

## Hepatitis A Virus

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- Enters your body through your mouth.
- Can be spread by:
  - ✓ Touching something contaminated, then putting your hands in your mouth.
  - ✓ Eating food or water that is contaminated - even if it looks clean.
  - ✓ Sexual contact with the anus.



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- Symptoms can include nausea, diarrhea, stomach pain, and yellowing skin (jaundice).
- Goes away in a few weeks or months.
- Can be prevented with a vaccine.
- Can be prevented by washing your hands before eating and after using the toilet.



[www.hepatitis.va.gov](http://www.hepatitis.va.gov)  
June 2005

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