Helping Older Adults Find Medical Information Just Got Easier

Download the free, easy-to-use

TOOLKIT FOR TRAINERS

from the National Institute on Aging and help adults 60+ find accurate, up-to-date online health information—on their own.

✓ The Toolkit comes with

- An introductory video
- Lesson plans
- Student handouts
- An illustrated glossary of computer and Internet terms
- Tips for working with older adults
- Student recruitment flyers ...and more!

✓ Use the Toolkit to help students

- Build their Internet skills
- Search websites at the National Institutes of Health for health and wellness information
- Learn to evaluate the quality of online health information

To browse and download the free toolkit, go to www.nihseniorhealth.gov/toolkit

NIHSeniorHealth.gov
Built with you in mind

Trainer Flyer