



5 A Day and School-Age Children

5 a Day Websites for Kids

<http://www.5aday.com/kids/index.html>

Produce for Better Health games, coloring pages, recipes, links and 5 A Day tracking forms.

<http://www.dole5aday.com>

Dole 5 A Day fun facts, recipes, music, games and references about many fruits and vegetables.

<http://www.fandvforme.com.au>

Fruits and Vegetables for Me - an Australian website with quizzes, games, information and recipes.

<http://exhibits.pacsci.org/nutrition/>

Nutrition Café - an interactive website including games, nutrition links and personal nutrient analysis.

<http://www.nutritionexplorations.org/>

National Dairy Council's games, activities, recipes and information about the Food Guide Pyramid.

<http://www.chiquitakids.com>

Chiquita Banana games, activities and facts about sports and Central America.

<http://www.freshdelmonte.com/content.cfm?pageID=74>

Del Monte produce games, screensavers and recipes about many fruits and vegetables.

<http://www.turbanaland.com/>

Turbana Banana games, history, information and recipes.

<http://www.sunkist.com/kids/>

Sunkist produce games, experiments, recipes and a video about citrus fruits.

<http://www.bestapples.com/kids/>

Washington Apples' trivia, recipes, coloring pages, postcards and kid's essay about living on an orchard.

<http://www.calasparagus.com/consumer/kids.htm>

California Asparagus' games and recipes about asparagus.