# Putting Energy Into Stewardship: ENERGY STAR® Guide for Congregations





ENERGY STAR®, a U.S. Environmental Protection Agency program helps us all save money and protect our environment through energy efficient products and practices. For more information, visit www.energystar.gov.



| Gett | ting Started  | 1  |
|------|---|----|
|      | Getting Started: Identifying Projects                     | 1  |
|      | Getting Started: Finding Funds                            | 2  |
|      | Getting Started: Selecting Contractors                    | 3  |
|      | Getting Started: Prioritizing Projects                    | 3  |
|      | Getting Started: Managing Projects                        | 4  |
| Sure | e Energy Savers   | 5  |
| Larg | ger Opportunities   | 8  |
|      | Larger Opportunities: Building Shell                      | 9  |
|      | Larger Opportunities: Lighting                            | 11 |
|      | Larger Opportunities: Commercial Food Service Equipment   | 18 |
|      | Larger Opportunities: Heating, Cooling & Ventilating      | 19 |
|      | Larger Opportunities: Office Equipment & Appliances       | 21 |
| San  | ctuary/Worship Space                                      | 23 |
|      | Sanctuary Space – A Closer Look at Opportunities          | 23 |
| Calc | culate Savings  | 25 |
|      | Calculate: Assess Your Savings Potential!                 | 26 |
|      | Calculate: Financial Analysis                             | 27 |
|      | Calculate: Saving With ENERGY STAR                        | 28 |
|      | Calculate: Indirect Benefits                              | 28 |
| Gree | en Your Congregation                                      | 29 |
|      | Green Your Congregation: Renewable Energy and Green Power | 30 |
|      | Green Your Congregation: Air Pollution                    | 31 |
|      | Green Your Congregation: New Building Design              | 32 |
|      | Green Your Congregation: Paper                            | 32 |
|      | Green Your Congregation: Recycling                        | 33 |
|      | Green Your Congregation: Water                            | 34 |
|      | Green Your Congregation: Mega-Churches                    | 35 |
|      | Green Your Congregation: Learn More!                      | 37 |







ENERGY STAR®, a U.S. Environmental Protection Agency program helps us all save money and protect our environment through energy efficient products and practices. For more information, visit www.energystar.gov

# **GETTING STARTED**

Virtually any congregational facility can improve its energy efficiency easily and cost-effectively, using the numerous resources that are available both from ENERGY STAR, as well as, a wide variety of other organizations. These resources are available to help you through the process of completing an upgrade. This process can be broken into major activities that are involved in carrying out an energy improvement project.

Major Activities
Identifying Projects
Finding Funds
Selecting Contractors
Prioritizing Projects
Managing Projects

# **GETTING STARTED: IDENTIFYING PROJECTS**



As the saying goes, "time is money" and that can be particularly true for congregational facilities. However, not taking time (to save energy) can mean big money lost that could be used for other outreach and stewardship initiatives.

Reduction in daily energy costs and monthly utility bills for the lifetime of your facility can make it well worth the time needed to pursue effective-efficiency upgrades. Here are some strategies to jump-start your energy savings:

- Ask your utility if they offer free or inexpensive energy audits and/or rebates for energy-efficiency upgrades. A good place to start is the <a href="Energy Crossroads Web site">Energy Crossroads Web site</a> (EXIT>) a consolidated listing, by state, of many of the utility energy-efficiency programs.
- Invite contractors to your facility to suggest upgrades and provide free estimates.
- Contract with an energy professional to coordinate and manage your project.
- Leverage your time by drawing on the expertise of ENERGY STAR by visiting its Congregations Web site.





## **GETTING STARTED: FINDING FUNDS**



Access to capital for an energy-efficiency upgrade need not be an issue. Some upgrades require little funding. For those that do require investment, don't worry; there are many traditional and non-traditional financial resources available. A well-designed upgrade can provide your facility a positive cash flow from energy savings while paying off the investment for new equipment.

For small, inexpensive projects, you may want to use your own internal funds to pay for the upgrade. Depending on your congregation's finances, this could come from your savings, operating budget, or funding raising initiatives. For larger jobs, financing might be the only way to pay for the upgrade. Fortunately, a variety of sources and mechanisms exist to help finance energy-efficiency improvement projects.

#### **Did You Know?**

Energy-efficient upgrades typically save you money that can be used to pay for the cost of projects.

It's your decision to weigh your competing needs for funds versus continuing increases in operating costs for energy. Remember – even a long-term investment on energy efficiency results in affordable comfort, and new, more reliable equipment that will pay for itself with energy savings. Strategic energy-efficiency investments are your hedge against the certainty of higher utility bills that you cannot control.

The following resources can help you find funding information and opportunities for your upgrade:

To help you locate special offers and rebates in your area, ENERGY STAR provides an <u>online zip code driven tool</u>. Another resource for incentives and rebates is the <u>DSIRE Database for State Incentives for Renewables</u> and Efficiency.

ENERGY STAR's Resources: Finance, Products & Services Web page

ENERGY STAR's Directory of Energy Efficiency Programs (DEEP)

ENERGY STAR's Buildings Upgrade Manual - Financing Section (PDF)

#### (EXIT>)

**Energy Crossroads** 

DOE's Energy Efficiency and Renewable Energy's Financial Opportunities

National Association of State Energy Officials' "State and Territory Energy Offices" Web page

Alliance to Save Energy's Financing Energy Efficiency Web page

Local Government Commission's Funding Opportunities

Another aspect of funding energy efficiency is group purchasing to achieve lower unit prices on efficient equipment with volume purchases. Read more about this strategy in <a href="ENERGY STAR's Group Purchasing Fact Sheet">ENERGY STAR's Group Purchasing Fact Sheet</a> (PDF)





# **GETTING STARTED: SELECTING CONTRACTORS**

The selection of experienced, competent contractors and other energy professionals is critical to the success of your energy-efficiency project(s). Here are some guidelines to aid you in choosing a contractor:

- Ask for multiple current references that you can contact about work the contractor performed.
- Ask the contractor to provide a cost-estimate in writing for any work they will do.
- Make sure they are licensed and insured contractor.
- The contractor should certify that their work conforms to state and local regulations and codes.
- Verify that the contractor carries workers' compensation insurance.
- Make sure the contractor has experience and will use energy-efficient equipment.

Visit ENERGY STAR's online "Service and Product Provider Directory" and search for contractors and energy professionals in your area to help you with your upgrade(s).

Check the following sources for additional tips on selecting a contractor:

ENERGY STAR's 10 Tips for Hiring a Heating and Cooling Contractor

#### (EXIT>)

<u>California Energy Commission's How To Hire An Energy Services</u> Company Handbook **(PDF)** 

California Energy Commission's How To Hire An Energy Auditor To Identify Energy Efficiency Projects Handbook (PDF)

State of Oregon Construction Contractors Board Consumer Help

The members of your congregation may also find the following resources useful:

**ENERGY STAR's Recommendations for Finding a Contractor** 

Lawrence Berkeley National Laboratory's Home Energy Saver (EXIT>)

## **GETTING STARTED: PRIORITIZING PROJECTS**



You may wonder, "Where should I start?" Do I replace one piece of equipment or system at a time? Or, should I do a comprehensive upgrade of my entire facility? The answer will vary depending on each individual facility's situation. The age of your current equipment and facility systems, your type facility, your local utility rates, your hours of operation, and your access to financial resources are all key factors in what level of upgrade makes sense. One place to start is with low-cost and no-cost changes such as those listed in the Sure Energy Savers section of this guide.

If cash flow is an issue, you may want to wait until a piece of equipment or system fails or is a certain number of years old before replacing it with an energy-efficient model. However, if you are building a new facility or doing a major remodel, you should incorporate energy-efficient upgrades into your <u>design</u> due to the lower incremental cost of "doing it right the first time." For an existing facility, it may come down to what is financially feasible for your facility at a particular time. Ask your <u>contractor</u> if they can assist you in prioritizing your energy-efficiency projects.

In addition, the following resources may be helpful to you:

ENERGY STAR's Cash Flow Opportunity (CFO) Calculator

ENERGY STAR's Building Upgrade Manual's Business Analysis Section (PDF)

#### (EXIT>)

DOE's Building Technologies Program's Planning and Financing Your Project

# Did You Know?

Many contractor associations offer valuable information and advice on selecting a contractor, and a directory of listings. For example, visit the <u>Air Conditioning</u>
Contractors of America (EXIT > ) Web site.





#### **GETTING STARTED: MANAGING PROJECTS**

The size and complexity of the energy-efficiency project your congregation undertakes will most likely be the main factor in deciding who will manage the project. For something as simple as replacing HVAC filters or replacing incandescent lamps (light bulbs) with <a href="ENERGY STAR compact fluorescent lamps">ENERGY STAR compact fluorescent lamps</a> (CFLs), you, your staff or members could do it yourselves. Depending on the skills available to you, installing caulking and weather-stripping, ceiling fans, occupancy sensors for lights, LED exit signs, and programmable thermostats may be "do-it-yourself" projects not requiring outside help.

A more complex project, such as designing and replacing your facility's entire lighting system, will require the help of someone who has experience managing that type of project. Here are some resources to assist you in the process of managing your energy-efficiency projects:

**ENERGY STAR's Create Action Plan** 

**ENERGY STAR's New Building Design** 

<u>California Energy Commission's How to Hire a Construction Manager For Your Energy Efficiency Projects</u> Handbook **(PDF)** 

As your facility implements energy-efficient projects it is good practice to continuously assess energy performance to ensure that savings are being achieved. ENERGY STAR offers tools to help you understand and <u>assess</u> your facility's energy performance.





# **SURE ENERGY SAVERS**

It's easy to get started improving the energy efficiency of your congregational facility with little expertise or money. There are many reliable, low-risk, high-return actions that you can do, and are relatively simple! If resources permit, undertaking a comprehensive energy efficiency program, with the assistance of a professional if needed, would yield even greater savings. However, while you are considering a comprehensive program at least implement as many of the actions from the following list that you can to start saving now! Further information on these topics can be found in the Larger Opportunities section of this Guide.

# Lighting



- Turn off lights (and other equipment) when not in use. High utility costs often include paying for energy that is completely wasted by equipment left "on" for long periods while not in use.
- Replace incandescent light bulbs with <u>ENERGY STAR qualified compact fluorescent lamps</u> (<u>CFLs</u>), wherever appropriate. CFLs cost about 75% less to operate, and last about 10 times longer.
- Install switch plate occupancy sensors in proper locations to automatically turn lighting off when no one is present, and back on when people return. Even good equipment can be installed wrong, so don't install the sensor behind a coat rack, door, bookcase, etc. It must be able to "see" an approaching person's motion to turn on the light before, or as they enter an unlit area.



