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VITAL and HEALTH STATISTICS DATA FROM THE NATIONAL HEALTH SURVEY

Changes in Cigarette Smoking Habits Between 1955 and 1966

Comparative data on the distribution of the population 18 years of age and over, by cigarette smoking status in 1955 and 1966. Based on information collected in supplements to the Current Population Survey in February 1955 and June 1966.

U.S. DEPARTMENT OF HEALTH, EDUCATION, AND WELFARE Public Health Service Health Services and Mental Health Administration

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IN THIS REPORT comparative data are presented on the cigarette smoking status of persons 18 years and older in the civilian, noninstitutional population for the years 1955 and 1966. Data basic to the estimates for both years were collected in supplements to the Current Population Survey conducted by the Bureau of the Census.

Changes in smoking habits that occurred during the interval 1955 through 1966 are measured in terms of persons who have ever smoked (current smokers and former smokers) and those who have never smoked. Further comparisons are made by maximum cigarette smoking rate attained, present consumption rates among current smokers, and age at which persons started smoking regularly.

Estimates shown for the 2 years indicate that during the interval there was a decrease among men in the proportion of current cirarette smokers with the decline primarily concentrated among those under 55 years of age. The proportion of current smokers among females increased during the interval, with the percentage of change increasing appreciably with advancing age.

SYMBOLS Data not available -- Category not applicable ... Quantity zero -- Quantity more than 0 but less than 0.05--- 0.0 Figure does not meet standards of reliability or precision----- * *

CHANGES IN CIGARETTE SMOKING HABITS BETWEEN 1955 AND 1966

Paul I. Ahmed and Geraldine A. Gleeson, Division of Health Interview Statistics

INTRODUCTION

Under the sponsorship of the National Cancer Institute, the U.S. Bureau of the Census collected data on smoking histories of the people in the United States as a supplement to the Current Population Survey (CPS) for February 1955. This survey, which covered the civilian, noninstitutional population 18 years of age and over residing in the United States, provided estimates of smoking characteristics of persons by sex, age, and a number of other demographic characteristics.¹ In addition to information on current smoking status and consumption rates, data were also obtained on the approximate age at which persons started smoking.

Early in 1966, the Division of Health Interview Statistics contracted with the Bureau of the Census to run a similar study as a supplement to the Current Population Survey for June 1966. Questions on smoking habits were phrased similarly to those employed in the 1955 study in order to make the data as comparable as possible (appendix III). The two questionnaires were not identical because the primary purpose of the 1955 study was to obtain data on lifetime smoking history, while that of the 1966 survey was to investigate changes in current smoking habits. While the 1966 study was undertaken primarily as the initial phase of a planned series of annual supplements which will produce periodic data on changes in smoking habits, it also provided an opportunity to investigate the differences in cigarette smoking habits in 1955 and 1966 with the same method of data collection used in the two surveys.

Comparative data from the two surveys show that the proportion of current cigarette smokers² among males 18 years and over decreased from 56.9 percent in 1955 to 50.7 percent in 1966, and increased during this period among women at this age level from 28.4 percent to 32.9 percent (table A). All of these estimates include an allocation of persons in the samples for whom information on smoking habits was unknown. Totals for the group "unknown smoking status" are shown in tables 1 and 2, which also include data on changes in smoking characteristics by age for the period 1955-66. It is apparent from table 2 that the decrease in the percentage of cigarette smokers occurred among males under 55 years of age. It should also be emphasized that the decrease in the proportion of male smokers occurred for the most part among those smoking less than 10 cigarettes per day, while increases in the proportion of female smokers were noted in each of the age groups shown, and among those smoking 10 or more cigarettes per day.

¹Haenszel, W.; Shimkin, M. B.; and Miller, H. P.: Tobacco smoking patterns in the United States. *Public Health Monograph Number 45.* PHS Pub. No. 463. Public Health Service. Washington. U.S. Government Printing Office, 1956.

 $^{^2 {\}rm For}$ definitions relating to smoking habits, see appendix II.

	Ма	le	Female		
Cigarette smoking status		1966	1955	1966	
,	Percent distribution				
All persons, 18 years and over ¹	100.0	100.0	100.0	100.0	
Current nonsmokers Never smoked Formerly smoked	43.1 32.1 11.1 56.9	49.3 31.1 18.2 50.7	71.6 67.6 4.0 28.4	67.1 60.3 6.8 32.9	

Table A. Percent distribution of persons 18 years and over, by cigarette smoking status according to sex: United States, 1955 and 1966 surveys

¹Persons for whom smoking status was unknown (shown in tables 1 and 2) have been allocated to categories in accordance with the distribution of persons of known smoking status.

SOURCE AND QUALIFICATIONS OF DATA

The population from which the sample was selected for the two studies was that of the United States as of February 1955 and June 1966. Persons in the following categories were excluded from the sample: members of the Armed Forces, and inmakes of penal and mental institutions and homes for the aged, the infirm, and the needy.

For the 1955 study, data were collected from approximately 21,000 households, which contained about 45,000 persons 18 years of age or over at the time of this survey, in 230 sample areas comprising 453 counties and independent cities. Of the 21,000 households, approximately 4.4 percent were "noninterview," that is, households for which no information was recorded because no interview could be obtained. In order to account for the experience of persons in noninterviewed households, the weights assigned to other households of similar characteristics in the sample areas were increased. In addition to the general nonresponse, tobacco smoking information was not reported for about 4.5 percent of the persons; these persons were not allocated to the smoking status categories in the original report issued on this survey (footnote 1, p. 1).

In 1966, data were collected from approximately 35,000 households, which contained about 69,000 persons 18 years of age and over at the time of the survey, in 357 sample areas comprising 701 counties and independent cities. In about 4.5 percent of the sample households, interviews were not obtained because the occupants were not found at home after repeated calls, or were unavailable for other reasons. Adjustment of the data to include the experience of persons in noninterviewed households was accomplished as in 1955, by increasing the weights assigned to interviewed households with similar characteristics.

The estimating procedure used in both the 1955 and 1966 surveys involved, as a final step, the inflation of the weighted sample results to agree with independent estimates of the civilian, noninstitutional population of the United States by age, sex, and race. For the 1955 survey, these independent estimates were based on statistics from the 1950 census of population and on statistics of births, deaths, and net immigration; for the 1966 survey, the 1960 census of population was substituted for the 1950 enumeration.

Questionnaire and Interview

In 1955, a form, separate from the routine schedule of the Current Population Survey, was used by the interviewer for recording smoking histories for all household members 18 years and over (appendix III). The primary purpose of the study was to classify people according to smoking habits rather than to make estimates of the amount of tobacco consumed.

The instructions emphasized that, when possible, information on smoking histories was to be obtained directly from the person himself. When the individual was not at home, the plan called for leaving a form to be completed by the respondent with followup by the interviewer to secure uncompleted forms. In practice, these instructions could not be adhered to strictly because some informants volunteered the information for other members of the family, and in these situations there was a risk of receiving no data at all if the informant's response was not accepted.

The instructions for the 1966 survey emphasized that, where possible, information on smoking habits was to be obtained directly from the person himself. No provision, however, was made for leaving a form to be completed by the respondent with a followup by the interviewer. As a result, the self-response rate for men declined from 58 percent in 1955 to 35 percent in 1966. For women, fewer of whom were currently employed and absent from home, the self-response rate declined only from 83 percent to 75 percent.

Self-Respondents

Because of the decline in the self-response rate in 1966, the smoking history data were analyzed by self-responses and proxy-responses. From estimates in table B it can be seen that in both surveys the proportion of self-responses increased for men with advancing age, but remained rather stable among all women 25 years and older. Among men, the self-response rate was consistently lower in all age groups in 1966 than in comparable groups in 1955 (table B). The self-response rate for males 65 and over was much higher than in all other age groups. For women, the self-response rates were somewhat

Table B. Percent of persons who were self-respondents, by sex and age at the time of survey: United States, 1955 and 1966 surveys

1

Age at time of	Ma	le	Female		
survey	1955	1966	1955	1966	
	Percent				
All ages, 18+ years-	57.9	34.9	83.0	75.1	
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	43.3 53.5 56.4 58.0 64.0 73.6	26.2 31.8 28.9 31.5 40.2 56.8	71.4 86.8 85.8 85.4 84.8 79.2	58.5 82.1 79.1 76.3 79.0 74.5	

lower in 1966 for each age group, but the general level of self-responses was much higher than among men in both surveys.

There is evidence that self- and proxy-response differences result in some reporting bias (table C). For example, both males and females are more likely to be classified as former smokers (had smoked at least 100 cigarettes during lifetime, but not smoking at the time of the survey) if they report for themselves than if their status is reported by another family member (proxy-respondent). On the other hand, proxy-respondents may report other family members as having never smoked (had never smoked as many as 100 cigarettes) because they are not aware of a previous smoking history. Selfrespondents who report average number of cigarettes smoked daily report slightly higher amounts than do proxy-respondents. This bias will result in some underreporting of smoking rates for males in particular since in the 1966 survey, data on almost two-thirds of all males who had ever smoked were obtained through proxy-responses.

The estimates in table 5 indicate that in the 1966 survey for males who "never smoked," the absolute percent differences between proxy- and self-respondents were greatest among persons under 25 years and those 65 years and over. For females, the differences between the percentages who had never smoked as reported by selfrespondents and proxy-respondents became increasingly smaller with advancing age.

Response Error

There was no built-in scheme for validation of responses in either the 1955 or 1966 survey plan, and no direct measures of the extent of the response errors can be made.

One source of bias associated with both surveys was best described in the 1955 study on smoking patterns (footnote 1, p. 1) as follows: "It should be stressed that the questions were designed to classify people and not to estimate the amount of tobacco consumed. For the latter purpose the proper approach would have been to include questions on recent purchases or on the number of units consumed in a given day. Couching smoking questions in terms of 'on the average' probably exerts a downward bias. The respondent may be encouraged to think of some smoking pattern which he rarely falls below and to neglect amounts in excess of this figure in his response. Since the primary objective of this survey was to classify groups of people for purposes of comparison, such biases would not be important so long as they were not large nor selective in character."

SMOKING HABITS

Measures of Smoking Habits

The smoking characteristics of all persons aged 18 years and over have been examined in terms of three basic measures: (1) current smoking habits, (2) number of cigarettes smoked per day presently, and (3) number of cigarettes smoked per day when smoking the heaviest (maximum amount). Thus, the population was divided into groups of persons who had never smoked cigarettes and those who have ever smoked. The latter group was subdivided into present and former smokers. The present smokers were subdivided into regular and occasional smokers. The regular smokers were those who reported smoking one or more cigarettes a day, while occasional smokers were those who did not report smoking regularly (not every day).

The smoking amounts were obtained in terms of the estimated number of cigarettes smoked. These data were divided into four categories (1-9, 10-20, 20-40, and 41 and over). These categories were established in order to conform with normal cigarette dispensing and packaging practices, and ranged from a half a pack or less to more than two packs a day. This was also suggested by a definite concentration on round numbers in reporting the number of cigarettes smoked daily. For example, in the class 10-20 cigarettes most persons reported 20 cigarettes, for 21-40 cigarettes the modal units were 30 and 40, and for 41 cigarettes and over, units of 50 and 60. These peaks undoubtedly arose from the practice of selling cigarettes in packs of 20, partly from individual programming of daily consumption in units of half packs, and partly due to ease of reporting among respondents.

The proportion of persons of unknown smoking status, shown in table 2, was appreciably higher in the 1955 survey than in that of 1966. This difference was due to the data collection practice in 1955 of leaving a questionnaire which was to be completed by any adult not home at the time of interview. Failure to return the form increased the nonresponse rate and added to the proportion of persons of unknown smoking status. It is possible to consider persons of unknown smoking status as persons who have never smoked or as persons who are currently smoking, and thus vary the amount of change that could have occurred in smoking habits from 1955 to 1966. However, the most reasonable method of distributing this unknown group to the several smoking status categories is in accordance with the distribution of those of known status. This procedure produces the estimates shown in table A.

