## The Action Against Alcohol Agreement



By signing this Action Against Alcohol Agreement, I, \_ person), and I/we,

greement, I, \_\_\_\_\_\_ (print name of young \_\_\_\_\_\_ (print name[s] of parent[s]), agree to the following:

## FOR KIDS

I WILL ASK YOU ANY QUESTIONS I HAVE ABOUT ALCOHOL—ANYTIME, ANYWHERE.

I WON'T LET THE FACT THAT YOU (OR I) MAY BE EMBARRASSED OR UNCOMFORTABLE STOP ME FROM TALKING WITH YOU ABOUT ALCOHOL.

I WON'T WORRY THAT YOU'LL THINK I WANT TO DRINK ALCOHOL JUST BECAUSE I ASK YOU ABOUT IT.

I WON'T WORRY ABOUT LOOKING STUPID, EVEN IF OTHER KIDS ALREADY KNOW THE ANSWER OR IF I'VE ASKED YOU THE SAME QUESTION BEFORE.

I WILL UNDERSTAND IF YOU CAN'T TALK OR ARE NOT ABLE TO ANSWER MY QUESTION AT THE TIME I ASK, AND I WILL BE WILLING TO WAIT.

I WON'T SAY YOU ARE TOO OLD TO UNDERSTAND.

I WILL BE HONEST AND EXPECT YOU TO BE HONEST IN RETURN.

I WILL RESPECT YOUR IDEAS AND FEELINGS.

I WILL RESPECT YOU.

I WILL THINK BEFORE I ACT.

SIGNED: \_\_\_\_\_

DATED: \_\_\_\_\_

I WILL ANSWER ALL YOUR QUESTIONS ABOUT ALCOHOL THE BEST I CAN, AND WITHOUT ANY LECTURING.

FOR ADULTS

I WON'T LET MY EMBARRASSMENT, OR YOURS, STOP ME FROM TALKING WITH YOU ABOUT ALCOHOL.

I WON'T ASSUME THAT YOU WANT TO DRINK ALCOHOL JUST BECAUSE YOU ASK ABOUT IT.

I WILL NEVER THINK YOU ARE SILLY OR STUPID BECAUSE OF ANY QUESTIONS YOU ASK. I KNOW THAT TRYING TO UNDERSTAND ALCOHOL IS A SIGN THAT YOU ARE SMART—NOT DUMB.

I WILL KEEP MY WORD THAT IF I CAN'T TALK OR ANSWER YOUR QUESTION AT THE TIME YOU ASK, I WILL LET YOU KNOW WHEN I CAN TALK, AND I'LL GIVE YOU AN ANSWER THEN.

I WON'T SAY YOU ARE TOO YOUNG TO UNDERSTAND.

I WILL BE HONEST AND EXPECT YOU TO BE HONEST IN RETURN.

I WILL RESPECT YOUR IDEAS AND FEELINGS.

I WILL RESPECT YOU.

I WILL TRUST THAT YOU WILL THINK BEFORE YOU ACT.

SIGNED: \_\_\_\_\_

DATED: \_\_\_\_\_

THE CENTURY COUNCIL would like to thank: American Academy of Family Physicians • American School Counselor Association • Eastern Michigan University • National Association of Secondary School Principals • National Latino Children's Institute • National Middle School Association • Superintendent of Schools (Kennebunk, Maine) • United States Substance Abuse and Mental Health Services Administration for providing scientific input and information for use in creating this program.

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