

Occupational Health Guideline for Chromium Metal and Insoluble Chromium Salts*

INTRODUCTION

This guideline is intended as a source of information for employees, employers, physicians, industrial hygienists, and other occupational health professionals who may have a need for such information. It does not attempt to present all data; rather, it presents pertinent information and data in summary form.

APPLICABILITY

The general guidelines contained in this document apply to all chromium metal and insoluble chromium salts. Physical and chemical properties of some specific compounds are provided for illustrative purposes.

SUBSTANCE IDENTIFICATION

Metallic chromium

- Formula: Cr
- Synonyms: None
- Appearance and odor: Shiny, odorless metal.

Copper chromite

- Formula: $Cu_2Cr_2O_4$
- Synonyms: Cuprous chromite
- Appearance and odor: Greenish-blue, odorless solid.

PERMISSIBLE EXPOSURE LIMIT (PEL)

The current OSHA standard for chromium metal or insoluble chromium salts is 1 milligram of chromium metal or insoluble chromium salts per cubic meter of air (mg/m^3) averaged over an eight-hour work shift. Certain forms of chromium (VI) have been found to cause increased respiratory cancer among workers. Certain other forms of chromium (VI) are currently believed to be non-carcinogenic: The non-carcinogenic forms are the monochromates and bichromates (dichromates) of hydrogen, lithium, sodium, potassium, rubidium,

cesium, and ammonium, and chromium (VI) oxide (chromium acid anhydride). NIOSH has not conducted an in-depth study of the toxicity of chromium metal or compounds containing chromium in an oxidation state other than 6. NIOSH recommends that the permissible exposure limit for carcinogenic chromium (VI) compounds be reduced to 0.001 Cr (VI) mg/m^3 and that these compounds be regulated as occupational carcinogens. NIOSH also recommends that the permissible exposure limit for non-carcinogenic chromium (VI) be reduced to 0.025 Cr (VI) mg/m^3 averaged over a work shift of up to 10 hours per day, 40 hours per week, with a ceiling level of 0.05 Cr (VI) mg/m^3 averaged over a 15-minute period. It is further recommended that chromium (VI) in the workplace be considered carcinogenic, unless it has been demonstrated that only the non-carcinogenic chromium (VI) compounds mentioned above are present. The NIOSH Criteria Documents for Chromic Acid and Chromium (VI) should be consulted for more detailed information.

HEALTH HAZARD INFORMATION

- **Routes of exposure**
Chromium metal or insoluble chromium salts can affect the body if they are inhaled. They can also affect the body if they are swallowed.
- **Effects of overexposure**
Ferro chrome alloys have been associated with lung changes in workers exposed to these alloys. Chromite dust exposure may cause minor lung changes.
- **Reporting signs and symptoms**
A physician should be contacted if anyone develops any signs or symptoms and suspects that they are caused by exposure to chromium metal or insoluble chromium salts.
- **Recommended medical surveillance**
The following medical procedures should be made available to each employee who is exposed to chromium metal or insoluble chromium salts at potentially hazardous levels:

These recommendations reflect good industrial hygiene and medical surveillance practices and their implementation will assist in achieving an effective occupational health program. However, they may not be sufficient to achieve compliance with all requirements of OSHA regulations.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service Centers for Disease Control
National Institute for Occupational Safety and Health

U.S. DEPARTMENT OF LABOR
Occupational Safety and Health Administration

1. Initial Medical Examination:

—A complete history and physical examination: The purpose is to detect pre-existing conditions that might place the exposed employee at increased risk, and to establish a baseline for future health monitoring. Examination of the respiratory system should be stressed.

—14" x 17" chest roentgenogram: Chromium and its insoluble salts may cause human lung damage. Surveillance of the lungs is indicated.

—FVC and FEV (1 sec): Insoluble chromium salts are reported to cause decreased pulmonary function. Periodic surveillance is indicated.