While the data give a measure of current and heaviest cigarette smoking amounts, there is no measure of how long a respondent was smoking at a given rate, or how many cigarettes a day he was smoking when he started smoking. For example, a 25-year-old man who reported the heaviest amount as one pack a day could have smoked at that rate from the time he was 18 years of age or for only 1 year.

Current Smoking Habits

Of the 56,768,000 males and 64,310,000 females 18 years of age and over in the civilian, noninstitutional population of the United States as of June 1966, an estimated 27,998,000 males and 20,670,000 females, or 49.3 and 32.1 percent respectively, were current smokers (tables 1 and 2). Without proration of persons of unknown smoking status, these figures are comparable to 53.8 percent of the males and 27.4 percent of the females who were current smokers at the time of the 1955 survey. It should be pointed out, however, that despite the percentage decrease among male smokers, the number of men smoking cigarettes in 1966 exceeds the estimate for 1955 by about $1\frac{1}{3}$ million. Among women the increase in the number of cigarette smokers during this time interval amounted to approximately 5½ million (table 1). During the same interval the male population 18 years and older increased by 7,187,000, while the female population increased 9,214,000.

Among males the percentage of nonsmokers of cigarettes in the age group 18 years and over increased from 40.8 percent in 1955 to 47.9 percent in 1966 (fig. 1). This absolute increase of 7.1 percentage points among male nonsmokers between 1955 and 1966 is mainly attributable to a substantial increase in the percentage of former smokers. This increase may, however, be an underestimate of the actual proportion of men who have become nonsmokers, because of the high proportion of proxy respondents for males who tend to erroneously report former smokers as persons who have never smoked. Included in the 47.9 percent of male nonsmokers in 1966, 17.7 percent previously smoked regularly or occasionally in contrast to only 10.5 percent in 1955 (table 2) when the proportion of male selfrespondents was considerably greater.

Among women 18 years and older, the percentage of current cigarette smokers (regular and occasional) increased from 27.4 percent in 1955 to 32.1 percent in 1966 (fig. 1). With the percentage of females who had never smoked generally lower in 1966 than in 1955, it would seem that the increase of 4.7 percentage points in the proportion of current cigarette smokers is due for the most part to the increased proportion of

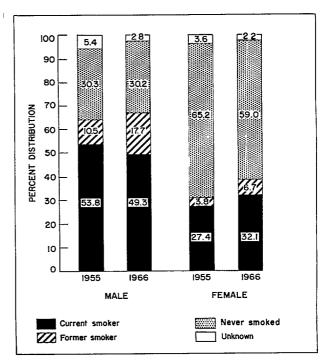


Figure 1. Percent distribution of the population 18 years and over, by cigarette smoking status according to sex.

women who had started smoking since the 1955 survey (table 2).

The proportion of occasional smokers among current smokers decreased from 4.0 percent in 1955 to 0.3 percent in 1966 among men, and from 3.8 percent in 1955 to 0.3 percent in 1966 among women (table 2). Differences in interviewing techniques and interviewing instructions between the 2 years may be partly responsible for the noted decline. On the 1955 questionnaire there was a check box labeled "smoke once in a while, not every day," which was used by the interviewer to denote persons who smoked occasionally. In the administration of the 1966 questionnaire, the interviewer was required to determine if the person smoked on the average less than one cigarette per day before classifying him as an occasional smoker. The greater latitude in classification permissible in the 1955 survey probably accounts for the higher proportion of persons classified as occasional smokers in that survey. The decline in occasional smokers between 1955 and 1966 was apparently not biased by proxyresponse or self-response, since the decline was quite similar in the two groups (table C).

The estimates shown in table D and presented graphically in figure 2 indicate that the decline among current male smokers between 1955 and 1966 was primarily concentrated among those under 55 years of age, while the percent increase among the female smokers increased appreciably with advancing age. If it were possible to consider persons in the 10-year-age intervals at the time of the 1955 survey as cohorts representative of those who would have advanced to the succeeding 10-year interval in the 1966 survey, the decrease in the proportion of male smokers would be even more conspicuous. Because the death rate among cigarette smokers is higher than that for the general population,³ an analysis of cohorts within two

³Hammond, E. C.: Smoking in relation to mortality and morbidity. J. Nat. Cancer Inst. 32(5):1161-1188, May 1964.

Table C. Percent distribution of persons 18 years and over,¹ by cigarette smoking status according to sex and type of respondent: United States, 1955 and 1966 surveys

	Male				Female				
Cigarette smoking status	19	955	1966		1955		1966		
	Self	Proxy	Self	Proxy	Self	Proxy	Self	Proxy	
			Pe	rcent di	stribut	ion			
All persons, 18+ years	100.0	100.0	² 100.0	² 100.0	100.0	100.0	² 100.0	² 100.0	
Nonsmokers									
Tota1	43.0	43.3	49.1	48.7	70.3	78.0	65.7	70.2	
Never smoked Previously smoked Occasionally Regularly	30.0 13.0 1.5 11.5	34.8 8.5 0.9 7.6	27.6 21.5 1.0 20.5	32.5 16.1 0.5 15.6	65.8 4.5 0.9 3.5	76.2 1.8 0.6 1.2	58.3 7.5 0.5 7.0	65.6 4.6 0.2 4.4	
Smokers									
Tota1	57.0	56.8	³ 50.4	³ 50.3	29.7	22.0	³ 33.9	³ 28.9	
Occasionally Never regularly Previously regularly Regularly	3.1 1.2 52.8 8.5	4.4 3.5 0.8 52.4 9.7 30.7 11.1 0.9	0.4 49.5 5.6 28.9 13.1 1.8	0.3 46.6 4.8 30.2 10.8 0.9	4.1 3.5 0.6 25.6 9.1 14.0 2.4 0.1	3.0 2.8 0.2 19.0 7.4 9.6 1.7 0.3	0.3 33.1 5.7 22.1 5.0 0.3	0.3 26.7 5.7 17.4 3.4 0.2	

¹Excluding persons for whom type of respondent was unknown.

²Includes persons of unknown smoking status.

³Includes persons whose current daily smoking rates are unknown.

Table D.	Percent of	persons curren	tly smoking cigarettes	(regularly or occasionally),
by	sex and age	at the time of	Survey: United States,	1955 and 1966 surveys

	Male			Female		
Age at time of survey		1966	Change	1955	1966	Change
	Percent					
All ages, 18 years and over	53.8	49.3	-8.4	27.4	32.1	+17.2
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65 years and over	53.0 63.6 62.1 58.0 45.8 25.8	48.3 58.9 57.0 53.1 46.2 24.6	-8.2 -8.4	39.2 35.4 25.7 13.4	43.2 41.1 37.3 23.0	

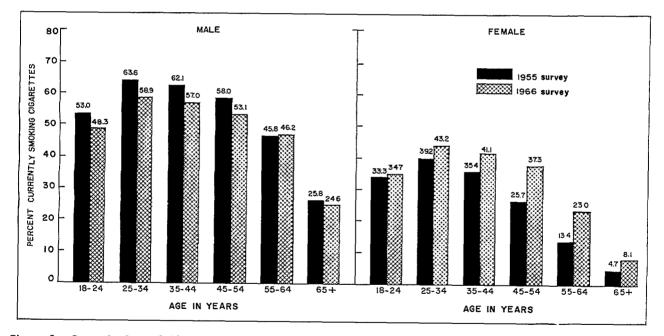


Figure 2. Percent of population currently smoking cigarettes regularly or occasionally, by age at time of survey and sex.

independent studies is not a valid procedure, since it is not possible to take into account the decrease in the number of smokers during a 10year interval that is attributable to mortality.

Cigarette Consumption Rates

There was no appreciable change in the proportion of men who currently smoked 21 or more cigarettes a day, 12.7 percent in 1955 and 12.5 in 1966 (table E). There was an increase in the percentage of women who smoked 21 or more cigarettes per day from 2.3 percent in 1955 to 4.9 percent in 1966. This meant that the proportion of women who were smoking more than a pack a day in 1966 was approximately double that for 1955. Among women the age group with the largest increase was 25-44 years.

Among the male, current, regular smokers included in table 2, the proportion of those smoking from 1-9 cigarettes per day declined between 1955 and 1966. The concentration of the decline among those who smoked less than half a pack of cigarettes a day indicates that the increase in the proportion of males who quit smoking (former smokers) between 1955 and 1966 might be attributed to light and occasional smokers (table 2). Among women, however, there was an actual increase in the number of those who smoked, but a substantial decline among those who smoked less than half a pack a day. The increase in the amount smoked between 1955 and 1966 among women was concentrated among those who smoked from 10 to 20 and 21 to 40 cigarettes per day. It is possible that some of the women who smoked less than 10 cigarettes per day in 1955 may have increased their cigarette consumption by 1966. However, there is no clear evidence in the data that such increases in the percent of female smokers were related to the increased switching to heavier smoking, since an increase in the number of current nonsmokers who previously had been regular smokers also took place.

It would seem that some women are joining the ranks of former smokers, while an even larger number are joining the smoking group. The females who are starting to smoke heavily are younger, while those no longer smoking cigarettes are older persons. This point is emphasized by the data in table 2, which indicate that in 1966 the proportion of female nonsmokers who were previously regular smokers was higher Table E. Percent of persons smoking 21 or more cigarettes per day, by sex and age at the time of survey: United States, 1955 and 1966 surveys

Age at time of	Ma	le	Fémale		
survey	1955	1966	1955	1966	
	Percent				
All ages, 18 + years-	12.7	12.5	2.3	4.9	
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	7.7 15.0 17.7 15.7 10.1 3.4	6.6 15.4 18.0 15.8 12.5 3.2	1.9 3.5 3.0 2.8 1.1 *	3.5 7.4 7.4 6.2 2.8 0.6	

in each single age group than were similar proportions in 1955. And, in general, this difference became greater with advancing age.

Current Status of Those Who Ever Smoked

Another dimension of analysis which more clearly identifies changes in the smoking population is added when data are analyzed in terms of those who ever smoked cigarettes *regularly*. In this classification shown in tables 6 and 7, persons are classified as former regular smokers and current regular smokers. The-former group is subdivided into "nonsmokers now" and "occasional smokers now." The latter group is shown by current rate of smoking.

Estimates shown in table 7 indicate that there is an increase of 10.2 percentage points in the proportion of male nonsmokers who were former regular smokers, 15.5 percent in 1955 and 25.7 percent in 1966. Among females the percentage of nonsmokers among those who have ever smoked regularly increased from 11.1 percent in 1955 to 16.4 percent in 1966. At the time of the 1955 survey, 82.9 percent of the men who had ever smoked cigarettes regularly were smoking at the time of the survey; a comparable figure for 1966 was 74.0 percent, an absolute decrease of 8.9 percentage points (tables 7 and F). Among females the percent of current smokers among those who had ever smoked regularly decreased from 87.0 percent in the 1955 survey to 83.1 percent in 1966. In general, the percentage decrease for both men and women became greater with advancing age, reaching a maximum of 24.1 percent for males 65 years and older (table F).

The consistent decrease in the percent of regular smokers between 1955 and 1966 in each of the current smoking categories, 1-9, 10-20, and 21-40 cigarettes per day, for males, with no appreciable change in the proportion smoking more than two packs per day, accounts for the marked increase in the proportion of former regular smokers (table 7). Among females who have ever smoked, where the number of cigarettes smoked per day has increased between the two surveys, there is added evidence that the population has moved in two directions, some have increased their average daily rate of cigarette consumption.

HISTORY OF CIGARETTE SMOKING

Age at Which Started Smoking

Since much of the information obtained in the two surveys is based on respondent recall, most of the estimates shown are subject to bias introduced by faulty memory of past events. Undoubtedly, questions regarding the age at which persons started smoking placed severe demands on memory even when such questions were directed at persons providing information only for themselves. When questions of this kind were directed to a proxy-respondent, the memory bias was compounded by the lack of information on the part of the proxy-respondent. Because of the comparatively low percentage of self-respondents among males in the 1966 survey (table B), comparative data from the two surveys regarding age at the time smoking was started have not been presented for males.

