

MT USGBC Chapter Conference  
September 13, 2008

## ENERGY STAR & LEED H Designer/Builder Training



Dale Horton, Architect, Sustainable Energy Program Manager



National Center for Appropriate Technology

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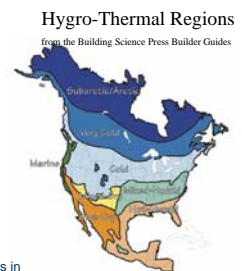
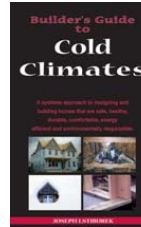


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### Residential Energy

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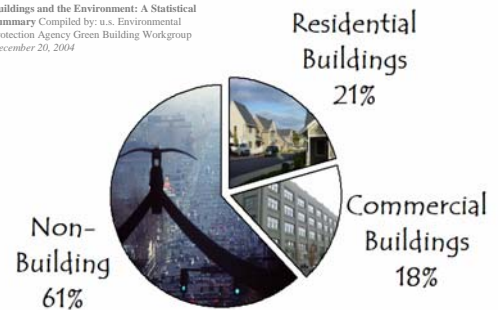
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## Introduction and Overview



## US Carbon Dioxide Emissions

Buildings and the Environment: A Statistical Summary Compiled by: U.S. Environmental Protection Agency Green Building Workgroup  
December 20, 2004



**ENERGY STAR** PROTECT OUR ENVIRONMENT FOR FUTURE GENERATIONS  
U.S. Environmental Protection Agency - U.S. Department of Energy

About ENERGY STAR - News Room - FAQs

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**PRODUCTS**

Stay Warm With ENERGY STAR Home

Explore Products >  
Appliances  
Heating & Cooling  
Home Electronics  
Lighting  
Office Equipment  
Store Locator  
Rebate Finder

**HOME IMPROVEMENT**

ENERGY STAR HOME ADVISOR

Explore Home Improvement >  
Common Home Problems  
Home Energy Audits  
Air Seal & Insulate  
Heat & Cool Efficiently  
Home Performance with ENERGY STAR  
For Contractors

2007 ENERGY STAR Qualified Buildings  
New ENERGY STAR TV sets in final  
ENERGY STAR CFLs reach 25% market share  
Save Energy this Winter with the ENERGY STAR Home Advisor  
2008 ENERGY STAR Awards Ceremony is April 1!

**BUILDINGS & PLANTS**

Take the ENERGY STAR CHALLENGE

Explore Buildings & Plants >  
Guidelines for Energy Management  
Tools & Resources Library  
Expert Help  
Commercial Building Design  
Green Buildings

**NEW HOMES**

ENERGY STAR Qualified Homes

Explore Qualified New Homes >  
Find an ENERGY STAR Builder  
ENERGY STAR New Home Features  
Benefits for Homeowners  
For Residential Professionals

GO TO PARTNER RESOURCES

Take a Tour Behind the Walls

www.energystar.gov

1040 Tax Credits Under the Energy Bill

Take the ENERGY STAR Challenge & Learn More

ENERGY STAR TV sets in final

ENERGY STAR CFLs reach 25% market share

Save Energy this Winter with the ENERGY STAR Home Advisor

2008 ENERGY STAR Awards Ceremony is April 1!

Sign In | Forgot password?

**For Homeowners: Why ENERGY STAR and Ratings?**

It's not just about energy!  
It is about actually getting the high performance home everyone expects and deserves!

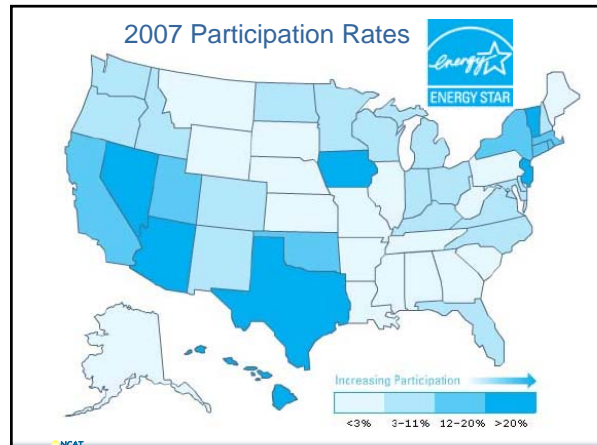
- Lower Energy Costs
- Healthier Homes
- More Comfortable Homes
- Quieter Homes
- Greater Resale Value
- Reduced Maintenance

Start living Green with a new home that's earned the blue ENERGY STAR. Learn more at energystar.gov

Choose a home that's earned the blue ENERGY STAR to start going Green. Learn more at energystar.gov

ENERGY STAR Qualified Homes

Full Page 2008 EPA Template Update 1



1. Home energy ratings provide a uniform numerical method of quantifying energy performance
2. Home energy ratings provide an estimate of annual energy use and cost

Typical Existing Home in Community 120

Home Which Meets Current Code 100

ENERGY STAR New Home 80

Tax Credit Home (+-) 70

0

The HERS Index is an energy performance yardstick

**RESNET**  
Home Energy Ratings

**Al Gore's Home**

Typical Existing Home 120

Typical New Home 100

Existing Home 2030 Challenge 80

Net Zero Energy Home (ZEH) 0

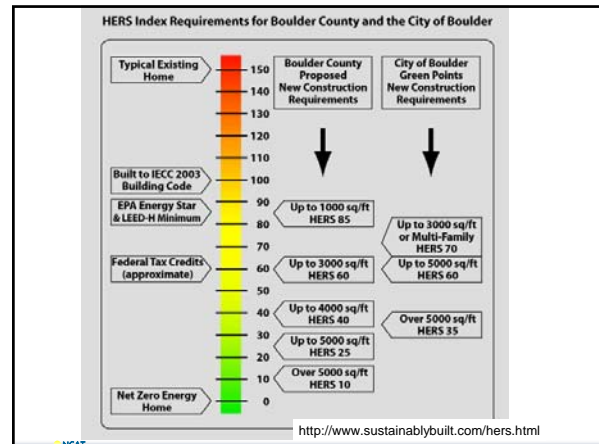
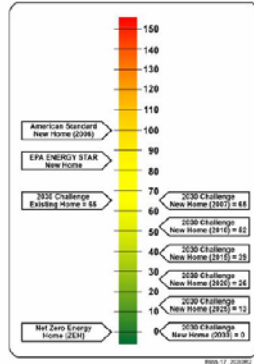
Gore Before = 119

Gore After = 50

150  
140  
130  
120  
110  
100  
90  
80  
70  
60  
50  
40  
30  
20  
10  
0

## The 2030 Challenge

- Challenge that all new American homes will be carbon neutral by 2030
- Adopted by:
  - U.S. Conference of Mayors
  - American Institute of Architects
  - ASHREA
- Adopted RESNET HERS Index for residential challenge



## ASSURING BETTER PERFORMANCE



*Unless you're prepared to break the laws of physics, energy efficiency delivers:*

- Lower Utility **Cost**
- More **Comfort**
- More **Durability**
- Improved **Indoor Air Quality**
- Protect **Environment**

## BUILDER VALUE PROPOSITION



### • Reduced Risk

- Mold Litigation
- Comfort Complaints
- Fixing Trades Mistakes
- Catching up to Competition

### • Improved Reputation

- Quality Builder
- Innovation Leader

*What's this worth to your bottom-line?*

## CHANGING WORLD: BUILDER LIABILITY: NEW STORM




*Defects no longer hidden...*





CHANGING WORLD:  
BUILDER LIABILITY



**Liability insurance is scarce and expensive**

*"If you deliver a safe, durable and efficient home, you typically won't be sued."*  
Stan Luhr, Risk Auditor

CHANGING WORLD:  
BUILDER LIABILITY: NEW STORM





air leakage in envelope

air leakage in ducts

air leakage and air barriers in envelope





SHOULD BUILDERS CARE ABOUT IAQ?



- Asthma Epidemic**  
*(20 million Americans have it); ~2 million ER visits per year*
- Increasing Risks of Radon**  
*>20,000 lung cancer deaths per year*
- Increasing Respiratory Problems**  
*widespread indoor dampness (e.g. wet basements and visible mold)*
- Chemical Pollutants**  
*EPA estimates 2-5 times more than outdoor air*



**Now consider this:**  
*People spend >90% of their time indoors, and >60% in their homes!*

NEW SPEC:  
PERFORMANCE PATH REQTS.



- Insulation inspection for full R-value**
- Thermal Bypass Inspection Checklist**
- Right-sized" cooling equipment**
  - Leakage  $\leq 6$  cfm to outdoors/100 sq. ft.
  - Min. 1 ENERGY STAR Product category
  - No on-site power generation trade-off
  - Max. 20% screw-in CLF light sockets
  - Programmable thermostats with heat pumps must have "Adaptive Recovery"

FUTURE ISSUE: THERMAL BRIDGING

55 F<sup>+</sup> TSPOT  
53 F TMIN

1.00 EMISS  
64 F TMAX

FUTURE ISSUE: THERMAL BRIDGING




# What is LEED?

Leadership in Energy & Environmental Design




Materials and information can be found at - [www.usgbc.org](http://www.usgbc.org)

LEED for Homes is a floating point rating system with 4 Certification Levels.

This scale slides per a calculation which considers the square footage of the house per bedroom ratio. For a 4 bedroom 2,600sf Home the scale is:

- **Platinum:** 90 – 129
- **Gold:** 75 – 89
- **Silver:** 60 – 74
- **Certified:** 45 – 59

### LEED for Homes Points

	No. Prereq. Measures	22%	Min. No. Pts Required	0%	Max. No. Pts. Available	7%
Innovation and Design Process	4	22%	0	0%	9	7%
Location and Linkages	0	0%	0	0%	10	8%
Sustainable Sites	2	11%	5	31%	21	16%
Water Efficiency	0	0%	3	19%	15	12%
Energy and Atmosphere	1	6%	0	0%	38	29%
Materials and Resources	3	17%	2	13%	14	11%
Indoor Environmental Quality	7	39%	6	38%	20	15%
Awareness and Education	1	6%	0	0%	3	2%
<b>Total</b>	<b>18</b>	<b>100%</b>	<b>16</b>	<b>100%</b>	<b>130</b>	<b>100%</b>

### U.S. GREEN BUILDING COUNCIL LEED for Homes

House Meets Performance of ENERGY STAR

HERS Index Value Achieved: 58  
ECC Climate Zone: 1  
EA 1.2 Pts Achieved: 0/0

**Energy and Atmosphere (EA)** (Minimum of 9 EA Points Required)

11 ENERGY STAR Home	Meets Performance Requirements of ENERGY STAR for Homes Exceeds Performance of ENERGY STAR for Homes	EA 2-10	34
11 Water Heating	Improved Hot Water Distribution System		2
12 Pipe Insulation			1
13 Refrigerant Management	Minimize Ozone Depletion and Global Warming Contributions		1
0 Sub-Total (or Sub-Total from Addendum A - Prescriptive EA Credits)			38

**Materials and Resources (MR)** (Minimum of 2 MR Points Required)

11 Material Efficient Framing	Overall Waste Factor for Framing Order Shall be No More than 10% Advanced Framing Techniques		2
12 OR Structurally Insulated Panels			2
21 Environmentally Preferable Products	Typical Woods & Glue: Must be FSC Selected Environmentally Preferable Products from List	MR 1.2	2
22 Products			8

**Minimum No. of Points Required:**  
Certified: 45 Silver: 60 Gold: 75 Platinum: 90

### LEED for Homes Points Based on HERS Index

**RESNET Home Energy Ratings**

HERS Index	Percent Above IECC 2004	LEED for Homes Points
100	0	0
95	5	1
90	10	2
85	15	3
84	16	4
83	17	5
82	18	6
81	19	7
80	20	8
79	21	9
78	22	10
77	23	11
76	24	12
75	25	13
74	26	14
73	27	15
72	28	16
71	29	17
70	30	18
69	31	19
68	32	20
67	33	21
66	34	22
65	35	23
64	36	24
63	37	25
62	38	26
61	39	27
60	40	28
55	45	33
50	50	38
45	55	43
40	60	48
35	65	53
30	70	58
25	75	63
20	80	68
15	85	73
10	90	78
5	95	83
0	100	88

### LEED for Homes Component Approach

LEED for Homes	Requirement	Points	ENERGY STAR
EA 2.1	Basic Insulation	Req'd	NA
EA 2.2	Enhanced Insulation	2 Pts	Similar
EA 2.2	Enhanced Insulation	2 Pts	Not Spec'd
EA 3.1	Reduced Envelope Leakage	Req'd	7.0 ACH50
EA 3.2	Greatly Reduced Envelope Leakage	2 Pts	
EA 3.3	Minimal Envelope Leakage	3 Pts	
EA 4.1	Good Windows	Req'd	0.35
EA 4.2	Enhanced Windows	2 Pts	
EA 4.3	or Exceptional Windows	3 Pts	
EA 5.1	Reduced Distribution Losses	Req'd	Similar
EA 5.2	Greatly Reduced Dist Losses	2 Pts	
EA 5.3	Minimal Distribution Losses	3 Pts	
EA 5.1	Reduced Distribution Losses	Req'd	Similar
EA 5.2	Greatly Reduced Dist Losses	2 Pts	
EA 5.3	Minimal Distribution Losses	3 Pts	
EA 6.1	Good HVAC Design/Installation	Req'd	Manual J, EN National Instatl, Prog Therm
EA 6.2	High Efficiency HVAC	2 Pts	Manual J, 13 SEER, 8.5 HSPF, 90 AFUE, 83 AFUE
EA 6.3	or Very High Efficiency HVAC	3 Pts	Manual J, 13 SEER, 8.5 HSPF, 90 AFUE, 83 AFUE
EA 7.1	Efficient Hot Water Distribution	2 Pts	NA
EA 7.2	Pipe Insulation	1 Pt	Code 1/2"
EA 7.3	Eff Domestic HW Equipment	1 Pt	EF 0.93
EA 8.1	Energy Star Lights	Req'd	50% ES Lamps
EA 8.2	Improved Lighting	0.5 Pts	
EA 8.3	or Advanced Lighting Package	1.0 Pts	




**New Generation of Cost-Effective Buildings**

- Net Metering
- Net Metering
- Solar Electricity
- Solar Hot Water
- Passive Solar Design
- Super Insulation
- Super Windows
- Energy Efficient Lighting
- Energy Star Appliances
- Whole House Sealing
- Controlled Ventilation

Zero Energy Home Display  
Washington, DC, Mall, April 2001

**Zero Energy Home**

**END GAME: CARBON NEUTRAL HOME** 

*Optimized energy efficiency plus some combination of renewable energy to offset remaining energy loads:*

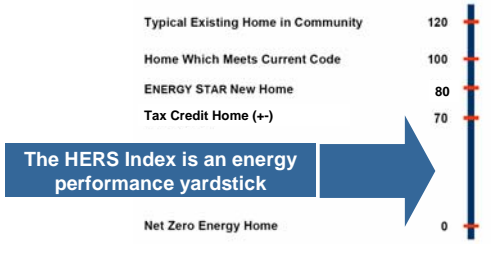
- *Passive Solar*
- *Solar Hot Water Heating*
- *Active Solar Heating/Cooling*
- *Renewable Electric Generation (PV, Wind)*
- *Green Tags*
- *Planting Trees*

**Administration & Program**

Section **2**




1. Home energy ratings provide a uniform numerical method of quantifying energy performance
2. Home energy ratings provide an estimate of annual energy use and cost



The HERS Index is an energy performance yardstick

Typical Existing Home in Community	120
Home Which Meets Current Code	100
ENERGY STAR New Home	80
Tax Credit Home (+)	70
Net Zero Energy Home	0


**EPADOFERS**


Performance Based Home Energy Ratings


Rating Provider

Rating Training Provider

Home Energy Rater

ENERGY STAR Rating \* 

Existing Home Rating 

Tax Credit Rating 

\* - Not available in OR or WA.

**Federal Tax Credit for New Homes**

- \$2000 to home builders (site-built and manufactured homes) 50% of the heating and cooling energy of the 2004 IECC and uses a SEER 13 air conditioner. Building envelope improvements must account for at least 1/5 of the 50% energy savings.
- \$1000 to manufactured home producers 30% or that qualify for Energy Star Homes program
- These credits are available for homes placed in service (i.e. ready and available for use) from January 1, 2006, through December 31, 2008
- These credits go to the builder or producer of the home

**Energy Efficient Home Credit - IRS Form 8908**

“...qualified energy efficiency homes meeting the 50% standard that were **sold during the tax year.**”

→ “Reduce the expenses incurred in the construction of each new home by the amount of the credit.”

