

THE SCIENCE OF ENERGY BALANCE: CALORIE INTAKE AND PHYSICAL ACTIVITY		
Nevada Science Academic Standards: Grades 6 – 8		
Lesson	Standard	Objective
1, 2, 3, 4	N.8.A.1	Students know how to identify and critically evaluate information in data, tables, and graphs.
1, 2, 3, 4	N.8.A.2	Students know how to critically evaluate information to distinguish between fact and opinion.
All lessons	N.8.A.3	Students know different explanations can be given for the same evidence.
4	N.8.A.4	Students know how to design and conduct a controlled experiment.
1, 2, 3, 4	N.8.A.5	Students know how to use appropriate technology and laboratory procedures safely for observing, measuring, recording, and analyzing data.
1, 2, 3, 4	N.8.A.6	Students know scientific inquiry includes evaluating results of scientific investigations, experiments, observations, theoretical and mathematical models, and explanations proposed by other scientists.
1, 2, 3, 4	N.8.A.7	Students know there are multiple methods for organizing items and information.
1, 3, 4	N.8.B.3	Students know scientific knowledge is revised through a process of incorporating new evidence gained through on-going investigation and collaborative discussion.
All lessons	P.8.C.4	Students know energy cannot be created or destroyed, in a chemical or physical reaction, but only changed from one form to another.
3, 4	L.8.A.1	Students know heredity is the passage of genetic instructions from one generation to the next generation.
3, 4	L.8.A.4	Students know some characteristics of an organism are the result of a combination of interaction with the environment and genetic information.
2, 3, 4	L.8.B.1	Students know all organisms are composed of cells, which are the fundamental units of life.
2, 3, 4	L.8.B.2	Students know cells grow, divide, and take in nutrients which they use to provide energy for cell functions.
3, 4, 5	L.8.B.5	Students know disease can result from defects in body systems or from damage caused by infection.
3, 4, 5	L.8.D.3	Students know an organism’s behavior is based on both experience and on the species’ evolutionary history.
Nevada Mathematics Academic Standards: Grades 6 – 8		
Mathematics Process Standards		
Lesson	Standard	Objective
1, 2, 3, 4	A.1	Generalize solutions and apply previous knowledge to new problem solving situations.
1, 2, 3, 4	A.2	Determine an efficient strategy, verify, interpret, and evaluate the results with respect to the original problem.
1, 2, 3, 4	A.5	Identify necessary and extraneous information.

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1, 2, 3, 4	A.7	Apply technology as a tool in problem solving situations.
1, 2, 3, 4	A.8	Apply combinations of proven strategies and previous knowledge to solve non-routine problems.
1, 2, 3, 4	B.1	Use formulas, algorithms, inquiry, and other techniques to solve mathematical problems.
1, 2, 3, 4	B.4	Model and explain mathematical relationships using oral, written, graphic, and algebraic methods.
1, 2, 3, 4	B.5	Use everyday language, both orally and in writing, to communicate strategies and solutions to mathematical problems.
1, 2, 3, 4	D.4	Apply mathematical thinking and modeling to solve problems that arise in other disciplines, such as rhythm in music and motion in science.
1, 2, 3, 4	D.5	Identify, explain, and apply mathematics in everyday life.
Grade 6		
2, 3	1.6.2.c	Use models to translate among fractions, decimals, and percents.
2, 3	1.6.5	Identify equivalent expressions between and among fractions, decimals, and percents.
2, 3	1.6.6	Estimate using fractions, decimals, and percents.
2, 3	1.6.7	Calculate using fractions, decimals, and percents in mathematical and practical situations.
All lessons	2.6.2	Evaluate formulas and algebraic expressions using whole number values.
All lessons	2.6.3	Write simple expressions and equations using variables to represent mathematical situations.
2	3.6.1	Estimate and compare corresponding units of measure for temperature, length, and weight/mass between customary and metric systems.
2	3.6.5	Write and apply ratios in mathematical and practical problems involving measurement and monetary conversions.
1, 2, 3, 4	5.6.1.a	Pose questions that guide the collection of data.
1, 2, 4	5.6.1.b	Organize and represent data using a variety of graphical representations including circle graphs and scatter plots.
4	5.6.3	Analyze the effect a change of graph type has on the interpretation of a set of data.
1, 2, 4, 5	5.6.6	Analyze various representations of a set of data to draw conclusions and make predictions.
Grade 7		
2, 3	1.7.2	Translate among fractions, decimals, and percents, including fractional percents.
2, 3	1.7.6	Generate a reasonable estimate for a computation using a variety of methods.
All lessons	1.7.7	Calculate with integers and other rational numbers to solve mathematical and practical situations.
1, 2, 4	2.7.1	Use and create tables, charts, and graphs to extend a pattern in order to describe a linear rule, including integer values.
All lessons	2.7.2	Evaluate formulas and algebraic expressions for given integer values.
2	3.7.1	Estimate and compare corresponding units of measure for area and volume/capacity between customary and metric systems.
1, 2, 3, 4	5.7.1.a	Formulate questions that guide the collection of data.
1, 4	5.7.1.b	Organize, display, and read data using the appropriate graphical representations (with and without technology).

