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Crane, Nancy T

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**From:** perry & Debbie McChesney [perry@globalriver.com]  
**Sent:** Monday, August 19, 2002 12:06 PM  
**To:** Crane, Nancy T  
**Subject:** Codex Alimentarius Commission Proposal

02-022N  
02-022N-437  
Debbie McCheaney

Dear Nancy,  
I am writing to you about my concern for any proposal that would put restrictions on vitamin and mineral supplementation. I am a walking testimonial to the use of high doses of vitamin C. I had a desmoid tumor removed from my abdominal wall at the age of 21. I then did a lot of research and read Linus Paulings book, "Vitamin C and Cancer" I sincerely believe it saved my life. Linus Pauling lived into his 90's and received the Nobel Prize for his research. He stated that the RDA for vitamin C was extremely low and recommended an average dose of 2-3 grams per day for maintenance. He also recommended up to 10 grams per day for cancers and other illnesses. My tumor was the kind that was extremely likely to return within 10 years and I am happy to report that I am now a healthy 38 years old thanks to vitamin and mineral supplementation. I might also add that if you walk down the street and pick out the healthiest looking person ask them what vitamins and minerals they take. My parents are prime examples of people who look nothing near their actual age and they both supplement heavily. Thank you ahead of time for your consideration.

Sincerely,  
Debbie McChesney