→ This is a business tax credit

- What about an owner-builder?
- What year must the credit be taken?

NCAT Disclaimer: We are not accountants, so go find your own interpretation.

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**Energy Mortgages**

- Increases the home buying power of consumers by allowing the lender to increase the borrower’s income
- Increases their homes appraised value
- Energy Improvement Mortgage (EIM) – Helps finance the cost energy upgrades of an existing home by including the costs of improvements in the mortgage
- Energy Efficient Mortgage (EEM) – Allows homebuyers to qualify for a new house loan that includes the cost of energy improvements by taking into account lower energy costs

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**Energy Mortgages**

**Primary Lenders**

Process loans then sell to secondary lenders (Fannie Mae, Freddie Mac) to obtain more capital to fund new loans

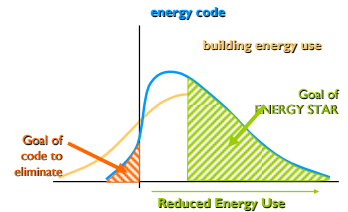
**Secondary Lenders**

- Fannie Mae (FHLMC)
- Federal National Mortgage Association
- Freddie Mac (FNMA)
- Federal Home Loan Mortgage Corp.
- Federal Housing Administration (FHA)
- Veterans Administration (VA)



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**ENERGY STAR Moves Energy Efficiency Beyond Current Code**



Adapted from a Better Bricks presentation prepared by Paladino & Assoc.

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**RESIDENTIAL BUILDINGS  
ENERGY CODE SUMMARY  
Overview**

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**Montana State  
Energy  
Efficiency  
Components  
Label**

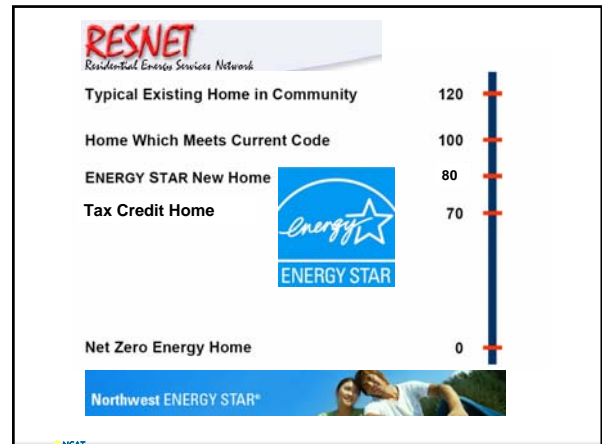

ENERGY EFFICIENCY COMPONENTS		
Address: _____		
Ceiling	Flat	R: _____
	Vaulted	R: _____
Walls:	Above grade walls	R: _____
	Basement walls	R: _____
Floors:	Crawl-space foundation	R: _____
	Over unheated spaces	R: _____
	Perimeter slab	R: _____
	Under slab	R: _____
Exterior doors:		R: _____
Windows:	NFRC (unit rating) (or)	U: _____
	Default window rating	U: _____
Water heater:	Energy factor (EF) rating	
Heating system:	Energy efficiency rating	
	(AFUE for gas; SEER for heat pump)	
Heating ducts:	Systems sealed	Yes _____ No _____
	In non-conditioned areas	
	insulated	R: _____
Other (i.e., ventilation systems, radon abatement):		R: _____
Insulation Subcontractor:		
Certified by:		Date: _____
Builder (Company):		
<p>The home builder certifies compliance with ARM 8.70.104 by completing and signing this label.</p> <p><b>THIS LABEL MUST BE PERMANENTLY AFFIXED BY HOME BUILDERS TO THE INTERIOR BREAKER PANEL ON ALL NEW RESIDENTIAL BUILDINGS, AS REQUIRED BY SECTION 50.60.803, MONTANA CODE ANNOTATED</b></p>		

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**ENERGY STAR** is a US EPA program that helps businesses and individuals reduce energy use and protect the environment through “superior energy efficiency.”

Item	Inspector	Pass/Fail	Notes
1. Thermal Bypass	Inspected	Pass	
2. Wall Air Sealing	Inspected	Pass	
3. Floor Air Sealing	Inspected	Pass	
4. Attic Air Sealing	Inspected	Pass	
5. Attic Ventilation	Inspected	Pass	
6. Attic Insulation	Inspected	Pass	
7. Attic Vapor Barrier	Inspected	Pass	
8. Attic Access	Inspected	Pass	
9. Attic Storage	Inspected	Pass	
10. Attic Ventilation	Inspected	Pass	
11. Attic Insulation	Inspected	Pass	
12. Attic Vapor Barrier	Inspected	Pass	
13. Attic Access	Inspected	Pass	
14. Attic Storage	Inspected	Pass	
15. Attic Ventilation	Inspected	Pass	
16. Attic Insulation	Inspected	Pass	
17. Attic Vapor Barrier	Inspected	Pass	
18. Attic Access	Inspected	Pass	
19. Attic Storage	Inspected	Pass	
20. Attic Ventilation	Inspected	Pass	
21. Attic Insulation	Inspected	Pass	
22. Attic Vapor Barrier	Inspected	Pass	
23. Attic Access	Inspected	Pass	
24. Attic Storage	Inspected	Pass	
25. Attic Ventilation	Inspected	Pass	
26. Attic Insulation	Inspected	Pass	
27. Attic Vapor Barrier	Inspected	Pass	
28. Attic Access	Inspected	Pass	
29. Attic Storage	Inspected	Pass	
30. Attic Ventilation	Inspected	Pass	
31. Attic Insulation	Inspected	Pass	
32. Attic Vapor Barrier	Inspected	Pass	
33. Attic Access	Inspected	Pass	
34. Attic Storage	Inspected	Pass	
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36. Attic Insulation	Inspected	Pass	
37. Attic Vapor Barrier	Inspected	Pass	
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40. Attic Ventilation	Inspected	Pass	
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42. Attic Vapor Barrier	Inspected	Pass	
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96. Attic Insulation	Inspected	Pass	
97. Attic Vapor Barrier	Inspected	Pass	
98. Attic Access	Inspected	Pass	
99. Attic Storage	Inspected	Pass	
100. Attic Ventilation	Inspected	Pass	

**When required?**

HERS Rating	No
National ES	Yes
NWESH	No
LEEDH	Yes




**Northwest ENERGY STAR®**

Save Money and Energy with ENERGY STAR Homes & Products

Appliances | Lighting | Homes | Incentives

Builders, Retailers, Trade Allies, Utilities! Click Here!

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Home | Builders | Trade Allies | Retailers

**Partner Resources**

Utilities | Builders | Trade Allies | Retailers

Energy Trust of Oregon Builders and Trade Allies click here

www.NorthwestENERGYSTAR.com



**ENERGY STAR® Homes Northwest BUILDER PARTNERSHIP AGREEMENT**

This is an agreement to become a builder partner in the ENERGY STAR Homes Northwest Program, which is administered by the Northwest Energy Efficiency Alliance. The ENERGY STAR Homes Northwest program is offered in the state of Washington, Oregon and Washington to bring ENERGY STAR qualified homes to home owners throughout the Northwest.

**Builder Partnership Agreement includes:**

- Company address & contact information
- Program benefits and requirements
- Use of ES name & label for promotion
- Disclaimers

Builder Partnership Agreement



### ESHNW Prescriptive Approach

ENERGY STAR® Homes		ENERGY STAR® Homes Minimum Certification Requirements		ENERGY STAR® Homes	
Minimum Requirements		Minimum Requirements		Minimum Requirements	
Weatherization	7.5% of conditioned floor area	Weatherization	7.5% of conditioned floor area	Weatherization	7.5% of conditioned floor area
Insulation	1.5% of conditioned floor area	Insulation	1.5% of conditioned floor area	Insulation	1.5% of conditioned floor area
Water Heating	1.5% of conditioned floor area	Water Heating	1.5% of conditioned floor area	Water Heating	1.5% of conditioned floor area
Lighting	1.5% of conditioned floor area	Lighting	1.5% of conditioned floor area	Lighting	1.5% of conditioned floor area
MECH	1.5% of conditioned floor area	MECH	1.5% of conditioned floor area	MECH	1.5% of conditioned floor area
Electrical	1.5% of conditioned floor area	Electrical	1.5% of conditioned floor area	Electrical	1.5% of conditioned floor area
Plumbing	1.5% of conditioned floor area	Plumbing	1.5% of conditioned floor area	Plumbing	1.5% of conditioned floor area
HVAC	1.5% of conditioned floor area	HVAC	1.5% of conditioned floor area	HVAC	1.5% of conditioned floor area
Roofing	1.5% of conditioned floor area	Roofing	1.5% of conditioned floor area	Roofing	1.5% of conditioned floor area
Windows	1.5% of conditioned floor area	Windows	1.5% of conditioned floor area	Windows	1.5% of conditioned floor area
Doors	1.5% of conditioned floor area	Doors	1.5% of conditioned floor area	Doors	1.5% of conditioned floor area
Exterior	1.5% of conditioned floor area	Exterior	1.5% of conditioned floor area	Exterior	1.5% of conditioned floor area
Interior	1.5% of conditioned floor area	Interior	1.5% of conditioned floor area	Interior	1.5% of conditioned floor area
MECH	1.5% of conditioned floor area	MECH	1.5% of conditioned floor area	MECH	1.5% of conditioned floor area
Electrical	1.5% of conditioned floor area	Electrical	1.5% of conditioned floor area	Electrical	1.5% of conditioned floor area
Plumbing	1.5% of conditioned floor area	Plumbing	1.5% of conditioned floor area	Plumbing	1.5% of conditioned floor area
HVAC	1.5% of conditioned floor area	HVAC	1.5% of conditioned floor area	HVAC	1.5% of conditioned floor area
Roofing	1.5% of conditioned floor area	Roofing	1.5% of conditioned floor area	Roofing	1.5% of conditioned floor area
Windows	1.5% of conditioned floor area	Windows	1.5% of conditioned floor area	Windows	1.5% of conditioned floor area
Doors	1.5% of conditioned floor area	Doors	1.5% of conditioned floor area	Doors	1.5% of conditioned floor area
Exterior	1.5% of conditioned floor area	Exterior	1.5% of conditioned floor area	Exterior	1.5% of conditioned floor area
Interior	1.5% of conditioned floor area	Interior	1.5% of conditioned floor area	Interior	1.5% of conditioned floor area

McCall Development  
1626 Stony Meadow "The Gallatin"  
Conditioned floor area – 3019 SF  
Full Basement

McCall Development  
5438 Elysan "The Sun – Craftsman"  
Conditioned Floor Area – 1655 SF  
Slab-on-grade

#### McCall Development ENERGY STAR Incremental Costs

Basement Insulation (with framing)	\$1,500
Furnace Upgrade	\$700
Duct Sealing	\$400
Building Tightening	\$600
Water Heater Upgrade	\$200
Verification/Performance Testing	\$400
Lighting Upgrades	\$200
<b>Total</b>	<b>\$4,000</b>

	Stony Meadow			Elysan	
Weather Site	Helena			Helena	
Utility	NWE			NWE	
Conditioned Floor Area	3019			1655	
Foundation Type	Basement			Slab-on-grade	
	Code	NWESH		Code	NWESH
HERS Index	85	61		83	69
ENERGY STAR	Fails	Passes		Fails	Passes
Tax Credit	Fails	Passes		Fails	Passes
Ann. MMBtu/Yr	172.8	120.7	70%	113.1	93.8
Ann. Energy Cost	\$2,652	\$2,005	76%	\$1,671	\$1,413
Ann. Cost Savings		\$647			\$258
Added Cost		\$4,000			\$2,500
Simple Payback		6.5			9.7
<b>30 Year Savings (Energy Cost Escalation Rate)</b>					
30Y Savings (1%)		\$21,254			\$8,975
30Y Savings (3%)		\$29,069			\$12,274
30Y Savings (5%)		\$40,594			\$17,141
30Y Savings (10%)		\$100,506			\$42,439
<b>30 Year NPV Savings, 8% Discount Rate (Energy Cost Escalation Rate)</b>					
30Y NPV Sav (1%)		\$7,559			\$3,192
30Y NPV Sav (3%)		\$9,272			\$3,915
30Y NPV Sav (5%)		\$11,619			\$4,906
30Y NPV Sav (10%)		\$22,426			\$9,470


## Energy and Construction Fundamentals

Section 3

Energy and Construction Fundamentals

# Energy Fundamentals

- Comfort
- Heat Loss Calculations
- Building Tightness
- Building Shell
- Insulation Grading
- Windows/Doors
- Thermal Bypass Checklist
- Solar

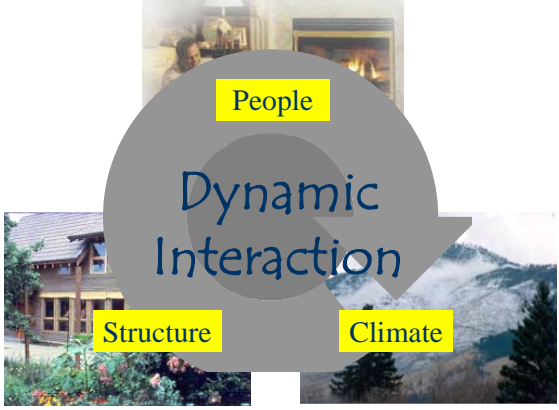


www.nweea.org

Why We Don't Build Them Like We Used To. **Thank God!**



- Because We Know Better (Building Science)
- Better Testing and Diagnostics
- Mandatory Codes/Minimum Standards
- Voluntary Energy/Green Certifications
  - ENERGY STAR
  - LEED for Homes
  - NAHB Green Building Guidelines
  - Green Built
  - Earth Advantage



People

## Dynamic Interaction

Structure Climate



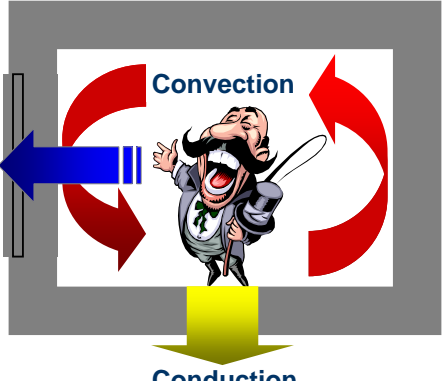
It's About the Movement of.....

- Heat
- Air
- Moisture

Heat Flow or Transfer

# Hot → Cold

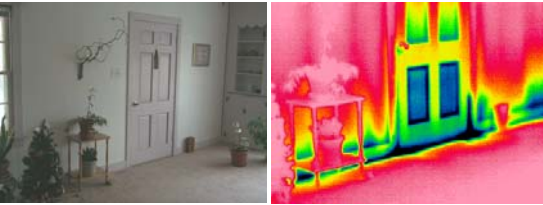
Heat Transfer Mechanisms



Radiation

Convection


Conduction



## Conduction

- ➔ Heat conducts through and between solid objects by direct contact
- ➔ Molecules vibrate more vigorously, passing heat through the material
- ➔ Generally the slowest of the three heat transfer methods


Source - NCAT



## Convection

- ➔ Heat transfer by a moving fluid like air or water.
- ➔ Caused by density difference between warmer and cooler parts of fluid
- ➔ Heat transfer by convection can be more rapid than conduction because the molecules physically move

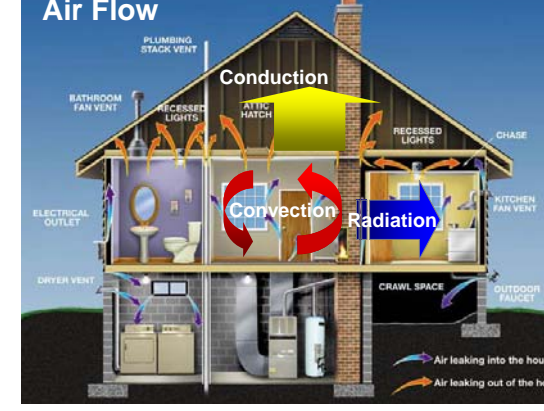
Source - Residential Energy



## Radiation

- ➔ Hot surfaces are able to warm objects distant from them because they have a higher temperature.
- ➔ Radiation requires a **temperature difference** and a **gap**, it travels by "line of sight" and is blocked by an opaque object.

