

TERMS ATTAIRS GENERAL INSTRUCTIONS FOR VETERAN'S APPLICATION FOR COMPENSATION AND/OR PENSION, VA FORM 21-526, PARTS A,B,C, & D

What's in these instructions?

Use these instructions to help you complete VA Form 21-526 Parts A, B, C, and D to apply for compensation and/or pension. The "General Instructions" consist of the following four sections:

Section 1: Preparing your application. This section gives you information you should consider before you file your claim. It tells you why you should use VA Form 21-526 and then helps you decide what you are applying for, which parts to use, and which items you will need to fill out.

Section 2: Completing your VA Form 21-526. This section helps you complete your VA Form 21-526. It has specific advice for difficult parts and tells you where to send your forms after you've filled them out.

Section 3: Finding answers to other questions. This section tells you more about other issues that you may have questions about.

Section 4: Explanation of the Privacy Act and Respondent Burden: This section tells you what the Privacy Act is and explains how VA uses the requested information. It also explains the respondent burden which is an estimate of how long it will take you to fill out this form.

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Before you start . . .

Where can I get help filling out my application?

 You can contact a County or National Veterans' Service Organization to help you complete the form, or • You can ask VA to help you fill out the form by calling or visiting a regional office. Someone in the regional office will help you complete the form. If you go to a regional office, you should have all the materials that are listed on page 3 under "Checklist: Things you will need to prepare for filling out your application." Before you call or go to the regional office, make sure you gather the necessary materials and complete as much of the form as you can

How can I contact VA if I have questions?

If you have questions about this form, how to fill it out, or about benefits, you can contact VA in the following ways.

- By mail:
 - You can locate the address of the closest regional office in your telephone book blue pages under "United States Government, Veterans"
- By telephone:
 Please call one of the following telephone numbers:
 1-800-827-1000
 1-800-829-4833 (Hearing Impaired TDD line)
- By Internet: http://www1.va.gov/directory/guide/home.asp

Social Security Benefits

The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. While these two programs are different in many ways, both are administered by the Social Security Administration (SSA) and only individuals who have a disability and meet medical criteria may qualify for benefits under either program.

How can I contact SSA if I have questions?

If you have a question, call the SSA toll-free phone number at 1-800-772-1213, Monday through Friday, from 7AM to 7PM. If you have a touch-tone phone, recorded information and services are available 24 hours a day, including weekends and holidays. People who are deaf or hard of hearing may call the toll-free TTY number, 1-800-325-0778, between 7 a.m. and 7 p.m. on Monday through Friday. Please have your Social Security number handy when you call.

- By mail:
 - You can locate the address of the closest SSA office in your telephone book blue pages under "United States Government, Social Security Administration"
- By Internet: http://www.ssa.gov/

Section 1: Preparing your application

What do I use VA Form 21-526 for?

Use VA Form 21-526 to apply for compensation and/or pension benefits.

You should apply for compensation benefits if *any* of the following are true:

- You were injured while you were in the service.
- You were seriously ill while you were in the service, and you believe you have continuing problems.
- You developed a mental or physical condition that may be related to your military service.
- You are permanently and totally disabled and you believe it is because of your military service.

You should apply for pension benefits if *all* of the following are true:

- You are permanently and totally disabled (but not as a result of your military service).
- You served on active duty during a wartime period.
- Your income is limited.

VA Form 21-526 has four parts. Everyone has to fill out Part A of the form. You fill out some or all of the other parts depending on the benefits you are applying for. Once you have decided what you are applying for, find out which parts you need to use by reading through the check list below called "Which Parts of VA Form 21-526 Should You Use?"

What can I do to help get my application processed faster?

VA will make reasonable efforts to help you get this evidence. You can help us by telling us about all the evidence that supports your claim. Evidence is information that confirms that what you are telling us is correct. For instance, if you are claiming service connection for a certain disability, we will help you by requesting medical records from your doctor or from VA that show you have this disability. We will also help you by requesting records from other Federal or non-Federal agencies or companies. We will request your service medical records in claims for compensation.

CHECK LIST: WHICH PARTS OF VA FORM 21-526 SHOULD YOU USE?

Look at the table below to find out which parts of VA Form 21-526 you should use to apply for different benefits.

	You must fill out:			
If you are applying for:	VA Form 21-526, Part A: General Information	VA Form 21-526, Part B: Compensation	VA Form 21-526, Part C: Dependency	VA Form 21-526, Part D: Pension
Compensation only				
Pension Only				
Compensation and Pension				

CHECKLIST: THINGS YOU'LL NEED TO PREPARE FOR FILLING OUT YOUR APPLICATION

When you fill out this	You'll need this information ready to answer	You should attach these
VA Form	questions	pieces of information
21-526 Part A: General Information	☐ Active Duty Information • dates and places you entered and left • mailing addresses of units you served in	An original or certified copy of DD214 or other separation papers for all periods of service
	Reserve Duty and National Guard Duty information • dates and places you entered and left • mailing addresses of units you served in	
	☐ List of military benefits you receive and amounts	
21-526 Part B:	List of disabilities you are claiming, including	An original or copies of all service medical records you have
Compensation	 treatment dates in service name and address of the medical facilities where you have been treated after service 	Medical records you have showing you currently have this disability
	Information about any environmental exposures or events that caused the disabilities you are claiming, including dates they happened	Medical records you have indicating that the disability was caused by or happened during your active service
21-526 Part C: Dependency	☐ Information about your current spouse, including his/ her Social Security number (and VA file number if he/she is a veteran)	Copies of your marriage certificate and all divorce decrees (May be required in some cases)
	Information about you and your spouse's previous marriages including dates and places of those marriages and the dates and places those marriages ended	Copies of the public birth records for each child you claim as a dependent (May be required in some cases)
	Information about the children who live with you, including their names, Social Security numbers, dates and places of birth	☐ Copies of the court records for adoption for each adopted child
	Information about children not living with you, including their names, dates and places of birth, Social Security numbers, and amounts that you contribute in child support for them	
21-526 Part D: Pension	☐ Information about your training and employment history for the past year, including	Current medical evidence telling us about your disabilities
Note: If you are a	name and address of employersbeginning and ending dates of employment	☐ If you are in a nursing home, attach a statement signed by an official of the nursing home that includes
veteran who is age 65 or older you DO NOT have to submit medical evidence	☐ Information about your nursing home, if you live in one	 the date you were admitted to a nursing home
	Information about your net worth and your dependents' net worth	 your level of care in the nursing home
with your application.	☐ Information about your recurring income and your dependents' recurring income	Your nursing home payment status, which is Medicaid coverage or private
	☐ Information about income you and your dependents expect to receive in the next 12 months	pay

