



National Sustainable Agriculture Information Service

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Soil Health: Nature and Management

Nature and soil characteristics

- Local geology and climate determines soil type
- Soil type determines natural water- and nutrientholding capabilities

Land management practices

- Can decrease or enhance soil nutrient- and waterholding capabilities
- These management changes may not be apparent for several years





Natural Soil Characteristics

Soil texture

- Soil mineralogy: sand, loam, clay, muck
- Particle size

Soil profile

- Soil depth
- Subsoil characteristics

Soil slope







Soil Texture and Water

Water Soil	Absorbs water	Holds water	Drains water
Sandy soil	Good	Poor	Good
Clay soil	Poor	Good	Poor
Loam soil	Good	Good	Good
Muck soil	Excessive	Excessive	Poor





Soil Profile and Water

Characteristics of deep topsoils

- Absorb and hold water and nutrients
- Promote thick root growth able to reach water

Subsoil characteristics

- Clay, hard rock, or compacted subsoils restrict water entry and movement → low water absorption
- Gravelly or cracked rock subsoils allow excessive water to flow through the soil profile → low water holding





Soil Slope and Water

Water absorption

- Limited by water flow on steep slopes
- Limited by thin topsoils on steep slopes

Water retention

- Conservation practices slow water flow downslope
- Conservation practices protect topsoil, enhancing soil's waterholding capacity







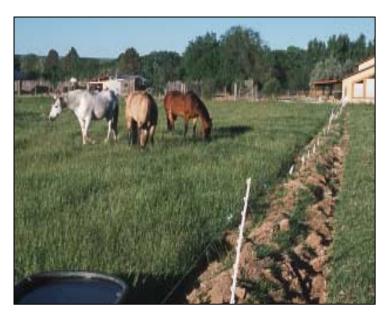
Soil Water Conservation

Cropping practices

- Rotations with perennial grasses
- Adds organic matter to soil
- Minimum tillage
- Cover cropping

Grazing practices

- Managed rotational grazing
- Riparian area protection







Cropping Practices for Healthy Soils

- Add manure and crop residues to soil
 - Promotes growth of soil organisms
 - Builds soil organic matter
 - Enhances soil aggregation and tilth
- Use cover crops, minimum tillage, and mulches
 - Protects against erosion and runoff
 - Minimizes water loss through evaporation







Soil Organic Matter and Soil Organisms

 Soil organisms decompose organic matter and build soil humus

- Increase nutrient availability
- Increase water-holding capacity
- Soil organisms build soil tilth

Mycorrhizae

- Insect and earthworm burrows make soil porous
- Fungi and bacteria build soil aggregates
- Mycorrhizae enhance plant uptake of water and nutrients and create soil aggregates





Aggregated Soils

Enhance water availability

- Decreased soil crust formation, resulting in better water absorption
- Increased water storage throughout the soil profile
- Decreased leaching and evaporation

Enhance plant water uptake

- Facilitates soil water and nutrient movement
- Facilitate root growth through soil profile





Practices to Protect Soil Life



Earthworm burrow

- Use minimum tillage
 - Soil cover moderates temperature and protects against water loss by evaporation
 - Does not disrupt the habitat of soil organisms
- Add manure and crop residues to land to provide soil organisms with food and favorable growing conditions
- Minimize or eliminate use of synthetic chemicals to protect soil biological health





Soil Health Indicators

- Moderate to high organic matter
- Even distribution of nutrients
- Good water infiltration
- Minimal soil erosion
- Deep crop root growth
- Active populations of soil insects, earthworms, and microbes





Residues for Water Conservation

- Surface residues conserve soil organic matter
 - Feed soil organisms that build aggregates
 - Cool soil and slow organic matter decomposition
- Soil cover facilitates water infiltration
 - Cushions against raindrop impact and crust formation
 - Protects soil against runoff and erosion
- Soil cover decreases water evaporation





Windbreaks to Reduce Evaporation

Hot winds blowing across soils and plants increases evapo-transpiration

Tree shelter belts reduce winds and

evaporation potential

- Choose windbreak trees that
 - Use water efficiently
 - Create minimum shade
 - Provide habitat for beneficial organisms





