

Iowa Community Supported Agriculture Farms

2006 Statewide List of Iowa CSA Farms, Producers and Organizers

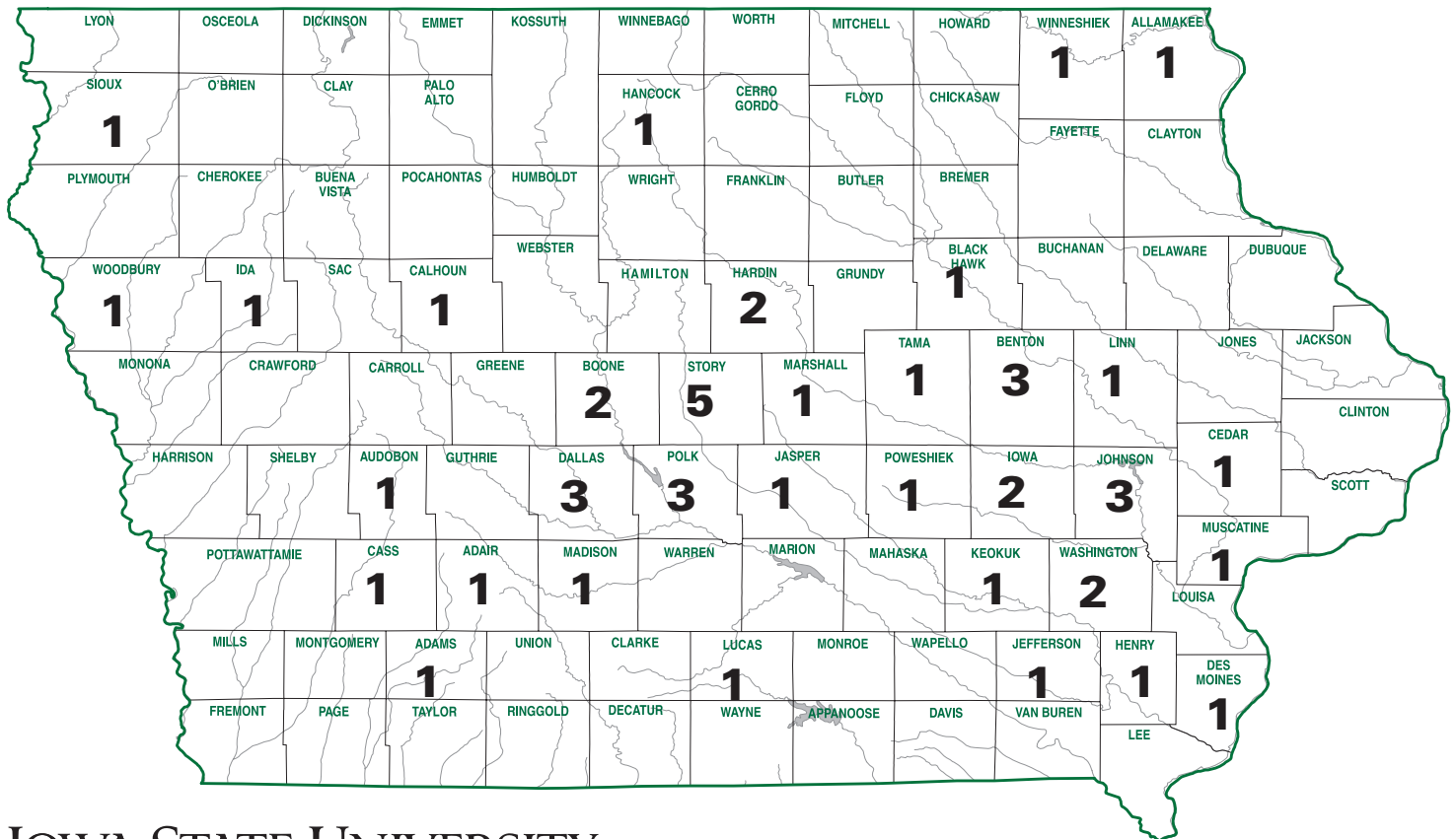
Community Supported Agriculture (CSA) is a local food system in which farmers provide fresh food, fiber, and related products directly to consumers in their area on a subscription basis. CSA is experiencing rapid growth in Iowa. This directory is a current list of known Iowa CSAs. We are making every effort to keep this list up-to-date, so please help us identify new CSAs or changes to existing ones. For additions and modifications to this listing, please contact the State Sustainable Agriculture Extension Program (515) 294-7836 or jdewitt@iastate.edu.