Section 2: Completing your application

You will find instructions on each part of VA Form 21-526 to help you fill them out. However, there still might be some areas of the forms that are difficult. In this section, we've included the answers to some common problems that claimants have with the forms. They should help you fill out your forms more quickly and easily.

VA Form 21-526, Part A: General Information

Section III

What is the Gulf War registry? VA has a registry of veterans who served in the Gulf War theater of operations. The information in this registry will be shared only with the Department of Defense and others as permitted by law (such as the National Academy of Sciences). We will keep you informed of significant developments in research on health consequences found to be related to military service in the Gulf War. You may request a VA health examination that will include consultation and counseling covering the results of the examination. You should contact your nearest VA medical facility to request an examination.

Section VII

Should I waive military retired pay for VA compensation? If you currently receive military retired pay, you should be aware that we will reduce your retired pay by the amount of any compensation that you are awarded. However, this is to your advantage because VA compensation is not taxable and most retired pay is taxable. Based on your application, if you are awarded compensation, we will tell the Military Retired Pay Center to reduce your retired pay by the amount of compensation you have been awarded. If you do not want this to happen, you must sign Item 21e of VA Form 21-526, Part A to let us know.

VA Form 21-526, Part B: Compensation

Section I

What kind of disabilities should I list? When possible, try to list the actual disease and medical condition that a doctor has diagnosed. Be as specific as you can.

Do I have to include any records with this claim form?

If you have records that support your claim you should attach them to this claim form. If you know of other records that will support your claim, VA will help you by requesting them from the person, company, or agency that has them. On this form you must tell us the name and address of the person, company or agency that has these records, the approximate time frame covered

by these records, and the condition for which you were treated in the case of medical records. If you received treatment from a military health care facility after your discharge from service, private physician, or any other health care provider, complete the attached VA Form 21-4142, Authorization and Consent to Release Information to the Department of Veterans Affairs (VA). We will use this form to request these records.

VA Form 21-526, Part C: Dependency

Section III

Who can I count as a dependent child? VA recognizes your biological children, adopted children, and stepchildren as dependents. But these children must be unmarried and:

- be under the age of 18, or
- be at least 18 but under 23 and pursuing an approved course of education, or
- have become permanently unable to support themselves before reaching the age of 18.

VA Form 21-526, Part D: Pension

Section IV

What do you mean by "net worth"? Your net worth is the market value of all the interest and rights you have in any kind of property. However net worth does not include your single family dwelling unit and a reasonable lot area. Net worth also does not include the personal things you use everyday like your vehicle, clothing, and furniture.

NOTE: If you are a veteran who is age 65 or older, you DO NOT have to submit medical evidence with your application.

What do I do when I have finished my application?

- 1. Make sure you sign and date VA Form 21-526, Part A. You must provide your signature in Section IX, Item 25 of this form. If you don't sign the form, VA will return it for you to sign, and it will take longer for us to process it.
- 2. Attach any materials that support and explain your claim. Be sure to look at the checklist on page 3 of these instructions to make sure that you have attached all important pieces of information to your application.

Section 2: Completing your application (Continued)

- 3. You may complete the attached VA Form 21-4142, Authorization and Consent to Release Information to the Department of Veterans Affairs (VA) with your VA Form 21-526 if you want help getting additional records. By signing VA Form 21-4142, you authorize any doctors, hospitals, or caregivers that have treated you to release information about your treatment to the VA. Be sure to sign and date the form. Make as many copies of VA Form 21-4142 as you need to give authorization to all the doctors, medical facilities, or caregivers that treated you. You do not need to complete this form for any treatment you received at a VA facility.
- 4. Make a photocopy of your application and everything that you submit to VA. By having copies, you will be prepared if VA has a question about your application.

Where do I send my application?

Mail the original application and your supporting materials to the closest VA office You can find the address in your local telephone book or at the VBA internet web site:

http://www1.va.gov/directory/guide/home.asp

What if I need to change or add information to my application after I give it to VA?

If you find that you need to change or add information to your application, contact VA where you submitted your application immediately. In a letter, make sure you specify:

- your name,
- claim number if you know it (or Social Security number if you don't know the claim number), and
- the item number you want to change or add to.

TIPS FOR FILLING OUT YOUR VA FORM 21-526

ATTACHING FORMS AND OTHER INFORMATION:

Throughout this form, you will be asked to attach certain pieces of information to the form itself. For example, you are asked to attach a DD214 to your Form 21-526, Part A. The **DD214 needs to be an original or certified copy,** other documents do not. To get a certified copy, you can take your original to the courthouse and have it copied and signed by an official of the court. A VA employee can also "certify" a copy for you.

