Stamford Conn. Datum = NGVD

Predicted Hourly Heights **January, 2009** NOAA, National Ocean Service

Eastern Standard Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Th	2.0	3.2	3.6	3.1	1.9	0.4	-1.2	-2.4	-2.9	-2.5	-1.6	-0.1
	1.6	3.0	3.6	3.2	2.2	0.7	-1.0	-2.4	-3.2	-3.1	-2.3	-1.0
2 F	0.8	2.5	3.5	3.6	2.9	1.6	0.0	-1.5	-2.6	-2.8	-2.4	-1.3
	0.2	1.8	3.0	3.4	2.8	1.7	0.2	-1.4	-2.6	-3.1	-2.8	-1.9
3 Sa	-0.4	1.4	2.9	3.7	3.6	2.7	1.4	-0.2	-1.7	-2.7	-2.8	-2.3
	-1.2	0.3	1.9	2.9	3.1	2.5	1.4	-0.1	-1.6	-2.7	-3.0	-2.6
4 Su	-1.6	-0.1	1.7	3.2	3.9	3.6	2.7	1.3	-0.4	-1.9	-2.7	-2.9
	-2.4	-1.3	0.3	1.8	2.8	2.9	2.3	1.2	-0.3	-1.7	-2.7	-3.0
5 M	-2.5	-1.4	0.2	2.0	3.4	4.0	3.7	2.8	1.3	-0.4	-1.9	-2.9
	-3.0	-2.5	-1.4	0.1	1.7	2.7	2.8	2.3	1.2	-0.3	-1.7	-2.7
6 Tu	-3.0	-2.5	-1.4	0.3	2.1	3.6	4.2	4.0	3.0	1.4	-0.4	-2.0
	-3.1	-3.3	-2.9	-1.7	0.0	1.7	2.7	3.0	2.4	1.3	-0.2	-1.7
7 W	-2.8	-3.1	-2.7	-1.5	0.3	2.3	3.8	4.5	4.3	3.3	1.6	-0.4
	-2.2	-3.4	-3.7	-3.2	-2.0	-0.1	1.7	2.9	3.2	2.8	1.6	-0.1
8 Th	-1.8	-3.0	-3.4	-3.0	-1.7	0.2	2.4	4.1	4.8	4.6	3.5	1.7
	-0.6	-2.5	-3.8	-4.2	-3.6	-2.1	0.0	2.0	3.2	3.6	3.1	1.8
9 F	-0.1	-1.9	-3.2	-3.7	-3.3	-1.9	0.3	2.6	4.4	5.2	4.9	3.7
	1.6	-0.8	-2.9	-4.2	-4.6	-3.9	-2.2	0.2	2.3	3.7	4.1	3.5
10 Sa	2.0	-0.1	-2.2	-3.6	-4.1	-3.6	-2.0	0.4	2.9	4.7	5.4	5.1
	3.6	1.4	-1.2	-3.3	-4.6	-4.9	-4.0	-2.0	0.5	2.8	4.1	4.4
11 Su	3.7	2.0	-0.3	-2.5	-3.9	-4.4	-3.7	-2.0	0.6	3.1	4.9	5.5
	5.0	3.4	1.0	-1.6	-3.7	-4.9	-5.0	-3.8	-1.6	1.0	3.3	4.5
12 M	4.7	3.8	1.8	-0.6	-2.7	-4.1	-4.5	-3.7	-1.8	0.8	3.3	5.0
	5.5	4.8	3.1	0.6	-2.0	-4.0	-5.0	-4.9	-3.5	-1.1	1.6	3.7
13 Tu	4.8	4.8	3.6	1.6	-0.9	-3.0	-4.2	-4.5	-3.5	-1.5	1.1	3.4
	4.9	5.2	4.4	2.5	0.0	-2.4	-4.2	-4.9	-4.5	-3.0	-0.5	2.1
14 W	4.0	4.9	4.6	3.4	1.3	-1.1	-3.1	-4.2	-4.3	-3.2	-1.2	1.3
	3.4	4.6	4.7	3.8	1.9	-0.4	-2.6	-4.1	-4.6	-4.0	-2.4	0.0
15 Th	2.4	4.1	4.7	4.4	3.0	0.9	-1.3	-3.1	-4.0	-3.9	-2.9	-0.9
	1.4	3.2	4.2	4.1	3.2	1.4	-0.8	-2.7	-3.9	-4.1	-3.4	-1.7
16 F	0.5	2.7	4.0	4.5	4.0	2.6	0.7	-1.4	-2.9	-3.6	-3.5	-2.5
	-0.6	1.4	3.0	3.7	3.5	2.6	0.9	-1.0	-2.6	-3.5	-3.6	-2.8
17 Sa	-1.2	0.9	2.7	3.9	4.1	3.6	2.3	0.5	-1.3	-2.7	-3.3	-3.2
	-2.2	-0.5	1.3	2.6	3.1	3.0	2.1	0.6	-1.0	-2.4	-3.1	-3.1
18 Su	-2.3	-0.8	1.1	2.7	3.6	3.8	3.3	2.0	0.4	-1.2	-2.4	-3.0
	-2.9	-2.0	-0.4	1.1	2.2	2.7	2.5	1.8	0.5	-1.0	-2.1	-2.7
19 M	-2.7	-2.0	-0.5	1.2	2.6	3.4	3.5	3.0	1.9	0.3	-1.2	-2.2
	-2.8	-2.7	-1.9	-0.5	1.0	1.9	2.4	2.3	1.6	0.4	-0.9	-1.9
20 Tu	-2.4	-2.5	-1.8	-0.4	1.2	2.5	3.3	3.4	2.9	1.8	0.3	-1.1
	-2.2	-2.8	-2.7	-1.9	-0.5	0.9	1.8	2.3	2.2	1.6	0.4	-0.8
21 W	-1.8	-2.4	-2.4	-1.6	-0.2	1.3	2.6	3.3	3.4	2.9	1.7	0.1
	-1.3	-2.3	-2.9	-2.8	-1.8	-0.4	1.0	1.9	2.4	2.3	1.6	0.4
22 Th	-0.9	-1.9	-2.4	-2.4	-1.5	0.0	1.6	2.8	3.4	3.5	2.8	1.5
	-0.1	-1.6	-2.6	-3.1	-2.8	-1.7	-0.2	1.2	2.2	2.6	2.4	1.5
23 F	0.2	-1.1	-2.1	-2.6	-2.4	-1.3	0.3	1.9	3.1	3.6	3.5	2.6
	1.1	-0.6	-2.0	-3.0	-3.3	-2.8	-1.4	0.2	1.7	2.5	2.8	2.4
24 Sa	1.3	-0.2	-1.5	-2.4	-2.8	-2.3	-1.1	0.7	2.4	3.4	3.8	3.4
	2.3	0.6	-1.2	-2.6	-3.4	-3.4	-2.5	-0.9	0.8	2.2	2.9	3.0
25 Su	2.3	0.9	-0.7	-2.0	-2.8	-2.9	-2.1	-0.6	1.3	2.9	3.8	3.9
	3.2	1.8	-0.1	-1.9	-3.1	-3.6	-3.3	-2.1	-0.2	1.6	2.8	3.3
26 M	3.0	1.9	0.3	-1.3	-2.5	-3.1	-2.9	-1.8	0.0	1.9	3.4	4.0
	3.8	2.7	1.0	-0.9	-2.5	-3.5	-3.6	-2.9	-1.4	0.6	2.4	3.3
27 Tu	3.4	2.8	1.4	-0.3	-2.0	-3.0	-3.2	-2.7	-1.3	0.7	2.6	3.8
	4.0	3.4	2.1	0.2	-1.7	-3.1	-3.7	-3.4	-2.3	-0.5	1.5	3.1
28 W	3.7	3.4	2.4	0.8	-1.1	-2.6	-3.3	-3.2	-2.3	-0.6	1.4	3.1
	4.0	3.8	2.9	1.3	-0.7	-2.4	-3.5	-3.7	-3.0	-1.6	0.4	2.4
29 Th	3.6	3.9	3.2	1.9	0.1	-1.7	-3.0	-3.4	-3.0	-1.8	0.0	2.0
	3.4	3.9	3.5	2.2	0.5	-1.4	-2.9	-3.6	-3.4	-2.4	-0.7	1.3
30 F	3.1	4.0	3.9	2.9	1.4	-0.5	-2.2	-3.3	-3.4	-2.7	-1.3	0.5
	2.4	3.5	3.7	2.9	1.6	-0.2	-2.0	-3.2	-3.6	-3.0	-1.8	0.0
31 Sa	2.0	3.6	4.2	3.7	2.6	0.9	-1.0	-2.6	-3.3	-3.2	-2.4	-0.9
	0.9	2.6	3.5	3.3	2.4	1.0	-0.8	-2.4	-3.3	-3.3	-2.6	-1.2

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **February,2009** NOAA, National Ocean Service

Eastern Standard Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Su	0.6	2.5	3.9	4.2	3.6	2.3	0.5	-1.3	-2.7	-3.3	-3.1	-2.2
	-0.7	1.1	2.5	3.2	3.0	2.0	0.6	-1.1	-2.5	-3.2	-3.1	-2.2
2 M	-0.8	1.0	2.8	4.0	4.1	3.4	2.1	0.4	-1.3	-2.7	-3.2	-2.9
	-2.1	-0.7	1.0	2.4	3.0	2.7	1.8	0.4	-1.1	-2.4	-3.0	-2.9
3 Tu	-2.1	-0.7	1.1	2.9	3.9	4.1	3.4	2.1	0.5	-1.3	-2.6	-3.1
	-3.0	-2.2	-0.8	0.8	2.2	2.8	2.6	1.8	0.5	-1.0	-2.3	-2.9
4 W	-2.8	-2.1	-0.7	1.1	2.8	3.9	4.1	3.5	2.3	0.6	-1.1	-2.5
	-3.2	-3.2	-2.5	-1.1	0.6	2.1	2.8	2.7	2.0	0.8	-0.7	-2.1
5 Th	-2.9	-3.0	-2.3	-1.0	0.9	2.7	4.0	4.3	3.8	2.6	0.9	-1.1
	-2.6	-3.4	-3.5	-2.8	-1.3	0.5	2.1	3.0	3.1	2.5	1.2	-0.5
6 F	-2.1	-3.1	-3.3	-2.7	-1.3	0.7	2.7	4.1	4.6	4.2	2.9	1.0
	-1.1	-2.8	-3.8	-4.0	-3.2	-1.5	0.6	2.4	3.4	3.6	2.9	1.5
7 Sa	-0.4	-2.2	-3.4	-3.7	-3.1	-1.6	0.6	2.8	4.3	4.9	4.5	3.1
	1.0	-1.3	-3.2	-4.3	-4.4	-3.4	-1.5	0.9	2.8	3.9	4.1	3.3
8 Su	1.6	-0.5	-2.5	-3.8	-4.2	-3.5	-1.7	0.7	3.0	4.6	5.1	4.6
	3.1	0.7	-1.7	-3.6	-4.7	-4.6	-3.4	-1.2	1.3	3.4	4.5	4.5
9 M	3.5	1.6	-0.8	-2.9	-4.2	-4.5	-3.6	-1.6	1.0	3.3	4.8	5.3
	4.6	2.8	0.3	-2.2	-4.0	-4.9	-4.6	-3.1	-0.7	2.0	3.9	4.9
10 Tu	4.8	3.5	1.3	-1.2	-3.3	-4.5	-4.6	-3.5	-1.3	1.3	3.6	5.0
	5.2	4.3	2.3	-0.3	-2.7	-4.3	-5.0	-4.4	-2.6	0.0	2.6	4.4
11 W	5.1	4.7	3.2	0.8	-1.6	-3.6	-4.6	-4.5	-3.2	-0.9	1.7	3.8
	4.9	4.9	3.7	1.6	-0.9	-3.1	-4.4	-4.7	-3.9	-1.9	0.7	3.1
12 Th	4.6	5.1	4.4	2.7	0.3	-2.0	-3.7	-4.5	-4.1	-2.7	-0.4	2.1
	3.8	4.6	4.3	3.0	0.9	-1.4	-3.3	-4.3	-4.3	-3.2	-1.1	1.4
13 F	3.5	4.7	4.8	3.9	2.1	-0.2	-2.3	-3.7	-4.1	-3.6	-2.1	0.1
	2.2	3.7	4.1	3.6	2.3	0.3	-1.7	-3.3	-3.9	-3.7	-2.4	-0.4
14 Sa	1.9	3.6	4.4	4.3	3.3	1.6	-0.5	-2.3	-3.4	-3.7	-3.1	-1.6
	0.4	2.3	3.3	3.5	2.9	1.6	-0.2	-1.9	-3.0	-3.4	-3.0	-1.7
15 Su	0.2	2.1	3.5	4.1	3.8	2.8	1.1	-0.7	-2.2	-3.0	-3.2	-2.5
	-1.1	0.6	2.1	2.9	2.9	2.3	1.1	-0.4	-1.8	-2.7	-2.9	-2.4
16 M	-1.2	0.5	2.2	3.3	3.7	3.3	2.3	0.9	-0.7	-2.0	-2.7	-2.8
	-2.2	-0.9	0.6	1.9	2.5	2.5	1.9	0.9	-0.5	-1.6	-2.3	-2.4
17 Tu	-2.0	-0.9	0.7	2.1	3.0	3.3	3.0	2.1	0.7	-0.7	-1.8	-2.4
	-2.5	-2.0	-0.8	0.5	1.6	2.2	2.2	1.8	0.8	-0.4	-1.4	-2.0
18 W	-2.2	-1.8	-0.7	0.7	2.0	2.8	3.1	2.8	2.0	0.7	-0.6	-1.7
	-2.3	-2.5	-2.0	-0.9	0.5	1.5	2.1	2.2	1.8	0.9	-0.3	-1.3
19 Th	-1.9	-2.1	-1.7	-0.7	0.7	2.0	2.8	3.1	2.8	2.0	0.7	-0.6
	-1.7	-2.4	-2.6	-2.0	-0.9	0.5	1.6	2.2	2.3	1.9	0.9	-0.2
20 F	-1.3	-2.0	-2.2	-1.8	-0.7	0.8	2.1	2.9	3.2	2.9	2.0	0.6
	-0.8	-2.0	-2.7	-2.8	-2.1	-0.7	0.7	1.8	2.5	2.6	2.0	0.9
21 Sa	-0.4	-1.5	-2.3	-2.5	-1.9	-0.6	1.0	2.4	3.2	3.4	3.0	1.9
	0.3	-1.2	-2.4	-3.0	-2.9	-2.0	-0.4	1.2	2.3	2.9	2.8	2.0
22 Su	0.7	-0.8	-2.0	-2.7	-2.7	-1.9	-0.3	1.4	2.8	3.6	3.6	2.9
	1.5	-0.2	-1.8	-2.9	-3.3	-2.9	-1.6	0.2	1.8	2.9	3.3	2.9
23 M	1.8	0.2	-1.4	-2.5	-3.0	-2.8	-1.7	0.1	2.0	3.3	3.9	3.7
	2.6	1.0	-0.9	-2.4	-3.3	-3.4	-2.6	-1.0	1.0	2.6	3.5	3.6
24 Tu	2.9	1.4	-0.4	-2.1	-3.1	-3.3	-2.7	-1.2	0.8	2.6	3.8	4.1
	3.5	2.1	0.2	-1.7	-3.1	-3.6	-3.3	-2.1	-0.2	1.9	3.4	4.0
25 W	3.6	2.5	0.8	-1.2	-2.7	-3.5	-3.4	-2.4	-0.6	1.5	3.3	4.1
	4.0	3.0	1.4	-0.7	-2.5	-3.5	-3.7	-2.9	-1.3	0.8	2.8	4.0
26 Th	4.2	3.5	2.0	0.0	-2.0	-3.3	-3.7	-3.3	-1.9	0.1	2.2	3.7
	4.2	3.7	2.4	0.5	-1.5	-3.1	-3.7	-3.5	-2.3	-0.4	1.8	3.6
27 F	4.5	4.2	3.1	1.3	-0.8	-2.6	-3.7	-3.8	-2.9	-1.3	0.8	2.8
	4.0	4.0	3.2	1.7	-0.3	-2.2	-3.5	-3.7	-3.1	-1.6	0.5	2.7
28 Sa	4.2	4.7	4.1	2.6	0.7	-1.4	-3.1	-3.8	-3.6	-2.5	-0.8	1.3
	3.1	3.9	3.7	2.6	0.9	-1.0	-2.7	-3.6	-3.5	-2.5	-0.9	1.2

