

Your Safety on VRE



Is Our
#1 Priority.

Follow these
simple safety
guidelines
for a safe trip.

Play It Safe.

At the Station

- **Walk, don't run.** Many accidents occur when people are running to catch a train. Allow plenty of time for parking, buying or validating your ticket, and walking to the platform. Aim to be at the station at least 10 minutes before your train is scheduled to depart.
- **Watch out for slippery conditions** when walking to the platform. Pavement may be slippery when wet.
- **Use handrails when climbing stairs.** Stairs may be slippery when wet, and you may trip if you're in a hurry and not careful.
- **Stand back from the platform edge.** Stay well behind the yellow tactile strip. If you have children with you, make sure they stand back, as well.
- **Listen for announcements.**
- **Do not attempt to board or detrain while the train is in motion.** Wait for the train to come to a complete stop and for the doors to fully open. Never hold a door open or try to pry open a closed door.
- **Ask the conductor for help with luggage or heavy boxes.**

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On-Board the Train

- If you need assistance boarding the train, go to the north end of the platform and speak with the conductor when the train arrives.
- Familiarize yourself with the emergency exit procedures depicted on posters at both ends of every coach.
- Locate emergency window exits. If you don't feel comfortable with the responsibility of removing the window, please find another available seat.
- When seats are available, sit rather than stand. When standing is unavoidable, hold on to a seatback or a handrail.
- Store all loose belongings under or over your seat. If you have an umbrella or cane, make sure it is out of the way and not a tripping hazard.
- Do not queue up in aisles in advance of station stops. If the train stops suddenly, a domino effect could occur, causing people to fall into or onto each other.
- Move carefully between cars when the train is in motion. Watch where you step and move quickly to the next car. Only use the hand-holds designed for such use. Do not touch the bellows .

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- Be aware of your surroundings and the people around you. If someone is acting unruly or suspicious, notify a crew member.
- Report all abandoned packages to a crew member. Keep your belongings with you at all times.
- Automatic External Defibrillators are on-board each car. If you or someone near you is having a medical emergency, notify a crew member immediately.
- If you have a chronic medical condition, please carry emergency supplies with you so that you'll be prepared in the event of a service disruption.

In Parking Lots

- When leaving or entering the parking lots, do so slowly, and watch out for other vehicles and pedestrians.
- Park in designated parking spaces only.
- Make sure you have your keys and you lock your car.

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In Case of Emergency

- **Remain calm**, and wait for instructions from the train's crew.
- **Stay on the train** unless directed otherwise.
- **Identify emergency evacuation exits.** Remember where they are located.
- **Emergency evacuation posters** are located at each end of every car.
- **If you are hearing or sight impaired**, buddy up with someone who can help you.
- **If you see someone who is hurt**, assist if you can, but notify a conductor as soon as possible.
- **If you are hurt**, notify a conductor.
- **Share your cell phone.**



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Service Disruptions

- **VRE has several plans in place to deal with different crisis situations outlined below.**
- **If a national emergency arises or, on a smaller scale, a situation occurs that affects your commute, your first and best source of information is the VRE Web site and our Train Talk e-mail news service. Information on what steps you should take and what alternatives are available will be outlined there. The type and scope of the situation will dictate VRE's response plan. To sign up for "Train Talk" visit our Web site at www.vre.org/feedback/listserv.htm.**
- **VRE recommends that all passengers develop one or two alternative plans to get home in the event of an emergency in which VRE was unable to operate.**
- **For more detailed information about VRE's Emergency Service Plan, visit the VRE Web site at <http://www.vre.org/service/commuterweekly/evacuationplans.htm>.**

Thank you for placing your trust in VRE.

1-800-RIDE-VRE