- Adjust lighting to your actual needs; use free "daylighting."
- To prevent glare, eyestrain, and headaches, do not "over-light." Too much light can be as bad for visual quality as too little light and it costs a lot more.
- Install <u>ENERGY STAR qualified exit signs</u>. These exit signs can dramatically reduce maintenance by eliminating lamp replacement and can save \$10 dollars per sign annually in electricity costs while preventing up to 500 pounds of greenhouse gas emissions.
- Consider upgrading from older T12 (1.5" diameter) tubes with magnetic ballasts to more efficient T8 (1" diameter) fluorescent lamp tubes with solid-state electronic ballasts.

# **Heating and Air Conditioning**



- "Tune-up" your heating, ventilating and air-conditioning (HVAC) system with an annual maintenance contract. Even a new <a href="ENERGY STAR qualified HVAC system">ENERGY STAR qualified HVAC system</a>, like a new car, will decline in performance without regular maintenance. A contract automatically ensures that your HVAC contractor will provide "pre-season" tune-ups before each cooling and heating season. Your chances of an emergency HVAC breakdown also become very remote with regular maintenance.
- Regularly change (or clean if reusable) HVAC filters every month during peak cooling or heating season. New filters usually only cost a few dollars. Dirty filters cost more to use, overwork the equipment, and result in lower indoor air quality.
- Install an <a href="ENERGY STAR qualified programmable thermostat">ENERGY STAR qualified programmable thermostat</a> to automate your HVAC system. This solid-state, electronic device optimizes HVAC operation "24/7" based on your schedule, and can be "overridden" as needed for unscheduled events. So congregation members, staff and visitors always enter a comfortable facility, this "smart thermostat" can turn on the HVAC a certain amount of time before arrival instead of heating or cooling unoccupied space.
- Control direct sun through windows depending on the season and local climate. During cooling season, block direct heat gain from the sun shining through glass on the east and especially west sides of the facility. Depending on your facility, options such as "solar screens," "solar films," awnings, and vegetation can help. Over time, trees can attractively shade the facility, and help clean the air. Interior curtains or drapes can help, but it's best to prevent the summer heat from getting past the glass and inside. During heating season, with the sun low in the South, unobstructed southern windows can contribute solar heat gain during the day.





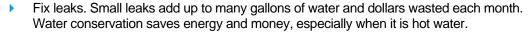
- Keep exterior doors closed while running your HVAC. It sounds simple but it will help to avoid wasteful loss of heated or cooled air.
- Use fans when a room/area is occupied.. Comfort is a function of temperature, humidity, and air movement. Moving air can make a somewhat higher temperature and/or humidity feel comfortable. Fans can help delay or reduce the need for air conditioning, and a temperature setting of as much as 3 to 5 degrees higher can feel just as comfortable with fans, and each degree of higher temperature can save about 3% on cooling costs. When the temperature outside is more comfortable than inside, a "box fan" in the window, or large "whole facility" fan in the attic, can push air out of the facility and pull in comfortable outside air. Fans can improve comfort and save energy year round.
- Plug leaks with weather stripping and caulking. This will help prevent the escape of heated or cooled air from your facility. Caulking and weather stripping also let you manage your ventilation, which is the deliberate controlled exchange of stuffy inside air for fresher outdoor air. To learn more about indoor air quality in your facility visit <a href="EPA's "Indoor Air Quality" Web page">EPA's "Indoor Air Quality" Web page</a>.

# **Office Equipment**



Always buy <u>ENERGY STAR qualified products</u> for your facility. The ENERGY STAR mark indicates the most efficient computers, printers, copiers, televisions, windows, thermostats, ceiling fans, and other appliances and equipment.

#### Water - Hot and Cold





- Use water-saving <u>faucets</u>, (EXIT>) <u>showerheads</u>, (EXIT>) <u>toilets and urinals</u> (EXIT>) to save water.
- Install an insulation blanket on water heaters seven years of age or older, and insulate the first 3 feet of the heated water "out" pipe on both old and new units.
- If buying a new water heater, always buy the most efficient model possible. In areas of infrequent water use, consider "tankless" water heaters to reduce "standby" storage costs and waste.
- Set water temperature only as hot as needed (110-120 degrees) to prevent scalds and save energy (check local codes for specific temperatures).
- When landscaping, practice <u>green landscaping</u> (greenscaping or xeriscaping) to preserve natural resources and prevent waste and pollution by using plants native to your climate that require minimal watering and possess better pest resistance. If local code allows, consider diverting "<u>gray water</u>" (PDF) for irrigation rather than using fresh water.

#### **Kitchen and Food Service Equipment**

Purchase ENERGY STAR qualified commercial food service equipment. For example, qualified refrigerators and freezers are on average 35% more energy efficient than standard models, which equals up to \$170 annually for refrigerators and \$120 for freezers; deep fryers can save between \$80 and \$600 per year; hot food holding cabinets can save an average of \$430 per year; and steam cookers can save nearly \$550 per year depending on fuel.



- For existing refrigerators, clean refrigerator coils twice a year and replace door gaskets if a dollar bill easily slips out when closed between the door's seals.
- Have large and walk-in refrigeration systems serviced at least annually. This includes cleaning, refrigerant top off, lubrication of moving parts, and adjustment of belts. This will help ensure efficient operation and longer equipment life.
- Consider retrofitting existing refrigerators and display cases with anti-sweat door heater controls, and variable speed evaporator fan motors and controls.







# **Funding**

- Check the various government entities in your area for tax incentives the may apply to energy-efficiency upgrades you perform in your facility.
- Contact your local utilities to inquire about rebate programs they have that may apply to energy-efficiency upgrades to your facility.







# LARGER OPPORTUNITIES

# **Building Shell**

Building shell improvements are one of the first places you should focus on when upgrading your existing congregational facility. Start with the low cost/no cost opportunities. Like the lighting system, these factors are key to properly sizing the heating and cooling system during new construction or major upgrades.

# Lighting

Lighting is a critical component of every congregational facility. Your staff must be able to see to perform their duties, and objects and spaces must be aesthetically pleasing to your congregation.

# **Commercial Food Service Equipment**

When you think of commercial food service equipment (CFSE), you probably think of restaurants, however CFSE is present in a variety of other facilities as well.

## **Heating, Cooling & Ventilating**

Proper heating, ventilating, and air-conditioning (known in the trade as HVAC) are key to maintaining a comfortable, and healthy environment. Improved heating and cooling performance along with substantial energy savings can be achieved by implementing energy-efficiency measures.

## Office Equipment & Appliances

When congregational facility owners/operators think of energy consumption, they naturally focus on building operations (such as lighting and air-conditioning) and its shell components, but not necessarily on the energy consuming office equipment and appliances contained within.





#### LARGER OPPORTUNITIES: BUILDING SHELL

Building shell improvements are one of the first places you should focus on when upgrading your existing congregational facility. Start with the low cost/ no cost opportunities. Like the lighting system, these factors are key to properly sizing the heating and cooling system during new construction or major upgrades.

These elements of the building are a major investment that should be purchased on a "life-cycle costing" or return-on-investment basis, rather than lowest initial cost. Over the life of the building, the operating savings in energy alone will far outweigh the initial cost of these items. Plus, in the case of new construction, it will be less costly to "do it right the first time," than to make even more costly upgrades to insulation, windows, walls or roofing material later.



The sections below will help you learn how to make your facility more energy efficient through improvements to your building shell. For additional information that may be applicable to your facility please visit the <a href="ENERGY">ENERGY</a> STAR Home Sealing Web page.

Insulation

- Roofing
- Walls
- Windows
- Slabs and Foundations
- Tightening An Existing Building
- Passive Solar Design and Orientation

# **Project Suggestion**

To determine the correct amount of insulation for your project consult the following:

- Local energy codes and officials
- State energy offices
- Model energy codes such as the International Energy Conservation Code and those published by ASHRAE.

#### Insulation

Insulation is a critical component of every facility, helping to keep you cool in the summer and warm in the winter. Always insulate your new facility to model building codes, which are discussed in the "New Building Design" section of this Guide. For retrofits, use these codes as guidelines to ensure that you get the amount of insulation that will save you energy and be cost effective.

#### (EXIT>)

DOE's Insulation Fact Sheet

Flex Your Power's Commercial Product Guide - Insulation

**National Insulation Association** 

American Society of Heating, Refrigerating, and Air-Conditioning Engineers (ASHRAE)

# Roofing

Energy-savings opportunities can be achieved by carefully choosing roofing materials and by purchasing <a href="ENERGY STAR qualified roof products">ENERGY STAR qualified roof products</a> when possible. Some areas that should be considered when upgrading your roof include:

- Insulation: When specifying or replacing a roof, insulation can be placed under the roof.
- Radiant Barriers: In addition to traditional insulation, radiant barriers save energy both in the summer and winter by re-directing radiant energy in the facility.
- Cool Roofing: These systems lower heat gain for facilities by reflecting the sun's radiant energy, saving energy on air-conditioning. Consult your roofing and HVAC professionals to learn if cool roofing is an option for your congregational facility.

To learn more about energy-efficiency opportunities for roofing visit:

**ENERGY STAR's Qualified Roof Products** 

## (EXIT>)

Lawrence Berkeley National Laboratory's Cool Roofing Materials Database







#### **Walls**

Exterior walls (and those connected to unconditioned spaces) should be insulated. When exterior walls are being constructed or are bare during a renovation, consider a quality building wrap. These materials have a low cost per square foot of material and can help drastically reduce air and moisture infiltration into the conditioned space.

To learn more about building wraps visit <u>DOE EERE's Consumer's Guide Combination Air Barriers/Vapor Diffusion Retarders Web page</u>. **(EXIT>)** 

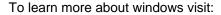
#### **Windows**

A single-paned window has an R-value (measure of the ability to prevent heat flow) of 1, making it little more than a hole in the wall. Fortunately, in recent years, double-paned windows, along with other energy-efficient features, have become more standard. Older facilities can likely benefit from improvements to windows. Improvements you should consider when upgrading your windows and frames include:

- Purchase <u>ENERGY STAR qualified windows</u>, which feature a combination of new technologies that save you energy and money
- Double or triple-paned glass
- Inert gas (e.g., krypton, argon, or nitrogen) fill
- Low-emissivity, advertised as Low-E, glass/film or other advanced coatings/films
- Window tinting appropriate for your region and facility orientation
- Insulated frames, low-conductivity materials

Many vendors are now promoting the advantages of window films – ranging from simple tints that block

incoming light, to films that provide performance similar to Low-E glass, and advanced coatings that block specific wavelengths of light.