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **March,2009** NOAA, National Ocean Service

EST/EDT Daylight Savings Time in effect from March 8 to November 1

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Su	3.3	4.5	4.6	3.7	2.2	0.1	-1.9	-3.3	-3.7	-3.3	-2.1	-0.3
	1.7	3.2	3.7	3.3	2.1	0.4	-1.4	-2.9	-3.5	-3.1	-2.0	-0.3
2 M	1.7	3.6	4.5	4.4	3.4	1.8	-0.2	-2.0	-3.2	-3.5	-3.0	-1.8
	-0.1	1.8	3.1	3.4	2.9	1.7	0.1	-1.6	-2.8	-3.2	-2.8	-1.7
3 Tu	0.0	1.9	3.6	4.4	4.2	3.2	1.6	-0.2	-2.0	-3.0	-3.3	-2.8
	-1.7	0.0	1.7	2.9	3.2	2.6	1.6	0.1	-1.5	-2.6	-3.0	-2.6
4 W	-1.6	0.0	1.9	3.4	4.2	4.0	3.1	1.7	-0.1	-1.8	-2.8	-3.2
	-2.8	-1.8	-0.2	1.5	2.7	3.0	2.6	1.7	0.3	-1.2	-2.3	-2.8
5 Th	-2.6	-1.7	-0.2	1.6	3.2	4.0	4.0	3.2	1.9	0.2	-1.5	-2.7
	-3.2	-3.0	-2.0	-0.4	1.3	2.6	3.1	2.9	2.1	0.7	-0.9	-2.2
6 F	-2.8	-2.8	-2.1	-0.6	1.3	3.0	4.0	4.1	3.5	2.2	0.4	-1.4
	-2.7	-3.4	-3.3	-2.3	-0.6	1.3	2.7	3.4	3.3	2.5	1.1	-0.7
7 Sa	-2.2	-3.0	-3.2	-2.5	-1.0	1.1	2.9	4.1	4.4	3.8	2.5	0.5
	-1.4	-2.9	-3.7	-3.6	-2.6	-0.7	1.4	3.0	3.9	3.9	3.0	1.3
8 Su	-0.7	-2.4	-3.4	-3.4	-3.7	-2.9	-1.2	1.0	3.0	4.3	4.7	4.1
	2.6	0.4	-1.7	-3.3	-4.1	-3.9	-2.6	-0.5	1.8	3.5	4.4	4.3
9 M	3.3	1.3	-0.9	-2.7	-3.9	-4.1	-3.2	-1.2	1.2	3.3	4.6	4.9
	4.2	2.4	0.1	-2.1	-3.7	-4.4	-4.0	-2.4	0.0	2.4	4.1	4.9
10 Tu	4.6	3.3	1.1	-1.3	-3.2	-4.3	-4.4	-3.2	-1.0	1.5	3.6	4.8
	4.9	4.0	2.0	-0.4	-2.6	-4.1	-4.5	-3.8	-1.9	0.6	3.0	4.6
11 W	5.2	4.7	3.0	0.6	-1.8	-3.6	-4.5	-4.3	-2.9	-0.6	2.0	3.9
	4.9	4.8	3.5	1.4	-1.0	-3.0	-4.2	-4.4	-3.4	-1.2	1.4	3.6
12 Th	5.0	5.2	4.4	2.5	0.0	-2.3	-3.9	-4.5	-4.1	-2.4	0.0	2.4
	4.1	4.7	4.3	2.9	0.7	-1.6	-3.3	-4.2	-4.0	-2.7	-0.4	2.1
13 F	4.1	5.1	5.0	3.8	1.8	-0.6	-2.7	-4.0	-4.3	-3.5	-1.7	0.7
	2.8	4.1	4.4	3.7	2.1	0.0	-2.0	-3.4	-3.9	-3.4	-1.9	0.4
14 Sa	2.7	4.3	4.9	4.5	3.1	1.1	-1.1	-2.9	-3.8	-3.8	-2.9	-1.0
	1.2	3.0	3.9	3.8	3.0	1.4	-0.6	-2.3	-3.3	-3.4	-2.7	-1.1
15 Su	1.1	3.0	4.2	4.5	3.9	2.4	0.5	-1.4	-2.8	-3.4	-3.2	-2.2
	-0.4	1.5	2.9	3.5	3.2	2.3	0.8	-0.9	-2.3	-2.9	-2.8	-2.0
16 M	-0.4	1.5	3.2	4.0	4.0	3.2	1.8	0.1	-1.6	-2.6	-3.0	-2.7
	-1.6	0.0	1.7	2.7	3.0	2.7	1.8	0.4	-1.1	-2.1	-2.5	-2.3
17 Tu	-1.4	0.1	1.8	3.1	3.6	3.5	2.7	1.4	-0.1	-1.5	-2.3	-2.6
	-2.2	-1.2	0.2	1.6	2.5	2.6	2.3	1.4	0.2	-1.0	-1.8	-2.1
18 W	-1.9	-1.0	0.3	1.8	2.9	3.3	3.1	2.4	1.2	-0.2	-1.4	-2.1
	-2.3	-2.0	-1.0	0.3	1.5	2.2	2.4	2.1	1.3	0.2	-0.8	-1.6
19 Th	-1.8	-1.7	-0.9	0.3	1.7	2.7	3.0	2.9	2.2	1.2	-0.1	-1.3
	-1.9	-2.2	-1.9	-1.0	0.3	1.5	2.2	2.4	2.1	1.4	0.3	-0.7
20 F	-1.5	-1.8	-1.7	-1.0	0.3	1.6	2.6	3.0	2.9	2.3	1.2	-0.1
	-1.3	-2.0	-2.3	-2.0	-1.0	0.3	1.5	2.3	2.5	2.3	1.5	0.4
21 Sa	-0.7	-1.6	-2.0	-1.9	-1.1	0.3	1.7	2.7	3.1	3.0	2.4	1.2
	-0.3	-1.4	-2.2	-2.5	-2.1	-0.9	0.5	1.8	2.6	2.9	2.5	1.6
22 Su	0.3	-1.0	-1.9	-2.3	-2.1	-1.2	0.4	1.9	2.9	3.4	3.2	2.4
	1.0	-0.6	-1.8	-2.6	-2.7	-2.1	-0.7	1.0	2.3	3.1	3.2	2.7
23 M	1.5	0.0	-1.4	-2.4	-2.7	-2.3	-1.1	0.6	2.3	3.3	3.7	3.3
	2.2	0.6	-1.1	-2.3	-2.9	-2.8	-1.9	-0.2	1.6	3.0	3.7	3.6
24 Tu	2.7	1.2	-0.6	-2.1	-2.9	-3.1	-2.4	-0.8	1.1	2.8	3.7	3.9
	3.2	1.8	0.0	-1.7	-2.8	-3.2	-2.8	-1.4	0.5	2.5	3.7	4.1
25 W	3.7	2.5	0.6	-1.3	-2.7	-3.4	-3.3	-2.2	-0.3	1.8	3.4	4.1
	3.9	2.9	1.2	-0.7	-2.4	-3.3	-3.3	-2.5	-0.7	1.5	3.4	4.4
26 Th	4.5	3.6	2.0	-0.1	-2.1	-3.4	-3.8	-3.2	-1.8	0.3	2.5	3.9
	4.3	3.8	2.4	0.5	-1.5	-3.0	-3.6	-3.2	-1.9	0.1	2.4	4.2
27 F	4.9	4.5	3.3	1.3	-0.9	-2.8	-3.8	-3.9	-3.0	-1.2	1.0	3.1
	4.2	4.3	3.4	1.7	-0.3	-2.2	-3.4	-3.6	-2.8	-1.2	1.0	3.3
28 Sa	4.8	5.1	4.4	2.8	0.6	-1.6	-3.3	-4.1	-3.8	-2.6	-0.6	1.7
	3.5	4.3	4.0	2.9	1.1	-1.0	-2.7	-3.6	-3.4	-2.4	-0.5	1.8
29 Su	3.9	5.1	5.1	4.1	2.3	0.0	-2.2	-3.6	-4.0	-3.5	-2.1	0.0
	2.2	3.7	4.2	3.7	2.3	0.5	-1.5	-3.0	-3.5	-3.1	-1.8	0.1
30 M	2.4	4.3	5.2	4.9	3.7	1.8	-0.5	-2.4	-3.6	-3.9	-3.1	-1.7
	0.4	2.4	3.7	4.0	3.3	1.9	0.1	-1.8	-3.0	-3.3	-2.7	-1.4
31 Tu	0.5	2.7	4.3	5.0	4.5	3.3	1.4	-0.7	-2.5	-3.5	-3.6	-2.8
	-1.4	0.6	2.5	3.6	3.7	3.0	1.7	-0.1	-1.7	-2.8	-3.0	-2.5