ANSWERING QUESTIONS COMPLETELY:

Remember that the more questions you answer, the faster your claim can be processed. Try to answer every question that applies to your situation and fill out as much of the form as you can. The list below answers some questions that you might be wondering about:

- What if my answer to a question is "none" or "0"? Write that as your answer.
- What if I need to include an address that is not in the United States? Make sure that you include the name of the country in your answer
- What if I need more space to answer a question? You can use Part A of the 21-526, page 5, Item 29 "Remarks" or attach a sheet of paper to your form. Write "Continuation of answers" at the top of the page, your name, and your VA claim number. If this is your first claim, you will not have a VA claim number, so write your Social Security number instead. For each question that you need more room, write "Continuation of Item" and the item number. For example, if you need more room to answer Item 16 on VA Form 21-526, part A, write "Continuation of Item 16, VA Form 21-526, Part A."

KEEPING RECORDS: It is important that you keep a copy of all the forms you fill out and give to VA. This way you will have your own complete record to refer to.

SIGNING FORMS: Be sure to sign every form you fill out before you send it to us.

Section 3: Finding answers to other questions

What can you tell me about VA benefits and how VA decides what I will or will not receive?

VA pays veterans disability compensation for disability (ies) that are a result of their military service. If VA determines that your disability(ies) are 30% or more disabling, VA can pay additional compensation for your spouse, children, and dependent parents. VA will pay a higher amount of compensation for a spouse when the spouse is a patient in a nursing home or is disabled and requires the regular aid and attendance of another person.

VA pays disability pension to veterans who:

- are permanently and totally disabled but not as a result of military service or the veteran's own willful misconduct
- served during:

Mexican Border Period World War I World War II Korean Conflict Vietnam Era Gulf War

VA pays disability pension based on the amount of income that the veteran and family received and the number of dependents in the family. This is based on law. VA must include as income all sources that federal law specifies. You can find out what the current income limitations and rates of benefits are by contacting your nearest VA office. See page 1, "How can I contact VA if I have a question?" for ways to contact us.

VA may pay a higher rate of disability pension to a veteran who is a patient in a nursing home, otherwise needs regular aid and attendance, or who is permanently confined to his or her home because of a disability.

I would like help in understanding the process of getting my benefits. What can I do?

You can ask someone to act as your representative. A representative can be:

 An accredited member of an accredited organization or other service organization that the Secretary of Veterans Affairs recognizes. • An agent recognized by VA or a licensed lawyer. Agents and attorneys can charge you for services that you get from them only after the Board of Veterans Appeals (BVA) gives you their final decision about your application. That means you can use an attorney during any stage of your application for benefits. However, the agent or attorney cannot charge you for services unless you are trying to resolve a dispute with VA after BVA has made a decision about your claim.

If you want to use a representative to help you with your application, contact the closest VA office. Depending on the type of representative you want to designate, we will send you one of the following forms:

- VA Form 21-22, Appointment of Veterans Service Organization as Claimant's Representative
- VA Form 21-22A, Appointment of Individual as Claimant's Representative

What if I believe that VA has made an error in processing or deciding on my benefits?

You can ask for a personal hearing at any time during the processing of your claim. That means you can ask for the hearing while VA is processing your claim or after VA has made a decision. You should contact the nearest VA office and tell them that you want a personal hearing on your case. Someone in the local VA office will arrange a time and a place for your hearing. At this hearing, you can bring witnesses. VA will record whatever you and your witnesses say during the hearing and include it in the official record. VA will furnish the hearing room and officials, and prepare a transcript of the hearing. VA cannot pay your expenses or the expenses of anyone you want to bring with you to the hearing. After your claim has been decided you will have **one year** from the date of notice to appeal that decision.

Section 4: Explanation of the Privacy Act and Respondent Burden

PRIVACY ACT INFORMATION: No allowance of compensation or pension may be granted unless this form is completed fully as required by law (38 U.S.C. 5101). The responses you submit are considered confidential (38 U.S.C. 5701). VA may disclose the information that you provide, including Social Security numbers, outside VA if the disclosure is authorized under the Privacy Act, including the routine uses identified in the VA system of records, 58VA21/22 Compensation, Pension, Education, and Rehabilitation Records - VA. The requested information is considered relevant and necessary to determine maximum benefits under the law. Information submitted is subject to verification through computer matching programs with other agencies. VA may make a "routine use" disclosure for: civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration. The requested information is considered relevant and necessary to determine maximum benefits under the law. Information that you furnish may be utilized in computer matching programs with other Federal or state agencies for the purpose of determining your eligibility to receive VA benefits, as well as to collect any amount owed to the United States by virtue of your participation in any benefit program administered by the Department of Veterans Affairs.

Income and employment information: The income and employment information furnished by you will be compared with information obtained by VA from the Secretary of Health and Human Services or the Secretary of the Treasury under clause (viii) of section 6103 (1)(7)(D) of the Internal Revenue Code of 1986.

Social Security information: You are required to provide the Social Security number(s), requested under 38 U.S.C. 5101(c)(1). VA may disclose Social Security numbers as authorized under the Privacy Act, and, specifically, may disclose them for the purposes stated above.

Respondent Burden: VA may not conduct or sponsor, and respondent is not required to respond to this collection of information unless it displays a valid OMB Control Number. Public reporting for this collection of information is estimated to average 1 hour and 30 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. If you have comments regarding this burden estimate or any other aspect of this collection of information, call 1-800-827-1000 for mailing information on where to send your comments.

General Instructions

OMB Approved No. 2900-0001 Respondent Burden: 1 hour 20

Respondent Burden:	l hour 30 minutes
(DO NOT WRITE I	N THIS SPACE)

VETERAN'S APPLICATION FOR COMPENSATION AND/OR PENSION, VA Form 21-526, Part A: General information

Please read the attached "General Instructions" before you fill out this form

i lease read the a	attacricu	General instructions before you in	i out tills loilli	•	
OLC II OI (ell us hat you	1. What are you applying for? If you a Section 1: Preparing your application	re unsure pleas on	e refer to the "General Ins	tructions" page 2
ar	_	Compensation	Fill out Par	t A of VA Form 21-526 ar	nd Parts B and C
aր fo	pplying or	Pension	Fill out Par	t A of VA Form 21-526 ar	nd Parts C and D
Check the box th		Compensation and Pension	Fill out Par and D	t A of VA Form 21-526 ar	nd Parts B, C
says what you ar applying for. Be s		2a. Have you ever filed a claim with		2b. I filed a claim for	_
complete the other		No (If "No," skip Item 2b and go to (If "Yes," provide file number be	ttem 3) elow)	Compensation [Pension
Parts you need.		Yes	(Go to 2b)	Other	
DECTION	ell us	3. What is your name?			
11	oout ou	First Mi	iddle	Last	Suffix (If applicabl
We need informa		4. What is your Social Security number		at is your sex?	
about you to prod		What is your social security hamos		Male Female	
your claim faster.		Co Did and a graph of the graph of			
		6a. Did you serve under another name	/ OD. PIG	ease list the other name(s)	you served under
		Yes (If "Yes," go to Item 6b)	_		
		No (If "No," go to Item 7)			
Give us your curro mailing address ir		7. What is your address?			
the space provide If it will change wi		Street address, Rural Route, or P.O.	Box	Apt. number	
the next three months, give us tl	hat	City	State	ZIP Code Co	ountry
new address in bl 29 "Remarks." Al	lock	8. What are your telephone numbers?	9. Wha	t is your e-mail address?	
in block 29, give ι		Daytime			
the date you think		Evening			
you will be at the					
new address.		10. What is your date of birth?	11. Wh	nere were you born? (City,	State and Country)
		12a. Are you receiving disability bene from the Office of Workers'	fits 12b. W	Then was the claim filed?	
OWCP used to be	9	Compensation (OWCP)?			
called the U.S.	1000	☐ Yes ☐ No	12c. W	That disability are you rece	eiving benefits for?
Bureau of Employ Compensation	/ees			, ,	
		(If "Yes," answer 12b and 12c also)	121, 11	That is his/hantalamhana m	
		13a. What is the name of your nearest relative or other person we could		That is his/her telephone no Daytime	umber?
		contact if necessary?			
				Evening	
		13c. What is this person's address?	13d. H	low is this person related t	o you?

21-526

21-526, Part A

SECTION Tell us about your active duty

- Enter complete information for all periods of service. If more space is needed use Item 29 "Remarks."
- Attach your original DD214 or a certified copy to this form. (We will return original documents to you.)

The VA has a registry of veterans who served in the Gulf War. This area has also been called the "Persian Gulf." If you served there, we will include your name in the registry. If you want your medical information included, you must check "Yes" in Item 16b. For more information about the registry, see page 4 of the General Instructions for VA Form 21-526.

SECTION Tell us about your reserve duty

14a. I entered active service the first time			14c. My service number was		
mo day yr 14d. I left this active service	14e. Place:		14f. Branch of Service		14g. Grade, rank, or rating
mo day yr					
14h. I entered my second period of active service	14i. Place:		14j. My servic	e num	ber was
mo day yr					
14k. I left this active service	14l. Place:		14m. Branch of Service		14n. Grade, rank, or rating
mo day yr					
15a. Did you serve in Vi	etnam?		hen were you i		nam?
Yes	☐ No	from		to	
(If "Yes," answer Item 15)	o also)	mo day yr mo day yr			
16a . Were you stationed August 1, 1990?	16b. Do you want to have medical and other information about you included in the "Gulf War Veterans' Health Registry?"				
Yes	☐ No		Yes		☐ No
(If "Yes," answer Item 16b	also)				
17a. Have you ever been war?	a prisoner of		/hat country or pou?	govern	ment imprisoned
Yes	☐ No				
(If "Yes," answer Items 17b,	17c, and 17d also)				
17c. When were you con	fined?	17d. W	hat was the nar	ne of t	the camp or sector
from	to	a c	ountry near its l	ocatio	s of the city and n?
mo day yr	mo day yr				
18a. Are you currently as active reserve unit?	ssigned to an				ing address, and our current unit?
Yes	☐ No				
(If "Yes," answer Item 18b	also)				
18c. Were you previously active reserve unit wyears?		18d. W	That is the name elephone number	, maili r of th	ng address, and at unit?
Yes (If "Yes," answer Item 18	☐ No				

SECTION (Continued) IV Tell us about your reserve duty	but you could be ac national emergency Yes No (If "Yes," answer Item 1	rform no active duty, tivated if there was a Don't Know 8f also)	term	t is your reserve oblig ination date? no day yr	ation
Instructions 18g-18k	18g. I entered reserve ser	vice			
If you are currently or have ever been a full time reservist for operational or support duty,	<u> </u>	Place:		18h. My service nu	mber was
1. Complete 18g-18k for	mo day yr				
that service only. 2. Attach proof of reserve service.	18i. I left reserve service	Place:		18j. Branch of service	18k. Grade, rank, or rating
	mo day yr				
Instructions 18l-18p	18l. I entered reserve ser	rvice			
If your disability occurred or was aggravated during any period of reserve duty,		Place:		18m. My service nu	mber was
1. Complete 18l-18p for the	mo day yr				
period when your disability occurred.	18n. I left reserve service	2			
2. Attach proof that your disability occurred during reserve service.		Place:		180. Branch of service	18p. Grade, rank, or rating
	mo day yr				
SECTION Tell us about	19a. Are you currently a the National Guard?	member of		is the name, mailing number of your currer	
your National Guard	Yes No (If "Yes," answer Item 19b a	Not Assigned			
duty	19c. Were you previousl guard unit within the last			is the name, mailing number of that unit?	address, and
	☐ Yes ☐ No				
	(If "Yes," answer Item 19d a	also)			
Instructions 19e-19i	19e. I entered Federal Ac	ctive Duty			
If you were activated to Federal Active Duty under the Authority of Title 10, United		Place:		19f. My service nur	nber was
States Code,	mo day yr				
1. Complete 19e-19i for that service only.	19g. I left Federal Active	e Duty			
2. Attach proof of this Federal Active Duty.		Place:		19h. Branch of service	19i. Grade, rank, or rating
	mo day yr				
Instructions 19j-19n	19j. I entered National G	luard			
If your disability occurred or was aggravated during any period of guard duty,		Place:		19k. My service nu	mber was
1. Complete 19j-19n for the	mo day yr	1			
period when your disability occurred. 2. Attach proof that your	191. I left National Guard	1 Place: 		19m. Branch of service	19n. Grade, rank, or rating
disability occurred during National Guard Service.	mo day yr				

