

SUL

Crane, Nancy T

From: Neil Levin [nlevin@nowfoods.com]
Sent: Friday, August 16, 2002 2:04 PM
To: Crane, Nancy T
Cc: 'neilelevin@yahoo.com'
Subject: CODEX comments

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Neil E. Levin

Please consider these facts when making policy regarding CODEX:

The Safe Upper Limits (SULS) proposed are sometimes completely arbitrary, and in any case don't take into account biochemic individuality. We've found clinically that individuals' needs for nutrients are sometimes several times that of others, due to genetic or environmental differences. Please don't let the recommendations of the NAS regarding SULS become international law! In some cases they've "made up" SULS in the absence of ANY evidence that higher amounts may be harmful, because they thought they had to. CODEX is likely to follow the same pathway. This is unscientific and wrong!

The dangers of malnourishment are far greater than those of theoretical, non-fatal overdosing. Nutrition journals are full of articles showing that deficiencies are widespread, not about people being poisoned by vitamins.

Americans currently have far greater freedom to use dietary supplements than people in other countries, for both substances and potencies. The US Congress has strongly supported these rights. CODEX may change that. Please help us to keep these freedoms.

Thank you.
-Neil

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