Many CSA farms in this directory are certified organic. Nearly all the CSA farms in this directory intentionally implement practices that contribute toward organic farming. We encourage consumers and CSA farmers to dialogue about growing practices, including the decision to seek or not seek certification – indeed, the openness of such discussions about food and how it is grown is one of the desired benefits of choosing to be part of a CSA.

For more information about CSA, please refer to Iowa State University Extension publications, *Community Supported Agriculture: Local Food Systems for Iowa*, PM 1692, and *Iowa Community Supported Agriculture Resource Guide for Producers and Organizers*, PM 1694. Both publications are available from your local county extension office or ISU Extension Distribution, 119 Printing and Publications, ISU, Ames, IA 50011-3171; (515) 294-5347; Fax (515) 294-2945; Web site: www.extension.iastate.edu/store/.

For more information on regional and statewide CSA events, contact the Iowa Network for Community Agriculture, Steve Smith, Coordinator, 2934 250 Street, Marshalltown, IA 50158; (641) 751-2851; Email: info@growinca.org; Web site: www.growinca.org.

Iowa CSAs By County



A & A Acres

Annette Wedemeyer
3681 Ogden Avenue
Lake City, IA 51440
(712) 465-5056

wed4fam@iowatelecom.net

Market to: Rockwell City, Carroll
*vegetables, herbs, strawberries,
poultry, eggs, pork*

Abbe Hills Farm

Laura Krouse
825 Abbe Hills Road
Mt. Vernon, IA 52314
(319) 895-6924

Market to: Mt. Vernon, Lisbon
vegetables, herbs

Audubon County Family Farms

Cindy Madsen
2186 Goldfinch Avenue
Audubon, IA 50025
(712) 563-3044
vcnadsen@metc.net
*honey; pork and chicken raised
without antibiotics, hormones, animal
by-products; according to Animal
Welfare Institute guidelines*

Aurora Community Farm

Billy and Dawn Hunter
2309 Kale Boulevard
Fairfield, IA 52556
(641) 472-9941
farmaurora@lisco.com
www.prairiecomm.net/aurora

Market to: Fairfield
*vegetables, herbs, fruit, flowers, eggs,
wheat*

The Berry Patch Farm

Judy, Dean, and Mike Henry
62785 280th Street
Nevada, IA 50201
(515) 382-5138
berry.patch@midiaowa.net
www.berrypatchfarm.com
fruit, asparagus

Blue Gate Farm

Jill Beebout and Sean Skeeahan
749 Wyoming Street
Chariton, IA 50049
(641) 203-0758
Market to: Polk, Marion,
Appanoose, and Lucas Counties
vegetables, herbs, chickens, bees



Botanical Goodness

Darold Laackmann
1183 69th Street
Keystone, IA 52249
(319) 439-5305
daroldl@netins.net
Market to: Keystone, Cedar Rapids
vegetables

Catnip Farm

Rich and Ericka Dana
P.O. Box 72
Victor, IA 52347
(319) 685-4270
ericka@catnipfarm.com
www.catnipfarm.com
Market to: Victor, Iowa City
*vegetables, fruit, herbs, catnip and cat
toys, flowers, bedding plants and seeds,
free-range eggs*