2. Periodic Medical Examination: The aforementioned medical examinations should be repeated on an annual basis.

• Summary of toxicology

The dusts of chromium metal and its insoluble salts, chiefly the chromites, are usually reported to be relatively nontoxic; this is debatable, since exposures associated with toxic effects are usually mixed exposures involving several hexavalent chromium compounds. Ferrochrome alloys have been associated with pulmonary disease in humans. Four workers engaged in the production of ferrochrome alloys developed a nodular type of pulmonary disease with impairment of pulmonary function; air concentrations of chromium in this study averaged 0.26 mg/m³, although other fumes and dusts were also present. This pulmonary problem may be one of hypersensitivity and thus reversible. Other reports state that chest roentgenograms have revealed only "exaggerated pulmonic markings" in workers exposed to chromite dust. The lungs of groups of workers exposed to chromite dust have been shown to be the seat of pneumoconiotic changes consisting of slight thickening of interstitial tissue and interalveolar septa, with histologic fibrosis and hyalinization. Chromite ore roast mixed with sheep fat implanted intrapleurally in rats produced squamous cell carcinomata coexisting with sarcomata of the lungs; the same material implanted in the thighs of rats produced fibrosarcomata. A refractory plant using chromite ore to make chromite brick had no excess of lung cancer deaths over a 14-year period, and it was concluded that chromite alone probably is not carcinogenic.

CHEMICAL AND PHYSICAL PROPERTIES

• Physical data—Metallic chromium

1. Molecular weight: 52
2. Boiling point (760 mm Hg): 2640 C (4784 F)
3. Specific gravity (water = 1): 7.2
4. Vapor density (air = 1 at boiling point of metallic chromium): Not applicable
5. Melting point: 1900 C (3452 F)
6. Vapor pressure at 20 C (68 F): Essentially zero
7. Solubility in water, g/100 g water at 20 C (68 F): Insoluble
8. Evaporation rate (butyl acetate = 1): Not applicable

• Physical data—Copper chromite

1. Molecular weight: 295.1
2. Boiling point (760 mm Hg): Data not available
3. Specific gravity (water = 1): 5.24
4. Vapor density (air = 1 at boiling point of copper chromite): Not applicable
5. Melting point: Data not available
6. Vapor pressure at 20 C (68 F): Essentially zero
7. Solubility in water, g/100 g water at 20 C (68 F): Insoluble

8. Evaporation rate (butyl acetate = 1): Not applicable

• Physical data—Basic potassium zinc chromate

1. Molecular weight: 873.8
2. Boiling point (760 mm Hg): Decomposes at red heat
3. Specific gravity (water = 1): 3.47
4. Vapor density (air = 1 at boiling point of basic potassium zinc chromate): Not applicable
5. Melting point: Loses water slowly above 100 C (212 F)
6. Vapor pressure at 20 C (68 F): Essentially zero
7. Solubility in water, g/100 g water at 20 C (68 F): Insoluble

8. Evaporation rate (butyl acetate = 1): Not applicable

• Reactivity

1. Conditions contributing to instability: None
2. Incompatibilities: Chromium metal in contact with strong oxidizers may cause fires and explosions.
3. Hazardous decomposition products: None listed.
4. Special precautions: None listed.

• Flammability

1. Flash point: Not applicable
2. Minimum ignition temperature (metal): 400 C (752 F) (layer); 580 C (1076 F) (cloud)
3. Minimum explosive dust concentration (metal): 230 grams/m³
4. Extinguishant: Dry sand, dry dolomite, dry graphite

• Warning properties

Chromium metal and insoluble salts are not known to be eye irritants.

MONITORING AND MEASUREMENT PROCEDURES

• Eight-Hour Exposure Evaluation

Measurements to determine employee exposure are best taken so that the average eight-hour exposure is based on a single eight-hour sample or on two four-hour samples. Several short-time interval samples (up to 30 minutes) may also be used to determine the average exposure level. Air samples should be taken in the employee's breathing zone (air that would most nearly represent that inhaled by the employee).