SECTION VI	Tell us about your travel status	20a. Were you injured while traveling to or from your military assignment? (If "Yes," answer Items 20b thru 20e and Section I of Part B: Compensation) Yes No	20b. When did your injury happen? mo day yr	20c. Where did your injury happen? (City,State,Country)	20d. Where treated? (Proceedings) and address of office, hospital	ovide name f doctor's	20e. What agency did you file an accident report with?	
SECTION VII	Tell us about your military benefits	21a. Are you receiving receive retired or r is based on your m Yes No (If "Yes," answer Items 21b th to Item 22)	retainer pay that nilitary service?	21b. What brar is paying your retire retainer pa	or will pay ed or		What is the monthly amount?	
get VA com instead of n pay. If you receive mili pay, you sh that we will retired pay of any com	, you are nat you want to pensation nilitary retired currently itary retired iould be aware I reduce your by the amount pensation that	21d. What is your retire Length of servi	ant to receive military	retired pay instead		pensation	l List)	
you are aw notify the M Pay Center changes.	arded. VA will Iilitary Retired of all benefit	21f. Have you received of (Please check the appropriate of the appropr	military bene	Amount				
You must sign 21e if you want to keep getting military retired pay		(1) Lump Sum Readjustment Pay			\$	\$		
instead of V compensati	ion.	(2) Separation pag	y under 10 USC 1174		\$	\$		
Please see p General Ins VA Form 2	page 4 of the structions for 1-526.	(3) Special Separation Benefit (SSB)				\$		
If you have gotten both military retired pay and VA compensation, some						<i>\$</i>		
of the amou may be reco	int you get ouped by VA,	(5) Disability Severance Pay (name of disability)						
or in the ca the Departr Defense.	se of VSI, by nent of	(6) Other (tell us the type of benefit)) \$	\$		
VIII do		All federal payments begin Direct Deposit. Please attact below in Items 22, 23 and 2 waiver from Direct Deposit making bank accounts avai you wish to sign-up for one if you have other circumsta can write to: Department of	ch a voided personal chec 24 to enroll in Direct Dep t, just check the box below lable to you. Once these e of the accounts or continues that you feel would f Veterans Affairs, 125 S.	k or deposit slip or posit. If you do not how in Item 22. The Taccounts are availal nue to receive a paperause you a hardshi Main Street Suite I	provide the in have a bank ac Freasury Depa ble, you will be er check. You ip to be enrolle B, Muskogee (formation recount we wertment is we able to do can also red in Direct	equested rill give you a orking on ecide whether equest a waiver t Deposit. You	
awarded we winformation in	order to	us a brief description of why you do not wish to participate in Direct Deposit.						
process any payou. Please rea paragraph start "All federal payand then either	d the ing with, www.uyments"	22. Account number (F Checking Savings Account number	☐ I ce	oriate box and pro rtify that I do not itution or certified	have an acco	ount with		
Attach a voi check, or	ided	23. Name of financial i	institution					
2. Answer que 22-24 to the		24. Routing or transit r	number					
		<u> </u>						

SECTION Give us IX your signature

- 1. Read the box that starts, "I certify and authorize the release of information:"
- 2. Sign the box that says, "Your signature."
- 3. If you sign with an "X", then you must have 2 people you know witness you as you sign. They must then sign the form and print their names and addresses also.

I certify and authorize the release of information:

I certify that the statements in this document are true and complete to the best of my knowledge. I authorize any person or entity, including but not limited to any organization, service provider, employer, or government agency, to give the Department of Veterans Affairs any information about me except protected health information, and I waive any privilege which makes the information confidential.

confidential.		
25. Your signature		26. Today's date
27a. Signature of witness (If claimant signed above using an "X")	27b. Printed name and a	ddress of witness
28a. Signature of witness (If claimant signed above using an "X")	28b. Printed name and a	ddress of witness

SECTION X

Remarks - Use this space for any additional statements that you would like to make concerning your application for Compensation and/or Pension

IMPORTANT

Penalty: The law provides severe penalties which include fine or imprisonment, or both, for the willful submission of any statement or evidence of a material fact, knowing it to be false, or for the fraudulent acceptance of any payment which you are not entitled to.

29. Remarks (If you need more space to answer a question or have a comment about a specific item number on this form please identify your answer or statement by the part and item number). (See page 5 "Tips For Filling Out Your VA Form 21-526.")

VA Form 21-526, Part B: Compensation

Use this form to apply for compensation. Remember that you must also fill out a VA Form 21-526, Part A: General Information, for your application to be processed. Be sure to write your name and Social Security number in the space provided on page 2.

SECTION Tell us about your disability

In the table below, tell us more about your disability or disabilities. Be sure to:

- List all disabilities you believe are related to military service.
- List all the treatments you received for your disabilities, including
 - treatments you received in a military facility before and after discharge.
 - treatments you received from civilian and VA sources before, during, and after your service.