Choice Earth CSA

Bill and Alisha McCracken
1270 Jefferson-Washington Road
Brighton, IA 52540
(877) 271-0612
Alisha@ChoiceEarth.com
www.ChoiceEarth.com
Market to: Brighton, Fairfield,
Washington, Iowa City
vegetables, melons, herbs, flowers

Compass Plant CSA

Brenda Dunham
2039 N. Penrose
Grinnell, IA 50112
(641) 236-7400
lbdunham@iowatelecom.net
Market to: Grinnell, Poweshiek
County
vegetables, eggs, bread, meat

Douglas Terlouw Farm

Douglas Terlouw
401 5th Street
Sully, IA 50251
(641) 594-4428
Market to: Sully, Grinnell, Pella
vegetables, fruits, berries

Edwon Yedlik Farm

Edwon Yedlik
5822 28th Avenue
Vinton, IA 52349
(319) 472-3099
edwon@intergate.com
Market to: Vinton, Waterloo,
Cedar Rapids
vegetables, peaches

The Family Tree

Pat Graham
3127 Big Woods Road
Cedar Falls, IA 50613
(319) 266-1620
familytree@cfu.net
www.familytreeherbs.com
Market to: Cedar Falls
herbs and gift shop in barn

Friendly Farm

Bob Braverman and Sarah Neary
2040 Waterfront Drive
Iowa City, IA 52240
(319) 338-1567
rbrave222@aol.com
Market to: Iowa City
vegetables, fruits, flowers, herbs

Garden on the Prairie

Ivy Sievers
3282 N Avenue
Tama, IA 52339
(641) 484-2052
elvira@pcpartner.net
Market to: Tama, Cedar Rapids
vegetables, honey, eggs

Gerald Freyenberger Farm and Mary Jo's Country Garden

1508 130th Street
Wayland, IA 52654
(319) 256-7169
gfrey@farmtel.net
Market to: Wayland, Mt. Pleasant,
Washington
vegetables, fruit, flowers, bedding plants



Glen Ellen Garden CSA

Elaine Knudson
2083 Glen Ellen Road
Sergeant Bluff, IA 51054
(712) 943-5652
knudson@pionet.net
Market to: Sergeant Bluff, Sioux City
*vegetables, cooking classes, yoga
instruction*

Gooseberry Hill Subscription Produce

Dianna Fuhrmeister
3310 Lynden Heights Road NE
Iowa City, IA 52240
(319) 354-7260

Market to: Iowa City, West Branch,
Solon
vegetables, fruit, eggs

Growing Harmony Farm

Gary, Nancy and Eric T. Guthrie
58444 260th Street
Nevada, IA 50201-7885
(515) 382-3117

ghguthrie@hotmail.com
Market to: Nevada, Ames
vegetables, fruit

GROWN Locally Cooperative

Michael Nash and Solveig Hanson
776 Old Stage Road
Postville, IA 52162
(563) 864-3847
(563) 382-9255

sunspot@netins.net
www.grownlocally.com
Market to: Postville, Allamakee,
Winneshiek, and parts of Fayette,
Clayton and Howard Counties
*vegetables, apples, berries, honey,
baked goods, flowers, eggs, soap, beef,
pork, chicken, turkey, herbs*

Harrisdale CSA

Larry Harris and Denise O'Brien
59624 Chicago Road
Atlantic, IA 50022
(712) 243-3264
hnob@metc.net

Market to: Atlantic
produce

The Homestead

Sally Stevenson
8272 NE University
Runnells, IA 50237
(515) 957-3361
sstevenson@thehomestead.org
www.thehomestead.org
Market to: Runnells, Des Moines
vegetables, fruit, herbs, flowers

Iowa Valley

Deb Winkler
25031 150th Street
Iowa Falls, IA 50126
(641) 648-5485
Market to: Iowa Falls
vegetables, berries, apples, flowers



L.T. Organic Farm Store and Restaurant

L.T. Bhramdat
3241 Ute Avenue
Waukee, IA 50317
(515) 987-9599
(515) 987-3561
ltfoodheals@msn.com
www.ltfoodheals.org

Market to: Waukee, Des Moines
*vegetables, asian vegetables,
chickens, goats, lamb, cooking and
nutrition classes, health and wellness
workshops, Earth Day classes*
Note: while the livestock is chemical- and
hormone-free, only the vegetables are
certified organic.