• Ceiling Evaluation

Measurements to determine employee ceiling exposure are best taken during periods of maximum expected

airborne concentrations of chromium metal or insoluble chromium salts. Each measurement should consist of a fifteen (15) minute sample or series of consecutive samples totalling fifteen (15) minutes in the employee's breathing zone (air that would most nearly represent that inhaled by the employee). A minimum of three (3) measurements should be taken on one work shift and the highest of all measurements taken is an estimate of the employee's exposure.

• **Method**

Sampling and analyses may be performed by collection of chromium metal or insoluble chromium salts on a filter, followed by treatment with acid and atomic absorption spectrophotometric analysis. An analytical method for chromium metal and insoluble chromium salts is in the *NIOSH Manual of Analytical Methods*, 2nd Ed., Vol. 6, 1980, available from the Government Printing Office, Washington, D.C. 20402 (GPO No. 017-033-00369-6).

RESPIRATORS

- Good industrial hygiene practices recommend that engineering controls be used to reduce environmental concentrations to the permissible exposure level. However, there are some exceptions where respirators may be used to control exposure. Respirators may be used when engineering and work practice controls are not technically feasible, when such controls are in the process of being installed, or when they fail and need to be supplemented. Respirators may also be used for operations which require entry into tanks or closed vessels, and in emergency situations. If the use of respirators is necessary, the only respirators permitted are those that have been approved by the Mine Safety and Health Administration (formerly Mining Enforcement and Safety Administration) or by the National Institute for Occupational Safety and Health.
- In addition to respirator selection, a complete respiratory protection program should be instituted which includes regular training, maintenance, inspection, cleaning, and evaluation.

PERSONAL PROTECTIVE EQUIPMENT

- Employees should be provided with and required to use impervious clothing, gloves, face shields (eight-inch minimum), and other appropriate protective clothing necessary to prevent repeated or prolonged skin contact with solids or liquids containing insoluble chromium salts.
- Clothing contaminated with insoluble chromium salts should be placed in closed containers for storage until it can be discarded or until provision is made for the removal of insoluble chromium salts from the clothing. If the clothing is to be laundered or otherwise cleaned to remove the insoluble chromium salts, the person

performing the operation should be informed of insoluble chromium salts's hazardous properties.

- Non-impervious clothing which becomes contaminated with insoluble chromium salts should be removed promptly and not reworn until the insoluble chromium salts are removed from the clothing.
- Employees should be provided with and required to use dust- and splashproof safety goggles where solids or liquids containing insoluble chromium salts may contact the eyes.

SANITATION

- Skin that becomes contaminated with insoluble chromium salts should be promptly washed or showered with soap or mild detergent and water to remove any insoluble chromium salts.
- Eating and smoking should not be permitted in areas where solids or liquids containing insoluble chromium salts are handled, processed, or stored.
- Employees who handle solids or liquids containing insoluble chromium salts should wash their hands thoroughly with soap or mild detergent and water before eating, smoking, or using toilet facilities.

COMMON OPERATIONS AND CONTROLS

The following list includes some common operations in which exposure to chromium metal or insoluble chromium salts may occur and control methods which may be effective in each case:

Operation	Controls
Use in fabrication of alloys	Local exhaust ventilation; general dilution ventilation; personal protective equipment
Use in preparation of alloy steels to enhance corrosion- and heat-resistance	Local exhaust ventilation; general dilution ventilation
Use in fabrication of plated products for decoration or increased wear-resistance	Local exhaust ventilation; general dilution ventilation; personal protective equipment
Use in production of non-ferrous alloys to impart special qualities to the alloys	Local exhaust ventilation; general dilution ventilation
Use in production and processing of insoluble salts	Local exhaust ventilation; general dilution ventilation; personal protective equipment

Operation	Controls
Use as chemical intermediates; use in textile industry in dyeing, silk treating, printing, and moth-proofing wool	Local exhaust ventilation; general dilution ventilation; personal protective equipment
Use in leather industry in tanning; use in photographic fixing baths	Local exhaust ventilation; general dilution ventilation; personal protective equipment
Use as catalysts for halogenation, alkylation, and catalytic cracking of hydrocarbons	Local exhaust ventilation; general dilution ventilation
Use as fuel additives and propellant additives; in photographic fixing baths and in ceramics	Local exhaust ventilation; general dilution ventilation; personal protective equipment

EMERGENCY FIRST AID PROCEDURES

In the event of an emergency, institute first aid procedures and send for first aid or medical assistance.