Another shortcoming of the smoking data for young males in both surveys is the exclusion of persons in the military service. Because of the high proportion of males 18-24 years of age in the Armed Forces in 1966, in contrast to 1955, the characteristics of the remaining civilian population in this age group may be quite different from those of youths of a comparable age in the 1955 survey.

However, it is felt that the material collected on age when smoking started for females, for whom the proxy-response rate is quite low, is representative of the female population in both surveys. Because of basic differences in the patterns of smoking history among males and females it is not reasonable to assume that the

Table F. Percent of current cigarette smokers among persons who have ever smoked cigarettes regularly, by sex and age at the time of survey: United States, 1955 and 1966 surveys

		Mal	.e	Female			
Age at time of survey	1955	1966	Decrease in 1966	1955	1966	Decrease in 1966	
	Percent						
All ages, 18+ years	82.9	74.0	-10.7	87.0	83.1	-4.5	
18-24 years	93.6 87.5 84.7 82.4 74.0 63.8	90.8 81.8 75.9 72.3 66.8 48.4	-3.0 -6.5 -10.4 -12.3 -9.7 -24.1	87.7 87.5	88.0 85.7 83.3 82.8 76.5 68.5	-1.9 -0.7 -5.0 -5.4 -8.4 -7.1	

cumulative data for females shown in figure 3 are characteristic of males. It is known that the curves for male smokers were at a higher level than those for females, because the rate of those who have ever smoked is consistently higher among males than among females.

In the comparison of females in the two surveys by the age at which they started smoking, it is assumed that the mortality rates among cigarette smokers during the years prior to the surveys were similar enough to produce comparable survivor populations. Because the populations under consideration in this instance consist only of persons who have ever smoked, the comparative rates would not be influenced by the mortality differentials between smokers and nonsmokers.

The cumulative percentage estimates of females becoming regular smokers prior to specific ages shown in table 8 have been summarized

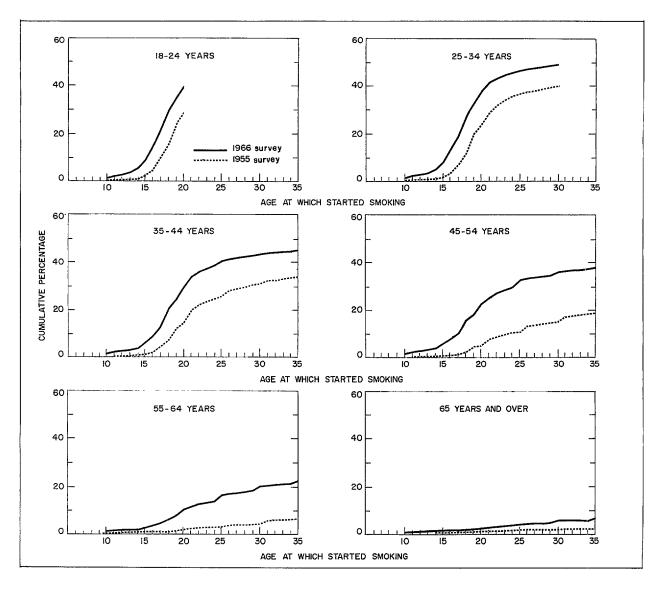


Figure 3. Cumulative percentage of females becoming regular cigarette smokers prior to age specified, by age at time of survey. (Cumulative percentages are shown in table 8.)

for comparative purposes in figure 3. Age at which the person started smoking has been carried only through 35 years since accretions to the smoking population are rather small thereafter. In the two youngest age groups, those under 35 years, the cumulative curves have been adjusted by the usual actuarial methods to take account of the population not exposed to risk during the entire age span covered.

Between 1955 and 1966 there was a shift to an earlier age at which women start to smoke; this shift has accompanied the rising trend in the proportion of women smoking regularly (fig. 3). The marked change in the age at which women start to smoke cigarettes is apparent from a comparison of the data in the two surveys. From table 8 it is apparent that the percent of women 18-24 years of age in 1966 who had started smoking by age 15 (8.4 percent) was four times that for the comparable age-group in 1955 (2.1 percent). In 1966, 29.9 percent of the women who were 18-24 years of age at the time of the interview, had started to smoke by the age of 18, in contrast to 15.9 percent of those who were 18-24 years of age in 1955. This represents an increase of 14.0 percentage points, with the percent in 1966 approximately twice that in 1955.

Among women 35 years and over, an age interval in which all of those included would have had an opportunity to start smoking at age 35 or younger, the percent increase for those who had started smoking by age 35 between 1955 and 1966 became greater with advancing age. For those 65 years and older at the time of the surveys, 1.7 percent had started smoking by age 35 in the 1955 survey while a comparable percentage in the 1966 survey was 6.5 percent, approximating a fourfold increase (table 8 and fig. 3).

Continuance of Maximum Rate

In tables 9 and 10 the current cigarette smoking habits of persons who have ever smoked regularly are shown according to the maximum rate of cigarette consumption attained. From table 11, in which this material has been summarized, it is apparent from both surveys that women who have ever smoked a maximum of 21-40 or 41 and over cigarettes per day have a greater tendency to "cut down" than do those whose maximum rate is

less than a pack per day. The greater opportunity. in terms of number of cigarettes, for the former group to "cut down" without giving up cigarettes altogether may account for this tendency. In the 1955 survey this same pattern was noted for men. However, the data collected in the 1966 survey indicate that a high percentage of men who have smoked a maximum of less than half of a pack of cigarettes per day have quit smoking, since only 48.5 percent were continuing to smoke at their maximum rate at the time of the survey (table 11). This increase in the proportion of men who have quit smoking is in agreement with the increase between 1955 and 1966 of the nonsmokers among former regular cigarette smokers shown in table 2. While this increase in nonsmokers is characteristic of each age group, it is particularly evident among men 45 years and older.

The current cigarette smoking status at the time of the 1966 survey of persons according to their maximum rate is described more fully in table G. Of males whose maximum rate had been less than 10 cigarettes per day, 48.5 percent continued to smoke at this level; approximately 48.9 percent did not smoke at the time of the interview and the rest were occasional smokers (table G). Of those males who smoked 10-20 cigarettes at a maximum, 67.2 percent still smoked the same amount, about 6.2 percent smoked less than 10 cigarettes, 25.6 percent were nonsmokers at the time of the interview, and the rest were occasional smokers. Of those males who smoked 21-40 cigarettes at a maximum rate, about 51.9 percent smoked at the same level, while about 33.3 percent of those with a maximum rate of 41 or more cigarettes a day smoked that amount per day at the time of the 1966 survey.

Among women whose maximum level was 20 or less cigarettes per day, the percentage who were smoking at that level at the time of the survey was markedly higher than that for males who had a comparable maximum level. For women whose maximum rate was 21-40 cigarettes per day, the percentage currently smoking at that level was only slightly higher than that for their male counterparts, and the proportion of women continuing to smoke at a maximum of 41 or more cigarettes was slightly lower than that for males who had reached this level. However, from estimates shown in table G it is apparent that a

Table G. Percent distribution of persons, by current cigarette smoking status according to maximum rate ever attained and sex: United States, 1966 survey

	Cigarette smoking status							
Maximum cigarette smoking rate ever attained	Total who	Current	Current Current		Current regular smokers			
	ever non- smoked smokers	occasional smokers	1-9 daily	10-20 daily	21-40 daily	41+ daily		
Male	Percent distribution							
1-9 cigarettes daily 10-20 cigarettes daily- 21-40 cigarettes daily- 41+ cigarettes daily	100.0 100.0 100.0 100.0	48.9 25.6 18.3 23.3	2.1 0.3 *	48.5 6.2 1.6 2.0	67.2 27.8 11.2	51.9 29.7	33.3	
Female								
1-9 cigarettes daily 10-20 cigarettes daily- 21-40 cigarettes daily- 41+ cigarettes daily	100.0 100.0 100.0 100.0	35.8 14.2 7.8 12.6	1.5 0.3 *	62.1 7.6 1.3 2.8	77.2 35.5 15.7	54.8 37.2	30.2	

¹Includes persons whose current daily smoking rates are unknown.

comparatively high percentage of men, regardless of the maximum level attained, had quit smoking cigarettes, while women showed more of a tendency to reduce the number of cigarettes smoked per day.

Percentages complementary to those shown by age group in table 11, i.e., the difference between each percent shown and 100 percent, represent the proportion of persons who were currently smoking at a daily rate less than their maximum. Differences in these complementary percentages through successive age intervals, also shown in the table, represent the cumulative effect of persons who drop back from their maximum rate. Thus, a rough estimate of the proportion of males 45-54 years (at the time of the 1966 survey) reducing their daily cigarette consumption from a maximum of 21-40 cigarettes within the preceding 10 years may be obtained by subtracting from this percentage (100 percent minus 53.3 percent = 46.7 percent) the corresponding value for persons 35-44 years (100 percent minus 56.4 percent = 43.6 percent) to obtain an estimate of +3.1 percent.

The direct method of obtaining information about changes in smoking patterns was not used because of the time required to obtain a complete smoking history and because informants might not have been willing (or able) to supply a detailed chronology on shifts of smoking habits. In this table it is assumed that the experience for persons in each age group reflects the cumulative result of events occurring at any previous age.

With the exception of very heavy smokers among males 18-24 years, the proportion of both males and females who were smoking at their maximum level was lower in 1966 than in 1955, regardless of age or of the level of the maximum rate (table H). In general, for both men and women, the greatest percent decrease in those smoking at their maximum level occurred among those smoking less than 10 cigarettes per day and those smoking 41 or more per day.

The most definitive estimates produced from the 1966 survey are those pertaining to persons who had quit smoking cigarettes. Approximately 25.7 percent of the men in the population 18 years and older and 16.4 percent of the women who had ever smoked cigarettes regularly were nonsmokers at the time of the 1966 survey (table J). The proportion who had quit smoking increased directly with advancing age for both men and women.

The percentage of nonsmokers (among those who had ever smoked) was highest among persons who had reached a maximum of 1-9 cigarettes per day. Among those who had reached this level, 48.9 percent of the men and 35.8 percent of the women had become nonsmokers. Among men the rate of nonsmokers (at the time of the survey) among those who had reached a maximum of 10-20 cigarettes (25.6 percent) was about the same as that for men who had smoked a maximum of 41 or more cigarettes per day (23.3 percent). Both groups were heavily weighted with the high proportions of persons 45 years and older who had become nonsmokers. For both men and women, the lowest percentage of nonsmokers was among those who had reached a maximum of 21-40 cigarettes per day (18.3 percent for men and 7.8 percent for women).