ENERGY STAR's Qualified Residential Windows, Doors, and Skylights

#### (EXIT>)

DOE EERE's Consumer's Guide Windows Web page

Advanced Buildings Technologies & Practices' Spectrally-selective Glazings

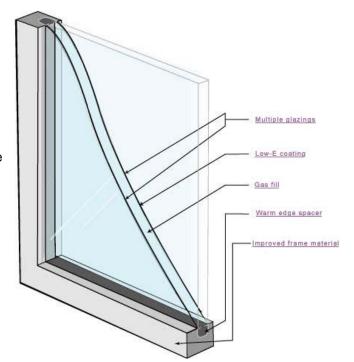
Advanced Buildings Technologies & Practices' Low-conductivity Window Frames

Advanced Buildings Technologies & Practices' Inert Gas Window Fills

#### **Slabs and Foundations**

Slabs and foundations are frequently overlooked areas where energy savings can be realized. Just like walls and roofs, there are insulation opportunities for these areas that will save energy. For new congregational facilities, you should consider a vapor retarder between the foundation and the slab or earth. Vapor retarders reduce the amount of moisture, and other potentially harmful vapors, that can pass through slabs and foundations and add to discomfort and indoor air-quality issues in your facility.

Learn more about vapor barriers by <u>DOE EERE's Consumer's Guide Combination Air Barriers/Vapor Diffusion</u> Retarders Web page **(EXIT>)** 







# **Tightening An Existing Building**

There are many low-cost/do-it-yourself actions you can take to help your congregational facility reduce air leakage and costs. These actions include:

- Filling gaps around doors and window frames with caulk, spray foam, and insulative batting.
- Checking window and door weather stripping. If weather stripping is missing, hard, or cracked, it should be
- For exterior doors with a gap underneath, (e.g., if you can see daylight) install door sweeps.

# **Passive Solar Design and Orientation**

The orientation of a facility can affect energy consumption, particularly the energy used for heating and cooling. For a new congregational facility, consider passive solar design, or the practice of positioning a facility to take advantage of the sun's natural heating and light energy, and to shade a facility from the sun where desirable. You can learn more by visiting the Advanced Buildings Technologies & Practices' Passive Solar Heating Web page. (EXIT>)

#### LARGER OPPORTUNITIES: LIGHTING

Lighting is a critical component of every congregational facility. Your staff must be able to see to perform their duties, and objects and spaces must be aesthetically pleasing to your congregation.

Depending on the type of facility you operate, lighting can account for a large portion of your electricity cost. This means that significant cost

savings can be achieved with energy-efficiency improvements, and due to continually improving equipment,

lighting usually provides the highest return-on-investment of major upgrades.

#### Did You Know?

Upgraded lighting can save money through reduced energy use, and result in increased occupant comfort.

Additional Lighting Links and Information

The Formula for Lighting Energy Efficiency



#### Lighting Technology

Make the decision early in your project to select energy-efficient lighting technology. The following pages discuss lighting technologies, their efficiency, and what might be right for your facility.

- Incandescent Lighting Technology
- Compact Fluorescent Lamps (CFLs)
- Improved Halogen Systems
- Fluorescent Lighting
- High-Intensity Discharge (HID) Lighting Systems
- Exit Signs
- Fixtures
- Lighting controls
- Daylighting
- Future Lighting System Technologies

#### Lighting Design

High-quality lighting design includes the coordinated selection of lighting, fixtures, fixture placement, and room finishes (e.g., highreflectivity paint) to result in improved lighting quality. To achieve the best quality and efficiency from any new lighting system you install, consult a lighting professional with experience in energy efficiency.

Efficient Lighting Technology Selection Design Guide



**Did You Know?** 

An incandescent lamp is a better heater than a

light, with nearly 90% of the input energy being

converted and lost in waste heat rather than light.



# **Incandescent Lighting Technology**





Thomas Edison invented the first commercialized electric lighting technology in 1879, the incandescent lamp. This simple inefficient technology has dominated lighting

applications ever since. Incandescent lamps come in two common type varieties:

- Standard Incandescent Lamps: Inefficient lamps used in many applications throughout a facility.
- Halogen Lamps: Halogen lamps are a more advanced incandescent lamp technology commonly used to highlight merchandise, objects and architectural features due to their white light and "sparkle". To learn more about incandescent lamps visit:

DOE's Building Technologies Program's Building Toolbox - Incandescent Lamps (EXIT>)

Where can you find incandescent lamps in your facility?

- Recessed "can" fixtures
- Wall sconces
- Suspended fixtures
- Lamps and task lighting

- Accent lighting and "track" lighting
- Illuminated exit signs
- Exterior lighting

# **Compact Fluorescent Lamps (CFLs)**



CFLs are fluorescent lamps that have been specifically made in a compact form to replace incandescent lamps in traditional screw-in fixtures. These energy-efficient lamps come in a variety of styles and sizes and are suitable for a variety of applications. <a href="ENERGY STAR">ENERGY STAR</a> qualified CFLs use 75% less energy than a standard incandescent bulb and last up to 10 times longer.

Replacing a 100-watt incandescent with a 32-watt CFL can save approximately \$30 in energy costs over the life of the bulb.

#### **Did You Know?**

Compact fluorescent lamps come in a wide variety of shapes and sizes to accommodate most applications, even models that resemble incandescent lamps.



The long life of CFLs makes them ideal to use in hard-to-reach places due to their reduced need to be replaced as often. In addition, CFLs are cool to the touch, making them safer than incandescent and halogen lamps. To learn more about CFLs visit:

ENERGY STAR Qualified Compact Fluorescent Light Bulbs

(EXIT>)

DOE EERE's Consumer's Guide Compact Fluorescent Lamps

National Lighting Product Information Program's Screwbase Compact Fluorescent Lamp Products Report (PDF)

# **Improved Halogen Systems**

Many incandescent lamps can be replaced with halogen lamps for a gain in efficiency and service life. Many standard halogens (aside from some specialty applications) can be replaced with high performance "Infrared" (IR) halogen lamps. These lamps work by increasing the operating temperature of the halogen lamp, increasing efficiency. Though more efficient than other incandescent and halogen lamps, these lamps are still inferior in efficiency to fluorescent and HID lighting systems.







# **Fluorescent Lighting**

Fluorescent lighting is the "standard" technology for lighting spaces such as offices and classrooms, and is up to four times more efficient than the incandescent lamp. However, older, obsolete

# **Did You Know?**

Magnetic ballast fluorescent lighting systems are vintage technology dating back to 1939.







fluorescent lighting systems can result in poor light quality and flicker. Advancements in fluorescent lighting systems have resulted in the introduction of new systems that provide improved energy efficiency, lighting quality, and design flexibility.

The primary components of standard fluorescent lighting systems are the ballast, which modifies incoming voltage and controls electrical current, and the lamp (bulb or tube), the source of artificial light.

#### **Traditional Systems:**

- **T12 Fluorescent Lamps:** One of the most common, but least efficient fluorescent systems. T12 lamps can be identified by their 1.5-inch diameter.
- Magnetic Ballasts: Magnetic ballasts are common and still used extensively today due to their low initial cost. However, these ballasts are considerably less efficient than new electronic ballast designs and are prone to flicker and humming (particularly as they age).

Standard fluorescent lamps are commonly used in a variety of places in a facility. Some common applications include:

- Suspended and recessed "troffer" fixtures
- Recessed "can" fixtures
- Wall sconces
- Suspended fixtures
- Lamps and task lighting

- Accent lighting and "track" lighting
- Illuminated exit signs
- Exterior and facade

What energy-efficient technologies can replace T12 fluorescent lighting system?

**Energy-Efficient Fluorescent Lighting Systems:** These systems, using T8 (1" in diameter) and T5 (5/8" in diameter) lamps, offer improved efficiency, higher intensity, and potentially longer life due to reduced degradation in light output over time. T8 and T5 lighting systems are constantly increasing in flexibility and are now applicable to a variety of task and accent lighting applications, as well as general lighting of larger spaces.

To learn more about T8 and T5 lamps visit:

**ENERGY STAR Qualified Products** 

#### (EXIT>)

National Lighting Product Information Program's Lighting Answers: T8 Fluorescent Lamps Fact Sheet (PDF)
National Lighting Product Information Program's Lighting Answers: T5 Fluorescent Systems

**Energy-Efficient Electronic Ballasts:** When specifying a fluorescent lighting system, always specify electronic ballasts. These ballasts provide near flicker-free operation while using up to 30% less energy than magnetic ballasts.

To learn more about electronic ballasts visit:

**ENERGY STAR Qualified Products** 

#### (EXIT>)

National Lighting Product Information Program's Electronic Ballasts Fact Sheet (PDF)

National Lighting Product Information Program's Guide to Specifying High-Frequency Electronic Ballasts (PDF)

# **High-Intensity Discharge (HID) Lighting Systems**





Due to their intensity, HID lighting systems are useful for lighting large areas from high ceilings, and range from 50 to 2,000 watts each. Older HID installations are often mercury vapor lamps, an extremely inefficient design. Like fluorescent lamps, HID systems have ballasts, and systems built before 1978 may contain potentially harmful substances such as PCBs (polychlorinated biphenyls).





**Project Suggestion** 

You may be able to "de-lamp" or remove

some of the lamps in your system and still

have acceptable light levels, especially in concert with a T8 retrofit. Consult your

lighting professional to see if this is an

option for your facility.



HID lamps are commonly used in the following applications:

- Garages
- Warehouses
- Areas with high ceilings

- Exterior safety and security lighting
- Accent lighting

# What HID technologies are most efficient for my facility?

For high-ceiling and exterior applications, specify metal halide or high-pressure sodium vapor lamps. In areas you wish to highlight, or accent particular merchandise or objects, use small metal halide spotlights. To learn about HID lighting systems:

## **Project Suggestion**

Consult your lighting professional about specifying more energy efficient T5 lighting systems instead of HID lighting systems.