1. What disability are you claiming?	2. When did your disability begin?	3. When verteated	were you ?	4a. What medical facility or doctor treated you?	4b. What is the address of that medical facility or doctor?
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	
		from	to		
	mo day yr	mo day yr	mo day yr	_	

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8c. When was your last exposure?
mo day yr
9c. What was the hazard?
10c. Where did the exam occur?
hazard? 10c. Where did the

VA Form 21-526, Part C: Dependency Use this form to tell us more about your dependents. Remember that you must also fill out a VA Form 21-526, Part A: General Information, Part B and/or Part D, for your application to be processed. Be sure to write your name and Social Security number in the space provided on page 3.

SECTION Tell us	1. What is your marital status?	_
I about	☐ Married ☐ Surviving Spous	se Divorced Never Married
your marriage		ever married" skip to Section III beginning on page 2)
NOTE: You	2. When were you married?	3. Where did you get married?
should provide		(city/state or country)
a copy of your marriage		
certificate	month day year	
	4. What is your spouse's name?	
	First	Middle Last
	5. What is your spouse's birthday?	6. What is your spouse's Social Security number?
	7a. Is your spouse also a veteran?	7b. What is your spouse's VA file number (If
		any)?
	Yes No (If "Yes," answer Item 7b also)	
	8. Do you live with your spouse?	
	Yes (If "Yes," go to Item 12)	
	No (If "No," go to Item 9)	
	9. What is your spouse's address?	
	Charact address Donal Donata on D.O. Don	Ant number
	Street address, Rural Route, or P.O. Box	Apt. number
	City State	e Zip code Country
	10. Tell us why you are not living with your spouse	11. How much do you contribute monthly to your spouse's support?
		<u>\$</u>
	12. How were you married?	·
	a. Ceremony by a clergyman or othe authorized public official	er c. Tribal d. Proxy
	b. Common-law	e. Other (please describe in the space below)
'A Form 21-526		
AN 2004 21-526		21-526, Part C page

SECTION Tell us about a about any previous marriages NOTE: You should provide copie

In the table below, tell us about:

- Your previous marriages, andYour spouse's previous marriages

of divorce decrees of certificates.						
Your previous ma	arriages	•				
13a. How many tim	es have you	been mar	ried before?			
13b. When were you married?	13c. Wher you n	narried?	13d. Who were you married to? (first, middle initial, last)	13e. When did your marriage end?	13f. Why did your marriage end? (death, divorce)	13g. Where did your marriage end? (city/state or country)
mo day yr				mo day yr	_	
mo day yr				mo day yr	_	
Your spouse's pro		O	ouse been married befor	e?	1	
14b. When was your spouse married?	14c. Wher	e was spouse ed?	14d. Who was your spouse married to? (first, middle initial, last)	14e. When did your spouse's marriage end?	14f. Why did your spouse's marriage end? (death, divorce)	14g. Where did your spouse's marriage end? (city/state or country)
mo day yr				mo day yr		
mo day yr				mo day yr		
SECTION Tell about	t your r ndents	15) and m adopted clbe underbe at least	ore about your depende nildren, and stepchildren the age of 18, or at 18 but under 23 and pu	hether your paren nt children. VA as dependent. Th	ats are financially dependent may recognize a veteran's because children must be unmated course of education, or selves before reaching the a	piological children, arried and:
			your parents financially Yes No (I)		u? uest additional information fro	om you later)
You should provid copy of the public record of birth for each child or a co	py	16. Do	you have dependent chil	dren?	17. How many dependent children do you have?	
of the court record adoption for each adopted child.		of Se	"No," Skip Items 17-21f). page 3 and write your nan curity number)		Give us more information abou ables on the next page (Items	
		∐ No			21-526, Pa	urt C page 2

SECTION III	Tell us about yo	our dependents (co	ntinued)					
18a. What is the name of your unmarried child(ren)? (first, middle initial, last)	18b. Date and place of birth (city/state or country)	18c. Social Security Number	19a. Biological	19b. Adopted	19c. Stepchild	20a. 18-23 yrs. old and in school	20b. Seriously disabled before age 18	20c. Child previously married
	mo day yr Place:							
	mo day yr Place:							
	mo day yr Place:							
	mo day yr Place:							
Yes your below (If "N No below	es," skip Items 21b thru 2 name and Social Security	of the table ite your	How many live with yo	of the chi ou?	ldren do no	t		
☐ No (If "N below	o," complete Item 21b an (Items 21c -21f) and wr	ite your						
21c. What is the name of your child? (first, middle initial, last) 21d. What is your child's complete address? 21e. What is the name of the person your child lives with (If applicable)? (first, middle initial, last) 21f. How mu contribute each support of your child lives with (If applicable)?				ute each mo	onth to the			
					3	\$		
					\$	Š		
					Ş	\$		
					5	ß		
Your name	<u> </u>		You	ur Social	Security			

VA Form 21-526, Part D: Pension

Use this form to apply for pension. Remember that you must also fill out a VA Form 21-526, Part A: General Information, for your application to be processed. Be sure to write your name and Social Security number in the space provided on page 4.

