## **Trinity Unit Trails**

Trinity Unit • Whiskeytown - Shasta-Trinity National Recreation Area Shasta-Trinity National Forest











Trails around Trinity and Lewiston Lakes generally follow the lake shorelines. They offer plenty of opportunities for day hiking, limited mountain biking, trail running, fishing, sight-seeing and wildlife viewing.

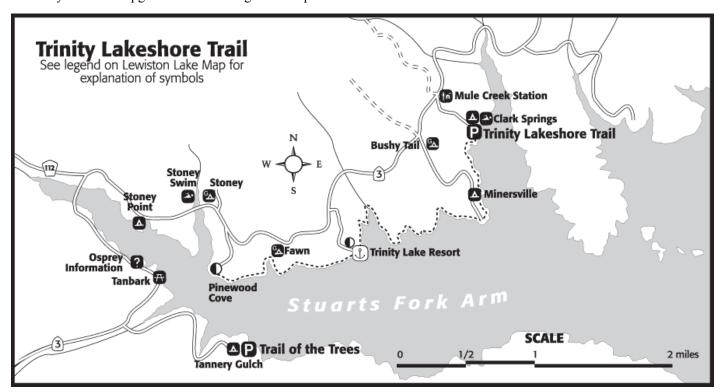
These trails are not suited for multi-day backpacking. Trail of the Trees is the only loop trail, beginning and ending at the same point.

Please help us maintain these beautiful trails by practicing the following trail ethics: If you carry it in, carry it out. Don't toss or bury your garbage. Animals will dig it up and scatter it. Please pick up litter as you encounter it. Bury human waste at least 200 feet away from trails, water sources and campsites. Dig a cat hole six inches deep. make your deposit and cover it with the soil that you removed.

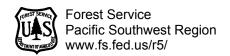
**Trinity Lakeshore Trail** is an easy hike that follows the western shore of Trinity lake. The trail is four miles long, running from Clark Springs Campground to Pinewood Cove Campground (a private resort). There are a few short, steep stretches along the route. The trail is shaded and meanders through an old-growth forest. Please stay on the trail when walking through the private facilities.

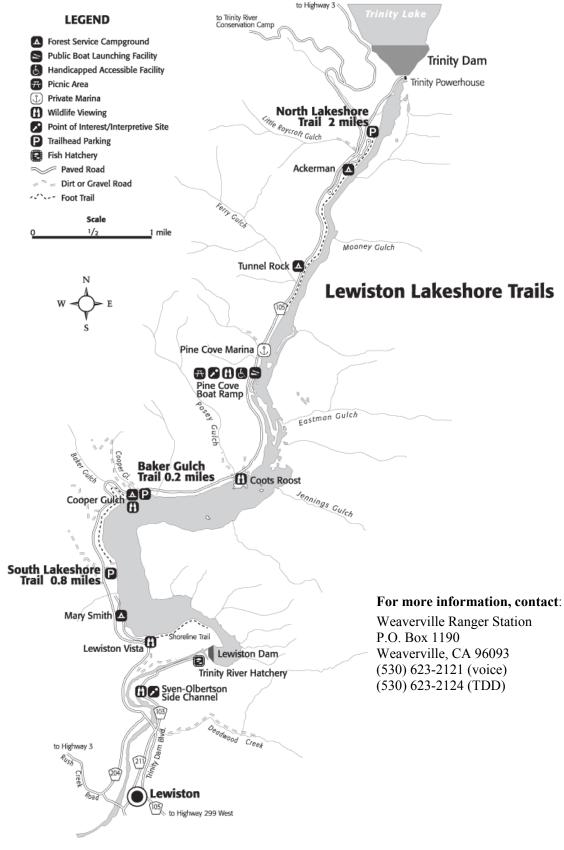
**Trail of the Trees**. This interpretive trail is located at Tannery Gulch Campground. It is a self-guided loop trail with interpretive signs posted at numerous locations, describing the complexity of the forest community. The trail is only one half mile long with several short, steep pitches. Parking is limited - check with the campground host.

**Lewiston Lakeshore Trails**. There are three separate maintained trailheads located along the western shoreline of Lewiston Lake. The North Lakeshore Trail runs from Ackerman Campground to near Pine Cove Boat Ramp and is two miles long. This trail is not shaded so bring a hat and plenty of water for summertime hiking. Baker Gulch Trail starts at Cooper Gulch Campground and heads south toward Baker Gulch. It is only 2/10 of a mile long. One mile north of Mary Smith Campground you will find access to the South Lakeshore Trail. This trail traverses north through an old-growth Douglas-fir forest for one mile and connects with the Baker Gulch Trail. All three trails are rated easy hiking. The Shoreline trail is a short, un-maintained trail used by anglers. It begins at Lewiston Vista and descends to the shoreline and wraps around toward Lewiston Dam. Watch your footing here as leaves and pine needles on the trail can make the tread slippery. Equestrian use is allowed on all but the Baker Gulch Trail.









## **All Are Welcome**

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, disability, and where applicable, sex, marital status, familial status, parental status, religion, sexual orientation, genetic information, political beliefs, reprisal, or because all or part of an individual's income is derived from any public assistance program. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer.