

Suggested addresses (also to your MP):

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CANADA

Mr Ron B Burke, Deputy Director
Food Regulatory, International & Interagency Affairs
Food Directorate, Health Protection Branch
Health Canada Rm 200, HPB Building
Tunney's Pasture
Ottawa, ON K1A 0L2

02-022N
02-022N-130
Mary Woodman

Date: 8-1-02
Your Address: Mary Woodman
14949 NE 147th Pl.
Woodinville, WA 98072

USA

Executive Officer for Codex
US Codex Contact Point
Food Safety and Inspection Service
US Department of Agriculture
Rm 311, West End Court
Washington, DC 20250-3700

Greetings:

Re: Codex Alimentarius 'Guidelines'

I **am** writing to protest the above guidelines.

To protect the interests of the pharmaceutical industry in their purely symptom-oriented and often dangerous drugs, my right of access to effective vitamin/mineral/herb therapies and **natural** treatments, together with my fundamental right to health and well-being, are being seriously violated. The Codex 'guidelines' will artificially sustain the markets for now **superfluous** pharmaceutical drugs at a time when more and more widespread diseases and public health problems can be successfully combated by **vitamin/mineral/herb** and other natural therapies free of side-effects.

I **am** aware of research, including Dr **Rath's**, that vitamin deficiency is shown to be the cause of most widespread health problems of **our** time. **Also** the saving of thousands or millions of human lives is partially dependent on how quickly life-saving information about the health benefits of vitamins and other natural therapies can be spread.

This makes all legislative efforts to censor or ban the spreading of natural health information knowledge and/or products all the **more** unethical and contemptible, Censorship laws or 'guidelines' do not (contrary to arguments by the pharmaceutical/medical industry) protect consumers **from** alleged side-effects. What it does is allow thousands of people to die every year from the harmful side-effects of pharmaceutical drugs by prescription, In fact for instance, the deadly side-effects of cholesterol-blockers and other pharma-drugs have become the fourth most common cause of death in the industrialized world (surpassed only by heart attack, cancer, and strokes)!

As a political decision-taker supporting these laws you **are** knowingly risking the unnecessary deaths of citizens of our country. Censorship forced upon us by such avenues **as** the Codex 'Guidelines' is unscrupulous and **unfair**, and even more so when there is no public discussion or publicity and when it is against the express will of the people of this country—no democratic process. It is even more appalling when we see in the newspapers that the EU Commission (involved in the Codex process) was dismissed by the European Parliament for **corruption** and for taking bribes from multinational companies.

I realize that I must take responsibility for my **own** health, and it is much more important than the share prices of a handful of pharmaceutical industry speculators.

Please take action/vote to stop the Codex Alimentarius and the EU Directive on dietary supplements and related censorship laws or guidelines on the national and international level. In fact I would ask that you openly support unrestricted access **to** information about the health benefits of botanical therapies and other natural treatments **as a basic human right**. Also please support dietary supplements (**vitamins**, minerals, herbs, plants) **as** foods and not **as** a category under drugs or under pharmaceutical access to control.

Yours truly,

Signed: *Mary Woodman*

Print Name: **MARY H. WOODMAN**