Stubble to Increase Snow Infiltration

- Effective in arid areas with winter snows
- To capture snowfall, cut stubble at alternating heights, perpendicular to the wind
 - Acts as windbreak to collect snow within fields
 - Residue cover facilitates infiltration of snowmelt
 - Increases the amount of moisture available to soils in the field







Plant According to Water Needs

- Plants have critical periods of water need
 - Leafy vegetables need water throughout the growing period
 - Root, tuber, and bulb crops need water when roots are enlarging
 - Fruit and seed crops need water at flowering and at fruit or seed set
- When possible, plant crops so their critical periods of water need coincide with times of normally wet weather





Plant to Enhance Water Availability

- Time planting to avoid known dry periods
 - Use fall-seeded crops that overwinter and take

advantage of spring moisture

- Time planting to harvest before dry periods
- Plant short-season crops that produce yields before onset of dry periods
- Time planting to correspond with know wet periods, such as spring or mid-summer rains



Conserve Moisture During Planting

To conserve moisture during planting

- Till shallowly to minimize moisture loss
- Plant seeds deeper, where soil is moist
- Pack seed following drilling to close soil







Use Drought Resistant Crops

- Early-maturing, low water-use crops
 - Barley Peas
 - Oats Lentils
- When moisture is favorable, harvest crops for sale
- If drought reduces crop yields or quality, graze these crops to recover some of their value







Rotate to Build Soil Quality

Rotate between annual and perennial crops

- Deep rooted perennials can get water and nutrients that have moved out reach of annual plant roots
- Fine roots of perennial grasses build soil aggregation and tilth
- Rotate cropping and grazing land
 - Aids soil recovery from compaction
 - May decrease weed competition







Avoid Water Competition Between Rotated Crops

- Choose appropriate cover crops and crop rotations
 - Know each crop's water needs
 - Match with soil moisture availability



- Determine best time to cut or kill cover crops
 - Limiting cover crop growth reduces water depletion
 - Extending cover crop growth produces more residues while decreasing the potential for soil erosion and water loss through evaporation





Control Weeds to Conserve Moisture Availability

- Weeds compete with crops for soil moisture
- Wide spacing between plants provides roots with more area to obtain moisture from soil,

but wide spacing

- Reduces moistureconserving canopy
- Can increase weed competition







Weed Control Practices

Organic weed control

- Crop rotations and cover crops decrease weed pressure over time
- Flaming, acetic acid, corn gluten meal

Herbicides for weed control

- Often used in minimum tillage "chem till"
- Preplant herbicides dry out soil
- Soil-applied herbicides need moist soil to be effective
- Harm to soil organisms and soil tilth is usually <u>less</u> from herbicides than from tillage



Tillage and Compaction

Tillage and heavy equipment use compacts soils

- Tilling or driving equipment on wet soils compresses them and forms clods
- Repeated plowing at the same depth forms plow pans



Tillage degrades soil aggregates

- Disrupts soil organisms that form aggregates
- Allows heat to breaks down organic gels and glues





Tillage and Moisture Loss

- Tillage increases moisture loss by evaporation
 - Exposes moist soil to drying forces of sun and wind
 - Reduces residues that protect against evaporation
- Soil moisture loss increases with tillage passes and tillage depth
 - Most moisture is lost on the first pass, with approximately
 1/3 to ½ inch additional loss with each tillage pass
 - Deeper tillage increases moisture loss





Tillage Equipment and Evaporation

As tillage decreases residue cover, it increases water evaporation from soil

Minimum till

Most residue cover/least evaporation

Undercutter (v-blade)

Rodweeder

Chisel with sweeps

Cultivator with harrow

Disc

Moldboard



Least residue cover/most evaporation





Minimum Till Practices

Killed mulch

- Used with cover crops
- Crop planted or transplanted into killed cover crop

Chem till

- Uses herbicides to kill weeds
- Often involves use of GMO crops







Minimum Till Trade-Offs

Killed mulch

- Cover crop needs sufficient moisture and time for growth
- Suitable for organic production

Chem-till

- Soil applied herbicides are less effective when soil is dry
- Not suitable for organic production