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **April,2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 W	-1.2	0.7	2.7	4.2	4.7	4.2	3.0	1.3	-0.7	-2.3	-3.2	-3.3
	-2.6	-1.2	0.6	2.3	3.4	3.5	2.9	1.7	0.1	-1.5	-2.5	-2.8
2 Th	-2.3	-1.2	0.5	2.4	3.8	4.4	4.0	3.0	1.4	-0.5	-2.0	-3.0
	-3.1	-2.6	-1.3	0.5	2.2	3.2	3.5	3.0	1.9	0.4	-1.2	-2.3
3 F	-2.7	-2.4	-1.4	0.2	2.1	3.5	4.1	4.0	3.1	1.6	-0.2	-1.8
	-2.8	-3.1	-2.7	-1.5	0.3	2.1	3.2	3.6	3.3	2.3	0.7	-0.9
4 Sa	-2.2	-2.8	-2.7	-1.8	-0.2	1.7	3.2	4.0	4.1	3.3	1.8	0.0
	-1.7	-2.8	-3.3	-2.9	-1.6	0.3	2.1	3.4	4.0	3.7	2.7	1.0
5 Su	-0.8	-2.3	-3.1	-3.1	-2.2	-0.5	1.5	3.2	4.1	4.2	3.5	2.0
	0.1	-1.8	-3.0	-3.5	-3.1	-1.7	0.4	2.4	3.8	4.4	4.2	3.0
6 M	1.1	-0.9	-2.5	-3.5	-3.5	-2.6	-0.7	1.5	3.3	4.3	4.4	3.6
	2.0	-0.1	-2.0	-3.3	-3.8	-3.2	-1.5	0.7	2.8	4.3	4.8	4.4
7 Tu	3.0	1.0	-1.2	-2.9	-3.9	-3.8	-2.6	-0.6	1.7	3.5	4.5	4.5
	3.6	1.7	-0.5	-2.4	-3.6	-3.9	-3.0	-1.1	1.3	3.4	4.7	5.1
8 W	4.5	2.8	0.6	-1.7	-3.3	-4.2	-3.9	-2.5	-0.2	2.1	3.8	4.6
	4.5	3.2	1.2	-1.0	-2.7	-3.8	-3.8	-2.6	-0.5	1.9	3.9	5.1
9 Th	5.2	4.3	2.4	0.0	-2.2	-3.7	-4.3	-3.7	-2.0	0.3	2.5	4.0
	4.6	4.1	2.7	0.6	-1.5	-3.0	-3.8	-3.4	-2.0	0.3	2.6	4.4
10 F	5.2	5.0	3.8	1.7	-0.7	-2.7	-3.9	-4.1	-3.2	-1.4	1.0	3.0
	4.1	4.4	3.6	2.0	-0.1	-2.0	-3.2	-3.5	-2.9	-1.2	1.1	3.2
11 Sa	4.7	5.1	4.5	3.1	0.9	-1.3	-3.0	-3.8	-3.7	-2.6	-0.6	1.6
	3.3	4.1	4.0	3.0	1.3	-0.7	-2.3	-3.1	-3.1	-2.2	-0.4	1.8
12 Su	3.7	4.7	4.7	3.9	2.3	0.2	-1.7	-3.1	-3.6	-3.2	-1.9	0.1
	2.1	3.4	3.8	3.4	2.3	0.6	-1.1	-2.4	-2.9	-2.6	-1.5	0.3
13 M	2.3	3.8	4.5	4.2	3.2	1.6	-0.4	-2.0	-3.0	-3.2	-2.6	-1.2
	0.7	2.3	3.3	3.5	2.9	1.7	0.1	-1.3	-2.3	-2.5	-2.0	-0.8
14 Tu	0.9	2.6	3.8	4.1	3.7	2.6	1.0	-0.7	-2.1	-2.7	-2.7	-2.0
	-0.6	1.1	2.5	3.1	3.1	2.4	1.3	-0.2	-1.4	-2.1	-2.1	-1.5
15 W	-0.4	1.2	2.7	3.6	3.7	3.1	2.1	0.6	-0.9	-2.0	-2.4	-2.3
	-1.6	-0.2	1.3	2.5	2.9	2.8	2.1	1.0	-0.3	-1.3	-1.8	-1.8
16 Th	-1.2	-0.1	1.4	2.7	3.4	3.3	2.8	1.7	0.4	-1.0	-1.9	-2.2
	-2.0	-1.3	0.0	1.4	2.4	2.8	2.6	2.0	0.9	-0.3	-1.2	-1.6
17 F	-1.6	-1.1	0.0	1.4	2.6	3.1	3.1	2.6	1.6	0.3	-0.9	-1.8
	-2.1	-1.9	-1.1	0.1	1.5	2.4	2.8	2.6	2.0	1.0	-0.2	-1.1
18 Sa	-1.6	-1.6	-1.1	0.0	1.3	2.5	3.0	3.0	2.5	1.6	0.3	-1.0
	-1.8	-2.1	-1.9	-1.1	0.3	1.7	2.6	3.0	2.8	2.1	1.0	-0.3
19 Su	-1.3	-1.8	-1.8	-1.3	-0.1	1.3	2.5	3.1	3.1	2.6	1.5	0.2
	-1.1	-1.9	-2.2	-1.9	-1.0	0.5	2.0	2.9	3.3	3.0	2.2	0.9
20 M	-0.5	-1.6	-2.1	-2.1	-1.5	-0.1	1.5	2.7	3.3	3.3	2.6	1.4
	-0.1	-1.4	-2.2	-2.4	-2.0	-0.8	0.9	2.5	3.4	3.7	3.3	2.2
21 Tu	0.7	-0.9	-2.0	-2.6	-2.5	-1.6	0.0	1.8	3.0	3.6	3.4	2.6
	1.2	-0.5	-1.8	-2.6	-2.6	-1.9	-0.4	1.5	3.1	4.0	4.1	3.4
22 W	2.1	0.3	-1.5	-2.6	-3.1	-2.7	-1.5	0.3	2.2	3.5	3.9	3.5
	2.4	0.8	-1.0	-2.3	-2.9	-2.7	-1.6	0.2	2.3	3.9	4.6	4.4
23 Th	3.4	1.7	-0.4	-2.1	-3.2	-3.5	-2.8	-1.3	0.8	2.7	3.9	4.1
	3.5	2.1	0.2	-1.6	-2.8	-3.2	-2.6	-1.2	0.9	3.1	4.6	5.1
24 F	4.6	3.2	1.2	-1.1	-2.8	-3.7	-3.7	-2.7	-0.8	1.4	3.3	4.2
	4.2	3.3	1.6	-0.5	-2.2	-3.2	-3.3	-2.4	-0.6	1.7	3.9	5.2
25 Sa	5.4	4.5	2.8	0.5	-1.7	-3.4	-4.1	-3.7	-2.4	-0.3	2.0	3.7
	4.5	4.1	2.9	1.0	-1.1	-2.7	-3.5	-3.2	-2.0	0.0	2.4	4.5
26 Su	5.5	5.4	4.3	2.3	-0.1	-2.3	-3.8	-4.2	-3.6	-2.0	0.2	2.5
	4.1	4.5	3.9	2.5	0.5	-1.5	-3.0	-3.5	-3.0	-1.6	0.6	3.0
27 M	4.9	5.7	5.3	3.9	1.8	-0.6	-2.7	-3.9	-4.1	-3.3	-1.6	0.7
	2.9	4.2	4.4	3.7	2.1	0.1	-1.8	-3.1	-3.4	-2.7	-1.2	1.0
28 Tu	3.3	5.0	5.5	5.0	3.5	1.4	-1.0	-2.9	-3.9	-3.9	-2.9	-1.2
	1.1	3.1	4.2	4.3	3.4	1.9	-0.1	-1.9	-3.0	-3.2	-2.5	-0.9
29 W	1.2	3.4	4.9	5.3	4.6	3.2	1.1	-1.1	-2.8	-3.7	-3.6	-2.7
	-0.9	1.2	3.1	4.1	4.1	3.3	1.8	-0.1	-1.8	-2.8	-3.0	-2.3
30 Th	-0.8	1.2	3.2	4.5	4.9	4.3	2.9	1.0	-1.0	-2.6	-3.4	-3.4
	-2.4	-0.8	1.3	3.1	4.0	4.0	3.3	1.9	0.1	-1.6	-2.6	-2.8

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **May,2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 F	-2.3	-0.9	1.0	2.9	4.2	4.5	4.1	2.8	1.1	-0.9	-2.4	-3.2
	-3.2	-2.3	-0.7	1.3	3.0	3.9	4.1	3.4	2.1	0.3	-1.3	-2.4
2 Sa	-2.8	-2.4	-1.2	0.6	2.5	3.8	4.3	3.9	2.9	1.2	-0.7	-2.2
	-3.0	-3.1	-2.3	-0.7	1.3	3.0	4.0	4.2	3.7	2.4	0.6	-1.1
3 Su	-2.4	-2.9	-2.7	-1.5	0.3	2.2	3.5	4.1	3.9	3.0	1.3	-0.5
	-2.1	-3.0	-3.1	-2.4	-0.7	1.3	3.1	4.2	4.5	4.0	2.6	0.7
4 M	-1.1	-2.5	-3.2	-3.0	-1.8	0.1	2.0	3.4	4.1	4.0	3.0	1.3
	-0.5	-2.1	-3.0	-3.2	-2.3	-0.6	1.6	3.4	4.5	4.8	4.2	2.7
5 Tu	0.7	-1.3	-2.7	-3.4	-3.2	-1.9	0.0	2.0	3.5	4.2	4.0	3.0
	1.2	-0.7	-2.2	-3.1	-3.2	-2.2	-0.3	1.9	3.7	4.8	5.0	4.2
6 W	2.5	0.4	-1.6	-3.0	-3.7	-3.3	-1.8	0.2	2.2	3.6	4.2	4.0
	2.8	0.9	-1.0	-2.4	-3.2	-3.1	-1.8	0.2	2.4	4.1	5.0	5.0
7 Th	4.0	2.2	0.0	-2.0	-3.3	-3.8	-3.2	-1.5	0.6	2.5	3.8	4.2
	3.8	2.4	0.5	-1.3	-2.7	-3.2	-2.8	-1.3	0.8	3.0	4.5	5.1
8 F	4.9	3.6	1.6	-0.6	-2.4	-3.5	-3.7	-2.8	-1.0	1.1	2.9	3.9
	4.1	3.4	1.9	0.0	-1.7	-2.8	-3.1	-2.4	-0.7	1.5	3.5	4.7
9 Sa	5.1	4.5	3.0	0.9	-1.2	-2.8	-3.6	-3.5	-2.3	-0.4	1.7	3.2
	4.0	3.9	2.9	1.3	-0.6	-2.0	-2.8	-2.8	-1.8	0.1	2.2	3.9
10 Su	4.8	4.8	3.9	2.3	0.2	-1.7	-3.0	-3.5	-3.0	-1.6	0.3	2.2
	3.4	3.9	3.5	2.3	0.6	-1.0	-2.2	-2.7	-2.3	-1.1	0.8	2.8
11 M	4.2	4.7	4.4	3.3	1.5	-0.5	-2.1	-3.0	-3.2	-2.5	-0.9	1.0
	2.6	3.5	3.6	3.0	1.7	0.1	-1.4	-2.2	-2.4	-1.8	-0.4	1.4
12 Tu	3.2	4.2	4.4	3.8	2.6	0.8	-1.0	-2.3	-2.9	-2.8	-1.9	-0.3
	1.5	2.9	3.5	3.3	2.5	1.2	-0.3	-1.6	-2.1	-2.1	-1.3	0.1
13 W	1.9	3.4	4.1	4.0	3.3	1.9	0.2	-1.4	-2.4	-2.7	-2.4	-1.3
	0.3	2.0	3.1	3.4	3.0	2.1	0.8	-0.6	-1.6	-2.0	-1.7	-0.9
14 Th	0.6	2.2	3.4	3.9	3.6	2.8	1.4	-0.2	-1.6	-2.3	-2.5	-1.9
	-0.8	0.8	2.2	3.1	3.3	2.8	1.8	0.5	-0.7	-1.6	-1.8	-1.5
15 F	-0.6	0.8	2.3	3.4	3.7	3.3	2.3	1.0	-0.5	-1.6	-2.2	-2.2
	-1.6	-0.4	1.1	2.5	3.2	3.2	2.6	1.7	0.4	-0.8	-1.5	-1.7
16 Sa	-1.3	-0.4	1.0	2.4	3.2	3.4	3.0	2.1	0.8	-0.6	-1.7	-2.1
	-2.0	-1.3	-0.1	1.4	2.7	3.3	3.2	2.6	1.6	0.3	-0.9	-1.6
17 Su	-1.7	-1.3	-0.4	1.0	2.3	3.2	3.3	2.8	1.9	0.6	-0.7	-1.7
	-2.1	-1.9	-1.2	0.2	1.7	2.9	3.4	3.3	2.7	1.5	0.2	-1.0
18 M	-1.7	-1.9	-1.5	-0.5	1.0	2.4	3.1	3.2	2.8	1.8	0.4	-0.9
	-1.8	-2.1	-1.9	-1.0	0.4	2.1	3.3	3.7	3.5	2.8	1.5	0.0
19 Tu	-1.3	-2.0	-2.2	-1.7	-0.5	1.0	2.5	3.2	3.3	2.8	1.7	0.3
	-1.1	-2.0	-2.3	-1.9	-0.8	0.8	2.5	3.7	4.1	3.8	2.9	1.4
20 W	-0.3	-1.7	-2.4	-2.5	-1.9	-0.5	1.2	2.7	3.4	3.5	2.8	1.6
	0.0	-1.4	-2.3	-2.5	-1.9	-0.6	1.3	3.1	4.3	4.6	4.1	2.9
21 Th	1.1	-0.8	-2.2	-2.9	-2.9	-2.0	-0.4	1.5	3.0	3.7	3.6	2.8
	1.4	-0.4	-1.8	-2.6	-2.6	-1.8	-0.3	1.8	3.7	4.8	5.0	4.2
22 F	2.7	0.7	-1.3	-2.8	-3.4	-3.2	-2.1	-0.2	1.8	3.4	4.0	3.8
	2.7	1.1	-0.8	-2.3	-3.0	-2.8	-1.7	0.1	2.4	4.3	5.3	5.3
23 Sa	4.3	2.5	0.2	-1.9	-3.3	-3.8	-3.3	-2.0	0.1	2.3	3.8	4.3
	3.8	2.6	0.7	-1.2	-2.7	-3.2	-2.8	-1.5	0.6	3.0	4.9	5.7
24 Su	5.4	4.2	2.1	-0.3	-2.4	-3.7	-4.1	-3.4	-1.7	0.6	2.8	4.2
	4.5	3.8	2.4	0.3	-1.7	-3.0	-3.4	-2.8	-1.2	1.0	3.5	5.3
25 M	5.9	5.4	4.0	1.7	-0.8	-2.9	-4.0	-4.2	-3.2	-1.4	1.0	3.2
	4.5	4.6	3.8	2.1	0.0	-2.0	-3.2	-3.4	-2.7	-1.0	1.4	3.8
26 Tu	5.5	5.9	5.3	3.6	1.3	-1.2	-3.2	-4.2	-4.1	-3.0	-1.0	1.4
	3.5	4.6	4.6	3.7	1.9	-0.2	-2.1	-3.3	-3.4	-2.5	-0.7	1.7
27 W	4.0	5.4	5.7	5.0	3.3	0.9	-1.5	-3.3	-4.1	-3.9	-2.7	-0.6
	1.8	3.7	4.7	4.6	3.6	1.8	-0.3	-2.2	-3.2	-3.3	-2.4	-0.6
28 Th	1.8	3.9	5.2	5.4	4.6	2.9	0.7	-1.6	-3.2	-3.9	-3.7	-2.4
	-0.3	2.0	3.8	4.7	4.6	3.5	1.7	-0.3	-2.1	-3.1	-3.1	-2.3
29 F	-0.6	1.7	3.7	4.9	5.0	4.3	2.7	0.5	-1.6	-3.1	-3.7	-3.4
	-2.1	-0.1	2.2	3.9	4.7	4.5	3.5	1.8	-0.2	-1.9	-2.9	-3.0
30 Sa	-2.3	-0.6	1.5	3.4	4.5	4.6	4.0	2.5	0.5	-1.5	-2.8	-3.4
	-3.1	-1.9	0.1	2.3	3.9	4.6	4.5	3.6	1.9	-0.1	-1.7	-2.7
31 Su	-3.0	-2.3	-0.8	1.2	3.0	4.1	4.3	3.7	2.4	0.5	-1.3	-2.6
	-3.2	-2.9	-1.7	0.3	2.3	3.9	4.6	4.6	3.6	2.0	0.1	-1.6