Source - NCAT



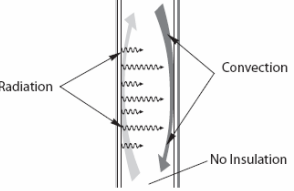
### Air Flow

**Conduction** (yellow arrow), **Convection** (red arrows), **Radiation** (blue arrow)

Source - NCAT

Uninsulated walls transmit heat through its air space by convection and radiation

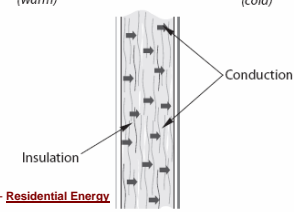
Indoors (warm)      Outdoors (cold)



No Insulation

Insulated walls, in general, reduce convection and radiation heat transfer, heat must conduct through many small air pockets

Indoors (warm)      Outdoors (cold)

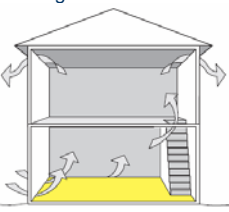


Insulation

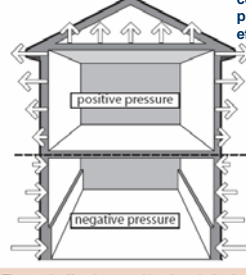
Source - Residential Energy

### Stack Effect

The tendency of warm buoyant air to rise and leak out of the top of the building and be replaced by colder outside air entering the bottom of the building.



**Stack Effect**



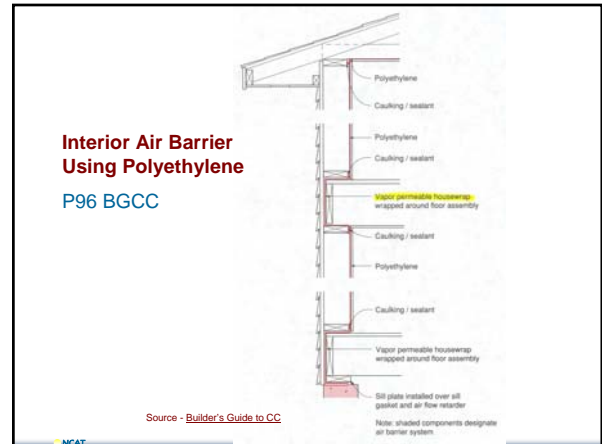
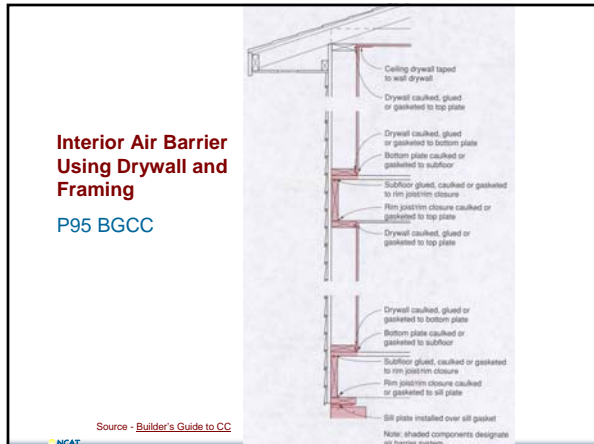
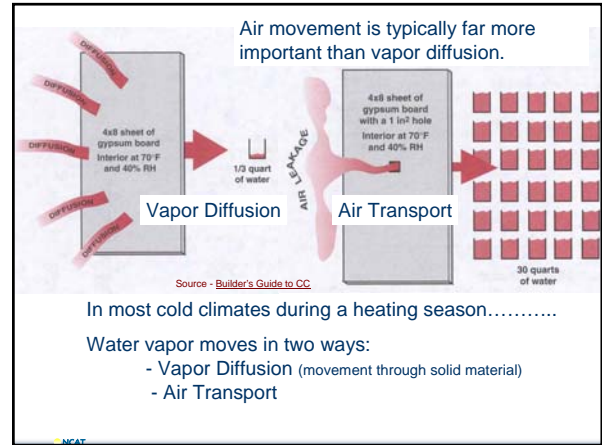
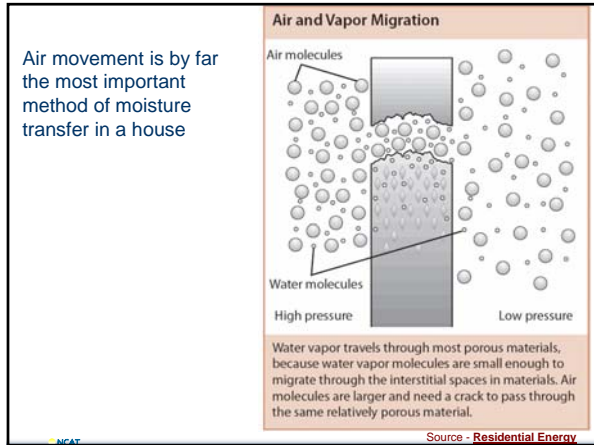
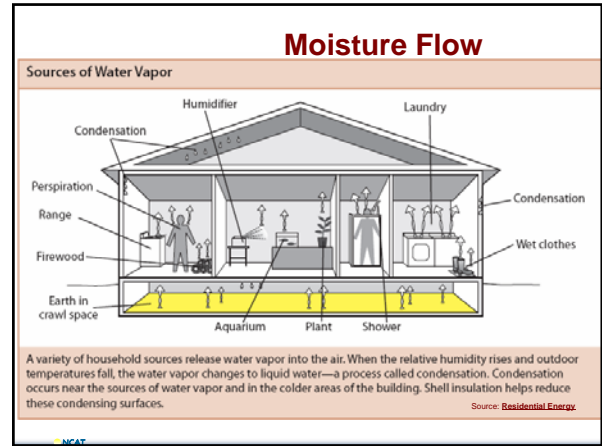
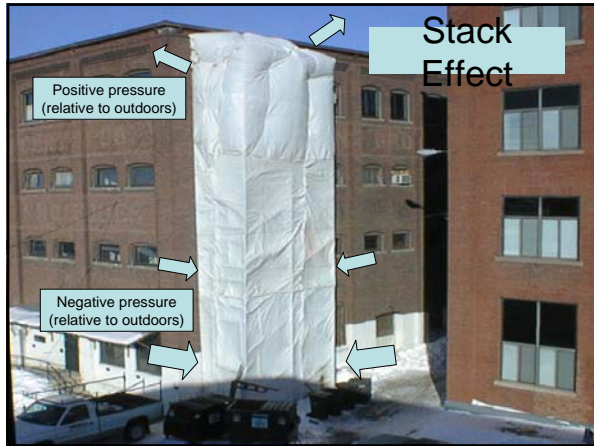
The most persistent consistent pressure effect.

Neutral Pressure Plane

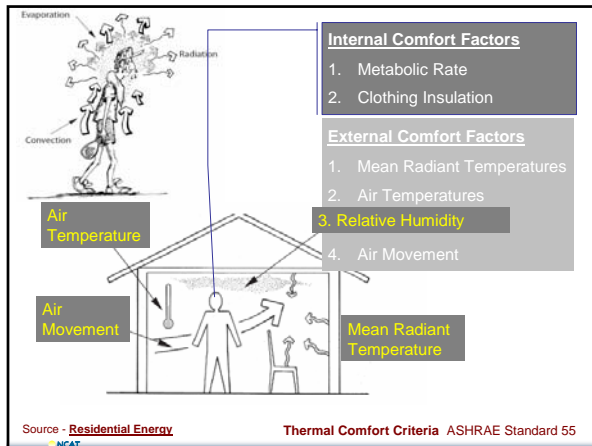
The stack effect is caused by the relative buoyancy of warmer air. Warmer air's upward force exerts an outward pressure. Airflow, through holes in the home's top, creates suction at lower levels, pulling air in. Arrows indicate the direction and intensity of air pressure.

Source: Residential Energy.

Source - NCAT







### Insulation R-Values per Inch

Insulation Type	R/inch
Fiberglass batts, blown, board	2.4–4.4
Cellulose blown	3.0–3.6
Mineral wool batts, blown, board	2.4–4.4
Vermiculite or perlite	2.3–2.7
Expanded polystyrene (white)	3.6–4.2
Extruded polystyrene (blue/pink)	5.0
Polyisocyanurate board	5.6–7.6

R-values vary by insulation type, density, and the quality of installation.

Source - Residential Energy

R-values measure thermal resistance

R-value is the inverse of U-value:  $R=1/U$  and  $U=1/R$

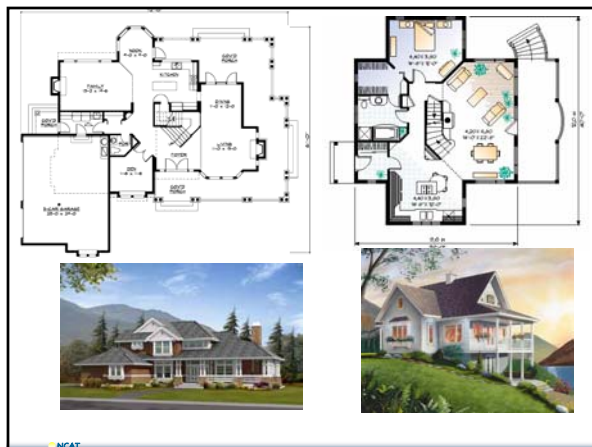
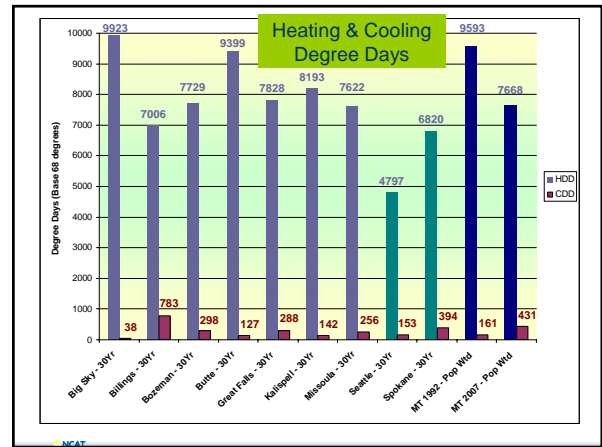
R-values are additive, U-values are not additive

R-values of a series of components can be added; the inverse of this sum will be the

→  $R1 + R2 = R \text{ total}$

→  $U1 + U2 = \text{Garbage}$

→  $R= 1/U$  and  $U= 1/R$



**The Most Significant Air Leaks:**

- Plumbing Vent Stacks
- Cavity Ducting
- Electrical Penetrations
- Flue and Chimney Chases

**Less Significant Air Leaks:**

- Doors and Windows



**MOISTUR**

e



- Water related to 90% of building and material failures (ASHRAE)
- Estimated \$9 Billion/year in repairs





Alternative Basement Systems







Interior Basement Insulation

### CORNER FRAMING

**INSIDE "TWO-STUD" CORNERS**

Courtesy of Building Science Corp.

Courtesy of Southface Institute

### WHY SPRAY FOAM

**Closed Cell Foam = Air Barrier + Insulation**

Consider using at:

- Band Joists
- Behind Tubs/Showers
- Cantilevered Floors
- Conditioned Space Above Garage
- Party Walls (must be fire-proof)

### WHY INSULATED SHEATHING

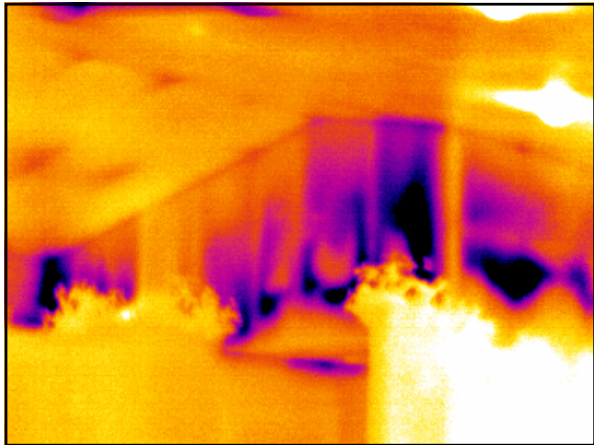
**Rigid Insulation = Air Barrier + Insulation + Thermal Break**

Where code acceptable, consider using at:

- Exterior Sheathing
- Attic Knee Walls
- Skylight Shafts
- Porch/House Interface

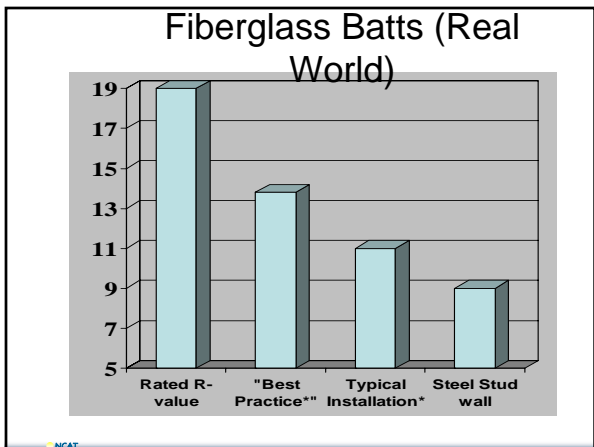






### Why is it So Bad?

- The gaps and spaces dominate the heat loss
- No matter how much insulation you pile up next to a gap, the heat loss through the gap is not reduced at all
- The larger the initial R-value, the greater the effect



## Blown-in Blanket (BIB) Fiberglass



## Damp spray cellulose



## Spray Foams

- Excellent air sealing characteristics
- Excellent "fit" because it expands to fill spaces and glues itself to surfaces



### Insulation Quick Comparison (A work in progress.)

Material	Type	R-Value	Ozone Depleting Agent	Density	Vapor Retarder Perm Rating	Recycled Content	Common or Brand Name
Fiberglass	batbs	3.6	No	3 pcf	Permeable	Doubtful	
	loose fill	3.2	No	2-3 pcf	Permeable	Doubtful	
Cellulose	Loose Dry	3.4	No	1.5-2.0 pcf	Permeable	Yes	
	Wet Blown	4.0	No		Permeable	Yes	
Expanded Polystyrene	Rigid Board	4.0	No	low 1 pcf	Permeable	Doubtful	beadboard
	Rigid Board	4.0	No	high 2-3 pcf	Semi-impermeable	Doubtful	
Extruded Polystyrene	Rigid Board	5.0	Yes	2 pcf	Semi-impermeable	Doubtful	Styrofoam Blue Board
Polyisocyanurate	Rigid Board	7.0	Yes	3 pcf	Imperm w facing	Doubtful	ThermaX
Polyurethane	Spray Foam	3.6-3.8	No, water	low 0.5 pcf	Permeable	Doubtful	Icynene, Seallection 500
	Spray Foam	3.7-3.6	No, soy	low 0.5 pcf	Permeable	Doubtful	Biobase 501, Healthy Seal
	Spray Foam	5.5	No, soy	high 1.7 pcf	Semi-impermeable	Doubtful	Biobase 1701
	Spray Foam	6.0 - 8.0	Yes	high 2 pcf	Semi-impermeable	Doubtful	

Remarks: 1. Fiberglass is susceptible to convective currents and poor installation and may contain formaldehyde.  
2. Styrene and urethane insulations may give off toxic gases when if burned.  
3. In general, low density foams are open cell and high density foams are closed cell.  
4. Vapor permeability of depends on thickness, especially with foams.

Perms	Vapor Impermeability
<=0.1	Impermeable
0.1+ and <=1.0	Semi-impermeable
1.0+ and <=10	Semi-permeable
>10	Permeable

## Critical Construction Details



ENERGY STAR HOMES NORTHWEST TECH TIPS

### AIR SEALING CRITICAL DETAILS

**1 PENETRATIONS** — Plumbing/electrical/HVAC penetrations to exterior/unconditioned space are air sealed with foam, caulk, or mastic. NO fiberglass insulation is used to fill holes.

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**1 PENETRATIONS** — Plumbing/electrical/HVAC penetrations to exterior/unconditioned space are air sealed with foam, caulk, or mastic. NO fiberglass insulation is used to fill holes.

**2 CAPS/BLOCKING** — All shafts/dishes, containers, and blocking are air sealed with a compressible sealant, caulk, foam, or mastic.