Land of Oz CSA

Mark Ostrem
13435 260th Street
Radcliffe, IA 50230
(515) 899-7813

Market to: Radcliffe, Ames
vegetables, eggs, bread, soap



Moser's Wildwood Gardens

Virginia and Marion Moser
1770 59th Street
Garrison, IA 52229
(319) 477-8863

Market to: Garrison, Waterloo,
Cedar Falls, Cedar Rapids
*vegetables, fruit, popcorn, eggs,
sorghum*

Naumann Gardens

George Naumann
2751 Heritage Drive
Winterset, IA 50273
(515) 462-2836
Market to: Winterset, Polk,
Madison, Warren, and Union
Counties
vegetables



Oak Hills Acres

Andy and Terry Tygrett
978 310th Street
Atalissa, IA 52720
(563) 946-2304
C: (319) 560-4826
oakhillacres@fbx.com
www.oakhillacresiniowa.com
Market to: Atalissa, Iowa City,
West Liberty, West Branch, Quad
Cities, Muscatine
vegetables, flowers, grain, sweet corn

One Step at a Time Gardens

Jan Libbey and Tim Landgraf
Jessica and Andrew
1465 120th Street
Kanawha, IA 50447
(641) 495-6367
libland@frontiernet.net
www.ostgardens.com

Market to: Kanawha, Des Moines,
Mason City, Clear Lake, Clarion,
Belmond
*vegetables, eggs, fruit, honey, herbs,
pastured poultry*

Onion Creek Farm

Lonna Nachtigal and Joe Lynch
3700 Onion Creek Lane
Ames, IA 50014
(515) 292-0117
onioncreek@midiaowa.net
onions, leeks, herbs

Patchwork Green Community Farm

Sara Peterson and Erik Sessions
3031 Middle Hesper Road
Decorah, IA 52101
(563) 387-0837
eriksessions@earthlink.net
Market to: Decorah, Winneshiek
County
vegetables, herbs

Paul's Grains

Wayne, Betty, Steve and Theresa Paul
2475-B 340th St.
Laurel, IA 50141-9513
(641) 476-3373
www.paulsgrains.com
whole grains, flours, cereals

Picket Fence Creamery

Jill Burkhart
1447 S Avenue
Woodward, IA 50276
(515) 438-2697
jbmilk@netins.net
dairy



Prairie Harvest

Diane Weiland and
Ray Jensen
Henry A. Wallace Country Life Center
P.O. Box 363
Greenfield, IA 50849
(641) 337-5019
haw@mddc.com
www.henryawallacecenter.com
Market to: Greenfield, Orient,
Creston, Des Moines, Winterset,
Omaha
vegetables, fruit, herbs



Rock Spring Farm

Kim and Chris Blanchard
3765 Highlandville Road
Spring Grove, IA 55974
(563) 735-5613
realfood@rsfarm.com
www.rsfarm.com

Market to: Spring Grove, Decorah
*vegetables, flowers, garlic, winter
salads, herbs, stored roots*

Note: Rock Spring Farm is located in Iowa.