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **June,2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 M	-2.7	-3.0	-2.4	-1.0	1.0	2.7	3.7	4.1	3.6	2.3	0.5	-1.2
	-2.4	-3.0	-2.7	-1.5	0.4	2.4	3.9	4.7	4.6	3.7	2.1	0.1
2 Tu	-1.6	-2.7	-3.1	-2.5	-1.1	0.8	2.5	3.6	3.9	3.5	2.3	0.5
	-1.1	-2.3	-2.9	-2.6	-1.3	0.6	2.6	4.0	4.8	4.7	3.7	2.0
3 W	0.0	-1.7	-2.8	-3.2	-2.6	-1.1	0.8	2.4	3.5	3.8	3.4	2.1
	0.4	-1.2	-2.3	-2.8	-2.4	-1.1	0.9	2.8	4.2	4.9	4.7	3.6
4 Th	1.8	-0.2	-1.9	-3.0	-3.3	-2.5	-0.9	0.9	2.5	3.5	3.8	3.2
	1.9	0.2	-1.3	-2.4	-2.7	-2.2	-0.7	1.3	3.2	4.4	4.9	4.5
5 F	3.3	1.4	-0.6	-2.2	-3.1	-3.2	-2.3	-0.6	1.3	2.7	3.6	3.7
	3.0	1.6	-0.1	-1.5	-2.4	-2.6	-1.8	-0.2	1.8	3.5	4.6	4.9
6 Sa	4.3	2.8	0.9	-1.0	-2.5	-3.2	-3.1	-2.0	-0.2	1.7	3.0	3.7
	3.6	2.7	1.2	-0.5	-1.8	-2.5	-2.4	-1.4	0.4	2.3	3.9	4.7
7 Su	4.7	3.8	2.2	0.2	-1.5	-2.8	-3.2	-2.8	-1.5	0.4	2.2	3.3
	3.7	3.4	2.3	0.7	-0.9	-2.0	-2.4	-2.1	-0.9	1.0	2.9	4.2
8 M	4.7	4.4	3.3	1.5	-0.4	-2.0	-2.9	-3.1	-2.4	-0.8	1.1	2.6
	3.5	3.6	3.0	1.8	0.1	-1.3	-2.1	-2.3	-1.7	-0.3	1.6	3.3
9 Tu	4.4	4.5	3.9	2.6	0.8	-1.0	-2.4	-3.0	-2.8	-1.8	-0.1	1.7
	3.0	3.6	3.5	2.6	1.2	-0.4	-1.6	-2.2	-2.1	-1.2	0.3	2.2
10 W	3.7	4.4	4.3	3.4	1.9	0.1	-1.6	-2.6	-2.9	-2.4	-1.2	0.6
	2.3	3.4	3.6	3.2	2.2	0.7	-0.8	-1.8	-2.1	-1.8	-0.7	0.9
11 Th	2.7	3.9	4.3	3.9	2.8	1.2	-0.5	-1.9	-2.7	-2.7	-2.0	-0.6
	1.2	2.7	3.6	3.6	2.9	1.7	0.2	-1.1	-1.9	-2.0	-1.5	-0.3
12 F	1.4	3.0	3.9	4.0	3.4	2.2	0.6	-1.0	-2.2	-2.6	-2.4	-1.4
	0.1	1.8	3.1	3.7	3.4	2.6	1.3	-0.1	-1.3	-1.9	-1.9	-1.2
13 Sa	0.1	1.7	3.1	3.8	3.7	3.0	1.7	0.1	-1.3	-2.3	-2.5	-2.0
	-0.9	0.6	2.3	3.4	3.7	3.3	2.4	1.0	-0.4	-1.5	-1.9	-1.7
14 Su	-1.0	0.4	1.9	3.2	3.7	3.4	2.6	1.3	-0.2	-1.6	-2.3	-2.3
	-1.7	-0.5	1.1	2.7	3.6	3.8	3.2	2.2	0.8	-0.6	-1.6	-2.0
15 M	-1.7	-0.8	0.5	2.0	3.2	3.5	3.1	2.2	0.9	-0.5	-1.7	-2.2
	-2.1	-1.4	-0.1	1.5	3.0	3.9	3.9	3.2	2.1	0.6	-0.8	-1.8
16 Tu	-2.1	-1.7	-0.8	0.5	2.1	3.1	3.4	3.0	2.0	0.7	-0.7	-1.8
	-2.2	-2.0	-1.2	0.2	1.9	3.4	4.1	4.0	3.3	2.0	0.5	-1.0
17 W	-2.0	-2.2	-1.9	-0.9	0.5	2.1	3.1	3.3	2.9	1.9	0.6	-0.9
	-1.9	-2.3	-2.0	-1.0	0.5	2.3	3.8	4.4	4.3	3.4	2.0	0.3
18 Th	-1.3	-2.3	-2.5	-2.1	-1.1	0.5	2.2	3.2	3.4	3.0	1.9	0.5
	-1.0	-2.1	-2.4	-2.0	-0.9	0.7	2.7	4.2	4.8	4.5	3.6	2.0
19 F	0.1	-1.6	-2.6	-2.9	-2.4	-1.2	0.6	2.3	3.4	3.6	3.1	1.9
	0.3	-1.3	-2.3	-2.6	-2.1	-0.9	1.0	3.1	4.6	5.2	4.8	3.7
20 Sa	1.9	-0.2	-2.0	-3.1	-3.3	-2.7	-1.2	0.8	2.6	3.7	3.9	3.3
	2.0	0.2	-1.5	-2.6	-2.9	-2.3	-0.9	1.3	3.4	5.0	5.5	5.1
21 Su	3.7	1.7	-0.6	-2.5	-3.5	-3.7	-2.9	-1.2	1.0	3.0	4.1	4.2
	3.5	1.9	0.0	-1.8	-3.0	-3.2	-2.4	-0.8	1.5	3.8	5.4	5.8
22 M	5.2	3.7	1.4	-1.0	-2.9	-3.9	-4.0	-2.9	-1.0	1.4	3.4	4.5
	4.5	3.6	1.9	-0.2	-2.1	-3.3	-3.4	-2.5	-0.7	1.8	4.2	5.6
23 Tu	6.0	5.2	3.5	1.1	-1.4	-3.3	-4.2	-4.1	-2.8	-0.7	1.8	3.8
	4.8	4.7	3.7	1.8	-0.5	-2.4	-3.5	-3.5	-2.5	-0.5	2.0	4.4
24 W	5.8	6.0	5.1	3.2	0.7	-1.8	-3.6	-4.4	-4.1	-2.6	-0.3	2.3
	4.2	5.1	4.9	3.6	1.6	-0.7	-2.6	-3.6	-3.6	-2.4	-0.4	2.2
25 Th	4.5	5.7	5.8	4.8	2.8	0.3	-2.1	-3.7	-4.4	-3.9	-2.3	0.2
	2.7	4.5	5.2	4.9	3.6	1.5	-0.8	-2.7	-3.6	-3.5	-2.3	-0.2
26 F	2.3	4.4	5.5	5.5	4.4	2.4	0.0	-2.2	-3.7	-4.2	-3.5	-1.8
	0.6	3.0	4.7	5.3	4.8	3.4	1.3	-0.9	-2.6	-3.5	-3.3	-2.2
27 Sa	-0.1	2.3	4.2	5.1	5.0	4.0	2.1	-0.2	-2.3	-3.5	-3.8	-3.1
	-1.4	0.9	3.2	4.7	5.2	4.7	3.3	1.2	-0.9	-2.5	-3.3	-3.1
28 Su	-2.0	0.0	2.2	3.9	4.7	4.5	3.5	1.8	-0.3	-2.2	-3.2	-3.5
	-2.7	-1.0	1.2	3.3	4.6	5.0	4.5	3.2	1.2	-0.8	-2.3	-3.0
29 M	-3.0	-1.9	-0.1	1.9	3.5	4.2	4.1	3.2	1.5	-0.4	-2.0	-2.9
	-3.1	-2.3	-0.7	1.4	3.3	4.5	4.9	4.4	3.1	1.2	-0.7	-2.1
30 Tu	-2.9	-2.8	-1.8	-0.1	1.7	3.1	3.8	3.7	2.9	1.4	-0.3	-1.7
	-2.6	-2.7	-2.0	-0.4	1.6	3.3	4.4	4.7	4.2	3.0	1.2	-0.6