SECTION Tell us I about your disability and background	1a. What disability(ies) prevent you from working?	1b. When did the disability(ies) begin?
		month day year
Complete this section if you are claiming pension because of permanent and total disability not caused by your military service.	2. Are you claiming a special monthly pension because you need the regular assistance of another person, are blind, nearly blind, or having severe visual problems, or are housebound? Yes No	3a. Are you now, or have you recently been hospitalized or given outpatient or home-based care? Yes No (If "Yes," answer Items 3b and 3c also)
	3b. Tell us the dates of the recent hospitalization or care.	3c. What is the name and complete mailing address of the facility or doctor?
Attach current medical evidence showing that you are permanently and totally disabled.	Began month day year Ended month day year	
Note: If you are a	4a. Are you now employed?	4b. When did you last work?
veteran who is age 65 or older, or determined to be disabled by the	☐ Yes ☐ No (If "No," answer Item 4b also)	month day year
Social Security Administration, you DO NOT have to	4c. Were you self-employed before becoming totally disabled?	4d. What kind of work did you do?
submit medical evidence with your application.	Yes No (If "Yes," answer Item 4d and 4e also)	
	4e. Are you still self-employed?	4f. What kind of work do you do now?
	Yes No (If "Yes," answer Item 4f also)	
	4g. Have you claimed or are you receiving disability benefits from the Social Security Administration (SSA)?	4h. Circle the highest year of education you completed:
	Yes No	Grade school:
	4i. List the other training or experience you h	
VA Form 21-526		

SEC	CTION II	Tell us your work history	In the table below, tell us about all of your employment, including self-employment, for one year before you became disabled to the present.						
		the name and your employer?		5b. What was your job title?	5c. When did your work begin?		en did your k end?	5e. How many days were lost due to disability?	5f. What were your total annual earnings?
			_		mo day yr	то	day yr		\$
					mo day yr	mo	day yr		\$
			_		mo day yr	то	day yr	_	\$
	CTION III	Tell us if you are in a nursing home	In thi infor	s section, tell us nation about the	s if you are in a nursi e nursing home.	ng home	e. If you are i	n a nursing hom	ne, give us more
To get your claim processed faster, provide a statement by an official of the nursing home that tells us that you are a patient in the nursing home because of a physical or mental disability and tells us the daily charge for your care.		6a. Are you now in a nursing home? Yes No (If "Yes," answer Item 6b also)			6b. What is the name and complete mailing address of the facility or doctor?				
		6c. Does Medicaid cover all or part of your nursing home costs? Yes No (If "No," answer Item 6d also)			6d. Have you applied for Medicaid? ☐ Yes ☐ No				
SECTION Tell us the net worth of you and your dependents. You will not your dependents. You must include all assets definition of net worth belo You should subtract from the you can subtract mortgages, lied You can subtract mortgages building that you live in as You can report farms or burn property."				u will need to enter the state of the low.) It from the market vargages, liens, etc.) It ortgages on any prove in as your primar	worth ex lue of your perty, and residen	cept those it our real estated the value of the calce.	e tables on page ems you use eve e any amounts the of the house or p	3. eryday (See hat you owe eart of a	
pension if your net worth is sizeable.			Definitions: Net worth is the market value of all interest and rights in any kind of property less any mortgages or other claims against the property. However, net worth does not include the house you live in or a reasonable area of land it sits on. Net worth also does not include the value of personal things you use everyday like your vehicle, clothing, and furniture.						
			Go to Page 3 and fill out the table.					ill out the table.	

Tell us about your net worth and your dependents' net worth.

SECTION IV (Continued)

For items 7a-h: provide the amounts. If none, write "0" or "None"

			Child(ren)					
Source	Veteran	Spouse	I. Name:	II. Name:	III. Name:			
Source	v eter an	Spouse	(first, middle initial, last)	(first, middle initial, last)	(first, middle initial, last)			
7a. Cash, non-interest bearing bank accounts			(jirsi, maate initiai, tasi)	(jirst, maate mitat, tast)	(first, madae milati, tast)			
7b. Interest bearing bank accounts, certificates of deposit (CDs)								
7c. IRAs, Keogh Plans, etc.								
7d. Stocks and bonds								
7e. Mutual funds								
7f. Value of business assets								
7g. Real property (not your home)								
7h. All other property								
SECTION Tell us V about th income you have received and you expect to	In this section, the income you tables on Page to Do not report If you expect "Unknown" If you do not "None" in the If you are recommendated.	u expect to receive 4. In these tables of the same information to receive a payin the space. The receive any paying space. See the space of the spac	ive us specific information a ve from all sources. You will s, ore you take out deductions for action in both tables. The ment, but you don't know how ments from one of the source benefits, give us a copy of you amount of benefits you sh	or taxes, insurance, etc ow much it will be, writes that we list, write "0 our most recent award	e. dite			
Payments from a source will be counted, unless t law says that the don't need to be counted. VA will determine any amount that does count.	he income from property or operation of within 12 n day you sig	m rental	9. Will you receive any income from the operation of a farm within 12 months of the day you sign this form? Yes No	from a civilian agency, corporation, or individual, because of personal injury death within 12 months of day you sign this form?				

			Child(ren)				
Sources of recurring monthly income	Veteran	Spouse	I. Name:	II. Name:	III. Name:		
11a. Social Security			(first, middle initial, last)	(first, middle initial, last)	(first, middle initial, last)		
11b. U.S. Civil Service							
11c. U.S. Railroad							
Retirement							
11d. Military Retired Pay							
11e. Black Lung Benefits							
11f. Supplemental Security (SSI)/ Public Assistance							
11g. Other income received monthly (Please write in the source below:)							
Next 12 months - Te	ell us about oth	er income for yo	ou and your depende	ents	1		
Sources of income			I. Name:	Child(ren) II. Name:	III. Name:		
for the next 12	Veteran	Spouse	1. Name.	II. Name.	III. Name.		
months			(first, middle initial, last)	(first, middle initial, last)	(first, middle initial, last)		
12a. Gross wages and salary							
12b. Total interest and dividends							
12c. Worker's compensation for injury							
12d. Unemployment compensation							
12e. Other military benefit (Please write in the source below:)							
12f. Other one-time benefit (<i>Please write in the source below:</i>)							
SECTION VI IMPORTANT - Items 13A	you may be deductily relatives you are undisability for which deduct them from the	ble from your income. Some obligation to sup- civilian disability benefits for disability benefits for	lical, Legal or Other Expensions the amount of unreimb port. Also, show medical, lefts have been awarded. When the year in which the expensionare deduction in line 1. If the state of the	ursed medical expenses yeal or other expenses your determining your incorses are paid. Do not inclumore space is needed atta	rou paid for yourself or a paid because of a ne, we may be able to ude any expenses for ch a separate sheet.		
through 13E should be completed only if you are applying for nonservice-connected pension.	13A. AMOUNT PAID BY YOU				13E. DISABILITY OR RELATIONSHIP OF PERSON OR WHOM EXPENSES PAIL		
		1	ı				