#### (EXIT>)

Advanced Buildings Technologies & Practices' HID Electronic Ballasts & Lamps

National Lighting Product Information Program's Lighting Answers: Mid-Wattage Metal Halide Lamps

National Lighting Product Information System's HID Accent Lighting Systems Report (PDF)

In some cases, you may be able to reduce the wattage of your already installed HID lamps by purchasing and installing specially designed reduced wattage metal halide lamps. For example, a special 360-watt metal halide can replace a 400-watt metal halide. Consult your lighting professional for more information.

#### **Exit Signs**

Exit signs are an excellent, low-cost, low-labor opportunity to increase the energy efficiency and safety of your facility. Replacing incandescent exit signs that operate at about 40 watts per sign, or fluorescent exit signs that operate between 12 and 20 watts per sign, with an <a href="ENERGY STAR">ENERGY STAR</a> qualified exit sign can increase the energy efficiency of your exit signs by 3 to 8 times! Many ENERGY STAR qualified exit signs are based on light-

#### **Did You Know?**

ENERGY STAR qualified exit signs use 3 to 8 times less energy than incandescent and fluorescent illuminated exit signs and reduce maintenance.

emitting diode (LED) technology, while others are based on photoluminescent and electroluminescent technology. You may also be able to retrofit your exit sign with LED technology while retaining the housing. To learn more about ENERGY STAR qualified and other energy-efficient exit sign technologies please visit:

**ENERGY STAR Qualified Exit Signs** 

ENERGY STAR Congregations' LED Exit Sign Fact Sheet (PDF)

National Lighting Product Information Program's Exit Signs Report (PDF) (EXIT>)

#### **Fixtures**



Specifying an energy-efficient lighting technology, such as T8 or T5 fluorescent lamps and electronic ballasts, is a critical step to improving the energy efficiency of your facility and <u>saving money</u>. However, lighting is a system and depends on the quality of the fixture (the apparatus that contain the lamp), combined with the lamp, ballast and placement (the position of fixtures in a room, which affects the amount of usable light that is supplied). Fixtures come in a wide variety of applications. Fixture selection may be guided by:

- Efficient technology
- Ceiling height
- Spacing
- Amount of glare

- Distribution of light
- Task plane height
- Desired light level
- Appearance



lighting system.

Did You Know?

The most efficient light is the light not used.

Many control technologies are available to save money and add convenience to your



For the best energy efficiency and light quality consult a lighting professional or designer when selecting fixtures. To learn more about lighting fixtures and their impact on efficiency visit <a href="ENERGY STAR">ENERGY STAR</a> Qualified Products' Lighting Web page.

#### **Lighting Controls**

Controls are a key part of any lighting system. Specify controls that maximize the flexibility of your system while eliminating light usage, often automatically. Common controls include:

- **Bi-level Switching:** Control of a lighting system in groups of fixtures or lamps, for example bi-level switching allows you to turn-half of the lights in a room off when full illumination is not required. Bi-level switching is commonly used in offices, conference rooms, and classrooms.
- **Dimmers:** Dimming lighting systems allow you to control the amount of light and save energy. Dimmers are available for fluorescent and incandescent systems. Daylight dimmers are special sensors that automatically

dim room lights based on the amount of free and natural daylight available. Dimmers are commonly used in conference rooms, classrooms, eating areas, and libraries.

- Occupancy Sensors: These sensors detect the motion of room occupants, turning off lights in unoccupied areas and turning them back on when movement is detected. Occupancy sensors are commonly used in restrooms, classrooms, and warehouses.
- Daylight Sensors (Photocells): A common inefficiency of exterior lighting systems is a tendency to "dayburn." This is when lights are on during the day, wasting energy and money. This problem can be prevented by installing light-sensitive controls that turn the lights on and off automatically based on daylight, thus producing convenient energy savings. Timers can be used, but do not react to changing daylight conditions.

To learn more about lighting controls systems visit: **(EXIT>)** 

# Energy-Savings Potential With Occupancy Sensors

| Application           | Energy Savings |  |  |  |  |
|-----------------------|----------------|--|--|--|--|
| Offices (private)     | 25-50%         |  |  |  |  |
| Offices (open spaces) | 20-25%         |  |  |  |  |
| Rest rooms            | 30-75%         |  |  |  |  |
| Corridors             | 30-40%         |  |  |  |  |
| Storage areas         | 45-65%         |  |  |  |  |
| Meeting rooms         | 45-65%         |  |  |  |  |
| Conference rooms      | 45-65%         |  |  |  |  |
| Warehouses            | 50-75%         |  |  |  |  |

Note: Figures listed represent maximum energy-savings potential under optimum circumstances. Figures are based on manufacturer estimates. Actual savings may vary.

Source: California Energy Commission/U.S. Department of Energy/ Electric Power Research Institute

DOE's Building Technologies Program's Building Toolbox Lighting Controls

National Lighting Product Information Program's Occupancy Sensors Report (PDF)

National Lighting Product Information Program's Photosensors Report (PDF)

Lighting Controls Association

Energy Design Resources' Design Brief: Lighting Controls Fact Sheet (PDF)

#### **Daylighting**

Save money and resources by harvesting the free light of the sun! Daylight can be harvested by simply not blocking windows, and by dimming/turning off the lights based on available daylight throughout your facility. Common daylighting strategies include:

- Controlling window light through blinds.
- Sky lights and "sun tubes"
- Light shelves

#### **Did You Know?**

Research has shown that daylighting not only saves money but also improves productivity.







- Daylight dimming systems
- To learn more about daylighting visit:

#### (EXIT>)

**Daylighting Collaborative** 

<u>DOE's Building Technologies Program's Building Toolbox Daylighting</u> <u>Energy Design Resources' Design Guidelines: Daylighting Guidelines</u>

# **Future Lighting System Technologies**

#### **LED Lighting**

In the last 20 years, light-emitting diode (LED) lamps have advanced from being indicators on consumer electronics, to an increasingly versatile and efficient lighting source. LED lighting has the potential to provide high efficiency, durability, and extremely long life. Currently, LED lighting is largely restricted to specialty uses such as accent lighting, LCD monitor backlighting, exit signs as well as use in traffic signals, vehicle brake lights, and strings of colored holiday lights. However, as the technology becomes more accepted in the market, its uses will expand and costs will become more competitive. A specific kind of LED, the organic light-emitting diode (OLED) promises to make energy efficient and designable light panels that can be used in a wide variety of architectural applications. To learn more about LED technology please visit:

#### (EXIT>)

Lighting Research Center's Solid-State Lighting Web page

**LED Center** 

DOE's Building Technologies Program's Solid-State Lighting Web page

#### **Induction or Electrodeless Fluorescent Lamps**

An induction lamp is a fluorescent lamp design that eliminates the most failure prone component of the system, the electrode, and produces light by exciting the lamp's gas fill with radio frequencies. The result is improved efficiency over conventional fluorescent designs and extremely long life (upwards of 50,000 hours). Several induction designs are already on the market, but these lamps are best used for applications where extremely long lamp life is desired due to maintenance issues. To learn more about induction lamps visit <u>GE's Consumer</u> <u>& Industrial Lighting web page on Induction Lamps</u>. **(EXIT>)** 

# **Efficient Lighting Technology Selection Design Guide**

Many simple upgrades can be made with good results to existing systems and standard specifications. Examples of these include:

- Substituting T8 fluorescent lamps and electronic ballasts for T12 lamps and magnetic ballasts.
- Replacing incandescent lamps with compact fluorescent lamps.
- Installing fluorescent lighting systems in place of incandescent lighting systems.
- Installing metal halide or high-pressure sodium vapor lamps in place of mercury vapor lamps.

# **Project Suggestion**

When selecting a lighting consultant/designer consider selecting one who is certified "LC" by the National Council on Qualifications for the Lighting Professions or "CLC" by the American Lighting Association.





| Lighting Technology Guide |                               |                                       |  |              |  |   |   |                             |                            |   |     |
|---------------------------|-------------------------------|---------------------------------------|--|--------------|--|---|---|-----------------------------|----------------------------|---|-----|
| Application and Example   |                               |                                       |  | Technology   |  |   |   |                             |                            |   |     |
|                           |                               |                                       |  | Incandescent | Halogen                                | 덾 | Compact<br>Fluorescent                      | T12 Fluorescent<br>(Linear) | T8 Fluorescent<br>(Linear) | T5 Fluorescent<br>(Linear)              | LED |
| Low-Ceiling               |                               | Offices, conference rooms, classrooms |  | •            | •                                      | 0 | 0   | 0                           | •                          | •                                       |     |
| High Ceiling              |                               | Warehouses, lobbies                   |  | •            | •                                      | 0 | 0   | 0                           | 0                          | •                                       |     |
| Exterior Lighting         |                               | Parking lots                          |  | •            | •                                      | 0 | 0   | 0                           | •                          | •                                       |     |
| Accent Lighting           |                               | Displays, artwork                     |  | •            | 0                                      | 0 | •   | 0                           | •                          | •                                       |     |
| Task Lighting             |                               | Desk lamps                            | }  | •            | 0                                      | 0 | •   | 0                           | •                          | •                                       |     |
| Exit Sign Lighting        |                               | Exit signs                            |  |              |  |   | 0   |                             |                            |   |     |
| Key                       |                               |                                       |  |              |  |   |   |                             |                            |   |     |
| Not<br>Applicable         | Low-Efficiency in Application |                                       | Medium-Low<br>Efficiency in<br>Application |              | Medium<br>Efficiency in<br>Application |   | Medium-High<br>Efficiency in<br>Application |                             | cy in                      | High<br>Efficiency<br>in<br>Application |     |

**Note:** This table is for informational purposes only, always consult your lighting professional before specifying a technology for your facility.

To learn more about lighting design visit:

#### (EXIT>)

New Buildings Institute Lighting Guide

**DesignLights Consortium** 

International Association of Lighting Designers

Northwest Energy Efficiency Alliance's Lighting Design Lab

Lithonia Lighting Visual Web page

# Additional Lighting Links and Information

ENERGY STAR Qualified Products' Change A Light, Change The World

ENERGY STAR Buildings Upgrade Manual's Lighting Chapter (PDF)

# (EXIT>)

Illuminating Engineering Society of North America

National Council on Qualifications for the Lighting Professions

New Buildings Institute's Lighting Web page

International Association for Energy-Efficient Lighting

**American Lighting Association** 

Rensselear Polytechnic Institute's Lighting Research Center

DOE's EERE's Consumer's Guide Lighting and Daylighting

Energy Design Resources' Energy Efficient Technologies: Lighting Design

# **Project Suggestion**

For new construction and major retrofits consider having computer models of your lighting system developed by a qualified professional to ensure that the design meets the criteria for your facility.