**ENERGY STAR Homes Northwest Tech Tips**

### AIR SEALING CRITICAL DETAILS

**3 FIRE SEALING** — Fire-rated caulking along with flashing or IC-rated cables must be installed continuous around all combustion flues and maintain proper clearance from combustion materials

**4 ATTIC ACCESS** — Access doors to knee wall or crawlspace areas, attic hatches, and drop-down stairs are weather-stripped and insulated

**5 CAN LIGHTS** — Recessed lighting fixtures installed in insulated assemblies are air-tight and IC-rated and sealed to drywall with caulk, foam, or gasket

**6 DOORS & WINDOWS** — Backer rod or low expansion foam is used to seal around windows and doors

**ENERGY STAR Homes Northwest Tech Tips**

### DUCTWORK CRITICAL DETAILS

**1 COMPONENTS** — All HVAC supply and return ducts, air handlers, and plenums inside and outside the heated space are sealed at all joints and corners, including prefabricated joints, with approved mastic

**2 METAL DUCTS** — All new duct joints, plenum drives, metal joints to include all slips and drives are mechanically fastened with screws. Tape of any kind is not a mechanical fastener

**2 FLEX DUCTS** — Flexible ducts are attached at the inner liner using system-specific "Fusion" straps tightened with a manufacturer-approved tool. Tape of any kind is not a mechanical fastener

**3 INSULATION** — All ducts, plenums, and supply/return boxes outside the conditioned space (including exterior wall cavities) must be completely insulated to an installed value of at least R-8

**ENERGY STAR Homes Northwest Tech Tips**

### DUCTWORK CRITICAL DETAILS

**4 NO FAKE DUCTS** — Defined building cavities are not used as ducts

**5 ZONAL PRESSURE RELIEF** — Conditioned rooms without dedicated returns (except baths, laundry, and closets) have jump ducts, transfer grills, or door undercutts to provide return air paths

**5 ZONAL PRESSURE RELIEF** — Conditioned rooms without dedicated returns (except baths, laundry, and closets) have jump ducts, transfer grills, or door undercutts to provide return air paths

**7 DUCT SUPPORT** — Ducts shall be cut to length and supported in such a manner to prevent air flow restriction

**ENERGY STAR Homes Northwest Tech Tips**

### DUCTWORK CRITICAL DETAILS

**8 SUPPORT & BENDS** — Flexible duct (including spot ventilation) is supported at least every 4 feet and has no bends greater than 90°

**8 SUPPORT & BENDS** — Flexible duct (including spot ventilation) is supported at least every 4 feet and has no bends greater than 90°

**9 PENETRATIONS** — All RSI penetrations to exterior/unconditioned space (e.g. chases, shafts, refrigerant lines, etc.) are air-sealed with foam, caulk, or mastic. NO fiberglass insulation is used to fill holes.

**10 SPOT VENTILATION** — Spot ventilation (recessed) duct work terminates to daylight

**ENERGY STAR Homes Northwest Tech Tips**

### FRAMING CRITICAL DETAILS

**1 BOTTOM PLATES** — Bottom plates of all exterior walls and party common walls (ALL floors), and vertical members at foundation step-downs are caulked, gasketed, or glued

**1 BOTTOM PLATES** — Bottom plates of all exterior walls and party common walls (ALL floors), and vertical members at foundation step-downs are caulked, gasketed, or glued

**2 PLATES AT KNEE WALLS** — There is both a top and bottom plate installed at every knee wall

**3 KNEE WALL BACKING** — All knee walls are backed with a rigid material (e.g. wall to attic, skylight shaft, wall to porch roof, clearance to attic)

**ENERGY STAR Homes Northwest Tech Tips**

### FRAMING CRITICAL DETAILS

**3 SKYLIGHTS** — All knee walls are backed with a rigid material (e.g. wall to attic, skylight shaft, wall to porch roof, clearance to attic)

**4 DROPPED CEILING** — All dropped ceilings/soffits are supported with a rigid material on the attic side and/or the exterior wall

**5 CAP CHASES** — All shafts/chases are capped

**6 TUBS/SHOWERS/FIREPLACES** — Insulation is installed behind showers, tubs, and fireplaces on exterior, attic, and party walls and rigid sheathing or other supporting material is installed to hold insulation in place

**ENERGY STAR Homes Northwest Tech Tips**  
**FRAMING CRITICAL DETAILS**

**7 FLOOR SYSTEMS** – All floor system cavities between conditioned areas and unconditioned areas (e.g. floor joists, beams, rafter/attic, cantilevers, porch/floor) are separated by blocking and are sealed.

**8 CANTILEVERS/OVERHANGS** – Over-hanging floor cavities are insulated before being entered with rigid sheathing. Sheathing is attached to the underside of the cantilever. This can be the exterior finish material if it is continuous and air sealed.

**9 COMMON WALL** – Cavity shaft walls (e.g., common wall, area separation wall) are topped, closed, or sealed at all exterior boundaries (i.e. top and sides) (MULTIFAMILY ONLY).

**10 DOUBLE WALLS** – Double wall conditions are backed with a rigid material on the exterior side of the exterior wall, or are entirely filled with insulation.

**ENERGY STAR Homes Northwest Tech Tips**  
**INSULATION CRITICAL DETAILS**

**1 NO GAPS/VOIDS** – Insulation is installed without gaps/voids. Insulation material is in full contact with all sides of the cavity.

**1 NO COMPRESSION/MISALIGNMENT** – Insulation is installed without misalignments/compressions. Insulation material is in full contact with all sides of the cavity.

**1 NO COMPRESSION/MISALIGNMENT** – Insulation is installed without misalignments/compressions. Insulation is not split around blocking, plumbing, HVAC, and electrical components.

**2 FLOOR SYSTEMS** – Floor framing is completely filled with insulation or insulation is installed to maintain permanent contact with the sub-floor decking (e.g. beams room floor, crawl space, cantilever).

**ENERGY STAR Homes Northwest Tech Tips**  
**INSULATION CRITICAL DETAILS**

**3 CANTILEVERS** – Insulate any overhanging floor cavities before closing them in with rigid sheathing.

**3 CANTILEVERS** – Insulate any overhanging floor cavities before closing them in with rigid sheathing.

**4 TUBS/SHOWERS/FIREPLACES** – Insulation is installed behind showers, tubs, and fireplaces on exterior, attic, and party walls and rigid sheathing or other supporting material is installed to hold insulation in place.

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**ENERGY STAR Homes Northwest Tech Tips**  
**INSULATION CRITICAL DETAILS**

**5 ATTIC ACCESS** – Access panels to attic/rafterwell or crawlspaces, drop down stairs, and whole house fans are weather stripped and insulated to the same R-value as the surrounding area when possible (per R-19).

**6 WIND BAFFLES** – Wind baffles are installed where rafter vents are present, including vaulted/cathedral ceilings.

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**7 DOUBLE WALLS** – Double wall conditions are backed with a rigid material on the exterior side of the exterior wall, or are entirely filled with insulation.

**Grade I Assessment**  
 Installed according to manufacturer's instructions, fills each cavity completely, no substantial gaps or voids, split and fit tightly around wiring and other services

**Boundary condition for "Grade I"**

Gaps clear through insulation— minimal

Compression or incomplete fill: <2% of area, compressed by <30% of intended thickness

Grade I is required if using national BOP

**Grade II Assessment**  
 Moderate to frequent defects such as gaps around wiring, electrical outlets, plumbing, and other services; rounded edges or shoulders.

**Boundary condition for "Grade II"**

Gaps clear through insulation: <2%

Compression or incomplete fill: <10% of area, compressed by <30% of intended thickness



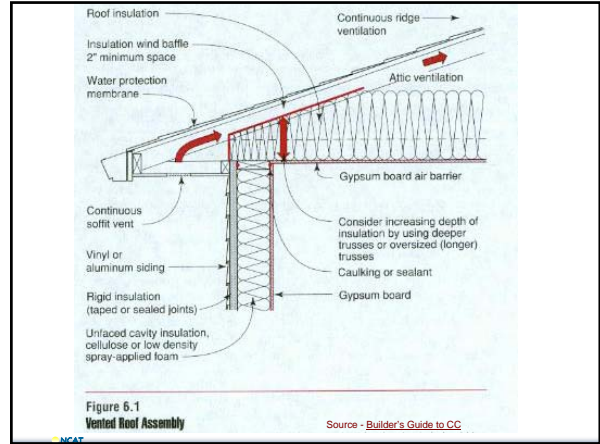


Figure 6.1 Vented Roof Assembly Source - [Builder's Guide to CC](#)

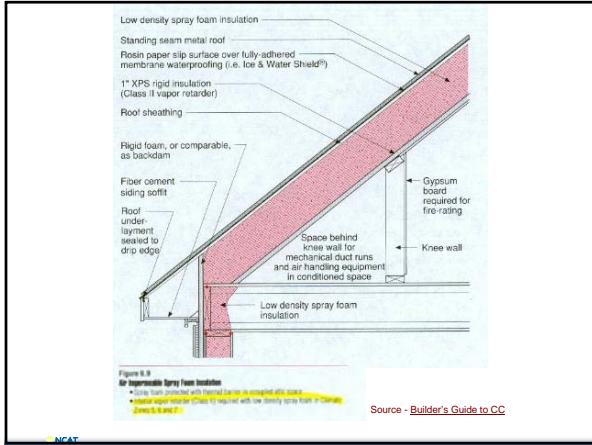


Figure 9.3 Air Impermeable Spray Foam Insulation Source - [Builder's Guide to CC](#)

### Winter Window Comfort Factors

**Window Surface Temperature**  
Glass surface temperature at 25°F outdoor, 70°F indoor temperature:

- Single glass 52 °F
- Double glass 59 °F
- Low E + Argon 62 °F
- High Performance (Heat mirror films) 64 °F

**Infiltration** allows cold air to enter the room.

**Radiation** between warm skin and the cold window surface chills the body.

**Convection** currents are formed when air near the colder window surface cools, becomes denser, and flows downward, creating a continuous flow pattern.

Windows create three wintertime comfort problems.

Source - [Residential Energy](#)

### Heat Gain Through Insulated Glass

Windows transfer heat by conduction, radiation, and convection.

Most incident solar energy streams through the double-pane glass assembly, although some is absorbed and some is reflected. The glass absorbs most longer-wave infrared radiation from warm outdoor objects. Absorbed solar heat and heat from hot outdoor air conducts through the glass, then radiates across the air space and is absorbed by the second pane. Finally, radiation and convection carry that heat indoors.

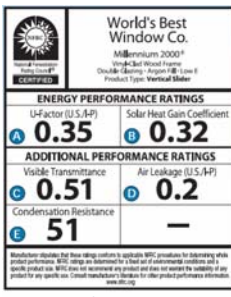
Source - [Residential Energy](#)

### Energy Characteristics of Typical Window Glass Options

Glazing Assembly	U-factor	R-value	SHGC	VT
Single glass	1.1	0.9	0.87	0.90
Standard insulated glass	0.50	2.0	0.76	0.81
High-SHGC, low-e insulated glass	0.30	3.3	0.74	0.76
Medium-SHGC, low-e insulated glass	0.26	3.8	0.58	0.78
Low-SHGC, low-e insulated glass	0.29	3.4	0.41	0.65
Triple glazed 2 low-e insulated coatings	0.12	8.3	0.50	0.65

These values are for glass, not the entire window.

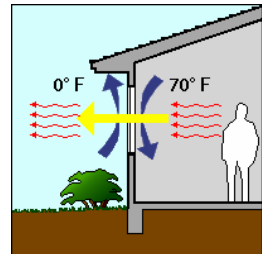
Source - [Residential Energy](#)

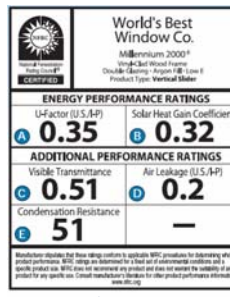


ENERGY PERFORMANCE RATINGS	
U-Factor (U.S./F)	Solar Heat Gain Coefficient
<b>A 0.35</b>	<b>B 0.32</b>
ADDITIONAL PERFORMANCE RATINGS	
Visible Transmittance	Air Leakage (U.S./F)
<b>C 0.51</b>	<b>D 0.2</b>
Condensation Resistance	
<b>E 51</b>	<b>-</b>

[www.nfrc.org](http://www.nfrc.org)

**A U-Factor** measures how well a product prevents heat from escaping a home or building. U-Factor ratings generally fall between 0.20 and 1.20. The lower the U-Factor, the better a product is at keeping heat in. U-factor, takes into account more than conductivity. It also is affected by the airflow around the window.

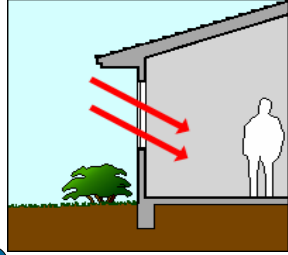


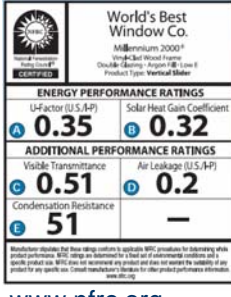


ENERGY PERFORMANCE RATINGS	
U-Factor (U.S./F)	Solar Heat Gain Coefficient
<b>A 0.35</b>	<b>B 0.32</b>
ADDITIONAL PERFORMANCE RATINGS	
Visible Transmittance	Air Leakage (U.S./F)
<b>C 0.51</b>	<b>D 0.2</b>
Condensation Resistance	
<b>E 51</b>	<b>-</b>

[www.nfrc.org](http://www.nfrc.org)

**B Solar Heat Gain Coefficient (SHGC)** measures how well a product blocks heat from the sun. SHGC is expressed as a number between 0 and 1. The lower the SHGC, the better a product is at blocking unwanted heat gain. Assumes the sun strikes the glass at 90 degrees.

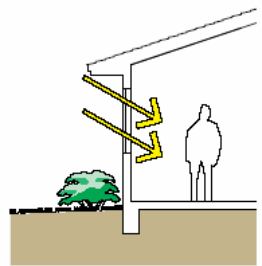




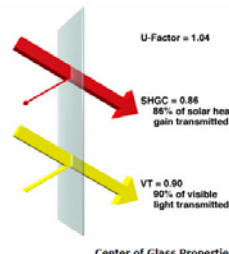
ENERGY PERFORMANCE RATINGS	
U-Factor (U.S./F)	Solar Heat Gain Coefficient
<b>A 0.35</b>	<b>B 0.32</b>
ADDITIONAL PERFORMANCE RATINGS	
Visible Transmittance	Air Leakage (U.S./F)
<b>C 0.51</b>	<b>D 0.2</b>
Condensation Resistance	
<b>E 51</b>	<b>-</b>

[www.nfrc.org](http://www.nfrc.org)

**C Visible Transmittance (VT)** measures how much light comes through a glazing. VT is expressed as a number between 0 and 1. The higher the VT, the higher the potential for daylighting.



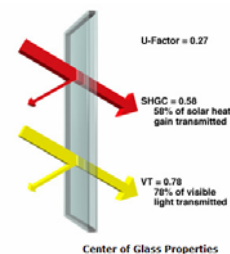
**Single-Glazed with Clear Glass**



U-Factor = 1.04  
SHGC = 0.88 (88% of solar heat gain transmitted)  
VT = 0.90 (90% of visible light transmitted)

Center of Glass Properties

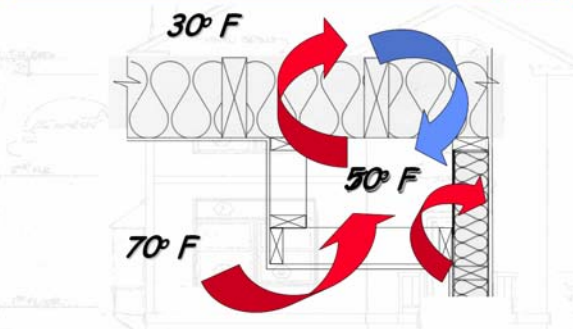
**Double-Glazed with Moderate Solar Gain Low-E Glass, Argon Gas**




U-Factor = 0.27  
SHGC = 0.58 (58% of solar heat gain transmitted)  
VT = 0.78 (78% of visible light transmitted)

Center of Glass Properties

### THERMAL BYPASS IN ACTION



30° F  
70° F




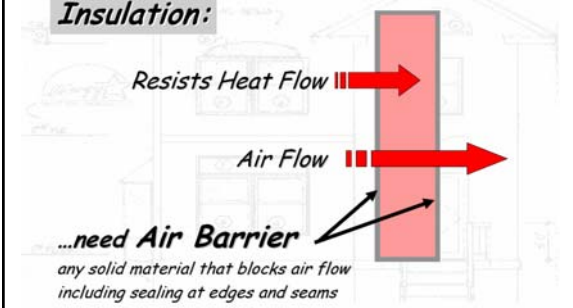
### THERMAL BYPASS PRINCIPLE

**Insulation:**  
Resists Heat Flow

**Air Flow**

**...need Air Barrier**  
any solid material that blocks air flow including sealing at edges and seams





THERMAL BYPASS CHECKLIST:  
1. INSULATION ALIGNMENT

ENERGY STAR

THERMAL BYPASS CHECKLIST:  
2. SHOWER/TUB EXTERIOR WALL

Courtesy of Building Science Corp.