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **July,2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 W	-2.0	-2.7	-2.7	-1.8	-0.2	1.5	2.8	3.5	3.5	2.7	1.3	-0.2
	-1.6	-2.4	-2.5	-1.8	-0.2	1.7	3.3	4.3	4.6	4.1	2.9	1.1
2 Th	-0.6	-1.9	-2.7	-2.7	-1.8	-0.2	1.5	2.7	3.3	3.3	2.6	1.3
	-0.2	-1.5	-2.2	-2.3	-1.5	0.0	1.9	3.4	4.3	4.5	4.0	2.7
3 F	1.0	-0.7	-2.0	-2.8	-2.7	-1.7	-0.1	1.5	2.7	3.3	3.3	2.5
	1.2	-0.3	-1.5	-2.2	-2.2	-1.3	0.3	2.1	3.5	4.4	4.5	3.9
4 Sa	2.4	0.7	-1.0	-2.2	-2.9	-2.6	-1.5	0.2	1.7	2.9	3.4	3.2
	2.3	0.9	-0.5	-1.6	-2.2	-2.1	-1.0	0.7	2.4	3.8	4.5	4.4
5 Su	3.6	2.0	0.2	-1.4	-2.5	-2.9	-2.5	-1.2	0.6	2.1	3.1	3.5
	3.2	2.1	0.6	-0.8	-1.8	-2.2	-1.9	-0.7	1.1	2.9	4.0	4.5
6 M	4.3	3.2	1.5	-0.3	-1.8	-2.8	-2.9	-2.2	-0.7	1.1	2.6	3.4
	3.6	3.0	1.7	0.2	-1.2	-2.0	-2.2	-1.6	-0.2	1.7	3.3	4.3
7 Tu	4.5	4.0	2.6	0.8	-1.0	-2.3	-2.9	-2.8	-1.8	0.0	1.7	3.0
	3.6	3.5	2.7	1.2	-0.4	-1.6	-2.2	-2.2	-1.3	0.4	2.3	3.7
8 W	4.4	4.4	3.5	2.0	0.1	-1.6	-2.6	-3.0	-2.5	-1.2	0.7	2.4
	3.5	3.8	3.4	2.2	0.6	-0.9	-1.9	-2.3	-1.9	-0.8	1.0	2.8
9 Th	4.1	4.5	4.1	2.9	1.2	-0.6	-2.1	-2.8	-2.8	-2.0	-0.4	1.5
	3.0	3.8	3.8	3.1	1.7	0.0	-1.4	-2.2	-2.3	-1.6	-0.2	1.6
10 F	3.3	4.3	4.3	3.6	2.2	0.4	-1.3	-2.5	-2.9	-2.5	-1.4	0.4
	2.2	3.5	4.0	3.6	2.6	1.1	-0.5	-1.8	-2.3	-2.1	-1.2	0.4
11 Sa	2.2	3.6	4.3	4.0	3.0	1.5	-0.3	-1.8	-2.6	-2.7	-2.0	-0.7
	1.2	2.9	3.9	4.0	3.4	2.2	0.6	-1.0	-2.0	-2.3	-1.9	-0.8
12 Su	0.8	2.6	3.8	4.1	3.6	2.4	0.8	-0.8	-2.1	-2.6	-2.4	-1.5
	0.0	1.9	3.4	4.2	4.0	3.1	1.7	0.1	-1.4	-2.2	-2.2	-1.6
13 M	-0.4	1.2	2.8	3.8	3.8	3.1	1.9	0.3	-1.3	-2.3	-2.5	-2.0
	-0.9	0.7	2.5	3.8	4.3	3.9	2.9	1.4	-0.2	-1.6	-2.2	-2.1
14 Tu	-1.4	-0.2	1.4	2.9	3.6	3.5	2.7	1.4	-0.1	-1.5	-2.3	-2.3
	-1.7	-0.5	1.2	2.9	4.1	4.4	3.8	2.7	1.2	-0.4	-1.7	-2.3
15 W	-2.1	-1.3	-0.1	1.5	2.9	3.5	3.2	2.4	1.1	-0.3	-1.6	-2.3
	-2.2	-1.5	-0.2	1.5	3.2	4.3	4.4	3.8	2.6	1.1	-0.6	-1.8
16 Th	-2.3	-2.2	-1.4	-0.1	1.5	2.8	3.4	3.1	2.3	1.0	-0.4	-1.7
	-2.3	-2.1	-1.4	0.0	1.7	3.4	4.4	4.6	3.9	2.7	1.1	-0.6
17 F	-1.9	-2.5	-2.4	-1.6	-0.2	1.4	2.8	3.4	3.2	2.4	1.1	-0.4
	-1.7	-2.3	-2.2	-1.4	0.0	1.8	3.6	4.7	4.8	4.2	2.9	1.1
18 Sa	-0.7	-2.1	-2.8	-2.7	-1.9	-0.4	1.4	2.9	3.5	3.4	2.6	1.2
	-0.4	-1.8	-2.5	-2.4	-1.6	-0.1	1.9	3.8	4.9	5.1	4.4	3.0
19 Su	1.1	-0.9	-2.4	-3.2	-3.1	-2.1	-0.4	1.5	3.1	3.9	3.8	2.9
	1.4	-0.4	-2.0	-2.8	-2.8	-1.9	-0.2	2.0	4.0	5.2	5.4	4.7
20 M	3.1	1.0	-1.2	-2.8	-3.6	-3.5	-2.3	-0.4	1.8	3.5	4.3	4.2
	3.2	1.5	-0.5	-2.2	-3.1	-3.1	-2.2	-0.3	2.1	4.3	5.5	5.7
21 Tu	4.9	3.1	0.8	-1.6	-3.3	-4.0	-3.8	-2.4	-0.2	2.2	4.0	4.8
	4.6	3.4	1.5	-0.8	-2.6	-3.5	-3.5	-2.3	-0.2	2.3	4.5	5.8
22 W	5.9	4.9	2.9	0.4	-2.0	-3.7	-4.3	-3.9	-2.2	0.2	2.7	4.5
	5.3	4.9	3.5	1.3	-1.1	-2.9	-3.8	-3.7	-2.4	-0.1	2.6	4.8
23 Th	5.9	5.9	4.7	2.6	0.0	-2.4	-4.0	-4.5	-3.8	-1.9	0.7	3.3
	5.0	5.6	5.0	3.4	1.1	-1.4	-3.2	-4.0	-3.7	-2.3	0.1	2.8
24 F	4.9	5.9	5.7	4.4	2.1	-0.5	-2.7	-4.1	-4.4	-3.5	-1.4	1.3
	3.7	5.3	5.7	4.9	3.2	0.8	-1.6	-3.3	-4.0	-3.6	-2.0	0.4
25 Sa	3.0	4.8	5.6	5.3	3.8	1.6	-0.9	-2.9	-4.0	-4.1	-3.0	-0.8
	1.8	4.1	5.4	5.6	4.7	2.9	0.5	-1.7	-3.2	-3.8	-3.3	-1.7
26 Su	0.7	3.0	4.6	5.2	4.7	3.3	1.1	-1.1	-2.9	-3.8	-3.6	-2.4
	-0.3	2.2	4.2	5.3	5.3	4.4	2.6	0.3	-1.7	-3.0	-3.5	-2.9
27 M	-1.4	0.8	2.9	4.2	4.6	4.1	2.7	0.8	-1.2	-2.7	-3.3	-3.1
	-1.8	0.2	2.4	4.2	5.0	5.0	4.0	2.3	0.2	-1.6	-2.7	-3.1
28 Tu	-2.5	-1.1	0.9	2.7	3.8	4.1	3.6	2.3	0.6	-1.2	-2.4	-2.9
	-2.6	-1.4	0.5	2.5	4.0	4.7	4.6	3.7	2.1	0.2	-1.4	-2.4
29 W	-2.7	-2.2	-0.9	0.8	2.4	3.3	3.6	3.1	2.0	0.5	-1.0	-2.0
	-2.4	-2.1	-1.0	0.7	2.5	3.8	4.4	4.3	3.4	2.0	0.3	-1.2
30 Th	-2.2	-2.5	-2.1	-0.9	0.7	2.1	3.0	3.2	2.9	1.9	0.5	-0.8
	-1.7	-2.1	-1.8	-0.8	0.8	2.5	3.6	4.2	4.1	3.3	1.9	0.3
31 F	-1.1	-2.0	-2.4	-2.0	-0.8	0.7	2.0	2.8	3.1	2.8	1.9	0.6
	-0.7	-1.5	-1.9	-1.7	-0.7	0.9	2.5	3.6	4.1	4.0	3.2	1.8

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **August,2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Sa	0.2	-1.1	-2.1	-2.4	-2.0	-0.8	0.7	2.0	2.8	3.1	2.8	1.9
	0.6	-0.7	-1.6	-1.9	-1.6	-0.5	1.1	2.6	3.6	4.1	4.0	3.1
2 Su	1.6	0.0	-1.3	-2.3	-2.5	-2.0	-0.6	0.9	2.2	3.0	3.3	2.9
	1.8	0.4	-0.8	-1.7	-2.0	-1.6	-0.4	1.3	2.8	3.9	4.3	3.9
3 M	2.9	1.3	-0.4	-1.7	-2.5	-2.6	-1.8	-0.3	1.3	2.6	3.3	3.4
	2.8	1.6	0.1	-1.2	-2.0	-2.2	-1.5	0.0	1.7	3.2	4.1	4.3
4 Tu	3.8	2.5	0.8	-0.9	-2.2	-2.8	-2.6	-1.5	0.2	1.9	3.1	3.6
	3.5	2.6	1.2	-0.4	-1.6	-2.3	-2.2	-1.2	0.4	2.3	3.7	4.4
5 W	4.3	3.5	1.9	0.1	-1.5	-2.6	-2.9	-2.4	-1.0	0.9	2.6	3.6
	3.9	3.4	2.2	0.6	-1.0	-2.1	-2.5	-2.1	-0.8	1.0	2.9	4.1
6 Th	4.5	4.1	3.0	1.2	-0.7	-2.1	-2.9	-2.9	-1.9	-0.2	1.7	3.3
	4.0	4.0	3.2	1.7	-0.1	-1.6	-2.4	-2.5	-1.8	-0.2	1.7	3.5
7 F	4.4	4.5	3.7	2.3	0.4	-1.4	-2.6	-3.0	-2.5	-1.3	0.7	2.6
	3.9	4.3	3.8	2.7	1.0	-0.8	-2.1	-2.7	-2.4	-1.3	0.4	2.4
8 Sa	3.9	4.5	4.2	3.1	1.5	-0.5	-2.0	-2.8	-2.8	-2.0	-0.4	1.6
	3.4	4.3	4.3	3.5	2.1	0.2	-1.4	-2.5	-2.7	-2.1	-0.8	1.1
9 Su	3.0	4.2	4.4	3.7	2.4	0.6	-1.2	-2.5	-2.9	-2.5	-1.3	0.5
	2.5	4.0	4.6	4.2	3.1	1.4	-0.4	-1.9	-2.7	-2.6	-1.7	-0.2
10 M	1.7	3.4	4.2	4.1	3.1	1.7	-0.1	-1.7	-2.7	-2.7	-2.0	-0.6
	1.3	3.2	4.4	4.6	3.9	2.6	0.9	-0.9	-2.2	-2.7	-2.3	-1.3
11 Tu	0.3	2.1	3.5	4.0	3.6	2.5	1.0	-0.7	-2.0	-2.7	-2.4	-1.5
	0.1	1.9	3.7	4.6	4.5	3.6	2.2	0.4	-1.2	-2.3	-2.6	-2.1
12 W	-1.0	0.6	2.3	3.5	3.8	3.2	2.1	0.6	-1.0	-2.1	-2.5	-2.1
	-1.0	0.5	2.4	3.9	4.6	4.4	3.4	1.9	0.2	-1.3	-2.3	-2.4
13 Th	-1.9	-0.8	0.7	2.3	3.4	3.5	2.9	1.8	0.3	-1.1	-2.1	-2.3
	-1.8	-0.8	0.8	2.6	4.0	4.6	4.3	3.3	1.9	0.2	-1.3	-2.2
14 F	-2.4	-1.9	-0.8	0.7	2.2	3.2	3.4	2.8	1.7	0.4	-1.0	-2.0
	-2.2	-1.8	-0.7	0.8	2.6	4.0	4.6	4.4	3.4	2.0	0.3	-1.3
15 Sa	-2.2	-2.5	-2.1	-1.0	0.5	2.1	3.1	3.4	2.9	1.9	0.6	-0.9
	-1.9	-2.3	-1.9	-1.0	0.6	2.5	4.0	4.7	4.5	3.7	2.2	0.4
16 Su	-1.3	-2.4	-2.8	-2.4	-1.3	0.4	2.1	3.3	3.6	3.3	2.3	0.8
	-0.8	-2.0	-2.5	-2.3	-1.3	0.4	2.4	4.1	4.9	4.8	4.0	2.4
17 M	0.5	-1.4	-2.7	-3.1	-2.8	-1.6	0.3	2.2	3.6	4.1	3.8	2.7
	1.0	-0.8	-2.2	-2.9	-2.7	-1.7	0.2	2.4	4.2	5.2	5.2	4.3
18 Tu	2.6	0.4	-1.7	-3.1	-3.6	-3.2	-1.7	0.4	2.6	4.1	4.7	4.3
	3.0	1.1	-1.0	-2.6	-3.4	-3.2	-2.0	0.1	2.5	4.5	5.5	5.5
19 W	4.4	2.5	0.1	-2.1	-3.5	-4.0	-3.4	-1.7	0.8	3.1	4.7	5.2
	4.7	3.2	1.0	-1.3	-3.0	-3.8	-3.6	-2.2	0.2	2.8	4.8	5.8
20 Th	5.6	4.4	2.2	-0.3	-2.6	-3.9	-4.3	-3.4	-1.4	1.3	3.7	5.2
	5.6	4.9	3.1	0.7	-1.7	-3.4	-4.2	-3.7	-2.1	0.4	3.1	5.0
21 F	5.9	5.6	4.1	1.8	-0.8	-3.0	-4.2	-4.3	-3.1	-0.8	1.9	4.3
	5.6	5.8	4.9	2.8	0.3	-2.1	-3.7	-4.3	-3.6	-1.8	0.8	3.4
22 Sa	5.1	5.8	5.2	3.6	1.2	-1.3	-3.3	-4.2	-4.0	-2.6	-0.2	2.5
	4.7	5.8	5.7	4.6	2.4	-0.2	-2.4	-3.8	-4.1	-3.3	-1.3	1.2
23 Su	3.6	5.1	5.4	4.7	3.0	0.6	-1.7	-3.4	-4.0	-3.5	-1.9	0.5
	3.1	4.9	5.7	5.4	4.1	1.9	-0.5	-2.5	-3.7	-3.8	-2.8	-0.8
24 M	1.6	3.6	4.8	4.9	4.0	2.3	0.1	-1.9	-3.2	-3.6	-2.9	-1.2
	1.1	3.4	4.9	5.4	4.9	3.5	1.4	-0.7	-2.4	-3.3	-3.3	-2.3
25 Tu	-0.4	1.8	3.5	4.3	4.3	3.4	1.7	-0.2	-1.9	-2.9	-3.0	-2.2
	-0.6	1.5	3.5	4.7	5.0	4.4	3.0	1.1	-0.8	-2.2	-2.9	-2.8
26 W	-1.8	-0.1	1.8	3.2	3.8	3.7	2.8	1.3	-0.3	-1.7	-2.4	-2.4
	-1.7	-0.2	1.7	3.4	4.3	4.5	3.9	2.6	0.9	-0.7	-1.9	-2.5
27 Th	-2.3	-1.4	0.1	1.7	2.9	3.3	3.2	2.4	1.2	-0.3	-1.4	-2.0
	-2.0	-1.3	0.1	1.8	3.2	4.0	4.1	3.5	2.4	0.9	-0.6	-1.6
28 F	-2.1	-2.1	-1.2	0.1	1.6	2.6	3.0	2.9	2.3	1.1	-0.1	-1.1
	-1.7	-1.7	-1.1	0.2	1.7	3.0	3.7	3.8	3.4	2.3	0.9	-0.4
29 Sa	-1.4	-2.0	-2.0	-1.2	0.1	1.5	2.4	2.9	2.9	2.3	1.2	0.0
	-1.0	-1.5	-1.6	-1.0	0.2	1.7	2.9	3.6	3.7	3.3	2.3	0.9
30 Su	-0.4	-1.5	-2.1	-2.0	-1.2	0.1	1.5	2.5	3.0	3.0	2.4	1.3
	0.0	-1.0	-1.6	-1.7	-1.1	0.2	1.7	2.9	3.7	3.8	3.4	2.2
31 M	0.8	-0.6	-1.7	-2.3	-2.1	-1.2	0.3	1.7	2.7	3.2	3.2	2.4
	1.2	-0.2	-1.2	-1.9	-1.9	-1.1	0.3	1.9	3.2	3.9	4.0	3.3