# LARGER OPPORTUNITIES: COMMERCIAL FOOD SERVICE EQUIPMENT

When you think of commercial food service equipment (CFSE), you probably think of restaurants, however CFSE is present in a variety of other facilities as well.

Facilities where CFSE may be found include:

- **Shelters**
- Halls
- **Schools**
- Congregations



If you or members of your congregation operate a facility that serves food, there may be opportunities for saving energy and money from efficient CFSE equipment. CFSE is often the source of considerable energy and water consumption in a facility. ENERGY STAR has developed qualifications that identify some of the most efficient commercial food service equipment. ENERGY STAR qualified CFSE includes gas and electric deep fryers, hot food holding cabinets, gas and electric steam cookers, and commercial solid door refrigerators and freezers.

ENERGY STAR has developed a Commercial Food Service Equipment Incentive Finder. This tool provides information about rebates for ENERGY STAR qualified CFSE that are available from utilities and other energyefficiency program sponsors.

To learn about CFSE and other product energy-efficiency opportunities visit ENERGY STAR Small Business's Restaurants Web page.

For detailed information on specific commercial food service equipment visit the following:

**ENERGY STAR Qualified Products' Commercial Fryers** 

**ENERGY STAR Qualified Products' Commercial Steam Cookers** 

ENERGY STAR Qualified Products' Commercial Hot Food Holding Cabinets

ENERGY STAR Qualified Products' Commercial Solid Door Refrigerators & **Freezers** 



## (EXIT>)

Consortium For Energy Efficiency's Commercial Programs: Commercial Refrigerators and Freezers Consortium For Energy Efficiency's Commercial Programs; Commercial Ice-makers Food Service Technology Center's Commercial Kitchen Appliance Technology Assessment Web page Food Service Technology Center's Design Guides





# LARGER OPPORTUNITIES: HEATING, COOLING & VENTILATING

Proper heating, ventilating, and air-conditioning (known in the trade as HVAC) are key to maintaining a comfortable, and healthy environment. Improved heating and cooling performance along with substantial <u>energy</u> savings can be achieved by implementing energy-efficiency measures.

Whether you wish to improve the efficiency of your existing heating and cooling systems or are considering upgrading to a new system, the information on this page will help you to make informed decisions!

- Cooling and Heating Load Reduction
- Heating and Cooling Systems
- Control Systems
- Maintenance

# **Cooling and Heating Load Reduction**

One of the first steps you should consider in your congregational facility before upgrading your heating and cooling system is to reduce your load (i.e. how much heating and cooling you actually use). Reducing your facility's load allows existing systems to operate less frequently and newer systems to be designed smaller, thereby lowering operating costs. Common load reduction strategies include:

- \* "Tightening" your building shell and adding additional insulation (EXIT>) to reduce leakage.
- Installing energy-efficient windows (EXIT>) such as ENERGY STAR qualified windows.
- Upgrading <u>lighting systems</u>, energy-efficient lighting systems emit less heat into conditioned space than older inefficient technology.
- Reducing solar gain (e.g., <u>cool roofing</u> and <u>window</u> tints) in cooling dominated climates, and in cold climates taking steps to increase solar gain.
- > Selecting efficient office equipment and consumer electronics to reduce heat output.
- Controlling ventilation to improve occupant comfort and save energy.

Once you have addressed these areas, you can then make the most of your heating and cooling equipment dollars.

# **Heating and Cooling Systems**



Heating and cooling systems are critical to most buildings, but also represent a large component of many facilities' utility expenses. Cooling systems, in particular, are typically very energy intensive and are almost always fueled by electricity. Their operation typically coincides with periods that are subject to peak and time of use charges.

Heating and cooling systems have advanced significantly in design and efficiency. For example, today's air conditioners use less energy to produce the same amount of cooling as older air conditioners. Even if your air conditioner is relatively new, you can still save on your cooling energy costs by replacing it with a more efficient model.

#### **Heating and Cooling System Tips:**

- Consider implementing efforts to reduce heating and cooling load before selecting equipment.
- NEVER OVERSIZE! Avoid over sizing equipment at all costs. Over sizing equipment increases the capital cost at the time of the installation and the costs of operation of the equipment. Request that your HVAC professional conduct an Air Conditioning Contractors of America's (ACCA) (EXIT>) Manual N Commercial Load Calculation to ensure proper sizing.

#### **Project Suggestion**

For congregational facilities, request an ACCA Manual N evaluation of your facility's heating and cooling loads before purchasing any major heating or cooling system. By following these guidelines you will receive a system that is sized appropriately for your facility.





- When selecting a new cooling system, have your HVAC professional provide you a quote and specifications for a standard-efficiency and high-efficiency unit including lifecycle costs. If the lifecycle cost is less on the high-efficiency unit, purchase it.
- When purchasing Room Air Conditioners, or Light Commercial heating and cooling units select those units that are ENERGY STAR qualified.
- Consider <u>energy recovery ventilation systems</u> (EXIT>) to reclaim waste energy from the exhaust air stream and use it to condition the incoming fresh air.
- In humid climates, consult your HVAC professional about supplemental dehumidification. By controlling humidity at your facility, you can increase occupant comfort and allow for further downsizing of equipment.
- Consider specifying economizers. Often available at a low incremental cost, these units draw in fresh air from the outside when the temperature outside is lower than the temperature inside.
- Install programmable thermostats and use automated settings to achieve savings.
- At a minimum, specify National Electrical Manufacturers Association (<u>NEMA</u> (EXIT>) premium motors on HVAC equipment, and consider specifying variable speed drives (VSD) on condenser and evaporator fans.
- In dry climates, consider evaporative coolers. These coolers use the evaporation of water to cool spaces, eliminating the need for energy intensive compressors.
- For areas such as the sanctuary space, and facilities with warehouses and garages, consider installing radiant heating (EXIT>). Radiant heating warms objects instead of the air, and requires less fuel. Radiant heat is also useful for warming exterior areas that require heating, such as patios and waiting areas.
- Many buildings are impacted by what goes on inside the building just as much as (and sometimes even more than) the weather conditions outside. That is why it is important to properly size equipment and consider the use of a <u>demand controlled ventilation system</u> (EXIT>) coupled with economizers to meet the internal loads of the building, e.g., kitchens, etc.

#### **Heating and Cooling System Energy-Efficiency Resources**

ENERGY STAR Qualified Products' Heat & Cool Efficiently Web page

EPA's Indoor Air Quality (IAQ) Resources

#### (EXIT>)

DOE EERE's Consumer's Guide Space Heating and Cooling Web page

American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE)

Air Conditioning Contractors of America Resources

FEMP's Energy-Efficient Products: How to Buy an Energy-Efficient Commercial Unitary Air Conditioner

Consortium for Energy Efficiency's High-Efficiency Commercial Air Conditioning & Heat Pumps

<u>Flex Your Power's HVAC Systems</u>. Flex Your Power's Heating, Ventilation, and Air Conditioning (HVAC) Systems

#### **Control Systems**

A great way to improve the efficiency of heating and cooling systems is to incorporate control strategies that ensure systems are used only when necessary. Common control strategies include <u>ENERGY STAR qualified programmable thermostats</u>, multiple zones, and CO<sub>2</sub> demand sensors. These strategies can be specified on new heating and cooling systems and retrofitted to older systems as well.

ENERGY STAR Qualified Programmable Thermostats: These simple, easy to install thermostats allow convenient night/weekend setback to save money. Models range from \$50 to \$200 depending on the desired features and usually include manual overrides to ensure comfort for late night workers.









- Multiple Zones: By dividing your facility up into multiple heating and cooling zones, your system can deliver more efficient heating and cooling by eliminating inaccuracies from a central sensor point. In addition, building occupants in different areas can adjust the temperature to meet their actual needs. If your facility has many rooms or floors, multiple zones are recommended.
- ▶ Demand or CO₂ Sensors: Most heating and cooling systems draw in ventilation air by assumed occupancy, however modern technology has sidestepped this by designing systems that actually can regulate the air quality of your facility by measuring the amount of CO₂ present. The result is more energy-efficient operation and better air-quality.

#### **HVAC Success!**

The Holy Trinity Lutheran Church in Berlin, PA recently replaced their 40 year old, large, inefficient heating system with three smaller efficient heating units. This allows them to turn on only what is needed at the time instead of firing up a large heating unit to heat small areas of the church or add just a little heat on those days when there is a slight chill in the air. They estimate that this will reduce their heating bill by as much as 50%.

#### **Maintenance**

Just like your automobile, your facility's heating and cooling systems need maintenance to operate efficiently. To improve efficiency and help ensure reliability and long life, consider the following tips.

- Engage a qualified HVAC firm in a maintenance contract with seasonal tune-ups. During these tune-ups, a technician should check combustion efficiency, refrigerant charge, and belt tension as applicable.
- Replace air filters regularly. Accumulated dirt and dust make your fans work harder and reduce airflow. Clean or replace filters as recommended by your system's manufacturer.
- Clean the evaporator and condenser coils on your heat pump, air-conditioner, or chiller. Dirty coils inhibit heat transfer; by keeping them clean, you save energy.
- Inspect ducts and piping for leakage or damaged insulation. Leaky ductwork is one of the biggest contributors to cooling loss in buildings. Apply duct sealer, tape, and insulation as needed.
- Repair old valves and steam traps. These can waste hundreds of dollars and are low cost parts.

To learn more about maintaining your heating and cooling system visit ENERGY STAR's Heating & Cooling "<u>Maintenance Checklist</u>" and "<u>Duct Sealing</u>" information and the Air Conditioning Contractors of America's Preventive Maintenance = \$avings (EXIT>) Web page.

# LARGER OPPORTUNITIES: OFFICE EQUIPMENT & APPLIANCES



When congregational facility owners/operators think of energy consumption, they naturally focus on building operations (such as lighting and airconditioning) and its shell components, but not necessarily on the energy consuming office equipment and appliances contained within.