ENERGY STAR



THERMAL BYPASS CHECKLIST:  
2. SHOWER/TUB EXTERIOR WALL

ENERGY STAR

THERMAL BYPASS CHECKLIST:  
3. INSULATED FLOOR OVER GARAGE

**Improper insulation!  
It must touch the surface it is intended to insulate**

ENERGY STAR

THERMAL BYPASS CHECKLIST:  
4. ATTIC KNEE WALLS

**Hot Wall**

Courtesy of Building Science Corp.

ENERGY STAR


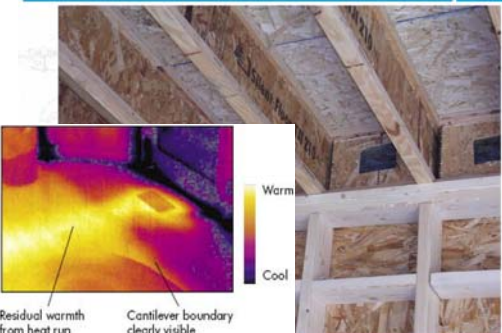


THERMAL BYPASS CHECKLIST:  
5. ATTIC ACCESS STAIRS






**Right**

THERMAL BYPASS CHECKLIST:  
6. CANTILEVERED FLOOR

Residual warmth from heat run  
Cantilever boundary clearly visible

THERMAL BYPASS CHECKLIST:  
7. DUCT/PIPING PENETRATIONS






*Airtight foam on pervious rock wool will not work.*

Insulation will not stop air flow

Courtesy of Advanced Energy Corporation

THERMAL BYPASS CHECKLIST:  
8. FLUE SHAFT



*TIP: Specially colored fire-rated foam now available for sealing difficult air gaps at flue openings*

Courtesy of Building Science Corp. Image courtesy of EnergyLogic

THERMAL BYPASS CHECKLIST:  
9. ATTIC EAVES






THERMAL BYPASS CHECKLIST:  
9. ATTIC EAVES

*Baffles at every bay*

Image courtesy of MaGrann Associates

**THERMAL BYPASS CHECKLIST:**  
**10. DROPPED CEILINGS**

Courtesy of Building Science Corp.

NCAT

**THERMAL BYPASS CHECKLIST:**  
**10. DROPPED CEILINGS**






Courtesy of Building Science Corp.

NCAT




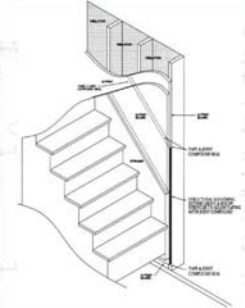

**THERMAL BYPASS CHECKLIST:**  
**11. FIREPLACE SHAFT WALL**

Courtesy of Building Science Corp.

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**THERMAL BYPASS CHECKLIST:**  
**12. STAIRCASE FRAMING**


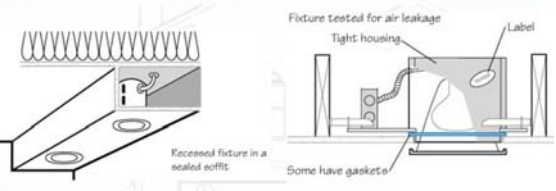




Courtesy of McGrann Associates

Image courtesy of Energy Services Group

NCAT

**THERMAL BYPASS CHECKLIST:**  
**13. RECESSED LIGHTING**

*Eliminate this air leakage by locating fixtures inside the insulated envelope or using insulated can, air-tight (ICAT) recessed fixtures.*

NCAT



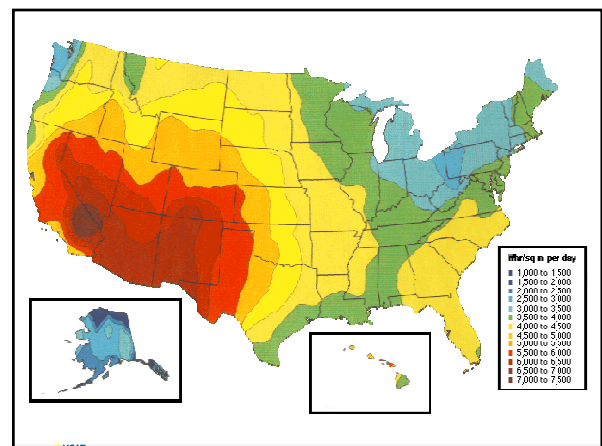
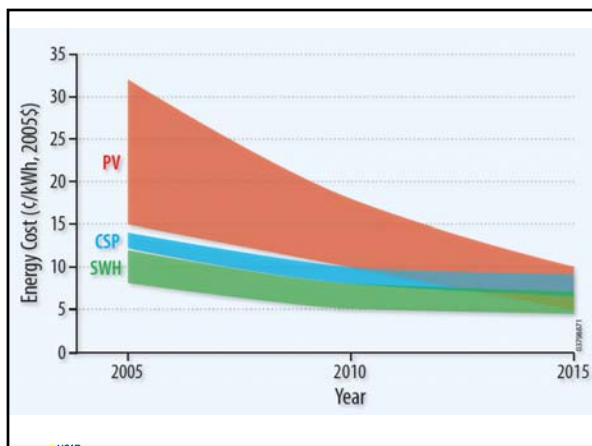
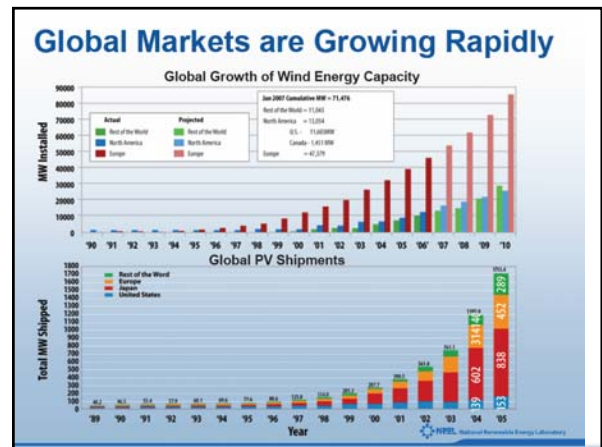
**THERMAL BYPASS CHECKLIST:**  
14. PORCH ROOF

Courtesy of Energy Services Group

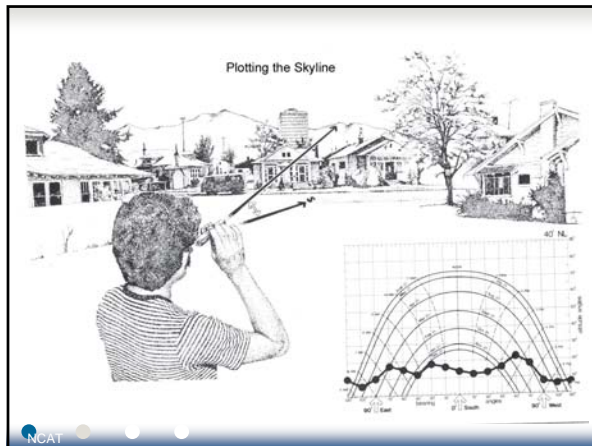
**THERMAL BYPASS CHECKLIST:**  
15. WHOLE-HOUSE FAN

*Problem:  
Whole-house fan  
is equivalent to  
a ~10 sq. ft.  
thermal hole*

**"[It's] time for the human race to enter the solar system."**  
...George W. Bush







**Solar Design Priorities** (In Terms of Cost Effectiveness)

1. **Energy Efficiency**
2. Solar Tempering
3. Solar Hot Water
3. Passive Solar
4. Solar Electric

“Buildings must be worthy of solar energy systems.” - Steven Strong

NCAT

**Solar Ready**

NCAT

**Solar Tempered**

NCAT

**Greenhouse Effect**

About 85% of solar heat is transmitted by the glass in this greenhouse. The heat is absorbed by objects inside the greenhouse. The objects re-radiate the heat as infrared radiation, which is nearly 100% absorbed by the glass. 50% of that absorbed heat is re-radiated outdoors and 50% is re-radiated indoors. Heat is therefore concentrated in the greenhouse and its temperature rises.

Source - Residential Energy

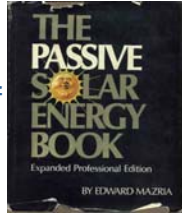
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**Passive Solar Design**

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“Since a building or some element of it is the passive system, the application of passive solar energy must be included in every step of the building’s design.”

-Edward Mazria, *The Passive Solar Energy Book*



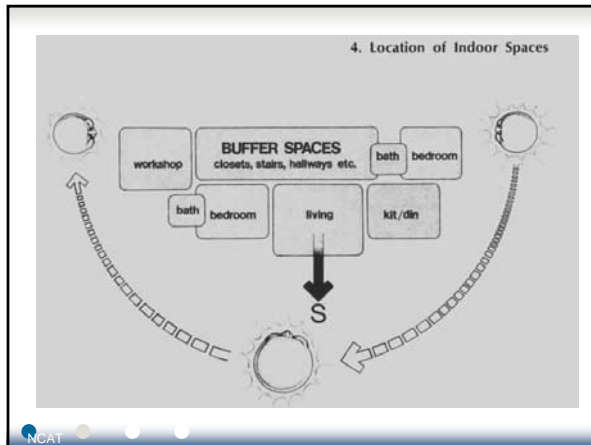
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### Passive Solar Homes - Not for Everyone

1. First Cost (usually for thermal mass)
2. Floor Plan Layout and Window Location
3. Temperature Swings
4. Thermal Mass Finishes
5. Fading of Finishes (especially fabrics)



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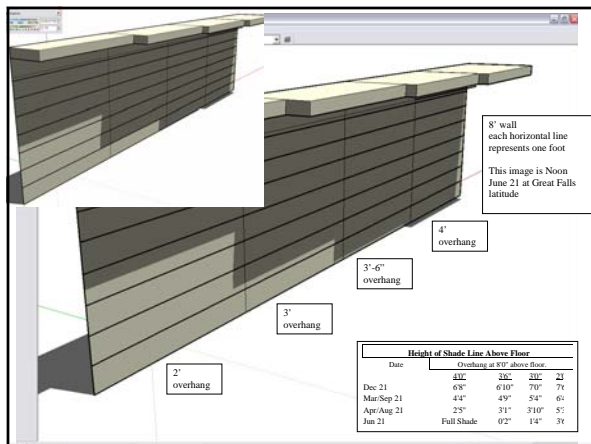
### A Tale of One Square Foot of Glass

Subtitled: *The Annual Heat Balance*

- North Wall -6 Btu/Year
- North Wall Glass – R3 insulation (8h/d, 8m/yr) -51 Btu/Year
- South Wall Glass – No insulation +50 Btu/Year
- This glass foot loses more energy than it gains in Dec-Jan.
- South Wall Glass – R3 insulation (8h/d, 8m/yr) +60 Btu/Year

Assumptions:  
SHGC = .53  
U-value = .37  
Wall R-value = 24

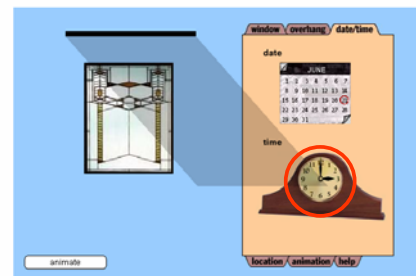
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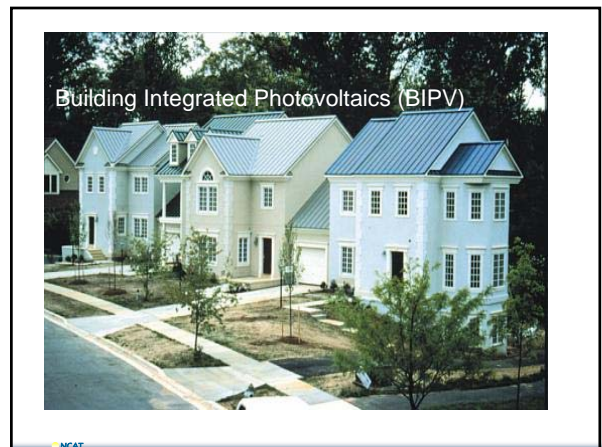
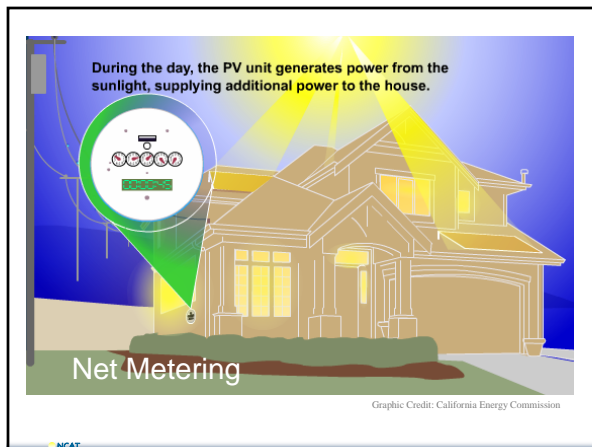
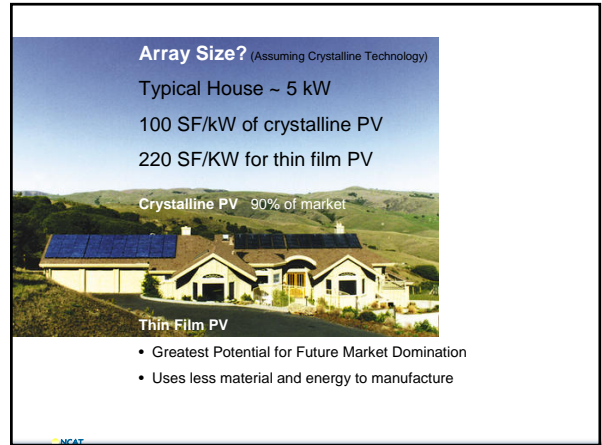
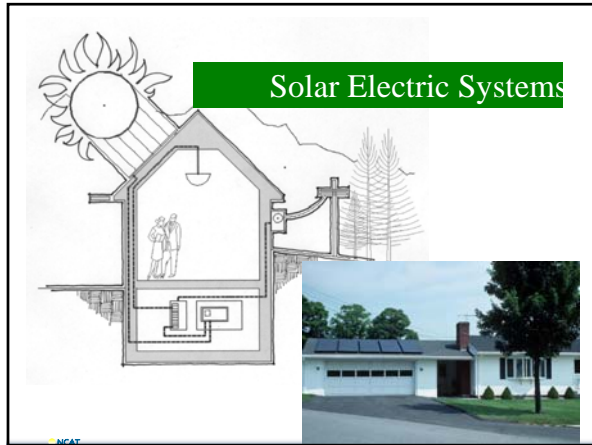
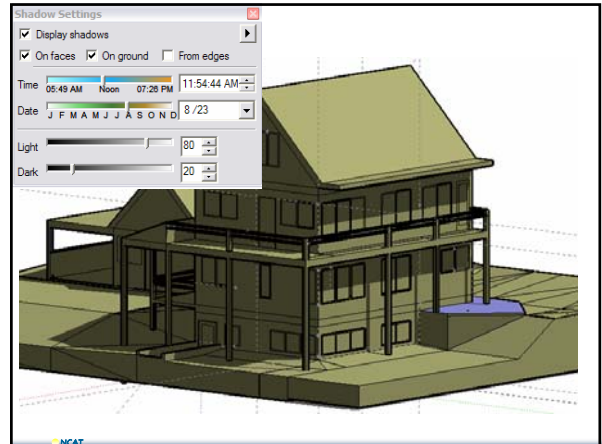
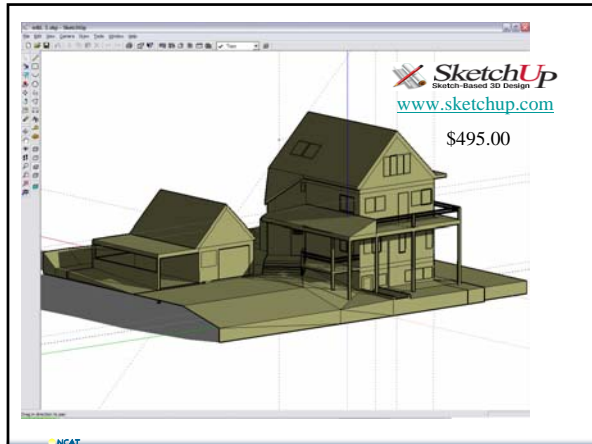
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### Overhang Design

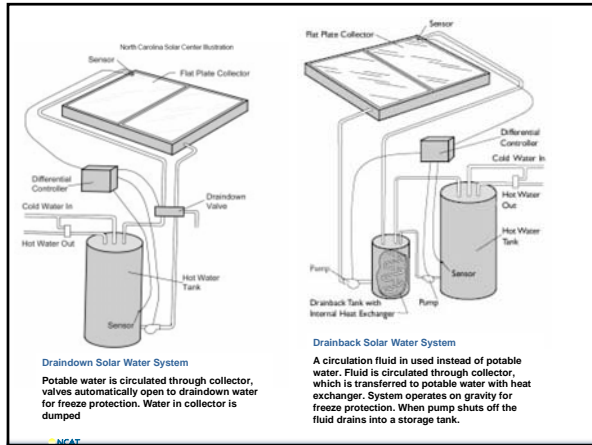
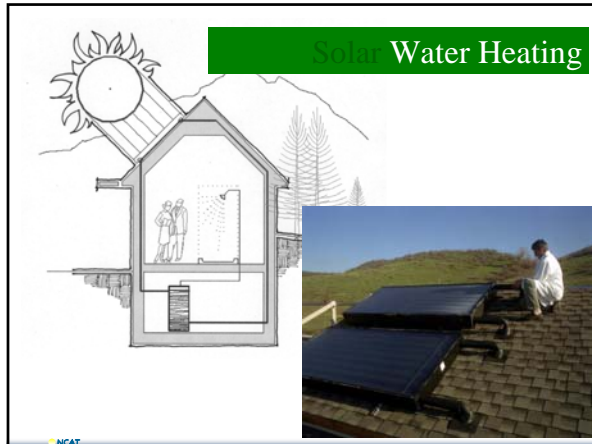
This tool provides visual feedback about the performance of a horizontal window overhang. Please read the important [instructions](#), [notes](#), and [FAQ](#) pages before using this tool.