Table H. Percent change from 1955 to 1966 in proportion of persons who were smoking cigarettes at their maximum rate at the time of the survey, by sex and age: United States, 1955 and 1966 surveys

	Maximum r	Maximum rate of cigarette smoking					
Sex and age	Under 10 daily	10-20 daily	21-40 daily	41+ daily			
Male	Percent	Percent change from 1955 to 1966					
All ages, 18+ years	-36.4	-14.6	-24.0	-30.2			
18-24 years 25-34 years	-36.5 -41.6	-9.5 -15.9 -16.1		-28,8			
 All ages, 18+ years	-24.6	-6.8	-17.7	-38.1			
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	-17.6 -21.5 -25.7 -29.1 -25.6 -20.2	-4.2 -4.0 -8.8 -7.4 -4.6 -14.7	-17.4 -16.1 -17.2 -18.5 -18.5 -26.2	* -37.3 -48.5 -48.6 -42.4 *			

Table J. Percent of persons who had ever smoked regularly (during lifetime history) who were nonsmokers of cigarettes at the time of the survey, by sex, age, and maximum daily rate: United States, 1966 survey

		Maximum rate of cigarette smoking				
Sex and age	Total	1-9 daily	10 - 20 daily	21 - 40 daily	41 + daily	
Male	Percent nonsmokers at time of survey					
All ages, 18+ years	25.7	48.9	25.6	18.3	23.3	
18-24 years	9.1 17.8 23.7 27.4 32.9 51.0	23.4 44.5 47.9 53.8 57.5 66.3	7.1 19.7 25.1 28.5 33.0 47.6	6.1 10.4 16.5 19.5 25.7 43.7	* 7.8 18.9 28.0 34.3 52.9	
Female				-		
All ages, 18+ years	16.4	35.8	14.2	7.8	12.6	
18-24 years	11.7 13.9 16.2 16.7 22.6 30.5	27.6 33.7 35.5 40.3 40.1 41.4	9.2 12.4 14.6 14.6 19.7 25.5	5.4 6.5 7.7 7.8 11.0 24.8	* 17.7 * *	

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Table 1. Number of persons 18 years and over, by sex, cigarette smoking status, and age at the time of the survey: United States, 1955 and 1966 surveys

	T	<u> </u>				<u>r</u>							1
		N	onsmoker of c	igarettes			I	Cigarett	e smoke	er			
Year of survey, sex, and age	Total		Never	Previou smoke cigaret	d				I	Regular	1		Unknown if ever
		Total	smoked cigarettes	Occa- sionally	Regu- larly	Total ¹	Occasional	Total ¹	1-9 daily	10-20 daily	21-40 daily	41+ daily	smoked
<u>1955</u>		Manan		·	I	.	u	L	LL,	.		I	L
Male					Numbe	r of per	sons in thous	ands					
All ages,	(0.50)		1 15 000	. 500							1 5 700		1 0 400
18+ years	49,581		·	592	4,597	26,672		24,667	<u> </u>	14,138		515	2,690
18-24 years	5,405	2,202	2,019	39	144	2,867	262	2,605	645	1,542	399	19	336
25-34 years	11,065	3,404	2,465	88	851	7,032	377	6,655	888	4, 1	1,561	94	629
35-44 years	10,755	3,437	2,314	108	1,015	6,684	398	6,286	849	3,535	1,713	189	634
45-54 years	9,100	3,325	2,241	127	957	5,278	379	4,899	753	2,719	1,291	136	497
55-64 years	6,934	3,392	2,355	100	937	3,177	312	2,865	597	1,569	648	51	365
65+ years	6,322	4,459	3,636	130	693	1,634	277	1,357	484	661	186	26	229
Female	1												
All ages, 18+ years	55,096	38,048	35,927	457	1,664	15,072	2,086	12,986	4,640	7,013	1,196	81	1,976
18-24 years	7,460	4,651	4,403	44	204	2,487	369	2,118	901	1,066	143	*	322
25-34 years	12,196	6,950	6,261	127	562	4,781	589	4,192	1,364	2,378	398	32	465
35-44 years	11,484	7,020	6,476	114	430	4,062	466	3,596	1,206	2,029	330	*	402
45-54 years	9,399	6,674	6,316	94	264	2,420	353	2,067	709	1,084	241	*	305
55-64 years	7,296	6,080	5,904	44	132	979	212	767	330	351	73	*	237
65+ years	7,261	6,673	6,567	34	72	343	97	246	130	105	*	*	245
1966													
Male													
All ages, 18+ years	56,768	27,188	17,148	392	9,648	27,998	197	27,801	2,816	16,559	6,450	667	1,582
18-24 years	8,828	4,325	3,870	30	425	4,262	*	4,249	549	2,839	521	58	241
25-34 years	10,231	4,006	2,632	68	1,306	6,031	43	5,988	450	3,784	1,450	125	194
35-44 years	11,306	4,574	2,511	65	1,998	6,444	49	6,395	504	3,627	1,818	21.3	288
45-54 years	10,595	4,703	2,504	83	2,116	5,623	36	5,587	449	3,164	1,506	170	269
55-64 years	8,093	4,011	2,125	58	1,828	3,737	26	3,711	433	2,055	929	82	345
65+ years	7,717	5,570	3,507	88	1,975	1,902	29	1,873	430	1,089	227	*	245
Female													
All ages, 18+ years	64,310	42,235	37,943	256	4,036	20,670	209	20,461	3,610	13,245	2,946	174	1,405
18-24 years	10,463	6,626	6,123	25	478	3,633	31	3,602	739	2,378	350	*	204
25-34 years	11,302	6,266	5,434	46	786	4,878	34	4,844	795	3,153	788	43	1.58
35-44 years	12,294	6,995	5,967	55	973	5,054	54	5,000	775	3,216	856	50	245
45-54 years	11,372	6,850	5,940	61	849	4,243	38	4,205	618	2,760	668	41	279
55-64 years	8,899	6,590	5,950	44	596	2,051	35	2,016	412	1,300	227	*	258
65+ years	9,980	8,908	8,529	25	354	809	*	793	270	438	57	*	263
	L	J	I	L	1	L		L	J		L	I	<u> </u>

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

¹Data for 1966 includes persons whose current daily smoking rates are unknown.

Table 2. Percent distribution of persons 18 years and over, by cigarette smoking status at the time of the survey, according to age at the time of the survey and sex: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix II]

<u></u>		1	Nonsmoker of	cigarettes	;		C	igarette	smoker		<u></u>	<u></u>	
Year of survey, sex,	Total			Previou	d b				F	legular			Unknown if ever
and age	IULAI	Total	Never smoked cigarettes	cigaret Occa- sionally	tes Regu- larly	Total ^I	Occasional	Total ¹	1-9 daily	10-20 daily	21-40 daily	41+ daily	smoked
1955		,	3			/							
Male						Percent	distribution						
All ages, 18+ years-	100.0	40.8	30.3	1.2	9.3	53.8	4.0	49.8	8.5	28.5	11.7	1.0	5.4
18-24 years	100.0	40.7	37.4	0.7	2.7	53.0	4.8	48.2	11.9	28.5	7.4	0.4	6.2
25-34 years	100.0	30.8	22.3	0.8	7.7	63.6	3.4	60.1	8.0	37.2	14.1	0.8	5.7
35-44 years	100.0	32.0	21.5	1.0	9.4	62.1	3.7	58.4	7.9	32.9	15.9	1.8	5.9
45-54 years	100.0	36.5	24.6	1.4	10.5	58.0	4.2	53.8	· 8.3	29.9	14.2	1.5	5.5
55-64 years	100.0	48.9	34.0	1.4	13.5	45.8	4.5	41.3	8.6	22.6	9.3	0.7	5.3
65+ years	100.0	70.5	57.5	2.1	11.0	25.8	4.4	21.5	7.7	10.5	2.9	0.4	3.6
Female													
All ages, 18+ years-	100.0	69.1	65.2	0.8	3.0	27.4	. 3.8	23.6	8.4	12.7	2.2	0.1	3.6
18-24 years	100.0	62.3	59.0	0.6	2.7	33.3	4.9	28.4	12.1	14.3	1.9	*	4.3
25-34 years	100.0	57.0	51.3	1.0	4.6	39.2	4.8	34.4	11.2	19.5	3.3	0.3	3.8
35-44 years	100.0	61.1	56.4	1.0	3.7	35.4	4.1	31.3	10.5	17.7	2.9	*	3.5
45-54 years	100.0	71.0	67.1	1.0	2.8	25.7	3.8	22.0	7.5	11.5	2.6	*	3.2
55-64 years	100.0	83.3	80.9	0.6	1.8	13.4	2.9	10.5	4.5	4.8	1.0	*	3.2
65+ years	100.0	91.9	90.4	0.5	1.0	4.7	1.3	3.4	1.8	1.4	*	*	3.4
1966													
Male													
All ages, 18+ years-	100.0	47.9	30.2	0.7	17.0	49.3	0.3	49.0	5.0	29.2	11.4	1.2	2.8
18-24 years	100.0	49.0	43.8	0.3	4.8	48.3	ŵ	48.1	6.2	32.2	5.9	0.7	2.7
25-34 years	100.0	39.2	25.7	0.7	12.8	58.9	0.4	58.5	4.4	37.0	14.2	1.2	1.9
35-44 years	100.0	40.5	22.2	0.6	17.7	57.0	0.4	56.6	4.5	32.1	16.1	1.9	2.5
45-54 years	100.0	44.4	23.6	0.8	20.0	53.1	0.3	52.7	4.2	29.9	14.2	1.6	2.5
55-64 years	100.0	49.6	26.3	0.7	22.6	46.2	0.3	45.9	5.4	25.4	11.5	ι.0	4.3
65+ years	100.0	72.2	45.4	1.1	25.6	24.6	0.4	24.3	5.6	14.1	2.9		3.2
Female													
All ages, 18+ years-	100.0	65.7	59.0	0.4	6.3	32.1	0.3	31.8	5.6	20.6	4.6	0.3	2.2
18-24 years	100.0	63.3	58.5	0.2	4.6	34.7	0.3	34.4	7.1	22.7	3.3	*	1.9
25-34 years	100.0	55.4	48.1	0.4	7.0	43.2	0.3	42.9	7.0	27.9	7.0	0.4	1.4
35-44 years	100.0	56.9	48.5	0.4	7.9	41.1	0.4	40.7	6.3	26.2	7.0	0.4	2.0
45-54 years	100.0	60.2	52.2	0.5	7.5	37.3	0.3	37.0	5.4	24.3	5.9	0.4	2.5
55-64 years	100.0	74.1	66.9	0.5	6.7	23.0	0.4	22.7	4.6	14.6	2.6	*	2.9
65+ years	100.0	89.3	85.5	0.3	3.5	8.1	*	7.9	2.7	4.4	0.6	*	2.6

 $^{\rm I}\,{\rm Data}$ for 1966 includes persons whose current daily smoking rates are unknown.

Table 3. Number of persons 18 years and over, by cigarette smoking status, sex, type of respondent, and age: United States, 1955 survey

[Data are based on household interviews of the civilian, noninstitutional population The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

									<u></u>				
	•	N	onsmoker of c	igarettes				Cigare	tte smok	er			<u> </u>
Sex, type of respondent,	Total		Never	Previou smoke	b		Occasiona	1		F	legular		
and age		Total	smoked cigarettes	cigaret Occa- sionally	Regu- larly	Total	Never smoked cigarettes regularly	Previously smoked cigarettes regularly	Total	1-9 daily	10-20 daily	21-40 daily	41+ daily
MALE													
Self- respondent					Numb	er of p	ersons in the	ousands					
All ages, 18+ years-	26,844	11,539	8,041	411	3,087	1,135	824	311	14,170	2,295	7,992	3,550	333
18-24 years	2,163	796	694	28	74	88	70	*	1,279	272	783	209	*
25-34 years	5,507	1,734	1,157	62	515	213	160	53	3,560	415	2,146	937	62
35-44 years	5,643	1,845	1,148	67	630	214	140	74	3,584	440	1,985	1,035	124
45-54 years	4,945	1,840	1,119	78	643	212	165	47	2,893	435	1,566	809	83
55-64 years	4,161	2,115	1,371	67	677	187	137	50	1,859	379	1,016	436	28
65+ years	4,425	3,209	2,552	109	548	221	152	69	995	354	496	124	*
Proxy respondent													
All ages, 18+ years-	19,492	8,434	6,785	173	1,476	849	689	160	10,209	1,887	5,981	2,169	172
18-24 years	2,829	1,360	1,280	*	69	170	155	*	1,299	369	743	184	*
25-34 years	4,796	1,613	1,263	*	327	153	115	38	3,030	468	1,918	612	32
35-44 years	4,370	1,564	1,151	42	371	182	141	41	2,624	398	1,507	660	59
45-54 years	3,577	1,466	1,104	47	315	166	127	39	1,945	312	1,124	456	53
55-64 years	2,336	1,246	964	30	252	123	103	*	967	213	534	201	*
65+ years	1,584	1,185	1,023	*	142	55	48	*	344	127	155	56	*
FEMALE													
Self- respondent													
All ages, 18+ years-	43,730	30,730	28,778	404	1,548	1,807	1,548	259	11,193	3,970	6,126	1,041	56
18-24 years	5,054	3,097	2,869	38	190	284	253	31	1,673	702	858	113	*
25-34 years	10,096	5,891	5,249	115	527	543	442	101	3,662	1,173	2,122	344	*
35-44 years	9,464	5,870	5,365	104	401	388	322	66	3,206	1,072	1,814	306	*
45-54 years	7,700	5,605	5,276	79	250	309	283	26	1,786	611	950	211	*
55-64 years	5,928	5,067	4,907	39	121	194	173	*	667	304	299	59	*
65+ years	5,488	5,199	5,112	29	58	89	75	*	200	107	84	*	*
<u>Proxy</u> respondent													
All ages, 18+ years-	8,947	6,981	6,820	51	110	269	249	*	1,697	661	863	148	25
18-24 years	2,024	1,515	1,494	*	¥	82	77	*	427	200	199	28	*
25-34 years	1,539	1,008	967	*	30	42	42	*	489	179	249	51	*
35-44 years	1,565	1,109	1,070	*	29	76	68	*	380	133	213	31	*
45-54 years	1,313	1,011	981	*	*	43	38	*	259	98	128	*	*
55-64 years	1,066	948	933	*	*	*	*	*	99	29	55	*	*
65+ years	1,441	1,392	1,376	*	*	*	*	*	42	*	*	*	*

NOTE: Excluded are persons for whom type of respondent was unknown.

