

Dear Nancy,

I, for one, do not like being told that I **do** not know how to take care of my own health. **I**t is about time that the FDA listen to consumers rather than politics. I do not like taking pharmaceutical creations to cure disease; they are poison to the body. I would much rather use herbal medicinals. **I**do not like the ones in capsules. They have been tampered with by human hands. **I**prefer using the herb itself; **I** find that I get even better results with an added benefit of there being no side effects.

02-022N
02-022N-14
Jayce Kimb

Yes, it **is true** there **are** those who should not use certain herbs. However, that should be between the patient and the physician. The FDA has no business messing around with **people's** health. LEAVE THE HERBAL MEDICINALS ALONE, please.

Sincerely,
Ms. Jayce Kimbrough