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1, 2, 3, 4	5.7.6	Interpolate and extrapolate from data to make predictions for a given set of data.
Grade 8		
2, 3	1.8.2.a	Translate among fractions, decimals, and percents, including percents greater than 100 and percents less than 1.
2, 3	1.8.2.b	Explain and use the relationship among equivalent representations of rational numbers in mathematical and practical situations.
1, 2, 3, 4	1.8.2	Use estimation strategies to determine the reasonableness of an answer in mathematical and practical situations.
1, 2, 3, 4	1.8.7	Calculate with real numbers to solve mathematical and practical situations.
1, 2, 3, 4	2.8.2	Evaluate formulas and algebraic expressions using rational numbers (with and without technology).
1, 2, 3, 4	2.8.6	Describe how changes in the value of one variable affect the values of the remaining variables in a relation.
2	3.8.1	Estimate and convert units of measure for mass and capacity within the same measurement system (customary and metric).
1, 2, 3, 4	5.8.1.a	Formulate questions and design a study that guides the collection of data.
1, 2, 3, 4	5.8.1.b	Organize, display, and read data including box and whisker plots (with and without technology).
5	5.8.3	Evaluate statistical arguments that are based on data analysis for accuracy and validity.
1, 2, 3, 4	5.8.6	Formulate reasonable inferences and predictions through interpolation and extrapolation of data to solve practical problems.
Nevada English Language Arts Academic Standards: Grades 6 – 8		
Grade 6		
Lesson	Standard	Objective
All lessons	1.6.3	Identify and use the meanings of high frequency Greek- and Latin-derived roots and affixes to determine the meanings of words.
All lessons	2.6.1	Develop a plan for reading that includes the determination of purpose, appropriate rate for fiction vs. nonfiction, and related graphic organizers.
All lessons	2.6.3	Identify and explain the relationships between main ideas and supporting details in text.
1, 2, 3, 4	4.6.6	Read and follow multi-step directions to complete a complex task.
All lessons	5.6.1	Write informative papers that develop a clear topic with appropriate facts, details, and examples from a variety of sources and have a distinct beginning, middle, and ending.
All lessons	6.6.2	Use organizing techniques appropriate to the purpose for writing.
All lessons	6.6.3	Write paragraphs and compositions with clear transitions between ideas.
All lessons	6.6.6	Produce writing with a voice that shows awareness of an intended audience and purpose.
All lessons	7.6.5	Spell frequently misspelled words correctly (e.g., their/they're/there and you're/your).
1, 2, 3, 4	8.6.4	Follow multi-step oral directions to complete a task.

