Reuss, Vicki A. (CDC/NIOSH/EID)

From:

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Sent:

Friday, December 28, 2007 11:17 AM

To:

NIOSH Docket Office (CDC)

Cc:

Chen, Jihong (Jane) (CDC/NIOSH/EID) (CTR); Doyle, Glenn (CDC/NIOSH/EID)

Subject:

110 - TDSH Comments

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Comments

I have been a type 2 diabetic since 8/00. At the time i was a driver at Prime. I now teach orientation training classes as well as other classes.

I have became more aware of the health issues facing, not only pro drivers, but society as well. I beleive the primary cause of so many health issues in society from birth to the grave are related to lack of proper nutrients in todays food. The drive for bigger money has caused farming practices to weaken the quality of our foods, increasing the risk for (Diobesity) diabetis realated to weight gain, autoimmune definciancys such as lupus, phybromialgia. Mental disorders like bi-polar, ADD, ADHD, and autism .Heart attack, stroke, cancers of all types. our bodys are miricals in them selves, they desire to heal on their own. Yuo dont have to make a cut heal, it wants to heal on its own. Ive so much to provide you. Look forward to hearing from you. I have what i beleive are the solutions. Since 12/06 im down from 4 diabetic drugs to 2, am no longer on blood pressure meds, and am off cholesterol meds. Im down from size 40 pants to 36 and down 40lb and have not been on a diet. Let me know how i can help, i do teach a health segment in one of my classes here at Prime