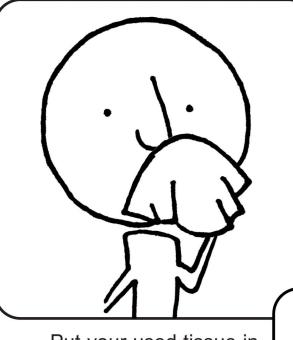
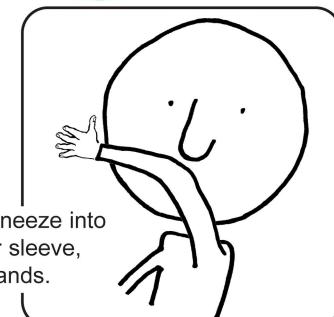
## Stop the spread of germs that make you and others sick!

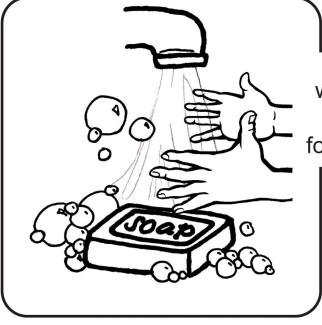


Put your used tissue in the waste basket. Cover your mouth and nose with a tissue when you cough or sneeze

cough or sneeze into your upper sleeve, not your hands.



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Wash hands with soap and warm water for 20 seconds

or clean with alcohol-based

