

Crane, Nancy T

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02-022N-356  
Steven Reiser

**From:** Steven Reiser [avatar.wizard@attbi.com]  
**Sent:** Wednesday, August 21, 2002 5:29 PM  
**To:** Crane, Nancy T  
**Subject:** Re: FW: urgent ~ FDA codex 1st steps to take away your vitamins - protest by Aug 22.02

Dear Nancy,

Item 5.9 as described below is an insult to the intelligence of all Americans, and implies that we are a nation of idiots. Please remove the item for Proposed Guidelines, or I hope at least the European nations have the brains to laugh it out of existence. Myself, my friends, my parents, my girlfriend and many others are sick and tired of the tyranny of Bureaucracy playing parent to all of us by shoving unsolicited advice down our throats.

Also, I will say this about Americans Medical Doctors - most of them are VERY poorly educated on the value of Vitamins, minerals and herbs. I know this for a fact in talking to many of them. Also, many of the people I associate with and including myself have done far more research on vitamins, minerals, herbs and other alternative medicines than most doctors have.

I have a chemistry degree, chemical engineering degree and have studied biochemistry and the effects and side effects of man-made drugs vs. many natural remedies. What I have found is that doctors are more likely to prescribe man-made, i.e synthetic drugs which often have detrimental side effects, when often natural remedies do not. Most doctors are influenced by the drug companies who market drugs to doctors incessantly. Hence, I trust doctors only for emergencies and have used my own judgement in the past where a doctors decision would have been worse for me than my own knowledge.

So please stop putting doctors and drug companies on a pedestal. Also, I cannot help but wonder if the FDA doesn't have at least some factions of the agency influenced by Eli Lilly, Upjohn and others who would try to bias medicine towards whatever makes them the most money.

Steve

>In the U.S. Draft Positions for the Codex Committee on Nutrition and  
>Foods for Special Dietary Uses, 24th Session, As of July 2002, the  
>preparatory document for the Codex meeting in Bonn, Germany on  
>November 4-8, 2002, there is a very troublesome item in the agenda  
>item No. 6, Proposed Draft Guidelines for Vitamin and Mineral  
>Supplements (at step 4). It is a U.S. proposed draft position on  
>labeling, item 5.9, which states: "We recommend the following  
>revision:

>  
>'All labels should bear a statement that a supplement should be  
>taken on an advice of a nutritionist, a dietician, or a medical  
>doctor"

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The Buddha said, "Believe nothing, no matter where you read it or who has said it, not even if I have said it, unless it agrees with your own reason and your own common sense."