NCAT







**Domestic Water-Heating Systems**

**Solar Rating & Certification Corporation Directory.**

Solar Rating & Certification Corporation C/O Florida

Solar Energy Center, 1679 Clearlake Road, Cocoa, FL 32922-5703; 407-638-1537.

<http://www.solar-rating.org/default.htm>

**SEARCH INSIDE!**

**THE PASSIVE SOLAR DESIGN & CONSTRUCTION HANDBOOK** \$115

**THE SOLAR HOUSE** \$29.95

**LOOK INSIDE!**

**THE PASSIVE SOLAR HOUSE** \$24.95

**LOOK INSIDE!**

**THE SOLAR ELECTRIC HOUSE** \$21.95


**THE PASSIVE SOLAR ENERGY BOOK** Expanded Professional Edition BY EDWARD MAZRIA

**MONTANA Green Power**

[www.montanagreenpower.com](http://www.montanagreenpower.com)

# Heating, Cooling, Hot Water, Appliances and Lighting

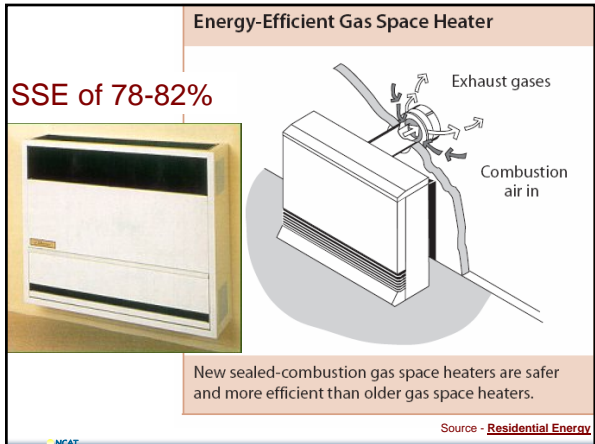
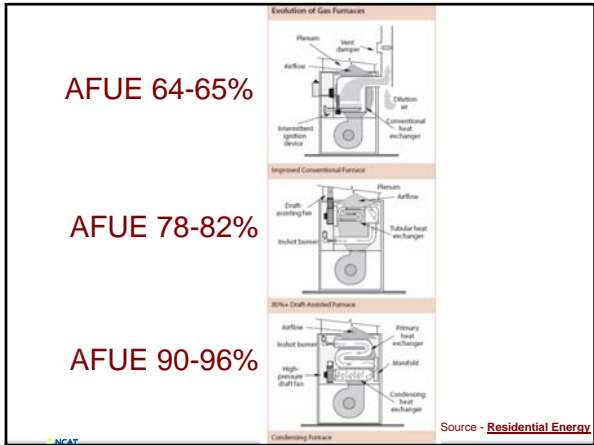
Section **5**

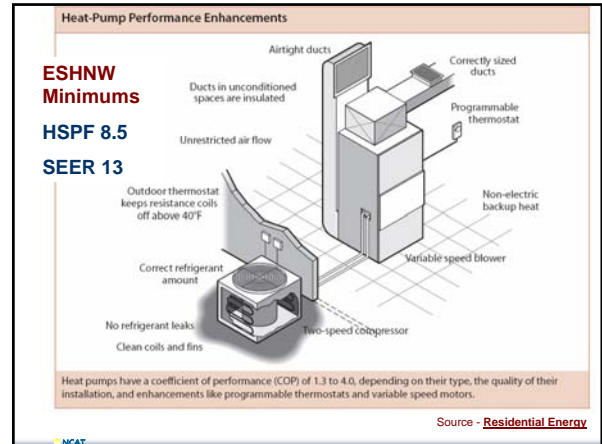
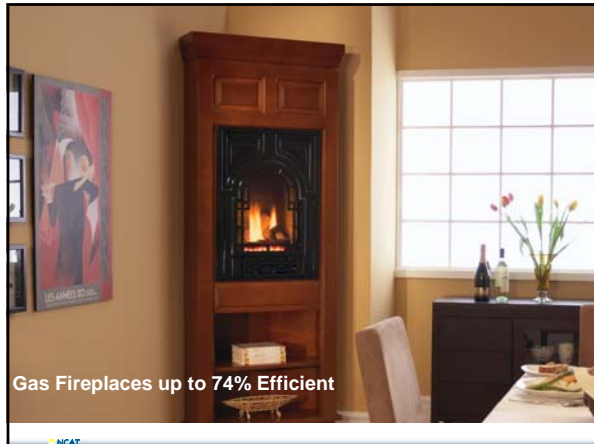


# Section 6: Heating, Cooling, Hot Water, Appliances and Lighting

## Heating

- Cooling
- Controls
- Ducts
- Hot Water
- Appliances
- Lighting

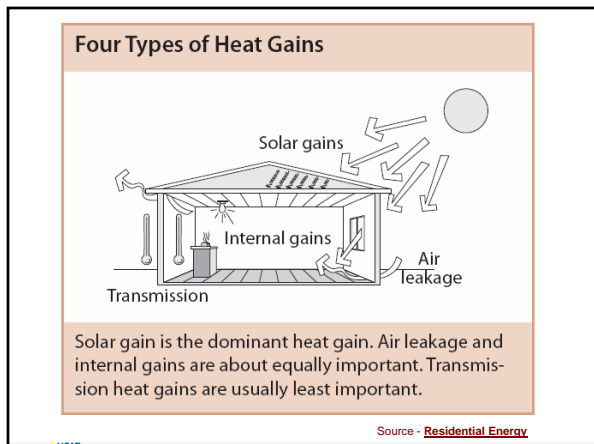


**ENERGY STAR**  
**Air Source Heat Pumps**

- Higher SEER
- Higher HSPF
- 20% more efficient than standard new models
- 20-50% more efficient than older models

**ENERGY STAR**  
**Geothermal Heat Pumps**

- Geothermal heat pumps use the ground instead of outside air to provide heating
- Among the most efficient and comfortable heating and cooling technologies



### Percent of Total Heat Gain for Components

Component	Low	High
Solar Gains - Windows	15%	35%
Solar Gains - Roof	10%	30%
Solar Gains - Walls	3%	8%
Internal Gains - Heat	10%	25%
Internal Gains - Humidity	5%	15%
Air Leakage - Heat	10%	20%
Air Leakage - Humidity	5%	25%
ΔT Indoor-Outdoor	4%	12%

Well planned landscaping can reduce an unshaded home's summer air conditioning costs by 15% to 50%

Every home and homesite has a different distribution of heat gains. For example, homes with little shade have high solar gains while shaded homes have lower solar gains. Homes in humid climates have large humidity heat gains while those in dry climates don't. Homes with awnings have low window solar gain.

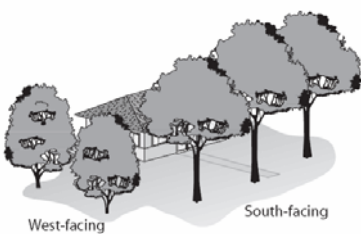
Source - Residential Energy



LBL studies have shown that summer daytime air temperatures are 3 to 6 degrees cooler in neighborhoods with mature tree canopies

Planting trees is ten time more cost effective than building power plants.


**Energy-Saving Landscaping**




Landscaping is the best long-term cooling investment for residences. Southern exposures need taller trees to block the higher angle of the sun from the south. East and west vegetation should block the lower-angle sun from entering windows during the summer.

Source - Residential Energy

**HVAC PROPER INSTALLATION**




- Right-Sized Equipment (ACCA Manuals J/S)
- Engineered Duct Layout (ACCA Manual D)
- Register Design (ACCA Manual T)
- Duct Sealing/Testing
- Refrigerant Charge
- Air Flow Across Coil
- Air Flow Balance



**ENERGY STAR Programmable Thermostats**

- Programmable thermostats automatically adjust temperature settings, save about \$100 per year
- Store four or more temperature settings a day
- Adjust heating or air conditioning turn-on times as the outside temperature changes



**COMBUSTION SYSTEM HIGHLIGHTS: CO ALARMS**









CO ALARM      COMBINED CO & SMOKE ALARM

**Manual J Computer Calculation of Room Heat Flows and Air-Handler Airflows**

Room	Area (ft <sup>2</sup> )	Heating load (Btuh)	Cooling load (Btuh)	Heating Airflow (cfm)	Cooling Airflow (cfm)
Living room	255	4670	4568	188	221
Dining room	224	4219	2271	195	188
Kitchen	144	3201	2456	91	119
Bedroom 1	158	4410	1799	142	98
Bedroom 2	106	1730	771	53	41
Bedroom 3	99	3941	2492	151	136
Bathroom 1	80	1532	1206	65	78
Bathroom 2	60	771	521	29	39
<b>Totals</b>	<b>1126</b>	<b>24,474</b>	<b>16,084</b>	<b>914</b>	<b>920</b>

Manual J (Air Conditioning Contractors of America)

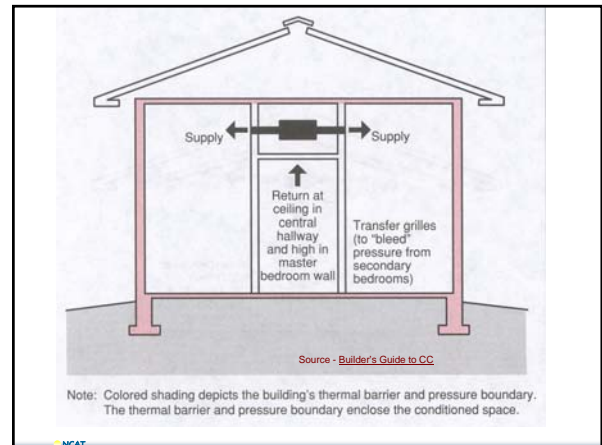
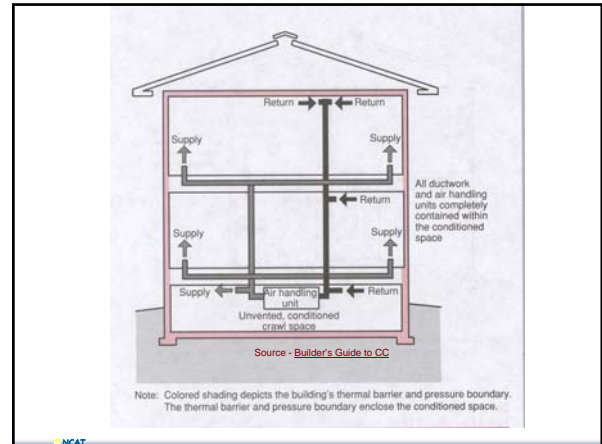
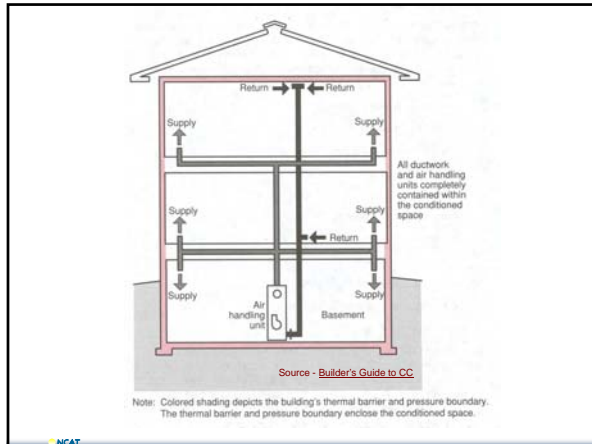
Source - Residential Energy

**Ducts**

- Should be located within the thermal envelope
- Ducts need to be sealed, especially if outside the thermal envelope
- Duct systems need to be designed
- Design the supply registers

Trending toward:

- higher air velocity at outlet
- lower supply air temperature in heating mode longer run time
- be aware of air speed in occupied zones

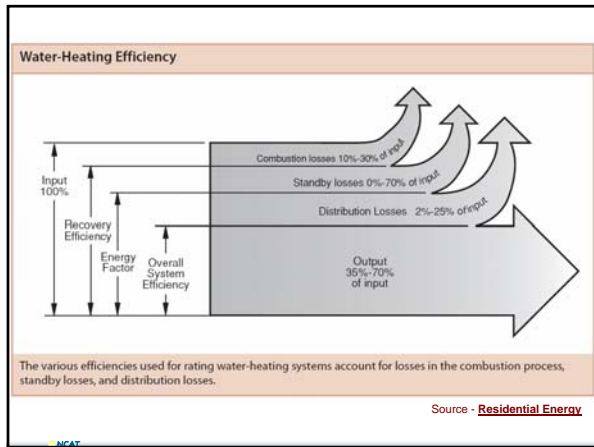


### Building cavities as return ducts


Do these building cavities look airtight to you?



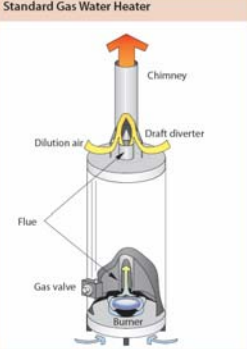
Avoid using building cavities as return ducts because they are difficult to air seal.



### Standard Gas Water Heater



ESHNW Minimum ER .61



Chimney

Draft diverter

Dilution air

Flue

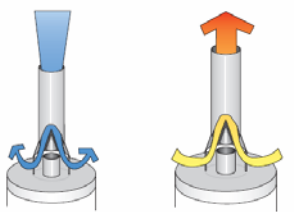
Gas valve

Burner

Combustion air enters the bottom, combusts with gas, then rises through the flue which is surrounded by water. The gases heat the water as they rise through the tank. Dilution air enters through the draft diverter.

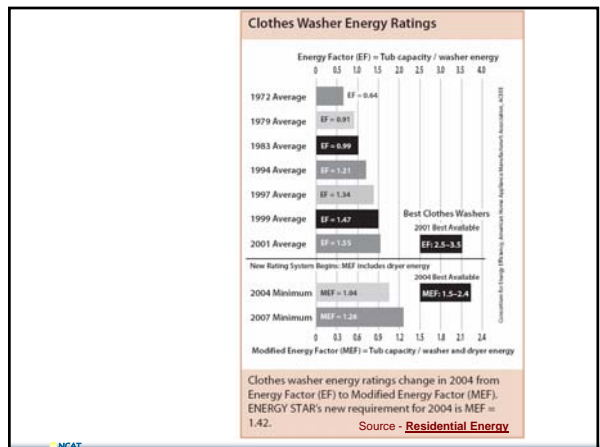
Source - Residential Energy

### Function of a Draft Diverter

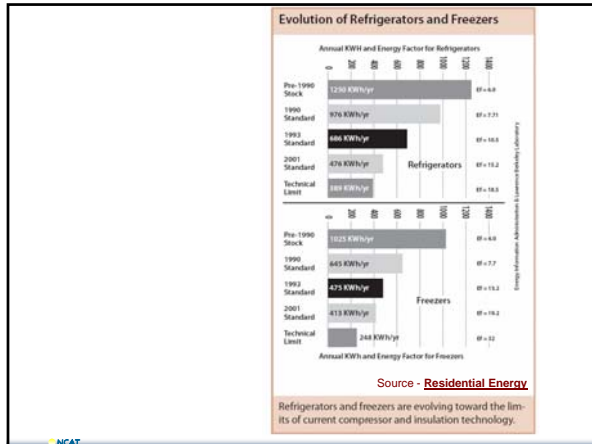


This device diverts down-drafts so they do not blow out the pilot light. The draft diverter also lets dilution air into the flue to relieve pressure that would otherwise pull directly on the burner, causing unnecessary excess air.