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All lessons	9.6.1	Use specific and varied vocabulary and apply standard English to communicate ideas.
1, 2, 3, 4	9.6.5	Give clear and concise multi-step directions to complete a complex task.
All lessons	10.6.1	Demonstrate active listening skills by participating in conversations and group discussions.
All lessons	10.6.2	Ask and answer questions to generate possible solutions to a problem.
All lessons	10.6.4	Evaluate the logic and effectiveness of a speaker's argument(s).
1, 2, 3, 4	11.6.1	Formulate a plan for research to answer a focused question.
1, 2, 3, 4	11.6.4	Record information using note-taking and organizational formats.
Grade 7		
All lessons	1.7.3	Apply Greek- and Latin-derived roots and affixes to determine the meaning of unknown words.
All lessons	2.7.1	Determine techniques for building background knowledge to aid comprehension.
All lessons	2.7.3	Make inferences from text to aid comprehension.
All lessons	4.7.3	Paraphrase and synthesize information from several sources to demonstrate comprehension.
1, 2, 3, 4	4.7.6	Read and follow multi-step directions to complete a complex task.
All lessons	5.7.1	Write informative papers that have a structured beginning, middle, and conclusion and draw upon a variety of sources.
All lessons	5.7.2	Convert text into visual formats, such as charts and graphs for a specific audience and purpose.
1, 2, 3, 4	5.7.5	Write summaries of procedures such as a science lab experiment or an explanation of how to solve a math problem.
All lessons	6.7.2	Select and use organizing techniques appropriate to the purpose for writing.
All lessons	6.7.3	Write compositions that focus on a main topic supported by relevant examples, anecdotes, and/or details.
All lessons	6.7.6	Produce writing with a voice that addresses an intended audience and purpose.
All lessons	7.7.5	Demonstrate conventional spelling.
1, 2, 3, 4	8.7.4	Follow multi-step oral directions to complete a task.
All lessons	9.7.1	Use specific and varied vocabulary and apply standard English to communicate ideas.
All lessons	9.7.5	Give clear and concise multi-step directions to complete a complex task.
All lessons	10.7.1	Provide constructive feedback when participating in conversations and group discussions.
All lessons	10.7.2	Distinguish between relevant and irrelevant information offered in support of an opinion.
All lessons	10.7.4	Develop logical arguments in support of opinions.
1, 2, 3, 4	11.7.1	Formulate questions and statements of purpose to guide cross-curricular research.
All lessons	11.7.4	Record information using a self-selected note-taking or organizational strategy.
Grade 8		
All lessons	1.8.3	Apply knowledge of Greek- and Latin-derived roots and affixes to determine the meaning of unknown words and to increase vocabulary.

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All lessons	2.8.1	Apply and analyze the use of appropriate pre-reading strategies that enhance comprehension, such as accessing prior knowledge, predicting, previewing, and setting a purpose.
All lessons	2.8.3	Apply and analyze a variety of skills and strategies such as locating essential information, verifying predictions, drawing conclusions, and making inferences to aid comprehension.
All lessons	4.8.1 and 4.8.2	Use knowledge of text features and common expository structures such as cause/effect and comparison/contrast to comprehend text.
All lessons	4.8.3	Locate, interpret, organize, and synthesize information from texts to answer specific questions and support ideas.
1, 2, 3, 4	4.8.6	Read and follow multi-step directions to complete a complex task.
All lessons	5.8.1	Write informative papers that develop a topic with introductory and concluding statements and supporting ideas, examples, and details from a variety of sources.
1, 2, 3, 4	5.8.2	Write career and workplace communications, such as business letters, resumes, or job applications and produce workplace communications such as memos, charts, and graphs.
All lessons	5.8.5	Write summaries that present main ideas and key supporting information.
All lessons	6.8.2	Use organizing techniques appropriate to the purpose for writing.
All lessons	6.8.3	Write coherent compositions with a controlling impression or thesis statement.
All lessons	6.8.6	Produce writing with a voice that is expressive and appropriate to audience and purpose.
All lessons	7.8.5	Demonstrate conventional spelling.
1, 2, 3, 4	8.68.4	Follow multi-step oral directions to complete a task.
All lessons	9.8.1	Use specific and varied vocabulary and apply standard English to communicate ideas.
1, 2, 3, 4	9.8.5	Give clear and concise multi-step directions to complete a complex task.
All lessons	10.8.1	Participate in conversations and group discussions as active listeners who provide constructive feedback.
All lessons	10.8.2	Ask for and provide specific evidence in support of an opinion.
All lessons	10.8.4	Express supported opinions while considering divergent viewpoints.
All lessons	11.8.1	Formulate questions and develop a clear statement of purpose that lead to inquiry, investigation, and research of cross-curricular topics.
All lessons	11.8.4	Record information using a variety of note-taking and organizational strategies.

Nevada Health Education Core Curriculum Standards: Grade 8

Lesson	Standard	Objective
All lessons	1.8.1	Explain the impact of personal health behaviors on the functioning of body systems.
3, 4	1.8.3	Describe how age, gender, physical activity, lifestyle and heredity affect nutrient needs.
3	1.8.6	Describe ways to reduce risk factors and increase resiliency related to adolescent health.
3, 5	2.8.1	Differentiate health concerns as personal responsibility or professional responsibility.

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All lessons	2.8.2	Identify characteristics of scientifically valid health information.
3	4.8.3	Critique a variety of consumer influences that affect health decisions.
3	6.8.1A	Apply the decision-making process to a significant health issue or problem.
5	6.8.1B	Develop a personal health plan that addresses personal strengths, needs.
1, 2, 3, 5	6.8.2	Compare and contrast the short and long-term impact of health decisions on the individual and society.