

There's more to lose than the game. Use protective eyewear.

Getting Your Game On? Then Get Your Gear On!

Are you serious about getting your game on? Could you imagine ripping it on the half-pipe without your knee and elbow pads? Or blazing a trail on your bike with your best buddies without a helmet? No way. It just wouldn't happen. If your game is tight, then your gear should be too. Protective eyewear is what you need to stay injury free.

Did you know that eye injuries are the number one cause of blindness in kids in the United States? What's even worse is that 9 out of 10 of these injuries could have been prevented with eye protection. When you get in the game, make sure you play it smart and keep your eyes safe.

The good thing is that protective eyewear is comfortable and cool to wear. It even comes in a variety of styles and colors, so you can match your team's colors. The eyewear is made from ultra-light polycarbonate lenses. And if you already wear glasses or contacts, you can get a special pair with your prescription. Your eye doctor and the people at your favorite sporting goods store can help you find the right protective eyewear to match your sport or activity.

Talk to your parents, coaches, and friends about how important it is to use protective eyewear. Check out the website <u>http://isee.nei.nih.gov/</u> to learn more about your eyes and keeping them safe. So if you're getting your kick on, your swing on, or your dribble on, remember to get your gear on! There is more to lose than the game. Use protective eyewear!