Rolling Prairie Acres

Douglas and Tanya Webster
708 E. Ringgold Street
Sigourney, IA 52591
(641) 622-1221
dandtweb@lisco.com

Market to: Sigourney, Fairfield
vegetables, honey, poultry

SalAmander Farms

Sondra Feldstein
9095 NE 72nd Street
Bondurant, IA 50035
(515) 957-0844
s-feldstein-8@alumni.uchicago.edu

Market to: Bondurant, Des Moines
*small fruits, vegetables, herbs, flowers,
eggs, lamb, chicken*



Scattergood Friends School Farm

Mark Quee
1951 Delta Avenue
West Branch, IA 52358
(319) 643-7631
farm@scattergood.org
www.scattergood.org/academics/
farm.shtml

Market to: West Branch, Iowa City
vegetables, strawberries, herbs



Seedtime and Harvest

Harriet Kattenberg
2710 Hickory Avenue
Hull, IA 51239
(712) 439-1861

Market to: Sioux Falls
vegetables, cut flowers

Shivers Nature Sanctuary

Rebecca Shivers
2380 220th Street
Boone, IA 50036
(515) 292-0691
shiversnaturesanctuary@hotmail.
com

Market to: Boone, Ames
vegetables, herbs, fruit, flowers



Simone's Plain & Simple Local Harvest CSA

Simone Delaty
1478 470th Street SW
Wellman, IA 52356
(319) 683-2896
C: (319) 631-0146
plnsimple@earthlink.net
www.simoneplainandsimple.com
Market to: Wellman
artisan breads, flowers, eggs



Small Potatoes Farm

Rick Hartmann
2476 180th Street
Minburn, IA 50167
(515) 677-2438
smpotatofarm@yahoo.com
vegetables



Squier Squash and Donnelly Farms CSA

Shelley Squier and Mike Donnelly
33406 Keokuk Iowa Road
North English, IA 52316
(319) 639-2430
squiresquash@netins.net
Market to: North English, Iowa City
vegetables, herbs, eggs



Thankful Harvest

Tom and Kristi German
5139 210th Street
Holstein, IA 51025
(712) 365-4433
tagerman@netLLC.Net
Market to: Holstein, Sioux City,
Omaha, UPS
eggs, beef, chicken

Thompson On-Farm Research

Dick and Sharon Thompson
2035 190th Street
Boone, IA 50036-7423
(515) 432-1560
beef, pork



Turtle Farm CSA

Angela Tedesco
7260 NW 58th Street
Johnston, IA 50131
(515) 278-4522
atedesco@turtle-farm.com
www.turtle-farm.com
Market to: Johnston, Des Moines
vegetables, fruit, flowers, herbs

Two Cedars Weaving Farm to Folk Collaborative CSA

Marilyn Andersen
15219 590th Avenue
Story City, IA 50248
(515) 388-5501
hpanders@iowatelecom.net
Market to: Story City, Ames
Fiber, woven, knitted goods

Whispering Creek Farm

Adam Boswell
1307 Highway 148
Corning, IA 50841
(712) 621-5984
boswell_adam@hotmail.com
Market to: Corning
*produce, eggs, bread, chicken, goats,
pork*



Wholesome Harvest

Wende Elliott
P.O. Box 277
Colo, IA 50056
(641) 377-7777
service@wholesomeharvest.com
www.wholesomeharvest.com
*organic beef, chicken, lamb, pork,
turkey, duck, goose*
Wholesome Harvest also operates its own
subscription Meat of the Month Club
featuring shipments to the subscriber's
door.

ZJ Farm

Susan Zacharakis-Jutz
5025 120th Street NE
Solon, IA 52333
(319) 624-3052
zjfarm@ia.net
Market to: Solon, Cedar Rapids,
Iowa City
vegetables, pork, lamb, goats



Local Foods Connection (LFC) is a non-profit food donation organization based in Iowa City and serving surrounding communities. LFC purchases produce, bread, eggs, meat and other products from local CSAs and farms and donates these goods to families whose economic or social status prevent them from enjoying such nutritious, tasty and fresh foods. LFC also provides opportunities for adopted families to visit the farms and to learn healthy cooking methods.

To learn more, participate, or volunteer with LFC, contact:

MAIL Local Foods Connection
Laura Dowd
P.O. Box 2821
Iowa City, Iowa 52244

E-MAIL localfoodsconnection@yahoo.com
WEB www.localfoodsconnection.org

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... and justice for all

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