#### **Did You Know?**

The energy consumption of an average Liquid Crystal Display (LCD) monitor is twothirds of that for an average Cathode Ray Tube (CRT) monitor

# **Office Equipment**

Over the years, as the amount of office equipment found in congregational facilities has increased, the amount of energy consumed, by that equipment, as also increased. Inefficient office equipment not only draws power, but also emits heat that can contribute to higher cooling bills. Fortunately, to address this issue there are a variety of <a href="ENERGY STAR qualified products">ENERGY STAR qualified products</a> that can help you <a href="Save energy and money">Save energy and money</a>, money that can be used for other functions important to your congregation. If you are replacing or purchasing equipment such as computers, monitors, and copiers always consider <a href="ENERGY STAR qualified products">ENERGY STAR qualified products</a>.







Other office equipment savings opportunities include:

- Turning office equipment off at night.
- Checking to see if your computer already has power management software installed. If so, activate it.
- Printing double sided per page; much more energy is used in the manufacturing and distributing of <u>paper</u> than the actual printing at your office.

Find out more information about ENERGY STAR qualified office equipment.

To download FREE Power Management Software for your non-ENERGY STAR qualified\_computer visit ENERGY STAR's Power Management Software.

To learn more about office equipment energy efficiency visit:

#### (EXIT>)

Pacific Energy Center's "Energy-Efficient Office Equipment" Fact Sheet (PDF)
Advanced Buildings Technologies & Practices' Energy Efficient Office Equipment

#### **Appliances**



Many congregational facilities have a variety of appliances such as refrigerators and dishwashers. These appliances, just like the ones in your home, can be purchased in models that are more energy efficient. <a href="ENERGY STAR qualified appliances">ENERGY STAR qualified appliances</a> incorporate advanced technologies that use 10% to 50% less energy and water than standard models.

In addition, there are many energy-efficiency opportunities to help you reduce the energy consumption of these appliances.

- For refrigerators, water coolers, and freezers maintain an air-gap of at least 3 inches between the back of the appliance and the wall. Also, try cleaning condenser coils (or the back of the appliance) regularly.
- Check door seals for signs of cracking or hardening, if you can easily pull a dollar bill out from between the seal and frame on a closed door replace the seal.
- Use dishwashers only when full to conserve energy, water, and detergent.
- Use timers to ensure that coffee maker heating elements are not operating in off hours.

To learn more about appliance energy efficiency visit:

**ENERGY STAR Qualified Appliances** 

#### (EXIT>)

Consortium for Energy Efficiency

Federal Trade Commission's How to Buy an Energy-Efficient Home Appliance Fact Sheet

California Energy Commission's Database of Energy Efficient Appliances





# SANCTUARY/WORSHIP SPACE

For spiritual and personal reasons, the sanctuary space is very important to congregational members. With this

in mind, a sanctuary space is typically designed to provide a tranquil environment for worshipers and their families. And, an important part of creating this environment of "comfort and aesthetics" is through the optimal use of energy.

Congregational buildings have unique needs because their energy-use patterns are often very different from other buildings. Residential and/or commercial buildings require relatively constant energy but congregation energy use tends to



peak on weekends and lessen during the rest of the week with occasional spikes for special meetings and other functions. A large portion of a congregation's energy costs goes toward keeping the facility comfortable during the days when the facility is being used. This includes lighting, heating/cooling rooms and controlling humidity levels. Most congregations use the entirety of their facilities only a few days a week, so a congregation that understands this nuance will be better equipped to design or upgrade their facility to reach optimal energy efficiency.

# SANCTUARY SPACE - A CLOSER LOOK AT OPPORTUNITIES

#### **Simple Strategies**

- Consider installing carpets and cushions (on pews) to provide comfort and warmth on those cold, wintry days.
- Schedule special events (such as choir practice, arranging flowers/decorations) and cleaning duties on the days just prior and after major services, so that the building is warmed/cooled on consecutive days.
- Take advantage of natural light. Windows, Sun Tubes and/or skylights will allow sunlight to fill the sanctuary/worship space with natural light and reduce the need for artificial lighting.
- Many facilities have a direct entrance to the sanctuary/worship space from outside. Properly sealed doors can prevent heat loss. If, due to aesthetics or history, it is not practical to install modern, energy-efficient doors, use weatherstripping to seal the doors against drafts and energy loss. Weatherstripping and caulking are two effective techniques that seal up areas in your building where air may be leaking.
  - Weatherstripping is done around movable structures such as windows and doors.
  - Caulking is done in stable, non-moving areas such as cracks in the wall, around electrical openings, where the floor meets the wall, etc.
- Many sanctuary/worship spaces have high ceilings, which can make creating a more comfortable environment more difficult. In the winter, the warm air from your heating system will rise. This causes your system to work harder to keep the lower areas at a comfortable temperature. Proper air circulation can reduce energy use by drawing the warmer air from the ceiling and pushing it back to the floor. Ceiling fans can be a good way to accomplish this goal. Ceiling fans can actually help with both cooling and heating. By keeping the air circulating, they can help prevent hot and cold spots as well as keeping the air fresh.



Installing controls for heating and cooling is a key to reducing energy waste. Replacing existing thermostats with programmable thermostats will allow for a more comfortable environment and reduce energy use. New





network thermostats allow for even better "zone" control and energy savings. See the Heating, Cooling & Ventilating section of this Guide for more information.

• Concerns about night set back and its effect on the pipe organ? The Associated Pipe Organ Builders of America say that temperatures as low as 45 degrees F will not cause damage to the organ. So normal setback ranges ~ 55F to 60F should not be an issue.

# **Larger Opportunities**

- Think about demand-controlled ventilation (DCV) -congregations have constant swings in occupancy and can save energy by decreasing the amount of outdoor ventilation supplied by the HVAC system during low-occupancy hours. A DCV system senses the level of carbon dioxide (CO<sub>2</sub>) in the return air stream and provides ventilation accordingly.
- For new facilities, consider taking advantage of advancements in stain glass window technology. Today low-E insulated glass and thermally improved frames are available for many stained glass applications.
- cost effective in new facilities) when congregations utilize energy management systems that control when and where lighting, heating/cooling and fresh air go to

various parts of the facility.

**Did You Know?** 

Energy savings can be optimized (especially

 For existing windows, consider installing clear glass/plastic storm windows outside the stained glass to add an extra layer of protection against energy loss. However, without proper ventilation, this technique may cause damage by trapping moisture and damaging the lead. Talk with a window professional to see if this is a concern at your congregation.

# **Sanctuary Lighting**

Lighting plays a critical role in defining the look and feel associated with the tranquil environments of a sanctuary. Lighting is not only necessary for viewing and reading but it also provides architectural accents and a feeling of warmth throughout the space. Traditionally these lighting needs were met with incandescent lamps because of their low first cost, warm color and dimming capabilities. Today, new energy-efficient CFL's provide similar quality to incandescents (offering warmer colors with dimming technology) at affordable prices. Consider CFL's for your recessed cans, pendant fixtures, and accent and spot lighting applications. We recommend consulting a lighting professional to ensure that your lighting system meets both the energy-efficient and aesthetic needs of your congregation.

#### **Project Suggestion**

There may be unique ways to adapt energyefficient technologies for use in your congregational facility. For instance, a synagogue in Bethesda, Maryland converted the Eternal Light (Ner Tamid) to solar power and connected it directly to a photovoltaic cell on the roof.

- Lighting Controls -With effective controls, lighting can be used more efficiently. Many sanctuary spaces have limited options in the use of their lighting system. Better controls will allow more flexibility, create a more
- comfortable environment for your members, and reduce energy waste by allowing the use of ONLY those lights that are needed. Consider the following control techniques:
  - Bi-Level switching
  - Daylight Dimmers/Photo cells
  - Occupancy sensors

See the "Lighting" section of this Guide for more information.





# **CALCULATE SAVINGS**

# **Assess Your Savings Potential**

You can't see energy, so it can be difficult to visualize the potential savings lying undiscovered in your facility. However, you can see and easily understand those utility bills you receive each month. Visualize your energy bill being lower by 25 to 30 percent, or even more. Visualize your potential energy savings as financial resources that could go to worthwhile programs instead of to your local utility.

# **Financial Analysis**

It always pays to do your homework before investing in energy-efficient equipment such as ENERGY STAR qualified products. What products and equipment really work? How much will it cost to install? Where do you find the money? How quickly will you recover your investment? There are many resources to help you get the answers that will work for your congregation.

# **Saving with ENERGY STAR**

ENERGY STAR qualified products are equal to or better than standard products of the same type, however they use less energy. Since they use less energy, ENERGY STAR qualified products save you money on your utility bills while helping to protect the environment by causing fewer harmful greenhouse gas emissions.

#### **Indirect Benefits**

When you invest in energy efficiency, the benefits go far beyond saving energy and money, and protecting the environment by helping prevent pollution and greenhouse gas emissions.





# CALCULATE: ASSESS YOUR SAVINGS POTENTIAL!

You can't see energy, so it can be difficult to visualize the potential savings lying undiscovered in your facility. However, you can see and easily understand those utility bills you receive each month. Visualize your energy bill being lower by 25 to 30 percent, or even more. Visualize your potential energy savings as financial resources that could go to worthwhile programs instead of to your local utility.

Clearly managing energy use makes good financial sense as well as helping the environment, but remember, "you can't manage what you can't measure." Your facility's energy use for lighting, heating, cooling, office equipment and other systems can be easily identified, measured and analyzed. The result is a new and interesting look at your facility – where simple identification and measurement techniques provide the first steps toward eliminating waste and saving money. You can begin the process today by pulling out your utility bill file and looking at what you are paying each month and each year for energy with the knowledge that you can reduce energy waste and reclaim much of the money you are paying out for energy.

ENERGY STAR's Portfolio Manager provides a platform to track energy and water use trends as compared with the costs of these resources. It helps you streamline your portfolio's energy and water data, and track key consumption, performance, and cost information portfolio-wide.

Other resources to identify how your energy use compares to that of similar type facilities.

**ENERGY STAR's Energy-Intensive Calculator** 

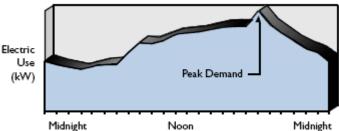
<u>Lawrence Berkley National Laboratories' ARCH: A Building Energy</u>
<u>Reference Tool</u> (EXIT>)

<u>DOE's Building Technologies Program's Building Energy Software</u> <u>Tools Directory</u> **(EXIT>)** 

Assess your facility and discover energy-efficient upgrade opportunities.