Department of Veterans Affairs

AUTHORIZATION AND CONSENT TO RELEASE INFORMATION TO THE DEPARTMENT OF VETERANS AFFAIRS (VA)

Important Notice About Information Collection: We need this information to obtain your treatment records. Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 5 minutes to review the instructions, find the information and complete this form. VA cannot conduct or sponsor a collection of information unless a valid OMB control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet Page at www.whitehouse.gov/library/omb/OMBINVC.html#VA. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.

IF YOU HAVE ANY QUESTIONS ABOUT THIS FORM, CALL VA TOLL-FREE AT 1-800-827-1000 (TDD 1-800-829-4833 FOR HEARING IMPAIRED).

SECTION I - VETERAN/CLAIMANT	IDENTIFICATION			
1. LAST NAME - FIRST NAME - MIDDLE NAME OF VETERAN (Type or print)	2. VETERAN'S VA FILE NU	MBER		
3. CLAIMANT'S NAME (If other than Veteran) LAST NAME, FIRST, MIDDLE	4. VETERAN'S SOCIAL SE	4. VETERAN'S SOCIAL SECURITY NUMBER		
5. RELATIONSHIP OF CLAIMANT TO VETERAN	6. CLAIMANT'S SOCIAL SE	6. CLAIMANT'S SOCIAL SECURITY NUMBER		
SECTION II - SOURCE OF II	 NFORMATION			
7A. LIST THE NAME AND ADDRESS OF THE SOURCE SUCH AS A PHYSICIAN, HOSPITAL, ETC.(Include ZIP Codes, and also a telephone number, if available)	7B. DATE(S) OF TREATMENT, HOSPITALIZATIONS, OFFICE VISITS, DISCHARGE FROM TREATMENT OR CARE, ETC. (Include month and year)	7C. CONDITION(S) (Illness, injury, etc.)		
8. COMMENTS:				

SECTION III - CONSENT TO RELEASE INFORMATION

READ ALL PARAGRAPHS CAREFULLY BEFORE SIGNING. YOU MUST CHECK THE APPROPRIATE STATEMENT UNDERLINED IN PARENTHESES IN PARAGRAPH 9C.

9A. Privacy Act Notice: The VA will not disclose information collected on this form to any source other than what has been authorized under the Privacy Act of 1974 or Title 38, Code of Federal Regulations 1.576 for routine uses (i.e., civil or criminal law enforcement, congressional communications, epidemiological or research studies, the collection of money owed to the United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58VA21/22/28 Compensation, Pension, Education, and Rehabilitation Records - VA, and published in the Federal Register. Your obligation to respond is voluntary. However, if the information including your Social Security Number (SSN) is not furnished completely or accurately, the health care provider to which this authorization is addressed may not be able to identify and locate your records, and provided a copy to VA. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. The VA will not deny an individual benefits for refusing to provide his or her SSN unless the disclosure of the SSN is required by Federal Statute of law in effect prior to January 1, 1975, and still in effect.

9B. I, the undersigned, hereby authorize the hospital, physician or other health care provider or health plan shown in Item 7A to release any information that may have been obtained in connection with a physical, psychological or psychiatric examination or treatment, with the understanding that VA will use this information in determining my eligibility to veterans benefits I have claimed. I understand that the health care provider or health plan identified in Item 7A who is being asked to provide the Veterans Benefits Administration with records under this authorization may not require me to execute this authorization before it will, or will continue to, provide me with treatment, payment for health care, enrollment in a health plan, or eligibility for benefits provided by it. I understand that once my health care provider sends this information to VA under this authorization, the information will no longer be protected by the HIPAA Privacy Rule, but will be protected by the Federal Privacy Act, 5 USC 552a, and VA may disclose this information as authorized by law. I also understand that I may revoke this authorization, at anytime (except to the extent that the health care provider has already released information to VA under this authorization) by notifying the health care provider shown in Item 7A. Please contact the VA Regional Office handling your claim or the Board of Veterans' Appeals, if an appeal is pending, regarding such action. If you do not revoke this authorization, it will automatically end 180 days from the date you sign and date the form (Item 10C).

10C).			
9C. I (AUTHORIZE) (DO NOT AUTHORIZE) records relating to the diagnosis, treatment or other therapy with the human immunodeficiency virus (HIV), sickle cell INFORMATION IS LIMITED, THE LIMITATION IS WR	for the conditi anemia or psy	chotherapy notes. IF MY CO	sm or alcohol abuse, infection
10A. SIGNATURE OF VETERAN/CLAIMANT OR LEGAL REPRESENTATIVE	(If other than organization,	SHIP TO VETERAN/CLAIMANT self, please provide full name, title, city, State and ZIP Code. All court must include docket number, county	10C. DATE
10D. MAILING ADDRESS (Number and Street or rural route, city, or P.O. State and	ZIP Code)	10E. TELEPHONE NUMBER (Includ	de Area Code)
The signature and address of a person who either knows the prequested below. This is not required by VA but may be requ			that person's identity is
11A. SIGNATURE OF WITNESS			11B. DATE
11C. MAILING ADDRESS OF WITNESS			