[[]Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		N	onsmoker of c	igarettes				Cigarett	e smoker			
Sex, type of respondent,	Total ⁱ			Previou smoke	d i				R	egular		
and age		Total	Never smoked cigarettes	cigaret	Regu-	Total ²	Occasional	Total	1-9 daily	10-20 daily	21-40 daily	41+ daily
	İ	[]		sionally	larly		L					L
MALE												
Self-respondent				Nu	mber of	persons	in thousands					
All ages, 18+ years	19,324	9,481	5,335	188	3,958	9,740	74	9,565	1,083	5,590	2,541	351
18~24 years	2,264	963	783	*	171	287 يا:	*	1,269	159	853	231	26
25-34 years	3,209	1,188	705	34	449	2,003	*	1,977	150	1,201	569	57
35-44 years	3,199	1,276	653	*	599	1,912	*	1,897	139	1,009	635	114
45-54 years	3,267	1,431	702	26	703	1,821	*	1,783	139	995	571	78
55-64 years	3,130	1,517	688	31	798	1,591	*	1,551	212	895	385	59
65+ years	4,258	3,107	1,804	65	1,238	1,127	*	1,088	283	637	150	*
Proxy respondent												
All ages, 18+ years	36,122	17,579	11,756	180	5,643	18,159	120	16,837	1,724	10,914	3,884	315
18-24 years	6,391	3,344	3,071	*	254	2,966	*	2,688	390	1,978	288	32
25-34 years	6,875	2,801	1,920	30,	851	4,018	29	3,823	300	2,575	880	68
35-44 years	7,866	3,280	1,852	38	1,390	4,514	42	4,249	365	2,606	1,179	99
45-54 years	7,089	3,247	1,795	49	1,403	3,778	*	3,484	310	2,154	930	90
55-64 years	4,659	2,477	1,431	*	1,023	2,120	*	1,926	21.7	1,149	536	*
65+ years	3,239	2,428	1,687	*	721	762	*	667	141	451	73	*
FEMALE												
Self-respondent							{					
All ages, 18+ years	47,308	31,099	27,557	214	3,328	16,017	154	15,675	2,697	10,444	2,388	146
18-24 years	6,015	3,545	3,145	*	379	2,447	*	2,415	472	1,657	270	*
25-34 years	9,155	5,060	4,341	41	678	4,067	29	4,005	658	2,624	680	43
35-44 years	9,556	5,487	4,645	46	796	4,034	48	3,947	614	2,601	692	40
45-54 years	8,471	5,220	4,474	46	700	3,231	*	3,162	428	2,181	521	32
55-64 years	6,852	5,186	4,650	41	495	1,621	27	1,560	315	1,037	194	*
65+ years	7,255	6,599	6,301	*	279	615	*	584	210	344	30	*
Proxy respondent												
All ages, 18+ years	15,711	11,026	10,299	34	693	4,539	53	4,194	896	2,731	538	29
18-24 years	4,266	3,067	2,968	*	95	1,162	*	1,050	262	710	74	*
25-34 years	1,998	1,184	1,072	*	108	796	*	761	138	517	106	*
35-44 years	2,518	1,496	1,315	*	172	986	*	919	132	600	157	*
45-54 years	2,625	1,609	1,456	*	144	991	*	905	188	565	143	*
55-64 years	1,824	1,394	1,291	*	99	411	*	380	96	249	31	*
65+ years	2,483	2,278	2,197	*	75	193	*	180	60	91	27	*

¹Includes persons of unknown smoking status.

"Includes persons whose current daily smoking rates are unknown.

NOTE: Excluded are persons for whom type of respondent was unknown.

Table 4. Number of persons 18 years and over, by cigarette smoking status, sex, type of respondent, and age: United States, 1966 survey

Table 5. Percent distribution of persons 18 years and over, by cigarette smoking status according to sex, age at the time of the survey, and type of respondent: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I Definitions of terms are given in appendix II]

	1				or terms a							<u> </u>
	 	······	Male						Female			
Age, type of					atly smo garettes						tly smo arettes	
respondent, and year of survey	Total ¹	Never smoked cigarettes	Previously smoked cigarettes	Under 10 daily (in- cluding occa- sional)	10-20 daily	21+ daily	Total ¹	Never smoked cigarettes	Previously smoked cigarettes	Under 10 daily (in- cluding occa- sional)	10-20 daily	21+ daily
All ages, 18+ years				,	Per	cent di	stributi	.on	L	<u>. </u>		
Self-respondent:												
1955	100.0	30.0	13.0	12.8	29.8	14.5	100.0	65,8	4.5	13.2	14.0	2.5
1966	100.0	27.6	21.5	6.0	28.9	15.0	100.0	58.3	7.5	6.0	22.1	5.4
Proxy respondent:												
1955	100.0	34.8	8.5	14.0	30.7	12.0	100.0	76.2	1.8	10.4	9.6	1.9
1900	100.0	32.5	16.1	5.1	30.2	11.6	100.0	65.6	4.6	6.0	17.4	3.6
18-24 years												
Self-respondent:					l							
1955	100.0	32.1	4.7	16.6	36.2	10.4	100.0	56.8	4.5	19.5	17.0	2.2
1966	100.0	34.6	8.0	7.3	37.7	11.3	100.0	52.3	6.7	8.1	27.5	4.8
Proxy respondent:)]			T I				
1955	100.0	45.2	2.8	19.1	26.3	6.6	100.0	73.8	1.0	13.9	9.8	1.4
1966	100.0	48.1	4.3	6.2	30.9	5.0	100.0	69.6	2.3	6.5	16.6	1.8
25-44 years												
Self-respondent:												
1955	100.0	20.7	11.4	11.5	37.0	19.4	100.0	54.3	5.9	16.2	20.1	3.5
1966	100.0	21.2	17.3	4.8	34.5	21.5	100.0	48.0	8.3	7.2	27.9	7.8
Proxy respondent:									1			1
1955	100.0	26.3	8.3	13.1	37.4	14.9	100.0	65.6	2.6	13.9	14.9	3.1
1966	100.0	25.6	15.7	5.0	35.1	15.1	100.0	52.9	6.5	6.6	24.7	6.0
45-64 years												
Self-respondent:												
1955	100.0	27.3	16.1	13.3	28.4	14.9	100.0	74.7	3.6	10.4	9.2	2.1
1966	100.0	21.7	24.4	5.9	29.5	17.1	100.0	59.5	8.4	5.2	21.0	5.0
Proxy respondent:						l						
1955	100.0	35.0	10.9	13.8	28.0	12.3	100.0	80.5	1.9	7.9	7.7	2.0
1966	100.0	27.5	21.3	4.8	28.1	13.4	100.0	61.7	5.8	6.9	18.3	4.2
65+ years												
Self-respondent:												
1955	100.0	57.7	14.8	13.0	11.2	3.3	100.0	93.1	1.6	3.6	1.5	0.2
1966	100.0	42.4	30.6	7.2	15.0	3.9	100.0	86.9	4.1	3.1	4.7	0.4
Proxy respondent:												
1955	100.0	64.6	10.2	11.5	9.8	3.9	100.0	95.5	1.1	2.0	1.2	0.1
1966	100.0	52.1	22.9	4.5	13.9	2.'3	100.0	88.5	3.3	2.6	3.7	1.2

 $^1\,\text{Data}$ for 1966 includes persons of unknown smoking status and persons whose current smoking rates are unknown.

Table 6. Number of persons 18 years and over who had ever smoked cigarettes regularly, by sex, age, and smoking status at the time of the survey: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigar	ette smoker	Curre	nt regul	ar cigar	ette sm	oker
Year of survey, sex, and age	Total ¹	Total	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total ¹	1-9 daily	10-20 daily	21-40 daily	41+ daily
1955									
Male	1		Numb	er of person	s in tho	usands			
All ages, 18+ years-	29,746	5,079	4,597	482	24,667	4,216	14,138	5,798	515
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	2,782 7,603 7,418 5,944 3,871 2,128	177 948 1,132 1,045 1,006 771	144 851 1,015 957 937 693	33 97 117 88 69 78	2,605 6,655 6,286 4,899 2,865 1,357	645 888 849 753 597 484	1,542 4,112 3,535 2,719 1,569 661	399 1,561 1,713 1,291 648 186	* 94 189 136 51 26
Female									
All ages, 18+ years-	14,933	1,947	1,664	283	12,986	4,640	7,013	1,196	81
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	2,361 4,856 4,102 2,361 919 334	243 664 506 294 152 88	204 562 430 264 132 72	39 102 76 30 *	2,118 4,192 3,596 2,067 767 246	901 1,364 1,206 709 330 130	1,066 2,378 2,029 1,084 351 105	143 398 330 241 73 *	* 32 * *
<u>1966</u> Male									
All ages, 18 1 years-	37,583	9,782	9,648	134	27,801	2,816	16,559	6,450	667
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	4,680 7,322 8,428 7,725 5,558 3,873	431 1,334 2,033 2,138 1,847 2,000	425 1,306 1,998 2,116 1,828 1,975	* 28 35 * * 25	4,249 5,988 6,395 5,587 3,711 1,873	549 450 504 449 433 430	2,839 3,784 3,627 3,164 2,055 1,089	521 1,450 1,818 1,506 929 227	58 125 213 170 82 *
Female									
All ages, 18+ years-	24,624	4,163	4,036	127	20,461	3,610	13,245	2,946	174
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	4,095 5,653 6,003 5,078 2,636 1,158	493 809 1,003 873 620 365	478 786 973 849 596 354	* 30 * *	3,602 4,844 5,000 4,205 2,016 793	739 795 775 618 412 270	2,378 3,153 3,216 2,760 1,300 438	350 788 856 668 227 57	* 43 50 41 *

¹Data for 1966 includes persons whose current daily smoking rates are unknown.

NOTE: The estimates shown in this table differ from those in table 1 because persons who had always been occasional smokers are excluded.

