



## 5 A Day and School-Age Children

# Create the Team

There are many organizations and individuals who are concerned about the health of students. Contact local groups and tell them you are working to provide more fruit and vegetable options in schools. Tell them you need their help. Offer to give a presentation - use the PowerPoint presentation and other resources provided with this kit - to explain your concerns about fruit and vegetable choices in schools. Use the following list to help you identify potential partners in your community who may be interested in 5 A Day in schools.

### People and Organizations to Consider for Your Team

- American Cancer Society
- American Heart Association
- American Red Cross
- Athletic Coaches
- County Commissioners
- Boys' and Girls' Clubs
- Boy and Girl Scouts
- Civic Organizations such as Rotary, Kiwanis or Lions Club
- Councils for City Government
- Dentists
- Dietitians
- Grocery Stores
- Faith-based Organizations
- Farmers' Markets Associations
- Health Promotion Coordinators
- Healthy Carolinians Partnerships
- Hospitals
- Local Physical Activity and Nutrition Coalitions (LPAN)
- Master Gardener Organizations
- NC Cardiovascular Health (CVH) Regional Coordinators
- NC Cooperative Extension Agents
- Parents
- Pediatricians
- Principals
- Parent Teacher Associations
- Produce Commodity Groups
- Public Health Nutritionists
- School-based Health Centers
- School Board Members
- School Cafeteria Managers
- School Child Nutrition Directors
- School Counselors
- School Health Advisory Councils
- School Nurses
- Students and Student Councils
- Superintendents
- Teachers
- Winner's Circle Coalitions
- YMCAs and YWCAs