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **September, 2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Tu	2.0	0.4	-1.0	-2.1	-2.5	-2.2	-1.0	0.7	2.2	3.2	3.6	3.3
	2.4	0.9	-0.6	-1.6	-2.2	-2.1	-1.0	0.6	2.3	3.6	4.2	4.1
2 W	3.2	1.6	-0.1	-1.5	-2.5	-2.7	-2.0	-0.5	1.3	2.8	3.7	3.9
	3.3	2.1	0.4	-1.1	-2.1	-2.5	-2.1	-0.7	1.1	2.9	4.0	4.4
3 Th	4.0	2.8	1.0	-0.8	-2.1	-2.8	-2.7	-1.6	0.1	2.1	3.5	4.1
	4.0	3.1	1.5	-0.3	-1.8	-2.6	-2.7	-1.9	-0.2	1.8	3.5	4.4
4 F	4.4	3.7	2.2	0.2	-1.5	-2.6	-2.9	-2.4	-1.0	1.0	2.9	4.1
	4.4	3.9	2.6	0.8	-1.1	-2.4	-2.9	-2.6	-1.4	0.5	2.5	4.0
5 Sa	4.6	4.2	3.1	1.4	-0.6	-2.1	-2.9	-2.8	-1.9	-0.1	2.0	3.7
	4.6	4.5	3.6	2.0	0.0	-1.8	-2.8	-3.0	-2.4	-0.8	1.2	3.2
6 Su	4.3	4.5	3.8	2.4	0.5	-1.4	-2.6	-3.0	-2.5	-1.2	0.8	2.9
	4.4	4.9	4.4	3.1	1.2	-0.8	-2.4	-3.1	-2.9	-1.9	-0.2	1.9
7 M	3.6	4.4	4.2	3.2	1.6	-0.4	-2.0	-2.9	-2.8	-1.9	-0.3	1.8
	3.7	4.8	4.9	4.0	2.5	0.5	-1.4	-2.7	-3.1	-2.6	-1.4	0.5
8 Tu	2.5	3.9	4.3	3.8	2.5	0.8	-1.0	-2.4	-2.9	-2.5	-1.3	0.5
	2.5	4.2	5.0	4.7	3.6	1.9	-0.1	-1.9	-2.9	-3.0	-2.2	-0.9
9 W	1.0	2.8	3.9	4.1	3.3	1.9	0.2	-1.4	-2.5	-2.7	-2.1	-0.7
	1.1	3.0	4.5	5.0	4.5	3.2	1.4	-0.5	-2.0	-2.8	-2.7	-1.9
10 Th	-0.5	1.3	2.9	3.8	3.7	2.9	1.5	-0.1	-1.6	-2.4	-2.4	-1.7
	-0.3	1.4	3.3	4.5	4.8	4.2	2.9	1.2	-0.6	-2.0	-2.7	-2.5
11 F	-1.7	-0.3	1.4	2.9	3.6	3.5	2.6	1.3	-0.2	-1.5	-2.3	-2.2
	-1.5	-0.2	1.5	3.2	4.4	4.6	4.0	2.8	1.2	-0.5	-1.9	-2.5
12 Sa	-2.4	-1.7	-0.4	1.3	2.7	3.4	3.4	2.6	1.5	0.0	-1.3	-2.1
	-2.1	-1.5	-0.4	1.3	3.0	4.2	4.5	4.0	2.9	1.4	-0.3	-1.7
13 Su	-2.5	-2.5	-1.9	-0.6	1.1	2.6	3.4	3.5	2.9	1.8	0.3	-1.1
	-2.0	-2.3	-1.8	-0.7	1.0	2.8	4.1	4.5	4.2	3.2	1.6	-0.2
14 M	-1.7	-2.6	-2.8	-2.2	-0.8	1.0	2.7	3.7	3.9	3.4	2.2	0.6
	-1.1	-2.2	-2.6	-2.3	-1.2	0.7	2.6	4.1	4.7	4.5	3.5	1.8
15 Tu	-0.1	-1.8	-2.9	-3.1	-2.5	-1.0	1.0	2.9	4.1	4.4	3.9	2.6
	0.7	-1.2	-2.5	-3.1	-2.8	-1.6	0.5	2.6	4.2	5.0	4.8	3.8
16 W	1.9	-0.3	-2.1	-3.3	-3.5	-2.8	-1.0	1.3	3.4	4.6	5.0	4.4
	2.8	0.7	-1.4	-3.0	-3.6	-3.3	-1.8	0.4	2.8	4.5	5.3	5.1
17 Th	3.8	1.7	-0.6	-2.5	-3.7	-3.8	-2.8	-0.7	1.8	3.9	5.2	5.5
	4.6	2.8	0.4	-1.9	-3.5	-4.1	-3.5	-1.8	0.7	3.1	4.8	5.5
18 F	5.1	3.6	1.3	-1.1	-3.0	-4.0	-3.9	-2.6	-0.2	2.4	4.5	5.7
	5.7	4.6	2.5	-0.1	-2.4	-3.9	-4.3	-3.5	-1.6	1.0	3.5	5.0
19 Sa	5.5	4.9	3.2	0.8	-1.6	-3.3	-4.1	-3.7	-2.1	0.4	3.1	5.0
	5.9	5.7	4.3	2.0	-0.6	-2.8	-4.1	-4.3	-3.2	-1.1	1.5	3.8
20 Su	5.1	5.3	4.4	2.6	0.2	-2.0	-3.5	-3.9	-3.3	-1.4	1.1	3.6
	5.3	5.9	5.3	3.7	1.4	-1.1	-3.0	-4.0	-3.9	-2.7	-0.5	2.0
21 M	4.0	5.0	4.9	3.8	1.9	-0.4	-2.3	-3.4	-3.6	-2.6	-0.7	1.8
	4.0	5.3	5.6	4.8	3.1	0.8	-1.5	-3.1	-3.8	-3.4	-2.1	0.1
22 Tu	2.3	4.0	4.6	4.3	3.1	1.2	-0.8	-2.4	-3.1	-3.0	-1.9	0.0
	2.3	4.2	5.1	5.1	4.1	2.4	0.3	-1.7	-2.9	-3.3	-2.8	-1.4
23 W	0.6	2.5	3.8	4.1	3.7	2.5	0.7	-1.0	-2.2	-2.7	-2.4	-1.2
	0.6	2.6	4.1	4.7	4.5	3.5	1.8	0.0	-1.6	-2.6	-2.8	-2.2
24 Th	-0.9	0.9	2.5	3.4	3.6	3.1	2.0	0.5	-1.0	-1.9	-2.2	-1.8
	-0.7	1.0	2.7	3.8	4.2	3.9	3.0	1.5	-0.2	-1.5	-2.2	-2.3
25 F	-1.8	-0.5	1.0	2.4	3.1	3.2	2.7	1.7	0.4	-0.8	-1.6	-1.8
	-1.4	-0.4	1.1	2.6	3.5	3.8	3.5	2.6	1.3	-0.1	-1.3	-1.9
26 Sa	-2.0	-1.5	-0.4	1.1	2.2	2.9	2.9	2.5	1.6	0.4	-0.6	-1.3
	-1.5	-1.2	-0.3	1.1	2.4	3.2	3.5	3.3	2.5	1.3	-0.1	-1.1
27 Su	-1.8	-1.9	-1.4	-0.3	1.0	2.2	2.8	2.9	2.5	1.7	0.5	-0.5
	-1.2	-1.5	-1.3	-0.4	1.0	2.3	3.1	3.4	3.2	2.5	1.2	-0.1
28 M	-1.1	-1.8	-2.0	-1.5	-0.3	1.1	2.2	2.9	3.1	2.7	1.8	0.5
	-0.6	-1.4	-1.7	-1.4	-0.5	1.0	2.3	3.2	3.5	3.3	2.5	1.2
29 Tu	-0.2	-1.3	-2.0	-2.1	-1.5	-0.2	1.4	2.5	3.2	3.3	2.9	1.8
	0.4	-0.8	-1.7	-2.0	-1.6	-0.5	1.1	2.5	3.4	3.7	3.4	2.4
30 W	0.9	-0.5	-1.7	-2.3	-2.3	-1.4	0.2	1.8	3.0	3.6	3.6	2.9
	1.6	0.0	-1.3	-2.1	-2.3	-1.7	-0.3	1.4	2.9	3.7	3.9	3.4

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **October, 2009** NOAA, National Ocean Service