Table 7. Percent distribution of persons 18 years and over who had ever smoked cigarettes regularly, by smoking status at the time of the survey according to age at the time of the survey and sex: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigar	ette smoker	Curren	t regula	ır cigar	ette sn	noker
Year of survey, sex, and age	Total ¹	Total	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total ¹	1-9 daily	10-20 daily	21-40 daily	41+ daily
1955							<u> </u>		<u> </u>
Male				Percent dist	ribution				
All ages, 18+ years	100.0	17.1	15.5	1.6	82.9	14.2	47.5	19.5	1.7
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	100.0 100.0 100.0 100.0 100.0 100.0	6.4 12.5 15.3 17.6 26.0 36.2	$5.2 \\ 11.2 \\ 13.7 \\ 16.1 \\ 24.2 \\ 32.6$	1.2 1.3 1.6 1.5 1.8 3.7	93.6 87.5 84.7 82.4 74.0 63.8	23.2 11.7 11.4 12.7 15.4 22.7	55.4 54.1 47.7 45.7 40.5 31.1	14.3 20.5 23.1 21.7 16.7 8.7	* 1.2 2.5 2.3 1.3 1.2
Female									
All ages, 18+ years	100.0	13.0	11.1	1.9	87.0	31.1	47.0	8.0	0.5
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	100.0 100.0 100.0 100.0 100.0 100.0	10.3 13.7 12.3 12.5 16.5 26.3	8.6 11.6 10.5 11.2 14.4 21.6	1.7 2.1 1.9 1.3 *	89.7 86.3 87.7 87.5 83.5 73.7	38.2 28.1 29.4 30.0 35.9 38.9	45.2 49.0 49.5 45.9 38.2 31.4	6.1 8.2 8.0 10.2 7.9 *	* 0.7 * *
1966 Male									
All ages, 18+ years	100.0	26.0	25.7	0.4	74.0	7.5	44.1	17.2	1.8
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	100.0 100.0 100.0 100.0 100.0 100.0	9.2 18.2 24.1 27.7 33.2 51.6	9.1 17.8 23.7 27.4 32.9 51.0	* 0.4 0.4 * 0.6	90.8 81.8 75.9 72.3 66.8 48.4	11.7 6.1 6.0 5.8 7.8 11.1	60.7 51.7 43.0 41.0 37.0 28.1	11.1 19.8 21.6 19.5 16.7 5.9	1.2 1.7 2.5 2.2 1.5
Female									
All ages, 18+ years	100.0	16.9	16.4	0.5	83.1	14.7	53.8	12.0	0.7
18-24 years 25-34 years 35-44 years 45-54 years 55-64 years 65+ years	100.0 100.0 100.0 100.0 100.0 100.0	12.0 14.3 16.7 17.2 23.5 31.5	11.7 13.9 16.2 16.7 22.6 30.6	* 0.5 * *	88.0 85.7 83.3 82.8 76.5 68.5	18.0 14.1 12.9 12.2 15.6 23.3	58.1 55.8 53.6 54.4 49.3 37.8	8.5 13.9 14.3 13.2 8.6 4.9	* 0.8 0.8 0.8 *

¹Includes persons whose current daily smoking rates are unknown.

Table 8. Cumulative percentages of <u>females</u> becoming regular cigarette smokers prior to the age specified, by age at the time of the survey: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

	Age at time of the survey											
Age at which started smoking	18- yea	24 rs ¹	25- уеа	34 rs ¹	35- уеа		45- yea	-	55- yea		65 y and	ears over
	1955	1966	1955	1966	1955	1966	1955	1966	1955	1966	1955	1966
					Cumul	ative.	percen	itage				
10 years	0.1	1.4	0.1	1.2	*	1.6	*	1.6	0.1	0.9	*	0.7
11 years	0.2	2.2	0.2	2.2	0.1	2.2	0.1	2.4	0.2	1.2	*	0.9
12 years	0.2	2.7	0.2	2.8	0.1	2.7	0.1	2.8	0.2	1.4	*	1.0
13 years	0.3	3.7	0.4	3.5	0.2	3.0	0.1	3.2	0.2	1.5	*	1.0
14 years	0.9	5.4	0.6	5.0	0.3	3.9	0.2	3.9	0.2	1.9	0.1	1.1
15 years	2.1	8.4	1.5	7.4	0.6	5.5	0.3	5.2	0.3	2.2	0.1	1.2
16 years	4.8	14.5	3.2	13.3	1.7	8.8	0.6	7.7	0.6	3.2	0.2	1.4
17 years	9.8	21.2	7.0	19.0	4.2	12.6	1.3	10.3	0.7	4.1	0.4	1.4
18 years	15.9	29.9	11.9	27.9	7.0	20.4	2.0	15.7	0.8	6.1	0.4	1.7
19 years	24.3	35.3	20.2	32.9	12.3	24.3	4.1	18.1	1.2	7.2	0.6	1.9
20 years	28.9	39.6	23.9	38.1	14.5	29.8	4.7	22.9	1.4	10.1	0.7	2.4
21 years	32.6	42.6	28.9	41.2	19.6	33.6	7.5	25.6	2.1	11.3	0.9	2.7
22 years	34.7	44.0	31.9	43.0	22.0	36.0	8.7	27.2	2.3	12.4	1.0	3.0
23 years	35.8	44.7	34.0	44.4	23.4	37.3	9.7	28.6	2.4	13.0	1.0	3.2
24 years	36.2	44.9	35.3	45.2	24.8	38.4	10.3	29.6	2.6	13.7	1.1	3.3
25 years	-	-	36.2	46.3	25.6	40.7	10.9	32.7	2.8	16.7	1.1	4.0
26 years	-	-	37.6	47.0	28.0	41.3	13.4	33.2	3.4	17.1	1.4	4.1
27 years	-	-	38.0	47.5	28.9	41.7	13.7	33.9	3.6	17.5	1.4	4.3
28 years	-	-	38.7	48.0	29.6	42.3	14.1	34.3	3.7	18.1	1.4	4.4
29 years	-	-	39.3	48.4	30.5	42.6	14.7	34.6	4.0	18.3	1.4	4.5
30 years	-	-	39.8	48.9	30.8	43.6	14.9	36.4	4.1	20.7	1.4	5.5
31 years	-	-	40.3	49.3	32.6	43.8	17.0	36.5	5.5	20.9	1.6	5.5
32 years	-	-	40.7	49.7	32.7	44.0	17.3	36.8	5.6	21.1	1.7	5.6
33 years	-	-	40.9	50.1	33.2	44.3	17.8	37.0	5.9	21.2	1.7	5.7
34 years	-	-	41.2	50.3	33.4	44.5	18.2	37.2	5.9	21.3	1.7	5.7
35 years	-	-	42.0	-	33.8	44.9	18.5	38.2	6.1	22.3	1.7	6.5

¹For ages under 35, data are adjusted by usual actuarial procedures to take account of population not exposed to risk for entire age span covered. Table 9. Number of persons 18 years and over who had ever smoked cigarettes regularly, by sex, age, maximum rate attained, and smoking status at the time of the survey: United States, 1955 survey

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigan	rette smoker		urrent regula igarette smok	
Sex, age, and maximum rate attained	Total	Total	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total	Now smoking at maximum	Now smoking below maximum
MALE							
All ages, 18+ years	ŧ		Number of	persons in	thousand	s	
Total ¹	29,746	5,079	4,597	482	24,667	21,880	2,787
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	4,263 15,994 8,124 1,055	1,012 2,602 1,053 247	959 2,270 983 243	53 332 70 *	3,251 13,392 7,071 808	3,241 12,590 5,546 503	* 802 1,525 305
18-24 years							
Total ¹	2,782	177	144	33	2,605	2,379	226
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	642 1,562 502 54	70 82 * *	60 62 *	* * *	572 1,480 487 49	572 1,415 373 *	* 65 114 30
<u>25-34 years</u> Total ¹	7 602	948	951	07	6 6 5 5	5 800	756
Less than 10 cigarettes daily 10-20 cigarettes daily	7,603 816 4,386	948 141 564	851 123 500	97 * 64	6,655 675 3,822	5,899 675 3,639	* 183
21-40 cigarettes daily 41 or more cigarettes daily	2,125 222	186 36	176 36	**	1,939 186	1,493 92	446 94
<u>35-44 years</u> Total ¹							
Total ⁱ	7,418	1,132	1,015	117	6,286	5,623	663
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	849 3,852 2,362 281	202 559 289 39	188 472 273 39	* 87 * *	647 3,293 2,073 242	645 3,127 1,665 186	* 166 408 56
45-54 years Total ¹							
Total ¹	5,944	1,045	957	88	4,899	4,336	563
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	756 3,121 1,718 277	194 515 232 66	186 455 217 66	* 60 * *	562 2,606 1,486 211	562 2,432 1,211 131	* 174 275 80
55-64 years							
Total ¹	3,871	1,006	. 937	69	2,865	2,520	345
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	650 2,018 1,024 136	202 519 196 67	199 468 187 63	* 51 * *	448 1,499 828 69	444 1,390 634 52	* 109 194 *
65+ years			1		l l		
Total ¹	2,128	771	693	78	1,357	1,123	234
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	550 1,055 393 85	203 363 135 34	203 313 115 34	* 50 * *	347 692 258 51	343 587 170 *	* 105 88 28

¹Includes persons for whom maximum rate was unknown.

Table 9. Number of persons 18 years and over who had ever smoked cigarettes regularly, by sex, age, maximum rate attained, and smoking status at the time of the survey: United States, 1955 survey-Con.

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigan	rette smoker		urrent regula	
					с с	igarette smok	.er
Sex, age, and maximum rate attained	Total	Tota1	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total	Now smoking at maximum	Now smoking below maximum
FEMALE							
All ages, 18+ years			Number of	persons in	thousand	s	
Total ¹	14,933	1,947	1,664	283	12,986	11,908	1,022
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	4,928 7,991 1,731 166	852 831 158 34	784 650 137 29		4,076 7,160 1,573 132	4,055 6,620 1,152 81	* 516 411 51
18-24 years							
 Total ¹	2,361	243	204	39	2,118	1,899	211
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	914 1,164 246 *	122 88 * *	114 59 * *	* 29 * *	792 1,076 231 *	790 975 134 *	* 101 91 *
<u>25-34 years</u> Total ¹							
		664	562	102	4,192	3,803	369
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	1,430 2,756 577 69	260 326 55 *	239 257 48 *	* 69 *	1,170 2,430 522 58	1,160 2,239 372 32	* 183 148 26
<u>35-44 years</u> Total ¹							
Total ¹	4,102	506	430	76	3,596	3,379	205
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	1,288 2,308 443 31	211 221 40 *	188 182 34 *	* 39 *	1,077 2,087 403 *	1,073 1,959 328 *	* 122 74 *
<u>45-54 years</u> Total ¹							
Total ¹	2,361	294	264	30	2,067	1,913	144
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	774 1,190 333 37	135 108 29 *	127 89 26 *	* * *	639 1,082 304 30	637 1,015 238 *	* 60 65 *
55-64 years							
Total ¹	919	152	132	*	767	685	76
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	359 429 110 *	74 59 * *	70 43 *	* * *	285 370 96 *	282 328 68 *	* 40 28 *
65+ years							
Total ¹	334	88	72	*	246	229	*
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	163 144 * *	50 29 *	46 * * *	* * * *	113 115 * *	113 105 *	* * * *

¹Includes persons for whom maximum rate was unknown,

Table 10. Number of persons 18 years and over who had ever smoked cigarettes regularly, by sex, age, maximum rate attained, and smoking status at the time of the survey: United States, 1966 survey

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigar	ette smoker		urrent regula igarette smok		
Sex, age, and maximum rate attained	Total	Total	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total	Now smoking at maximum	Now smoking below maximum	Not reported
MALE					Man ga <u>an an a</u>	·	<u> </u>	
All ages, 18+ years			Numbe	er of persons	; in thou	sands		ĺ
Total ¹	37,583	9,782	9,648	134	26,492	19,638	5,129	1,309
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	2,486 18,159 10,772 1,934	1,268 4,702 1,975 450	1,215 4,656 1,966 450	53 46 *	1,205 13,333 8,756 1,473	1,205 12,201 5,588 644	1,132 3,168 829	* 124 41 *
<u>18-24 years</u> Total ¹	4,680	431	425	*	3,967	3,129	610	282
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	441 2,681 889 133	107 191 54 *	103 191 54 *	* * *	330 2,454 833 122	330 2,291 452 56	163 381 66	* 36 *
<u>25-34 years</u> Total ¹					i ľ			l
Total ¹	7,322	1,334	1,306	28	5,809	4,332	1,110	179
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	407 3,608 2,312 321	191 721 244 25	181 712 240 25	* * *	216 2,870 2,060 296	216 2,710 1,289 117	160 771 179	* * *
35-44 years					l			
Tota1 ¹	8,428	2,033	1,998	35	6,162	4,579	1,188	233
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	405 3,819 2,774 551	207 967 460 104	194 960 458 104	* * * *	196 2,825 2,303 443	196 2,607 1,565 211	218 738 232	* 27 *
45-54 years							!	
Total ¹	7,725	2,138	2,116	*.	5,289	3,921	1,007	298
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	394 3,496 2,430 493	216 1,010 477 138	212 998 475 138	* * * *	171 2,466 1,942 349	171 2,288 1,296 166	178 646 183	* * *
55-64 years					i			
Total ¹	5,558	1,847	1,828	*	3,499	2,501	756	212
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	360 2,563 1,639 321	213 858 421 110	207 847 421 110	* * *	147 1,690 1,211 209	147 1,484 795 75	206 416 134	* * * *
65+ years	, []							l
Total ¹	3,873	2,000	1,975	25	1,766	1,176	458	107
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	480 1,992 727 119	335 955 320 63	318 948 318 63	* * * *	145 1,028 405 56	145 821 190 *	207 215 36	* * * *

¹Includes persons for whom maximum rate was unknown.