Source - Residential Energy







### ENERGY STAR Clothes Washers

- Clean clothes using 50% less energy
- Extract more water from clothes during the spin cycle, reduces the drying time and saves energy and wear and tear on clothes.

### ENERGY STAR Refrigerators

- High efficiency compressors
- Improved insulation
- More precise temperature and defrost mechanisms
- Use 15% less energy than required by current federal standards
- Use 40% less than conventional models sold in 2001

### New v. Old Light Bulbs

- Use the 4-to-1 rule in finding a replacement bulb.

### Light Quality: Color Temperature

Color Temperature (Kelvin)	Light Source
6500	Daylight
5000	Sunlight
4100	MH
3500	Color Temperature in Degrees Kelvin
3000	Halogen
2700	Incandescent
2200	HPS
1500	Candle

Common Fluorescent Range: 3500K - 4100K

Examples of 2700K and 3500K qualified CFLs.

Source: ENERGY STAR, Lighting Facts

### Light Quality Color Rendering Index (CRI)

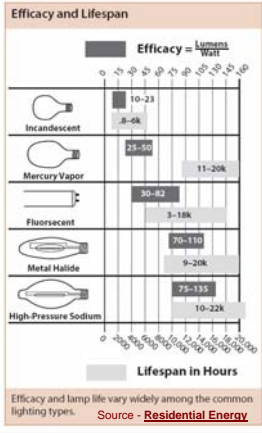
- CRI = How a lamp reproduces color accurately.
- The CRI scale ranges from 0 to 100.

\*\* All ENERGY STAR Lamps intended for indoor use are 80 CRI or Higher

Lighting Type	Color Rendering Index
Incandescent	97-100
Fluorescent (Standard)	52-62
Fluorescent (T-8 & CFL)	81-90
Mercury vapor	22-52
Metal halide	60-90
High-pressure sodium	25-65

Source - Residential Energy

Efficacy = Lumens / Watt



### LIGHT OUTPUT EQUIVALENCY

To determine which ENERGY STAR qualified light bulbs will provide the same amount of light as your current incandescent light bulbs, consult the following chart:

INCANDESCENT LIGHT BULBS	MINIMUM LIGHT OUTPUT	COMMON ENERGY STAR QUALIFIED LIGHT BULBS
WATTS	LUMENS	WATTS
40	450	9-13
60	800	13-15
75	1,100	18-25
100	1,600	23-30
150	2,600	30-52



### CFL Sizes and Shapes

CFLs come in a variety of shapes and sizes. The majority of CFLs are designed to look identical to the incandescent light bulb version. The table below identifies the most popular CFL shapes that are available at retail:

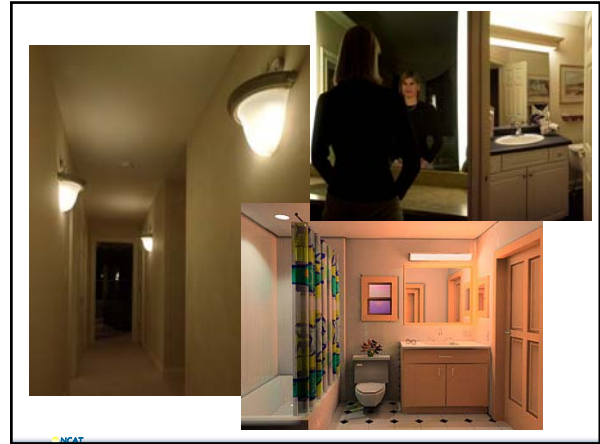
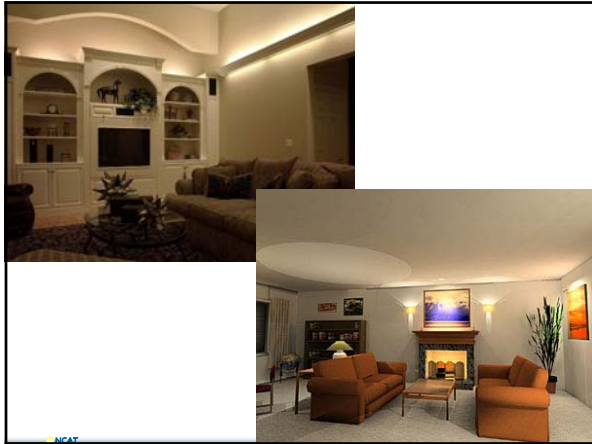
Bare Products		Covered Products			Reflector Products	
Mini-Spiral or Twist	Tube or Universal	Incandescent/A-line	Globe G25, G30, G40	Candelabra, Post or Bullet Shape	Indoor and Outdoor R20, R30, R40, PAR38	

### Bulb Disposal & Mercury

Fluorescent tubes & CFL's account for 1% of mercury (Hg) released in to the US annually. 87 % of US emissions are from coal burning power plants & incinerators. Energy savings from CFL's results in a net reduction of Hg releases through less coal use.

- Check with your local solid waste agency for proper disposal suggestions.
- [www.earth911.org](http://www.earth911.org)
- [www.lamprecycle.org](http://www.lamprecycle.org)





## Recessed Cans

- Popular in many homes.
  - Can retrofit with screw-in Reflectors (R-lamps). Heat is an issue.
  - See <http://www.pnl.gov/flamps/index.stm>
  - CFL fixtures are now available with the ballast outside of can & a pin-based bulb.
- ENERGY STAR cans allow for fewer cans and better light distribution




### 9W LED Bulb Replaces 70W Incandescent

by Justin Thomas, Virginia on 02.08.07  
DESIGN & ARCHITECTURE (lighting)  
14 diggs (99%)





I've seen my fair share of LED bulbs, but usually the lumens they output are fairly modest. This bulb, however, outputs 308 lumens using 150 warm white LEDs, and is rated at 9 Watts. It is said to be a replacement for a regular 70 Watt incandescent bulb. There's also a frosted version available that outputs about 594 lumens. One thing to note is that the light from these bulbs is probably a bit different in character from incandescents. LED light tends to be sharper and more direct (perhaps the frosted bulb overcomes this problem). The bulbs cost between \$50-\$70 each, and you can find them at [iCreme Geek](#) and [Cubequips](#). Why would you pay this much for a bulb? Perhaps if you are off-grid or interested in long-term savings. See also: [30 LED Bulbs](#)

**IMAGINE INSTALLING THIS LIGHT THE DAY HE IS BORN.**

**AND NOT REPLACING THE LIGHT UNTIL HE GRADUATES FROM COLLEGE.**

**The longest lasting, most energy efficient downlight ever made.**

It's a once-in-a-generation breakthrough that delivers the warmth and lustrous color of incandescent lamps along with all the cost savings and other benefits of state-of-the-art LED technology. So take a look at what this light can do for you, and you'll never look at light the same way again.

- You may never change another light bulb.**  
The LRS lasts more than 20 years (20,000 hours) in normal use. That makes life simpler, especially in hard-to-reach installations.
- Look at a home in a different light.**  
The quality of light from the LRS is unmatched. There's no harsh glare, just warm, beautiful light.

**3. The heat is off.**  
Unlike incandescent fixtures, the LRS is comfortable to the touch, and it reduces the burden and cost of the air conditioning system.

**4. Great light has never been so green.**  
The new LRS uses 85% less energy than a comparable incandescent and less than half that of a comparable fluorescent. And unlike any fluorescent, the LRS contains no harmful mercury.

**5. Shedding light on lower costs.**  
Savings like these mean the LRS, in typical use, more than pays for itself in electricity savings.





# HERS Training: Mechanical Ventilation



Section

6



NCAT



**“Build it tight, ventilate it right.”**

## WHAT POLLUTANTS AFFECT IAQ?



- **Biological pollutants**
  - Mold & Mildew
  - Dust Mites & Pests
- **Combustion products**
  - CO, NO<sub>2</sub>, Smoke
- **Radon & Soil gases**
- **Formaldehyde**
- **Other Chemicals**
- **Airborne Particles**
  - Dust, Pollen



Linked to health problems ranging from minor respiratory irritation to death, depending on exposure and sensitivity

More IAQ Info available at:  
<http://www.epa.gov/iaq/ia-intro.html>  
Or call 1-800-438-4318

House design and construction can reduce exposure risk for indoor air pollutants!



Research shows that even leaky houses are under ventilated part of the time, especially during swing seasons when temperature differences are less.

## IAQ RISK REDUCTION PRINCIPLES



1. **Source Control**  
*eliminate, substitute, or modify pollutant sources*
2. **Dilution**  
*ventilate to dilute unavoidable pollutants*
3. **Filtration**  
*remove targeted pollutants, last resort after source control & dilution*

## BUILDING MATERIALS HIGHLIGHTS: LOW-EMITTING MATERIALS



Certified "Green" Carpeting

### MDF & Particleboard



**A-C GROUP 1**  
EXTERIOR  
000  
Plywood





### Infiltration versus Mechanical Ventilation

	<u>Infiltration</u>	<u>Mechanical Ventilation</u>
Reliable appropriate quantity of air	NO	Yes
Air delivered to appropriate spaces	NO	Yes
Can be shut off if house is unoccupied	NO	Yes
Quality of air good as outdoor air	NO	Yes

Note: This assumes mechanical system is properly designed.



### Mechanical Ventilation Introduction

## ASHRAE 62.2

Exhaust and Supply Ventilation Systems  
Balanced Ventilation Systems  
Radon Mitigation



Department of Energy Efficiency Assistance  
www.eea.state.nj.gov

### Mechanical Ventilation

REM/RATE assumes ASHRAE 62.2-2003

Requires continuous whole-building\* mechanical ventilation based on conditioned floor area and # of bedrooms

7.5 cfm/bedroom +1 plus 1 cfm/100 SF

Example: 3-bedroom 2400 SF house

$(7.5 \text{ cfm} \times (3+1)) + (2400/100) = 54 \text{ cfm}$

\* - Mech exhaust system may include local exhaust fans.

Residential Energy's BTL is out-of-date

### Mechanical Ventilation

#### Intermittent Mechanical Ventilation Example

A fan operated 30% of the time with cycle times of four hours (6 cycles/day) with a ventilation requirement of 40 cfm.

Ventilation Effectiveness 33% (from Table 4.2)

$$40 \text{ cfm} / (.33 \times .30) = 404 \text{ cfm}$$

Ventilation Required Fractional On-time Vent Effectiveness

The fan flow will have to equal or exceed 404 cfm



### Section 5 Mechanical Ventilation

Introduction

ASHRAE 62.2

## Exhaust and Supply Ventilation Systems

Balanced Ventilation Systems  
Radon Mitigation



Department of Energy Efficiency Assistance  
www.eea.state.nj.gov

**Mechanical Ventilation System Types**

1. Exhaust Only
2. Supply Only

**Balanced:**

3. Spot exhaust w/ make-up air
4. Central exhaust without heat recovery
5. Central exhaust with Heat Recovery

Source - Builder's Guide to CC

Quiet Exhaust Fan <= 1 sone

**→ Not Recommended for Cold Climates**

**Supply Ventilation**

The air handler draws filtered outdoor air into the home, pressurizing it. Stale indoor air exits through air leaks in the building shell. The automatic damper opens when the air handler comes on. The controller opens and closes the damper and cycles the air handler as needed to ventilate the home.

Source: Residential Energy

**→ Not Recommended for Hot Humid Climates**

**Central Exhaust Ventilator**

A central exhaust ventilator pulls air out of rooms and exhausts it outdoors. Make-up air infiltrates through air leaks in the building shell. The house is under a negative pressure. A central supply ventilator would be installed in a similar manner but with filtered outdoor air delivered to the home and stale air exiting through air leaks.

Source: Residential Energy

**Mechanical Ventilation**  
Introduction  
ASHRAE 62.2  
Exhaust and Supply Ventilation Systems

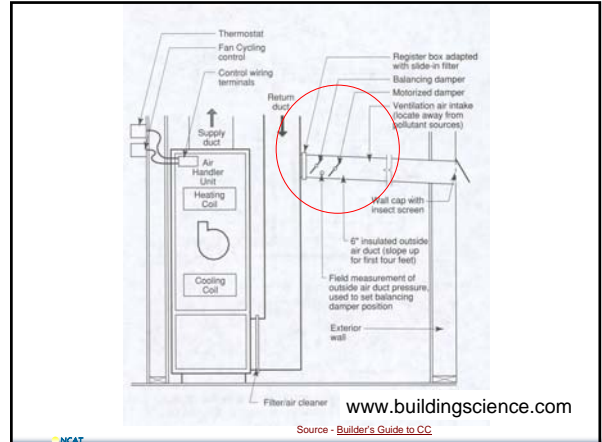
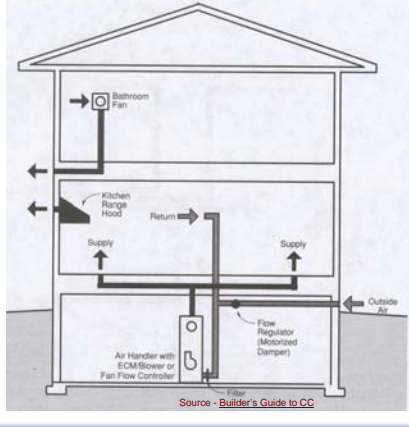
**Balanced Ventilation Systems**  
Radon Mitigation

**Arguments for Balanced Mechanical Ventilation Systems**

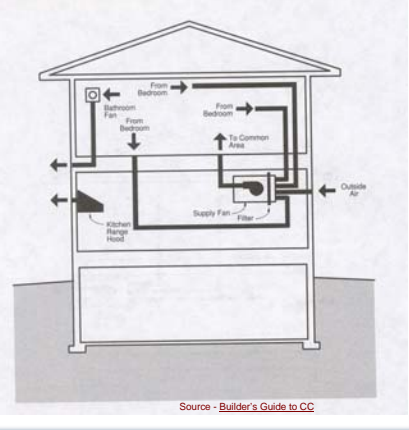
1. Avoids problems of creating positive and negative pressures
2. More likely to actually provided design air quantities
3. Provides air through planned pathways, improves air quality
4. Many systems provide option for heat recovery



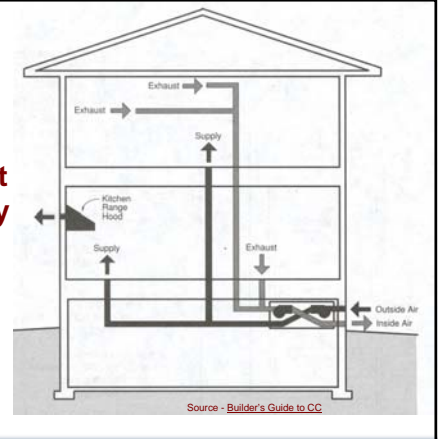
**Spot exhaust w/ make-up air**



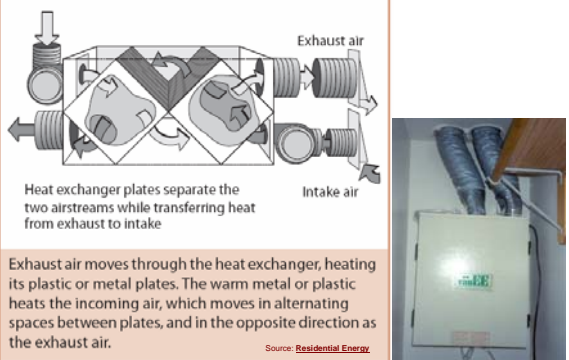
**Central exhaust without heat recovery**