<u>DOE's Energy-Efficiency Products: Energy Cost Calculators</u> (EXIT>)

Alliant Energy's Energy Efficiency Calculators (EXIT>)
ENERGYquide's Online Analysis Tools (EXIT>)



#### **Did You Know?**

Your peak electricity use usually occurs during a time of day when rates are at their highest. If you are charged a "demand rate" on your electric bill, you pay a fee based on your peak amount of electricity consumption. Lowering your peak rate of usage can save big!





# **CALCULATE: FINANCIAL ANALYSIS**

# **Turning Energy Into Savings**

It always pays to do your homework before investing in energy-efficient equipment such as ENERGY STAR qualified products. What products and equipment really work? How much will it cost to install? Where do you find the money? How quickly will you recover your investment? There are many resources to help you get the answers that will work for your congregation.

# Analysis - Tools and Resources

ENERGY STAR's Resources: Finance, Products & Services

NativeEnergy's Carbon Footprint Calculator

# **Did You Know?**

Bill comparison provides you with a technique to quantify your savings after implementation of energy-efficient measures.

#### Incentives, Rebates and Other Resources

#### (EXIT>)

National Association of State Energy Officials' "State and Territory Energy Offices" Web page

Alliance to Save Energy's Financing Energy Efficiency

Local Government Commission's Funding Opportunities

DSIRE Database for State Incentives for Renewables and Efficiency

Another consideration in funding energy-efficiency upgrades is the price of the equipment. Why pay more than you must for efficient products and equipment? Perhaps your congregational organization or association would sponsor a group purchase in which you and other facilities pool your buying power for volume discounts. Read more about this strategy to stretch your investment capital in <a href="ENERGY STAR's Group Purchasing Fact Sheet">ENERGY STAR's Group Purchasing Fact Sheet</a> (PDF)



The two most common financial evaluation tools are simple payback and internal rate of return (IRR).

- Simple Payback: The number of years it takes to recover the cost of the upgrade from the savings.
- Internal Rate of Return: Compares the financial results of an upgrade against other investments.

Learn more about financial indicators in <a href="ENERGY">ENERGY</a>
<a href="STAR's Buildings Upgrade Manual's Financing Section">SECTION SECTION SEC





# **CALCULATE: SAVING WITH ENERGY STAR**

ENERGY STAR qualified products are equal to or better than standard products of the same type, but the good news is they use less energy! And since they use less energy, ENERGY STAR qualified products save you money on your utility bills while helping to protect the environment by causing fewer harmful greenhouse gas emissions. The following link provides access to calculators of various types of ENERGY STAR qualified products. These calculators estimate the annual dollar and energy savings you can expect by installing an ENERGY STAR qualified version.

**ENERGY STAR Savings Calculators** 

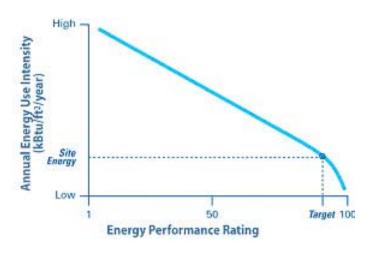
# **CALCULATE: INDIRECT BENEFITS**

# **Saving More Than You Know**

When you invest in energy efficiency, the benefits go far beyond saving energy and money, and protecting the environment by helping prevent pollution and greenhouse gas emissions.

- Potential to Improve Productivity: Enhanced comfort and improved lighting conditions may contribute to improvements in productivity.
- Reduced Operations and Maintenance Costs: Many energy-efficient technologies significantly decrease your operations and maintenance requirements, saving not only money but also time.
- Increased Appearance and Comfort: Building upgrades can help improve your facility's look, increase its comfort, and help staff, members and visitors enjoy their time spent there.
- **Enhanced Public Image:** Your contribution to environmental protection very positively differentiates your congregation from others.

# Make a Good Building Even Better!





# **GREEN YOUR CONGREGATION**

# **Green Power & Renewable Energy**

After addressing energy-efficiency opportunities available in your facility, you may also want to consider renewable energy and green power. Renewable energy refers to electricity supplied from energy sources, such as wind, solar, geothermal, hydro, and biomass. These energy sources are considered renewable sources because they are continuously replenished.

#### **Air Pollution**

Employing energy-efficient technology such as ENERGY STAR qualified products can help reduce emissions (air pollution) from power plants that produce energy. Carbon dioxide emission is a primary cause of global climate change, sulfur dioxide is a key component of acid rain, and nitrogen oxide is responsible for smog.

# **New Building Design**

The intent of energy-efficient design for new construction and/or remodeling is to utilize efficient equipment while optimizing the use of natural energy sources. The ultimate goal is to provide increased comfort with reductions in energy costs and greenhouse gas pollution.

#### **Paper**

You may not think of your congregational facility's paper use as an area to save energy, but it is. Paper manufacturers in the U.S. consume a significant amount of energy each year in the production of paper – not to mention the energy spent harvesting and shipping trees, and shipping paper products to your facility. There are some simple steps you can follow to optimize your use of this valuable resource that will save money, reduce waste, protect our nation's forests and reduce energy consumption!

# Recycling

It does not matter what type of facility you have or run – there is some amount of material you use that can be recycled. From aluminum cans, and glass and plastic bottles, to paper and printer toner cartridges, recycling reduces the amount of waste materials that are put in landfills or incinerated while decreasing greenhouse gas emissions and deforestation. That's good for everybody! Ask your building management or waste handler about recycling opportunities.

#### Water

You may wonder what water use and saving energy have to do with each other? In most cases, electricity or gas is used to heat water, and this costs you money. In addition, your water company uses energy to purify and pump water to your facility as well as in the treatment of your sewage. So part of your water and sewage bill is really an energy bill. The more water your facility consumes, the more you will benefit from optimizing water use.

# **Mega-Churches**

A movement that began in the 1950s and has grown more widespread over the years is the mega-church. Mega-churches are large churches that have 2,000 or more worshippers for a typical service. These churches have large structures and parking lots that are able to accommodate the huge numbers of worshipers they attract. Many mega-church facilities are more akin to a theater or arena, with high-tech lighting, sound and video systems. In addition to a sanctuary/worship space, mega-church facilities can contain other space types such as retail, restaurant or office.

#### **Learn More**

Additional resources are available to find out more information on energy technologies.





# GREEN YOUR CONGREGATION: RENEWABLE ENERGY AND GREEN POWER



After addressing energy-efficiency opportunities available in your facility, you may also want to consider renewable energy and green power. Renewable energy refers to electricity supplied from energy sources, such as wind, solar, geothermal, hydro, and biomass. These energy sources are considered renewable sources because they are continuously replenished.

Electricity that is generated from renewable energy sources is often referred to as "green power." Green power products can include electricity generated

exclusively from renewable resources or, more frequently, electricity produced from a combination of fossil and renewable resources.

If you are interested in installing renewable energy equipment in your facility, incentives may be available in your state to "buy down" the cost. To learn more about incentives visit the "Finding Funds" section of this guide.

Of course, not every facility can install renewable energy technology. Fortunately you can buy green power for your facility directly from many utilities at a slightly higher cost than regular electricity. If your utility does not offer green power options you can still participate by purchasing renewable energy certificates. Renewable energy certificates (or green tags) document the purchase of renewable energy.



# Check out the following links for additional information on renewable energy and green power:

EPA's Clean Energy Web site

EPA's Green Power Partnership

#### (EXIT>)

DOE's Energy Efficiency and Renewable Energy (EERE) Office

Renewable Energy Policy Project (REPP)

National Renewable Energy Laboratory's (NREL) Learning About Renewable Energy

Interstate Renewable Energy Council's Small Wind Energy

DOE's EERE's The Green Power Network

DSIRE Database for State Incentives for Renewables and Efficiency





# **GREEN YOUR CONGREGATION: AIR POLLUTION**

# **Pollution Prevented Through Energy Savings**



Employing energy-efficient technology such as <a href="ENERGY STAR qualified products">ENERGY STAR qualified products</a> can help reduce emissions (air pollution) from power plants that produce energy. Carbon dioxide emission is a primary cause of global climate change, sulfur dioxide is a key component of acid rain, and nitrogen oxide is responsible for smog.

Making your facility more energy efficient means you will use less energy and save money, while helping the environment at the same time! Since utilities will not need to

generate as much electricity, they won't burn as much fossil fuel, which means they are releasing less pollution into the atmosphere. To find out more about estimating how much money you can save by reducing your facility's energy use, please visit the "Calculate" section of this guide.

#### **Did You Know?**

For each kilowatt-hour (kWh) that you save through the application of energy-efficient technologies, you are reducing the emissions of carbon dioxide, sulfur dioxide, and nitrogen oxides.

#### Air Pollution links:

EPA's Air Pollution Web Page

(EXIT>)

**AIRNow** 

DOE's Clean Air, Soil, & Water Web Page

Centers for Disease Control and Prevention's Air Pollution & Respiratory Health

Michigan Interfaith Power and Light (MiIPL) is an example of pollution prevention through energy savings. MiIPL is a coalition of congregations and their partners across the State of Michigan whose mission is to "involve communities of faith as stewards of God's creation by promoting and implementing energy efficiency, renewable energy and related sustainable practices". To see a breakdown of the total emissions reductions to date that MiIPL has achieved through energy saving measures visit www.miipl.org.

Source: MiIPL Web site





# **GREEN YOUR CONGREGATION: NEW BUILDING DESIGN**

# **Design & Construction Projects**

The intent of energy-efficient design for new construction and/or remodeling is to utilize efficient equipment while optimizing the use of natural energy sources. The ultimate goal is to provide increased comfort with reductions in energy costs and greenhouse gas pollution.

Energy-efficient design and construction does not need to cost any more than standard design – so get started and realize significant energy and cost savings for your facility. Let <a href="ENERGY STAR's Building Design Guidance">ENERGY STAR's Building Design Guidance</a> help you manage the design and construction process right from the start!

Get energy code advice from DOE's Building Energy Codes Program. (EXIT>)

# **Energy-Efficiency Design and Construction Resources** (EXIT>)

**Energy Design Resources** 

Whole Building Design Guide's Building Types

DOE's Design, Construct & Renovate

ENVIRON Design Collaborative's Solar & Energy Efficient Design

#### Sustainable and Green Building Guidance

**Building Green** 

(EXIT>)

Building Green's Making the Case for Green Building

California Integrated Waste Management Board's

Green Building Design and Construction

Sustainable Buildings Industry Council

U.S. Green Building Council

California Interfaith Power and Light

The Regeneration Project



# **GREEN YOUR CONGREGATION: PAPER**



You may not think of your congregational facility's paper use as an area to save energy, but it is. Paper manufacturers in the U.S. consume a significant amount of energy each year in the production of paper – not to mention the energy spent harvesting and shipping trees, and shipping paper products to your facilty. There are some simple steps you can follow to optimize your use of this valuable resource that will save money, reduce waste, protect our nation's forests and reduce energy consumption!