Table 10. Number of persons 18 years and over who had ever smoked cigarettes regularly, by sex, age, maximum rate attained, and smoking status at the time of the survey: United States, 1966 survey-Con.

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Former	regular cigar	ette smoker		urrent regula igarette smok		
Sex, age, and maximum rate attained	Total	Total	Nonsmoker of cigarettes now	Occasional smoker of cigarettes now	Total	Now smoking at maximum	Now smoking below maximum	Not reported
FEMALE								
All ages, 18+ years			Number	of persons i	n thousan	nds		
Total ¹	24,624	4,163	4,036	127	19,975	16,207	3,201	486
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	3,691 14,329 4,879 572	1,378 2,072 389 76	1,323 2,031 383 72	55 41 *	2,293 12,151 4,472 492	2,293 11,065 2,676 173	1,086 1,796 319	* 106 * *
<u>18-24 years</u>								
Total ¹	4,095	493	478	*	3,487	2,766	624	115
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	645 2,456 700 73	180 235 40 *	178 226 38 *	* * *	459 2,205 658 68	459 1,972 315 *	233 343 48	* * *
25-34 years								
Total ¹	5,653	809	786	*			896	65
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	738 3,302 1,315 148	263 419 86 *	249 410 86 *	* * * *	470 2,864 1,226 135	470 2,574 712 43	290 514 92	* * * *
35-44 years								
Total ¹	6,003	1,003	973	30	4,897	4,054	725	103
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	766 3,539 1,290 158	287 527 99 28	272 517 99 28	* * * *	474 2,989 1,188 128	474 2,739 791 50	250 397 78	* * * *
<u>45-54 years</u> Total ¹								
Total ¹	5,078	873	849	*	4,087	3,353	562	118
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	717 2,918 1,011 122	298 434 79 *	289 427 79 *	* *	419 2,454 927 115	419 2,306 589 39	148 338 76	* 30 * *
55-64 years								
Total ¹	2,636	620	596	*	1,957	1,626	272	59
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	491 1,520 426 58	202 305 51 *	197 299 47 *	* * *	287 1,204 371 36	287 1,105 216 *	99 155 *	* * * *
65+ years								
Total ¹	1,158	365	354	*	767	608	124	26
Less than 10 cigarettes daily 10-20 cigarettes daily 21-40 cigarettes daily 41 or more cigarettes daily	331 595 137 *	146 152 34 *	137 152 34 *	* *	183 436 103 *	183 370 53 *	66 50 *	* * * *

¹Includes persons for whom maximum rate was unknown.

Table 11. Percentage of regular cigarette smokers (lifetime history) continuing to smoke at their maximum according to maximum rate attained, by sex and age at the time of the survey: United States, 1955 and 1966 surveys

[Data are based on household interviews of the civilian, noninstitutional population. The survey design, general qualifications, and information on the reliability of the estimates are given in appendix I. Definitions of terms are given in appendix II]

		Маз	imum ra	ate of c	igarette s	noking	21-40 41+ daily 41+ daily daily 66.6 48.8 54.5 * 64.5 46.4 74.0 61.3 71.5 62.2 62.2 53.8 52.4 * centages -0.9 +9.3 +8.4 +9.8 * 54.8 30.2 45.0 27.4 54.1 29.1 61.3 31.6 58.3 32.0 50.7 31.0 38.7 16.7 centages -7.2 -2.5		
Year of survey and age		Male	2		Female				
	Less than 10 daily	10-20 daily	21-40 daily	41+ daily	Less than 10 daily	10-20 daily		41+ daily	
<u>1955</u>			Pe	ercent a	t maximum				
All ages, 18 years and over-	76.0	78.7	68.3	47.7	82.3	82.8	66.6	48.8	
18-24 years (1) 25-34 years (2)	89.1 82.7	90.6 83.0	74.3 70.3	35.2 41.4	86.4 81.1	83.8 81.2		* 46.4	
35-44 years (3)	76.2	81.2 77.9	70.5	66.2	83.3	84.9	74.0	61.3	
55-64 years (5)	68.3	68.9	70.5	47.3 38.2	82.3 78.6	85.3 76.2	62.2	53.8	
65 years and over (6)	62.4 55.6 43.3 27.1 69.3 72.9 52.4 First order differences of complementary percentages								
(3)-(2)	+6.5	+1.8		-24.8	-2.2		-		
(4)-(3)	+1.9	+3.3	-	+18.9	+1.0	-0.4		-0.9	
(5)-(4)	+6.0	+9.0	+8.6	+9.1	+3.7	+9.1		+8.4	
(6)-(5)	+5.9	+13.3	+18.6	+11.1	+9.3	+3.3	+9.8	*	
1966			Pe	ercent a	t maximum				
All ages, 18 years and over-	48.5	67.2	51.9	33.3	62.1	77.2	54.8	30.2	
18-24 years (1)	74.8	85,5	50.8	42.1	71.2	80.3	45.0	27.4	
25-34 years (2)	53.1	75.1	55.8	36.4	63.7	78.0	54.1	29.1	
35-44 years (3)	48.4	68.3	56.4	38.3	61.9	77.4	61.3	31.6	
45-54 years (4)	43.4	65.4	53.3	33.7	58.4	79.0	58.3	32.0	
55-64 years (5)	40.8	57.9	48.5	23.4	58.5	72.7		31.0	
65 years and over (6)	30.2	41.2	26.1	16.8	55.3	62.2	38.7	16.7	
	First	order d	ifferen	ces of (complementa	ry perc	entages		
(3)-(2)	+4.7	+6.8	-0.6	-1.9	+1.8	+0.6	-7.2	-2.5	
(4)-(3)	+5.0	+2.9	+3.1	+4.6	+3.5	-1.6	+3.0	-0.4	
(5)-(4)	+2.6	+7.5	+4.8	+10.3	-0.1	+6.3	+7.6	+1.0	
(6)-(5)	+10.6	+16.7	+22.4	+6.6	+3.2	+10.5	+12.0	+14.3	

NOTE: The difference between each percent shown in this table and 100 percent represents the proportion of persons who were currently smoking at a daily rate less than their maximum. Differences of these percentages through successive age intervals, shown in the table, represent the cumulative effect of persons who drop back from their maximum rate. For example, a rough estimate of the proportion of males 45-54 years (1966 survey) reducing their consumption from a maximum of 21-40 cigarettes within the preceding 10 years can be obtained by subtracting from this percentage (100 percent minus 53.3 percent = 46.7 percent) the corresponding value for persons 35-44 years (100 percent minus 56.4 percent = 43.6 percent) to obtain an estimate of +3.1 percent.

APPENDIX I

SOURCE AND RELIABILITY OF THE DATA

Information on the smoking habits of the civilian, noninstitutional population was collected during February 1955 and during June 1966 in supplements to the Current Population Survey conducted by the Bureau of the Census. For the 1955 survey, the sample design was spread over 230 sample areas comprising 453 counties and independent cities, with coverage in each of the 48 States and the District of Columbia. Approximately 21,000 households, which contained about 45,000 persons 18 years of age or over, were designated for inclusion in the survey. Of these 21,000 households, about 4.4 percent were "noninterview," that is, households for which no information was recorded because no interview could be obtained. In order to account for the experience of persons in noninterviewed households, the weights assigned to other households of similar characteristics residing in the sample areas were increased. In addition to the general nonresponse, tobacco smoking information was not reported for about 4.5 percent of the persons; these persons were not allocated to the smoking status categories.

For the 1966 survey, the sample design was spread over 357 areas comprising 701 counties and independent cities, with coverage in each of the 50 States and the District of Columbia, Approximately 35,000 households, which contained about 69,000 persons 18 years of age or over, were designated for inclusion in the survey. Of these 35,000 households, about 1,500 were visited, but interviews were not obtained because the occupants were not found at home after repeated calls or were unavailable for some other reason. As in February 1955, these "noninterviewed" households were taken into account by use of noninterview adjustment factors. In addition to the general nonresponse, tobacco smoking information was not reported for about 2.1 percent of the persons; however, more than half of these persons were allocated to the smoking status categories.

Since the estimates in this report are based on a sample, they may differ somewhat from the figures that would have been obtained from a complete census, using the same schedules, instructions, and enumerators. Particular care should be exercised in the interpretation of figures based on relatively small numbers on cases as well as small differences between figures. As in any survey work, the results are subject to errors of response and of reporting as well as being subject to sampling variability. The standard error is primarily a measure of sampling variability, that is, the variations that occur by chance because a sample rather than the entire population is surveyed. As calculated for this report, the standard error also partially measures the effect of response and enumeration errors, but it does not measure, as such, any systematic biases in the data. The chances are about 68 out of 100 that an estimate from the sample would differ from a complete census tight by less than the standard error. The chances are apout 95 out of 100 that the difference would be less than twice the standard error.

The figures presented in tables I, II, III, and IV are approximations of the standard errors of various 1966 and 1955 estimates shown in this report. They should be interpreted as providing an indication of the order of magnitude of the standard errors rather than the precise standard error for any specific item.

For a difference between two sample figures (that is, one from 1966 and the other from 1955, or both from the same year), the standard error is approximately the square root of the sum of the squares of the standard error of each estimate considered separately. This formula will represent the actual standard error quite accurately for the difference between estimates of the same characteristics 10 years apart, or for the difference between separate and uncorrelated characteristics in the same year.

As an example, assume that the tables showed the 1966 total number of persons smoking a specific number of cigarettes was 750,000. Linear interpolation using table I shows that the standard error of this estimate is approximately 35,000. Also, if the tables showed the corresponding 1955 estimate to be 600,000, then linear interpolation using table III shows that the standard error of this estimate is approximately 41,000. Therefore, the standard error of the difference between the two estimates is approximately 53,900. The chances are 68 out of 100 that the estimated difference would be less than 53,900 if the actual difference is zero. The chances are 95 out of 100 that the estimated difference would be less than 107,800 if the actual difference is zero. In this illustration, therefore, we conclude the estimates of 750,000 and 600,000 are significantly different.