Eastern Daylight Savings Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Th	2.2	0.5	-1.0	-2.1	-2.6	-2.3	-1.1	0.7	2.5	3.6	4.1	3.8
	2.8	1.1	-0.6	-1.9	-2.6	-2.6	-1.7	0.0	1.9	3.4	4.1	4.0
2 F	3.2	1.7	-0.1	-1.6	-2.6	-2.7	-2.1	-0.5	1.5	3.2	4.2	4.4
	3.8	2.4	0.5	-1.3	-2.5	-3.0	-2.7	-1.4	0.6	2.5	3.9	4.3
3 Sa	4.0	2.8	1.0	-0.8	-2.2	-2.9	-2.7	-1.6	0.3	2.4	4.0	4.7
	4.5	3.5	1.7	-0.3	-2.1	-3.1	-3.2	-2.5	-0.8	1.3	3.2	4.2
4 Su	4.4	3.6	2.2	0.2	-1.6	-2.7	-3.0	-2.4	-0.9	1.2	3.3	4.7
	5.0	4.4	3.0	1.0	-1.1	-2.7	-3.4	-3.2	-2.1	-0.2	2.0	3.7
5 M	4.4	4.2	3.1	1.4	-0.6	-2.2	-3.0	-2.9	-1.9	-0.1	2.1	4.1
	5.1	5.1	4.1	2.3	0.2	-1.9	-3.2	-3.5	-3.0	-1.5	0.5	2.6
6 Tu	4.0	4.4	3.8	2.5	0.6	-1.3	-2.6	-3.1	-2.6	-1.3	0.7	2.9
	4.7	5.3	4.9	3.6	1.7	-0.5	-2.4	-3.4	-3.4	-2.6	-1.0	1.1
7 W	3.1	4.2	4.2	3.4	1.9	0.0	-1.8	-2.8	-2.9	-2.2	-0.6	1.4
	3.5	5.0	5.3	4.6	3.1	1.1	-1.0	-2.7	-3.4	-3.2	-2.2	-0.5
8 Th	1.6	3.3	4.1	3.9	2.9	1.4	-0.4	-2.0	-2.8	-2.7	-1.8	-0.2
	1.8	3.8	5.0	5.1	4.2	2.7	0.7	-1.3	-2.7	-3.2	-2.9	-1.8
9 F	-0.1	1.8	3.3	4.0	3.6	2.6	1.1	-0.6	-2.0	-2.6	-2.4	-1.5
	0.1	2.0	3.8	4.8	4.7	3.9	2.4	0.5	-1.3	-2.6	-3.0	-2.7
10 Sa	-1.6	0.0	1.8	3.2	3.8	3.5	2.5	1.1	-0.5	-1.8	-2.4	-2.2
	-1.4	0.0	1.9	3.5	4.5	4.5	3.7	2.3	0.6	-1.2	-2.4	-2.8
11 Su	-2.6	-1.6	0.0	1.8	3.1	3.7	3.5	2.7	1.3	-0.3	-1.6	-2.3
	-2.3	-1.6	-0.2	1.6	3.2	4.2	4.3	3.7	2.5	0.8	-1.0	-2.2
12 M	-2.8	-2.6	-1.7	-0.2	1.7	3.1	3.8	3.7	3.0	1.6	0.0	-1.4
	-2.3	-2.5	-1.9	-0.6	1.2	2.9	4.0	4.3	3.8	2.7	1.0	-0.8
13 Tu	-2.2	-2.9	-2.8	-1.9	-0.3	1.7	3.3	4.1	4.1	3.4	2.0	0.2
	-1.4	-2.5	-2.9	-2.4	-1.1	0.9	2.7	4.0	4.4	4.1	2.9	1.1
14 W	-0.8	-2.3	-3.1	-3.1	-2.1	-0.3	1.8	3.6	4.5	4.6	3.9	2.2
	0.2	-1.6	-2.9	-3.4	-2.9	-1.4	0.7	2.8	4.1	4.7	4.3	3.0
15 Th	1.1	-1.0	-2.6	-3.4	-3.3	-2.2	-0.1	2.2	4.0	5.0	5.1	4.1
	2.3	0.0	-2.0	-3.3	-3.8	-3.2	-1.5	0.8	2.9	4.4	4.9	4.4
16 F	2.9	0.8	-1.3	-2.9	-3.7	-3.4	-2.0	0.3	2.7	4.5	5.4	5.3
	4.1	2.1	-0.4	-2.4	-3.8	-4.1	-3.3	-1.4	1.1	3.2	4.6	5.0
17 Sa	4.3	2.6	0.4	-1.7	-3.2	-3.8	-3.3	-1.6	0.9	3.3	5.0	5.7
	5.3	3.9	1.6	-0.9	-2.9	-4.1	-4.2	-3.1	-1.0	1.5	3.6	4.7
18 Su	4.9	4.0	2.1	-0.1	-2.1	-3.4	-3.7	-2.9	-1.0	1.5	3.8	5.3
	5.7	5.1	3.4	1.0	-1.4	-3.2	-4.1	-4.0	-2.6	-0.4	2.0	3.8
19 M	4.7	4.6	3.4	1.5	-0.7	-2.5	-3.4	-3.4	-2.3	-0.3	2.2	4.3
	5.4	5.5	4.5	2.7	0.3	-1.9	-3.4	-4.0	-3.5	-2.0	0.3	2.5
20 Tu	3.9	4.5	4.1	2.8	0.8	-1.2	-2.6	-3.2	-2.9	-1.6	0.5	2.8
	4.5	5.2	5.0	3.8	1.9	-0.3	-2.2	-3.4	-3.6	-2.9	-1.3	0.9
21 W	2.8	3.9	4.1	3.5	2.1	0.3	-1.5	-2.6	-2.9	-2.3	-0.9	1.1
	3.1	4.5	4.9	4.4	3.1	1.2	-0.8	-2.3	-3.2	-3.1	-2.3	-0.6
22 Th	1.3	2.9	3.7	3.7	2.9	1.5	-0.1	-1.6	-2.4	-2.4	-1.7	-0.3
	1.6	3.3	4.3	4.4	3.7	2.4	0.7	-1.1	-2.3	-2.8	-2.6	-1.7
23 F	-0.1	1.6	2.9	3.4	3.2	2.4	1.1	-0.3	-1.5	-2.1	-2.0	-1.2
	0.1	1.8	3.2	3.9	3.9	3.2	1.9	0.3	-1.2	-2.1	-2.5	-2.2
24 Sa	-1.2	0.3	1.8	2.8	3.2	2.9	2.1	0.9	-0.4	-1.4	-1.8	-1.6
	-0.9	0.4	1.9	3.1	3.6	3.4	2.7	1.6	0.1	-1.1	-1.9	-2.2
25 Su	-1.9	-0.9	0.5	1.9	2.7	3.0	2.7	2.0	0.8	-0.4	-1.2	-1.6
	-1.5	-0.8	0.4	1.8	2.9	3.3	3.1	2.5	1.4	0.1	-1.1	-1.8
26 M	-2.0	-1.7	-0.8	0.6	1.9	2.7	3.0	2.7	2.0	0.8	-0.3	-1.2
	-1.6	-1.5	-0.8	0.4	1.7	2.7	3.1	3.0	2.4	1.3	0.0	-1.1
27 Tu	-1.8	-2.0	-1.7	-0.7	0.8	2.1	2.9	3.1	2.8	2.0	0.8	-0.4
	-1.3	-1.7	-1.7	-1.0	0.3	1.7	2.7	3.2	3.1	2.4	1.3	-0.1
28 W	-1.2	-1.9	-2.1	-1.7	-0.5	1.0	2.4	3.2	3.4	3.0	2.1	0.7
	-0.6	-1.6	-2.1	-1.9	-1.1	0.3	1.8	2.9	3.3	3.2	2.4	1.1
29 Th	-0.4	-1.5	-2.2	-2.3	-1.6	-0.2	1.4	2.8	3.6	3.7	3.2	2.0
	0.4	-1.1	-2.1	-2.5	-2.2	-1.1	0.5	2.1	3.2	3.5	3.2	2.3
30 F	0.8	-0.8	-1.9	-2.5	-2.4	-1.4	0.2	2.0	3.4	4.1	4.0	3.2
	1.7	-0.1	-1.6	-2.6	-2.9	-2.3	-1.0	0.9	2.5	3.5	3.7	3.2
31 Sa	2.0	0.3	-1.3	-2.4	-2.7	-2.3	-1.1	0.8	2.8	4.1	4.5	4.2
	3.0	1.2	-0.8	-2.3	-3.1	-3.2	-2.3	-0.6	1.4	3.0	3.9	3.8

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **November, 2009** NOAA, National Ocean Service

EST/EDT Daylight Savings Time ends November 1

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Su	3.0	1.5	-0.3	-2.8	-2.9	-2.1	-0.5	1.6	3.6	4.7	4.9	4.1
	2.6	0.5	-1.5	-2.9	-3.6	-3.3	-2.1	-0.1	2.0	3.5	4.1	3.8
2 M	2.7	1.0	-0.9	-2.4	-3.1	-2.8	-1.7	0.2	2.4	4.3	5.2	5.0
	3.9	2.1	-0.2	-2.2	-3.5	-3.8	-3.2	-1.7	0.5	2.6	3.9	4.2
3 Tu	3.6	2.2	0.3	-1.6	-2.9	-3.2	-2.6	-1.2	0.9	3.2	4.9	5.4
	4.9	3.5	1.4	-0.9	-2.8	-3.8	-3.8	-2.9	-1.1	1.1	3.1	4.2
4 W	4.2	3.3	1.7	-0.3	-2.1	-3.1	-3.2	-2.3	-0.7	1.6	3.8	5.2
	5.5	4.7	3.0	0.8	-1.5	-3.2	-4.0	-3.7	-2.5	-0.6	1.6	3.4
5 Th	4.3	4.0	2.9	1.2	-0.7	-2.4	-3.2	-3.0	-2.0	-0.2	2.1	4.1
	5.3	5.3	4.3	2.5	0.3	-1.9	-3.4	-3.9	-3.5	-2.2	-0.2	2.0
6 F	3.6	4.2	3.8	2.6	0.9	-1.0	-2.5	-3.1	-2.8	-1.7	0.1	2.3
	4.2	5.1	5.0	3.9	2.1	0.0	-2.1	-3.4	-3.7	-3.2	-1.8	0.2
7 Sa	2.2	3.7	4.1	3.7	2.5	0.8	-1.1	-2.4	-3.0	-2.7	-1.6	0.2
	2.3	4.0	4.8	4.6	3.6	1.9	-0.2	-2.0	-3.2	-3.5	-2.9	-1.6
8 Su	0.3	2.3	3.7	4.1	3.6	2.5	0.8	-1.0	-2.3	-2.8	-2.6	-1.6
	0.1	2.1	3.7	4.5	4.3	3.4	1.8	-0.2	-1.9	-3.0	-3.3	-2.8
9 M	-1.5	0.4	2.3	3.6	4.1	3.7	2.6	1.0	-0.7	-2.1	-2.8	-2.7
	-1.8	-0.2	1.7	3.3	4.1	4.1	3.3	1.8	0.0	-1.7	-2.8	-3.2
10 Tu	-2.8	-1.5	0.4	2.3	3.7	4.2	3.9	2.9	1.3	-0.5	-2.0	-2.8
	-2.9	-2.1	-0.5	1.4	3.0	3.9	4.0	3.3	1.9	0.1	-1.6	-2.8
11 W	-3.2	-2.8	-1.5	0.4	2.4	3.8	4.4	4.2	3.2	1.5	-0.4	-2.0
	-3.0	-3.2	-2.5	-0.9	1.1	2.8	3.8	4.0	3.4	2.0	0.2	-1.6
12 Th	-2.8	-3.3	-2.9	-1.5	0.5	2.6	4.0	4.7	4.5	3.4	1.6	-0.5
	-2.2	-3.3	-3.5	-2.8	-1.1	1.0	2.8	3.8	4.1	3.5	2.0	0.1
13 F	-1.7	-2.9	-3.4	-2.9	-1.4	0.8	2.9	4.4	5.0	4.7	3.5	1.5
	-0.7	-2.5	-3.6	-3.8	-2.9	-1.1	1.1	2.9	3.9	4.2	3.4	1.9
14 Sa	-0.1	-1.9	-3.1	-3.5	-2.8	-1.1	1.2	3.3	4.7	5.2	4.8	3.3
	1.2	-1.1	-2.9	-3.9	-3.9	-2.8	-0.8	1.3	3.1	4.1	4.1	3.3
15 Su	1.5	-0.5	-2.2	-3.2	-3.4	-2.6	-0.7	1.7	3.7	4.9	5.3	4.6
	2.9	0.7	-1.6	-3.2	-4.0	-3.8	-2.5	-0.4	1.7	3.3	4.1	4.0
16 M	2.9	1.1	-0.9	-2.5	-3.3	-3.2	-2.1	-0.1	2.2	4.1	5.1	5.1
	4.2	2.3	0.0	-2.0	-3.5	-4.0	-3.5	-2.0	0.2	2.2	3.5	4.1
17 Tu	3.7	2.4	0.5	-1.3	-2.7	-3.2	-2.9	-1.5	0.6	2.8	4.3	5.0
	4.8	3.5	1.6	-0.6	-2.5	-3.6	-3.8	-3.1	-1.4	0.8	2.6	3.6
18 W	3.9	3.2	1.8	0.0	-1.7	-2.7	-3.0	-2.4	-0.9	1.2	3.2	4.4
	4.8	4.2	2.8	0.8	-1.2	-2.7	-3.5	-3.5	-2.5	-0.7	1.4	2.9
19 Th	3.6	3.6	2.7	1.2	-0.5	-1.9	-2.7	-2.7	-1.8	-0.2	1.8	3.5
	4.4	4.4	3.6	2.1	0.1	-1.7	-2.9	-3.3	-3.0	-1.8	0.0	1.8
20 F	3.1	3.5	3.2	2.2	0.7	-0.9	-2.0	-2.5	-2.3	-1.3	0.4	2.2
	3.6	4.1	3.9	2.9	1.4	-0.4	-2.0	-2.9	-3.0	-2.5	-1.2	0.6
21 Sa	2.2	3.1	3.3	2.8	1.8	0.3	-1.1	-2.0	-2.3	-1.9	-0.8	0.8
	2.4	3.5	3.8	3.4	2.3	0.8	-0.8	-2.1	-2.7	-2.7	-2.0	-0.6
22 Su	1.0	2.4	3.1	3.1	2.5	1.4	0.0	-1.2	-1.9	-2.0	-1.6	-0.5
	1.0	2.5	3.4	3.4	2.9	1.9	0.4	-1.1	-2.1	-2.6	-2.4	-1.6
23 M	-0.2	1.4	2.6	3.1	3.0	2.3	1.2	-0.2	-1.3	-1.9	-1.9	-1.4
	-0.3	1.2	2.5	3.1	3.1	2.6	1.5	0.1	-1.2	-2.1	-2.4	-2.1
24 Tu	-1.3	0.1	1.6	2.7	3.1	2.9	2.2	1.0	-0.3	-1.3	-1.9	-1.9
	-1.3	-0.2	1.2	2.4	3.0	2.9	2.3	1.3	-0.1	-1.3	-2.1	-2.3
25 W	-2.0	-1.0	0.4	1.9	2.9	3.2	2.9	2.2	1.0	-0.4	-1.4	-2.0
	-2.0	-1.4	-0.3	1.2	2.3	2.9	2.8	2.2	1.1	-0.2	-1.4	-2.1
26 Th	-2.3	-1.9	-0.8	0.7	2.2	3.1	3.4	3.1	2.2	0.8	-0.6	-1.7
	-2.2	-2.2	-1.6	-0.3	1.2	2.4	2.9	2.8	2.2	1.0	-0.4	-1.6
27 F	-2.2	-2.3	-1.8	-0.6	1.1	2.6	3.5	3.7	3.2	2.2	0.7	-0.9
	-2.0	-2.6	-2.5	-1.7	-0.3	1.3	2.5	3.0	2.9	2.1	0.8	-0.6
28 Sa	-1.9	-2.5	-2.4	-1.7	-0.3	1.5	3.1	3.9	4.0	3.4	2.1	0.3
	-1.3	-2.5	-3.0	-2.8	-1.8	-0.1	1.6	2.8	3.2	3.0	2.0	0.6
29 Su	-1.0	-2.2	-2.7	-2.5	-1.6	0.1	2.1	3.7	4.4	4.3	3.4	1.8
	-0.1	-1.9	-3.0	-3.4	-3.0	-1.7	0.1	2.0	3.1	3.5	3.0	1.9
30 M	0.2	-1.5	-2.6	-3.0	-2.6	-1.3	0.6	2.7	4.2	4.9	4.5	3.3
	1.5	-0.7	-2.5	-3.6	-3.8	-3.1	-1.5	0.6	2.4	3.5	3.7	3.0