- Use double-sided printing and copying.
- Distribute documents electronically instead of in hard copy when feasible.
- Select paper products with a high-recycled content.
- Recycle as much of the paper products you use as possible.

## Check out the following links for additional information:

**EPA's WasteWise** 

Paper Industry Association Council paperrecycles.org's Recycling: It Starts With You (EXIT>)









# **GREEN YOUR CONGREGATION: RECYCLING**



It does not matter what type of facility you have or run – there is some amount of material you use that can be recycled. From aluminum cans, and glass and plastic bottles, to paper and printer toner cartridges, recycling reduces the amount of waste materials that are put in landfills or incinerated while decreasing greenhouse gas emissions and deforestation. That's good for everybody! Ask your building management or waste handler about recycling opportunities.

#### Check out the following links for additional information:

EPA's "Recycling" Web page

EPA's "Recycling/Pollution Prevention" Web page

EPA's "WasteWise" Web site

# **Technology Specific Recycling**

During your upgrade projects, and normal maintenance, you will likely have to deal with lighting and electronic waste. The disposal of some of this waste may be regulated, since both electronic and lighting waste may contain potentially harmful substances, and these products may need to be separated from your other garbage. The best way to dispose of this waste is to recycle it.

To learn more about the recycling and disposal of lighting and electronic waste visit:

EPA's Toxic Substance Control Act (TSCA) Disposal Requirements for Fluorescent Light Ballasts Fact Sheet (PDF) (EXIT>)

EPA's Electronics: A New Opportunity for Waste Prevention, Reuse, and Recycling Fact Sheet (PDF)

National Park Service's Envirofacts: Lighting Waste Management Fact Sheet (PDF) (EXIT>)

National Electrical Manufacturers Association's Lamp Recycle.org Web site (EXIT>)





# **GREEN YOUR CONGREGATION: WATER**



You may wonder what water use and saving energy have to do with each other? In most cases, electricity or gas is used to heat water, and this costs you money. In addition, your water company uses energy to purify and pump water to your facility

#### Did You Know?

Repairing a seal that is leaking water can save money and hundreds of gallons of water per year – and if it's a hot water leak, you can save even more money!

as well as in the treatment of your sewage. So part of your water and sewage bill is really an energy bill. The more water your facility consumes, the more you will benefit from optimizing water use. Some ways to save related to the water you use are:

- Repair leaking pipes, fixtures and seals.
- Install <u>water-efficient appliances</u> where applicable.
- Install efficient showerheads (EXIT>) and faucets. (EXIT>)
- Install controls that turn faucets off automatically.
- Put in high-efficiency toilets and urinals. (EXIT>)
- Depending on the function of your facility, use <u>horizontal axis washing machines</u>.
- Practice <u>green landscaping</u> (greenscaping or xeriscaping) to preserve natural resources and prevent waste and pollution. If local code allows, consider diverting "<u>gray water</u>" (PDF) for irrigation rather than using fresh water.
- Install an insulation blanket on water heaters seven years of age or older, and insulate the first 3 feet of the heated water "out" pipe from your water heater.
- Install an energy-efficient electric (EXIT>) or gas (EXIT>) water heater.
- In areas of infrequent water use, consider "tankless" water heaters to reduce "standby" storage costs and waste.

#### Check out the following links for additional information:

EPA's "WaterSense: Efficiency Made Easy" Web page

"Water Wiser - The Water Efficiency Clearinghouse" Web site

"Water Efficiency Manual for Commercial, Industrial, and Institutional Facilities" (PDF)

Colorado Springs Utilities' "Xeriscape" Web page





# **GREEN YOUR CONGREGATION: MEGA-CHURCHES**

A movement that began in the 1950s and has grown more widespread over the years is the mega-church. Mega-churches are large churches that have 2,000 or more worshippers for a typical service. These churches have large structures and parking lots that are able to accommodate the huge numbers of worshipers they attract. Many mega-church facilities are more akin to a theater or arena, with high-tech lighting, sound and video systems. In addition to a sanctuary/worship space, mega-church facilities can contain other space types such as retail, restaurant or office.

Because of their size and/or use of multiple facilities, mega-churches offer unique challenges with regards to energy efficiency when compared to a regular congregational facility. It is still important to use energy-

efficient products and equipment whenever possible. However, the proper controlling of those energy-efficient products and equipment is going to be crucial in saving energy.

The two systems that are most important to focus on with regards to controlling are the <u>lighting</u> and <u>HVAC</u> systems. These systems account for a large portion of the energy used in a facility and can be a prime area for energy-efficiency upgrades.



There are lighting controls beyond the basic light switch that give you better flexibility in lighting usage and can save energy. Examples of these controls are occupancy sensors, dimmers, and daylight sensors.

**Zones**: lights are switched on corresponding to the use and layout of the lit areas, in order to avoid lighting a large area if only a small part of it needs light.

**Time control**: to switch on and off automatically in each zone to a preset schedule for light use.

Passive Infra-Red (PIR) Occupancy sensing: in areas that are occupied intermittently, occupancy sensors can be used to indicate whether or not anybody is present and switch the light on or off accordingly.

**Light level monitoring:** this consists of switching or dimming artificial lighting to maintain a light level measured by a photocell

Bi-level switching: a strategy that allows for better control of individual rooms/spaces. For example, specified



areas are provided with two wall switches near the doorway to control the lights. In a typical installation, one switch would control 1/3 of the fluorescent lamps in the ceiling lighting system, while the other switch would control the remaining 2/3 of the lamps. This allows four possible light levels: OFF, 1/3, 2/3 and FULL lighting.

More information is available on these controls under "Lighting Controls" in the "Lighting" section of this Guide.

#### **HVAC**

To improve the efficiency of the heating and cooling systems in your congregational facility there are control strategies that you can incorporate that will run these systems only when necessary. Common control strategies



**Fixtures** 

Controls

Lamps

Glazing







include <u>ENERGY STAR qualified programmable thermostats</u>, multiple zones, and CO<sub>2</sub> demand sensors for ventilation control. More information is available on these control strategies under "Control Systems" in the "HVAC" section of this Guide.

# **Energy Management Systems (EMS)**

Computerized management of lights, heating, cooling, and other systems can be worthwhile for larger facilities like mega-churches. Energy management systems are computer-based tools that allow you to monitor, track, analyze, control, and optimize the performance of systems in one facility or for multiple locations and help reduce your energy consumption. This can even be done remotely from a computer that is not onsite. By combining EMS with the proper energy-efficient equipment, your facility can be on the road to saving energy, reducing pollution, and saving financial resources.

Simple identification and measurement techniques can be the first step toward eliminating waste and saving money. For example, you may discover that your peak electricity use occurs during a time of year when rates are at their highest. Using energy mapping tools can help identify issues like these and allow you to take action toward savings.

# **Project Suggestion**

Congregational facilities might consider installing network thermostat systems, not only because of their simplicity and power, but also because they are affordable and allow for the system to expand as budget, time and the size of the facilities grow. With these systems you can control and monitor a single thermostat, or an entire building or multiple-building site using a personal computer.

# **Utility Bills too High?**

Mega-churches are large enough that they may be susceptible to high demand charges from their electric utilities. In order to minimize this cost consider Demand Response Controls.

Digital demand controllers (DDCs) are small, relatively inexpensive energy-management devices that can simultaneously control the operation of a large number of equipment items, preventing all or most of them from operating simultaneously. The objective is to avoid the creation of power-demand "spikes" (i.e., short periods when power demand is unusually high), which often leads to high monthly demand charges.

The operation of some electrical loads in a facility (such as internal lighting) cannot be interrupted without causing a disruption. But many others – typically those that have some thermal-energy storage associated with them, such as water heating, air-conditioning, electric space-heating units, or refrigeration equipment – can be interrupted for periods of 10 to 30 minutes without occupants being aware of the interruption. These are the loads selected for peak-demand-limiting controls via a DDC.

DDC units can also be used to reduce electrical demand during periods when the utility grid is challenged and in danger of overloading, or when electricity prices are unusually high. Many utilities offer financial incentives to customers who install DDC units or other equipment that enable the utility to reduce the customer's load at these times.





# **GREEN YOUR CONGREGATION: LEARN MORE!**

For more information on energy technologies contact:

- Air Conditioning Contractors of America (ACCA): www.acca.org
- American Council of Engineering Companies (ACEC): www.acec.org
- American Society of Heating, Refrigeration, and Air-Conditioning Engineers (ASHRAE): www.ashrae.org
- American Society of Mechanical Engineers (ASME): <u>www.asme.org</u>
- American Solar Energy Society (ASES): www.ases.org
- Association of Energy Engineers (AEE): <a href="https://www.aeecenter.org">www.aeecenter.org</a>
- Association of Energy Service Professionals (AESP): www.aesp.org
- Center for Renewable Energy and Sustainable Technology (CREST): www.lboro.ac.uk/departments/el/research/crest/links.html
- Coalition on the Environment and Jewish Life: www.coejl.org
- DOE's EERE's A Consumer's Guide to Energy Efficiency and Renewable Energy: http://www.eere.energy.gov/consumer/
- ▶ Electric Power Research Institute (EPRI): <u>www.epri.com</u>
- Episcopal Power and Light: www.theregenerationproject.org
- Evangelical Environmental Network: <u>creationcare.org</u>
- Forum on Religion and Ecology (FORE): <a href="mailto:environment.harvard.edu/religion/information/index.html">environment.harvard.edu/religion/information/index.html</a>
- Interfaith Coalition on Energy (ICE): <a href="https://www.interfaithenergy.com">www.interfaithenergy.com</a>
- International Dark-Sky Association (IDA): www.darksky.org
- Islam and Ecology: <a href="https://www.crosscurrents.org/islamecology.htm">www.crosscurrents.org/islamecology.htm</a>
- Lighting Research Center: www.lrc.rpi.edu
- National Association of Energy Services Companies (NAESCO): www.naesco.org
- National Council of Churches: www.ncccusa.org
- National Religious Partnership for the Environment: www.nrpe.org
- National Society of Professional Engineers (NSPE): www.nspe.org
- United States Conference of Catholic Bishops (USCCB): www.nccbuscc.org

