

## ELIOT COLEMAN'S WORKSHOP ON FOUR SEASON GROWING

“Our farm in Maine is both traditional and nontraditional. During the traditional growing season - the summer months -- we produce fresh vegetables for sale. We also produce fresh vegetables for sale during the nontraditional winter months -- the back side of the calendar so to speak. We achieve the winter harvest by growing cold-hardy salad and root crops in simple unheated greenhouses. We grow crops in the soil, not in artificial media, and we fertilize with well-made compost. By extending the season to the whole year (or at least most of it) we can hold our markets, keep our crew employed, and provide a more balanced year-round income. We believe our nontraditional winter vegetable production system has potential for growers in any part of the world where cold weather presently constrains production.” *Eliot Coleman, Harborside, Maine June 1, 2008*

This workshop will cover the following topics:-

- The winter harvest
- The yearly schedule
- Sunlight
- The cold greenhouse and the cool greenhouse
- Winter and summer crops
- Greenhouse design
- Year-round intensive cropping
- Soil preparation, sowing and weed control
- Harvesting in winter
- Marketing and economics
- Pests, insects and diseases
- Tools for the small farm
- Deep organic growing for the small farm.



Fall Crops about to be covered by a greenhouse  
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The cost of this workshop is \$100.00. This registration will give you general admittance to the entire conference. Attendance at this workshop will not be permitted with the regular conference registration of \$50.00.