Table I. Approximate standard errors for estimated numbers for 1966 shown in this report

Estimate	Standard error
25,000 50,000 100,000 250,000 1,000,000 2,500,000 5,000,000 10,000,000 25,000,000 50,000,000 100,000,000	$\begin{array}{c} 6,000\\ 9,000\\ 13,000\\ 20,000\\ 29,000\\ 41,000\\ 64,000\\ 91,000\\ 130,000\\ 208,000\\ 303,000\\ 360,000\end{array}$

Table III. Approximate standard errors for estimated numbers for 1955 shown in this report

Estimate	Standard error
25,000 50,000 100,000 250,000 500,000 1,000,000 2,500,000 5,000,000 25,000,000 50,000,000 100,000,000	8,000 12,000 17,000 26,000 38,000 53,000 83,000 118,000 169,000 270,000 394,000 468,000

Table II. Approximate standard errors of estimated percentages for 1966 shown in this report

Table	IV. Approx	kimate	star	ndard	erro	ors o	of esti-
mated	percentages	s for	1955	shown	in	this	report

	E	stima	ted p	ercen	t
Base of percentage	2 or 98	5 or 95	10 or 90	25 or 75	50
250 500 2,500 5,000 10,000 25,000 50,000 100,000	1.5 1.0 0.7 0.5 0.3 0.2 0.1 0.1 0.1	2.3 1.6 1.1 0.7 0.5 0.4 0.2 0.2 0.1	3.2 2.2 1.6 1.0 0.7 0.5 0.3 0.2 0.2	4.6 3.2 2.3 1.4 1.0 0.7 0.5 0.3 0.3	5.3 3.7 2.6 1.7 1.2 0.8 0.5 0.4 0.3

Estimated percent Base of percentage 2 5 10 25 or 98 or 95 or 75 50 or 90 2.4 1.7 1.2 0.8 0.5 3.5 2.5 1.8 1.1 0.8 4.1 2.9 2.0 1.3 0.9 250-----1.7 1.1 500-----1.3 0.9 0.8 1,000------2,500------5,000------10,000------25,000------0.6 0.4 0.3 0.2 0.6 0.3 0.2 0.1 0.4 0.2 0.2 0.6 0.6 0.4 0.4 0.1 50,000-----0.1 0.2 0.1 0.1 0.1 0.3

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APPENDIX II

DEFINITIONS AND CONCEPTS

Cigarette Smoking Concepts

The smoking habits questionnaires used in the 1955 and 1966 surveys are reproduced in appendix III. Since the questions on the two forms were not identical, the definitions and concepts used in the surveys may differ slightly. For this reason, the concepts relative to the 1955 survey are, whenever possible, quoted directly from the Public Health Service Monograph, Number 45, cited earlier. References to responses to specific questions, cited below, relate to the questionnaires used in the surveys.

Never Smoked Cigarettes

- 1955: A person who never smoked cigarettes ('No' in Section I, question A, of the 1955 questionnaire) or who smoked less than 10 packs of cigarettes in his lifetime ('Yes' in Section I, question A, and 'No' in question B-2-a).
- 1966: A person who has never smoked more than 100 cigarettes (five packs of cigarettes) during his entire life is considered to have never smoked cigarettes ("No" to question 41 on the questionnaire).

Regular Cigarette Smoker

- 1955: "A regular cigarette smoker is defined as a person who smoked cigarettes every day (any of boxes 2-5 checked in question B-1-a or B-2-a in Section I)."
- 1966: A regular cigarette smoker is defined as a person who smoked on the average at least one cigarette per day.

Occasional Cigarette Smoker

- 1955: "An occasional cigarette smoker is a person who checked box 1, 'smoke once in a while, not every day,' in Section I, question B-1-a."
- 1966: An occasional cigarette smoker is defined as a person who smoked on the average less than one cigarette per day.

Former Smoker of Cigarettes

For the comparison of estimates shown in this report, former smokers in both the 1955 and 1966 surveys have been defined as persons who once were regular or occasional smokers, but were not regular or occasional cigarette smokers at the time of the survey. A classification in the 1955 survey, "discontinued smoker," defined as "a person who once was a regular smoker as defined above, but who was a non-smoker or an occasional smoker at the time of the survey," was not used in the present report.

Current Smoker of Cigarettes

In both surveys, a current cigarette smoker is defined as a person who was smoking regularly or occasionally (as defined in the particular survey) at the time of the interview.

Number of Cigarettes Smoked Per Day

Responses to the number of cigarettes smoked (questions 42B and 47 in the 1966 questionnaire) were grouped into intervals comparable to those shown on the 1955 questionnaire. The intervals 1-9, 10-20, 21-40, and 41 or more cigarettes were used for the presentation of data on the present amount smoked and the maximum amount smoked.

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APPENDIX III

FACSIMILES OF SECTIONS OF CPS QUESTIONNAIRES

1955 SURVEY

CROWTON T	A	an area analysis and any simulation		
SECTION I		You ever smoked any cigarettes?		
CIGARETTES		No (Skip to Section II - Cigars)		
(Answer all applicable		Yes (Answer question below)		
questions in this Section;		moke any cigarettes at the present time?	_	
then continue with Section II)	L	Yes (Answer questions below)	 No (Answer questions below) 	
	.	How many cigarettes do you smoke a day on the average?	a. During your entire life, have you 5 to 10 packs of cigarettes?	smoked as many as
		(1) Baoke once in a while, not every day	(1) Yes (2) No (Skip	
		(2) Less than 10 cigarettes (1/2 pack)		
		(3) Between 10 and 20 cigarettes (1/2-1 pack)	b. How old were you when you started cigarettes regularly?	
		(4) Between 21 and 40 cigarettes (1-2 packs)	c. How many years did you smoke cigar	ettes?
	·	(5) Dver 40 cigarettes (over 2 packs)	d. How long ago did you stop smoking rettes?	ciga-
	b.	Did you ever regularly smoke more than this amount each day?		
			c. What was the maximum number of cig you regularly snoked each day w were a smoker?	arettes hen you
			_	
		(2) Yes: What was the maximum number of cigarettes you regularly smoked	(1) Smoked once in a while, no	
		each day?	(2) Less than 10 cigarettes (1	
	c,	How old were you when you started smoking cigarettes regularly?	(3) Between 10 and 20 cigarett	es (1/2-1 pack)
	d		(4) Between 21 and 40 cigarett	es (1-2 packs)
	"	cigarettes?	(5) 🗌 Over 40 cigarettes (over 2	packs)
L				
SECTION II	A. Have 3	ou ever smoked any cigars?		
CIGARS		No (Skip to Section III - Pipe smoking)		
1		Yes (Answer question below)		
(Answer all applicable questions in	1	moke any cigars at the present time?		
this Section; then continue.	· · ·	Yes (Answer questions below)	2. 🛄 No (Answer questions below)	
with Section III)		How many cigars do you smoke a day on the average?		moked as many as
	-	_	a. During your entire life have you s 50 to 75 cigars?	availation and and and
		(1) Banoke once in a while, not every day	(1) 🗌 Yes (2) 🗌 No (Skip	to Section III)
		(2) 1 or 2 cigars a day	b. How old were you when you started	smoking
		(3) 3 or 4 cigars a day	cigars regularly?	
		(4) 5 to 8 cigars a day	c. How many years did you smoke cigar	5?
ļ		(5) 9 or more cigars a day	d. How long ago did you stop smoking cigars?	
	b.	Did you ever regularly smoke more than this amount each day?		ars
		(1) No	e. What was the maximum number of cig you regularly smoked each day wi you were a smoker?	ien
			(1) Smoked once in a while, no	
		(2) Yes: What was the maximum number of cigars you regularly smoked each day?	(2) 1 or 2 cigars a day	
]	c.		(3) 3 or 4 cigars a day	
		How old were you when you started smoking	(4) 5 to 8 cigars a day	
	d.	How many years have you been smoking cigars?	(5) 🛄 9 or more cigars a day	
Í		cigara:		
SECTION III	A 11			
PIPE SHOKING		/ou ever smoked = pipe?		
1		No (Do not answer any more questions)		
(Answer all applicable		Yes (Answer question below)		
questions in this Section)	_	moke a pipe at the present time?		
	1, [j Yes (Answer questions below)	2. L_ No (Answer questions below)	
	R .	How many pipefuls do you smoke a day on the average?	 During your entire life, have you 3 to 5 packages of pipe tobacco? 	smoked as many as
		(1) 🛄 Smoke once in a while, not every day	(1) Yes (2) No (End	
		(2) Less than 5 pipefuls		
		(3) Between 5 and 9 pipefuls	b. How old were you when you started a pipe regularly?	
		(4) 🛄 Between 10 and 19 pipefuls	c. How many years did you smoke a pip	ie?
		(5) 20 or more pipefuls	d. How long ago did you stop smoking a pipe?	
	b.	Did you ever regularly smoke more than this amount each day?		efuls
		(1) No	e. What was the maximum number of pip you regularly smoked each day when were a smoker?	you
You should have				t mary day
at least one box checked in		(2) Yes: What was the maximum number of pipefuls you regularly smoked each day?	(1) Smoked once in a while, no	o every uny
Sections I, II,			(2) Less than 5 pipefuls	
and III.	С.	How old were you when you started smoking a pipe regularly?	(3) Between 5 and 9 pipefuls	
	đ.	How many years have you been smoking	(4) Between 10 and 19 pipefuls	5
		a pipe?	(5) 20 or more pipefuls	
Form CI-1 (12-2	1-54	Andre 1 and 1		
Comm-DC-44210		Control No Line No. of pers	Line No. of respondent	

1966 SURVEY

10. Interviewer check item: Is this person 17 years			Yes		to 41)	No		question		son).
NOW, I HAVE A FEW QUESTIONS ABOUT SMOKING		iring that 3	• •	•	-			MALES		
 Has smoked at least 100 cigarettes in his entire life? 		s he quit sn eks?	noking cigo	rettes for	2 or more	48A.	Does Yes			DK
					+ DK		0	0	0	0
Yes O No O (Male: Skip to 48A Female: Skip to 50) DK O V		: '	· · · ·	÷. •) ⁰ 0	48B. [Didsma Yes			years ago? DK
	44C: Wh	at was the						0	0	0
42A. Does smoke cigarettes now?		cigarett	es during (he past 3	years?		0			\sim
Yes O No O DK O		(Nur	nber of mor	nths)			If "NO" or kip to 49A			,
(Skip to 45)	Tens		,		DK		ago, is		-	
	Units	:• I .	•	· : ·	: : 0	'	or about th	e same n	umber o	f cigars?
42B. On the average, about how many cigarettes a day does he smoke?			(Go to				More	Less	Same	DK
•	45. (Ask	only if "NO	"or "DK" in	item 42A,	How long]	0	\odot	0	0
· (Number Per Day)		it been sin		oked ciga	ettes	49A.	Does	smoke a	pipe nov	w?
Tens 0 1 0 0 4 6 6 7 0 4 DK	fairl	ly regularly:	?	Me	onths O		Yes		•••	DK
Units C 1 2 C 1 2 S 7 C O				Ye	ars O		0	С	0	0
	Tens	31.			. DK	AOR I);d			years ago?
43A. Did smoke cigarettes 3 years ago?	Units	: 1			0		Yes			DK
Yes O No O DK O		Never sm	oked cigar		larly O		C	0	0	0
(Skip to 44A)		out how old whing cigare					1f "NO" or			
43B. On the average, about how many cigarettes	Tens				 		skip to 50)			pipe more,
a day did he smoke 3 years ago?	Units	· · ·			::0		less, or ab		-	p.p
(Number Per Day)	UnirS	Novor cm	ioked ciga	: ; 	-		•	Less		рк
Tens to 1 1 1 1 4 4 4 4 7 1 DK		i		-	-		e الانتقاد) Junie	0
	47.				as smoking	-)			-	-
Units O F T D A B B T D B O			t, about he he usually		garettes a	50. li	nterviewer	check its	em: (RE	SPONDENT
44A. During the past 3 years, has quit smoking cigarettes for 2 or more weeks at a time?	Tens		ne usodny	Smoke:	DK		Self	Proxy		ITEMS 41 OUGH 49C:)
Yes O No O DK O	Units				: · o		-0	Q		1
(Go to 44 B) (Skip to 46)		(If male.	go to 48A,	If female,	skip to 50)			(End que	stions fo	r person)

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Public Health Service Publication No. 1000

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