**Central Exhaust with Heat Recovery**

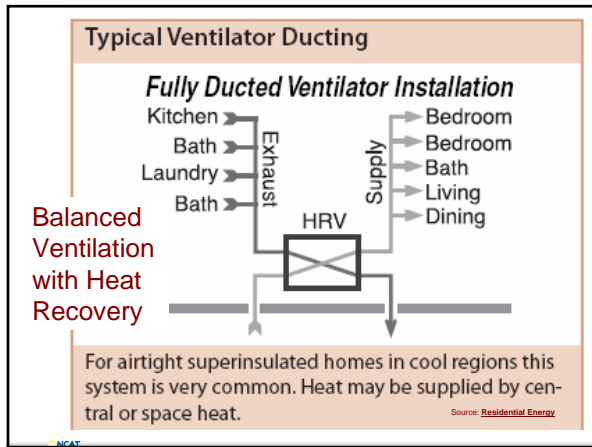
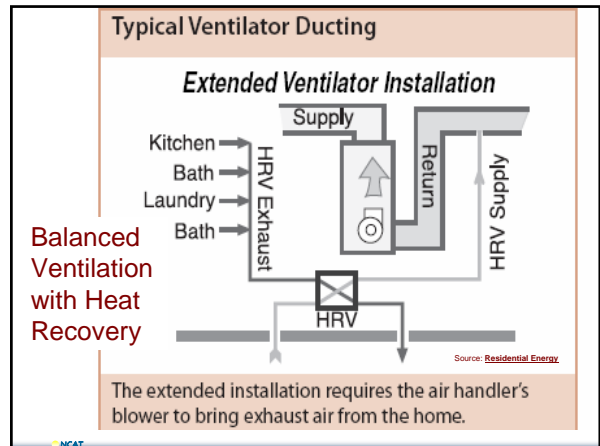
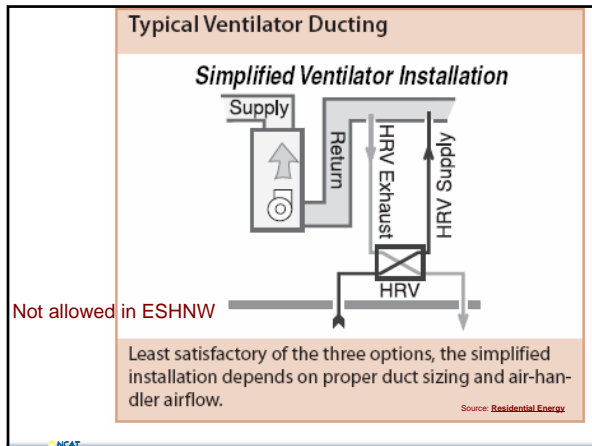


**Heat Recovery Ventilator**



**Ventilation Controls**





Mechanical Ventilation

Introduction

ASHRAE 62.2

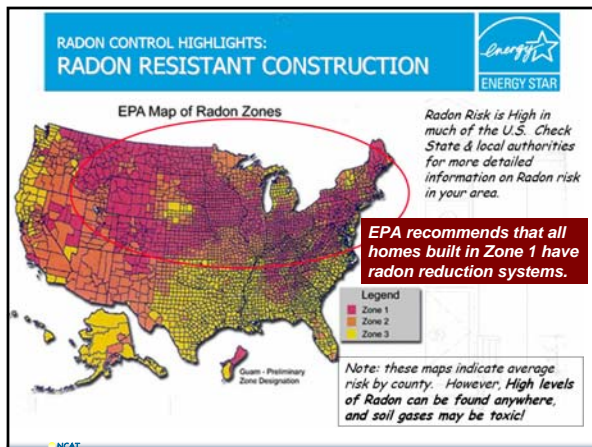
Exhaust and Supply Ventilation Systems

Balanced Ventilation Systems

**Radon Mitigation**

U.S. Green Building Council (USGBC) logo

U.S. Green Building Council (USGBC) logo



United States Environmental Protection Agency  
Office of Air and Radiation

EPAN622-01-002  
April 2001

**Building Radon Out**  
A Step-by-Step Guide On How To Build Radon-Resistant Homes

<http://www.epa.gov/radon/pdfs/buildradonout.pdf>

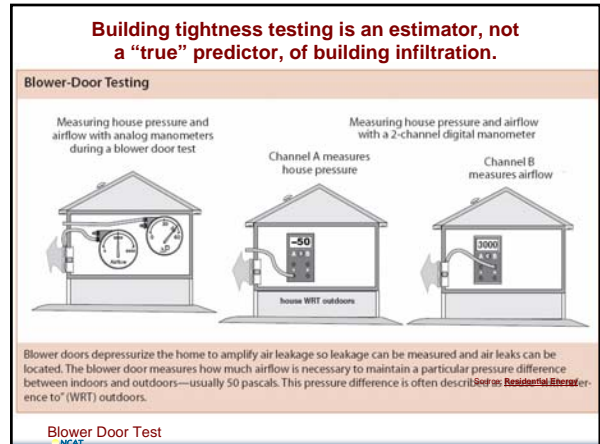
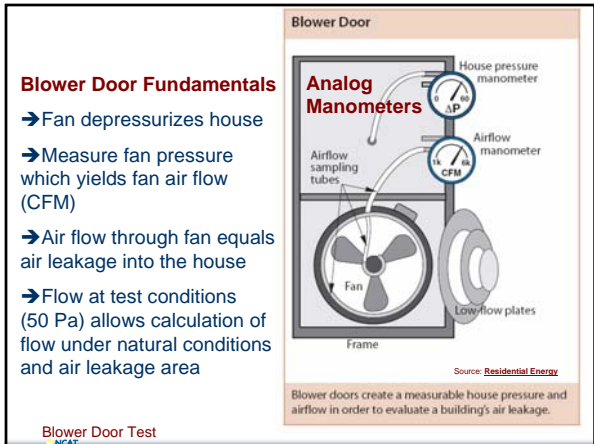
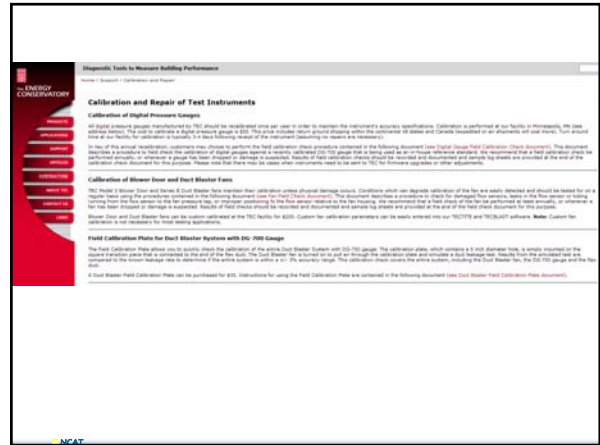
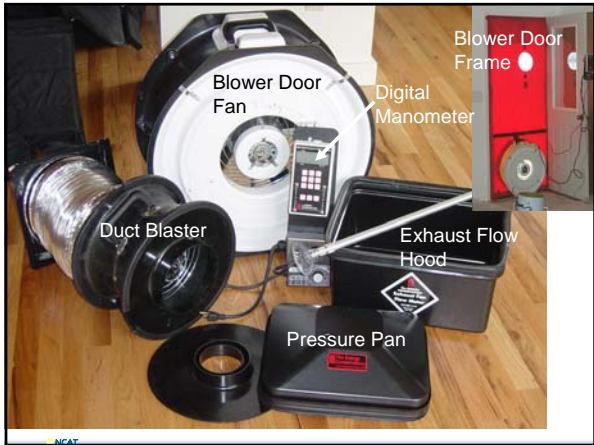
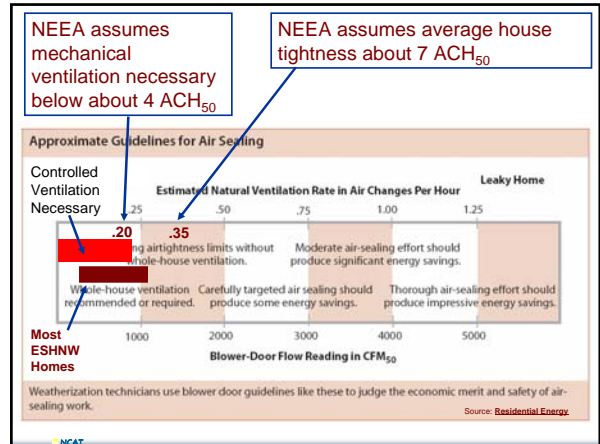


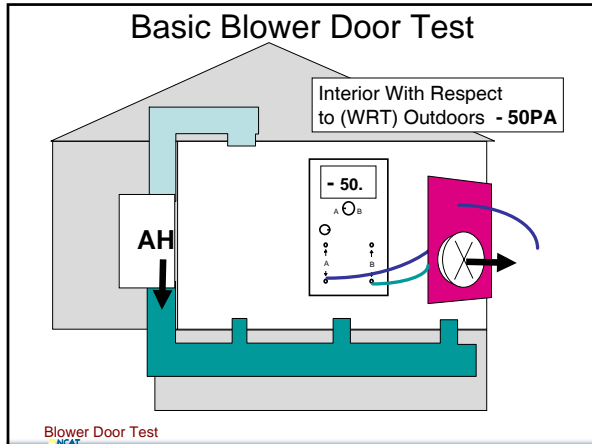




### Typical Residential Pressures

Force	Induced Pressure
Wind	Ave. 4 Pa
Stack Effect	1 - 3 Pa
Exhaust Fans	1 - 5 Pa
Combustion Equipment	.5 - 1 Pa
Fireplaces	1 - 10 Pa
Air Handler (Duct Leakage)	.5 - 5 Pa
Typical Blower Door Test	50 Pa
Potential Back Draft Problems	3 Pa





### Blower Door Math

To calculate air changes per hour at 50 Pa:

$$ACH_{50} = \frac{CFM_{50} \times 60}{\text{House Volume}}$$


---

To convert air change rate at 50 Pa to the air change rate at natural conditions:

$$ACH_{nat} = \frac{CFM_{50} \times 60}{n \times \text{House Volume}}$$

*n* – The correlation factor shown on the following slide.

Blower Door Test  
NCAAT

### Converting CFM50 to Air Change Values

(Provides Approximate Values)

n-Factor Table

Zone	# of stories	1	1.5	2	3
1	Well-shielded	18.6	16.7	14.9	13.0
	Normal	15.5	14.0	12.4	10.9
	Exposed	14.0	12.6	11.2	9.8
2	Well-shielded	22.2	20.0	17.8	15.5
	Normal	18.5	16.7	14.8	13.0
	Exposed	16.7	15.0	13.3	11.7
3	Well-shielded	25.8	23.2	20.6	18.1
	Normal	21.5	19.4	17.2	15.1
	Exposed	19.4	17.4	15.5	13.5
4	Well-shielded	29.4	26.5	23.5	20.6
	Normal	24.5	22.1	19.6	17.2
	Exposed	22.1	19.8	17.6	15.4

$ACH_n = \frac{ACH_{50}}{n}$   
 $ACH_{50} = ACH_n \times n$   
 $CFM_n = \frac{CFM_{50}}{n}$   
 $CFM_{50} = CFM_n \times n$

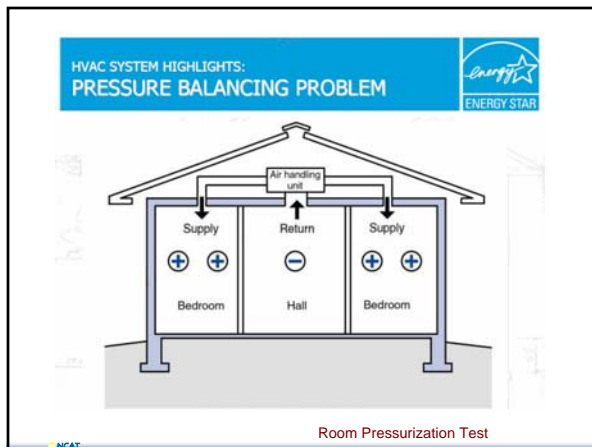
Blower Door Test  
NCAAT

Source: Residential Energy

### House Air Leakage Area Estimates

1. Divide CFM50 by 10 to get square inches of leakage area. (Simple but approximate)
2. Use TECTITE™ software from the Energy Conservatory with multi-point blower door test.

Blower Door Test  
NCAAT



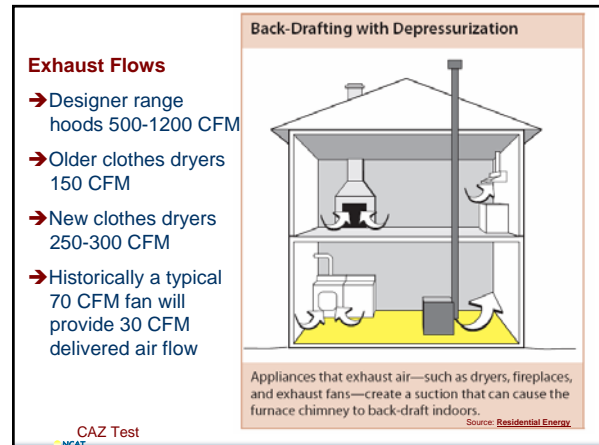
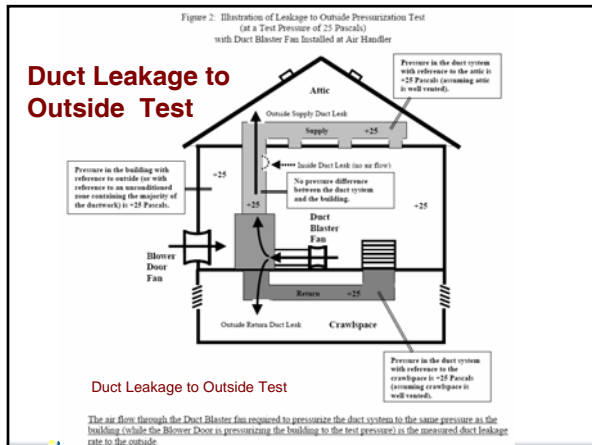
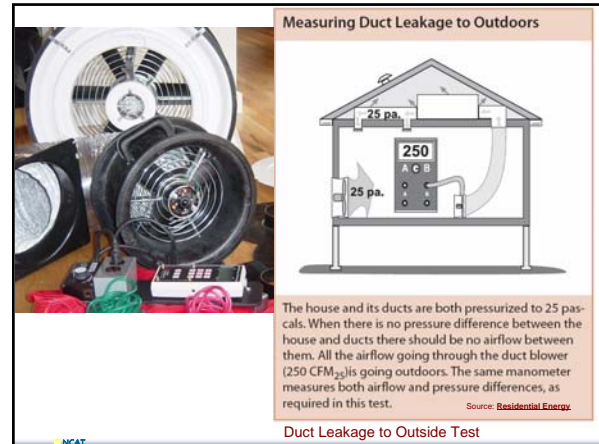
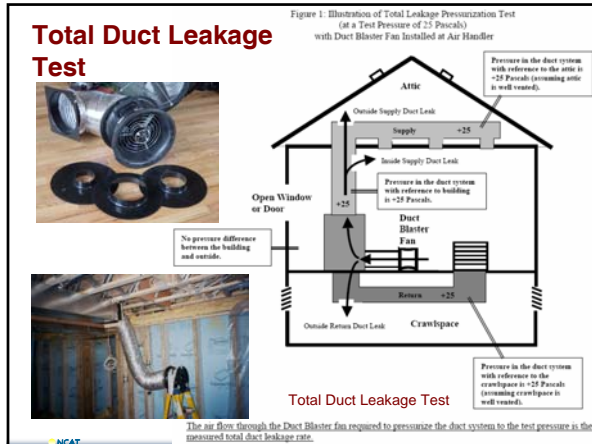
### Measuring Total Duct Air Leakage

The duct blower pressurizes the sealed duct system through one of two return registers. At 25 pascals of duct pressure, these ducts have 176 CFM<sub>25</sub> of total duct air leakage.

Total Duct Leakage Test  
NCAAT

Source: Residential Energy





### House Depressurization Limits (HGL)

Appliance Type	Depressurization Limits
Individual Natural Draft Water Heater (WH)	2 Pa
Natural Draft WH & Natural Draft Furnace or Boiler	3 Pa
Natural Draft WH & Induced Draft (ID) Furnace/Boiler	5 Pa
Individual Natural Draft Furnace/Boiler	5 Pa
Individual ID Furnace/Boiler	15 Pa
Power Vented & Sealed Combustion Appliances	>25 Pa

From Page 54 of the Minneapolis Blower Door Operation Manual published by the Energy Conservatory

CAZ Test



Exhaust Fan Flow Test

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