Killed-Mulch Tillage Tools

- Stalk pullers pull stalks, leaves residues
- Uprooter-shredder-mulchers uproot and shred stalks, then inject them into the soil
- Undercutters sever plants below crown, then flatten residues



- Roll-choppers flatten plants and cut stems perpendicularly
- Flail choppers shred stalks behind picker





Minimum Tillage Alternatives

 Minimum till practices are not suitable for areas with cold and wet winters



- Surface mulches prevent wet soil from drying and warming in spring
- Cool, wet soils cause seed rot and poor root growth

Zone or ridge tillage

- Seeding zone tilled and raised
- Allows the seed zone to warm up and dry out





Frost Tillage

- Soil tilled in winter when frost is less than 4" deep (But these weather conditions may not occur every year.)
- Produces a rough soil surface
 - Encourages moisture infiltration
 - Reduces potential for soil compaction
- Early tillage allows for earlier spring planting







Rangeland Health Indicators

- Biological soil crusts
 - Composed of bacteria, algae, and fungi
 - Enhance water infiltration and water-holding capacity of soils



- Even distribution of vegetation, residues, and organic matter across the landscape
- Minimal soil surface loss or degradation

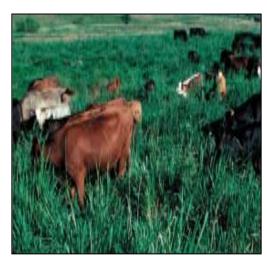




Grazing Practices for Healthy Soils

Graze short-term on small paddocks

- Forces even grazing across paddocks
- Results in an even distribution of plant residues and manure
- Reduces bare spots and compaction from lounging



Rest paddocks between grazing periods

- Permits forage regrowth and enhances forage diversity
- Allows soils to recover from compaction





Rotating for Forage Persistence

Grazing	Short term	Long
Rest		term
Short term	Effective use of rapidly growing forages	Force use of unwanted forages
Long term	Minimum impact on young forage, slow growing forage, or wet soils	





Riparian Protection

Exclude or limit animal access

- Designate water crossings
- Provide alternative water systems
- Place minerals, shade, and water away from streams

Protect vegetation on riparian soils

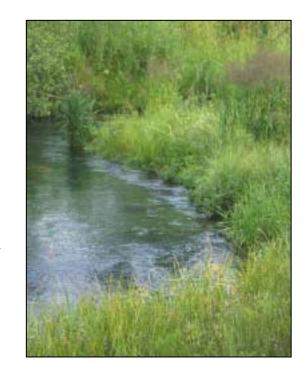
- Plant grass and trees
- When upland vegetation is sparse, exclude animals from riparian areas to prevent overgrazing





Riparian Protection Benefits

- Enhances water recharge
- Reduces flooding by absorbing rainfall, then slowly releasing water into streams
- Protects water quality by limiting nutrient and pathogen movement into streams
- Protects plant and wildlife habitat







Summary

Manage your soils to reduce impacts of drought

- Return organic matter to the soil
- Minimize soil compaction
- Protect soil organisms
- Protect against runoff and erosion
- Reduce water loss from evaporation, runoff, and weed growth





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Cropping Practices for Healthy Soils	USDA Natural Resources Conservation Service
Soil Organic Matter and Soil Organisms	Tom Bruns, Department of Plant and Microbial Biology, University of







Aggregated Soils	USDA NRCS Soil Quality Information Sheets.
Practices to Protect Soil Life	Illinois Natural History Survey
Residues for Water Conservation	Joe Lauer, University of Wisconsin Short Course
Windbreaks to Reduce Evaporation	USDA Natural Resources Conservation Service
Stubble to Increase Snow Infiltration	USDA Natural Resources Conservation Service
Plant to Enhance Water Availability	Marilyn Bria, Department of Geography, Michigan State University
Conserve Moisture During Planting	USDA Photography Center





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Avoid Water Competition Among Rotated Crops	USDA Natural Resources Conservation Service
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Rotating for Forage Persistence	USDA Natural Resources Conservation Service



Riparian Protection Methods	USDA Natural Resources Conservation Service
Riparian Protection Benefits	USDA Natural Resources Conservation Service
Summary	USDA NRCS Soil Quality Information Sheets



