

## Nutrition Facts

Serving Size (45g) 2 Slices  
Servings Per Container: approx. 3

### Amount Per Serving

Calories 140 **Calories from Fat 120**

% Daily Value

**Total Fat** 13 g 20%

**Trans Fat** 0g

**Saturated Fat** 6 g 30%

**Cholesterol** 30 mg 10%

**Sodium** 480 mg 10%

**Total Carbohydrate** 1 g 0%

**Sugars** less than 1 g 0%

**Protein** 5 g

**Iron** 2%

Not a significant source of dietary fiber, sugars, vitamin A and C, calcium & iron

\* Percent Daily Values are based on a 2,000 calorie diet.

KEEP REFRIGERATED

# Tommy Moloney's Traditional Irish Breakfast Bacon



INGREDIENTS: Pork, Water, Salt,  
Sodium Phosphate, Dextrose,  
Sodium Erythorbate, Sodium Nitrite.

Made from imported Irish Pork

Net Weight 8 oz (227g)

PRODUCED BY TOMMY MOLONEY'S

MASPETH, NY • (800) 431-6365 • [www.tommymoloney.com](http://www.tommymoloney.com)



8 52487 00109 0

## SAFE HANDLING INSTRUCTIONS

This product was prepared from inspected and passed meat. Some food products may contain bacteria that could cause illness if the product is mishandled or cooked improperly. For your protection, follow these safe handling instructions.



Keep refrigerated or frozen. Thaw in refrigerator or microwave.



Keep raw meat separate from other foods. Wash working surfaces (including cutting boards), utensils and hands after touching raw meat.



Cook thoroughly.



Keep hot foods hot, refrigerate leftovers immediately or discard.

SELL BY:

COOKING INSTRUCTIONS - Stovetop: Cook bacon in a skillet over medium heat until browned, turning to brown evenly (8 to 10 mins). Grill: Place on grill pan and cook under high heat for 4 minutes per side.