Stamford Conn. Datum = NGVD

Predicted Hourly Heights **December, 2009** NOAA, National Ocean Service

Eastern Standard Time

Day	Hours 0/12	Hours 1/13	Hours 2/14	Hours 3/15	Hours 4/16	Hours 5/17	Hours 6/18	Hours 7/19	Hours 8/20	Hours 9/21	Hours 10/22	Hours 11/23
1 Tu	1.6	-0.2	-1.9	-3.0	-3.2	-2.5	-1.0	1.1	3.3	4.8	5.2	4.6
	3.1	1.0	-1.3	-3.1	-4.0	-4.0	-3.0	-1.2	1.1	2.9	3.9	3.8
2 W	2.9	1.3	-0.7	-2.4	-3.4	-3.4	-2.4	-0.7	1.7	3.9	5.2	5.4
	4.5	2.8	0.5	-1.9	-3.6	-4.3	-4.0	-2.8	-0.7	1.6	3.4	4.2
3 Th	3.9	2.8	0.9	-1.1	-2.8	-3.6	-3.4	-2.3	-0.3	2.1	4.3	5.4
	5.3	4.3	2.3	-0.1	-2.4	-3.9	-4.5	-4.0	-2.5	-0.2	2.1	3.8
4 F	4.4	3.9	2.6	0.6	-1.5	-3.0	-3.7	-3.4	-2.1	0.0	2.5	4.5
	5.4	5.2	3.9	1.9	-0.5	-2.7	-4.1	-4.4	-3.7	-2.1	0.2	2.5
5 Sa	4.0	4.4	3.8	2.4	0.4	-1.7	-3.2	-3.7	-3.3	-1.9	0.2	2.6
	4.4	5.2	4.8	3.5	1.5	-0.9	-2.9	-4.1	-4.3	-3.5	-1.7	0.6
6 Su	2.8	4.2	4.5	3.8	2.3	0.3	-1.7	-3.1	-3.6	-3.1	-1.8	0.3
	2.6	4.2	4.9	4.5	3.2	1.2	-1.1	-2.9	-4.0	-4.0	-3.2	-1.4
7 M	0.9	3.0	4.2	4.4	3.7	2.3	0.3	-1.7	-3.0	-3.5	-3.1	-1.8
	0.2	2.4	3.9	4.5	4.1	2.9	1.0	-1.1	-2.8	-3.7	-3.8	-2.9
8 Tu	-1.2	1.1	3.0	4.2	4.4	3.7	2.3	0.4	-1.5	-2.8	-3.4	-3.1
	-1.9	0.0	2.0	3.5	4.0	3.8	2.7	0.9	-1.0	-2.6	-3.5	-3.5
9 W	-2.7	-1.0	1.2	3.0	4.1	4.4	3.8	2.4	0.5	-1.4	-2.7	-3.3
	-3.1	-2.0	-0.2	1.7	3.1	3.7	3.5	2.6	0.9	-0.9	-2.4	-3.3
10 Th	-3.4	-2.5	-0.9	1.2	3.0	4.1	4.4	3.9	2.5	0.6	-1.2	-2.6
	-3.4	-3.3	-2.2	-0.5	1.4	2.8	3.5	3.4	2.5	1.0	-0.8	-2.3
11 F	-3.1	-3.2	-2.4	-0.8	1.3	3.1	4.2	4.5	4.0	2.6	0.7	-1.2
	-2.7	-3.5	-3.4	-2.4	-0.6	1.3	2.7	3.4	3.3	2.5	0.9	-0.8
12 Sa	-2.2	-3.1	-3.2	-2.3	-0.6	1.5	3.2	4.3	4.6	4.0	2.5	0.5
	-1.4	-2.8	-3.6	-3.5	-2.4	-0.6	1.3	2.6	3.4	3.3	2.4	0.8
13 Su	-0.9	-2.3	-3.1	-3.1	-2.1	-0.3	1.7	3.4	4.4	4.6	3.9	2.3
	0.3	-1.6	-3.1	-3.8	-3.6	-2.3	-0.4	1.5	2.8	3.4	3.3	2.2
14 M	0.6	-1.1	-2.4	-3.1	-3.0	-1.9	0.0	2.1	3.7	4.5	4.5	3.6
	1.9	-0.2	-2.0	-3.3	-3.9	-3.4	-2.0	0.0	1.8	3.0	3.5	3.1
15 Tu	1.9	0.3	-1.4	-2.6	-3.1	-2.8	-1.5	0.5	2.5	3.9	4.6	4.3
	3.2	1.3	-0.7	-2.4	-3.6	-3.8	-3.1	-1.5	0.5	2.2	3.2	3.4
16 W	2.9	1.5	-0.2	-1.7	-2.8	-3.1	-2.5	-0.9	1.1	2.9	4.1	4.5
	4.0	2.6	0.7	-1.3	-2.8	-3.7	-3.7	-2.6	-0.8	1.1	2.6	3.3
17 Th	3.3	2.5	1.0	-0.7	-2.1	-2.9	-2.9	-2.0	-0.3	1.7	3.3	4.2
	4.2	3.5	1.9	-0.1	-1.9	-3.2	-3.7	-3.3	-2.0	-0.1	1.7	2.9
18 F	3.4	3.1	2.0	0.4	-1.2	-2.4	-2.9	-2.6	-1.5	0.3	2.2	3.6
	4.1	3.9	2.8	1.1	-0.8	-2.4	-3.3	-3.5	-2.8	-1.3	0.6	2.3
19 Sa	3.2	3.3	2.8	1.5	-0.1	-1.6	-2.5	-2.7	-2.2	-0.9	0.9	2.6
	3.7	3.9	3.4	2.1	0.4	-1.4	-2.7	-3.3	-3.2	-2.2	-0.6	1.3
20 Su	2.7	3.3	3.2	2.4	1.0	-0.6	-1.9	-2.6	-2.5	-1.8	-0.4	1.4
	2.9	3.7	3.6	2.8	1.4	-0.3	-1.9	-2.9	-3.2	-2.7	-1.6	0.1
21 M	1.8	3.0	3.3	2.9	1.9	0.5	-1.0	-2.1	-2.5	-2.3	-1.4	0.1
	1.7	3.0	3.5	3.2	2.2	0.8	-0.8	-2.2	-2.9	-2.9	-2.3	-1.0
22 Tu	0.7	2.3	3.2	3.3	2.7	1.6	0.1	-1.3	-2.2	-2.5	-2.1	-1.1
	0.4	1.9	3.0	3.2	2.7	1.7	0.3	-1.2	-2.3	-2.8	-2.6	-1.8
23 W	-0.5	1.2	2.6	3.3	3.2	2.5	1.3	-0.2	-1.5	-2.3	-2.4	-1.9
	-0.9	0.6	2.0	2.8	2.9	2.4	1.3	-0.1	-1.4	-2.4	-2.7	-2.3
24 Th	-1.4	0.0	1.6	2.9	3.4	3.1	2.3	1.1	-0.4	-1.6	-2.3	-2.4
	-1.9	-0.8	0.6	2.0	2.7	2.7	2.1	1.0	-0.3	-1.6	-2.4	-2.5
25 F	-2.1	-1.1	0.3	1.9	3.1	3.5	3.1	2.3	1.0	-0.5	-1.8	-2.4
	-2.4	-1.9	-0.8	0.6	1.9	2.6	2.5	1.9	0.9	-0.4	-1.7	-2.4
26 Sa	-2.5	-2.0	-0.9	0.6	2.3	3.4	3.7	3.3	2.3	0.9	-0.7	-2.0
	-2.6	-2.7	-2.1	-0.9	0.6	1.9	2.6	2.5	1.9	0.8	-0.6	-1.8
27 Su	-2.5	-2.5	-2.0	-0.8	0.9	2.6	3.7	3.9	3.5	2.4	0.8	-0.9
	-2.3	-3.0	-3.0	-2.3	-1.0	0.7	2.1	2.7	2.7	2.0	0.8	-0.7
28 M	-2.0	-2.7	-2.7	-2.0	-0.7	1.2	2.9	4.1	4.3	3.7	2.4	0.6
	-1.2	-2.7	-3.4	-3.3	-2.5	-1.0	0.8	2.3	3.0	2.9	2.1	0.8
29 Tu	-0.9	-2.3	-3.0	-3.0	-2.1	-0.6	1.5	3.4	4.5	4.6	3.9	2.4
	0.4	-1.7	-3.2	-3.9	-3.7	-2.7	-0.9	1.2	2.7	3.4	3.2	2.3
30 W	0.7	-1.2	-2.6	-3.4	-3.2	-2.2	-0.4	1.8	3.8	4.9	4.9	4.0
	2.3	0.0	-2.2	-3.7	-4.3	-4.0	-2.7	-0.6	1.6	3.2	3.9	3.5
31 Th	2.4	0.5	-1.5	-3.1	-3.8	-3.5	-2.3	-0.2	2.2	4.2	5.2	5.1
	4.0	2.0	-0.4	-2.7	-4.2	-4.7	-4.1	-2.5	-0.2	2.2	3.8	4.3