

Crane, Nancy T

From: Nancy Savinelli [nankin@cox.net]
Sent: Friday, August 16, 2002 11:01 AM
To: Crane, Nancy T
Subject: fda codex

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02-022N-532
Nancy Savinelli

Hi,

I am concerned about codex and the regulation of vitamins and minerals. We keep taking the responsibility away from the people and are more and more governing and telling people what to do. I propose the opposite. Many articles are mentioning that vitamins, herbs and minerals react with pharmaceutical drugs or is it just the opposite? The natural vitamins and minerals and herbs are often part of what many drugs are made of. This is how the pharmaceutical companies make such immense profits. I am all in favor of a more natural approach, and yes, I realize that the drug companies will no longer make huge profits. I wish the FDA was more concerned about what the drugs are doing to people. There are many health web sites, such as www.mercola.com, which clearly state the number of deaths attributed to pharmaceutical drugs that are approved by the FDA. I would clearly like to see more stringent guidelines concentrated upon drugs.

As far as guidelines on vitamins and minerals, what I would regulate is that what is stated on the label, is in fact in the supplement. And, I feel that it is imperative that vitamins, etc. be tested for toxicity. By that I mean pesticides, toxic residues and toxic binders and fillers. There was a study published by Darryl See out of UCI and another from the University of Pennsylvania in JAMA, that stated that about 97% of over 200 supplements were either toxic or toxic to the person. Everyone reacts differently to whatever they ingest, so it is difficult to regulate what a person should or should not take. I am more concerned with quality.

I would like to see the FDA take a more natural stance to health. Drugs are killing people, there are soooooo many side effects, and they all interact with one another. Even an MD or Pharmacist cannot safely know all the interactions. The vitamins and minerals you will be investigating will never have as many side effects as the FDA approved drugs on the market.

Organic foods, natural farming, and healthy foods will go a long way to helping people thrive. No GMO in our food lines, please. Basically, we need to stop messing with mother nature and start cleaning up our act. I would love the FDA to focus on these issues.

My concern is that the government is assuming the caretaker position over people. The people become followers, become irresponsible, and then want to sue the companies for something that the company caused. WRONG. Please lets regulate quality and put warnings on supplements if you want to the effect that the person is responsible to do research, see his/her doctor, prior to assuming that what is in a bottle will cure them.

I also think, that FDA officials and their families should not be buying shares of stock in what they are regulating or personally investigating. This, as far as I and many of my friends are concerned, is absolute insider trading. It also poses a threat to the integrity of the product, and possible harm to the people using the product as a result, as there is a personal investment involved by the investigators.

Well, I have lots of opinions, yet these are the opinions of so many people, that I felt that it was important to at least voice my opinion. Good luck on your investigations - and remember, please focus on supporting the people and not big business.

Thank you,
Nancy Savinelli