna. Hold your own special event (happy hour, receptions, corporate events, and weddings) and even spend a magical night (many packages available, capacity of 84 people). Located at the Station touristique Duchesnay (25 minutes west of Quebec City); enjoy a full array of winter activities: cross country skiing, skating, snowshoeing, sliding, dog sledding, snowmobile, and ice fishing (equipment rentals offered on site).