• Eye Exposure

If chromium metal or solids or liquids containing insoluble chromium salts get into the eyes, wash eyes immediately with large amounts of water, lifting the lower and upper lids occasionally. If irritation is present after washing, get medical attention. Contact lenses should not be worn when working with these chemicals.

• Skin Exposure

If solids or liquids containing insoluble chromium salts get on the skin, wash the contaminated skin using soap or mild detergent and water. If solids or liquids containing insoluble chromium salts penetrate through the clothing, remove the clothing and wash the skin using soap or mild detergent and water. If irritation persists after washing, get medical attention.

• Breathing

If a person breathes in large amounts of chromium metal or insoluble chromium salts, move the exposed person to fresh air at once. If breathing has stopped, perform artificial respiration. Keep the affected person warm and at rest. Get medical attention as soon as possible.

• Swallowing

When solids or liquids containing insoluble chromium salts have been swallowed, give the person large quantities of water immediately. After the water has been swallowed, try to get the person to vomit by having him touch the back of his throat with his finger. Do not make an unconscious person vomit. Get medical attention immediately.

• Rescue

Move the affected person from the hazardous exposure. If the exposed person has been overcome, notify someone else and put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility's emergency rescue procedures and know the locations of rescue equipment before the need arises.

SPILL, LEAK, AND DISPOSAL PROCEDURES

• Persons not wearing protective equipment and clothing should be restricted from areas of spills until cleanup has been completed.

• If chromium metal or insoluble chromium salts are spilled, the following steps should be taken:

1. Remove all ignition sources where metallic chromium has been spilled.
2. Ventilate area of spill.
3. Collect spilled material in the most convenient and safe manner and deposit in sealed containers for reclamation or for disposal in a secured sanitary landfill. Liquid containing chromium metal or insoluble chromium salts should be absorbed in vermiculite, dry sand, earth, or a similar material.

• Waste disposal method:

Chromium metal or insoluble chromium salts may be disposed of in sealed containers in a secured sanitary landfill.

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* SPECIAL NOTE

The International Agency for Research on Cancer (IARC) has evaluated the data on these chemicals and has concluded that they cause cancer. See *IARC Monographs on the Evaluation of Carcinogenic Risk of Chemicals to Man*, Volume 2, 1973, and Volume 23, 1980.

• Method

Sampling and analyses may be performed by collection of chromium metal or insoluble chromium salts on filter, followed by treatment with acid and atomic

RESPIRATORY PROTECTION FOR CHROMIUM METAL AND INSOLUBLE CHROMIUM SALTS (AS CHROMIUM)

Condition	Minimum Respiratory Protection* Required Above 1 mg/m³
Particulate Concentration	
5 mg/m³ or less	Any dust and mist respirator.
10 mg/m³ or less	Any dust and mist respirator, except single-use or quarter-mask respirator. Any fume respirator or high efficiency particulate respirator. Any supplied-air respirator. Any self-contained breathing apparatus.
50 mg/m³ or less	A high efficiency particulate filter respirator with a full facepiece. Any supplied-air respirator with a full facepiece, helmet, or hood. Any self-contained breathing apparatus with a full facepiece.
500 mg/m³ or less	A powered air-purifying respirator with a high efficiency particulate filter. A Type C supplied-air respirator operated in pressure-demand or other positive pressure or continuous-flow mode.
Greater than 500 mg/m³ or entry and escape from unknown concentrations	Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode. A combination respirator which includes a Type C supplied-air respirator with a full facepiece operated in pressure-demand or other positive pressure or continuous-flow mode and an auxiliary self-contained breathing apparatus operated in pressure-demand or other positive pressure mode.
Fire Fighting	Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.

*Only NIOSH-approved or MSHA-approved equipment should be used.